

CHRONIC ILLNESS BENEFIT MEDICINE LIST (PROVISIONAL FORMULARY)

DISCOVERY HEALTH MEDICAL SCHEME
2023



Chronic Illness Benefit medicine list (provisional formulary) for 2023

DISCLAIMER

The information contained in this document may be subject to change. The Chronic Illness Benefit (CIB) and the utilisation of the benefits and programmes associated with the Chronic Illness Benefit is subject to specific conditions and rules. Members must ensure that they are familiar with these rules and conditions. The scheme rules are available on www.discovery.co.za under Medical Aid > About Discovery Health Medical Scheme.

Any instruction or advice we give about medicines and the management of your condition is intended as a supplement to, and not a substitute for, the knowledge, expertise, skill and judgement of your doctor, pharmacist or other healthcare professional. You may need to get your medicine from a designated service provider (DSP) to avoid a 20% co-payment. Visit www.discovery.co.za under Medical Aid > Find a doctor or click on Find a provider in the Discovery app to find providers in our network.

Discovery Health Medical Scheme reserves the right to change the benefit at any time. We will communicate any changes to the way we pay medicines when we make these. The latest version is always available on www.discovery.co.za under Medical Aid > Manage your health plan > Find important documents and certificates.

About some of the terms we use in this document

There may be some terms we refer to in the document that you may not be familiar with. Here are the meanings of these terms.

TERMINOLOGY	DESCRIPTION
Active ingredient	This is the main substance in a medicine that is responsible for the clinical action on a human body.
Benefit year	A benefit year refers to the benefits a member is entitled to during a calendar year, that is to say 1 January to 31 December. This medicine list (formulary) and Chronic Drug Amounts are applicable for this benefit year only.
Chronic Disease List (CDL)	A defined list of chronic conditions we cover according to the Prescribed Minimum Benefits.
Chronic Drug Amount (CDA)	Discovery Health Medical Scheme pays up to a monthly amount for a medicine class subject to the member's plan type. This applies to medicine that is not listed on the formulary or medicine list. The Chronic Drug Amount does not apply to the Smart and KeyCare plans. On these plans we cover up to the Generic Reference Price (GRP), which is up to the lowest cost medicine of the same kind on our medicine list for the condition.
Co-payment	This is an amount that you need to pay towards a healthcare service. The amount can vary by the type of covered healthcare service, place of service or if the amount the service provider charges is higher than the rate we cover.
Emergency medical condition	An emergency medical condition, also referred to as an emergency, is the sudden and, at the time unexpected onset of a health condition that requires immediate medical and surgical treatment. Failure to provide medical or surgical treatment would result in serious impairment to bodily functions or serious dysfunction of a bodily organ or part or would place the person's life in serious jeopardy. An emergency does not necessarily require a hospital admission. We may ask you for additional information to confirm the emergency.
Medicine class	This describes medicines that have similar chemical structures or similar therapeutic effects.
NAPPI Code	This is a unique identifier for a given medicine, surgical or consumable product.
Prescribed Minimum Benefits (PMBs)	In terms of the Medical Schemes Act of 1998 (Act No. 131 of 1998) and its Regulations, all medical schemes have to cover the costs related to the diagnosis, treatment and care of: <ul style="list-style-type: none"> An emergency medical condition A defined list of 271 diagnoses A defined list of 27 chronic conditions. To access Prescribed Minimum Benefits (PMBs), there are rules that apply:



TERMINOLOGY	DESCRIPTION
Prescribed Minimum Benefits (PMBs)	<ul style="list-style-type: none">▪ Your medical condition must qualify for cover and be part of the defined list of Prescribed Minimum Benefit (PMB) conditions.▪ The treatment needed must match the treatments in the defined benefits.▪ You must use designated service providers (DSPs) in our network. This does not apply in emergencies. However, even in these cases, where appropriate and according to the rules of the Scheme, you may be transferred to a hospital or other service providers in our network, once your condition has stabilised. If you do not use a DSP we will pay up to 80% of the Discovery Health Rate (DHR). You will be responsible for the difference between what we pay and the actual cost of your treatment. <p>If your treatment doesn't meet the above criteria, we will pay according to your plan benefits.</p>



The Prescribed Minimum Benefits (PMBs) Chronic Disease List (CDL) medicine list for all plan types

The PMB CDL medicine list applies to all Discovery Health Medical Scheme plans for the 2023 benefit year. The Chronic Drug Amount (CDA) does not apply to the KeyCare and Smart plans.

CHRONIC DISEASE LIST CONDITION	CDA FOR CORE, PRIORITY AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Addison's disease	R215	R215	Systemic Corticosteroids: Hydrocortisone	Hydrocortisone	Covocort 10mg
	R130	R130	Systemic Corticosteroids: Mineralocorticoids	Fludrocortisone	Florinef acetate 0.1mg
Asthma	R205	R205	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/dose
	R40	R40	Adrenergics: Short acting - Salbutamol	Salbutamol	Glenbute 200 dose 100mcg
					Ventimax CFC free 200 dose 100mcg
	R120	R175	Anti-asthmatics: Systemic Xanthines	Theophylline	Theophylline anhydrous Kiara 200mg; 300mg
	R240	R240	Formoterol and Beclomethasone	Formoterol and Beclomethasone	Innuvair 120 dose 100/6mcg (Only Executive and Comprehensive plans)
	R240	R240	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 60 dose 320/9mcg (Only Executive and Comprehensive plans)
					Symbicord turbohaler 60 dose 160/4.5mcg
					Symbicord turbohaler 120 dose 160/4.5mcg (Only Executive and Comprehensive plans)
					Vannair 120 dose 80/4.5mcg; 160/4.5mcg (Only Executive and Comprehensive plans)
	R240	R240	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 120 dose 100/5mcg; 200/5mcg
	R260	R260	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
	R190	R190	Inhaled Glucocorticoids	Beclomethasone	Beceze 200 dose 50mcg
					Beclate 200 dose 50mcg; 100mcg; 200mcg
					Beclomethasone Glenmark 200 dose 50mcg; 100mcg; 200mcg
				Budesonide	Budeflam HFA 300 dose 100mcg; 200mcg
				Ciclesonide	Ciclovent 60 dose 80mcg; 160mcg (Only Executive and Comprehensive plans)
	R240	R240	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Airflusal forspiro 60 dose 50/500 (Not available on KeyCare plans)



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Asthma	R240	R240	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Foxair accuhaler 60 dose 50/500 (Only Executive and Comprehensive plans)
					Sereflo DPI 60 dose 50/100; 50/250 (Not available on KeyCare plans)
					Sereflo HFA 120 dose 25/50
					Sereflo HFA 120 dose 25/125; 25/250 (Not available on KeyCare plans)
					Sereflo HFA synchrobreathe 120 dose 25/50
					Sereflo HFA synchrobreathe 120 dose 25/125; 25/250 (Not available on KeyCare plans)
	R240	R240	Vilanterol and Fluticasone	Vilanterol and Fluticasone furoate	Relvar ellipta 30 dose 92/22mcg (Only Executive and Comprehensive plans)
	R20	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
					Panafcort 5mg
					Trolic 5mg
Bipolar mood disorder	R110	R130	Anti-depressants: SSRI's	Citalopram	Adco-Talomil 20mg
					Citalopram 20 Oethmaan 20mg
					Depramil 20mg
					Recita 20mg
				Escitalopram	Accord Escitalopram 10mg; 20mg
					Dolin 10mg; 20mg
					Esetam 10mg; 20mg
				Fluoxetine	Deprozan 20mg
					Fluoxetine 20 Oethmaan 20mg
					Prolax 20mg
				Sertraline	Dyna Sertraline 50mg; 100mg
					Serlife 50mg; 100mg
	R290	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
					Tegretol CR 200mg; 400mg
					Zeptol 200mg
	R430	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg
					Convulex syrup 250mg/5ml
					Epilim crushable 100mg



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Bipolar mood disorder	R430	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Epilim sugar-free syrup 200mg/5ml
					Eprolep CR 200mg; 300mg; 500mg
					Navalpro CR 200mg; 300mg; 500mg
					Valeptic CR 300mg; 500mg
	R335	R335	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg
					Epitec 25mg; 50mg; 100mg; 200mg
					Girotec 50mg; 100mg; 200mg
					Serinem 25mg; 50mg; 100mg; 200mg
	R160	R160	Anti-psychotics: Butyrophenone derivatives	Haloperidol	Haloperidol 5 Oethmaan 5mg
	R615	R945	Anti-psychotics: Clozapine	Clozapine	Aspen Clozapine 25mg; 100mg
					Clozapine Oethmaan 25mg; 100mg
	R345	R345	Anti-psychotics: Lithium	Lithium	Camcolit 250mg; 400mg
	R500	R500	Anti-psychotics: Olanzapine	Olanzapine	Oleanz 5mg; 10mg
					Olexar 5mg; 10mg
					Zolanz 5mg; 10mg
					Zylena 5mg; 10mg
	R400	R400	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 50mg; 100mg
	R295	R295	Anti-psychotics: Quetiapine	Quetiapine	Aroquet 25mg; 100mg; 200mg; 300mg
					Dopaquel 25mg; 100mg; 200mg; 300mg
					Mylan Quetiapine 25mg; 100mg; 200mg; 300mg
					Psyquet 25mg; 100mg; 200mg; 300mg
					Truvalin 25mg; 100mg; 200mg; 300mg
					Zimbiquet 25mg; 100mg; 200mg; 300mg
	R560	R650	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg
					Fluanxol depot 1ml 20mg
				Zuclopenthixol	Clopixol 2mg; 10mg
					Clopixol depot 200mg
	R270	R270	Other anti-psychotics: Aripiprazole	Aripiprazole	Abipip 5mg; 10mg; 15mg



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH	
Bipolar mood disorder	R270	R270	Other anti-psychotics: Aripiprazole	Aripiprazole	Abipip ODT	10mg; 15mg
					Apripent	5mg; 10mg; 15mg
					Aprizon	5mg; 10mg; 15mg
					Aridus	10mg; 15mg
					Aripiprazole Mylan	5mg; 10mg; 15mg
					Aripiprazole Teva	5mg; 10mg; 15mg
					Arizofy	5mg; 10mg; 15mg
					Priptrin	10mg; 15mg
	R360	R360	Other anti-psychotics: Risperidone	Risperidone	Risnia	0.5mg; 1mg; 2mg; 3mg
					Rispacor	0.5mg; 1mg; 2mg; 3mg
					Rispide	0.5mg; 1mg; 2mg
					Zoxadon	0.5mg; 1mg; 2mg; 3mg; 4mg
					Zoxadon ODT	0.5mg; 1mg; 2mg
Bronchiectasis	R40	R40	Adrenergics: Short acting - Salbutamol	Salbutamol	Glenbute 200 dose	100mcg
					Ventimax CFC free 200 dose	100mcg
	R260	R260	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose	20mcg
	R20	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone	5mg
					Panafcort	5mg
					Trolic	5mg
Cardiac failure	R80	R90	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co	20/12.5mg
				Lisinopril and diuretics	Adco-Zetomax co	10/12.5mg; 20/12.5mg
					Lisinopril co Unicorn	10/12.5mg; 20/12.5mg
					Lisoretic	10/12.5mg; 20/12.5mg
					Lisozide	10/12.5mg; 20/12.5mg
				Perindopril and diuretics	Bioprexum Plus (Not available on KeyCare plans)	10/2.5mg
					Ciplasyl Plus	4/1.25mg
					Circator Plus	4/1.25mg
					Pearinda Plus	4/1.25mg; 8/2.5mg
					Perindopril co Unicorn	4/1.25mg



