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Serving: 1 Veg

## Ingredients

- $-\frac{1}{4}$  cup pineapple
- -1 orange (peeled)
- -1/2 cup raw spinach
- -1 cup almond / coconut milk

## Preparation Method

- -Step 1 add all ingredients to blender
- -Step 2 blend until smooth
- -Step 3 enjoy