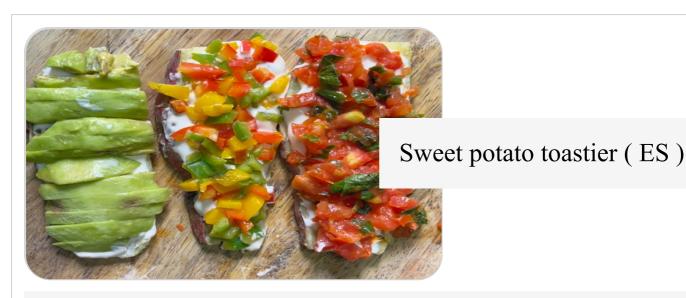


C-2, HIRA MANEK, OPP BMC MARKET, BAPISTA ROAD Vile Parle (West), Maharashtra, India, 400056 +91-9820577553 eatfit24by7@gmail.com



Serving: 1 Veg

Ingredients

- sweet potato -1
- vegan cheese 3 tbsp
- baby tomato 1
- olives 5 pieces
- mushroom 2 pieces
- basil leaves 5 leaves
- creamlized onion 3 tbsp
- avocado fruit 2 tbsp
- micro green 2 tbsp
- bell pepper- red 1 tbsp
- bell pepper yellow 1 tbsp
- capsicum 1 tbsp
- oregano 1/4 tsp
- chilli flakes 1/4 tsp
- salt to taste

Preparation Method

- First take sweet potato (par boiled) cut into slices then toast it in a toaster
- Place slices on a plate
- On slices can grate vegan cheese
- Topping 1 : Cherry tomatoes and olives marinated in olive oil and basil
- Topping 2: Sauteed mushroom and caramelised onion, chopped red bell pepper, yellow bell pepper, green capsicum, oregano, chilli flakes
- Topping 3 : Avocado and micro greens
- Enjoy