



Green keto smoothie *

Serving: 1

Veg

Ingredients

- 1 cup almond milk
- handful spinach
- 1/2 cucumber
- 2-3 celery
- coconut oil 1 tsp
- 1 tsp chia seeds
- 1 tsp matcha powder
- 1 tsp agave sweetener optional

Preparation Method

- in a blender , blend all ingredients except chia seeds for a minute or untill smooth.
- Pour it in a glass Now add chia seeds mix well and Enjoy