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BENGALURU
CITY UNIVERSITY



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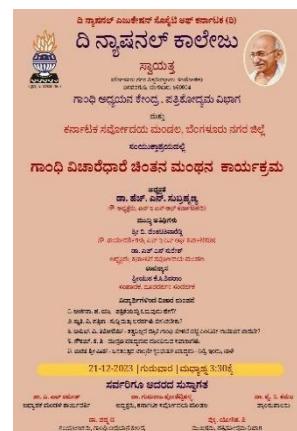
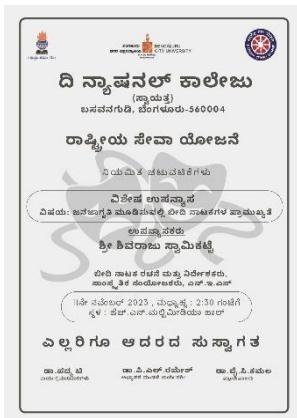
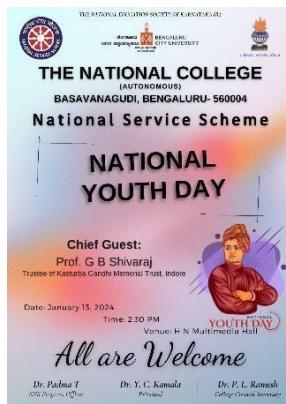
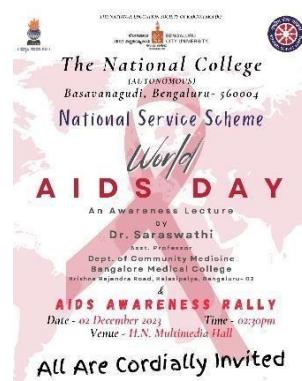
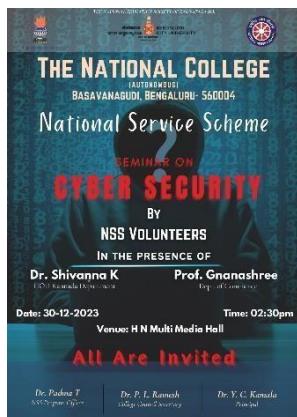
THE NATIONAL COLLEGE AUTONOMOUS

BASAVANAGUDI, BENGALURU-560004

NAAC Accredited 'B++'Grade

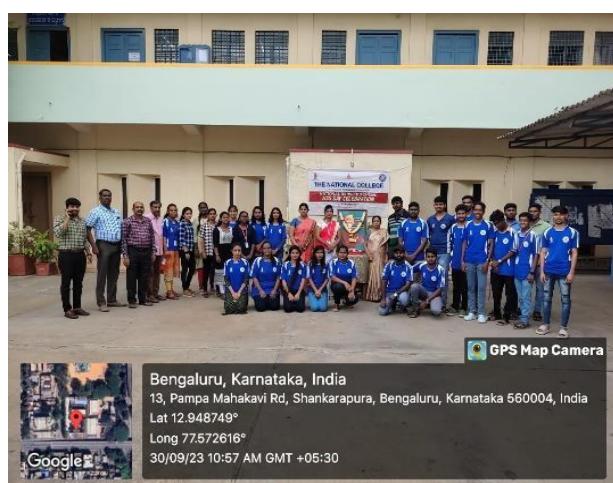
NATIONAL SERVICE SCHEME (NSS-UNIT)