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH	
Cardiac failure	R80	R90	ACE inhibitors and diuretics	Perindopril and diuretics	Prexum Plus	5/1.25mg
					Spec-Perindopril Plus	4/1.25mg
					Trexeva Plus	5/1.25mg
					Vectoryl Plus	4/1.25mg
	R65	R75	ACE inhibitors: Plain	Captopril	Bio-Captopril	25mg
					Mylan Captopril	25mg; 50mg
				Enalapril	Alapren	5mg; 10mg; 20mg
					Enalapril Unicorn	5mg; 10mg; 20mg
					Hypace	5mg
				Lisinopril	Adco-Zetomax	5mg; 10mg; 20mg
					Austell-Lisinopril	10mg; 20mg
					Liso	5mg; 10mg; 20mg
					Lizro	5mg; 10mg; 20mg
					Sinopren	5mg; 10mg; 20mg
				Perindopril	Ciplasyl (Not available on KeyCare plans)	4mg
					Circator (Not available on KeyCare plans)	4mg; 8mg
					Pearinda (Not available on KeyCare plans)	4mg; 8mg
					Perindopril Unicorn (Not available on KeyCare plans)	4mg; 8mg
					Prexum (Not available on KeyCare plans)	10mg
					Ran-Perindopril (Not available on KeyCare plans)	4mg
					Reprex	4mg; 8mg
					Spec-Perindopril (Not available on KeyCare plans)	4mg; 8mg
					Vectoryl (Not available on KeyCare plans)	4mg; 8mg
					Zyace (Not available on KeyCare plans)	4mg
	R220	R220	Alpha and Beta blocking agents	Carvedilol	Carloc	6.25mg; 12.5mg; 25mg
					Carvedilol Unicorn	6.25mg; 12.5mg; 25mg



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH	
Cardiac failure	R220	R220	Alpha and Beta blocking agents	Carvedilol	Carvetrend	6.25mg; 12.5mg; 25mg
					Rubitrend	12.5mg; 25mg
	R90	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Austell Losartan co	50/12.5mg
					Co-Normoten	50/12.5mg; 100/25mg
					Losaar Plus	50/12.5mg; 100/25mg
					Losartan comp Biotech	50/12.5mg; 100/25mg
					Sartoc-co	50/12.5mg; 100/25mg
					Zartan co	50/12.5mg; 100/25mg
				Telmisartan and diuretics	Telpres Plus	40/12.5mg; 80/12.5mg (Not available on KeyCare plans)
					Tesar co	40/12.5mg; 80/12.5mg (Not available on KeyCare plans)
					Ticarda Plus	40/12.5mg; 80/12.5mg (Not available on KeyCare plans)
					Tremistan Plus	40/12.5mg; 80/12.5mg (Not available on KeyCare plans)
				Valsartan and diuretics	Regoval co	80/12.5mg; 160/12.5mg; 160/25mg (Only Executive and Comprehensive plans)
	R75	R110	Angiotensin II antagonists: Plain	Irbesartan	Jubitan	150mg; 300mg (Not available on KeyCare plans)
				Losartan	Annin	50mg; 100mg
					Austell Losartan	50mg; 100mg
					Losartan Accord	50mg; 100mg (Not available on KeyCare plans)
					Zaario	50mg; 100mg (Not available on KeyCare plans)
					Zartan	50mg; 100mg (Only Executive and Comprehensive plans)
				Valsartan	Adco-Valsartan	80mg; 160mg (Only Executive and Comprehensive plans)
					Regoval	80mg; 160mg (Only Executive and Comprehensive plans)
					Vasovan	80mg; 160mg (Only Executive and Comprehensive plans)
	R100	R100	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hydralazine HCl 25 Kiara	25mg
					Hyperphen	10mg; 50mg



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Cardiac failure	R60	R70	Beta blocking agents: Selective	Bisoprolol	Bisbeta 5mg; 10mg
					Emcor 5mg; 10mg
					Presicard 5mg; 10mg
	R35	R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg
					Lanoxin paediatric/geriatric syrup 0.05mg/1ml
	R20	R40	High-ceiling diuretics	Furosemide	Defulide 40mg
					Dino-Retic 40mg
					Diuresix 40mg
					Furobe 40mg
	R15	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg
					Ridaq 12.5mg
	R25	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg
					Catexan 2.5mg
					Cipla-Indapamide 2.5mg
	R120	R120	Potassium sparing agents	Spironolactone	Spiractin 25mg
	R110	R110	Potassium supplements	Potassium chloride	Plenish-K SR 600mg
					Ultipot 600mg
	R250	R250	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Isosorbide dinitrate Kiara 5mg; 10mg
				Isosorbide mononitrate	Ismo 20mg
					Monicor SR 60mg
	R145	R145	Influenza vaccines	Influenza, purified antigen	Influvac 0.5ml
					Influvac tetra single dose 0.5ml pre-filled syringe
					Vaxigrip tetra single dose 0.5ml pre-filled syringe
	R175	R175	Pneumococcus vaccines	Pneumococcus, purified polysaccharides antigen	Pneumovax 23 single dose pre-filled syringe 0.5ml
Cardiomyopathy	R80	R90	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg
				Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg
					Lisinopril co Unicorn 10/12.5mg; 20/12.5mg
					Lisoretic 10/12.5mg; 20/12.5mg



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Cardiomyopathy	R80	R90	ACE inhibitors and diuretics	Lisinopril and diuretics	Lisozone 10/12.5mg; 20/12.5mg
				Perindopril and diuretics	Bioprexum Plus 10/2.5mg (Not available on KeyCare plans)
					Ciplasyl Plus 4/1.25mg
					Circator Plus 4/1.25mg
					Pearinda Plus 4/1.25mg; 8/2.5mg
					Perindopril co Unicorn 4/1.25mg
					Prexum Plus 5/1.25mg
					Spec-Perindopril Plus 4/1.25mg
					Trexeva Plus 5/1.25mg
					Vectoryl Plus 4/1.25mg
	R65	R75	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg
					Mylan Captopril 25mg; 50mg
				Enalapril	Alapren 5mg; 10mg; 20mg
					Enalapril Unicorn 5mg; 10mg; 20mg
					Hypace 5mg
				Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg
					Austell-Lisinopril 10mg; 20mg
					Liso 5mg; 10mg; 20mg
					Lizro 5mg; 10mg; 20mg
					Sinopren 5mg; 10mg; 20mg
				Perindopril	Ciplasyl 4mg (Not available on KeyCare plans)
					Circator 4mg; 8mg (Not available on KeyCare plans)
					Pearinda 4mg; 8mg (Not available on KeyCare plans)
					Perindopril Unicorn 4mg; 8mg (Not available on KeyCare plans)
					Prexum 10mg (Not available on KeyCare plans)
					Ran-Perindopril 4mg (Not available on KeyCare plans)



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH	
Cardiomyopathy	R65	R75	ACE inhibitors: Plain	Perindopril	Reprex	4mg; 8mg
					Spec-Perindopril (Not available on KeyCare plans)	4mg; 8mg
					Vectoryl (Not available on KeyCare plans)	4mg; 8mg
					Zyace (Not available on KeyCare plans)	4mg
	R220	R220	Alpha and Beta blocking agents	Carvedilol	Carloc	6.25mg; 12.5mg; 25mg
					Carvedilol Unicorn	6.25mg; 12.5mg; 25mg
					Carvetrend	6.25mg; 12.5mg; 25mg
					Rubitrend	12.5mg; 25mg
	R90	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Austell Losartan co	50/12.5mg
					Co-Normoten	50/12.5mg; 100/25mg
					Losaar Plus	50/12.5mg; 100/25mg
					Losartan comp Biotech	50/12.5mg; 100/25mg
					Sartoc-co	50/12.5mg; 100/25mg
					Zartan co	50/12.5mg; 100/25mg
				Telmisartan and diuretics	Telpres Plus (Not available on KeyCare plans)	40/12.5mg; 80/12.5mg
					Tesar co (Not available on KeyCare plans)	40/12.5mg; 80/12.5mg
					Ticarda Plus (Not available on KeyCare plans)	40/12.5mg; 80/12.5mg
					Tremistan Plus (Not available on KeyCare plans)	40/12.5mg; 80/12.5mg
				Valsartan and diuretics	Regoval co	80/12.5mg; 160/12.5mg; 160/25mg (Only Executive and Comprehensive plans)
	R75	R110	Angiotensin II antagonists: Plain	Irbesartan	Jubitan (Not available on KeyCare plans)	150mg; 300mg
				Losartan	Annin	50mg; 100mg
					Austell Losartan	50mg; 100mg
					Losartan Accord (Not available on KeyCare plans)	50mg; 100mg
					Zaario (Not available on KeyCare plans)	50mg; 100mg



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Cardiomyopathy	R75	R110	Angiotensin II antagonists: Plain	Losartan	Zartan 50mg; 100mg (Only Executive and Comprehensive plans)
				Valsartan	Adco-Valsartan 80mg; 160mg (Only Executive and Comprehensive plans)
					Regoval 80mg; 160mg (Only Executive and Comprehensive plans)
					Vasovan 80mg; 160mg (Only Executive and Comprehensive plans)
	R85	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
	R100	R100	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hydralazine HCl 25 Kiara 25mg
					Hyperphen 10mg; 50mg
	R30	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg
					Myoprin 100mg
	R60	R70	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg
					Bisbeta 5mg; 10mg
					Emcor 5mg; 10mg
					Presicard 5mg; 10mg
	R35	R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg
					Lanoxin paediatric/geriatric syrup 0.05mg/1ml
	R20	R40	High-ceiling diuretics	Furosemide	Defulide 40mg
					Dino-Retic 40mg
					Diuresix 40mg
					Furobe 40mg
	R15	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg
					Ridaq 12.5mg
	R25	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg
					Catexan 2.5mg
					Cipla-Indapamide 2.5mg
	R120	R120	Potassium sparing agents	Spironolactone	Spiractin 25mg
	R110	R110	Potassium supplements	Potassium chloride	Plenish-K SR 600mg
					Ultipot 600mg



