

## 2023 – Lab Exam 02 Report

### **Description**

The Angam martial art is deeply ingrained in the cultural fabric of Sri Lanka, reflecting centuries of tradition, discipline, and skill. This ancient combat system, with its roots tracing back to the island's indigenous communities, holds a rich tapestry of techniques, philosophies, and cultural significance. Through the app dedicated to Angam, enthusiasts and curious learners alike can delve into a wealth of knowledge about this revered martial art form.

What sets this app apart is its connection to a lineage of practitioners deeply immersed in Angampora Sutton. The fact that the academy associated with the app is spearheaded by individuals from this distinguished generation is not merely incidental; it is integral to the authenticity and depth of understanding it offers. These individuals carry with them not just technical prowess but also a profound understanding of the historical, cultural, and spiritual dimensions of Angam.

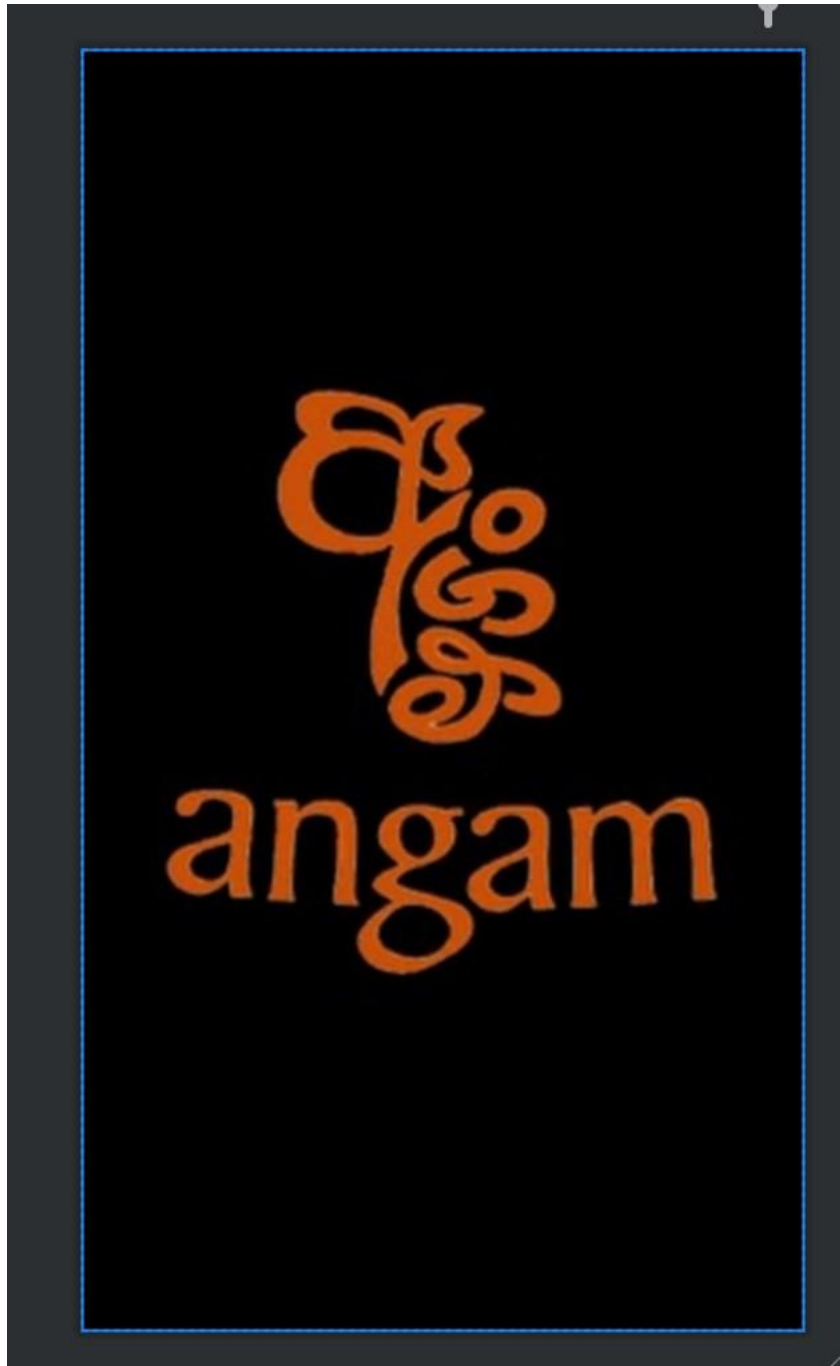
By engaging with this app, users have the unique opportunity to access insights and teachings passed down through generations. Whether one seeks to learn the intricate techniques, understand the underlying philosophies, or explore the cultural significance of Angam, this app serves as a gateway to a comprehensive understanding.