NSS REGULAR ACTIVITIES REPORT 2023-24



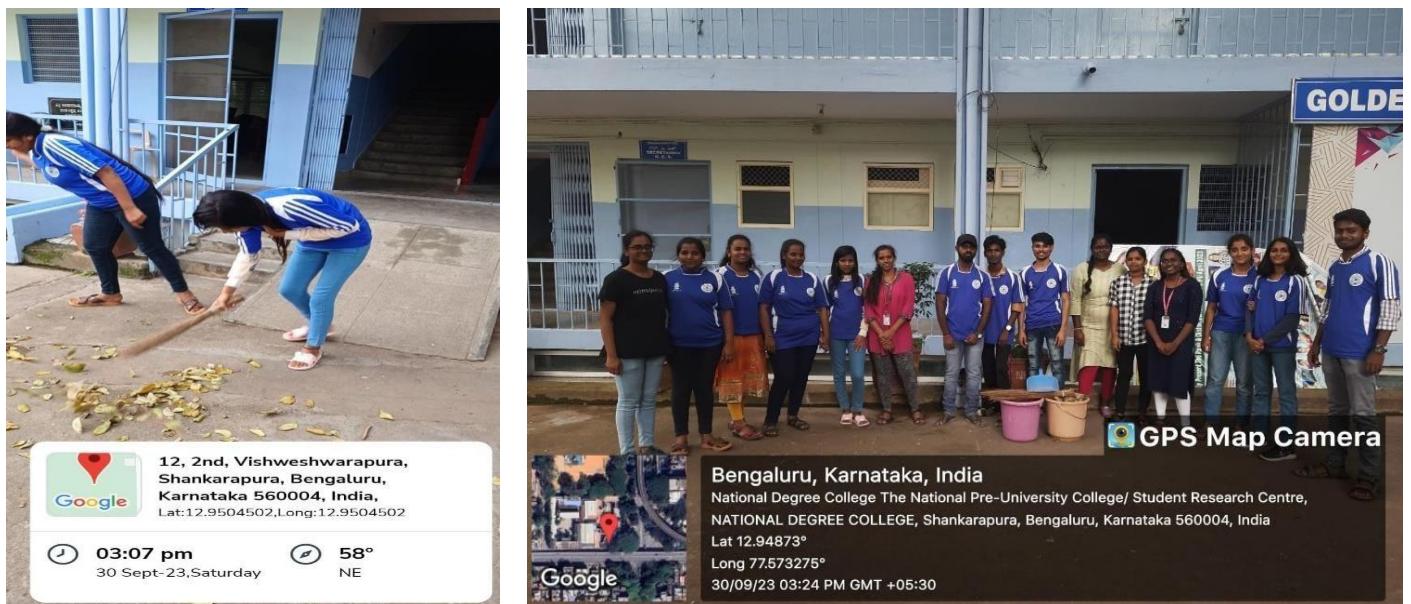
30/09/2023 - NSS DAY CELEBRATION

NSS Day was celebrated on 30th September 2023 in The National College, Basavanagudi. The occasion was graced by the presence of teachers from various departments. The National Service Scheme was introduced on September 24, 1969 on the occasion of the birth centenary of Mahatma Gandhi. Since then, every year NSS Day is celebrated on 24th September. The program started with the NSS song. Prof. Nagesh G N, English department spoke about the importance of NSS Day. The program ended with the vote of thanks.



30/09/2023 – SHRAMADHAN

Shramadhan for Swachhatahiseva on account of Gandhi Jayanthi-2023 was conducted on 30th September,2023. The volunteers took an active role in cleaning the premises of the college campus and college surroundings. The plastics laying around were picked up and segregated.



02/10/2023 – GANDHI JAYANTHI

154th Gandhi Jayanthi was celebrated in The National College, Basavanagudi. The programme was presided by Dr.H.N.Subrahmanya, President, National Education Society of Karnataka. The chief guest was Sri.Ramesh Nagaragere, Retired Principal, The National College, Basavanagudi and Jayanagar. The members of the N.E.S of Karnataka were the guests of honour for the programme. The dignitaries spoke about the inspirational life of Mahatma Gandhi, his principles and ideals.



