

(Purpose) Mission Statement

Gifts + Values + Passion + Action

1. What are your most treasured **gifts—your talents?** What are you good at? What do people say to you, "Oh you are so good at BLANK." Make a list of no less than ten things that you are really good at...and enjoy. This is a time for honesty, not modesty. Then, circle the three that you treasure the most.

1. Problem Solving (Math)
2. Programming – especially Automating repetitive Tasks
3. Mathematical Thinking
4. Good at Presenting (Toastmasters)
5. Chess (I was my college Champion)
6. English Vocabulary
7. Reading Non-Fictional Books – (Seven Habits almost all Covey books, As a man thinketh, Wayne Dyer books, self-development books)
8. Meditation (Mindfulness of Breath)
9. Comedy (I do Standup comedy)
10. Navigation/Map reading
11. Strategic Thinking
12. Motivating Others
13. Learning – I love the process of Learning. (Road to Excellence/Peak/Making of an Expert)
14. Art/Drawing especially Sketching
15. Writing
16. Music – Learning classical violin
17. Deciphering Patterns (What is the big picture here?)
18. Interested in Human Behavior
19. Philosophy
20. Doing proper charity work – Giving back to Society
21. Love Drama Movies – A good movie gives me goosebumps.

Top 3 Picks

1. Mathematical Thinking
2. Meditation (Mindfulness of Breath)
3. Interested in Human Behavior

2. What **values** are most important to you? What consistent behaviors form the foundation of your character? What are the underlying impulses behind the choices you make? What values and actions are important in creating an environment where you feel motivated, excited and fulfilled? (Note: There is a list of values on the back page if you'd like some ideas). Now, narrow it down to your top two values.

1. Thinking
2. Strategic Thinking
3. Motivating Others
4. Excellence
5. Innovation
6. Teamwork

Top 2 Picks

1. Innovation
2. Motivating Others

3. What are you **passionate** about? What issues or causes really move you? What problems in the world do you think need solving? What are you constantly reading about and talking to people about?

1. Proper Math Education – To think deeply and develop conceptual understanding
2. Self-Educating oneself is not well defined – We need a model for self-education
3. Learning to Learn
 1. Active Recall
 2. Scientific Thinking
 3. Critical Reasoning
 4. Deep Problem Solving
 5. General Problem-Solving Strategies

Sample Values List

The following list is representative of words or phrases that illustrate values. Remember as you work with this exercise that you may combine two or three values as long as critical distinctions are not lost. For example, whereas the combination “Honesty/Integrity/Truthfulness” maintains a single distinction, “Honesty/Integrity/Freedom” combines concepts and thereby loses clarity.

Humor	Participation
Directness	Performance
Partnership	Collaboration
Productivity	Community
Service	Personal Power
Contribution	Freedom to Choose
Excellence	Connectedness
Free Spirit	Acknowledgment
Focus	Comradeship
Romance	Lightness
Recognition	Spirituality
Harmony	Empowerment
Accomplishment	Full Self-Expression
Orderliness	Integrity
Forward the Action	Creativity
Honesty	Independence
Success	Nurturing
Accuracy	Joy
Adventure	Beauty
Lack of Pretense	Authenticity
Zest	Risk Taking
Tradition	Peace
To Be Known	Elegance
Growth	Vitality
Aesthetics	Trust

FROM *Co-Active Coaching* by Laura Whitworth, Henry Kimsey-House & Phil Sandahl

Every mission requires action, and action words are verbs. For the first pass, go through the list and circle all the verbs that appeal to you. Then, go back and select the three verbs which most excite and inspire you.

accomplish	counsel	facilitate	negotiate	restore
acquire	create	finance	nurture	return
adopt	decide	forgive	open	revise
affect	defend	foster	organize	sacrifice
affirm	deliver	further	pass	satisfy
alleviate	demonstrate	gather	perform	save
amplify	devise	generate	persuade	sell
appreciate	direct	give	play	serve
ascend	discover	grant	possess	share
associate	discuss	heal	practice	speak
believe	distribute	hold	prepare	stand
bestow	draft	host	present	summon
brighten	dream	identify	praise	support
build	drive	ignite	produce	surrender
call	educate	illuminate	progress	sustain
cause	elect	implement	promise	take
choose	embrace	improve	promote	tap
claim	empower	improvise	provide	team
collect	encourage	inspire	realize	touch
combine	engage	integrate	receive	trade
command	engineer	involve	reclaim	translate
communicate	enhance	keep	reduce	travel
compel	enlighten	know	refine	understand
compete	enlist	labor	reflect	uphold
complete	enliven	launch	reform	use
compliment	learn	lead	regard	utilize
compose	entertain	love	relate	validate
conceive	enthuse	master	relax	value
confirm	envision	measure	release	venture
connect	evaluate	mediate	rely	verbalize
consider	excite	model	remember	volunteer
construct	explore	mold	renew	work
contact	express	motivate	resonate	worship
continue	extend	move	respect	write
				yield

Combine your gifts, values, passion and action

Write down your working combination of talents, verbs and passion. Remember, this is a work in progress and the words may not yet fit together or sound exactly right. Now we will begin the honing process.

My mission is to use my talents of Mathematical Thinking, and Understanding of Human Behavior to

Motivate Others to, Understand and Learn

Through my passion for Innovation and Motivating Others to Educate Themselves (my core value or values)

to, for, with or through

Nurture and Motivate Future Leaders to Develop deep skills to Solve Complex Problems by thorough understanding of Complex Systems/Strategic/Innovative and Humanistic Thinking and acting at a self-actualization levels to make the world a Happier and an Excellent Place to Live

(the group/cause which I'm most passionate about))