



## Asian Noodles with Chicken ( OP W )

Serving: 1

Non Veg

### *Ingredients*

- 30 grams whole wheat noodles
- 100 grams , skinned, boneless & chopped chicken
- 2 tbsp chopped spring onion greens
- 1 tsp peeled & grated ginger
- 1-2 cloves garlic, minced
- 1/2 tsp hoisin sauce
- 1/2 tsp vinegar
- 1 tsp sambal olek paste (readily available in the market)
- 1 tsp sesame oil
- 1 tbsp chopped coriander leaves

### *Preparation Method*

1. Boil the noodles in enough water till cooked, remove from hot water and keep aside.
2. Heat oil in a wok on high flame, add ginger, garlic and cook for less than a minute, stirring continuously.
3. Add chicken breasts, spring onions, coriander leaves and saute for a minute.
4. Add soya sauce, vinegar, hoisin sauce and sambal olek paste. Mix well and stir continuously.
5. Add the cooked noodles in the wok and sauté for a few minutes.
6. Garnish with coriander and serve hot.