



Maggie Patel, LICSW

November 17, 2021



Dear Lakeshore Clients and Family,

I hope this note finds you well, as we begin to shift inward to prepare for the end of the year.

**We are writing to inform you about our updated cancellation policy, service rates and sliding scale policy.** As we celebrate Lakeshore's 6th year in practice, we've concluded it is time to raise our private pay rates to reflect industry standards in the Twin Cities.

- **Beginning 1/1/2022 there will be a \$20.00 Late Cancellation Fee** for any sessions not cancelled within a 24 hours notice.

\*Note: If you are on Medical Assistance or a PMAP this will not apply to you.

For Private Pay Clients who are not in network:

- **Our Private Pay rates will increase to:**  
\$160.00 for 45-60 minute individual or family sessions  
\$125.00 for 30 minute sessions  
\$230.00 for Intake sessions or Crisis sessions.
- **Sliding scale option available for private pay** (see next page for details)

We want to do everything we can to continue providing services for you and your family. Please check your Client Portal to take care of any overdue fees at this time.

Thank you!

*Maggie Patel, LICSW*

## Sliding Scale Fee for Private Pay

Do you qualify?

Our sliding scale policy will reflect an objective and standardized process that allows for those with financial difficulties to pay at a reduced rate.

The discounted rate is determined by the [Federal Poverty Level](#) Guidelines. In efforts to avoid discrimination and fraud/waste/abuse claims, we are requiring proof of income documentation to qualify for a sliding scale rate.

### Example:

Your annual income = \$30,000

Your household size = 2 People

$\$30,000 / \$17,420 = 1.72$

$1.72 \times 100 = 172\%$  FPL percentage

Qualify for 45% discount

Federal Poverty Guideline Level	
Number of People in Household	Income Guideline
1	\$12,880
▶ 2	<b>\$17,420</b>
3	\$21,960
4	\$26,500
5	\$31,040
6	\$40,120

Lakeshore Sliding Scale Fee Example		
Federal Poverty Level	Private Pay Discounted Rate	Sliding Scale Fee for 45-60 minute session.
0-100%	60% off	\$64.00
101-200%	45% off	\$88.00
200-300%	30% off	\$112.00

\* Please note that clients above 300% of the federal poverty level are not eligible for a discount.

\*For each additional person, add \$4,540.

Email me at [maggie@lakeshorefamilytherapy.com](mailto:maggie@lakeshorefamilytherapy.com) if you are currently private pay and would like to utilize the sliding scale discount fee. If you would like, I also can provide additional referrals for clinics that are in-network with your insurance.