Moreover, the international reach of the academy underscores its commitment to sharing the legacy of Angam beyond Sri Lanka's borders. Through workshops, seminars, and online resources facilitated by the academy, enthusiasts from around the world can immerse themselves in the essence of Angam and contribute to its preservation and evolution.

In essence, this app not only serves as a repository of knowledge but also as a bridge between past and present, tradition and innovation, uniting individuals worldwide in their passion for Angam martial arts.

## Screenshots

### Logo Page



## Onboarding Screens



**By completing this,  
you can face the relevant interview  
and  
join our academy through the  
appointment you receive.**

Enter Name

*Enter User Name Here*

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Enter E-mail

*Enter E-mail Here*

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Enter Gender

*Enter Gender Here*

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Enter Age

*Enter Age Here*

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Enter Country

*Enter Country Here*

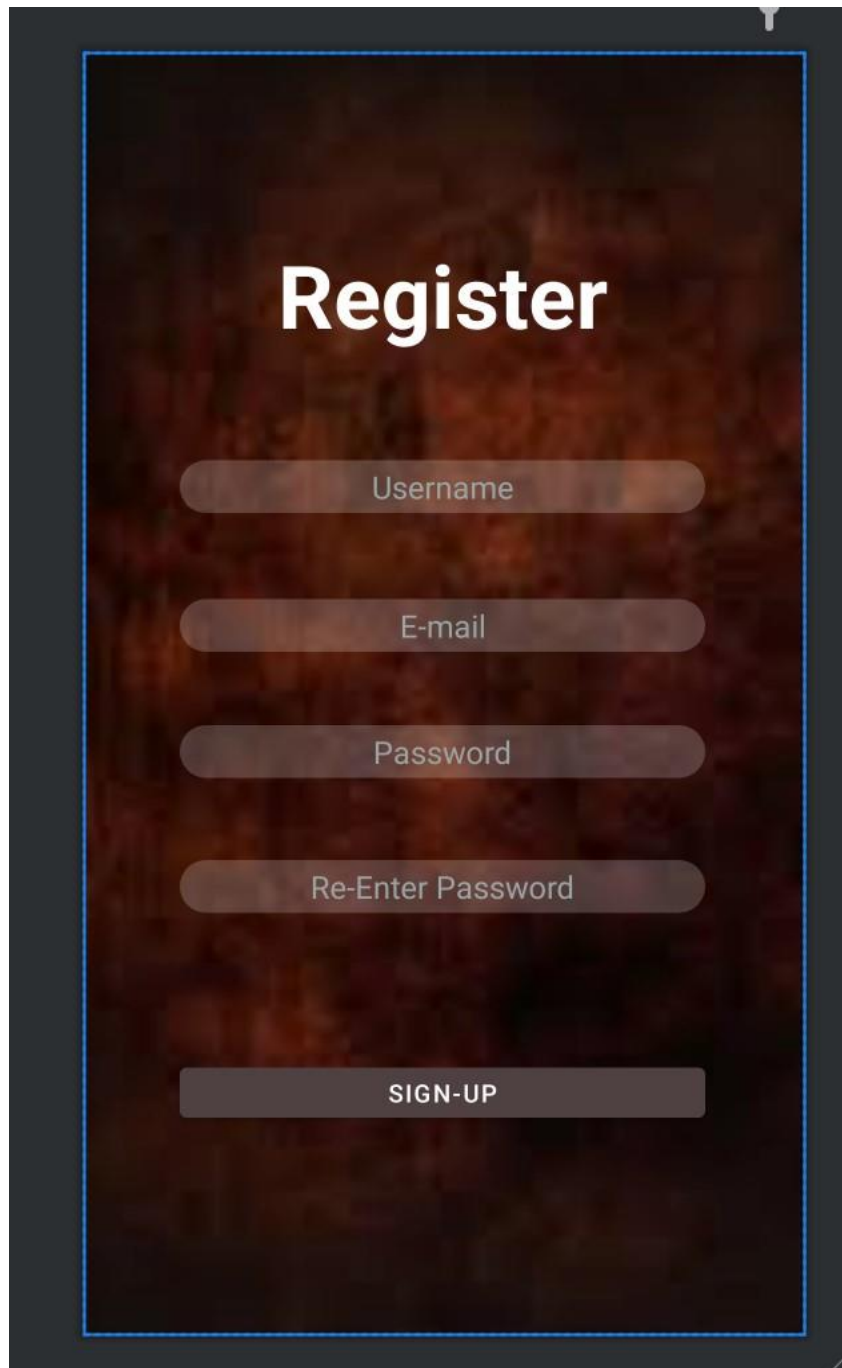
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**SUBMIT**

