



November 17, 2017 Week 14, Class #39 Teams

Mark Seaman MWF – 10:00-11:30 - Kepner 0095F

Mark Seaman

This Week – The Profession



Last Week

Risk

Monday, 11-27

Teams

Next Week

Final Exam

Wednesday, 11-29

Jobs

Friday, 12-1

Contribution





Like an aircraft with poor aerodynamics, is an engineer that cannot work with others. Both will crash and burn.





♦ What skill the most important to your success?





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People work in teams



- ♦ Success is set by social skill
- Some people accumulate enemies while others gather allies
- ♦ Most engineers are introverts
- ♦ We must learn skills in order to collaborate

People work in teams



Why do some people succeed often, while other don't?

Integrated character



- ♦ Integrity is the ability to respond to life's challenges. -- Dr Henry Cloud Integrity
- ♦ Being a professional is less about what we know and more about what we believe.

♦ We act out of what we believe

♦ Look at the wake they leave behind

Emotional Intelligence - EQ



- Highly correlated with success and satisfaction
- ♦ EQ can be learned (practice the skills)
- Emotions occur automatically, but must be managed rationally
- ♦ We are not victims of our own emotions

What makes up EQ?



- ♦ personal management

Primal Emotions



- ♦ Happiness
- ♦ Anger
- ♦ Fear
- ♦ Sadness
- ♦ Shame

Primal Emotions



Ailment

- ♦ Anger
- ♦ Fear
- ♦ Sadness
- ♦ Shame

Cure

- ♦ Humility
- ♦ Trust
- ♦ Hope
- ♦ Belonging

EQ in the workplace



- ♦ balanced interest
- ♦ humility

Leadership is influence



X



