



Broccoli Salad* (LS)

Serving: 1

Veg

Ingredients

- 1 cup fresh broccoli cut into small pieces
- 1/4 onion, diced finely
- 1/2 tbsp sunflower or pumpkin seeds
- 1 cube cheese cut into small pieces
- 1 tbsp mayonnaise
- 1 tsp Apple cider vinegar
- salt and pepper to taste

Preparation Method

- Combine broccoli, red onion, sunflower or pumpkin seeds, and cheese in a large bowl.
- In a separate bowl, mix the mayonnaise, and vinegar together until smooth. Stir into the salad.
- Let salad chill for about 3 hours. This also allows the flavors to meld. Season with salt and pepper and serve.