



## Chessy Spinach\*

Serving: 1

Veg

### *Ingredients*

- -1 tbsp unsalted butter
- -3 tbsp cheese , soften
- -1 and 1/2 cup baby spinach ( You can use whole or chopped )
- -1 tsp grated nutmeg
- -salt and pepper to taste
- -1 tbsp lemon juice ( optional )
- 1 tsp lemon zest ( optional )

### *Preparation Method*

- -Heat the butter in a pan over moderate heat .
- -Add spinach and cheese ,combined evenly together .
- -Add 2 tbsp water , if mixture seems too dry .
- -Sprinkle the nutmeg on top and season with salt and pepper .
- -Lemon zest and juice would bring a little bit of sunshine to dish.