



Tofu cutlets

Serving: 1

Veg

### *Ingredients*

- -100 grams tofu
- -1 medium sweet potato, boiled
- -1 small beetroot, boiled
- -1 carrots, boiled
- -2 tbsp chopped onion
- -1 green chili and a small piece of ginger made into a paste
- -salt to taste
- -1 tbsp rava

### *Preparation Method*

- Crumble tofu and mash with the vegetables. Add salt and ginger-chili paste and form into the shapes desired. Roll in rava and pan fry.