



Broccoli pancake

Serving: 1

Veg

Ingredients

- -1/2 cup broccoli grated (no water)
- -2 tbsp Besan
- -1 small onion
- -2 tbsp coriander chopped
- -red chili flakes to taste
- -1 tsp cumin seed
- -1 tsp grated fresh garlic
- -1 tsp grated fresh ginger
- -salt to taste

Preparation Method

- -Chop white onions. Then add to red chili flakes, salt, garlic, ginger, cumin seeds and mix well.
- -Mix in chickpea (gram) flour (sift flour if necessary to avoid lumps) with the broccoli .
- -Grease a nonstick frying pan or skillet with a little canola oil and ladle small pancakes on medium high heat.
- -Cook for a few minutes and flip over and cook other side until pancake is cooked though.
- -Serve And Enjoy.