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Cardiomyopathy	R250	R250	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Isosorbide dinitrate Kiara 5mg; 10mg
				Isosorbide mononitrate	Ismo 20mg
					Monicor SR 60mg
	R145	R145	Influenza vaccines	Influenza, purified antigen	Influvac 0.5ml
					Influvac tetra single dose 0.5ml pre-filled syringe
					Vaxigrip tetra single dose 0.5ml pre-filled syringe
	R175	R175	Pneumococcus vaccines	Pneumococcus, purified polysaccharides antigen	Pneumovax 23 single dose pre-filled syringe 0.5ml
Chronic obstructive pulmonary disease (COPD)	R40	R40	Adrenergics: Short acting - Salbutamol	Salbutamol	Glenbute 200 dose 100mcg
					Ventimax CFC free 200 dose 100mcg
	R120	R175	Anti-asthmatics: Systemic Xanthines	Theophylline	Theophylline anhydrous Kiara 200mg; 300mg
	R260	R260	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
	R886	R886	Surgical item: Oxygen concentrator 5L	Oxygen	Oxygen Concentrator (Rental)
	R20	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
					Panafcort 5mg
					Trolic 5mg
	R145	R145	Influenza vaccines	Influenza, purified antigen	Influvac 0.5ml
					Influvac tetra single dose 0.5ml pre-filled syringe
					Vaxigrip tetra single dose 0.5ml pre-filled syringe
Chronic renal disease	R80	R90	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg
				Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg
					Lisinopril co Unicorn 10/12.5mg; 20/12.5mg
					Lisoretic 10/12.5mg; 20/12.5mg
					Lisozide 10/12.5mg; 20/12.5mg
				Perindopril and diuretics	Bioprexum Plus 10/2.5mg (Not available on KeyCare plans)
					Ciplasyl Plus 4/1.25mg
					Circator Plus 4/1.25mg



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Chronic renal disease	R80	R90	ACE inhibitors and diuretics	Perindopril and diuretics	Pearinda Plus 4/1.25mg; 8/2.5mg
					Perindopril co Unicorn 4/1.25mg
					Prexum Plus 5/1.25mg
					Spec-Perindopril Plus 4/1.25mg
					Trexeva Plus 5/1.25mg
					Vectoryl Plus 4/1.25mg
	R65	R75	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg
					Mylan Captopril 25mg; 50mg
				Enalapril	Alapren 5mg; 10mg; 20mg
					Enalapril Unicorn 5mg; 10mg; 20mg
					Hypace 5mg
				Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg
					Austell-Lisinopril 10mg; 20mg
					Liso 5mg; 10mg; 20mg
					Lizro 5mg; 10mg; 20mg
					Sinopren 5mg; 10mg; 20mg
				Perindopril	Ciplasyl 4mg (Not available on KeyCare plans)
					Circator 4mg; 8mg (Not available on KeyCare plans)
					Pearinda 4mg; 8mg (Not available on KeyCare plans)
					Perindopril Unicorn 4mg; 8mg (Not available on KeyCare plans)
					Prexum 10mg (Not available on KeyCare plans)
					Ran-Perindopril 4mg (Not available on KeyCare plans)
					Reprex 4mg; 8mg
					Spec-Perindopril 4mg; 8mg (Not available on KeyCare plans)
					Vectoryl 4mg; 8mg (Not available on KeyCare plans)
					Zyace 4mg (Not available on KeyCare plans)



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Chronic renal disease	R90	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Austell Losartan co 50/12.5mg
					Co-Normoten 50/12.5mg; 100/25mg
					Losaar Plus 50/12.5mg; 100/25mg
					Losartan comp Biotech 50/12.5mg; 100/25mg
					Sartoc-co 50/12.5mg; 100/25mg
					Zartan co 50/12.5mg; 100/25mg
				Telmisartan and diuretics	Telpres Plus 40/12.5mg; 80/12.5mg (Not available on KeyCare plans)
					Tesar co 40/12.5mg; 80/12.5mg (Not available on KeyCare plans)
					Ticarda Plus 40/12.5mg; 80/12.5mg (Not available on KeyCare plans)
					Tremistan Plus 40/12.5mg; 80/12.5mg (Not available on KeyCare plans)
				Valsartan and diuretics	Regoval co 80/12.5mg; 160/12.5mg; 160/25mg (Only Executive and Comprehensive plans)
	R75	R110	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg (Not available on KeyCare plans)
				Losartan	Annin 50mg; 100mg
					Austell Losartan 50mg; 100mg
					Losartan Accord 50mg; 100mg (Not available on KeyCare plans)
					Zaario 50mg; 100mg (Not available on KeyCare plans)
					Zartan 50mg; 100mg (Only Executive and Comprehensive plans)
				Valsartan	Adco-Valsartan 80mg; 160mg (Only Executive and Comprehensive plans)
					Regoval 80mg; 160mg (Only Executive and Comprehensive plans)
					Vasovan 80mg; 160mg (Only Executive and Comprehensive plans)
	R300	R300	Calcium supplements	Calcium carbonate	B-cal
	R10	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
					Folic acid 5mg
	R50	R50	Iron bivalent, oral preparations	Ferrous Sulfate	Ferrous Sulphate 75mg



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH	
Chronic renal disease	R535	R535	Iron, parenteral preparations	Iron, parenteral preparations	Cosmofer ampoule 2ml	50mg/1ml
					Equifer ampoule 5ml	100mg/5ml
					Rautevene ampoule 5ml	100mg/5ml
					Zypiron vial 5ml	20mg/1ml
	R3 340	R3 340	Other anti-anaemic preparations	Darbepoetin Alfa	Aranesp pre-filled syringe 0.4ml	10mcg/0.4ml
					Aranesp pre-filled syringe 0.5ml	20mcg/0.5ml
					Aranesp pre-filled syringe 0.3ml	30mcg/0.3ml
					Aranesp pre-filled syringe 0.4ml	40mcg/0.4ml
					Aranesp pre-filled syringe 0.5ml	50mcg/0.5ml
					Aranesp pre-filled syringe 0.3ml	60mcg/0.3ml
					Aranesp pre-filled syringe 0.4ml	80mcg/0.4ml
					Aranesp pre-filled syringe 0.5ml	100mcg/0.5ml
				Erythropoietin	Eprex pre-fill	2000U/0.5ml
					Eprex pre-fill	4000U/0.4ml
					Repotin ampoule 1ml	2000U; 4000U
				Methoxy polyethylene glycol-epoetin beta	Mircera pre-filled syringe 0.3ml (Not available on KeyCare plans)	50mcg/0.3ml
					Mircera pre-filled syringe 0.3ml (Not available on KeyCare plans)	75mcg/0.3ml
					Mircera pre-filled syringe 0.3ml (Not available on KeyCare plans)	100mcg/0.3ml
					Mircera pre-filled syringe 0.3ml (Not available on KeyCare plans)	120mcg/0.3ml
					Mircera pre-filled syringe 0.3ml (Not available on KeyCare plans)	150mcg/0.3ml
					Mircera pre-filled syringe 0.3ml (Not available on KeyCare plans)	200mcg/0.3ml
					Mircera pre-filled syringe 0.3ml (Not available on KeyCare plans)	250mcg/0.3ml
	R365	R365	Vitamin D and analogues	Alfacalcidol	Zodoray	0.25mcg; 1mcg
Coronary artery disease	R30	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva	80mg
					Myoprin	100mg
	R140	R140	Beta blocking agents: Non-selective	Propranolol	Indoblok	40mg



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH	
Coronary artery disease	R60	R70	Beta blocking agents: Selective	Atenolol	Adco-Atenolol	50mg; 100mg
					B-Block	50mg; 100mg
					Tenopress	50mg; 100mg
				Bisoprolol	Adco-Bisocor	5mg; 10mg
					Bisbeta	5mg; 10mg
					Emcor	5mg; 10mg
					Presicard	5mg; 10mg
	R245	R245	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem SR	180mg; 240mg
				Verapamil	Verahexal 240 SR	240mg
					Verapamil 40 Oethmaan	40mg
	R90	R90	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amloc	5mg; 10mg
					Amlodac	5mg; 10mg
					Amlodipine Unicorn	5mg; 10mg
					Amtas	5mg; 10mg
					Aprate	5mg; 10mg
					Austell-Amlodipine	5mg; 10mg
					Besyloc	5mg; 10mg
					Ciplavasc	5mg; 10mg
					Lomanor	5mg; 10mg
				Felodipine	Felodipine Kiara (Only Executive and Comprehensive plans)	5mg; 10mg
				Nifedipine	Cipalat Retard	20mg
					Cipalat XR (Not available on KeyCare plans)	30mg, 60mg
					Fedaloc SR (Not available on KeyCare plans)	30mg, 60mg
					Fidocare XL (Not available on KeyCare plans)	30mg, 60mg
	R250	R250	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Isosorbide dinitrate Kiara	5mg; 10mg
				Isosorbide mononitrate	Ismo	20mg
					Monicor SR	60mg
Crohn's disease	R10	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid	5mg
					Folic acid	5mg



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Crohn's disease	R980	R980	Intestinal anti-inflammatories: Aminosalicylic acid and similar agents	Mesalazine	Asacol 400mg; 800mg (Not available on KeyCare plans)
					Asacol suppository 500mg (Not available on KeyCare plans)
					Mezavant 1200mg
					Pentasa 500mg
					Pentasa suppository 1000mg (Not available on KeyCare plans)
				Sulfasalazine	Salazopyrin 500mg
					Salazopyrin EN 500mg
	R1 940	R1 940	Intestinal anti-inflammatories: Corticosteroids	Budesonide	Entocord enema 0.02mg/1ml (Only Executive and Comprehensive plans)
	R660	R660	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg
					Azathioprine PCH 50mg
					Imuran 50mg (Only Executive and Comprehensive plans)
	R110	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg
	R20	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
Panafcort 5mg					
Trolic 5mg					
Diabetes insipidus	R1 450	R1 700	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddavp 0.1mg; 0.2mg
					Ddavp nasal spray 5ml 0.1mg/1ml
Diabetes mellitus Type 1	***Please note that an overall monthly limit applies to Insulins across the different Insulin classes*** The overall monthly limit for Priority, Core and Saver plans is R700. The overall monthly limit for Executive and Comprehensive plans is R720.				
	R445	R505	Anti-diabetic agents: Fast-acting Insulins	Insulin Aspart	Fiasp - penfill 3ml (Only Executive and Comprehensive plans)
					Novorapid - penfill 3ml (Not available on KeyCare plans)
				Insulin Glulisine	Apidra - cartridge 3ml
				Insulin Lispro	Humalog - cartridge 3ml (Not available on KeyCare plans)



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Diabetes mellitus Type 1	R700	R720	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)	Insulin Human	Diabulyn 30/70 - cartridge 3ml
				Insulin Lispro	Humalog mix 25 - cartridge 3ml
					Humalog mix 50 - cartridge 3ml
	R440	R440	Anti-diabetic agents: Long-acting Insulins	Insulin Detemir	Levemir - pre-filled cartridge 3ml
				Insulin Glargine	Optisulin - cartridge 3ml
	R30	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg
					Myoprin 100mg
	R200	R200	Blood glucose monitoring agents	Glucose strips	Accu-check test strip glucose active (Not available on KeyCare plans)
					Accu-check test strip glucose instant (Not available on KeyCare plans)
					Glucocheck key test strip
					Glucocheck test strip (Not available on KeyCare plans)
					Onetouch select plus test strips
					Test strip blood glucose clicks bionime gs550
					Test strip freestyle optium glucose (Not available on KeyCare plans)
					Test strip glucose blood fora 6 (Not available on KeyCare plans)
					Test strip glucose caresens n 29g (Not available on KeyCare plans)
					Test strip glucose contour plus (Not available on KeyCare plans)
					Test strip glucose contour ts (Not available on KeyCare plans)
					Test strip glucose fora diamond blood
					Test strip vci ce 50 via
	R350	R350	Surgical item	Lancets	Lancet blood collection needle loris
					Lancet fora collection needle sterile 30g
					Lancet fora tender needle sterile 33g
					Lancet freestyle test
					Lancet glucocheck novicheck
					Lancet solus v2



