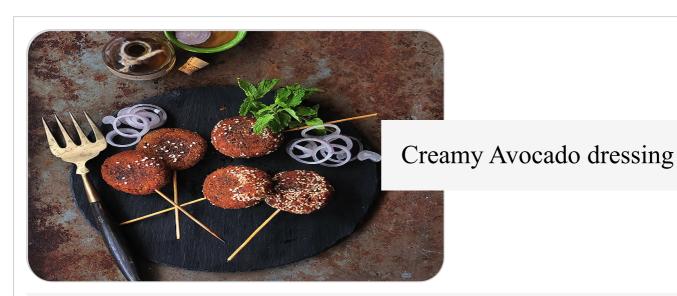


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Serving: 1 Veg

Ingredients

- Half avocado chopped
- 100 grams curds
- Half tsp olive oil
- salt to taste
- Lemon juice few drops
- Pepper to taste
- 1 small garlic crushed
- 2 tbsp water or as needed

Preparation Method

• Blend all together till smooth , add water to adjust the consistency