

| Marymoor WIOL 2 | | | | | | | | | |
|-----------------|----|---|--------|-----|---|----|--|--|-----------------------------------|
| Course 1 | | | 1.5 km | | | | | | |
| ▷ | | | ⊙ | | | | | | Start: clearing |
| 1 | 73 | ↑ | △ | | | •○ | | | W side of N lone tree |
| 2 | 44 | | × | | | ○• | | | E side of special item |
| 3 | 49 | | / | | | ✓ | | | SW end of road |
| 4 | 53 | | △ | | | •○ | | | SW side of lone tree |
| 5 | 58 | | ---/ | / | Y | | | | Path and road junction |
| 6 | 76 | | ~~~~ | --- | × | | | | Stream and path crossing |
| 7 | 70 | | ~~~~ | | | ↗ | | | NE end of stream |
| 8 | 71 | | △ | | | ○• | | | S side of lone tree |
| 9 | 55 | | ▲ | | | | | | Boulder |
| 10 | 38 | | ↙ | | | ▷• | | | E outside corner of forest corner |
| ⊗ | | | 60 m | | | ⊗ | | | Navigate 60 m to finish |

| Marymoor WIOL 2 | | | | | | | | | |
|-----------------|----|---|--------|------|---|----|--|--|-----------------------------------|
| Course 2 | | | 2.1 km | | | | | | |
| ▷ | | | ⊙ | | | | | | Start: clearing |
| 1 | 74 | ↓ | △ | | | •○ | | | SW side of S lone tree |
| 2 | 44 | | × | | | ○• | | | E side of special item |
| 3 | 53 | | △ | | | •○ | | | SW side of lone tree |
| 4 | 76 | | ~~~~ | --- | × | | | | Stream and path crossing |
| 5 | 72 | | ↗ | | | └┐ | | | NW outside corner of fence |
| 6 | 70 | | ~~~~ | | | ↗ | | | NE end of stream |
| 7 | 50 | | ⊖ | | | ○• | | | NW part of depression |
| 8 | 75 | | ---/ | ~~~~ | × | | | | Path and ditch crossing |
| 9 | 55 | | ▲ | | | | | | Boulder |
| 10 | 38 | | ↙ | | | ▷• | | | E outside corner of forest corner |
| ⊗ | | | 60 m | | | ⊗ | | | Navigate 60 m to finish |

| Marymoor WIOL 2 | | | | | | | | | |
|-----------------|----|---|--------|------|---|----|--|--|-----------------|
| Course 3 | | | 2.9 km | | | | | | |
| ▷ | | | ⊙ | | | | | | Start: clearing |
| 1 | 59 | | ⊗ | | | ○• | | | |
| 2 | 53 | | △ | | | •○ | | | |
| 3 | 41 | | ⊗ | | | ○• | | | |
| 4 | 72 | | ↗ | | | └┐ | | | |
| 5 | 47 | | ⊗ | | | ○• | | | |
| 6 | 71 | | △ | | | ○• | | | |
| 7 | 77 | | ~~~~ | ~~~~ | Y | | | | |
| 8 | 78 | | ■ | | | └┐ | | | |
| 9 | 43 | → | ~~~~ | ⊗ | × | | | | |
| 10 | 75 | | ---/ | ~~~~ | × | | | | |
| 11 | 45 | | ⊗ | | | ▷• | | | |
| 12 | 80 | | ↙ | | | ✓ | | | |
| 13 | 38 | | ↙ | | | ▷• | | | |
| ⊗ | | | 60 m | | | ⊗ | | | |