



## Salmon Stir Fry\*

Serving: 1

Non Veg

### *Ingredients*

- 100 grams salmon fish , diced
- $\frac{1}{2}$  cup spring onion greens , roughly chopped
- Handful spinach , chopped
- 1 teaspoon grated ginger
- 1 tsp soy sauce
- Salt to taste
- Pepper to taste
- Red chilli powder 1 tsp
- 1 tsp oil

### *Preparation Method*

- -Add the oil into a skillet and sauté the chopped veggies. -
- -When the veggies soften, add in the diced fish, grated ginger, tamari sauce , and salt to taste.
- -Saute until the fish isn't translucent anymore and is cooked.
- -Serve immediately.