

Managing Feedback

1) What is called feedback and its types:-

→ Feedback refers to information or response provided about someone's performance, behaviour or work.

- Types of feedback:-

There are two types of feedback

1) Positive feedback

2) Negative feedback.

2) Importance of feedback at work place?

→ Feedback helps with encouragement and enhances performance and productivity it also helps to motivate and boosts Morals.

Thus, feedback builds stronger Relationships and plays a crucial role in personal and professional development

3) How to Manage feedback?

→ Managing feedback effectively is crucial for personal and professional growth

- Be open and Receptive :- Avoid interrupting and listen carefully to understand the feedback, even if it's critical. Also seeking clarification is must, Analyze the feedback and take Action Accordingly.

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