# From Matter to Meaning: The Rise of Information-Based Ontologies in Physics and Philosophy

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#### Abstract

This paper traces the historical development and philosophical implications of the transition from materialist to information-based ontologies in physics and philosophy. We examine how developments in quantum mechanics, computer science, and theoretical physics have progressively challenged classical materialism's assumption that matter and energy constitute the fundamental substrate of reality. Through analysis of key developments including Wheeler's "It from Bit" hypothesis, the holographic principle, black hole thermodynamics, and quantum information theory, we argue that information is emerging as the primary ontological category. We explore how this shift resolves classical problems in philosophy of mind, provides new approaches to understanding consciousness and meaning, and suggests a fundamental reconceptualization of the relationship between mathematics, physics, and reality. The paper concludes by examining implications for ethics, epistemology, and the future development of both science and philosophy.

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### 1 Introduction

#### 1.1 The Classical Materialist Framework

For approximately 150 years, from the mid-19th through the late 20th century, scientific thought was dominated by a materialist ontology that treated matter and energy as the fundamental constituents of reality. This framework, rooted in classical mechanics and thermodynamics, viewed information as a secondary phenomenon—useful for description and prediction but not ontologically fundamental.

Classical materialism made several key assumptions:

- Physical reality consists ultimately of material particles and fields
- Information represents human knowledge about material systems but is not itself a fundamental aspect of reality
- Consciousness and meaning emerge from complex arrangements of matter but are not irreducible features of the natural world
- Mathematical descriptions capture patterns in material reality but do not constitute reality itself

#### 1.2 The Information Revolution

Beginning in the mid-20th century, developments in quantum mechanics, information theory, and computer science began to challenge these materialist assumptions. Key developments included:

- 1. Quantum mechanics: revealed that information, not matter, plays the fundamental role in determining measurement outcomes
- 2. **Information theory**: provided mathematical tools for quantifying and manipulating information independent of its material substrate
- 3. Computer science: demonstrated how information processing can give rise to complex emergent phenomena
- 4. **Molecular biology**: revealed that biological processes are fundamentally informational, based on genetic codes and protein folding patterns

We now stand at a historical inflection point where information-based ontologies are replacing materialist frameworks across multiple domains of scientific and philosophical inquiry.

## 2 Historical Development

#### 2.1 Early Precursors

The philosophical foundations for information-based ontologies can be traced to several historical sources:

**Pythagorean Mathematical Realism**: The Pythagorean doctrine that "all is number" anticipated modern information-theoretic approaches by treating mathematical relationships as more fundamental than material substances.

**Platonic Idealism**: Plato's theory of Forms suggested that abstract patterns and relationships constitute a more fundamental level of reality than material appearances.

**Leibnizian Monadology**: Leibniz's conception of reality as composed of simple, indivisible units (monads) characterized by their internal states and relationships anticipated modern information-theoretic approaches.

**Hegelian Dialectic**: Hegel's emphasis on logical structure and dialectical development prefigured modern understanding of how complex information patterns can emerge from simpler logical operations.

#### 2.2 Quantum Mechanical Foundations

The development of quantum mechanics in the early 20th century provided the first scientific evidence for information-based ontologies:

Wave-Particle Duality: The recognition that quantum entities exhibit both wave and particle characteristics depending on measurement context suggested that information about measurement setup determines physical reality.

Measurement Problem: The quantum measurement problem revealed that classical notions of objective material properties break down at the quantum level, with information about measurement outcomes becoming primary.

**Entanglement**: Quantum entanglement demonstrated that correlational information can exist independently of local material properties, suggesting that informational relationships are more fundamental than material substances.

**No-Cloning Theorem**: The impossibility of perfectly copying arbitrary quantum states indicated that quantum information has properties distinct from classical material objects.

### 2.3 Information Theory and Computation

The development of information theory by Claude Shannon and others provided mathematical tools for treating information as a fundamental physical quantity:

**Shannon Entropy**: The mathematical formalization of information entropy provided a precise way to quantify information content independent of its material substrate.

**Algorithmic Information Theory**: The work of Kolmogorov, Chaitin, and Solomonoff demonstrated that information content could be defined in terms of computational complexity rather than material structure.

Church-Turing Thesis: The equivalence of different models of computation suggested that information processing capabilities are substrate-independent, pointing toward information as more fundamental than its material implementation.