18/10/2023- NSS ACTIVITIES INAUGURATION

The inauguration of the NSS activities for the academic year 2023-24 was held on 18th October, 2023 in The National College, Basavanagudi. The event was presided over by Dr.H.N. Subrahmanyam, President, National Education Society of Karnataka, Sri.V.Venkatasiva Reddy, Secretary, National Education Society of Karnataka, Dr.Y.C.Kamala, Principal, The National College and Dr.P.L.Ramesh, Secretary, College Council and Dr.Padma.T, NSS Program Officer. The chief guests for the event were Dr.H.G.Govinda Gowda, Co-Ordinator, National Service Scheme, Bangalore City University and Dr.Shantharaju,Vice-Principal, Vijaya Evening College. The chief guests addressed the gathering about the motto of NSS, importance of developing various life skills and the role NSS plays in the life of a student. The program ended with the vote of thanks from Dr.Padma.T.



27/10/2023- WEEKLY ACTIVITY SHRAMADHAN

The volunteers took an active role in cleaning the college campus. The plants in the college campus were replaced with new plants. The wastes laying around were collected and segregated.



01/11/2023- KANNADA RAJYOTSAVA

On account of Kannada Rajyotsava, Vruksha Seva Pratisthana had organised an open jeep rally as a mark for the inauguration of 'Odu Kannada, Mathadu Kannada' campaign. Our volunteers took part in the event. The rally started from Kannada Sahithya Parishath and ended at VV Puram College of Arts and Science, VV Puram. After the rally, flag hoist was done followed by prayers to Goddess Bhuvaneshwari. The guests spoke about the importance of Kannada as a language and distributed certificates and books to the students.



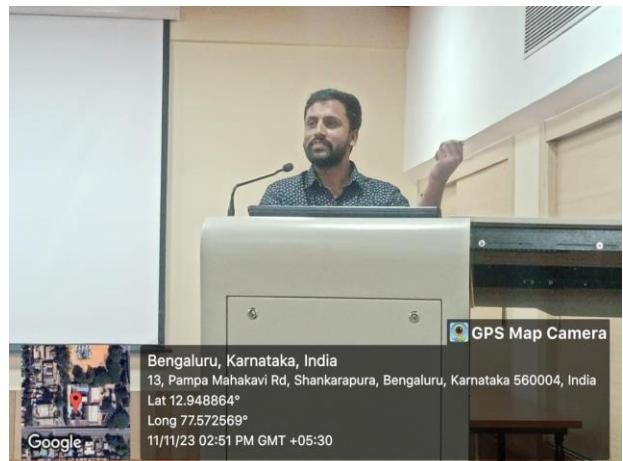
04/11/2023- WEEKLY ACTIVITY TALENT HUNT

A talent hunt was organized on 4th November,2023. The objective of the program was to explore the hidden talents in our volunteers. The volunteers actively participated in the various events like singing, dancing, drawing, pick and speak, debate.



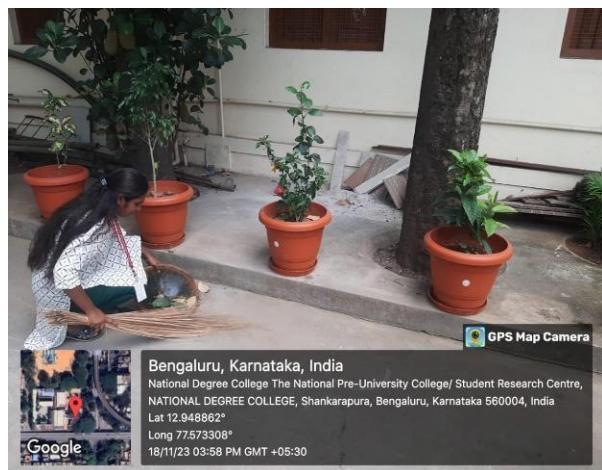
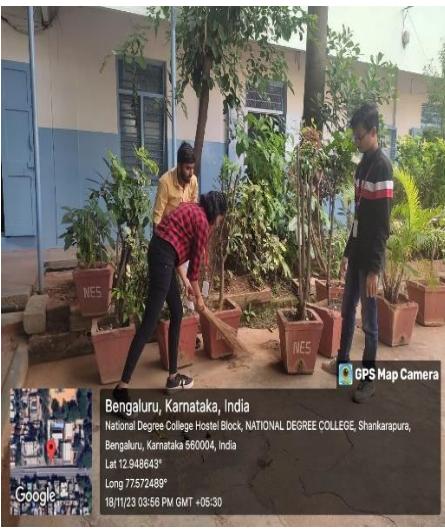
11/11/2023- WEEKLY ACTIVITY UPANAYSA