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH				
Diabetes mellitus Type 1	R350	R350	Surgical item	Lancets	Lancet unilet sterile 28g				
					Lancet unilet sterile 4cm x 6cm x 7.5cm 28g				
					Microlet lancet				
				Needles	BD micro fine plus pen needle 30g 8mm				
					BD micro fine plus pen needle 31g				
					BD micro fine plus pen needle 32g 4mm				
					Droplet pen needle 8mm 31g				
					Needle insulin fora pen 31g 5mm				
					Needle insulin fora pen 31g 8mm				
					Needle insulin fora pen 32g 4mm				
					Needle insulin fora pen 32g 6mm				
					Needle insulin pen verifine 4mmx10cmx15cm 32g				
					Needle insulin pen verifine 4mmx10cmx15cm 33g				
					Needle novofine				
				Syringes	Syringe insulin 1.0ml with 27g needle				
					Syringe insulin bd microfine 12.7mm 1ml 9g				
					Syringe insulin bd microfine 1ml 8mm 30g				
					Syringe insulin bd microfine 8mm demi 0.3ml 30g				
Diabetes mellitus Type 2	R65	R65	Anti-diabetic agents: Biguanides	Metformin	Accord Metformin 500mg; 850mg				
					Apex-Metformin 500mg				
					Austell-Metformin 500mg; 850mg				
					Diaphage 500mg; 850mg; 1000mg				
					Gluconorm 500mg; 850mg				
					Mylan Metformin 500mg; 850mg; 1000mg				
					Romidab 500mg; 850mg; 1000mg				
					Please note that an overall monthly limit applies to Insulins across the different Insulin classes The overall monthly limit for Priority, Core and Saver plans is R700. The overall monthly limit for Executive and Comprehensive plans is R720.				
					R445	R505	Anti-diabetic agents: Fast-acting Insulins	Insulin Aspart	Fiasp - penfill 3ml (Only Executive and Comprehensive plans)
									Novorapid - penfill 3ml (Not available on KeyCare plans)
								Insulin Glulisine	Apidra - cartridge 3ml



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Diabetes mellitus Type 2	R445	R505	Anti-diabetic agents: Fast-acting Insulins	Insulin Lispro	Humalog - cartridge 3ml (Not available on KeyCare plans)
	R700	R720	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)	Insulin Human	Diabulyn 30/70 - cartridge 3ml
				Insulin Lispro	Humalog mix 25 - cartridge 3ml
					Humalog mix 50 - cartridge 3ml
	R440	R440	Anti-diabetic agents: Long-acting Insulins	Insulin Detemir	Levemir - pre-filled cartridge 3ml
				Insulin Glargine	Optisulin - cartridge 3ml
	R140	R140	Anti-diabetic agents: Sulfonamides, urea derivatives	Gliclazide	Diagluclide MR 60mg
					Diaran MR 30mg
					Dyna Gliclazide SR 30mg
					Gliclazide MR Austell 30mg; 60mg
					Gliclazide Unicorn MR 30mg
					Glytab MR 30mg
	R200	R215	Anti-diabetic agents: Thiazolidinediones	Pioglitazone	Cipla-Pioglitazone 15mg; 30mg
					Pioglitazone hydrochloride Macleods 15mg; 30mg
	R30	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg
					Myoprin 100mg
	R200	R200	Blood glucose monitoring agents	Glucose strips	Accu-check test strip glucose active (Not available on KeyCare plans)
					Accu-check test strip glucose instant (Not available on KeyCare plans)
					Glucocheck key test strip
					Glucocheck test strip (Not available on KeyCare plans)
					Onetouch select plus test strips
					Test strip blood glucose clicks bionime gs550
					Test strip freestyle optium glucose (Not available on KeyCare plans)
					Test strip glucose blood fora 6 (Not available on KeyCare plans)
					Test strip glucose caresens n 29g (Not available on KeyCare plans)
					Test strip glucose contour plus (Not available on KeyCare plans)



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Diabetes mellitus Type 2	R200	R200	Blood glucose monitoring agents	Glucose strips	Test strip glucose contour ts (Not available on KeyCare plans)
					Test strip glucose fora diamond blood
					Test strip vci ce 50 via
	R350	R350	Surgical item	Lancets	Lancet blood collection needle loris
					Lancet fora collection needle sterile 30g
					Lancet fora tender needle sterile 33g
					Lancet freestyle test
					Lancet glucocheck novicheck
					Lancet solus v2
					Lancet unilet sterile 28g
					Lancet unilet sterile 4cm x 6cm x 7.5cm 28g
					Microlet lancet
				Needles	BD micro fine plus pen needle 30g 8mm
					BD micro fine plus pen needle 31g
					BD micro fine plus pen needle 32g 4mm
					Droplet pen needle 8mm 31g
					Needle insulin fora pen 31g 5mm
					Needle insulin fora pen 31g 8mm
					Needle insulin fora pen 32g 4mm
					Needle insulin fora pen 32g 6mm
					Needle insulin pen verifine 4mmx10cmx15cm 32g
					Needle insulin pen verifine 4mmx10cmx15cm 33g
					Needle novofine
				Syringes	Syringe insulin 1.0ml with 27g needle
					Syringe insulin bd microfine 12.7mm 1ml 9g
					Syringe insulin bd microfine 1ml 8mm 30g
					Syringe insulin bd microfine 8mm demi 0.3ml 30g
Dysrhythmia	R620	R680	Anti-arrhythmics: class Ic	Flecainide	Tambocor 100mg (Not available on KeyCare plans)
					Tambocor CR 100mg; 200mg (Not available on KeyCare plans)



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH	
Dysrhythmia	R370	R370	Anti-arrhythmics: class III - Amiodarone	Amiodarone	Hexarone	100mg; 200mg
	R85	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin	5mg
	R30	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva	80mg
					Myoprin	100mg
	R140	R140	Beta blocking agents: Non-selective	Propranolol	Indoblok	40mg
				Sotalol	Sotahexal	80mg; 160mg
	R60	R70	Beta blocking agents: Selective	Atenolol	Adco-Atenolol	50mg; 100mg
					B-Block	50mg; 100mg
					Tenopress	50mg; 100mg
				Bisoprolol	Adco-Bisocor	5mg; 10mg
					Bisbeta	5mg; 10mg
					Emcor	5mg; 10mg
					Presicard	5mg; 10mg
	R35	R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin	0.0625mg; 0.25mg
					Lanoxin paediatric/geriatric syrup	0.05mg/1ml
	R245	R245	Selective calcium channel blockers with direct cardiac effects	Verapamil	Verahexal 240 SR	240mg
					Verapamil 40 Oethmaan	40mg
Epilepsy	R30	R30	Anti-epileptics: Barbiturates and derivatives	Phenobarbital	Sedabarb	30mg
	R300	R300	Anti-epileptics: Benzodiazepine derivatives	Clonazepam	Clonam	0.5mg; 2mg
	R290	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol	200mg
					Tegretol CR	200mg; 400mg
					Zeptol	200mg
	R430	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex	150mg; 300mg
					Convulex syrup	250mg/5ml
					Epilim crushable	100mg
					Epilim sugar-free syrup	200mg/5ml
					Eprolep CR	200mg; 300mg; 500mg
					Navalpro CR	200mg; 300mg; 500mg



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH	
Epilepsy	R430	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Valeptic CR	300mg; 500mg
	R110	R110	Anti-epileptics: Hydantoin derivatives	Phenytoin	Phenytoin sod	100mg
	R335	R335	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine	25mg; 50mg; 100mg; 200mg
					Epitec	25mg; 50mg; 100mg; 200mg
					Girotec	50mg; 100mg; 200mg
					Serinem	25mg; 50mg; 100mg; 200mg
				Levetiracetam	Dyna Levetiracetam	250mg; 500mg; 750mg
					Epikepp	250mg; 500mg; 750mg
					Levetiracetam Unicorn	250mg; 750mg
					Redilev	250mg; 500mg; 750mg
				Topiramate	Epimate	25mg; 50mg; 100mg; 200mg
					Toplep	25mg; 50mg; 100mg; 200mg
	R10	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid	5mg
					Folic acid	5mg
Glaucoma	R200	R210	Anti-glaucoma agents: Carbonic anhydrase inhibitors	Dorzolamide	Glaucompress 5ml	2%
					Trusopt 5ml owi (Only Executive and Comprehensive plans)	2%
	R210	R210	Anti-glaucoma agents: Prostaglandin analogues	Bimatoprost	Lumigan	0.01% (Only Executive and Comprehensive plans)
				Latanoprost	Atana 2.5ml	50mcg/1ml (Only Executive and Comprehensive plans)
					Spersatan 2.5ml	50mcg/1ml
				Tafluprost	Saflutan single dose container 0.3ml	15mcg/1ml (Only Executive and Comprehensive plans)
				Travoprost	Travatan 2.5ml	0.004% (Only Executive and Comprehensive plans)
	R210	R210	Anti-glaucoma agents: Sympathomimetics	Brimonidine	Alphagan purite 5ml	1.5mg/1ml
					Brimoct 5ml	2mg/1ml
	R105	R105	Anti-glaucoma Beta blocking agents: Timolol	Timolol	Timoptol 5ml	0.5%
					Timoptol-xe 2.5ml	0.5%
	R250	R270	Anti-glaucoma Beta blocking agents: Timolol, combinations	Timolol, combinations	Azarga 5ml	
					Co-Atana 2.5ml	



