

Lecture 7

Saturday, January 26, 2019

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Fundamental Concepts of GR

- Recall, local inertial (Lorentz) frame:
 1. a latticework moving freely w/ no forces acting on it.
 2. measuring rods are orthogonal and uniformly marked
 3. clocks are densely packed & tick uniformly & are synchronized (Einstein)
- In GR, Lorentz frames must be small enough to neglect changes in gravity!
- Modern Einstein equivalence principle:
specific forms that local, nongravitational laws take in GR local Lorentz frames are the same as those in global Lorentz frames of SR.

Gravity as curvature of spacetime

- Einstein's principle of equivalence that non-

equivalence principle guarantees that...
 gravitational forces in local Lorentz frame
 are described by the metric, which
 gives the invariant interval between
 neighboring events, $\vec{\xi} = \Delta x^\alpha \partial / \Delta x^\alpha$

- special relativistic interval:

$$\vec{\xi}^2 = g_{\alpha\beta} \xi^\alpha \xi^\beta = (\Delta s)^2 = -(\Delta t)^2 + (\Delta x)^2 + (\Delta y)^2 + (\Delta z)^2$$

- also, in local Lorentz frame (LLF),

components of metric,

$$g_{\alpha\beta} = \eta_{\alpha\beta} \equiv \begin{cases} -1 & \text{if } \alpha=\beta=0, \\ +1 & \text{if } \alpha=\beta \neq 0 \end{cases}$$

- since two adjacent LLF's will fall together
 if dropped from high enough,
 gravity prevents the meshing of LLF's into
 global LLF's!
- by analogy with local Cartesian meshes
 on Earth's surface (Einstein, 1912) gravity
 must be a manifestation of spacetime curvature!
- for a freely falling observer anywhere then
 for a LLF centered on their world line,

$$g_{\alpha\beta} = \left\{ \begin{array}{l} \eta_{\alpha\beta} + \mathcal{O}\left(\frac{\delta_{jk} x^j x^k}{R^2}\right) \\ \eta_{\alpha\beta} \quad \text{at spatial origin} \end{array} \right\}$$

where R is radius of curvature of spacetime.

$$\hookrightarrow g_{\alpha\beta,\mu} = \mathcal{O}(x^j/R^2)$$

$$\therefore \Gamma^\alpha_{\beta\gamma} = \begin{cases} \mathcal{O}\left(\frac{\sqrt{\delta_{ij}} x^j x^k}{R^2}\right) \\ 0 \text{ at spatial origin} \end{cases}$$

--- connection coefficients

\rightarrow "Fermi coordinates"

Free-fall Motion & Geodesics

- in SR, free particle moves on straight world line,

$$(t, x, y, z) = (t_0, x_0, y_0, z_0) + (p^0, p^x, p^y, p^z)$$

$$\text{or, } x^\alpha = x_0^\alpha + p^\alpha \zeta.$$

p^α : Lorentz-frame 4-momentum

ζ : affine parameter, $\vec{p} = d/d\zeta$ or $p^\alpha = dx^\alpha/d\zeta$

- in other words, components of 4-momentum are constant,

$$\frac{dp^\alpha}{d\zeta} = 0$$

- Or particle parallel transports its tangent

vector \vec{p} along its worldline

$$\nabla_{\vec{p}} \vec{p} = 0, \text{ or } p^a{}_{;\beta} p^\beta = 0$$

- for non-zero rest mass particles,
 $\vec{p} = m \vec{u}$, $S = \tau/m$, $\vec{u} = d/d\tau$

$$\hookrightarrow \nabla_{\vec{p}} \vec{p} = 0 \iff \nabla_{\vec{u}} \vec{u} = 0 \dots \text{geodesic law of motion}$$

- Via the equivalence principle, and using Fermi coordinates above, law of motion for freely-falling particle is the same! (since choice of origin along world line is arbitrary)

→ in curved spacetime free ball also along geodesics.

