

A DAY OF MINDFULNESS TO SUPPORT DIVERSITY AND INCLUSION IN BUDDHIST SANGHAS

SPONSORED BY: THE PORTLAND COMMUNITY OF MINDFUL LIVING

Please join us for a day of mindfulness to understand how we can begin to create equitable and inclusive communities and start healing from our implicit and unconscious biases. We will mindfully explore the history of race in this country to gain a collective understanding of racism as well as injustice based on other social identities. Our goal is to start identifying ways that Sanghas may proactively act on how to create more inclusive, safer, and loving spaces.

SATURDAY, SEPTEMBER 29, 2018

9:00AM TO 3:00PM

PORTLAND DHAMMA CENTER

1404 SE 25TH AVENUE (CORNER OF 25TH & MADISON)

PLEASE BRING YOUR OWN LUNCH FOR A MINDFUL BROWN BAG LUNCH

**Facilitated by Dr. Roberta Hunte and Yee Won Chong
with Chris Wilhite and LoriAnn Lima**



Dr. Roberta Hunter is an educator, facilitator, researcher, mother, and cultural worker, who facilitates training on equity, diversity, and inclusion. Yee Won Chong is a racial and gender justice trainer and consultant, whose TEDx Talk, “Beyond the Gender Binary”, has been widely used by educators and trainers. Both Dr. Hunte and Yee Won Chong practice Buddhism with the POC sangha in Portland. Chris Wilhite and LoriAnn Lima are members of the Zen Community of Oregon, who have co-facilitated various anti-racism workshops, including Awakening to Whiteness and Dismantling Racism.

TO REGISTER FOR THIS EVENT:

<http://events.eventzilla.net/e/day-of-mindfulness-to-support-diversity-and-inclusion-2138955088>