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH	
Glaucoma	R250	R270	Anti-glaucoma Beta blocking agents: Timolol, combinations	Timolol, combinations	Combigan 5ml	2mg/5mg
					Cosopt 5ml	0.5%
					(Only Executive and Comprehensive plans)	
					Duotrav 2.5ml	
					Ganfort 3ml	
					Glaumide-co 5ml	
					Glaupopt co 5ml	
					(Not available on KeyCare plans)	
Haemophilia	R5	R5	Analgesics: Paracetamol	Paracetamol	Ocudor co 5ml	
					Xalacom 2.5ml	
					(Only Executive and Comprehensive plans)	
	R245	R245	Anti-fibrinolytics: Amino acids	Tranexamic acid	Adco-Napamol bucket	500mg
					Adco-Prolief	500mg
					Cetapon	500mg
	R50 000	R50 000	Blood coagulation factors	Coagulation factor VIII	Fibtin	500mg
					Haemosolvate VIII	300U; 500U; 1000U
					Octanate vial 5ml	250U
					Octanate vial 10ml	500U; 1000U
				Coagulation factor IX	Haemosolvex IX	500U
					Octanine F vial 30ml	250U; 500U; 1000U
Hyperlipidaemia	R1 450	R1 700	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddavp	0.1mg; 0.2mg
					Ddavp nasal spray 5ml	0.1mg/1ml
	R335	R335	Lipid modifying agent: Combinations	Pravastatin and Fenofibrate	Pravafen	40/160mg
					Bezalip Retard	400mg
	R275	R275	Lipid modifying agents: Fibrates	Bezafibrate	Sandoz Bezafibrate	400mg
	R45	R55	Lipid modifying agents: Statins	Atorvastatin	Adco Atorvastatin	10mg; 20mg; 40mg
					Aspavor	10mg; 20mg; 40mg
					Astor	10mg; 20mg; 40mg
					Cholmin	10mg; 20mg; 40mg
					Dezzolip	10mg; 20mg; 40mg; 80mg
					Dynator	10mg; 20mg; 40mg; 80mg



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Hyperlipidaemia	R45	R55	Lipid modifying agents: Statins	Atorvastatin	Lipogen 10mg; 20mg; 40mg; 80mg
				Simvastatin	Adco-Simvastatin 10mg; 20mg; 40mg
					Austell-Simvastatin 10mg; 20mg; 40mg
					Choleste 10mg; 20mg; 40mg
					Cipla-Simvastatin 10mg; 20mg; 40mg
					Simvacor 10mg; 20mg; 40mg
					Simvotin 10mg; 20mg; 40mg
Hypertension	R130	R130	ACE inhibitors and calcium channel blockers	Perindopril and Amlodipine	Mixanval 5/5mg; 10/5mg; 5/10mg; 10/10mg
					Pearloc 4/5mg; 4/10mg; 8/5mg; 8/10mg
					Reaptan 5/5mg; 10/5mg; 5/10mg; 10/10mg
	R80	R90	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg
				Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg
					Lisinopril co Unicorn 10/12.5mg; 20/12.5mg
					Lisoretic 10/12.5mg; 20/12.5mg
					Lisozide 10/12.5mg; 20/12.5mg
				Perindopril and diuretics	Bioprexum Plus 10/2.5mg (Not available on KeyCare plans)
					Ciplasyl Plus 4/1.25mg
					Circator Plus 4/1.25mg
					Pearinda Plus 4/1.25mg; 8/2.5mg
					Perindopril co Unicorn 4/1.25mg
					Prexum Plus 5/1.25mg
					Spec-Perindopril Plus 4/1.25mg
					Trexeva Plus 5/1.25mg
					Vectoryl Plus 4/1.25mg
	R180	R190	ACE inhibitors, other combinations	Perindopril, Amlodipine and Indapamide	Triplixam 5/1.25/5mg; 5/1.25/10mg; 10/2.5/5mg; 10/2.5/10mg (Not available on KeyCare plans)
	R65	R75	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg
					Mylan Captopril 25mg; 50mg
				Enalapril	Alapren 5mg; 10mg; 20mg
					Enalapril Unicorn 5mg; 10mg; 20mg



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Hypertension	R65	R75	ACE inhibitors: Plain	Enalapril	Hypace 5mg
				Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg
					Austell-Lisinopril 10mg; 20mg
					Liso 5mg; 10mg; 20mg
					Lizro 5mg; 10mg; 20mg
					Sinopren 5mg; 10mg; 20mg
				Perindopril	Ciplasyl 4mg (Not available on KeyCare plans)
					Circator 4mg; 8mg (Not available on KeyCare plans)
					Pearinda 4mg; 8mg (Not available on KeyCare plans)
					Perindopril Unicorn 4mg; 8mg (Not available on KeyCare plans)
					Prexum 10mg (Not available on KeyCare plans)
					Ran-Perindopril 4mg (Not available on KeyCare plans)
					Reprex 4mg; 8mg
					Spec-Perindopril 4mg; 8mg (Not available on KeyCare plans)
					Vectoryl 4mg; 8mg (Not available on KeyCare plans)
					Zyace 4mg (Not available on KeyCare plans)
	R220	R220	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg
					Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
					Carvetrend 6.25mg; 12.5mg; 25mg
					Rubitrend 12.5mg; 25mg
	R165	R200	Angiotensin II antagonists and calcium channel blockers	Valsartan and Amlodipine	Calsar 5/80mg; 5/160mg; 10/160mg (Not available on KeyCare plans)
					Dafiro 5/160mg; 10/160mg (Not available on KeyCare plans)
					Valduo 5/160mg; 10/160mg (Not available on KeyCare plans)
					Valvasc 5/160mg; 10/160mg (Not available on KeyCare plans)



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Hypertension	R90	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Austell Losartan co 50/12.5mg
					Co-Normoten 50/12.5mg; 100/25mg
					Losaar Plus 50/12.5mg; 100/25mg
					Losartan comp Biotech 50/12.5mg; 100/25mg
					Sartoc-co 50/12.5mg; 100/25mg
					Zartan co 50/12.5mg; 100/25mg
				Telmisartan and diuretics	Telpres Plus 40/12.5mg; 80/12.5mg (Not available on KeyCare plans)
					Tesar co 40/12.5mg; 80/12.5mg (Not available on KeyCare plans)
					Ticarda Plus 40/12.5mg; 80/12.5mg (Not available on KeyCare plans)
					Tremistan Plus 40/12.5mg; 80/12.5mg (Not available on KeyCare plans)
				Valsartan and diuretics	Regoval co 80/12.5mg; 160/12.5mg; 160/25mg (Only Executive and Comprehensive plans)
	R180	R215	Angiotensin II antagonists, other combinations	Valsartan, Amlodipine and Hydrochlorothiazide	Co-Copalia 5/160/12.5mg; 5/160/25mg; 10/160/12.5mg; 10/160/25mg (Only Executive and Comprehensive plans)
	R75	R110	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg (Not available on KeyCare plans)
				Losartan	Annin 50mg; 100mg
					Austell Losartan 50mg; 100mg
					Losartan Accord 50mg; 100mg (Not available on KeyCare plans)
					Zaario 50mg; 100mg (Not available on KeyCare plans)
					Zartan 50mg; 100mg (Only Executive and Comprehensive plans)
				Valsartan	Adco-Valsartan 80mg; 160mg (Only Executive and Comprehensive plans)
					Regoval 80mg; 160mg (Only Executive and Comprehensive plans)
					Vasovan 80mg; 160mg (Only Executive and Comprehensive plans)
	R200	R200	Anti-adrenergic agents: Alpha-adrenoreceptor antagonists	Doxazosin	Cardugen 1mg; 4mg
					Urodoxa 4mg



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Hypertension	R170	R170	Anti-adrenergic agents: Methyldopa	Methyldopa	Hypotone 250mg
					Mylan Methyldopa 250mg
	R35	R35	Anti-adrenergic agents: Rauwolfia alkaloids	Reserpine	Reserpine 0.25mg
	R100	R100	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hydralazine HCl 25 Kiara 25mg
					Hyperphen 10mg; 50mg
	R140	R140	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg
	R60	R70	Beta blocking agents: Selective	Atenolol	Adco-Atenolol 50mg; 100mg
					B-Block 50mg; 100mg
					Tenopress 50mg; 100mg
				Bisoprolol	Adco-Bisocor 5mg; 10mg
					Bisbeta 5mg; 10mg
					Emcor 5mg; 10mg
					Presicard 5mg; 10mg
	R125	R125	Calcium channel blockers and diuretics	Amlodipine and diuretics	Natrixam 1.5/5mg; 1.5/10mg
	R20	R40	High-ceiling diuretics	Furosemide	Defulide 40mg
					Dino-Retic 40mg
					Diuresix 40mg
					Furobe 40mg
	R15	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg
					Ridaq 12.5mg
	R25	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg
					Catexan 2.5mg
					Cipla-Indapamide 2.5mg
	R120	R120	Potassium sparing agents	Spironolactone	Spiractin 25mg
	R110	R110	Potassium supplements	Potassium chloride	Plenish-K SR 600mg
					Ultipot 600mg
	R245	R245	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem SR 180mg; 240mg
				Verapamil	Verahexal 240 SR 240mg
					Verapamil 40 Oethmaan 40mg



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH	
Hypertension	R90	R90	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amloc	5mg; 10mg
					Amlodac	5mg; 10mg
					Amlodipine Unicorn	5mg; 10mg
					Amtas	5mg; 10mg
					Aprate	5mg; 10mg
					Austell-Amlodipine	5mg; 10mg
					Besyloc	5mg; 10mg
					Ciplavasc	5mg; 10mg
					Lomanor	5mg; 10mg
				Felodipine	Felodipine Kiara	5mg; 10mg (Only Executive and Comprehensive plans)
				Nifedipine	Cipalat Retard	20mg
					Cipalat XR	30mg, 60mg (Not available on KeyCare plans)
					Fedalloc SR	30mg, 60mg (Not available on KeyCare plans)
					Fidocare XL	30mg, 60mg (Not available on KeyCare plans)
Hypothyroidism	R35	R35	Thyroid hormones	Levothyroxine sodium	Euthyrox	25mcg; 50mcg; 100mcg
Multiple sclerosis	R95	R95	Anti-depressants: Tricyclics	Amitriptyline	Amitriptyline 10mg Austell	10mg
					Amitriptyline HCl Kiara	25mg
					Gulf Amitriptyline	25mg
					Trepiline	10mg
	R225	R280	Drugs for urinary frequency and incontinence	Oxybutynin	Mylan Oxybutynin	5mg
					Oxyrest	5mg
	R7 700	R7 700	Interferons	Interferon Beta-1A	Avonex pre-filled syringe 0.5ml	30mcg/0.5ml
					Rebif 22 pre-filled syringe 0.5ml	22mcg/0.5ml
					Rebif 22 rebidose pre-filled pen 0.5ml	22mcg/0.5ml
					Rebif 44 pre-filled syringe 0.5ml	44mcg/0.5ml
					Rebif 44 rebidose pre-filled pen 0.5ml	44mcg/0.5ml
				Interferon Beta-1B	Betaferon pre-filled syringe 1ml	9600000U/1ml



