STAT 216 Coursepack



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This resource was developed by Melinda Yager, Jade Schmidt, and Stacey Hancock in 2021 to accompany the online textbook: Hancock, S., Carnegie, N., Meyer, E., Schmidt, J., and Yager, M. (2021). *Montana State Introductory Statistics with R.* Montana State University. https://mtstateintrostats.github.io/IntroStatTextbook/.

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Preface

This coursepack accompanies the textbook for STAT 216: Montana State Introductory Statistics with R, which can be found at https://mtstateintrostats.github.io/IntroStatTextbook/. The syllabus for the course (including the course calendar), data sets, and links to D2L Brightspace, Gradescope, and the MSU RStudio server can be found on the course webpage: https://math.montana.edu/courses/s216/. Other notes and review materials are linked in D2L.

Each of the activities in this workbook is designed to target specific learning outcomes of the course, giving you practice with important statistical concepts in a group setting with instructor guidance. In addition to the in-class activities for the course, video notes are provided to aid in taking notes while you complete the required videos. Bring this workbook with you to class each class period, and take notes in the workbook as you would your own notes. A well-written completed workbook will provide an optimal study guide for exams!

All activities and labs in this coursepack will be completed during class time. Parts of each lab will be turned in on Gradescope. To aid in your understanding, read through the introduction for each activity before attending class each day.

STAT 216 is a 3-credit in-person course. In our experience, it takes six to nine hours per week outside of class to achieve a good grade in this class. By "good" we mean at least a C because a grade of D or below does not count toward fulfilling degree requirements. Many of you set your goals higher than just getting a C, and we fully support that. You need roughly nine hours per week to review past activities, read feedback on previous assignments, complete current assignments, and prepare for the next day's class. A typical week in the life of a STAT 216 student looks like:

- Prior to class meeting:
 - Read assigned sections of the textbook, using the provided reading guides to take notes on the material.
 - Watch the provided videos, taking notes in the coursepack.
 - Read through the introduction to the day's in-class activity.
 - Read through the week's homework assignment and note any questions you may have on the content.
- During class meeting:
 - Work through the guided activity, in-class activity or weekly lab with your classmates and instructor, taking detailed notes on your answers to each question in the activity.
- After class meeting:
 - Complete any parts of the activity you did not complete in class.
 - Review the activity solutions in the Math and Stat Center, and take notes on key points.
 - Complete any remaining assigned readings for the week.
 - Complete the week's homework assignment.

Inference for a Single Quantitative Variable

1.1 Vocabulary Review and Key Topics

Review the Golden Ticket posted in the resources at the end of the coursepack for a summary of a single quantitative variable. Module 6 will cover hypothesis testing using both simulation and theory-based methods.

- The **summary measure** for one quantitative variable is the **mean**
- Additionally, we can find the five number summary (min, Q1, median, Q3, max) as well as the sample standard deviation
- R code to find the summary statistics for a quantitative variable

```
object %>% # Data set piped into...
summarise(favstats(variable))
```

- Quartile 1, Q_1 : value at the 25th percentile; approximately 25% of data values are at and below the value of Q_1
- Quartile 2, Q_3 : value at the 75th percentile; approximately 75% of data values are at and below the value of Q_3
- Sample standard deviation, s: on average, each value in the data set is s units from the mean of the data set
- Interquartile range: $IQR = Q_3 Q_1$

Types of plot for one quantitative variables

- **Histogram**: sorts a quantitative variable into bins of a certain width
- R code to create a histogram

```
object %>% # Data set piped into...
ggplot(aes(x = variable)) + # Name variable to plot
geom_histogram(binwidth = 10) + # Create histogram with specified binwidth
labs(title = "Don't forget to title the plot!", # Title for plot
    x = "x-axis label", # Label for x axis
    y = "y-axis label") # Label for y axis
```

- Boxplot: plots the values of the five number summary and shows any outliers in the data set
- R code to create a boxplot

```
object %>% # Data set piped into...
    ggplot(aes(x = variable)) + # Name variable to plot
    geom_boxplot() + # Create boxplot
    labs(title = "Don't forget to title the plot!", # Title for plot
        x = "x-axis label", # Label for x axis
        y = "y-axis label") # Label for y axis
```

• Dotplot: plots each value as a dot along the x-axis

- Four characteristics of boxplots
 - Shape (symmetric or skewed)
 - Center
 - Spread
 - Outliers?

Simulation Hypothesis Testing

Hypotheses for a single quantitative variable:

$$\begin{split} H_0: \mu &= \mu_0 \\ H_A: \mu \left\{ \begin{array}{l} < \\ \neq \\ < \end{array} \right\} \mu_0 \end{split}$$

• R code to use for **simulation methods** for one quantitative variable to find the p-value, one_mean_test, is shown below. Review the comments (instructions after the #) to see what each should be entered for each line of code.

```
one_mean_test(object$variable, #Enter the object name and variable

null_value = xx, #Enter the null value for the study

summary_measure = "mean", #Can choose between mean or median

shift = xx, #Difference between the null value and the sample mean

as_extreme_as = xx, #Value of the summary statistic

direction = "xx", #Specify direction of alternative hypothesis

number_repetitions = 10000)
```

