

C-2, HIRA MANEK, OPP BMC MARKET, BAPISTA ROAD Vile Parle (West), Maharashtra, India, 400056 +91-9820577553 eatfit24by7@gmail.com



Serving: 1 Veg

Ingredients

- 1 whole lemon (along with the rind / peel)
- 1" ginger grated
- Pinch of black salt

Preparation Method

- Boil a glass of water. Split lemon into two . Add both the halves in boiling water along with the rind (peel) .
- Add grated ginger and black salt ,Now boil only for two minutes.switch off the gas.cover it with lid.let it cool for 20 minutes.strain and serve.)