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH	
Multiple sclerosis	R7 700	R7 700	Interferons	Peginterferon Beta-1A	Plegridy pre-filled pen 0.5ml	125mcg/0.5ml
	R1 250	R1 250	Muscle relaxants: Other centrally acting agents	Baclofen	Teva Baclofen	10mg
	R20	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone	5mg
					Panafcort	5mg
					Trolic	5mg
Parkinson's disease	R295	R295	Anticholinergic agents: Tertiary amines	Biperiden	Akineton	2mg
	R505	R505	Dopamine agonists	Pramipexole	Oxpola	0.125mg; 0.25mg
					Pexasp	0.125mg; 0.25mg; 1mg
	R280	R280	Dopaminergic agents: Adamantane derivatives	Amantadine	Symadin	100mg
	R480	R480	Dopaminergic agents: Monoamine oxidase B inhibitors - Rasagiline	Rasagiline	Azilect	1mg
					Rasapar	1mg
	R580	R580	Levodopa and decarboxylase inhibitor	Levodopa and decarboxylase inhibitor	Lecardop	25/100mg; 25/250mg
					Teva Carbi-Levo	25/100mg; 25/250mg
Rheumatoid arthritis	R60	R60	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	Adco-Diclofenac	50mg
					A-Lennon Diclofenac	25mg; 50mg
					Diclofenac Biotech	25mg
					Mylan Diclofenac	25mg; 50mg
					Panamor AT	50mg
				Indomethacin	Betacin	25mg
					Gulf Indomethacin	25mg
					Methocaps	25mg
				Meloxicam	Adco-Meloxicam	15mg
					Coxflam	7.5mg
					Flexocam	7.5mg
					Medoxicam	7.5mg
				Piroxicam	Pyrocaps	20mg
					Roxifen	20mg



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH	
Rheumatoid arthritis	R45	R45	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betaprofen	200mg
					Betaprofen FC	400mg
					Bren	400mg
					Ibucine	200mg; 400mg
					Ibunate	200mg
					Ibusor	200mg
				Naproxen	Napinflam	250mg
					Naproscript	250mg
	R110	R110	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine	200mg
	R10	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid	5mg
					Folic acid	5mg
	R980	R980	Intestinal anti-inflammatories: Aminosalicyclic acid and similar agents	Sulfasalazine	Salazopyrin	500mg
					Salazopyrin EN	500mg
	R660	R660	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun	50mg
					Azathioprine PCH	50mg
					Imuran (Only Executive and Comprehensive plans)	50mg
	R110	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate	2.5mg
	R775	R775	Selective immunosuppressive agents: Leflunomide	Leflunomide	Lunar	20mg
					Ravalef	10mg; 20mg
					Rheumalef	10mg; 20mg
	R20	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone	5mg
					Panafcort	5mg
					Trolic	5mg
Schizophrenia	R110	R130	Anti-depressants: SSRI's	Citalopram	Adco-Talomil	20mg
					Citalopram 20 Oethmaan	20mg
					Depramil	20mg
					Recita	20mg
				Escitalopram	Accord Escitalopram	10mg; 20mg



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH	
Schizophrenia	R110	R130	Anti-depressants: SSRI's	Escitalopram	Dolin	10mg; 20mg
					Esetam	10mg; 20mg
				Fluoxetine	Deprozan	20mg
					Fluoxetine 20 Oethmaan	20mg
					Prolax	20mg
				Sertraline	Dyna Sertraline	50mg; 100mg
					Serlife	50mg; 100mg
	R290	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol	200mg
					Tegretol CR	200mg; 400mg
					Zeptol	200mg
	R430	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex	150mg; 300mg
					Convulex syrup	250mg/5ml
					Epilim crushable	100mg
					Epilim sugar-free syrup	200mg/5ml
					Eprolep CR	200mg; 300mg; 500mg
					Navalpro CR	200mg; 300mg; 500mg
					Valeptic CR	300mg; 500mg
	R335	R335	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine	25mg; 50mg; 100mg; 200mg
					Epitec	25mg; 50mg; 100mg; 200mg
					Girotec	50mg; 100mg; 200mg
					Serinem	25mg; 50mg; 100mg; 200mg
	R160	R160	Anti-psychotics: Butyrophenone derivatives	Haloperidol	Haloperidol 5 Oethmaan	5mg
	R615	R945	Anti-psychotics: Clozapine	Clozapine	Aspen Clozapine	25mg; 100mg
					Clozapine Oethmaan	25mg; 100mg
	R345	R345	Anti-psychotics: Lithium	Lithium	Camcolit	250mg; 400mg
	R500	R500	Anti-psychotics: Olanzapine	Olanzapine	Oleanz	5mg; 10mg
					Olexar	5mg; 10mg
					Zolanz	5mg; 10mg
					Zylena	5mg; 10mg



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Schizophrenia	R400	R400	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 50mg; 100mg
	R295	R295	Anti-psychotics: Quetiapine	Quetiapine	Aroquet 25mg; 100mg; 200mg; 300mg
					Dopaquel 25mg; 100mg; 200mg; 300mg
					Mylan Quetiapine 25mg; 100mg; 200mg; 300mg
					Psyquet 25mg; 100mg; 200mg; 300mg
					Truvalin 25mg; 100mg; 200mg; 300mg
					Zimbiquet 25mg; 100mg; 200mg; 300mg
	R560	R650	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg
					Fluanxol depot 1ml 20mg
				Zuclopenthixol	Clopixol 2mg; 10mg
					Clopixol depot 200mg
	R270	R270	Other anti-psychotics: Aripiprazole	Aripiprazole	Abipip 5mg; 10mg; 15mg
					Abipip ODT 10mg; 15mg
					Apripent 5mg; 10mg; 15mg
					Aprizon 5mg; 10mg; 15mg
					Aridus 10mg; 15mg
					Aripiprazole Mylan 5mg; 10mg; 15mg
					Aripiprazole Teva 5mg; 10mg; 15mg
					Arizofy 5mg; 10mg; 15mg
					Priptrin 10mg; 15mg
	R360	R360	Other anti-psychotics: Risperidone	Risperidone	Risnia 0.5mg; 1mg; 2mg; 3mg
					Rispacor 0.5mg; 1mg; 2mg; 3mg
					Rispide 0.5mg; 1mg; 2mg
					Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg
					Zoxadon ODT 0.5mg; 1mg; 2mg
Systemic lupus erythematosus (SLE)	R60	R60	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	Adco-Diclofenac 50mg
					A-Lennon Diclofenac 25mg; 50mg
					Diclofenac Biotech 25mg
					Mylan Diclofenac 25mg; 50mg
					Panamor AT 50mg



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH	
Systemic lupus erythematosus (SLE)	R60	R60	Anti-inflammatory agents: Acetic acid derivatives and related substances	Indomethacin	Betacin	25mg
					Gulf Indomethacin	25mg
					Methocaps	25mg
	R60	R60	Anti-inflammatory agents: Oxicams	Meloxicam	Adco-Meloxicam	15mg
					Coxflam	7.5mg
					Flexocam	7.5mg
					Medoxicam	7.5mg
				Piroxicam	Pyrocaps	20mg
					Roxifen	20mg
	R45	R45	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betaprofen	200mg
					Betaprofen FC	400mg
					Bren	400mg
					Ibucine	200mg; 400mg
					Ibunate	200mg
					Ibusor	200mg
				Naproxen	Napinflam	250mg
					Naproscript	250mg
	R110	R110	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine	200mg
	R85	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin	5mg
	R30	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva	80mg
					Myoprin	100mg
	R25	R25	Emollients and protectives: Zinc products	Zinc products	Zinc ointment bp	
	R10	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid	5mg
					Folic acid	5mg
	R660	R660	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun	50mg
					Azathioprine PCH	50mg
					Imuran (Only Executive and Comprehensive plans)	50mg
	R110	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate	2.5mg



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH	
Systemic lupus erythematosus (SLE)	R20	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone	5mg
					Panafcort	5mg
					Trolic	5mg
	R25	R25	Topical Corticosteroids: Group III	Betamethasone	Repivate cream	0.1%
					Topivate cream	0.1%
					Vari-Betamethasone cream	0.1%
Ulcerative colitis	R10	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid	5mg
					Folic acid	5mg
	R980	R980	Intestinal anti-inflammatories: Aminosalicic acid and similar agents	Mesalazine	Asacol 400mg; 800mg (Not available on KeyCare plans)	
					Asacol suppository (Not available on KeyCare plans)	500mg
					Mezavant	1200mg
					Pentasa	500mg
					Pentasa suppository (Not available on KeyCare plans)	1000mg
				Sulfasalazine	Salazopyrin	500mg
					Salazopyrin EN	500mg
	R1 940	R1 940	Intestinal anti-inflammatories: Corticosteroids	Budesonide	Entocord enema (Only Executive and Comprehensive plans)	0.02mg/1ml
	R660	R660	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun	50mg
					Azathioprine PCH	50mg
					Imuran (Only Executive and Comprehensive plans)	50mg
	R110	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate	2.5mg
	R20	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone	5mg
					Panafcort	5mg
					Trolic	5mg



The Prescribed Minimum Benefits (PMBs) Chronic Disease List (CDL) Enhanced medicine list for all plan types

The PMB CDL Enhanced medicine list applies to all Discovery Health Medical Scheme plans for the 2023 benefit year. The Chronic Drug Amount (CDA) **does not** apply to the KeyCare and Smart plans.

CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Asthma	R225	R225	Anti-asthmatics: Leukotriene receptor antagonists	Montelukast	Belair 4mg; 5mg; 10mg (Not available on KeyCare plans)
					Kulair 4mg; 5mg; 10mg (Not available on KeyCare plans)
					Sintrine 4mg; 5mg; 10mg (Not available on KeyCare plans)
					Topraz 4mg; 5mg; 10mg (Not available on KeyCare plans)
	R535	R535	Indacaterol, Glycopyrronium bromide and Mometasone	Indacaterol, Glycopyrronium bromide and Mometasone	Zimbus breezhaler (30 caps & inhaler) 150/50/80; 150/50/160
	R65	R65	Nasal Corticosteroids	Beclomethasone	Beclate aquanase 150 dose 50mcg
				Fluticasone	Fluticasone OTC Teva 120 dose (Not available on KeyCare plans) 50mcg
Cardiac failure	R340	R340	Sodium-glucose co-transporter 2 (SGLT2) inhibitors	Dapagliflozin	Duforzig 10mg (Not available on KeyCare plans)
Chronic obstructive pulmonary disease (COPD)	R205	R205	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/dose
	R385	R385	Adrenergics: Ultra long acting - Indacaterol	Indacaterol	Onbrez breezhaler (30 caps & inhaler) (Only Executive and Comprehensive plans)
	R240	R240	Formoterol and Beclomethasone	Formoterol and Beclomethasone	Innuvair 120 dose 100/6mcg (Only Executive and Comprehensive plans)
	R240	R240	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 60 dose 160/4.5mcg
					Symbicord turbohaler 60 dose 320/9mcg (Only Executive and Comprehensive plans)
					Symbicord turbohaler 120 dose 160/4.5mcg (Only Executive and Comprehensive plans)
					Vannair 120 dose 80/4.5mcg; 160/4.5mcg (Only Executive and Comprehensive plans)
	R240	R240	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 120 dose 100/5mcg; 200/5mcg



