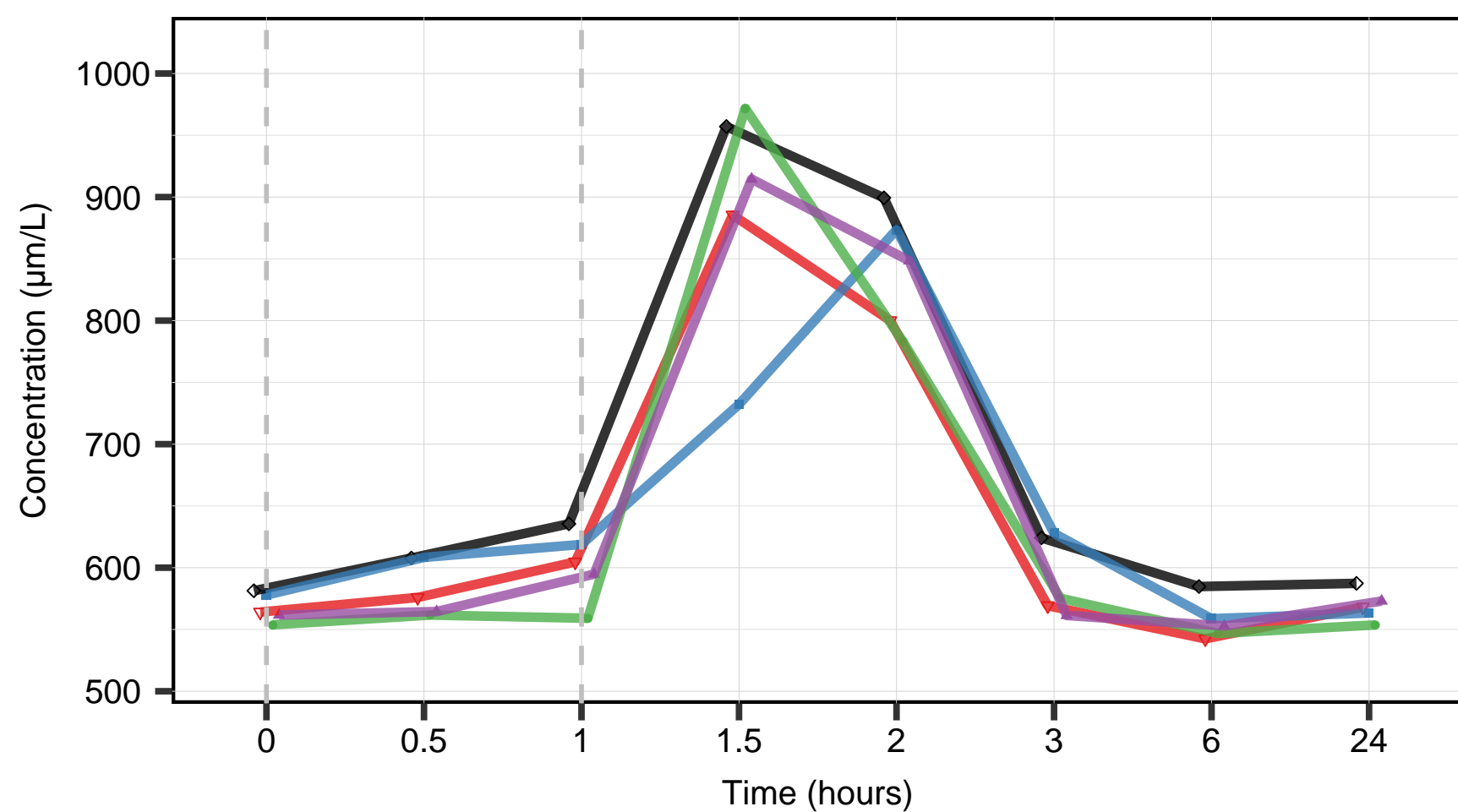


—Rest—70% Wmax—70% Wmax-DH—50