

C-2, HIRA MANEK, OPP BMC MARKET, BAPISTA ROAD Vile Parle (West), Maharashtra, India, 400056 +91-9820577553 eatfit24by7@gmail.com



Serving: 1 Veg

## Ingredients

- 150 gms Chicken chunks
- 1 cup Coriander + mint Leaves
- 1 Green chilies
- 4-5 cloves Garlic
- 1 Medium sized ginger
- 1/4 cup Curd
- 1/2 tsp Red chili powder
- 1/2 tsp Garam Masala
- 1/2 tsp Aamchur powder
- Salt according to taste

## Preparation Method

- In a grinder take coriander leaves, mint leaves, chilies, ginger garlic, and little water to make a fine paste.2. Transfer this paste to a bowl, add the curd and all other dry spices and mix everything well.
- Now add the chicken chunks and mix well, coating every single piece with the marinade. Let this sit for a minimum of 30 minutes
- In a pan add a tbspn of oil/butter and roast these chicken chunks on a low flame until they are slightly charred on the edges. You can also bake it or cook it in a tandoor.
- Take off the heat, garnish with onions strands and munch away.