

Google

sponsored
[ad project's name]

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The user searches for ways to manage stress. our app shows up as a sponsored result on Google. We have not thought of a name yet so I will be using Placeholder

[Project A] Home Get Started Sign up/login

Boost productivity and relieve stress

Upon clicking on website, users are directed to a landing page. Users can login or sign up and use features by clicking Get Started

[Project A] Home Get Started Sign up/login

Sign up

Name

Email

Password

Confirm Password

Returning? Log in here

Registration page where user create an account or log in if they already have one.

[Project A] Home Features v

Get Started

welcome, choose a tool!

try out

Explore

After logging in, users click on get started to access features. Features can be found in navbar with drop down or in the main body of the page.

[Project A] Pomodoro Features v

Focus Break

25:00

Start

Users explore first feature which is a Pomodoro timer. User can adjust it using settings gear on top right

[Project A] Relax Features v

Sleep

Calm

Focus

User selects the relaxation technique feature and is prompted with three categories to choose from

[Project A] Calm Features v

4-7-8 breathing

User picks the Calm category and play the 4-7-8 breathing technique audio. There is also a description on what each one are.

[Project A] Journal Features v

→ editing features similar to doc

Users explore the journaling feature

[Project A] To do Features v

Completed

|                                            |              |  |
|--------------------------------------------|--------------|--|
| <input checked="" type="checkbox"/> Task 1 | 3 PM 8/19/25 |  |
| <input type="checkbox"/> Task 2            | ?            |  |
| <input type="checkbox"/> Task 3            | 4 AM 4/1/25  |  |

User tries the task scheduling feature. Gear box to set time and date. Click completed to check past tasks

[Project A] Motivation Features v

" " Categories

Users try the motivational content feature that has quotes and categories for the types they want. Can also like the quotes

[Project A] Tips Features v

tips category

list of tips based on category

User explore the stress management's tips feature. Can save with the star.

[Project A] Discover

Search...

Topics

All... 100

Engineering... 20

Business... 10

Arts... 15

Sci... 5

Discussion Room

Interview prep

20 people

X people

X people

my account

connections:

User try out community feature they can use search bar to find people, rooms, and topics.

Back

Settings

edit user profile

Theme > → dark/light

view progress

User go into settings to customize their experience

Back

User profile

edit

name:

email:

Change Password

editing

User go into their profile settings where they can add a profile picture and edit their information.

Back

Progress view

Pomodoro timer stats

Total session completed: 15

Time spent in focus mode: 6 hours

Relaxation exercise stats

Mindfulness sessions completed: 10

Users check their life time stats in the progress view.