

HIV ANTIRETROVIRAL (ARV) MEDICINE LIST (FORMULARY)

DISCOVERY HEALTH MEDICAL SCHEME
2022





HIV Care Programme 2022

DISCLAIMER

The information contained in this document may be subject to change.

When you register for the HIV Care Programme, you are covered for the care you need. You can be assured of confidentiality at all times. The HIV Care Programme and the utilisation of the benefits on the programme is subject to specific conditions and rules. Members must ensure that they are familiar with these rules and conditions. The Scheme rules and the most up to date HIV benefit guide and formularies (medicine lists) are always available on www.discovery.co.za under Medical Aid > Manage your health plan > Find important documents and certificates > Benefit information.

Any instruction or advice we give about medicines and the management of the member's condition is intended as a supplement to, and not a substitute for, the knowledge, expertise, skill and judgement of the member's doctor, pharmacist or other healthcare professional.

You need to get your medicine from a designated service provider (DSP) to avoid a 20% co-payment. Visit www.discovery.co.za or click on **Find a healthcare provider** in the Discovery app to find providers in our network.

Discovery Health Medical Scheme reserves the right to change the benefit at any time. We will communicate any changes to the way we pay medicines when we make these. The latest version is always available on www.discovery.co.za under Medical Aid > Manage your health plan > Find important documents and certificates.

About some of the terms we use in this document

There may be some terms we refer to in the document that you may not be familiar with. Here are the meanings of these terms.

TERMINOLOGY	DESCRIPTION
Active ingredient	This is the main substance in a medicine that is responsible for the clinical action on a human body.
Benefit year	A benefit year refers to the benefits a member is entitled to during a calendar year from 1 January to 31 December. This medicine list (formulary) and Chronic Drug Amounts are applicable for this benefit year only.
Chronic Disease List (CDL)	A defined list of chronic conditions we cover according to the Prescribed Minimum Benefits.
Chronic Drug Amount (CDA)	The Chronic Drug Amount (CDA) is a monthly amount we pay up to for a chronic medicine class, subject to the member's health plan. This applies to chronic medicine that is not listed on the formulary or medicine list. The Chronic Drug Amount (CDA) does not apply to the Smart and KeyCare plans, on these plans the cost of the lowest formulary listed drug will apply.
Emergency medical condition	An emergency medical condition, also referred to as an emergency, is the sudden and, at the time unexpected onset of a health condition that requires immediate medical and surgical treatment, where failure to provide medical or surgical treatment would result in serious impairment to bodily functions or serious dysfunction of a bodily organ or part or would place the person's life in serious jeopardy. An emergency does not necessarily require a hospital admission. We may ask you for additional information to confirm the emergency.
ICD-10 code	A clinical code that describes diseases and signs, symptoms, abnormal findings, complaints, social circumstances and external causes of injury or diseases, as classified by the World Health Organization (WHO).

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TERMINOLOGY	DESCRIPTION
Medicine class	This describes medicines that have similar chemical structures or similar therapeutic effects.
NAPPI code	This is a unique identifier for a given medicine, surgical or consumable product.
Prescribed Minimum Benefits	<p>In terms of the Medical Schemes Act of 1998 (Act No. 131 of 1998) and its Regulations, all medical schemes have to cover the costs related to the diagnosis, treatment and care of:</p> <ul style="list-style-type: none"> An emergency medical condition A defined list of 271 diagnoses A defined list of 27 chronic conditions. <p>To access Prescribed Minimum Benefits (PMBs), there are rules that apply:</p> <ul style="list-style-type: none"> Your medical condition must qualify for cover and be part of the defined list of Prescribed Minimum Benefit (PMB) conditions The treatment needed must match the treatments in the defined benefits You must use designated service providers (DSPs) in our network. This does not apply in emergencies. However even in these cases, where appropriate and according to the rules of the Scheme, you may be transferred to a hospital or other service providers in our network, once your condition has stabilised. If you do not use a DSP we will pay up to 80% of the Discovery Health Rate (DHR). You will be responsible for the difference between what we pay and the actual cost of your treatment. If your treatment doesn't meet the above criteria, we will pay according to your plan benefits.

