

# PATIENT MEDICAL HISTORY - SARAH WILSON

Medical Record #: MR456789012 | Date: 12/22/2024

## PATIENT DEMOGRAPHICS

Name: Sarah Elizabeth Wilson      DOB: 05/08/1972    Age: 52  
Sex: Male Female Other    Race: Caucasian African American Hispanic  
Address: 321 Elm Street, Phoenix, AZ 85001  
Phone: (602) 555-7890      Email: sarah.wilson@email.com  
Emergency Contact: David Wilson (Husband) - (602) 555-7891

## CHIEF COMPLAINT & HISTORY OF PRESENT ILLNESS

Chief Complaint: Chronic constipation and abdominal pain for 4 months

History of Present Illness:

Patient reports onset of constipation 4 months ago. Bowel movements occur only 1-2 times per week, with hard, pellet-like stools. Associated symptoms include abdominal pain, especially in the left lower quadrant, bloating, and occasional nausea. No blood in stool, no weight loss, no fever. Dietary modifications and over-the-counter laxatives have provided minimal relief. Patient has family history of colon cancer (mother diagnosed at age 58).

## PAST MEDICAL HISTORY

Condition	Date Diagnosed	Status	Provider
Hypothyroidism	2015	Well controlled	Dr. Taylor
Irritable Bowel Syndrome	2018	Mild	Dr. Taylor
Anxiety	2020	On medication	Dr. Taylor
Allergies: Sulfa (rash)	N/A	N/A	N/A
Surgical History: None	N/A	N/A	N/A
Psychiatric History: Anxiety	N/A	N/A	N/A

## CURRENT MEDICATIONS

Medication	Dosage	Frequency	Indication	Start Date
Levothyroxine	75mcg	Daily	Hypothyroidism	2015
Dicyclomine	20mg	TID	IBS	2018
Sertraline	50mg	Daily	Anxiety	2020
Psyllium	1 packet	Daily	Constipation	2024
Multivitamin	1 tablet	Daily	General health	2020

## SOCIAL HISTORY & FAMILY HISTORY

Social History:

Occupation: Teacher (elementary)    Smoking: Never    Alcohol: Occasional  
Exercise: Regular (yoga, walking)    Drug Use: None    Travel: None recent

Family History:

Father: Hypertension, Diabetes    Mother: Colon Cancer (age 58)  
Siblings: Sister with IBS      Children: No relevant history

## REVIEW OF SYSTEMS

Constitutional: No fever    No weight loss    No fatigue