% Wmax—55% / 85% Wmax

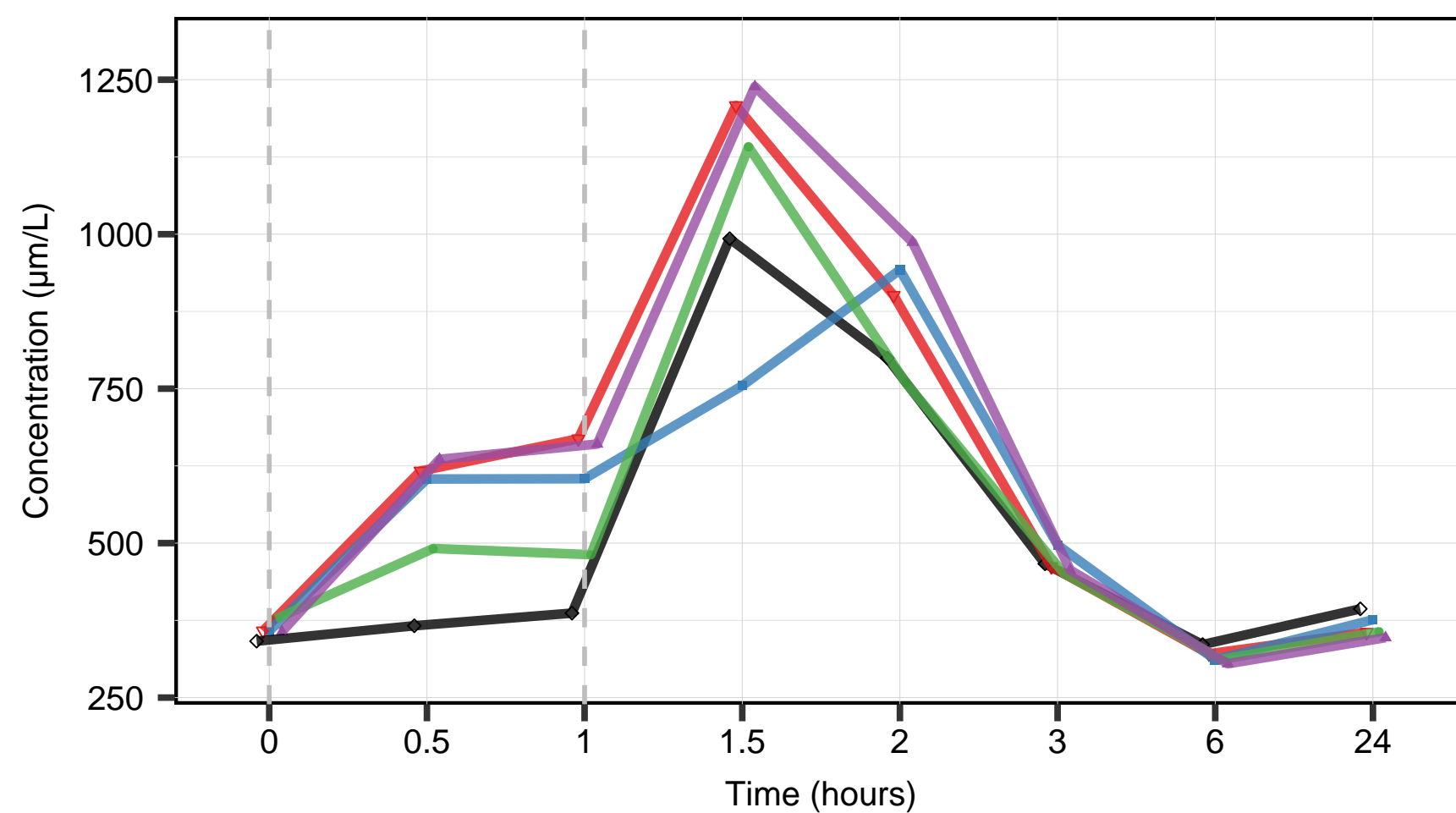
A

