

**THE CULTURE OF LIVING IN A CLEAN ENVIRONMENT  
AT DUNIA HARAPAN SCHOOL**



**Research Paper**

**As a graduation requirement**

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## ABSTRACT

JASON DARYL AMADEUS, REINHARD OLIVER. 2023. The Culture of Living in a Clean Environment at Dunia Harapan School (Supervised by Rizka Novianti Cahyani and Yabes Ristanto).

Research has been conducted to examine the cleanliness at Dunia Harapan School and the student's efforts to keep the school clean. The study utilized the observation method, and the subjects were the students at Dunia Harapan Secondary School. The research problem statement includes the following questions: (1) How is the cleanliness at Dunia Harapan School, is it good or bad? (2) What can be done to maintain the cleanliness of the school? (3) How do you respond if you see someone not keeping the school clean? (4) Does the cleanliness in schools need further improvement?

The results of the research reveal that students provided their opinions regarding the cleanliness at Dunia Harapan School. While some students perceive the environment as good, others consider it to be bad. Some students believe that the school has become cleaner since the implementation of a program to assess classroom cleanliness, but the program seems to have been discontinued, leading to a decline in student efforts to maintain cleanliness. Additionally, several rooms, particularly the toilets, are considered less clean, with lingering odors due to improper disposal of waste. During school events, some students leave trash on tables or floors, resulting in corridors, classrooms, and the canteen being filled with litter.

Keywords: *Cleanliness, observation method*

# CHAPTER 1

## INTRODUCTION

### A. Background Information

Cleanliness is a crucial aspect of life that teaches us discipline in keeping ourselves and the environment clean and orderly. It helps us understand what is beneficial or detrimental to the environment, emphasizing the importance of responsible behavior. According to [ditsmp.kemdikbud.go.id](https://ditsmp.kemdikbud.go.id), Clean and Healthy Living Behavior refer to a set of behaviors practiced based on awareness, enabling individuals, families, groups, or communities to independently contribute to health promotion and play an active role in public health realization.

An environment that is clean of trash and waste is a good feature. A clean environment is characterized by the absence of scattered or piled-up waste, easy-to-find waste disposal sites, as well as good waste and waste management facilities. A clean and good living environment has good drainage or water channels. Good drainage means having a smooth channel, can hold large amounts of water, always clean and easy to clean, and can also prevent overflow flooding.

The term "culture" refers to the way of life of a group of people, encompassing their behaviors, beliefs, values, and symbols. These aspects are accepted and passed on from one generation to the next through communication and imitation. Clean and healthy living behavior is all behavior that is carried out consciously so that family members or families can help themselves in the health sector and play an active role in health activities in the community.

Dunia Harapan School has good cleanliness even though there are some dirty rooms. There are several school staff members whose job is to clean up the school, but students have the responsibility to take care of the surrounding environment, such as disposing of trash in its place, maintaining cleanliness in classrooms, and being responsible for the waste they generate. A clean school environment contributes to improved health and enthusiasm for learning among children. It reduces instances of illness, leading to better attendance and enhanced academic performance. Moreover, maintaining a clean school environment can lower the health-related expenses borne by parents. Instilling the habit of cleanliness in students can also influence the surrounding community, encouraging them to adopt a similar lifestyle and reducing their vulnerability to diseases.

The concept of responsibility for cleanliness is crucial within Dunia Harapan School. It teaches students the value of responsibility, discipline, and their role in maintaining a clean and orderly environment. Students learn not only through theory and explanations but also through practical application and real-life experiences. This approach helps students understand the purpose behind keeping the school environment clean and tidy. However, some students still struggle to fully grasp the importance of cleanliness. They continue to engage in practices such as littering, dirtying the classrooms, neglecting their cleaning duties, and displaying laziness.

Therefore, an observation was conducted to understand the prevailing culture among students at Dunia Harapan School and gather their opinions on the matter. While Dunia Harapan School generally maintains good cleanliness, some areas require improvement, particularly in terms of student responsibility in caring for the school environment. Based on the information above, we take the culture of living in a clean environment at Dunia Harapan School as our research topic to explore cleanliness and the culture of clean living at Dunia Harapan School

## **B. Statement of Problem**

Based on the background information above, the research aims to address the following problems:

1. What is the state of cleanliness at Dunia Harapan School? Is it good or bad?
2. What measures can be taken to maintain the cleanliness of the school?
3. How should individuals respond when they observe someone not keeping the school clean?
4. Is there a need for further improvement in the cleanliness of the school?

## **C. Purpose**

The purposes of this research are as follows:

1. To assess the cleanliness of Dunia Harapan School based on students' opinions.
2. To gather diverse opinions from students regarding methods to maintain the cleanliness of the school.
3. To understand students' reactions when they encounter someone who neglects to keep the school clean.
4. To identify potential areas for improvement to uphold cleanliness within the school environment.