GET STARTED

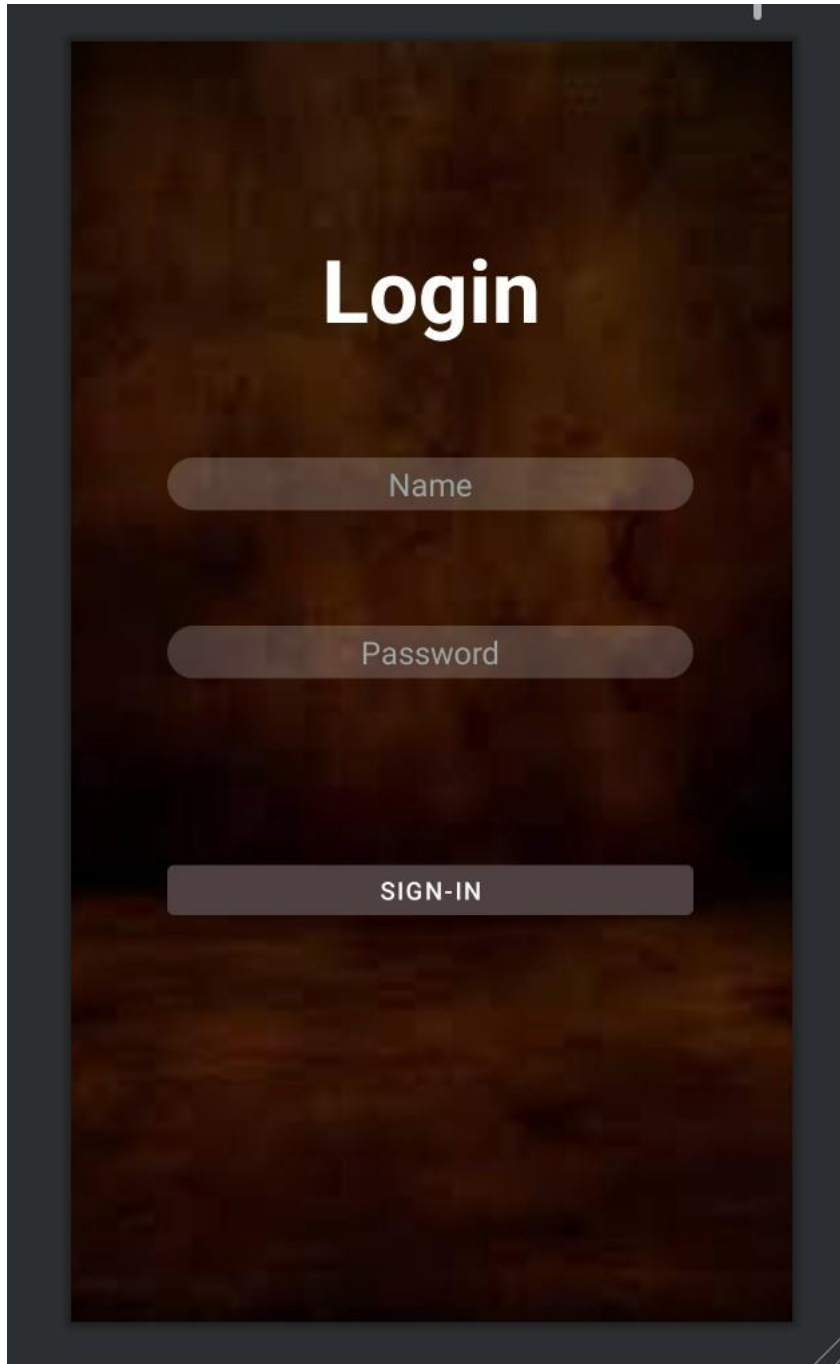


## Register Page

A UI mockup of a registration page. It features a dark, textured background with a blue dashed border. The word "Register" is centered at the top in a large, white, sans-serif font. Below it are four rounded rectangular input fields, each containing a light gray placeholder text: "Username", "E-mail", "Password", and "Re-Enter Password". At the bottom is a solid dark gray button with the text "SIGN-UP" in white, uppercase, sans-serif font.

# Register

## Login Page

A mobile app login screen with a dark, textured background. The word "Login" is centered at the top in a large, white, sans-serif font. Below it are two rounded rectangular input fields, one labeled "Name" and one labeled "Password", both in a light gray font. At the bottom is a solid gray rectangular button with the text "SIGN-IN" in white, uppercase, sans-serif font. The entire screen is framed by a dark gray border.

# Login





*" It's a deeply spiritual  
from of combat that draws a lot of  
its philosophies from different  
aspects of nature and astroloy  
and  
also has a strong connection  
to music and employ rhythmic,  
flowing movements. "*





History



Rituals



Components



Training



About



Gallery



Contacts

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## Untold History & Background of Angampora

*" Spanning over 5000 years,  
Angam's history originates from King Ravana's era,  
thriving through monarchic defenses and colonial  
upheavals.*

*The 16th-century battle of Mulleriyawa highlighted  
its prowess, yet colonial bans forced it underground,  
integrating with traditional dance for survival.*

*Sudaliya and Maruwalliya schools, alongside clans,  
preserved its legacy, echoing King Ravana's mastery.  
Today, echoes of his techniques persist in select families,  
reflecting Angam's enduring legacy. Angampora,  
defending against invaders,  
flourished until British rule imposed a ban,  
now resurging, blending combat with spirituality rooted  
in Sinhalese folklore. Amidst colonial suppression,  
it endured through dance integration,  
shaping warriors with holistic teachings,  
epitomizing Sri Lanka's rich heritage. "*