Glutamine



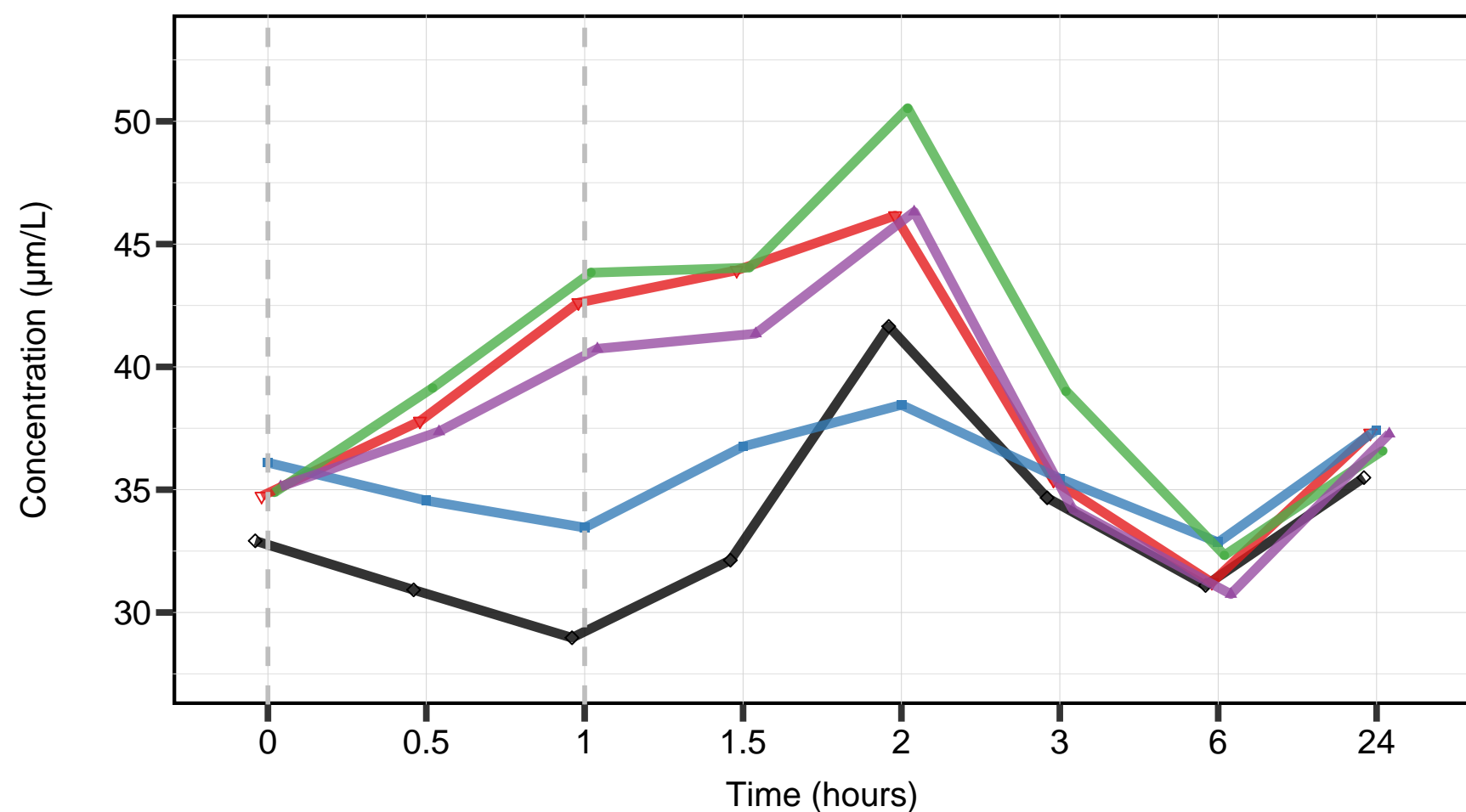
B

Alanine