## **CHAPTER 2**

### **METHOD**

#### **A. Research Method**

This study utilized the observation method to assess the cleanliness of the environment at Dunia Harapan School. In addition, Google Forms were distributed to several classes, and interviews were conducted with selected students and the school's headmaster. This method was chosen to gather insights based on participants' experiences and perceptions of the environment.

#### **B. Time and Location**

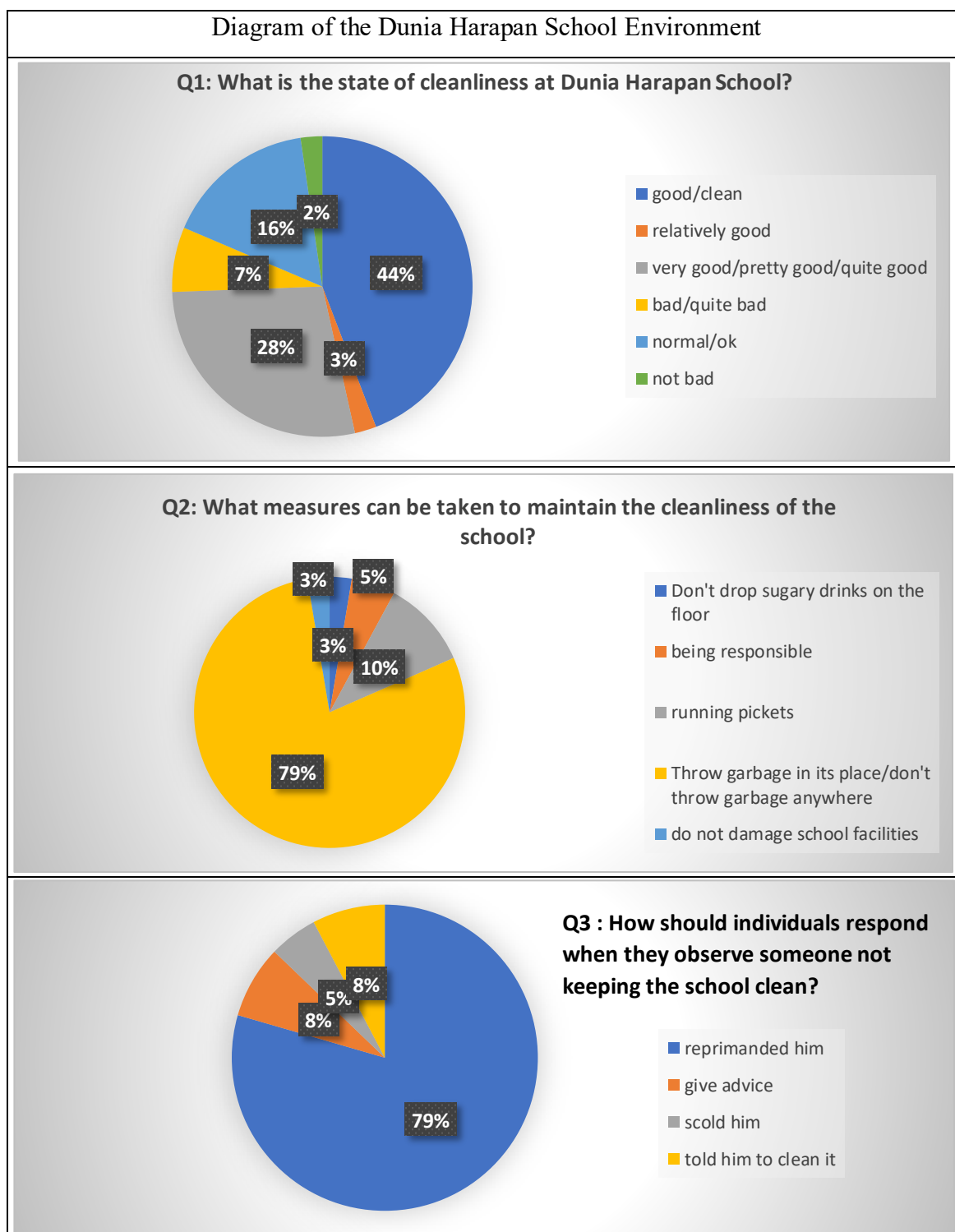
The observation was conducted over one month, from April to May 2023, at Dunia Harapan Secondary School. The distribution of Google Forms and interviews took place on April 21, 2023.