HIV antiretroviral (ARV) medicine list (formulary)

NAPPI_6	PRODUCT NAME	STRENGTH	FORM	MEDICINE CLASS	2022 EXECUTIVE, COMPREHENSIVE CORE, PRIORITY SAVER, CHRONIC DRUG AMOUNT (CDA)
715992	Adco lamivudine & zidovudine	150 mg/300 mg	Tablet	Antiviral Combinations - Zidovudine and lamivudine	R225
707971	Sonke-lamivudine and zidovudine		Tablet	Antiviral Combinations - Zidovudine and lamivudine	R225
707300	Cipla-duovir		Tablet	Antiviral Combinations - Zidovudine and lamivudine	R225
715997	Adco emtevir	200 mg/300 mg	Tablet	Antiviral Combinations - Tenofovir disoproxil and emtricitabine	R290
715091	Didivir	200/300 mg	Tablet	Antiviral Combinations -	R290

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				Tenofovir disoproxil and emtricitabine	
723307	Emcovir		Tablet	Antiviral Combinations - Tenofovir disoproxil and emtricitabine	R290
718676	Cipla lamivudine & tenofovir (Mivuten)	300 mg/300 mg	Tablet	Antiviral Combinations - Lamivudine and tevofovir disoproxil	R230
720428	Atenef		Tablet	Antiviral Combinations - Emtricitabine, tenofovir disoproxil and efavirenz	R265
721430	Trenvir		Tablet	Antiviral Combinations - Emtricitabine, tenofovir disoproxil and efavirenz	R265
721720	Rizene		Tablet	Antiviral Combinations - Emtricitabine, tenofovir disoproxil and efavirenz	R265
3000260	Triemta		Tablet	Antiviral Combinations - Emtricitabine, tenofovir disoproxil and efavirenz	R265
3002598	Teerenz		Tablet	Antiviral Combinations - Emtricitabine, tenofovir disoproxil and efavirenz	R265
3001233	Triploco		Tablet	Antiviral Combinations - Emtricitabine, tenofovir disoproxil and efavirenz	R265

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723043	Elteno		Tablet	Antiviral Combinations - Efavirenz, tenofovir disoproxil and lamivudine	R265
3000605	Kovatrax		Tablet	Antiviral Combinations - Dolutegravir, tenofovir disoproxil and lamivudine	R265
3000956	Ranega		Tablet	Antiviral Combinations - Dolutegravir, tenofovir disoproxil and lamivudine	R265
3000435	Volutrip		Tablet	Antiviral Combinations - Dolutegravir, tenofovir disoproxil and lamivudine	R265
3000585	Nuvaco		Tablet	Antiviral Combinations - Dolutegravir, tenofovir disoproxil and lamivudine	R265
3000532	Reydin		Tablet	Antiviral Combinations - Dolutegravir, tenofovir disoproxil and lamivudine	R265
3000580	Emdolten		Tablet	Antiviral Combinations - Dolutegravir, tenofovir disoproxil and lamivudine	R265
3000426	Acryptega		Tablet	Antiviral Combinations - Dolutegravir, tenofovir disoproxil and lamivudine	R265

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3000596	Luvigen		Tablet	Antiviral Combinations - Dolutegravir, tenofovir disoproxil and lamivudine	R265
3000636	Temiv		Tablet	Antiviral Combinations - Dolutegravir, tenofovir disoproxil and lamivudine	R265
3000572	Lanograv		Tablet	Antiviral Combinations - Dolutegravir, tenofovir disoproxil and lamivudine	R265
3000522	Odystra		Tablet	Antiviral Combinations - Dolutegravir, tenofovir disoproxil and lamivudine	R265
3000571	Telatri		Tablet	Antiviral Combinations - Dolutegravir, tenofovir disoproxil and lamivudine	R265
3002693	Viraten		Tablet	Antiviral Combinations - Dolutegravir, tenofovir disoproxil and lamivudine	R265
3002048	Tarito	300 mg/100 mg	Tablet	Antiviral Combinations - Atazanavir and ritonavir	R350
3002386	Riatem	100 mg/300 mg	Tablet	Antiviral Combinations - Atazanavir and ritonavir	R350
3003683	Lomida 50mg/300mg	50 mg/300 mg	Tablet	Antiviral Combinations -	R320

