



Chocolate Smoothie*

Serving: 1

Veg

Ingredients

- 1 cup coconut milk (200 ml)
- 1tbsp protein powder
- 1 tsp ground chia seeds
- 3 drops stevia
- 2 tbsp 85% dark chocolate
- 2-3 ice cubes

Preparation Method

- In a vitamix, combine coconut milk, protein powder, chia, and stevia
- Blend in chocolate until smooth
- Blend in ice cubes until mixture is well combined
- Serve