- curve to which \vec{u} is tangent is a **geodesic**
- if geodesic is spacelike, tangent vector can be normalized so that $\vec{u} = d/ds$ w/ s the proper distance along geodesic
- if geodesic timelike, $\vec{u} = d/d\tau$
- since $\nabla_{\vec{p}} \vec{p} = 0$ means square of 4-momentum is conserved along worldline,

$$(g_{\alpha\beta} \dot{p}^\alpha \dot{p}^\beta)_{;\gamma} \dot{p}^\gamma = 2 g_{\alpha\beta} \dot{p}^\alpha \dot{p}^\beta_{;\gamma} \dot{p}^\gamma = 0$$

- recall, $\vec{p} \cdot \vec{p} = -m^2$, so it better be conserved!
 \hookrightarrow geodesic is timelike if $m > 0$.

if $m=0$ (photons) it is null, $\vec{p} \cdot \vec{p} = 0$

Properties of free-fall geodesics:

1. in a coordinate basis, $\nabla_{\vec{p}} \vec{p} = 0$ becomes,

$$\frac{d^2 x^\alpha}{d\zeta^2} + \Gamma^\alpha_{\mu\nu} \frac{dx^\mu}{d\zeta} \frac{dx^\nu}{d\zeta} = 0$$

where $x^\alpha(\zeta)$ are the coordinates of the world line.

2. for spacetime w/ a symmetry that makes metric independent of one of the coords. x^A

Then associated w/ that symmetry will be a **Killing vector field** $\vec{\xi} = \partial/\partial x^A$ and

a conserved quantity $p_A \equiv \vec{p} \cdot \partial/\partial x^A$ for free-particle motion.

3. Timelike geodesics $\mathcal{P}(\lambda)$ satisfy,

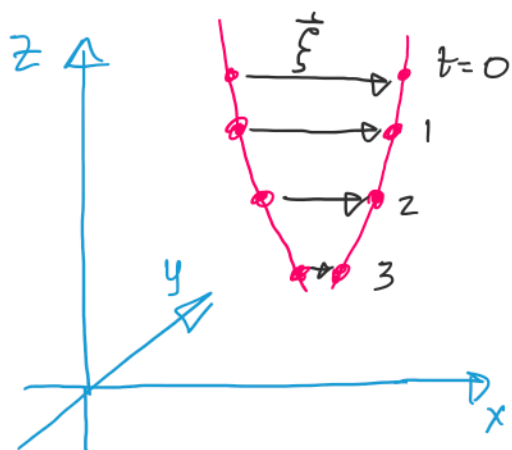
$$\delta \int_{\mathcal{P}_0}^{\mathcal{P}_1} d\tau = \delta \int_0^1 \left(-g_{\alpha\beta} \frac{dx^\alpha}{d\lambda} \frac{dx^\beta}{d\lambda} \right) d\lambda = 0$$

Relative Acceleration, Tidal Gravity, Curvature

Newtonian tidal gravity

- Consider two particles in non-uniform external gravitational field w/ potential Φ . Particle masses are small & do not affect Φ . At (Newtonian) time $t=0$, particles have the same 3-velocity $\vec{v}_A = \vec{v}_B$. Differences in Φ at locations of A & B will cause particles to drift relative to each other since acceleration

$$\vec{v}_A = \vec{v}_B$$



$$\frac{1}{g} = -\nabla \Phi$$

- $\vec{\xi}$ is 3-vector separation w/ components

$$f^j = x_B^j - x_A^j$$

and

$$\frac{d\xi^j}{dt} = v_B^j - v_A^j$$

- relative acceleration of two particles,

$$\frac{d^2 \xi^j}{dt^2} = \frac{d^2 x_B^j}{dt^2} - \frac{d^2 x_A^j}{dt^2} = - \left(\frac{\partial^2 \Phi}{\partial x^j} \right)_B + \left(\frac{\partial^2 \Phi}{\partial x^j} \right)_A$$

