

## **Arbor Press**

1. Wear **EYE PROTECTION AND OTHER PERSONAL PROTECTIVE EQUIPMENT** when using a press.
2. Mount all work to be pressed squarely.
3. Choose the appropriate opening for the shaft size to slide through.
4. Apply pressure in a steady manner; do not hammer down with the handle.
5. Oil the shaft and bearing while applying pressure.
6. Maintain pressure until the bearing is seated or disengages.
7. If you are pressing out a bearing you should be aware that the shaft may fall to the floor, so watch where your feet are placed.
8. If the bearing doesn't move make the teacher aware of the problem. Heat may be applied to the bearing under supervision.
9. Be aware that if you force too hard you will strain yourself or you may overtax the equipment and it may fail. This may result in the equipment breaking or the bearing flying apart resulting in injury. Injury could result from equipment failure.

**AT ALL TIMES – IF IN DOUBT, SEE YOUR INSTRUCTOR**