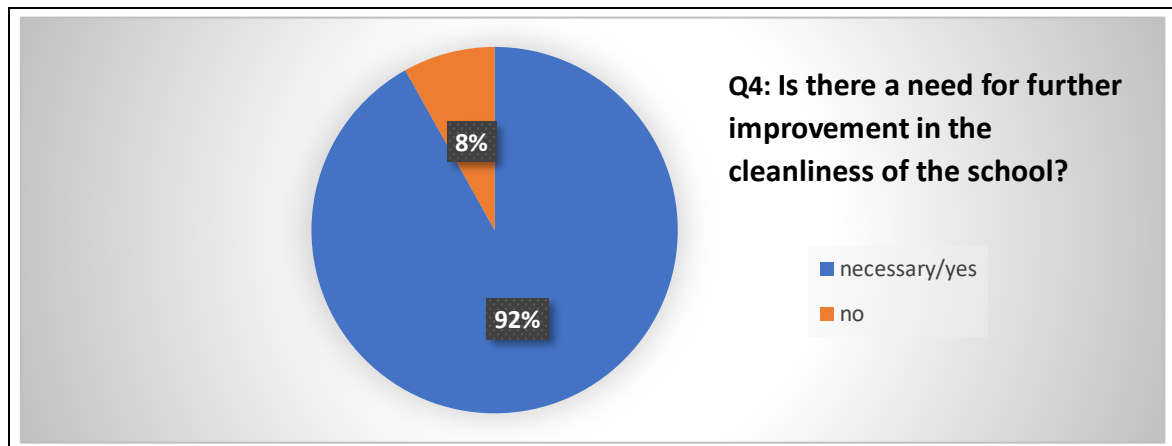
## CHAPTER 3

### RESULT AND DISCUSSION

#### A. Result

Upon conducting the observations, various opinions regarding the cleanliness of the Dunia Harapan School environment were obtained, as presented in the following diagram:





*Diagram 3.1 List of students and the headmaster who provided their opinions on the school environment.*

## **B. Discussion**

The opinions regarding the cleanliness of the Dunia Harapan School environment varied among the students. While some students perceived the school environment to be good, others expressed concerns about its cleanliness. It was noted that the presence of a program to assess class cleanliness had initially resulted in improved cleanliness. However, the program seemed to have disappeared, leading to a decline in students' efforts to maintain cleanliness in the school. Moreover, specific areas, particularly the toilets, were mentioned as being less clean, with lingering odors due to improper disposal of waste.

During school events, it was observed that some students would purchase snacks and leave trash on tables or the floor, resulting in corridors, classrooms, and the canteen being filled with litter. On average, students demonstrated efforts to maintain cleanliness by disposing of trash properly, participating in cleaning duties, taking responsibility for their waste, and avoiding spilling sugary drinks that could make the floor sticky and dirty.

When students witnessed someone not keeping the school clean, their responses varied from reprimanding and advising to scolding the individual for their inappropriate actions. It was recognized that such behavior could compromise shared comfort in terms of cleanliness and the overall comfort of public school facilities.

There is a need for improvement in cleanliness within the school. Issues identified include scattered garbage, particularly on the school canteen tables, underestimation of scattered trash by students, lack of responsibility for personal waste, and negligence in cleaning individual classrooms. Cleanliness is crucial for creating a conducive learning environment where students feel at home and can focus on their studies.



Efforts to enhance the cleanliness in the school can be made by notifying teachers or school management about damaged or rusty school equipment. Additionally, fostering discipline and responsibility among students is essential for maintaining cleanliness. Self-awareness regarding cleanliness should be encouraged, eliminating the need for constant reminders or reprimands.

Several reasons contribute to the perception that the school is not clean:

1. Reluctance to replace deteriorating and rusty school facilities.
2. Improper disposal of garbage, leaving it in corridors, on tables, or even on the floor.
3. Failure to flush toilets after urination or defecation.
4. Some students exhibit laziness in carrying out cleaning duties. Some students prioritize leaving early but engage in other activities on the field instead.
5. Disregard food scraps that fall on tables or floors, with students simply looking around rather than properly disposing of them.
6. Lack of responsibility for personal trash and dirt.
7. Underestimation of the impact of their garbage.
8. Excessive reliance on school staff for cleaning.
9. Damage caused to school facilities by some students.
10. Insufficient care for the surrounding environment.

## **CHAPTER 4**

### **CONCLUSIONS**

#### **A. Conclusions**

Based on the results and discussions, the following conclusions can be drawn:

1. The cleanliness at Dunia Harapan School is considered good, as 44% of the respondents agree with this assessment.
2. A majority of the respondents (79%) believe that maintaining cleanliness in the school can be achieved by throwing garbage in its designated place.
3. When observing someone not keeping the school clean, the majority of respondents (79%) responded by reprimanding them.
4. A significant number of respondents (92%) believe that there is room for further improvement in terms of the cleanliness of Dunia Harapan School.