$$\sim \partial x^i \partial x^k \xi \quad \dots \text{to 1st order in } \xi$$

- use this to define *Newtonian tidal field*,

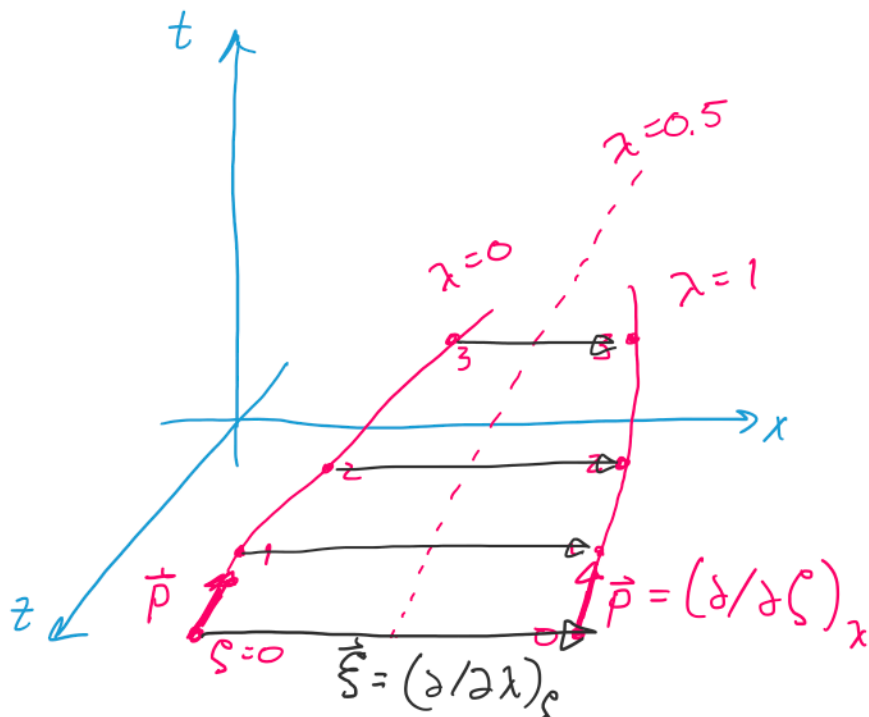
$$\frac{d^2 \vec{\xi}}{dt^2} = - \vec{E}(-, \vec{\xi}); \quad \text{i.e.} \quad \frac{d^2 \xi^j}{dt^2} = - E^j_k \xi^k$$

where, $\vec{E} \equiv \nabla \nabla \Phi = - \nabla \vec{g}$

or $E_{ik} = \frac{\partial^2 \Phi}{\partial x^i \partial x^k} \quad \dots \text{Euclidean}$

↳ quantifies variation in Newtonian gravity

Relativistic Tidal Gravity



- particles are in free fall and so move on geodesics w/ affine parameters ξ

- 4-momentum $p = d/ds$
- 4-separation $\vec{\xi}(s) = \mathcal{P}_B(s) - \mathcal{P}_A(s)$
- Assume initially, $\nabla_{\vec{p}} \vec{\xi} = 0$
- tidal gravity leads to $\nabla_{\vec{p}} \nabla_{\vec{p}} \vec{\xi} \neq 0$
- $\mathcal{P}_A(s) \neq \mathcal{P}_B(s)$ must be close enough that power series expansion in the separation are accurate.
- embed a 2D surface in spacetime that contains the geodesics of the two particles (and an infinite number of other geodesics). Label them w/ λ .
 $\hookrightarrow \vec{p} = (\partial/\partial s)_{\lambda=\text{const}}, \vec{\xi} \equiv (\partial/\partial \lambda)_{s=\text{const}}$
- we need $\nabla_{\vec{p}} \nabla_{\vec{p}} \vec{\xi}$, which we can get at from the commutator of \vec{p} & $\vec{\xi}$:

$$[\vec{p}, \vec{\xi}] = \nabla_{\vec{p}} \vec{\xi} - \nabla_{\vec{\xi}} \vec{p}$$
- from the definitions of \vec{p} & $\vec{\xi}$ above, we know they commute (commutator is zero).
 $\hookrightarrow \nabla_{\vec{p}} \vec{\xi} = \nabla_{\vec{\xi}} \vec{p}$
- taking the second gradient along \vec{p} ,

$$\nabla_{\vec{p}} \nabla_{\vec{p}} \vec{\xi} = \nabla_{\vec{p}} \nabla_{\vec{\xi}} \vec{p} = (\nabla_{\vec{p}} \nabla_{\vec{\xi}} - \nabla_{\vec{\xi}} \nabla_{\vec{p}}) \vec{p}$$

where we add \vec{p} on zero for convenience in what follows ($\nabla_{\vec{p}} \vec{p} = 0$ on geodesic).

- in slot-naming,

$$(\xi^{\alpha}_{;\beta} p^{\beta})_{;\gamma} p^{\gamma} = (p^{\alpha}_{;\gamma} \xi^{\gamma})_{;\delta} p^{\delta} - (p^{\alpha}_{;\gamma} p^{\gamma})_{;\delta} \xi^{\delta}$$

- expanding using product rule & collecting terms,

$$\begin{aligned} (\xi^{\alpha}_{;\beta} p^{\beta})_{;\gamma} p^{\gamma} &= (p^{\alpha}_{;\gamma\delta} - p^{\alpha}_{;\delta\gamma}) \xi^{\gamma} p^{\delta} \\ &\quad + p^{\alpha}_{;\gamma} (\xi^{\gamma}_{;\delta} p^{\delta} - p^{\gamma}_{;\delta} \xi^{\delta}) \end{aligned}$$

↗
Commutator of \vec{p} & $\vec{\xi}$ ($=0$)

$$\rightarrow (\xi^{\alpha}_{;\beta} p^{\beta})_{;\gamma} p^{\gamma} = (p^{\alpha}_{;\gamma\delta} - p^{\alpha}_{;\delta\gamma}) \xi^{\gamma} p^{\delta}$$

∴ relative acceleration is result of non-commutation of the two slots of double gradient ($\gamma + \delta$)

- different from SR where it would commute since $\Gamma^{\alpha}_{\beta\gamma} = 0$ everywhere

- spacetime curvature (which makes the geodesics non-parallel) prevents the double gradient from commuting, causing relative acceleration.

