



Mexican Fajitas

Serving: 1

Veg

Ingredients

- Serves 1
- jowar atta 5 tbsp
- $\frac{1}{2}$ onions sliced
- $\frac{1}{2}$ capsicum sliced
- $\frac{3}{4}$ cup grated cabbage
- 6 to 7 french beans
- 3 tsp salsa sauce / chilli sauce
- half tsp ajwain seeds
- Red chilli powder to taste
- Black olives and jalapeno peppers optional

Preparation Method

- Saute all the vegetable in oil for few minutes (do not over cook)
- Add ajwain ,salt , salsa and chilli powder to it and cook for 2 mins
- Prepare roti ,stuff it with the above veg preparation and make a roll
- Serve with 1 tbsp salsa sauce and 1 tbsp low cal sour cream