



Almond Butter Cup*

Serving: 1

Veg

Ingredients

- -1 tbsp almond butter
- -1 tsp coconut oil
- -1 serving sweetener of choice
Liquid stevia or monk fruit
sweetener
- -1 tbsp chocolate of choice Optional

Preparation Method

- -Line 1 count mini muffin tin with liners and set aside. Alternatively, coat a small loaf pan with parchment paper.
- -In a microwave-safe bowl or stove top, combine your almond butter and coconut oil. On low heat/low power, melt until thick and creamy. Add your sweetener of choice and mix very well.
- -Evenly distribute the almond butter mixture . Refrigerate or freeze until firm.