



# Meal Plan

- Sun

24
- Mon

25
- Tue

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- Wed

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- Thr

28
- Fri

29
- Sat

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Sunday, 24 May



## Breakfast

☐

Penaut Butter

8:00 AM

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FRIED EGG

8:00 AM

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## Lunch

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Penaut Butter

8:00 AM

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FRIED EGG

8:00 AM

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## Dinner