



Kathi wrap

Serving: 1

Veg

### *Ingredients*

- For the wrap
- -Jowari atta 2 tbsp
- For filling
- -2 tbsp chopped carrot
- -2 tbsp chopped cabbage
- -2 tbsp sweet Potatoes Yam mixture
- -1 tbsp green capsicum
- -1 tsp green chillies chopped
- -1 tsp ginger Paste
- -1 tsp garlic Paste
- -Salt to taste

### *Preparation Method*

- -Make the wrap from jowar atta
- -Mix All the ingredients
- -Place the roti ,Place the Filling in the Centre of the wrap,roll it, cut it,serve