

C-2, HIRA MANEK, OPP BMC MARKET, BAPISTA ROAD Vile Parle (West), Maharashtra, India, 400056 +91-9820577553 eatfit24by7@gmail.com



Serving: 1 Veg

Ingredients

- -¹/₄ cup finely chopped mint leaves (phudina)
- -1 cup apple cubes (unpeeled)
- -2 tsp lemon juice
- $-\frac{1}{2}$ tsp ginger (adrak) juice,
- -1 tsp honey
- -salt and freshly ground black pepper (kalimirch) to taste

Preparation Method

- -Combine all the ingredients in a deep bowl and toss well.
- -Serve