An upanyasa was conducted as a part of the weekly activity. The topic of the upanyasa was “**The role of street plays in creating social awareness**”. Mr. Shivaraj Swamykatte, Cultural Co-ordinator, N.E.S Institutions delivered the speech on the topic. The session educated us about the need for street plays, the importance they play in delivering significant themes to the society, the importance of clear communication. Dr.Y.C.Kamala, Principal, The National College and Dr.Padma.T, NSS Programme officer were also present during the session.



18/11/2023- WEEKLY ACTIVITY SHRAMADHAN

The volunteers participated actively in cleaning of the college campus and its surroundings. The wastes were collected and segregated. Pots were cleaned and manure was added to the plants.



25/11/2023- CONSTITUTION DAY

Constitution Day of India is celebrated every year on 26th November. NSS unit of The National College, Basavanagudi celebrated the Constitution Day on 25th November,2023. Dr.Y.C.Kamala, Principal, The National College and Dr.Padma.T, NSS Programme officer spoke about the significance of the celebration. Dr.P.L.Ramesh, Seceretary, College Council delivered an oath on account of Constitution Day. The members of the NSS Committee were also present during the occasion. The volunteers planted saplings in the college campus as a mark of the occasion.



02/12/2023- AIDS DAY CELEBRATION

International AIDS Day was celebrated in National College, Basavanagudi on 2nd December, 2023. An awareness session was held, Dr. Saraswathi, Associate Professor, Community Medicine, Bangalore Medical College educated the students about the disease and created an awareness about the importance of leading life without any addictions. Dr.Y.C.Kamala, Principal, The National College and Dr. Padma.T, NSS Programme Officer were also present during the session. The session was followed by a rally to create awareness about the harmful effects of pollution and also about AIDS. Our volunteers participated in the rally and created the much needed awareness about pollution and AIDS among the public.



16/12/2023- HUMAN RIGHTS DAY CELEBRATION AND VOTER AWARENESS RALLY

Human Rights Day and Voter Awareness Rally was held on 16th, December, 2023. A rally was held around the college surroundings. Our volunteers took an active role in creating awareness about the importance of voting and equality, among the public. The rally was followed by a session of shramadhan, the volunteers cleaned the college campus and planted saplings.



18/12/2023- CRIME PREVENTION MONTH

On account of Crime Prevention Month- December 2023, Mr.Shivaram, ASI, Shankara Puram Police Station created an awareness among the volunteers by delivering a speech. He educated the volunteers about the cybercrimes, narcotic addictions and the various crimes in which people are victimized. It was an eye-opening lecture and truly informative.



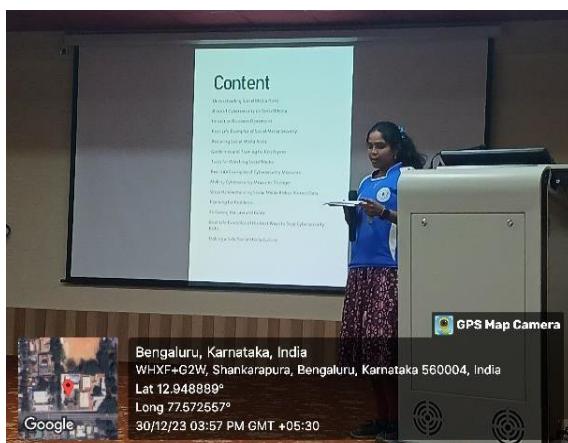
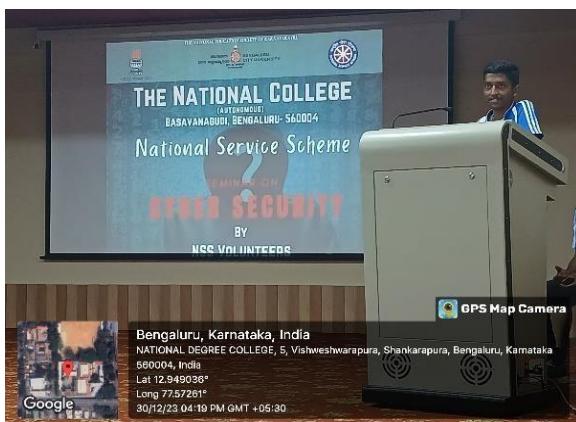
21/12/2023- UPPANYASA ON GANDHIAN VALUES