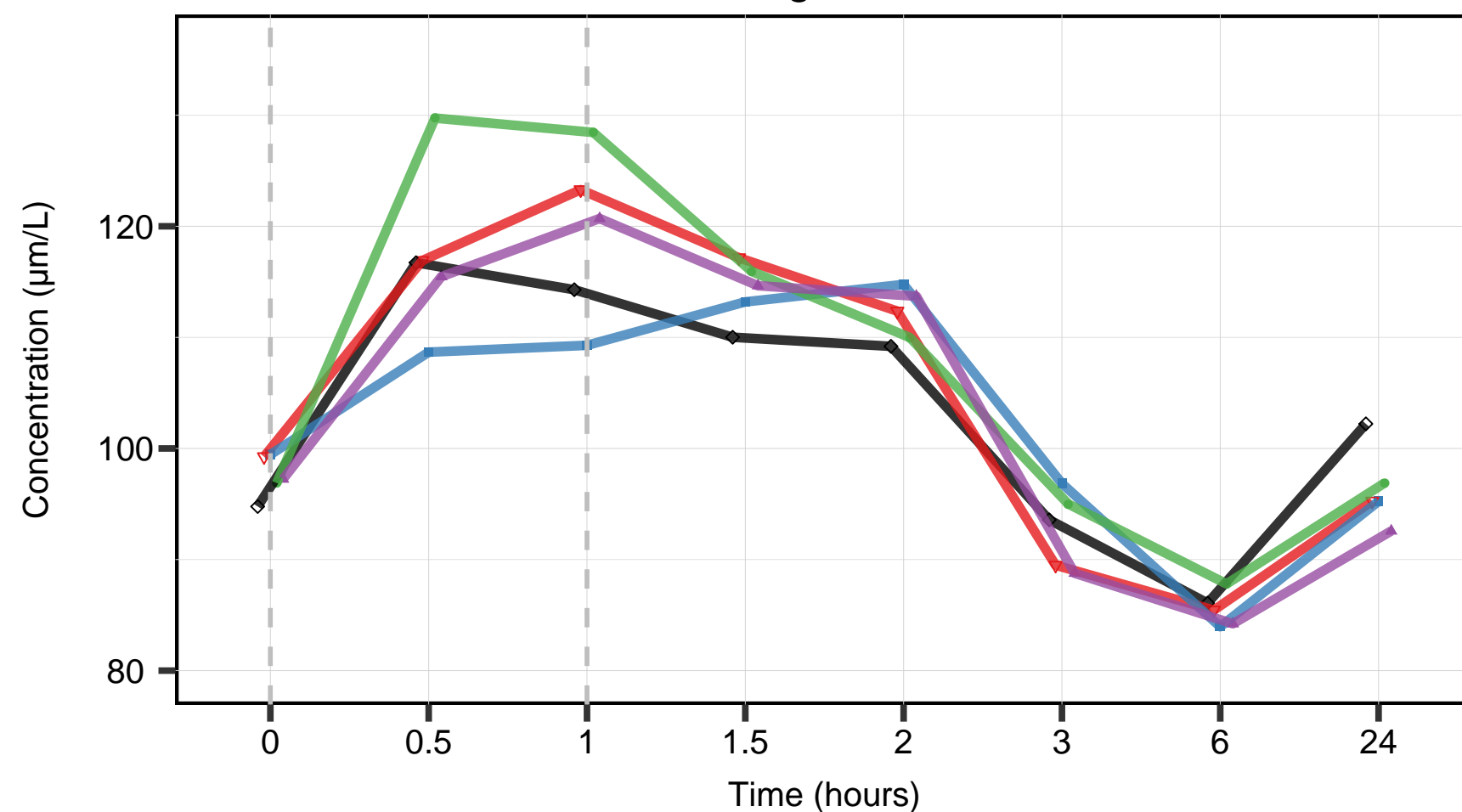
C

Citrulline



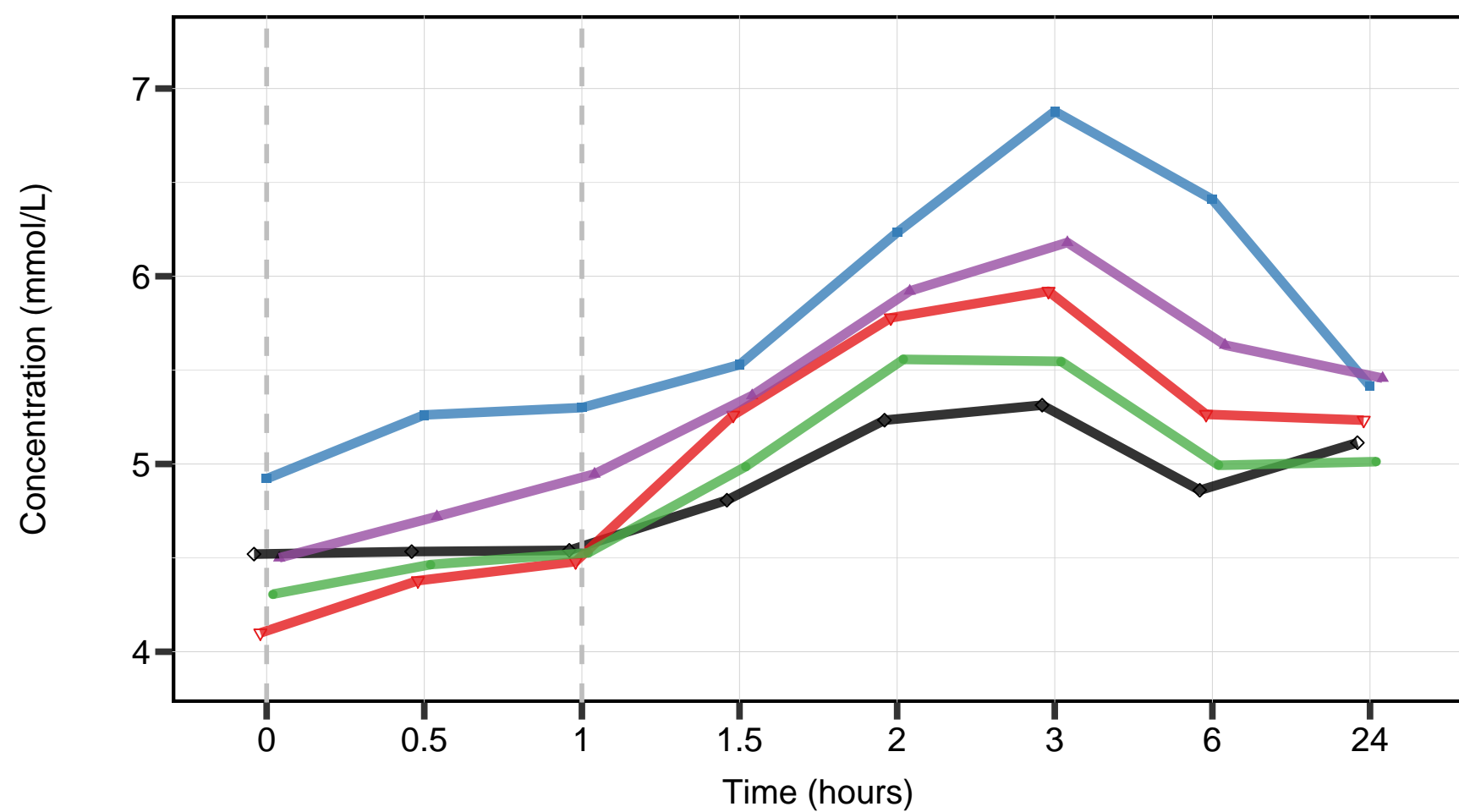
D

Arginine



E

Urea



F

Creatine-phosphokinase