Theory-based Hypothesis Testing

- Theory-based methods: when specific conditions are met, a data can be fit with a theoretical distribution
- Conditions for the sampling distribution of \bar{x} to follow an approximate normal distribution:
 - **Independence**: The sample's observations are independent, e.g., are from a simple random sample. (*Remember*: This also must be true to use simulation methods!)
 - Large enough sample size: Normality Condition: The sample observations come from a normally distributed population. To check use the following rules of thumb:
 - * n < 30: The distribution of the sample must be approximately normal with no outliers
 - * $30 \ge n < 100$: We can relax the condition a little; the distribution of the sample must have no extreme outliers or skewness
 - * n > 100: Can assume the sampling distribution of \bar{x} is nearly normal, even if the underlying distribution of individual observationals is not
- t-distribution: a theoretical distribution that is symmetric with a given degrees of freedom (n-1)
 - $-t_{n-1}$
- Standardized sample mean: standardized statistic for a single quantitative variable calculated using:

$$T = \frac{\bar{x} - \mu_0}{SE(\bar{x})},$$

• Standard error of the sample mean assuming the null is true: measures the how far each possible sample mean is from the true mean, on average and is calculated using the formula below:

$$SE(\bar{x}) = \frac{s}{\sqrt{n}}$$

- The following R code is used to find the p-value using theory based methods for a single quantitative variables.
 - pt will give you a p-value using the t-distribution with n-1 df (enter for yy)
 - Enter the value of the standardized statistic for xx
 - If a greater than alternative, change lower.tail = TRUE to FALSE.
 - If a two-sided test, multiply by 2.

```
pt(xx, df = yy, lower.tail=TRUE)
```

Exploratory data analysis

At the end of this module, you should understand how to calculate a summary statistic and plot a single quantitative variable.

- Notation for a sample mean: \bar{x}
- Notation for a population mean: μ
- Types of plots for a single categorical variable:
 - Histogram
 - Boxplot
 - Dotplot

1.2 Video Notes: Exploratory Data Analysis of Quantitative Variables

Read Chapters 5 and 17 in the course textbook. Use the following videos to complete the video notes for Module 6.

1.2.1 Course Videos

• QuantitativeData

*5.2to5.4

- 5.5to5.6
- 5.7

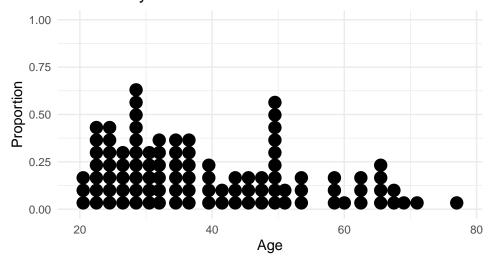
Summarizing quantitative data - Videos 5.2to5.4 and 5.5to5.6

Types of plots

We will revisit the moving to Montana data set and plot the age of the buyers.

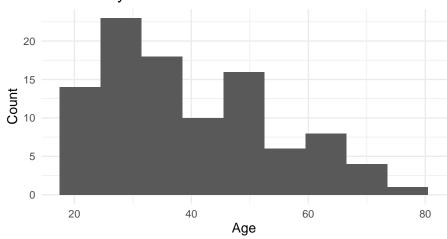
Dotplot:

Dotplot of Age of Buyers from Gallatin County Home Sales



Histogram:

Histogram of Age of Buyers from Gallatin County Home Sales



Quantitative data can be numerically summarized by finding:

Two measures of center:

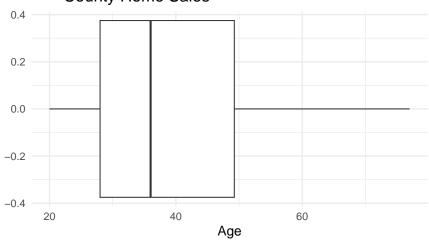
- Mean: _____ of all the _____ in the data set.
 - Sum the values in the data set and divide the sum by the sample size
- Notation used for the population mean:
 - Single quantitative variable:
 - One categorical and one quantitative variable:
 - Subscripts represent the ______ variable groups
- Notation used for the sample mean:
 - Single quantitative variable:
 - One categorical and one quantitative variable:

• Median: Value at t	the percentile		
	$_$ % of values are at and $_$	and at and	_ the value
of the			
– Middle value i	in a list of ordered values		
Two measures of spread:			
• Standard deviation	: Average	_ each data point is from the	of
the data set.			
- Notation use	ed for the population standard deviation		
- Notation use	ed for the sample standard deviation		
• Interquartile range	: middle 50% of data values		
Formula:			
Quartile 3 (Q	3) - value at the 75th percentile		
	$_{}$ % of values are at and $_{}$	the value of Q3	
Quartile 1 (Q	1) - value at the 25th percentile		
	$_{}$ % of values are at and $_{}$	the value of Q1	

Boxplot (3rd type of plot for quantitative variables)

- Five number summary: minimum, Q1, median, Q3, maximum

Boxplot of Age of Buyers from Gallatin County Home Sales



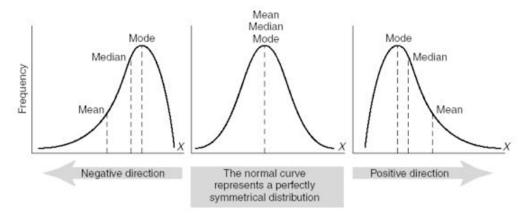
favstats(moving\$Age)

Interpret the value of Q_3 for the age of buyers.

Interpret the value of s for the age of buyers.