Gandhi Study Circle, Department of Journalism and National Service Scheme of The National College, Basavanagudi in association with Karnataka Sarvodaya Mandala had organised a session to discuss about the current trends in print media and Gandhian values. A special lecture was delivered by Mr.K.C.Shivaram, Editor, Doordarshan of Karnataka, on the importance of print media. The volunteers took part in the event and gained insights of the topic.



30/12/2023- SEMINAR ON CYBER SECURITY

A seminar on cyber security was organized on 30th December, 2023. Dr.Shivanna, Kannada Department and Prof.Gnanashree, Commerce Department were present during the event. The volunteers presented various aspects of cyber security, threats to cyber safety and the ways to prevent cybercrimes. It was an informative session.



06/01/2024- PERSONALITY DEVELOPMENT PROGRAM

A special lecture on Personality Development and Mental Health was held on January 6th,2024 by National Service Scheme, Women Cell, Health Centre of The National College, Basavanagudi in association with Coselle Institute of Image Management. The lecture was delivered by Smt.Srilakshmi Hegde,Soft Skill Trainer from Coselle Institute of Image Management. The lecture educated the female students about the importance of personal and menstrual hygiene, the importance of maintaining a good lifestyle with self-confidence. Dr.Y.C.Kamala, Principal, Dr.Padma.T, NSS Programme Officer, Prof.Shamala.G, Women Cell Co-ordinator, Prof.P.Sundaramma,Health Center and Prof.Alakananda were also present during the session.



13/01/2024- YOUTH'S DAY CELEBRATION

National Youths Day was celebrated on 13th January 2024, The National College, Basavanagudi. Prof G.B. Shivraj, trustee of Kasturba Ghandi Memorial Trust and retired professor in political science was the guest of honour. The guest addressed the gathering about the inspiring life values of swami Vivekananda. various competitions like quiz, pick and speak, rangoli competitions were held.



19/01/2024- HEALTH CAMP

A health camp was organized in association with Manipal Hospitals, Old Airport Road. A routine checkup was carried out. Height, Weight, Blood sugar, Blood Pressure, BMR and other things were checked. One-to-one consultation was also held. About 250 people took the advantage of the free health camp and got their vitals tested.



25/01/2024- NATIONAL VOTERS' DAY CELEBRATION

On account of National voters' day, a rally was held. The volunteers took an active role in the rally and raised awareness about the significance of voting among the public. Everyone took an oath to vote responsibly.



26/01/2024- REPUBLIC DAY CELEBRATION

The NSS wing of The National College, Basavanagudi took part in the parade held in the college ground. The guest of honor for the occasion was justice H.T. Narendra Prasad, Karnataka High Court. The event was presided over by Dr.H.N. Subrahmanyam, President, National Education Society of Karnataka. The volunteers also took an active role in volunteering for the occasion.



08/02/2024- AIDS AWARENESS RALLY

AIDS awareness program was held in The National College, Basavanagudi. The Volunteers actively participated in the essay writing and quiz competitions. A rally was held to educate the public about the AIDS.