- since $p^{\alpha}_{;\gamma\delta} - p^{\alpha}_{;\delta\gamma}$ is linear in p^{α} , there

must be a rank-4 tensor such that

$$p^{\alpha}_{;\gamma\delta} - p^{\alpha}_{;\delta\gamma} = -R^{\alpha}_{\beta\gamma\delta} p^{\beta}$$

where \vec{R} is **Riemann curvature tensor**

and is responsible for gradients not commuting. \vec{p} is any vector field

$$\hookrightarrow (\xi^{\alpha}_{;\beta} p^{\beta})_{;\gamma} p^{\gamma} = -R^{\alpha}_{\beta\gamma\delta} p^{\beta} \xi^{\gamma}_{;\rho} p^{\rho}$$

$$\nabla_{\vec{p}} \nabla_{\vec{p}} \vec{\xi} = -\vec{R}(-, \vec{p}, \vec{\xi}, \vec{p})$$

... eqn. of geodesic deviation

- Riemann curvature tensor embodies that gravity is caused by curved spacetime

Properties of Riemann Curvature Tensor

- Consider evaluating components of \vec{R} at the spatial origin of an LIF, there $g_{\alpha\beta} = \eta_{\alpha\beta}$ & $\Gamma^{\alpha}_{\beta\gamma} = 0$ (but $\Gamma^{\alpha}_{\beta\gamma;\mu} \neq 0$)
- For any vector \vec{p} , definition of gradient says

$$p^{\alpha}_{;\gamma\delta} - p^{\alpha}_{;\delta\gamma} = (\Gamma^{\alpha}_{\beta\gamma;\delta} - \Gamma^{\alpha}_{\beta\delta;\gamma}) p^{\beta}$$

- recall also

$$1 \quad \quad \quad -2 \quad \quad \quad 3$$

$$\tilde{P}^{\alpha}_{;\gamma\delta} - P^{\alpha}_{;\delta\gamma} = -K^{\alpha}_{\beta\gamma\delta} P^{\beta}$$

so we can deduce the components of \vec{R} ,

$$R^{\alpha}_{\beta\gamma\delta} = \Gamma^{\alpha}_{\beta\delta,\gamma} - \Gamma^{\alpha}_{\beta\gamma,\delta} \quad \text{at spatial origin}$$

• at spatial distance $\sim \sqrt{\delta_{ij} x^i x^j}$,

$$\Gamma^{\alpha}_{\beta\gamma} = \mathcal{O}(R^{\mu}_{\nu\lambda\delta} \sqrt{\delta_{ij} x^i x^j})$$

$$g_{\alpha\beta} - \eta_{\alpha\beta} = \mathcal{O}(R^{\mu}_{\nu\lambda\delta} \delta_{ij} x^i x^j)$$

• Radius of curvature of spacetime is

$$R = \mathcal{O}(|R^{\alpha}_{\beta\gamma\delta}|^{-1/2})$$

↳ for outside weakly gravitating body

$$R \sim \left(\frac{r^3}{GM}\right)^{1/2} = \left(\frac{c^2 r^3}{GM}\right)^{1/2}$$

Ex. 25-10

a) Earth's surface, $r_{\oplus} = 6.4 \times 10^8 \text{ cm}$

$$M_{\oplus} \sim 6 \times 10^{27} \text{ g}, \quad R \sim \left[\frac{10^{21} \cdot 260 \times 10^{24}}{7 \times 10^{-8} \cdot 6 \times 10^{27}} \right]^{1/2} \sim 2.5 \times 10^{13} \text{ cm} \sim 1 \text{ AU}$$

b) Sun, $r_{\odot} \sim 7 \times 10^{10} \text{ cm}, M_{\odot} \sim 2 \times 10^{33} \text{ g}$

$$R_{\odot} \sim \left[\frac{10^{21} \cdot 343 \times 10^{30}}{7 \times 10^{-8} \cdot 2 \times 10^{33}} \right]^{1/2} \sim 5 \times 10^{13} \text{ cm} \sim 3 \text{ AU}$$