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				Lamivudine and dolutegravir	
700924	Kaletra		Syrup	Antiviral Combinations - Lopinavir and ritonavir 2	R390
710028	Aluvia	200 mg/50mg	Tablet	Antiviral Combinations - Lopinavir and ritonavir 2	R390
715433	Aluvia	100 mg/25mg	Tablet	Antiviral Combinations - Lopinavir and ritonavir 2	R390
3001450	Lopimune oral pellets	40 mg/10mg	Capsule, Sprinkle	Antiviral Combinations - Lopinavir and ritonavir 2	R390
712932	Adco-efavirenz	200 mg	Capsule	Antivirals - NNRTI's - Efavirenz	R145
715585	Adco-efavirenz	50 mg	Capsule	Antivirals - NNRTI's - Efavirenz	R145
709331	Cipla-efavirenz	600 mg	Tablet	Antivirals - NNRTI's - Efavirenz	R145
709545	Adco-efavirenz	600 mg	Tablet	Antivirals - NNRTI's - Efavirenz	R145
708708	Adco-lamivudine	10 mg/1 mL	Solution	Antivirals - NRTI's - Lamivudine	R60
707962	Adco-lamivudine	150 mg	Tablet	Antivirals - NRTI's - Lamivudine	R60
710604	Viropon	50 mg/5 mL	Suspension	Antivirals - NNRTI's - Nevirapine	R205
707961	Adco-nevirapine	200 mg	Tablet	Antivirals - NNRTI's - Nevirapine	R205
720866	Adco abacavir	20 mg/1 mL	Solution	Antivirals - NRTI's - Abacavir	R670

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3011798	Hetacav oral	20 mg/1 mL	Solution	Antivirals - NRTI's - Abacavir	R670
3011798	Hetacav oral	20 mg/1 mL	Solution	Antivirals - NRTI's - Abacavir	R670
718160	Kavimun paed	60 mg	Tablet	Antivirals - NRTI's - Abacavir	R670
715993	Adco tenofovir	300 mg	Tablet	Antivirals - NRTI's - Tenofovir disoproxil	R170
717982	Zidomat	100 mg	Tablet	Antivirals - NRTI's - Zidovudine	R190
708709	Adco-zidovudine	50 mg/5 mL	Syrup	Antivirals - NRTI's - Zidovudine	R190
707960	Adco-zidovudine	300 mg	Tablet	Antivirals - NRTI's - Zidovudine	R190
838527	Norvir	400 mg/5 mL	Syrup	Antivirals - Protease Inhibitors	R45
721595	Norvir	100 mg	Tablet	Antivirals - Protease Inhibitors	R45

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Contact us

Tel (members): 0860 99 88 77, Tel (health partners): 0860 44 55 66

Go to www.discovery.co.za to Get Help or ask a question on WhatsApp. Save this number 0860 756 756 on your phone and say "Hi" to start chatting with us 24/7.

PO Box 784262, Sandton, 2146. 1 Discovery Place, Sandton, 2196.

Complaints process

Discovery Health Medical Scheme is committed to providing you with the highest standard of service and your feedback is important to us. The following channels are available for your complaints and we encourage you to follow the process:

1 | STEP 1 – TO TAKE YOUR QUERY FURTHER:

If you have already contacted the Discovery Health Medical Scheme and feel that your query has still not been resolved, please complete our online complaints form on www.discovery.co.za. We would also love to hear from you if we have exceeded your expectations.

2 | STEP 2 – TO CONTACT THE PRINCIPAL OFFICER:

If you are still not satisfied with the resolution of your complaint after following the process in Step 1 you are able to escalate your complaint to the Principal Officer of the Discovery Health Medical Scheme. You may lodge a query or complaint with Discovery Health Medical Scheme by completing the online form on www.discovery.co.za or by emailing principalofficer@discovery.co.za.

3 | STEP 3 – TO LODGE A DISPUTE:

If you have received a final decision from Discovery Health Medical Scheme and want to challenge it, you may lodge a formal dispute. You can find more information of the Scheme's dispute process on the website.

4 | STEP 4 – TO CONTACT THE COUNCIL FOR MEDICAL SCHEMES:

Discovery Health Medical Scheme is regulated by the Council for Medical Schemes. You may contact the Council at any stage of the complaints process, but we encourage you to first follow the steps above to resolve your complaint before contacting the Council. Contact details for the Council for Medical Schemes: Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion 0157 | complaints@medicalschemes.co.za | 0861 123 267 | www.medicalschemes.co.za.

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