### 3 Key Scientific Developments

#### 3.1 Wheeler's "It from Bit"

John Wheeler's "It from Bit" hypothesis represents perhaps the most explicit statement of information-based ontology in physics. Wheeler proposed that:

"It from bit symbolizes the idea that every item of the physical world has at bottom—at a very deep bottom, in most instances—an immaterial source and explanation; that which we call reality arises in the last analysis from the posing of yes-or-no questions and the registering of equipment-evoked responses; in short, that all things physical are information-theoretic in origin."

This hypothesis suggests that physical reality emerges from binary information processing rather than consisting fundamentally of material substances. Wheeler's framework anticipated many later developments in quantum information theory and emergent spacetime.

### 3.2 Black Hole Thermodynamics

The discovery that black holes possess entropy proportional to their surface area rather than volume provided crucial evidence for information-based ontologies:

$$S_{BH} = \frac{A}{4\ell_P^2} \tag{1}$$

This area law suggests that the information content of any region is fundamentally limited by boundary area rather than volume, indicating that three-dimensional reality emerges from two-dimensional information organization—a fundamentally information-theoretic phenomenon.

The black hole information paradox further highlighted the fundamental role of information in physics, suggesting that information conservation may be more fundamental than

energy-momentum conservation.

### 3.3 Holographic Principle

The holographic principle extends the insights of black hole thermodynamics to propose that the information content of any spatial region can be encoded on its boundary. This principle suggests that:

- Three-dimensional spatial reality emerges from two-dimensional information organization
- Volume and materiality are emergent properties of information organization
- Physical laws reflect information-theoretic constraints rather than material interactions

The AdS/CFT correspondence provides a concrete realization of holographic principles, demonstrating how gravitational physics in higher dimensions emerges from quantum field theory in lower dimensions.

#### 3.4 Quantum Error Correction

Recent work on quantum error correction has revealed that spacetime geometry itself may emerge from quantum information-theoretic error correction codes. Key insights include:

- Spatial locality emerges from error correction requirements
- Geometric properties encode logical structure of underlying quantum codes
- Bulk spacetime reconstruction requires boundary quantum information

This suggests that even the geometric theater in which physics appears to occur is actually an emergent feature of information organization rather than a fundamental backdrop for material interactions.

## 4 Philosophical Implications

### 4.1 The Mind-Body Problem

Information-based ontologies provide new approaches to classical problems in philosophy of mind. If reality is fundamentally informational rather than material, then consciousness and mental phenomena are not anomalous features requiring special explanation but natural aspects of information organization.

The Hard Problem Dissolves: David Chalmers' "hard problem of consciousness"—explaining how subjective experience arises from objective physical processes—dissolves when both subjective and objective aspects are understood as different organizational patterns within the same informational substrate.

Panpsychist Implications: Information-based ontologies naturally tend toward panpsychist conclusions, where consciousness is a fundamental feature of information organization rather than an emergent property of complex material systems.

**Intentionality and Meaning**: The problem of how mental states can be "about" external objects becomes tractable when both mental states and external objects are understood as informational patterns within the same substrate.

### 4.2 Mathematics and Physical Reality

Information-based ontologies resolve the puzzle of "unreasonable effectiveness of mathematics" by suggesting that mathematical and physical reality share a common informational foundation:

Mathematical Platonism: Mathematical objects exist as organizational patterns within the fundamental informational substrate, making them as real as physical objects.

Computational Universe: Reality itself becomes a kind of computation, with physical laws representing computational rules and physical processes representing computational operations.

Category Theory: Categorical approaches to mathematics and physics converge, with both domains understood as aspects of abstract structural relationships rather than concrete material interactions.

### 4.3 Causation and Temporal Sequence

Information-based ontologies challenge classical notions of causal sequence and temporal flow:

Correlational rather than Causal: What appears as causal influence may actually reflect correlational structure within a timeless informational substrate.

**Temporal Emergence**: Time itself emerges from information organization rather than providing an independent framework for causal sequence.

**Retrocausality**: Information-theoretic correlations can transcend classical temporal order, making retrocausal influences natural rather than paradoxical.

## 5 Contemporary Developments

### 5.1 Quantum Information Theory

Modern quantum information theory has provided increasingly sophisticated tools for understanding information as a fundamental physical quantity:

**Entanglement Measures**: Various measures of quantum entanglement (entropy, negativity, concurrence) provide ways to quantify informational relationships that transcend classical material interactions.