Four characteristics of plots for quantitative variables

• Shape: overall pattern of the data



- What is the shape of the distribution of age of buyers for Gallatin County home sales?
- Center:

Mean or Median

- Report the measure of center for the boxplot of age of buyers for Gallatin County home sales.
- Spread (or variability):

Standard deviation or IQR

- Report the IQR for the distribution of age of buyers from Gallatin County home sales.
- Outliers?

values
$$< Q_1 - 1.5 \times IQR$$

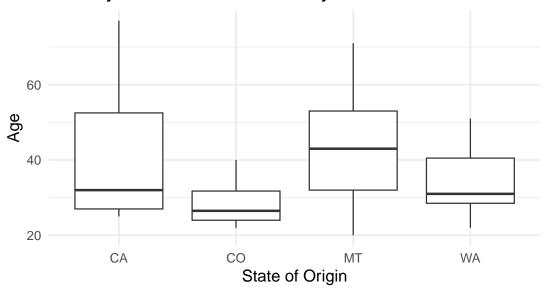
values
$$> Q_3 + 1.5 \times IQR$$

- Use these formulas to show that there are no outliers in the distribution of age of buyers from Gallatin County home sales.

Let's look at side-by-side boxplot of the variable age by state of origin moved from.

```
moving %>%  # Data set piped into...
ggplot(aes(y = Age, x = From))+  # Identify variables
geom_boxplot()+  # Tell it to make a box plot
labs(title = "Side by side box plot of Age by State of Origin
of Buyers from Gallatin County Home Sales",  # Title
    x = "State of Origin",  # x-axis label
    y = "Age")  # y-axis label
```

Side by side box plot of Age by State of Origin of Buyers from Gallatin County Home Sales

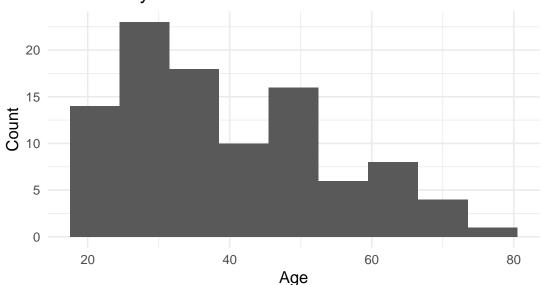


- Which state of origin had the oldest median age of buyers from sampled home sales?
- Which state of origin had the most variability in age of buyers from sampled home sales?
- Which state of origin had the most symmetric distribution of ages of buyers from sampled home sales?
- Which state of origin had outliers for the age of buyers from sampled home sales?

Robust statistics - Video 5.7

Let's review the summary statistics and histogram of age of buyers from sampled home sales.





#> min Q1 median Q3 max mean sd n missing
#> 20 28 36 49.25 77 39.77 14.35471 100 0

Notice that the _____ has been pulled in the direction of the ____

- The _____ is a robust measure of center.
- The _____ is a robust measure of spread.
- Robust means not ______ by outliers.

When the distribution is symmetric use the _____ as the measure of center and the ____ as the measure of spread.

When the distribution is skewed with outliers use the ______ as the measure of center and the ______ as the measure of spread.

1.2.2 Video notes single quantitative variable inference

Example: What is the average weight of adult male polar bears? The weight was measured on a representative sample of 83 male polar bears from the Southern Beaufort Sea.

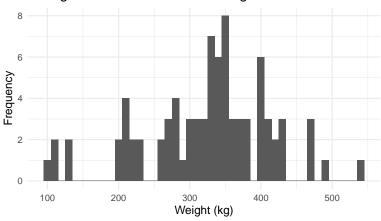
```
pb <- read.csv("https://math.montana.edu/courses/s216/data/polarbear.csv")</pre>
```

Plots of the data:

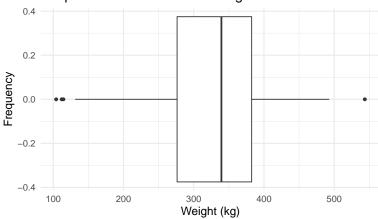
```
pb %>%
    ggplot(aes(x = Weight)) +  # Name variable to plot
    geom_histogram(binwidth = 10) +  # Create histogram with specified binwidth
    labs(title = "Histogram of Male Polar Bear Weight", # Title for plot
        x = "Weight (kg)", # Label for x axis
        y = "Frequency") # Label for y axis

pb %>% # Data set piped into...
ggplot(aes(x = Weight)) +  # Name variable to plot
    geom_boxplot() +  # Create boxplot
    labs(title = "Boxplot of Male Polar Bear Weight", # Title for plot
        x = "Weight (kg)", # Label for x axis
        y = "Frequency") # Label for y axis
```

Histogram of Male Polar Bear Weight



Boxplot of Male Polar Bear Weight



Summary Statistics:

```
pb %>%
summarise(favstats(Weight)) #Gives the summary statistics
#> min Q1 median Q3 max mean sd n missing
#> 1 104.1 276.3 339.4 382.45 543.6 324.5988 88.32615 83 0
```

Hypothesis testing

Hypotheses are always written about the	For a single mean	
we will use the notation		
Null Hypothesis:		
H_0 :		
Alternative Hypothesis:		
H_A :		

Simulation-based method

• Simulate many samples assuming $H_0: \mu = \mu_0$

- Direction of the alternative depends on the $_$

- Shift the data by the difference between μ_0 and \bar{x}
- Sample with replacement \boldsymbol{n} times from the shifted data
- $\,-\,$ Plot the simulated shifted sample mean from each simulation
- Repeat 1000 times (simulations) to create the null distribution
- Find the proportion of simulations at least as extreme as \bar{x}

Example: Is there evidence that male polar bears weigh less than 370kg (previously recorded measure), on average? The weight was measured on a representative sample of 83 male polar bears from the Southern Beaufort Sea.