Based on the conducted research, the following conclusions can be drawn:

1. Some students have demonstrated efforts to maintain cleanliness in the school by adhering to the existing rules. However, there are still students who have not fully embraced these practices.
2. The reluctance of some students to keep the school environment clean can be attributed to laziness or excessive reliance on the cleaning staff, leading to a lack of personal responsibility.

It is essential to recognize that schools play a crucial role not only in imparting knowledge but also in teaching clean and hygienic lifestyles that have a significant impact on individuals' lives.

#### **B. Suggestion**

To foster and promote a culture of cleanliness, the following suggestions are proposed:

1. Organize school cleaning activities such as competitions to encourage students' active participation in maintaining cleanliness.
2. Install signage throughout the school premises to remind students to maintain cleanliness in every area.
3. Implement consequences for violating cleanliness rules, such as assigning cleaning duties to students who fail to comply.
4. Establish an auditor team for each class to conduct regular cleanliness audits of other classrooms, promoting accountability and peer monitoring.

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## APPENDICES

Bagaimana kebersihan di lingkungan Dunia Harapan School?  
Apakah kebersihan di DHS itu baik atau buruk?

38 jawaban

baik
Baik
Lumayan baik
lumayan baik
masih ada beberapa sampah atau kotoran yang tidak dibuang ke tempat sampah di sekitar lingkungan sekolah tetapi secara keseluruhan lumayan baik
Baik-baik saja
yaaa lumayan, kantinnya masi agak kotor biasanya tp bkn salah skola sii, slhnya murid yg suda mkn tapi jatuh jatuh mkanannya. tp toilet ga sihh agak bau air kecil gt trus semprotannya klo diperhatiin itu udh mulai berkarat di area lubang yg ngeluarin air, jd klo mau pake agak jijik juga tp mau gmn lagi

Apa yang kamu buat jika kamu melihat seseorang yang tidak menjaga kebersihan sekolah?  
Bagaimana tanggapanmu?

38 jawaban

Menegurnya
saya akan menegurnya
menegurnya
saya akan menegurnya utk ttp menjaga kebersihan sekolah
Saya akan nasehati
Menegurnya, karena kita kalah bersih belajarnya lebih semangat
negur, klo ngeyel ya sy aj yg bersihin
Menyuruh teman itu untuk mengambil sampahnya dan membuang di tempatnya
Menegur orang tersebut

bagaimana caramu agar tetap menjaga kebersihan di sekolah  
38 jawaban

membuang sampah pada tmptnya
Membuang sampah ditempat dan membersihkan kelas
biasanya sy usahain buang sampah pd tempatnya, kelas jg sy sapu sapu klo piket
Bertanggung jawab atas sampah sendiri dan tidak menciptakan sampah(robek robek kertas dll)
Sy buang sampah di tempatnya
Membuang sampah pada tempatnya
tidak membuang sampah sembarangan dan jika tong sampah sudah penuh di buang ke plastik hitam
Membuang sampah pada tempatnya dan tidak membuat sampah.
selalu mematuhi peraturan untuk membuang sampah pada tempatnya

Apakah kebersihan di sekolah perlu ditingkatkan lagi? Berikan alasanmu!

38 jawaban

Iya, krna sprti yg saya blg diawal, msih trdapat bberapa sampah yang berceceran dan tidak d buang ke tempat sampah
Iya, agar sekolah menjadi tempat belajar yang lebu nyaman
Perlu jika bisa
Sangat perlu, masih banyak ditemukan sampah berserakan apa lagi pada meja kantin sekolah.
kalo dia yaa, supaya murid betah disini apalagi murid baru gt kan
Iya karena masih kurang
Iya karena masih banyak siswa yang menganggap remeh sampah yang berserakan dan juga masih banyak siswa yang tidak bertanggung jawab atas sampah sendiri
Iya, karena toiletnya terutama di lantai 3 cukup kotor

*List some students who gave their opinions about the school environment in the Google Form*

*The following photo shows some school facilities that are about to break down*





*Photos proving the presence of trash around the school*


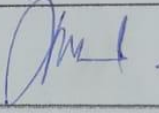

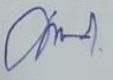
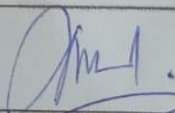
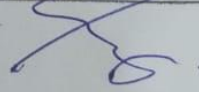


*The following photos show the observations conducted*



**Control Card**  
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Date	Description	Advisor Sign
17/4 <sup>23</sup>	Pembahasan Judul	
17/4/23	Pembahasan Judul	
28/4 <sup>23</sup>	Pembahasan bab 1 - 4.	
9/5/23	Finalisasi Bab 1-4	
30/5/23	Pembahasan Bab 1 - 4	
9/5/23	Finalisasi Bab 1 - 4	

Makassar, 10 Mei 2023  
 Headmaster,  
  
Ignatius A. Mamudi, S.Kom.

Control Card