

ID	Smart Travel	DURATION: 30 secs VO: Male Tone: Informational Pace: medium
REV00	Smart Travel	
REV01	Are you tired of the heavy traffic in the morning?	
REV02	<p>Why not try Cycling or walking?</p> <p>Not only does it have many benefits on your mental and physical health.</p>	
REV03	But it is also a cheaper and faster alternative to get to college.	
REV04	<p>Walking is an essential part of our everyday life.</p> <p>and easily one of the most efficient ways of transport to help protect our planet.</p>	
REV05	Cycling and walking can not only help to decrease the emissions of Co2,	
REV06	but will also dramatically increase your aerobic fitness	
REV07	and reduce the risks of heart disease and strokes.	

REV08	So why not start cycling or taking a walk to college today	
REV09	it will only benefit you and will help save the planet	