**Lesson Plan – Template**

**Warm-Up/Opening**

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| Time estimate: | **Content to cover:** | **Collaborative Learning Technique:** | **Learning Strategy used (pp. 17, 64-83):** |
| **DETAILED BREAKDOWN:** | | |

**Cool Down/Closer**

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| Time estimate: | **Content to cover:** | **Collaborative Learning Technique:** | **Learning Strategy:** |
| **DETAILED BREAKDOWN:** | | |

**Main Session/Workout**

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| --- | --- | --- | --- |
| **Main Activity 1** | **Content to cover:**  Kahoot | **Collaborative Learning Technique:** | **Learning Strategy:** |
| Time estimate: | **DETAILED BREAKDOWN:**  Do the Kahoot to review this weeks concepts: | | |
| **Main Activity 2** | **Content to cover:** | **Collaborative Learning Technique:** | **Learning Strategy:** |
| Time estimate: | **DETAILED BREAKDOWN:** | | |
| **Main Activity 3** | **Content to cover:** | **Collaborative Learning Technique:** | **Learning Strategy:** |
| Time estimate: | **DETAILED BREAKDOWN:** | | |