# Rituals



ARTICLES

OATHS

# Rituals of Angam

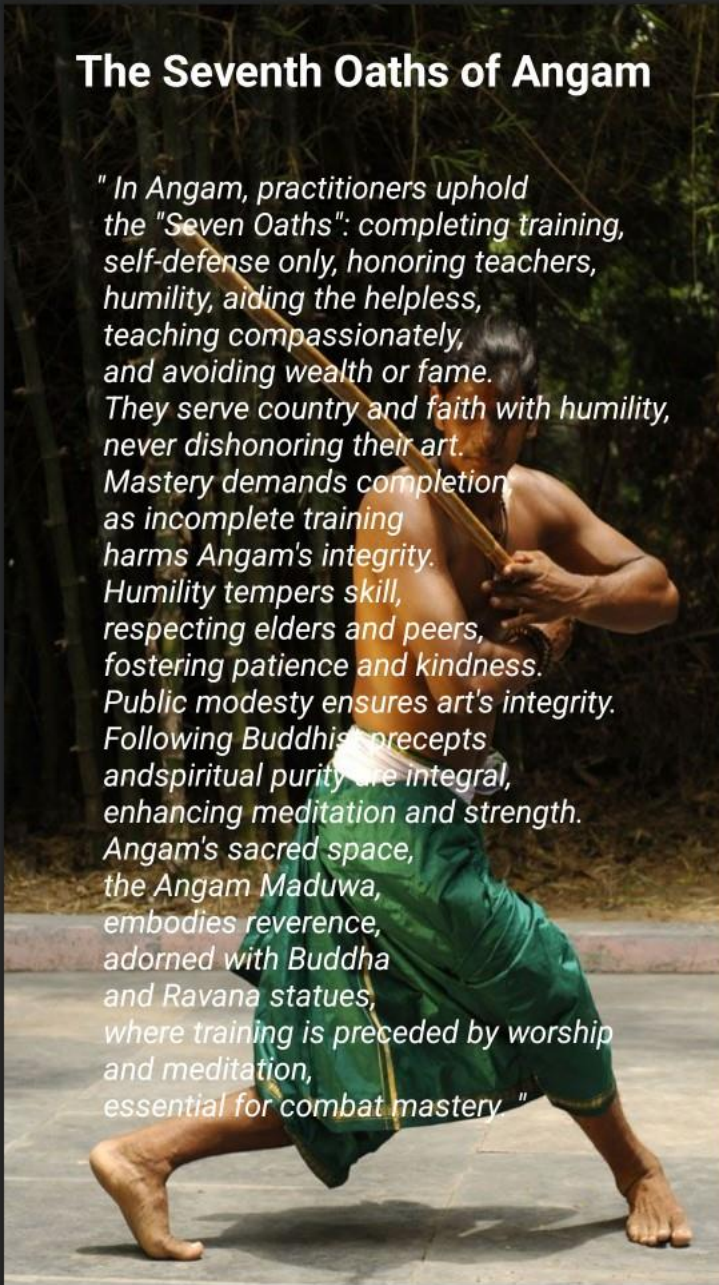
*" Angam, revered by practitioners  
and  
protected by Gods Ravana and Kataragama,  
entails sacred oaths binding them to the art.  
Students, vetted through horoscopes,  
undergo initiation rituals,  
pledging allegiance to Buddha and deities.  
Rituals like Ayudha pooja bless weapons,  
and deadly techniques demand special oaths.  
Incantations once sought divine favor.  
Guru-apprentice transmission, steeped in secrecy,  
ensures knowledge preservation.  
Gurus select students based on character  
and  
reverence, observing horoscopes,  
palmistry, and demeanor. Honesty, compassion,  
and  
resilience are valued traits.  
Selected initiates light lamps, a symbol of honor,  
before entering the Angam training area,  
signifying their commitment and responsibility. "*





## The Seventh Oaths of Angam

*" In Angam, practitioners uphold the "Seven Oaths": completing training, self-defense only, honoring teachers, humility, aiding the helpless, teaching compassionately, and avoiding wealth or fame. They serve country and faith with humility, never dishonoring their art. Mastery demands completion as incomplete training harms Angam's integrity. Humility tempers skill, respecting elders and peers, fostering patience and kindness. Public modesty ensures art's integrity. Following Buddhist precepts and spiritual purity are integral, enhancing meditation and strength. Angam's sacred space, the Angam Maduwa, embodies reverence, adorned with Buddha and Ravana statues, where training is preceded by worship and meditation, essential for combat mastery "*



# Components

*Unarmed Combat*



*Armed Combat*



*Black & White Magic*



*Herbal Medicine*



*Astrology*



*Dancing & Drumming*





# Training

*" Angampora fosters living consciously,  
enhancing sensory awareness  
and  
personal growth.  
It cultivates presence, resilience,  
and  
adaptability, serving as a framework  
for navigating modern challenges  
with clarity and vitality. "*



REGULAR TRAINING

RESIDENTIAL TRAINING

## Regular Training

*" We offer regular training for individuals aged 10 to 60, no prior experience required. Courses range from beginner to expert levels under experienced Gurus. Training is in a disciplined yet friendly atmosphere. Each level involves a grading test, leading to certification. Beginner to advanced stages are: Prarambhaka, Shishya, Abhyasee, Jeshta Abhyasee, Shilpa-dharee, Jeshta Shilpa-dharee, Elanga-dharee, Shuree, Visheshee, and Praveena, spanning a 10-year program. "*