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Chronic obstructive pulmonary disease (COPD)	R545	R545	Indacaterol and Glycopyrronium bromide	Indacaterol and Glycopyrronium bromide	Ultibro breezhaler (30 caps & inhaler)
	R450	R450	Inhaled anticholinergics: Glycopyrronium bromide	Glycopyrronium bromide	Seebri breezhaler (30 caps & inhaler)
	R410	R410	Inhaled anticholinergics: Tiotropium bromide	Tiotropium bromide	Forvent (refill) 18mcg
					Tiotor 30 inh capsules with zelpir inhaler
	R240	R240	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Airfusol forspiro 60 dose 50/500 (Not available on KeyCare plans)
					Foxair accuhaler 60 dose 50/500 (Only Executive and Comprehensive plans)
					Sereflo DPI 60 dose 50/100; 50/250 (Not available on KeyCare plans)
					Sereflo HFA 120 dose 25/50
					Sereflo HFA 120 dose 25/125; 25/250 (Not available on KeyCare plans)
					Sereflo HFA synchrobreathe 120 dose 25/50
					Sereflo HFA synchrobreathe 120 dose 25/125; 25/250 (Not available on KeyCare plans)
	R240	R240	Vilanterol and Fluticasone	Vilanterol and Fluticasone furoate	Relvar ellipta 30 dose 92/22mcg (Only Executive and Comprehensive plans)
Chronic renal disease	R270	R270	Hepatitis B vaccine	Hepatitis B, purified antigen	Euvax b vial 1ml 20mcg/1ml
					Heberbio hbv sgl dose 1ml adult 20mcg/1ml
Coronary artery disease	R130	R235	Anti-thrombotic agents: Clopidogrel	Clopidogrel	Acticlop 75mg (Only Executive and Comprehensive plans)
					Clopidogrel Unicorn 75mg (Only Executive and Comprehensive plans)
					Clovexa 75mg
					Deplatt 75mg (Only Executive and Comprehensive plans)
					Pharma Dynamics Clopidogrel 75mg (Only Executive and Comprehensive plans)
					Plagrol 75mg
Diabetes mellitus Type 2	R225	R285	Anti-diabetic agents: Oral drug combinations	Metformin and Vildagliptin	Jalramet 50/850mg; 50/1000mg (Not available on KeyCare plans)
	R710	R710	Anti-diabetic agents: Other, excluding Insulins - Exenatide	Exenatide	Byetta disposable pen 60 dose 1.2ml 5mcg/dose
					Byetta disposable pen 60 dose 2.4ml 10mcg/dose



CHRONIC DISEASE LIST CONDITION	CDA FOR PRIORITY, CORE AND SAVER PLANS	CDA FOR EXECUTIVE AND COMPREHENSIVE PLANS	MEDICINE CLASS	ACTIVE INGREDIENT	MEDICINE NAME AND STRENGTH
Diabetes mellitus Type 2	R140	R220	Dipeptidyl peptidase inhibitors: Vildagliptin	Vildagliptin	Jalra 50mg (Not available on KeyCare plans)
	R340	R340	Sodium-glucose co-transporter 2 (SGLT2) inhibitors	Dapagliflozin	Duforzig 10mg (Not available on KeyCare plans)
Multiple sclerosis	R7 000	R7 000	Cytokines and immunomodulators - Other	Glatiramer Acetate	Copaxone pre-filled syringe 1ml 20mg/1ml
	R6 160	R6 160	Selective immunosuppressive agents	Fingolimod	Myelenea 0.5mg
				Teriflunomide	Aubagio 14mg
Rheumatoid arthritis	R60	R220	Anti-inflammatory agents: Coxibs	Celecoxib	Colcibra 100mg; 200mg (Not available on KeyCare plans)
					Coxleon 100mg; 200mg (Not available on KeyCare plans)
Systemic lupus erythematosus (SLE)	R60	R220	Anti-inflammatory agents: Coxibs	Celecoxib	Colcibra 100mg; 200mg (Not available on KeyCare plans)
					Coxleon 100mg; 200mg (Not available on KeyCare plans)



Monthly limit amounts for diabetes consumables

The monthly limit amounts below apply to the consumables for continuous glucose monitors and insulin pumps for the management of Diabetes mellitus Type 1. **Not available on KeyCare plans**

CHRONIC DISEASE LIST CONDITION	MONTHLY LIMIT AMOUNT	SURGICAL CLASS
Diabetes mellitus Type 1	R1 560	Continuous glucose monitoring sensors (Only Executive and Comprehensive plans)
	R1 560 (for members < 18 years)	Continuous glucose monitoring sensors (Only Priority, Saver, Smart and Core plans)
	R780 (for members ≥ 18 years)	
	R1 552	Insulin pump reservoirs and infusion sets (Only Executive and Comprehensive plans)



Chronic Drug Amounts for the Executive and Comprehensive plans covered for Additional Disease List (ADL) conditions.

The Chronic Drug Amounts (CDAs) below apply to the Executive and Comprehensive plans, except the Classic Smart Comprehensive Plan, for ADL conditions.

ADDITIONAL DISEASE LIST (ADL) CONDITION	CHRONIC DRUG AMOUNT (CDA)	MEDICINE CLASS
Ankylosing spondylitis	R60	Anti-inflammatory agents - Acetic acid derivatives and related substances
	R40	Anti-inflammatory agents - Butylpyrazolidines
	R220	Anti-inflammatory agents - Coxibs
	R60	Anti-inflammatory agents - Fenamates
	R60	Anti-inflammatory agents - Other anti-inflammatory and anti-rheumatic agents, non-steroids
	R60	Anti-inflammatory agents - Oxicams
	R45	Anti-inflammatory agents - Propionic acid derivatives
	R10	Folic acid and derivatives
	R980	Intestinal anti-inflammatories - Aminosalicilic acid and similar agents
	R660	Other immunosuppressive agents - Azathioprine
	R110	Other immunosuppressive agents - Methotrexate
	R110	Potassium supplements
	R775	Selective immunosuppressive agents - Leflunomide
	R270	Systemic Corticosteroids - Betamethasone
Behcet's disease	R360	Alkylating agents - Nitrogen mustard analogues
	R660	Other immunosuppressive agents - Azathioprine
	R110	Potassium supplements
	R270	Systemic Corticosteroids - Betamethasone
Cystic fibrosis	R205	Adrenergics - Long acting - Salmeterol
	R40	Adrenergics - Short acting - Salbutamol
	R27 000	Anti-bacterial agents, Systemic - Aminoglycosides
	R485	Anti-bacterial agents, Systemic - Macrolides
	R455	Anti-bacterial agents, Systemic - Other
	R345	Anti-bacterial agents, Systemic - Penicillins
	R140	Anti-bacterial agents, Systemic - Quinolones
	R60	Anti-bacterial agents, Systemic - Sulfonamides
	R440	Anti-fungal agents, Systemic
	R7 296	Digestive enzymes
	R300	Drugs for constipation



ADDITIONAL DISEASE LIST (ADL) CONDITION	CHRONIC DRUG AMOUNT (CDA)	MEDICINE CLASS
Cystic fibrosis	R245	Mucolytics
	R650	Nutritional supplements
	R110	Other plain vitamin preparations
	R110	Potassium supplements
	R100	Sodium Chloride for nebulisation
	R270	Systemic Corticosteroids - Betamethasone
	R365	Vitamin D and analogues
Delusional disorder	R295	Anticholinergic agents - Tertiary amines
	R750	Anti-depressants - MAOI's - Non-selective
	R130	Anti-depressants - SSRI's
	R95	Anti-depressants - Tricyclics
	R400	Anti-psychotics - Phenothiazines with aliphatic side-chain
	R340	Other anti-depressants - Augmenters - Trazodone
	R750	Other anti-depressants - Noradrenergic and specific serotonergic agents - Mianserin
	R325	Other anti-depressants - Noradrenergic and specific serotonergic agents - Mirtazapine
	R700	Other anti-depressants - Norepinephrine re-uptake inhibitors - Reboxetine
	R375	Other anti-depressants - Norepinephrine-Dopamine re-uptake inhibitors - Bupropion
	R250	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Desvenlafaxine
	R180	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Duloxetine
	R250	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Venlafaxine
	R410	Other anti-depressants - Vortioxetine
Dermatopolymyositis	R110	Anti-rheumatic agents - Chloroquine
	R10	Folic acid and derivatives
	R660	Other immunosuppressive agents - Azathioprine
	R110	Other immunosuppressive agents - Methotrexate
	R110	Potassium supplements
	R270	Systemic Corticosteroids - Betamethasone
Generalised anxiety disorder	R750	Anti-depressants - MAOI's - Non-selective
	R130	Anti-depressants - SSRI's
	R95	Anti-depressants - Tricyclics
	R340	Other anti-depressants - Augmenters - Trazodone
	R750	Other anti-depressants - Noradrenergic and specific serotonergic agents - Mianserin



ADDITIONAL DISEASE LIST (ADL) CONDITION	CHRONIC DRUG AMOUNT (CDA)	MEDICINE CLASS
Generalised anxiety disorder	R325	Other anti-depressants - Noradrenergic and specific serotonergic agents - Mirtazapine
	R700	Other anti-depressants - Norepinephrine re-uptake inhibitors - Reboxetine
	R375	Other anti-depressants - Norepinephrine-Dopamine re-uptake inhibitors - Bupropion
	R250	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Desvenlafaxine
	R180	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Duloxetine
	R250	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Venlafaxine
	R410	Other anti-depressants - Vortioxetine
Huntington's disease	R750	Anti-depressants - MAOI's - Non-selective
	R130	Anti-depressants - SSRI's
	R95	Anti-depressants - Tricyclics
	R300	Anti-epileptics - Benzodiazepine derivatives
	R385	Anti-epileptics - Carboxamide derivatives
	R430	Anti-epileptics - Fatty acid derivatives
	R110	Anti-epileptics - Hydantoin derivatives
	R335	Anti-epileptics - Other agents
	R720	Anti-epileptics - Succinimide derivatives
	R345	Anti-psychotics - Lithium
	R400	Anti-psychotics - Phenothiazines with aliphatic side-chain
	R340	Other anti-depressants - Augmenters - Trazodone
	R750	Other anti-depressants - Noradrenergic and specific serotonergic agents - Mianserin
	R325	Other anti-depressants - Noradrenergic and specific serotonergic agents - Mirtazapine
	R700	Other anti-depressants - Norepinephrine re-uptake inhibitors - Reboxetine
	R375	Other anti-depressants - Norepinephrine-Dopamine re-uptake inhibitors - Bupropion
	R250	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Desvenlafaxine
	R180	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Duloxetine
	R250	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Venlafaxine
	R410	Other anti-depressants - Vortioxetine
Isolated growth hormone deficiency in children under 18 years	R11 850	Anterior Pituitary hormones - Somatropin and somatropin agonists
Major depression	R295	Anticholinergic agents - Tertiary amines
	R750	Anti-depressants - MAOI's - Non-selective