Quantum Algorithms: The discovery of quantum algorithms that provide exponential speedups over classical computation suggests that information processing capabilities are fundamentally quantum rather than classical.

Quantum Cryptography: Quantum key distribution and related protocols demonstrate that information can have security properties that depend on fundamental quantum principles rather than computational complexity.

### 5.2 Digital Physics

The digital physics movement, pioneered by researchers like Edward Fredkin and Stephen Wolfram, proposes that reality is fundamentally computational:

Cellular Automata: Simple computational rules can generate complex emergent phenomena, suggesting that physical reality might emerge from underlying computational processes.

**Information Processing**: All physical processes can be understood as information processing operations, with conservation laws reflecting constraints on information transformation.

**Discrete Spacetime**: Space and time may be fundamentally discrete rather than continuous, reflecting the digital rather than analog character of underlying reality.

### 5.3 Integrated Information Theory

Giulio Tononi's Integrated Information Theory (IIT) attempts to formalize consciousness in information-theoretic terms:

$$\Phi = \min_{M} H(X_1|X_2) + H(X_2|X_1) - H(X_1, X_2|X_3)$$
(2)

IIT proposes that consciousness corresponds to integrated information—information that cannot be reduced to independent parts. This framework suggests that consciousness is a fundamental feature of information organization rather than an emergent property of complex material systems.

### 6 Semantic and Meaning-Based Approaches

#### 6.1 Information vs. Meaning

While information theory provides tools for quantifying information, it traditionally treats information as syntax rather than semantics. Recent developments point toward meaning-based ontologies that go beyond purely syntactic information:

**Semantic Information**: Information that carries meaning rather than mere correlation, pointing toward ontologies where meaning itself is fundamental.

**Teleosemantic Approaches**: Theories that ground meaning in functional or purposive relationships, suggesting that intentionality is a basic feature of information organization.

**Biosemiotics**: The study of how biological systems create and interpret meaning, suggesting that semantic processes are fundamental to life rather than emergent from material complexity.

### 6.2 Categorical and Topos-Theoretic Approaches

Category theory provides mathematical tools for understanding meaning and logical structure as fundamental rather than emergent:

**Topos Theory**: Topoi provide categorical foundations for logic and set theory that don't presuppose classical material metaphysics.

Functorial Semantics: Meaning emerges from functorial relationships between categories rather than reference to material objects.

**Logical Pluralism**: Different logical systems can be understood as different categorical structures, suggesting that logic itself is a fundamental organizational principle.

### 6.3 Enactive and Embodied Cognition

The enactive approach to cognition suggests that meaning emerges from the interaction between organism and environment rather than being computed internally:

Structural Coupling: Cognitive systems and environment achieve structural coupling through informational interaction rather than material causal influence.

**Autopoiesis**: Biological systems maintain themselves through informational organization rather than material substance conservation.

**Sense-Making**: Meaning emerges from the process of sense-making rather than being a property of internal representations.

### 7 Implications for Science and Philosophy

### 7.1 Scientific Methodology

Information-based ontologies suggest new approaches to scientific methodology:

Computational Methods: Simulation and computational modeling become not merely tools for studying reality but ways of participating in reality's computational structure.

**Information-Theoretic Principles**: Conservation of information, rather than conservation of energy or momentum, may provide the fundamental principles constraining physical processes.

**Semantic Analysis**: Understanding the meaning and significance of scientific theories becomes as important as their predictive accuracy.

### 7.2 Interdisciplinary Integration

Information-based ontologies provide frameworks for integrating insights across traditionally separate domains:

Physics and Computer Science: Physical and computational processes converge when both are understood informationally.

Biology and Information Theory: Biological processes become special cases of information processing rather than requiring separate explanatory frameworks.

**Psychology and Physics**: Mental and physical phenomena share common informational foundations rather than belonging to separate ontological categories.

### 7.3 Ethical and Social Implications

The shift to information-based ontologies has profound implications for ethics and social organization:

**Information Rights**: If information is ontologically fundamental, then access to and control of information become basic moral and political issues.

**Digital Persons**: Artificial intelligences and digital persons may have genuine moral status if consciousness emerges from information organization rather than biological substrate.