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THE NATIONAL COLLEGE AUTONOMOUS

BASAVANAGUDI, BENGALURU – 560004
NAAC Accredited ‘B++’ Grade

NATIONAL SERVICE SCHEME (NSS UNIT)

NSS 7-DAY SPECIAL CAMP REPORT

THINDLU VILLAGE, DEVANAHALLI TALUK,
BENGALURU RURAL DISTRICT.

Camp Date : 27/01/2024 to 02/02/2024



ಕನಾಡಕ ಸರ್ಕಾರ ಯುವ ಸಬಲೀಕರಣ ಮತ್ತು ಕ್ರೀಡಾ ಇಲಾಖೆ
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ಬಹವನಗುಡಿ, ಬೆಂಗಳೂರು-04
ರಾಷ್ಟ್ರೀಯ ಸೇವಾ ಯೋಜನೆ ವಿಶೇಷ ಸೇವಾ ಶಿಂಗ - 2023-24

ಫ್ಲೆಚ್ : ತಿಂಡ್ಲು ಗ್ರಾಮ, ದೇವನಹಳ್ಳಿ ತಾಲ್ಲೂಕು, ಬೆಂಗಳೂರು ಗ್ರಾಮಾಂತರ ಜಿಲ್ಲೆ
ದಿನಾಂಕ: 27-01-2024 ಲಿಂದ 02-02-2024
“ಪರಿಸರ ಮತ್ತು ಸಾಮಾಜಿಕ ಸಾಮರ್ಪ್ಯದೆಡೆಗೆ ಯುವಜನತೆ”

27/01/2024 - DAY 01

A 7-day special camp was organised by NSS Unit, The National College, Basavanagudi to Thindlu village, Devanahalli, Bengaluru Rural district. We started our journey from the college campus around 10:30am and reached the village at 12:00pm. As soon as we reached the village, we cleaned our living area and started our preparations for the inauguration event. The inauguration event began at 4:00pm, the dignitaries present in the occasion were Mr. Mohan Kumar.K.N, Superintendent, Open Prison, Devanahalli, Dr. Rekha, Shushrusha Hospital, Yelahanka. The program was presided by Dr. H.N.Subrahmanyam, President, N.E.S of Karnataka. The other members in the occasion were by Dr. Ramesh.P.L, Vice Principal, The National College, Dr. Padma.T, Program Officer, Prof. Nagesh.G.N and Prof. Kusuma. Team Arali hosted the cultural events. All the teams actively participated and showcased their talents, the villagers also showed their active participation. The day concluded with a fall-in session and compilation of the day's report.



28/01/2024 - DAY 02

The day began at 5:30 am with the flag hoisting ceremony, led by Team Kalpavruksha. Mr. Vinod Kumar, a distinguished guest, graced the occasion and shared inspiring words with the participants. From 6:00am to 6:30 am, we had a session of meditation and yoga, Team Thega took the lead in conducting the session. While Team Mavu handled the kitchen work and Team Arali took an active role in cleaning of the living area. From 7:00am to 10:00 am, all the teams actively participated in the shramadhan, undertaking various tasks to contribute to the betterment of the surroundings. Team Thega was assigned with prachara work, diligently carried out their responsibilities. Team Shrigandha was assigned with preparations for the upanyasa session, and the session started at 3:30 pm. The guests for the session were Dr. Ashok.T.A, NSS Program Officer, St.Joseph's College of Commerce and Mr. Adarsh.T.M, a distinguished alumni of The National College, the guests shared some insightful words about the Importance Of Social Harmony Among Youth. The flag was dehoisted around 5:45 pm. Team Bevu hosted the cultural events which began at 6:30 pm. All the teams actively participated and showcased their talents, the villagers also showed their active participation. The day concluded with a fall-in session and compilation of the day's report.