Hypotheses:

In notation:

 H_0 :

 $H_A:$

In words:

 H_0 :

 $H_A:$

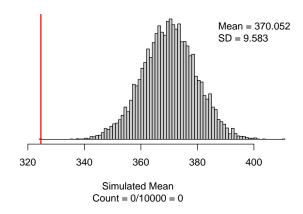
Reminder of summary statistics:

```
pb %>%
    summarise(favstats(Weight)) #Gives the summary statistics
#> min Q1 median Q3 max mean sd n missing
#> 1 104.1 276.3 339.4 382.45 543.6 324.5988 88.32615 83 0
```

Find the difference:

```
\mu_0 - \bar{x} =
```

```
set.seed(216)
one_mean_test(pb$Weight, #Enter the object name and variable
    null_value = 370, #Enter null value for the study
    summary_measure = "mean", #Can choose between mean or median
    shift = 45.4, # Shift needed for bootstrap hypothesis test
    as_extreme_as = 324.6, # Observed statistic
    direction = "less", # Direction of alternative
    number_repetitions = 10000) # Number of simulated samples for null distribution
```



Interpretation of the p-value:

- Statement about probability or proportion of samples
- Statistic (summary measure and value)
- Direction of the alternative
- Null hypothesis (in context)

Conclusion:

- Amount of evidence
- Parameter of interest
- Direction of the alternative hypothesis

Theory-based method

Conditions for inference using theory-based methods:

- Independence:
- Large enough sample size:

T - distribution

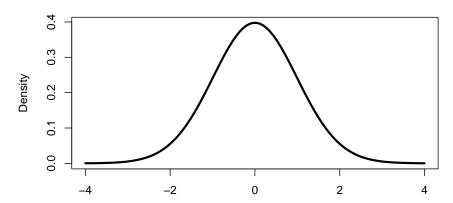
In the theoretical approach, we use the CLT to tell us that the distribution of sample means will be approximately normal, centered at the assumed true mean under H_0 and with standard deviation $\frac{\sigma}{\sqrt{n}}$.

$$\bar{x} \sim N(\mu_0, \frac{\sigma}{\sqrt{n}})$$

- Estimate the population standard deviation, σ , with the ______ standard deviation, _____.
- For a single quantitative variable we use the _____ distribution with _____ degrees of freedom to approximate the sampling distribution.

The t^* multiplier is the value at the given percentile of the t-distribution with n-1 degrees of freedom.

t-distribution with 82 df

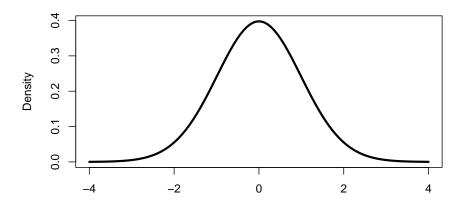


- Calculate the standardized statistic
- Find the area under the t-distribution with n-1 df at least as extreme as the standardized statistic Equation for the standard error of the sample mean:

Equation for the standardized sample mean:

Calculate the standardized sample mean weight of adult male polar bears:

t-distribution with 82 df



Interpret the standardized sample mean weight:

To find the theory-based p-value:

```
pt(-4.683, df=82, lower.tail=TRUE)
#> [1] 5.531605e-06
```

1.2.3 Concept Check

Be prepared for group discussion in the next class. One member from the table should write the answers to the following on the whiteboard.

- 1. What plots can be used to summarize quantitative data?
- 2. Which measure of center is robust to outliers?

1.3 Activity 11: Summarizing Quantitative Variables

1.3.1 Learning outcomes

- Identify and create appropriate summary statistics and plots given a data set or research question for quantitative data.
- Interpret the following summary statistics in context: median, lower quartile, upper quartile, standard deviation, interquartile range.

1.3.2 Terminology review

In today's activity, we will review summary measures and plots for quantitative variables. Some terms covered in this activity are:

- Two measures of center: mean, median
- Two measures of spread (variability): standard deviation, interquartile range (IQR)
- Plots of quantitative variables: dotplots, boxplots, histograms
- Given a plot or set of plots, describe and compare the distribution(s) of quantitative variables (center, variability, shape, outliers).

To review these concepts, see Chapter 5 in the textbook.

1.3.3 The Integrated Postsecondary Education Data System (IPEDS)

These data were collected on a subset of institutions that met the following selection criteria (Education Statistics 2018):

- Degree granting
- United States only
- Title IV participating
- Not for profit
- 2-year or 4-year or above
- Has full-time first-time undergraduates

Some of the variables collected and their descriptions are below. Note that several variables have missing values for some institutions (denoted by "NA").