ADDITIONAL DISEASE LIST (ADL) CONDITION	CHRONIC DRUG AMOUNT (CDA)	MEDICINE CLASS
Major depression	R130	Anti-depressants - SSRI's
	R95	Anti-depressants - Tricyclics
	R385	Anti-epileptics - Carboxamide derivatives
	R430	Anti-epileptics - Fatty acid derivatives
	R110	Anti-epileptics - Hydantoin derivatives
	R335	Anti-epileptics - Other agents
	R720	Anti-epileptics - Succinimide derivatives
	R360	Anti-psychotics - Benzamides
	R345	Anti-psychotics - Lithium
	R650	Anti-psychotics - Thioxanthene derivatives
	R340	Other anti-depressants - Augmenters - Trazodone
	R250	Other anti-depressants - Melatonergic agents - Agomelatine
	R750	Other anti-depressants - Noradrenergic and specific serotonergic agents - Mianserin
	R325	Other anti-depressants - Noradrenergic and specific serotonergic agents - Mirtazapine
	R700	Other anti-depressants - Norepinephrine re-uptake inhibitors - Reboxetine
	R375	Other anti-depressants - Norepinephrine-Dopamine re-uptake inhibitors - Bupropion
	R250	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Desvenlafaxine
	R180	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Duloxetine
	R250	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Venlafaxine
	R410	Other anti-depressants - Vortioxetine
Motor neurone disease	R95	Anti-depressants - Tricyclics
	R300	Anti-epileptics - Benzodiazepine derivatives
	R440	Muscle relaxants - Carbamic acid esters
	R6 230	Other nervous system drugs
Muscular dystrophy and other inherited myopathies	R300	Anti-epileptics - Benzodiazepine derivatives
	R440	Muscle relaxants - Carbamic acid esters
	R110	Potassium supplements
	R270	Systemic Corticosteroids - Betamethasone
Myasthenia gravis	R360	Alkylating agents - Nitrogen mustard analogues
	R10	Folic acid and derivatives
	R660	Other immunosuppressive agents - Azathioprine
	R110	Other immunosuppressive agents - Methotrexate



ADDITIONAL DISEASE LIST (ADL) CONDITION	CHRONIC DRUG AMOUNT (CDA)	MEDICINE CLASS
Myasthenia gravis	R2 300	Parasympathomimetics - Anticholinesterases
	R110	Potassium supplements
	R2 460	Selective immunosuppressive agents - Mycophenolic acid
	R270	Systemic Corticosteroids - Betamethasone
Obsessive compulsive disorder	R295	Anticholinergic agents - Tertiary amines
	R750	Anti-depressants - MAOI's - Non-selective
	R130	Anti-depressants - SSRI's
	R95	Anti-depressants - Tricyclics
	R385	Anti-epileptics - Carboxamide derivatives
	R430	Anti-epileptics - Fatty acid derivatives
	R110	Anti-epileptics - Hydantoin derivatives
	R335	Anti-epileptics - Other agents
	R720	Anti-epileptics - Succinimide derivatives
	R345	Anti-psychotics - Lithium
	R340	Other anti-depressants - Augmenters - Trazodone
	R750	Other anti-depressants - Noradrenergic and specific serotonergic agents - Mianserin
	R325	Other anti-depressants - Noradrenergic and specific serotonergic agents - Mirtazapine
	R700	Other anti-depressants - Norepinephrine re-uptake inhibitors - Reboxetine
	R375	Other anti-depressants - Norepinephrine-Dopamine re-uptake inhibitors - Bupropion
	R250	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Desvenlafaxine
	R180	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Duloxetine
	R250	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Venlafaxine
	R410	Other anti-depressants - Vortioxetine
Osteoporosis	R575	Anti-parathyroid agents - Calcitonin preparations
	R320	Drugs treating bone disorders - Bisphosphonates
	R320	Other drugs treating bone disorders
	R800	Selective estrogen receptor modulators
Paget's disease	R320	Drugs treating bone disorders - Bisphosphonates
Panic disorder	R750	Anti-depressants - MAOI's - Non-selective
	R130	Anti-depressants - SSRI's
	R95	Anti-depressants - Tricyclics
	R340	Other anti-depressants - Augmenters - Trazodone



ADDITIONAL DISEASE LIST (ADL) CONDITION	CHRONIC DRUG AMOUNT (CDA)	MEDICINE CLASS
Panic disorder	R750	Other anti-depressants - Noradrenergic and specific serotonergic agents - Mianserin
	R325	Other anti-depressants - Noradrenergic and specific serotonergic agents - Mirtazapine
	R700	Other anti-depressants - Norepinephrine re-uptake inhibitors - Reboxetine
	R375	Other anti-depressants - Norepinephrine-Dopamine re-uptake inhibitors - Bupropion
	R250	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Desvenlafaxine
	R180	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Duloxetine
	R250	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Venlafaxine
	R410	Other anti-depressants - Vortioxetine
Polyarteritis nodosa	R110	Anti-rheumatic agents - Chloroquine
	R10	Folic acid and derivatives
	R980	Intestinal anti-inflammatories - Aminosalicilic acid and similar agents
	R660	Other immunosuppressive agents - Azathioprine
	R110	Other immunosuppressive agents - Methotrexate
	R110	Potassium supplements
	R270	Systemic Corticosteroids - Betamethasone
Post traumatic stress disorder	R750	Anti-depressants - MAOI's - Non-selective
	R130	Anti-depressants - SSRI's
	R95	Anti-depressants - Tricyclics
	R340	Other anti-depressants - Augmenters - Trazodone
	R750	Other anti-depressants - Noradrenergic and specific serotonergic agents - Mianserin
	R325	Other anti-depressants - Noradrenergic and specific serotonergic agents - Mirtazapine
	R700	Other anti-depressants - Norepinephrine re-uptake inhibitors - Reboxetine
	R375	Other anti-depressants - Norepinephrine-Dopamine re-uptake inhibitors - Bupropion
	R250	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Desvenlafaxine
	R180	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Duloxetine
	R250	Other anti-depressants - Serotonin-Norepinephrine re-uptake inhibitors - Venlafaxine
	R410	Other anti-depressants - Vortioxetine
Psoriatic arthritis	R60	Anti-inflammatory agents - Acetic acid derivatives and related substances
	R40	Anti-inflammatory agents - Butylpyrazolidines
	R220	Anti-inflammatory agents - Coxibs
	R60	Anti-inflammatory agents - Fenamates



ADDITIONAL DISEASE LIST (ADL) CONDITION	CHRONIC DRUG AMOUNT (CDA)	MEDICINE CLASS
Psoriatic arthritis	R60	Anti-inflammatory agents - Other anti-inflammatory and anti-rheumatic agents, non-steroids
	R60	Anti-inflammatory agents - Oxicams
	R45	Anti-inflammatory agents - Propionic acid derivatives
	R110	Anti-rheumatic agents - Chloroquine
	R10	Folic acid and derivatives
	R980	Intestinal anti-inflammatories - Aminosalicilic acid and similar agents
	R660	Other immunosuppressive agents - Azathioprine
	R110	Other immunosuppressive agents - Methotrexate
	R110	Potassium supplements
	R270	Systemic Corticosteroids - Betamethasone
Pulmonary interstitial fibrosis	R205	Adrenergics - Long acting - Salmeterol
	R40	Adrenergics - Short acting - Salbutamol
	R360	Alkylating agents - Nitrogen mustard analogues
	R110	Anti-rheumatic agents - Chloroquine
	R10	Folic acid and derivatives
	R260	Inhaled anticholinergics - Ipratropium bromide
	R190	Inhaled Glucocorticoids
	R980	Intestinal anti-inflammatories - Aminosalicilic acid and similar agents
	R660	Other immunosuppressive agents - Azathioprine
	R110	Other immunosuppressive agents - Methotrexate
	R110	Potassium supplements
	R270	Systemic Corticosteroids - Betamethasone
Sjogren's syndrome	R60	Anti-inflammatory agents - Acetic acid derivatives and related substances
	R40	Anti-inflammatory agents - Butylpyrazolidines
	R220	Anti-inflammatory agents - Coxibs
	R60	Anti-inflammatory agents - Fenamates
	R60	Anti-inflammatory agents - Other anti-inflammatory and anti-rheumatic agents, non-steroids
	R60	Anti-inflammatory agents - Oxicams
	R45	Anti-inflammatory agents - Propionic acid derivatives
	R110	Anti-rheumatic agents - Chloroquine
	R110	Other immunosuppressive agents - Methotrexate
	R100	Other urologicals



ADDITIONAL DISEASE LIST (ADL) CONDITION	CHRONIC DRUG AMOUNT (CDA)	MEDICINE CLASS
Sjogren's syndrome	R270	Systemic Corticosteroids - Betamethasone
Systemic sclerosis	R360	Alkylating agents - Nitrogen mustard analogues
	R60	Anti-inflammatory agents - Acetic acid derivatives and related substances
	R40	Anti-inflammatory agents - Butylpyrazolidines
	R220	Anti-inflammatory agents - Coxibs
	R60	Anti-inflammatory agents - Fenamates
	R60	Anti-inflammatory agents - Other anti-inflammatory and anti-rheumatic agents, non-steroids
	R60	Anti-inflammatory agents - Oxicams
	R45	Anti-inflammatory agents - Propionic acid derivatives
	R2 185	Anti-metabolites - Purine analogues
	R110	Anti-rheumatic agents - Chloroquine
	R1 300	Anti-rheumatic agents - Penicillamine and similar agents
	R10	Folic acid and derivatives
	R660	Other immunosuppressive agents - Azathioprine
	R110	Other immunosuppressive agents - Methotrexate
	R110	Potassium supplements
	R190	Proton pump inhibitors
	R90	Selective calcium channel blockers with mainly vascular effects
	R270	Systemic Corticosteroids - Betamethasone



Contact us

Tel 0860 99 88 77 (members); 0860 44 55 66 (health partners)

Go to www.discovery.co.za to Get Help or ask a question on WhatsApp. Save this number 0860 756 756 on your phone and say "Hi" to start chatting with us 24/7.

PO Box 784262, Sandton, 2146. 1 Discovery Place, Sandton, 2196.

Complaints process

Discovery Health Medical Scheme is committed to providing you with the highest standard of service and your feedback is important to us. The following channels are available for your complaints and we encourage you to follow the process:

1 | Step 1 – To take your query further:

If you have already contacted the Discovery Health Medical Scheme and feel that your query has still not been resolved, please complete our online complaints form on our website at www.discovery.co.za. We would also love to hear from you if we have exceeded your expectations.

2 | Step 2 – To contact the principal officer:

If you are still not satisfied with the resolution of your complaint after following the process in Step 1 you are able to escalate your complaint to the Principal Officer of the Discovery Health Medical Scheme. You may lodge a query or complaint with Discovery Health Medical Scheme by completing the online form on our website at www.discovery.co.za or by emailing principalofficer@discovery.co.za.

3 | Step 3 – To lodge a dispute:

If you have received a final decision from Discovery Health Medical Scheme and want to challenge it, you may lodge a formal dispute. You can find more information on the Scheme's dispute process on the website.

4 | Step 4 – To contact the Council of Medical Schemes:

Discovery Health Medical Scheme is regulated by the Council for Medical Schemes. You may contact the Council at any stage of the complaints process, but we encourage you to first follow the steps above to resolve your complaint before contacting the Council. Contact details for the Council for Medical Schemes: Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion 0157 | complaints@medicalschemes.co.za
0861 123 267 | www.medicalschemes.co.za