**Environmental Ethics**: Environmental protection becomes information conservation rather than material resource management.

### 8 Challenges and Criticisms

### 8.1 The Symbol Grounding Problem

A major challenge for information-based ontologies is explaining how purely syntactic information processing can give rise to semantic content and meaning:

Chinese Room Argument: Searle's argument suggests that syntactic information processing cannot generate genuine understanding or meaning.

**Intentionality Problem**: How can informational systems be "about" anything beyond themselves if there are no mind-independent material objects to serve as referents?

**Homunculus Problem**: Information-based theories of mind may require a homunculus to interpret the information, leading to infinite regress.

#### 8.2 Scientific Realism vs. Idealism

Information-based ontologies risk collapsing into idealism or anti-realism:

**External World Problem**: If reality is fundamentally informational, what grounds the distinction between subjective experience and objective reality?

Solipsism Risk: Information-based approaches may not be able to guarantee the existence of other minds or external objects.

Scientific Realism: How can scientific theories refer to and make true claims about reality if reality is fundamentally informational rather than material?

### 8.3 Explanatory Gaps

Several explanatory gaps remain in information-based approaches:

**Emergence Problem:** How exactly do macroscopic material phenomena emerge from microscopic informational processes?

**Binding Problem**: How are distributed informational processes unified into coherent conscious experiences?

**Temporal Dynamics**: How do informational systems exhibit temporal development if time itself is emergent from information organization?

## 9 Future Directions

### 9.1 Empirical Testing

Information-based ontologies need to generate testable predictions to gain scientific credibility:

**Quantum Biology**: Testing whether biological processes exploit quantum information-theoretic effects.

Consciousness Studies: Developing empirical tests of information-theoretic theories of consciousness like IIT.

Computational Limits: Testing whether physical processes respect fundamental computational constraints.

### 9.2 Mathematical Development

Several areas of mathematics need further development to support information-based ontologies:

**Algorithmic Information Theory**: Extending AIT to handle semantic content and meaning rather than pure syntax.

Categorical Quantum Mechanics: Developing categorical approaches to quantum mechanics that emphasize informational rather than material aspects.

**Topos-Theoretic Physics**: Exploring how topos theory can provide foundations for physics that don't presuppose classical material metaphysics.

### 9.3 Philosophical Integration

Information-based ontologies need to be integrated with broader philosophical frameworks:

**Process Philosophy**: Connecting information-based approaches with process philosophical traditions that emphasize becoming over being.

**Phenomenology**: Integrating first-person experiential approaches with third-person information-theoretic methods.

**Pragmatism**: Developing pragmatist interpretations of information-based ontologies that emphasize practical consequences over metaphysical speculation.

### 10 Conclusion

We have traced the historical development and contemporary significance of the transition from materialist to information-based ontologies in physics and philosophy. This transition represents not merely a shift in scientific theory but a fundamental reconceptualization of the nature of reality itself.

Key conclusions include:

1. **Historical Inevitability**: The shift toward information-based ontologies reflects convergent developments across multiple scientific and philosophical domains rather than isolated theoretical speculation.

- 2. **Explanatory Power**: Information-based approaches resolve classical problems in philosophy of mind, foundations of mathematics, and quantum mechanics that resist solution within materialist frameworks.
- 3. **Empirical Support**: Developments in quantum information theory, black hole physics, and holographic approaches provide empirical support for treating information as ontologically fundamental.
- 4. **Methodological Implications**: Information-based ontologies suggest new approaches to scientific methodology that emphasize computational modeling, information-theoretic principles, and semantic analysis.
- 5. Social Significance: The shift to information-based ontologies has profound implications for ethics, politics, and social organization that are only beginning to be explored.

The transition from matter to meaning represents one of the most significant conceptual developments in the history of human thought. Like the Copernican revolution in astronomy or the Darwinian revolution in biology, it requires fundamental reconceptualization of humanity's place in the natural order.

Unlike previous scientific revolutions, however, the information revolution suggests that mind and meaning are not anomalous features requiring special explanation but fundamental aspects of reality's deepest structure. This provides unprecedented opportunities for integrating scientific and humanistic understanding within unified conceptual frameworks.

The future development of both science and philosophy will likely be shaped by how successfully we can develop, test, and apply information-based ontologies to understand ourselves and our place in an essentially informational universe.

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