29/01/2024 - DAY 03

The day began at 5:30 am with the flag hoisting ceremony, led by Team Thega. Mr. Krishnappa, a distinguished guest, graced the occasion and shared inspiring words with the participants. From 6:00am to 6:30 am, we had a session of meditation and yoga, Team Arali took the lead in conducting the session. While Team Kalpavruksha handled the kitchen work, Team Mavu took an active role in cleaning of the living area. From 7:00am to 10:00 am, all the teams actively participated in the shramadhan, undertaking various tasks to contribute to the betterment of the surroundings. A visit was organised to the Open-air Jail, Devanahalli. We saw the open prison system and Mr. Mohan Kumar.K.N, Superintendent of the Open-air Jail briefed us about the system followed in their institution. Team Arali was assigned with prachara work, diligently carried out their responsibilities. Team Bevu was assigned with preparations for the upanyasa session, and the session started at 3:30 pm. The speaker for the session was Prof. Poornima Hegde H, Head of the department, Department of Electronics, The National College, Basavanagudi. The event was presided by Prof. Shamala.G, Head of the department, Department of Chemistry, The National College, Basavanagudi. The speaker delivered a lecture on Technology and Social Harmony. The dignitaries present in the occasion were Prof. Harish.S, Prof. Yogitha.P, from The National College, Basavanagudi. The flag was dehoisted around 5:45 pm. Team Shrigandha hosted the cultural events which began at 6:30 pm. All the teams actively participated and showcased their talents, the villagers also showed their active participation. The day concluded with a fall-in session and compilation of the day's report.



30/01/2024 - DAY 04

The day began at 5:30 am with the flag hoisting ceremony, led by Team Bevu. Mr.Ramesh.T.N, a distinguished member of the village, graced the occasion and shared inspiring words with the participants. From 6:00am to 6:30 am, we had a session of meditation and yoga, Team Shrigandha took the lead in conducting the session. While Team Thega handled the kitchen work, Team Kalpavruksha took an active role in cleaning of the living area. From 7:00am to 10:00 am, all the teams actively participated in the shramadhan, we planted about 80 saplings surrounding the village lake. Team Shrigandha was assigned with prachara work, diligently carried out their responsibilities. A survey was conducted in the village to know about the economic empowerment of women and drug and alcohol effect on families. The volunteers actively participated and interacted among the villagers. Team Arali was assigned with preparations for the upanyasa session, and the session started at 3:30 pm. The session was presided by Prof. Sangeetha.B.K. The speaker for the occasion was Prof. B.J.Jagadeesh, Assistant Professor, Department of Computer Science, The National College, Basavanagudi. The speaker spoke about the importance of theatre in maintaining social harmony. The guests for the session were Dr. Y.C.Kamala, Prof. Bharath.V, Dr. Tharakeshwari.M, Prof. Zeba, Prof. Sumana, from The National College, Basavanagudi. The flag was dehoisted around 5:45 pm. Team Mavu hosted the cultural events which began at 6:30 pm. All the teams actively participated and showcased their talents, the villagers also showed their active participation. The day concluded with a fall-in session and compilation of the day's report.



31/01/2024 - DAY 05

The day began at 5:30 am with the flag hoisting ceremony, led by Team Shrigandha and Team Mavu. Dr.Ashok.T.A, distinguished member of the village, graced the occasion and shared inspiring words with the participants. From 6:00am to 6:30 am, we had a session of meditation and yoga, Team Mavu took the lead in conducting the session. While Team Arali handled the kitchen work, Team Bevu took an active role in cleaning of the living area. From 7:00am to 10:00 am, all the teams actively participated in the shramadhan and planted saplings around the village school. Team Mavu was assigned with prachara work, diligently carried out their responsibilities. Sankranthi celebration was held, the volunteers exhibited pride in their heritage by dressing up in traditional attire. Team Thega was assigned with preparations for the upanyasa session, and the session started at 3:30 pm. The speaker for the session was Prof. Darshan, Department of Apiculture and Pest Control, GVK, Bengaluru. The event was presided by Dr. Ramesh.P.L, Head of the Department, Department of Zoology, The National College, Basavanagudi. The speaker spoke about the Apiculture and its economic importance. The flag was dehoisted around 5:45 pm. Team Kalpavruksha hosted the cultural events which began at 6:30 pm. All the teams actively participated and showcased their talents, the villagers also showed their active participation. The day concluded with a fall-in session and compilation of the day's report.



