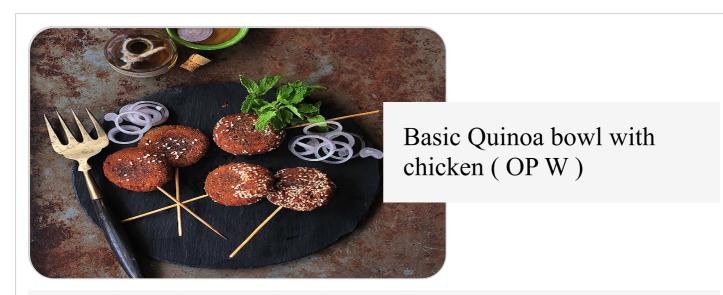


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Serving: 1 Non Veg

Ingredients

- 100 grams cooked or boiled or grilled chicken
- 1/2 cup cooked quinoa
- Baby tomatoes 6-7 haved
- 2 walnuts chopped
- handfull spinach chopped
- Salt and pepper to taste
- Lemon juice 1 tsp
- 1/2 tsp minced garlic (Optional)

Preparation Method

• Mix all the ingredients in a large bowl until well-combined.serve