



Apricot, Kiwi and Muskmelon smoothie

Serving: 1

Veg

Ingredients

- -1/4 cup kiwi
- -1 dried apricots, chopped
- -1/2 cup muskmelon
- -1/4 cup chilled water
- -1 tbsp lime juice
- -A pinch of Himalayan pink salt

Preparation Method

- -Toss the kiwi, apricots, and muskmelon into a blender and give it a spin.
- -Add the chilled water and stir gently. Mix well.
- -Pour the smoothie into 1 glass and add the lime juice and a pinch of Himalayan pink salt.
- -Stir well before drinking.