Variable	Description	
UnitID	Unique institution identifier	
Name	Institution name	
State	State abbreviation	
Sector	whether public or private	
LandGrant	Is this a land-grant institution (Yes/No)	
Size	Institution size category based on total student enrolled for credit, Fall 2018: Under 1,000, 1,000\$\\$-4,999, 5,000-9,999, 10,000-\\$19,999, 20,000 and above	
Cost_OutofState	Cost of attendance for full-time out-of-state undergraduate students	
Cost_InState	Cost of attendance for full-time in-state undergraduate students	
Retention	Retention rate is the percent of the undergraduate students that re-enroll in the next year	
Graduation_Rate	6-year graduation rate for undergraduate students	

Variable	Description
SATMath_75	75th percentile Math SAT score
ACT_75	75th percentile ACT score

Identifying Variables in a data set

Look through the provided chart showing the description of variables measured. The UnitID and Name are identifiers for each observational unit, *US degree granting institutions in 2018*.

1. Identify in the chart which variables collected on the US institutions are categorical (C) and which variables are quantitative (Q).

Summarizing quantitative variables

The favstats() function from the mosaic package gives the summary statistics for a quantitative variable. The R output below provides the summary statistics for the variable Graduation_Rate. The summary statistics provided are the two measures of center (mean and median) and two measures of spread (standard deviation and the quartile values to calculate the IQR) for IMDb score.

- Highlight and run lines 1 12 in the provided R script file to load the data set. Check that the summary statistics match the output given in the coursepack.
- Notice that the 2-year institutions were removed so the observational units for this study are 4-year higher education institutions.

```
IPEDS <- read.csv("https://www.math.montana.edu/courses/s216/data/IPEDS_2018.csv")
IPEDS <- IPEDS %>%
    filter(Sector != "Public 2-year") # Filters the data set to remove Public 2-year
IPEDS <- IPEDS %>%
    filter(Sector != "Private 2-year") # Filters the data set to remove Private 2-year
IPEDS %>%
    summarize(favstats(Graduation_Rate))
```

- 2. Report the values for the two measures of center (mean and median).
- 3. Calculate the interquartile range (IQR = Q3 Q1) of Graduation Rates.
- 4. Report the value of the standard deviation and interpret this value in context of the problem.
- 5. Interpret the value of Q_3 in context of the study.

Displaying a single quantitative variable

There are three type of plots used to plot a single quantitative variable: a dotplot, a histogram or a boxplot. A dotplot of graduation rate would plot a dot for the graduation rate for each 4-year US higher education institution.

First, let's create a histogram of the variable Graduation Rate.

- Enter the name of the variable in line 19 for variable in the R script file.
- Replace the word title for the plot in line 21 between the quotations with a descriptive title. A title should include: type of plot, variable or variables plotted, and observational units.
- Highlight and run lines 18 ?? to create the histogram.

```
IPEDS %>% # Data set piped into...
ggplot(aes(x = xx)) +  # Name variable to plot
geom_histogram(binwidth = 10) +  # Create histogram with specified binwidth
labs(title = "Don't forget to title the plot!", # Title for plot
    x = "Graduation Rate", # Label for x axis
    y = "Frequency") # Label for y axis
```

Notice that the **bin width** for the histogram is 10. For example the first bin consists of the number of institutions in the data set with a graduation rate of 0 to 10%. It is important to note that a graduation rate on the boundary of a bin will fall into the bin above it; for example, 20 would be counted in the bin 20–30.

6. Which range of Graduation Rates have the highest frequency?

Next we will create a boxplot of the variable Graduation_Rate.

- Enter the name of the variable in line 19 for variable in the R script file.
- Highlight and run lines....

```
IPEDS %>% # Data set piped into...
ggplot(aes(x = variable)) + # Name variable to plot
  geom_boxplot() + # Create boxplot with specified binwidth
  labs(title = "Boxplot of Graduation Rates for 4-year Higher Education Institutions", # Title for plot
        x = "Graduation_Rate", # Label for x axis
        y = "") + # Remove y axis label
    theme(axis.text.y = element_blank(),
        axis.ticks.y = element_blank()) # Removes y-axis ticks
```

7. Sketch the boxplot created and identify the values of the 5-number summary (minimum value, Q1, median, Q3, maximum value) on the plot. Use the following formulas to find the invisible fence on both ends of the distribution. Draw a dotted line at the invisible fence to show how the outliers were found.

Lower Fence: values $\leq Q1 - 1.5 \times IQR$

Upper Fence: values $\geq Q3 + 1.5 \times IQR$

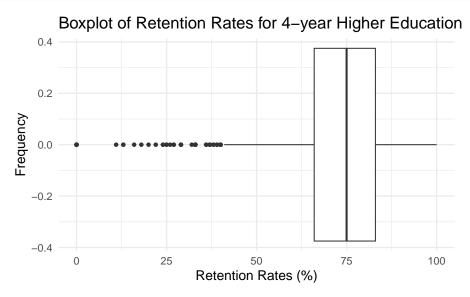
When describing plots of quantitative variables we discuss the shape (symmetric or skewed), the center (mean or median), spread (standard deviation or IQR), and if there are outliers present.

- 8. What is the shape of the distribution of graduation rates?
- 9. From which plot (histogram or boxplot) is it easier to determine the shape of the distribution?
- 10. From which plot is it easier to determine if there are outliers?