## Residential Training

*" Residential courses cater to foreign nationals, offering stays of 1 day to 3 months at Angampora STIMA lodging. Training, held at Athurugiriya jungle center, spans 4 hours daily, 6 days a week. Courses include Introduction to Angampora (1 week), Introduction II (2 weeks), Practitioner (1 month), and Practitioner II (3 months), covering traditional exercises, footwork, grips,locks, weapon training, and self-defense. "*



# About Us

*" Our main objective is to  
gain the position of this art  
to the where it should be just like  
the position of this art dedicated  
in the history of this  
great country. "*

## In Sri Lanka

*Guru Premasiri*

*Guru Athula*

*Guru Lasantha*

## Around the Globe

*Guru Oliver Herrmann - Europe*

*Guru Christoper - Germany*

*Guru Arthur - Thailand*

# Gallery



# Contact Us




## Local Branches

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-  *Athurugiriya*
-  *Light of Asia*
-  *Boralasgamuwa*
-  *Hilton Sport Center*
-  *Galle*

## International Branches

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-  *Eiweiler - Germany*
-  *Basel - Switzerland*
-  *Phuket - Thailand*

**JOIN WITH US**

## *Traditional School of Martial Arts.*

Enter Name

---

Enter E-mail

---

Enter Geender

---

Enter Age

---

Enter Country

---

SUBMIT



## Content of xml files of Strings and Colors

### Strings

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    <string name="TEXT8">Password</string>
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        from of combat that draws a lot of
        its philosophies from different
        aspects of nature and astroloy
        and
        also has a strong connection
        to music and employ rhythmic,
        flowing movements. "</string>
    <string name="text5">Register</string>
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    <string name="para1">" Spanning over 5000 years,
        Angam's history originates from King Ravana's era,
        thriving through monarchic defenses and colonial upheavals.
        The 16th-century battle of Mulleriyawa highlighted
        its prowess, yet colonial bans forced it underground,
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        Sudaliya and Maruwalliya schools, alongside clans,
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<string name="BUTT3">Articles</string>

<string name="BUTT4">Oaths</string>

<string name="Title2">Rituals of Angam</string>

<string name="para2">" Angam, revered by practitioners

and

protected by Gods Ravana and Kataragama, entails sacred oaths binding them to the art.

Students, vetted through horoscopes, undergo initiation rituals, pledging allegiance to Buddha and deities.

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<string name="Title4">The Seventh Oaths of Angam</string>

<string name="para3"> " In Angam, practitioners uphold

the "Seven Oaths": completing training,

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where training is preceded by worship  
and meditation,  
essential for combat mastery. "</string>  
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<string name="maya">Black Magic  
&  
White Magic</string>  
<string name="TEXT10">Training</string>  
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enhancing sensory awareness  
and  
personal growth.  
It cultivates presence, resilience,  
and  
adaptability, serving as a framework  
for navigating modern challenges  
with clarity and vitality. "</string>  
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<string name="BUTT6">Residential Training</string>  
<string name="TEXT12">Regular Training</string>  
<string name="para4">" We offer regular training for  
individuals aged 10 to 60,  
no prior experience required.  
Courses range from beginner  
to expert levels under experienced Gurus.  
Training is in a disciplined yet  
friendly atmosphere. Each level involves



a grading test, leading to certification.

Beginner to advanced stages are:

Prarambhaka, Shishya, Abhyasee,

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<string name="TEXT13">Residential Training</string>

<string name="para5">" Residential courses cater

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<string name="Title6">About Us</string>

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gain the position of this art

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    Phuket - Thailand
    Basel - Switzerland</string>
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<string name="pla8">Phuket - Thailand</string>
<string name="para9">" Traditional School of Martial Arts. "</string>
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you can face the relevant interview
and
join our academy through the
appointment you receive. </string>
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## Colors

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