01/02/2024 - DAY 06

The day began at 5:30 am with the flag hoisting ceremony, led by Team Arali. Ms.Lakshmi Devi, distinguished member of the village, graced the occasion and shared inspiring words with the participants. From 6:00am to 6:30 am, we had a session of meditation and yoga, Team Arali took the lead in conducting the session. While Team Bevu handled the kitchen work, Team Shrigandha took an active role in cleaning of the living area. From 7:00am to 10:00 am, all the teams actively participated in the shramadhan, undertaking various tasks to contribute to the betterment of the surroundings. Volunteers from all the team took part in the prachara work, they diligently carried out their responsibilities. A health camp was organised in association with Shushrusha Hospital, Yelahanka. A team of doctors including Dr. Sri Harsha, Dr. Anusha, Dr. S.P.Vaidya and staff nurse Ms. Jayalakshmi conducted the camp. Ms. Chaithra, Asha Karyakarthe, Thindlu was also present. About 80 villagers took the advantage of the free health camp and got their vitals tested. The health camp came to an end with a thanking session. The dignitaries present during the occasion were Prof. Sundramma.P, Prof. Aparna Joshi, Prof. Supriya, Prof. Meghana, Prof. Gnanashree, Dr. Prathima, Dr. Shivanna, Prof. Tessa Jose, Prof. Deepthi, from The National College, Basavanagudi. The flag was dehoisted around 5:45 pm. Team Thega hosted the cultural events which began at 6:30 pm. All the teams actively participated and showcased their talents, the villagers also showed their active participation. The day ended with Camp Fire and all the volunteers shared their experience about the camp.



02/02/2024 - DAY 07

The day began at 8:00 am and the volunteers planted the remaining saplings. The Valedictory started at 11:00 am. The dignitaries present in the occasion were Mr. Prakash H, Panchayat Development Officer, Mr. Nagesh, Head Master, Government Primary School, Thindlu, Mr. Munegowda, Principal, Sri Krishnaraj Vishalakshi Government aided School, Thindlu, Mr and Mrs T.B.Krishnappa, Mr. Adarsh, Mr. Vinod Kumar, Dr. Y.C.Kamala, Principal, The National College, Basavanagudi. Dr. Ramesh.P. L, Vice Principal, The National College, Basavanagudi. The camp successfully came to an end and the final farewell speech was delivered by Dr. Padma.T, NSS Program Officer, The National College, Basavanagudi.



NSS VOLUNTEERS ACCOMPLISHMENTS DURING THE ACADEMIC YEAR 2023-24

Kiran Kumar of 3rd semester BA participated in the State Level Republic Day Camp-2024, with enthusiasm and dedication, showcasing commendable leadership skills and a strong sense of civic responsibility.



Bharath A of 3rd semester BCA, attended the National Integration Camp held in Dharwad, embodying the spirit of unity, cultural appreciation, and leadership. He collaborated with students from different regions and backgrounds during team-building activities, showcasing strong teamwork and communication skills.



Partha M R of 1st semester BA participated in the State Level Youth Festival. He exhibited enthusiasm and dedication in all festival activities, reflecting a strong sense of commitment and passion for personal growth and community involvement.



Fakruddin of 5th semester BCA, Bhavana C, Nithin N, R Thanush, Sahana S and Vaishnavi S R of 5th semester BSc participated in the State Level Youth Leadership Camp based on Gandhian Values held in S.S.Ghati. The students participated in workshops focused on Gandhian values and leadership qualities. The students had opportunities to reflect on their experiences, receive feedback from co-volunteers and mentors, and set personal development goals.



**NSS VOLUNTEERS TEAM WITH PROGRAMME OFFICER
(2023-2024 BATCH)**