Robust Statistics

Let's examine how the presence of outliers affect the values of center and spread. For this part of the activity we will look at the variable retention rate in the IPEDS data set.

```
IPEDS %>% # Data set piped into...
   summarise(favstats(Retention))
#>
     min Q1 median Q3 max
                             mean
                                        sd
                                              n missing
       0 66
                75 83 100 73.8525 15.14323 1817
IPEDS %>% # Data set piped into...
   ggplot(aes(x = Retention)) + # Name variable to plot
   geom boxplot() + # Create boxplot
   labs(title = "Boxplot of Retention Rates for 4-year Higher Education Institutions", # Title for plot
         x = "Retention Rates (%)", # Label for x axis
         y = "Frequency") # Label for y axis
#> Warning: Removed 150 rows containing non-finite outside the scale range
#> (`stat_boxplot()`).
```

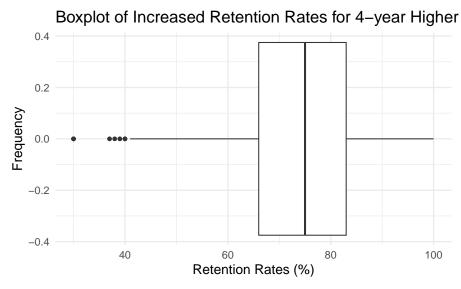


11. Report the two measures of center for these data.

12. Report the two measures of spread for these data.

To show the effect of outliers on the measures of center and spread, the smallest values of retention rate in the data set were increased by 30%. This variable is called Retention_Inc.

```
IPEDS %>% # Data set piped into...
    summarise(favstats(Retention_Inc))
    min Q1 median Q3 max
                             mean
                                               n missing
                                         sd
                75 83 100 74.49642 13.41255 1817
#> 1 30 66
                                                     150
IPEDS %>% # Data set piped into...
    ggplot(aes(x = Retention_Inc)) + # Name variable to plot
    geom_boxplot() + # Create histogram
labs(title = "Boxplot of Increased Retention Rates for 4-year Higher Education Institutions", # Title for
x = "Retention Rates (%)", # Label for x axis
y = "Frequency") # Label for y axis
#> Warning: Removed 150 rows containing non-finite outside the scale range
#> (`stat_boxplot()`).
```



- 13. Report the two measures of center for this new data set.
- 14. Report the two measures of spread for this new data set.
- 15. Which measure of center is robust to outliers? Explain your answer.

16. Which measure of spread is robust to outliers? Explain your answer.

1.3.4 Take-home messages

- 1. Histograms, box plots, and dot plots can all be used to graphically display a single quantitative variable.
- 2. The box plot is created using the five number summary: minimum value, quartile 1, median, quartile 3, and maximum value. Values in the data set that are less than $Q_1 1.5 \times IQR$ and greater than $Q_3 + 1.5 \times IQR$ are considered outliers and are graphically represented by a dot outside of the whiskers on the box plot.
- 3. Data should be summarized numerically and displayed graphically to give us information about the study.
- 4. When comparing distributions of quantitative variables we look at the shape, center, spread, and for outliers. There are two measures of center: mean and the median and two measures of spread: standard deviation and the interquartile range, IQR = Q3 Q1.

1.3.5 Additional notes

Use this space to summarize your thoughts and take additional notes on today's activity and material covered.

1.4 Activity 12: Hypothesis Testing of a Single Quantitative Variable

1.4.1 Learning outcomes

- Given a research question involving one quantitative variable, construct the null and alternative hypotheses in words and using appropriate statistical symbols.
- Investigate the process of creating a null distribution for one quantitative variable
- Find, evaluate, and interpret a p-value from the null distribution

1.4.2 Terminology review

In today's activity, we will simulation and theory-based methods to analyze a single quantitative variable. Some terms covered in this activity are:

- Null hypothesis
- Alternative hypothesis

To review these concepts, see Chapter 17 in the textbook.

1.4.3 College student sleep habits

According to the National Institutes of Health (NIH) (add reference), experts recommend adults (>18) get at least 7 hours of sleep per night. A survey was sent to students in four sections of Stat 216 asking about their sleep habits. Is there evidence that sleep college students get less than the recommended 7 hours of sleep per night, on average?

Summarizing quantitative variables

- Download the R script file and data file for this activity
- Upload both files to the RStudio server and open the R script file
- Enter the name of the dataset for datasetname.csv
- Highlight and run lines 1–8 to load the data

Ask a research question

1. Write the parameter of interest in context of	the stud	v.
--	----------	----

- 2. Write the null hypothesis in words in context of the study.
- 3. Write the alternative hypothesis in notation.

Summarize and visualize the data

The favstats() function from the mosaic package gives the summary statistics for a quantitative variable.

- Enter the variable name, SleepHours for variable in line 13
- Highlight and run lines 12–13

```
sleep %>%
summarize(favstats(SleepHours))
```

```
#> min Q1 median Q3 max mean sd n missing #> 1 3 6 7 7.8 13 6.919376 1.467231 123 0
```

4. How far is each number of hours of sleep for a Stat 216 student from the mean number of hours of sleep, on average?

Create a boxplot of the variable SleepHours.

• Enter the name of the variable in line 19 for variable in the R script file.

```
sleep %>% # Data set piped into...
ggplot(aes(x = SleepHours)) + # Name variable to plot
geom_boxplot() + # Create boxplot with specified binwidth
labs(title = "Boxplot of 216 Students Sleep Hours", # Title for plot
    x = "Amount of sleep (hrs)", # Label for x axis
    y = "") + # Remove y axis label
theme(axis.text.y = element_blank(),
    axis.ticks.y = element_blank()) # Removes y-axis ticks
```

5. Describe the boxplot using the four characteristics of boxplots.

Simulation methods

To simulate the null distribution of sample means we will use a bootstrapping method. Recall that the null distribution must be created under the assumption that the null hypothesis is true. Therefore, before bootstrapping, we will need to *shift* each data point by the difference $\mu_0 - \bar{x}$. This will ensure that the mean of the shifted data is μ_0 (rather than the mean of the original data, \bar{x}), and that the simulated null distribution will be centered at the null value.