c) WD, $r_{\text{WD}} \sim 5 \times 10^8 \text{ cm}, M_{\text{WD}} \sim M_{\odot} \sim 1.5 \times 10^5 \text{ cm}$

$$R_{\text{WD}} \sim \left[\frac{625 \times 10^{26}}{1.5 \times 10^5} \right]^{1/2} \sim 3 \times 10^{10} \text{ cm}$$

d) NS, $r_{\text{NS}} \sim 10^6 \text{ cm}, M_{\text{NS}} \sim 3 \text{ km}$

$$r_{\text{NS}} \sim 10^{18} \text{ g}^{-1/2}, \quad M_{\text{NS}} \sim 5$$

$$R_{NS} \sim \left[\frac{1}{3 \times 10^9} \right] \sim 0.5 \times 10 \text{ cm} \sim 5 \times 10^1 \text{ cm}$$

e) BH, $R_s \sim 2M$, $M \sim M_\odot \sim 1.5 \text{ km}$
 $R_{BH} \sim \left[\frac{8 \mu^3}{m} \right]^{1/2} \sim \left[8 M^2 \right]^{1/2} \sim 3 \times 1.5 \sim 5 \text{ km}$

f) space, Big ---

• recall the connection coeffs,

$$\Gamma^\mu_{\beta\gamma} = g^{\mu\alpha} \Gamma_{\alpha\beta\gamma}$$

q $\Gamma_{\alpha\beta\gamma} \equiv \frac{1}{2} \left[g_{\alpha\beta,\gamma} + g_{\alpha\gamma,\beta} - g_{\beta\gamma,\alpha} + \overbrace{C_{\alpha\beta\gamma} + C_{\alpha\gamma\beta} - C_{\beta\gamma\alpha}}^0 \right]$

$$\hookrightarrow R_{\alpha\beta\gamma\delta} = \frac{1}{2} \left[g_{\alpha\delta,\beta\gamma} + g_{\beta\gamma,\alpha\delta} - g_{\alpha\gamma,\beta\delta} - g_{\beta\delta,\alpha\gamma} \right]$$

• since $g_{\alpha\gamma,\beta\delta} = g_{\alpha\delta,\beta\gamma}$, Riemann tensor has following properties,

$$R_{\alpha\beta\gamma\delta} = -R_{\beta\alpha\gamma\delta}, \quad R_{\alpha\beta\gamma\delta} = -R_{\alpha\beta\delta\gamma}$$

$$R_{\alpha\beta\gamma\delta} = +R_{\delta\gamma\alpha\beta}$$

and

$$R_{\alpha\beta\gamma\delta} + R_{\alpha\delta\gamma\beta} + R_{\alpha\gamma\beta\delta} = 0$$

• these symmetries reduce the number of

independent components of \vec{R} from $4^4 = 256$ to 20

- Contraction of 1st + 3rd slot gives the *Ricci tensor*,

$$R_{\alpha\beta} \equiv R^{\mu}{}_{\alpha\mu\beta}$$

•

$$R_{\alpha\beta} = R_{\beta\alpha} \quad \dots \quad 10 \text{ components of } R_{\alpha\beta\gamma\delta}$$

- The other 10 components in *Weyl curvature tensor*

$$C^{\mu\nu}{}_{\sigma\tau} = R^{\mu\nu}{}_{\sigma\tau} - \frac{2}{3} g^{[\mu}{}_{[\sigma} R^{\nu]}{}_{\tau]} + \frac{1}{3} g^{[\mu}{}_{[\sigma} g^{\nu]}{}_{\tau]} R$$

where antisymmetrization

$$A_{[\alpha\beta]} \equiv \frac{1}{2} (A_{\alpha\beta} - A_{\beta\alpha})$$

•

$$R \equiv R^{\alpha}{}_{\alpha}$$

- In a completely arbitrary basis (non LLF),

$$R^{\alpha}{}_{\beta\gamma\delta} = \Gamma^{\alpha}{}_{\beta\delta,\gamma} - \Gamma^{\alpha}{}_{\beta\gamma,\delta} + \Gamma^{\alpha}{}_{\mu\gamma} \Gamma^{\mu}{}_{\beta\delta} - \Gamma^{\alpha}{}_{\mu\delta} \Gamma^{\mu}{}_{\beta\gamma} - \Gamma^{\alpha}{}_{\beta\mu} C_{\gamma\delta}{}^{\mu}$$

→ this is tedious to compute. Use software.