

$$\int_{-\infty}^{\infty} e^{\pm i2\pi at} dt = \lim_{M \to \infty} \left(\int_{-M}^{M} (\cos 2\pi at \pm i \sin 2\pi at) dt \right)$$

$$= \lim_{M \to \infty} \left(\int_{-M}^{M} (\cos 2\pi a t) dt \right) = \lim_{M \to \infty} 2 \frac{\sin 2\pi a t}{2\pi a} \Big|_{0}^{M}$$