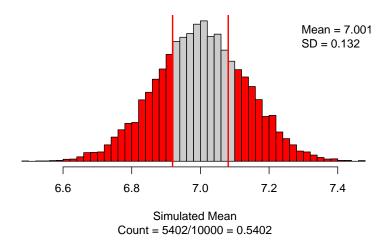
- 6. Calculate the difference $\mu_0 \bar{x}$. Will we need to shift the data up or down?
- Open the data set (sleep_college) in Excel
- Create a new column labeled Shift
- In the column, Shift, add the shifted value to each value in the column, SleepHours
- Save the file and upload again to the RStudio server
- Find the favstats of the variable, Shift

```
sleep2 <- read.csv("data/sleep_college2.csv")
sleep2 %>%
    summarize(favstats(Shift))
```

```
#> min Q1 median Q3 max mean sd n missing
#> 1 3.081 6.081 7.081 7.881 13.081 7.000376 1.467231 123 0
```

- 7. Report the mean of the Shift variable. Why does it make sense that this value is the same as the null value?
- 8. Report the standard deviation of the Shift variable. How does this compare to the standard deviation for the variable SleepHours? Explain why these values are the same?
- 9. What inputs should be entered for each of the following to create the simulation?
- Null Value (What is the null value for the study?):
- Summary measure ("mean" or "median"):
- Shift (Difference between $\mu_0 \bar{x}$):
- As extreme as (enter the value for the sample difference in proportions):
- Direction ("greater", "less", or "two-sided"):
- Number of repetitions:

Using the R script file for this activity, enter your answers for question 7 in place of the xx's to produce the null distribution with 1000 simulations; highlight and run lines 1–16.



10. Interpret the p-value of the test in context of the problem.

11. Write a conclusion to the test in context of the problem.

1.4.4 Take-home messages

- 1. Histograms, box plots, and dot plots can all be used to graphically display a single quantitative variable.
- 2. The box plot is created using the five number summary: minimum value, quartile 1, median, quartile 3, and maximum value. Values in the data set that are less than $Q_1 1.5 \times IQR$ and greater than $Q_3 + 1.5 \times IQR$ are considered outliers and are graphically represented by a dot outside of the whiskers on the box plot.
- 3. Data should be summarized numerically and displayed graphically to give us information about the study.
- 4. When comparing distributions of quantitative variables we look at the shape, center, spread, and for outliers. There are two measures of center: mean and the median and two measures of spread: standard deviation and the interquartile range, IQR = Q3 Q1.

1.4.5 Additional notes

Use this space to summarize your thoughts and take additional notes on today's activity and material covered.

1.5 Activity 13: Body Temperature

1.5.1 Learning outcomes

- Given a research question involving a quantitative variable, construct the null and alternative hypotheses in words and using appropriate statistical symbols.
- Describe and perform a theory-based hypothesis test for a single mean.
- Interpret and evaluate a p-value for a theory-based hypothesis test for a single mean.

1.5.2 Terminology review

In today's activity, we will analyze quantitative data using theory-based methods. Some terms covered in this activity are:

- Normality
- \bullet t-distribution
- Degrees of freedom
- T-score

To review these concepts, see Chapter 5and? in the textbook.

1.5.3 Body Temperature

It has long been reported that the mean body temperature of adults is 98.6°F. There have been a few articles that challenge this assertion. In 2018, a sample of 52 Stat 216 undergraduates, were asked to report their body temperature. Is there evidence that body temperatures of adults differ from the known temperature of 98.6°F?

Ask a research question

- 1. Write out the null hypothesis in proper notation for this study.
- 2. Write out the null hypothesis in words for this study.

In general, the sampling distribution for a sample mean, \bar{x} , based on a sample of size n from a population with a true mean μ and true standard deviation σ can be modeled using a Normal distribution when certain conditions are met.

Conditions for the sampling distribution of \bar{x} to follow an approximate Normal distribution:

- **Independence**: The sample's observations are independent. For paired data, that means each pairwise difference should be independent.
- Normality: The data should be approximately normal or the sample size should be large.
 - -n < 30: If the sample size n is less than 30 and the distribution of the data is approximately normal with no clear outliers in the data, then we typically assume the data come from a nearly normal distribution to satisfy the condition.

- $-30 \le n < 100$: If the sample size n is betwe 30 and 100 and there are no particularly extreme outliers in the data, then we typically assume the sampling distribution of \bar{x} is nearly normal, even if the underlying distribution of individual observations is not.
- $-n \ge 100$: If the sample size n is at least 100 (regardless of the presence of skew or outliers), we typically assume the sampling distribution of \bar{x} is nearly normal, even if the underlying distribution of individual observations is not.

