



## Green boost Smoothie

Serving: 1

Veg

### *Ingredients*

- -1/4 cup pineapple
- -1 orange (peeled)
- -1/2 cup raw spinach
- -1 cup almond / coconut milk

### *Preparation Method*

- -Step 1 – add all ingredients to blender
- -Step 2 – blend until smooth
- -Step 3 – enjoy