

C-2, HIRA MANEK, OPP BMC MARKET, BAPISTA ROAD Vile Parle (West), Maharashtra, India, 400056 +91-9820577553 eatfit24by7@gmail.com



Serving: 1 Veg

Ingredients

- $-\frac{1}{2}$ tsp coriander seeds
- -1/2 tsp cumin / jeera
- $-\frac{1}{2}$ tsp fennel seeds
- -Springs of coriander
- -4-5 petals of rose (fresh)

Preparation Method

- -In a pot of boiling water, add all ingredients.
- -Simmer for 5 minutes, strain, Drink