

# **MENOPAUSE MEDICINE LIST (FORMULARY)**

DISCOVERY HEALTH MEDICAL SCHEME  
2022





## Menopause medicine list (formulary) for 2022

The Discovery Health Medical Scheme menopause medicine list (formulary) is managed through the Chronic Illness Benefit (CIB).

### DISCLAIMER

The information contained in this document may be subject to change. The Chronic Illness Benefit (CIB) and the utilisation of the benefits and programmes associated with the Chronic Illness Benefit is subject to specific conditions and rules. Members must ensure that they are familiar with these rules and conditions. The scheme rules are available on [www.discovery.co.za](http://www.discovery.co.za) under Medical Aid > About Discovery Health Medical Scheme.

Any instruction or advice we give about medicines and the management of your condition is intended as a supplement to, and not a substitute for, the knowledge, expertise, skill and judgement of your doctor, pharmacist or other healthcare professional. You may need to get your medicine from a designated service provider (DSP) to avoid a 20% co-payment. Visit [www.discovery.co.za](http://www.discovery.co.za) under Medical Aid > Find a doctor or click on Find a provider in the Discovery app to find providers in our network.

Discovery Health Medical Scheme reserves the right to change the benefit at any time. We will communicate any changes to the way we pay medicines when we make these.

## About some of the terms we use in this document

There may be some terms we refer to in the document that you may not be familiar with. Here are the meanings of these terms.

TERMINOLOGY	DESCRIPTION
Chronic Drug Amount (CDA)	Discovery Health Medical Scheme pays up to a set monthly amount for a medicine class subject to the member's plan type. This applies to medicine that is not listed on the medicine list (formulary). The Chronic Drug Amount (CDA) does not apply to the Smart and KeyCare plans. On these plans we cover up to the Generic Reference Price (GRP), which is up to the lowest cost medicine of the same kind on our medicine list for the condition.
Discovery Health Rate for Medicine	This is the rate at which Discovery Health Medical Scheme will pay for medicine. It is the Single Exit Price of medicine plus the relevant dispensing fee.
Medicine class	This describes medicines that have similar chemical structures or similar therapeutic effects.

## Formulary medicines and monthly Chronic Drug Amounts

The menopause medicine list (formulary) applies to all Discovery Health Medical Scheme plans for the 2022 benefit year. The Chronic Drug Amount (CDA) **does not apply** to the Smart and KeyCare plans.

MEDICINE NAME	MEDICINE CLASS	MONTHLY CHRONIC DRUG AMOUNT (CDA)
Estrofem 1mg	Estrogens	R150
Estrofem 2mg	Estrogens	R150
Activelle	Progestogens and estrogens, fixed combinations	R180
Novofem	Progestogens and estrogens, sequential preparations	R180
Provera 5mg	Progestogens - Pregnen (4) derivatives	R190
Provera 10mg	Progestogens - Pregnen (4) derivatives	R190



## Contact us

Tel (members): 0860 99 88 77, Tel (health partners): 0860 44 55 66

Go to [www.discovery.co.za](http://www.discovery.co.za) to Get Help or ask a question on WhatsApp. Save this number 0860 756 756 on your phone and say "Hi" to start chatting with us 24/7.

PO Box 784262, Sandton, 2146. 1 Discovery Place, Sandton, 2196.

## Complaints process

Discovery Health Medical Scheme is committed to providing you with the highest standard of service and your feedback is important to us. The following channels are available for your complaints and we encourage you to follow the process:

### 1 | Step 1 – To take your query further:

If you have already contacted the Discovery Health Medical Scheme and feel that your query has still not been resolved, please complete our online complaints form on [www.discovery.co.za](http://www.discovery.co.za). We would also love to hear from you if we have exceeded your expectations.

### 2 | STEP 2 – TO CONTACT THE PRINCIPAL OFFICER:

If you are still not satisfied with the resolution of your complaint after following the process in Step 1 you are able to escalate your complaint to the Principal Officer of the Discovery Health Medical Scheme. You may lodge a query or complaint with Discovery Health Medical Scheme by completing the online form on [www.discovery.co.za](http://www.discovery.co.za) or by emailing [principalofficer@discovery.co.za](mailto:principalofficer@discovery.co.za).

### 3 | Step 3 – To lodge a dispute:

If you have received a final decision from Discovery Health Medical Scheme and want to challenge it, you may lodge a formal dispute. You can find more information of the Scheme's dispute process on the website.

### 4 | STEP 4 – TO CONTACT THE COUNCIL FOR MEDICAL SCHEMES:

Discovery Health Medical Scheme is regulated by the Council for Medical Schemes. You may contact the Council at any stage of the complaints process, but we encourage you to first follow the steps above to resolve your complaint before contacting the Council. Contact details for the Council for Medical Schemes: Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion 0157 | [complaints@medicalschemes.co.za](mailto:complaints@medicalschemes.co.za) 0861 123 267 | [www.medicalschemes.co.za](http://www.medicalschemes.co.za)