Comparison of t Distributions

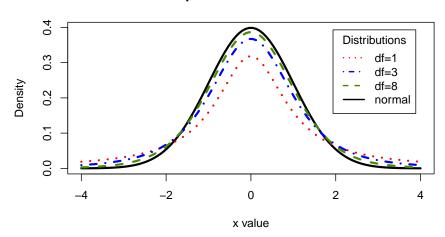


Figure 1.1: Comparison of the standard Normal vs t-distribution with various degrees of freedom

Like we saw in Chapter 5, we will not know the values of the parameters and must use the sample data to estimate them. Unlike with proportions, in which we only needed to estimate the population proportion, π , quantitative sample data must be used to estimate both a population mean μ and a population standard deviation σ . This additional uncertainty will require us to use a theoretical distribution that is just a bit wider than the Normal distribution. Enter the t-distribution!

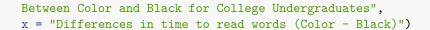
As you can seen from Figure 1.1, the t-distributions (dashed and dotted lines) are centered at 0 just like a standard Normal distribution (solid line), but are slightly wider. The variability of a t-distribution depends on its degrees of freedom, which is calculated from the sample size of a study. (For a single sample of n observations or paired differences, the degrees of freedom is equal to n-1.) Recall from previous classes that larger sample sizes tend to result in narrower sampling distributions. We see that here as well. The larger the sample size, the larger the degrees of freedom, the narrower the t-distribution. (In fact, a t-distribution with infinite degrees of freedom actually IS the standard Normal distribution!)

Summarize and visualize the data

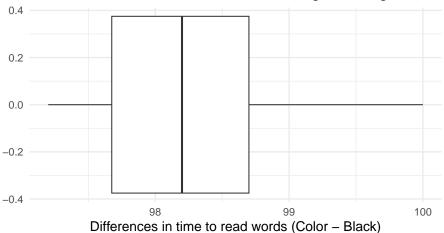
The following code is used to create a boxplot of the data.

- Download the R script file for this activity and upload to the R studio server.
- Open the file and follow the instructions given in the R file.

```
bodytemp <- read.csv("data/normal_temperature.csv")
bodytemp %>%
    ggplot(aes(x = Temp))+
    geom_boxplot()+
    labs(title="Boxplot of the Difference in Time to Read Words
```



Boxplot of the Difference in Time to Read Words Between Color and Black for College Undergraduates



The following code gives the summary statistics for the pairwise differences.

```
bodytemp %>%
  summarise(favstats(Temp))
```

```
#> min Q1 median Q3 max mean sd n missing
#> 1 97.2 97.675 98.2 98.7 100 98.28462 0.6823789 52 0
```

Check theoretical conditions

- 3. Report the sample size of the study. Give appropriate notation.
- 4. Report the sample mean of the study. Give appropriate notation.
- 5. How do you know the independence condition is met for these data?
- 6. Is the normality condition met to use the theory-based methods for analysis? Explain your answer.

Use statistical inferential methods to draw inferences from the data

To find the standardized statistic for the mean we will use the following formula:

$$T = \frac{\bar{x} - \mu_0}{SE(\bar{x})},$$

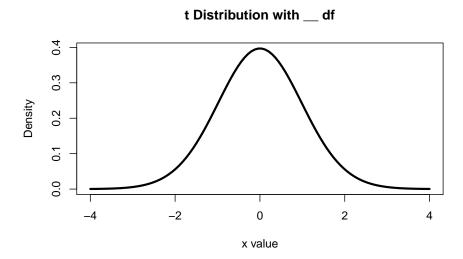
where the standard error of the sample mean difference is:

$$SE(\bar{x}) = \frac{s}{\sqrt{n}}.$$

- 7. Calculate the standard error of the sample mean.
- 8. Interpret the standard error in context of the study.

9. Calculate the standardized mean.

- 10. We model a single mean with a t-distribution with n-1 degrees of freedom. Calculate the degrees of freedom for this study.
- 11. Mark the value of the standardized statistic on the t-distribution and illustrate how the p-value is found.



To find the p-value for the theory-based test:

• Enter the value for the standardized statistic for xx in the pt function.

- Enter the df for yy in the pt function.
- Highlight and run line 27

```
pt(xx, df=yy, lower.tail=FALSE)
```

12. What does this p-value mean, in the context of the study? Hint: it is the probability of what...assuming what?

Next we will calculate a theory-based confidence interval. To calculate a theory-based confidence interval for the paired mean difference, use the following formula:

$$\bar{x} \pm t^* \times SE(\bar{x}).$$

We will need to find the t^* multiplier using the function qt().

- Enter the appropriate percentile in the R code to find the multiplier for a 90% confidence interval.
- Enter the df for yy.
- Highlight and run lines ...

```
qt(percentile, df = yy, lower.tail=TRUE)
```

- 13. Report the t^* multiplier for the 90% confidence interval.
- 14. Calculate the margin of error for the true mean using theory-based methods.
- 15. Calculate the confidence interval.
- 16. Interpret the confidence interval in context of the study.

17. Write a conclusion to the test in context of the study.

1.5.4 Take-home messages

- 1. In order to use theory-based methods for dependent groups (paired data), the independent observational units and normality conditions must be met.
- 2. A T-score is compared to a t-distribution with n-1 df in order to calculate a one-sided p-value. To find a two-sided p-value using theory-based methods we need to multiply the one-sided p-value by 2.
- 3. A t^* multiplier is found by obtaining the bounds of the middle X% (X being the desired confidence level) of a t-distribution with n-1 df.

1.5.5 Additional notes

Use this space to summarize your thoughts and take additional notes on today's activity and material covered

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