



Veggie Patties

Serving: 1

Veg

Ingredients

- 1 tbsp channa dal (pressure cooked, drained, mashed)
- $\frac{1}{2}$ boiled mashed potato
- 1 cup grated mixed vegetables (carrot, dudhi, cabbage)
- 2 tbsp chopped coriander
- 1 tsp garam masala
- 1 tsp ginger chilli paste
- 2 tsp lemon juice
- $\frac{1}{4}$ tsp black pepper powder
- salt to taste

Preparation Method

- 1. Ooze out water completely from the grated vegetables.
- 2. Mix all Ingredients
- 3. Form into flat pattice
- 4. Roast on a non stick pan on both sides **without oil**