



UNIVERSITY OF ROCHESTER

River Campus Medical Emergency Response Team

PERSONAL APPEARANCE AND UNIFORM STANDARDS

I. PERSONAL APPEARANCE

A. Grooming

1. Personal Hygiene

- a. All personnel will report to duty neat, clean, dressed in appropriate uniform attire, and should appear professional.

2. Fingernails

- a. Nails should be of a length appropriate for patient care and wearing protective gloves.

B. Jewelry

1. Only R/C MERT approved uniform insignias and pins shall be worn on the uniform.
2. A wristwatch, which displays time in seconds, shall be worn.
3. Rings, which sit high and could potentially be caught or entangled in equipment, should not be worn. No ring shall interfere with wearing protective gloves.
4. For the safety of the member, necklaces are not recommended. If worn, however, they shall be kept inside the shirt at all times.
5. No bracelet with dangling charms or similar components may be worn.
6. No large earrings, large loop earrings, or earrings with dangling components may be worn.

II. UNIFORMS

- A. Uniforms must be clean, in good condition, and free of wrinkles. Only authorized uniform apparel may be worn.

1. Shirts - R/C MERT Uniform Shirts must be worn on while on shift. All R/C MERT Uniform Shirts shall have the R/C MERT patch on the upper left sleeve. Field Staff shall also have a New York State Emergency Medical Technician Patch (or other appropriate New York State EMS Certification Patch) on the upper right sleeve. Shirts must be tucked in at all times.
2. Undershirts - Members have the option (but are not required) to wear an undershirt with their uniform. A plain navy blue or black long sleeve shirt may be worn with the uniform. A short sleeve undershirt may also be worn. It is preferred that the short sleeve undershirt is either navy blue or black.
3. Pants - Navy Blue EMT pants or other sturdy work pants must be worn on shift. Garments that are not acceptable to be worn on shift include, but are not limited to, jeans, sweatpants, scrubs, shorts, and leggings. Pants must be clean, neat, and properly fitted.
4. Belts - A dark colored, professional looking belt is strongly recommended to be worn with the uniform. A black belt is preferred. Belts and/or buckles with names, advertisements, or large metal buckles are not appropriate.
5. Shoes - Dark colored closed toe shoes, preferably boots, but sneakers are also acceptable. No light colored or open toed/or heeled shoes are permitted. Black boots are preferred. Shoes must be clean, sturdy, in good condition, and professional in appearance.



UNIVERSITY OF ROCHESTER

River Campus Medical Emergency Response Team

PERSONAL APPEARANCE AND UNIFORM STANDARDS

6. Jackets/Coats - Only R/C MERT jackets (located in the MERT office) or personal R/C MERT fleeces shall be worn with the uniform. R/C MERT jackets must be returned to the office at the end of the shift.
7. Hats - Only navy blue or black professional looking EMS or University of Rochester related headwear is permitted to be worn while in uniform.
8. ID Badge - All Field Staff are required to have their R/C MERT ID Badge visible on their uniform at all times while on shift.