

C-2, HIRA MANEK, OPP BMC MARKET, BAPISTA ROAD Vile Parle (West), Maharashtra, India, 400056 +91-9820577553 eatfit24by7@gmail.com



Serving: 1 Veg

Ingredients

- Foxtail millet 3 tbsp (grind it)
- Besan 2 tbsp
- · salt to taste
- ghee 1/4 tsp
- coriander 2 tbsp chopped
- water 1 cup
- cooking oil 1 tsp
- Turmeric powder pinch

Preparation Method

- Combine all the ingredients in a deep bowl and knead into a loose soft dough using enough water.
- Take the doughand flatten it with wet fingers to make around roti. Heat a non-stick tava (griddle) and then place the roti onthe tava.
- Make small holes in the roti with the rolling pin so that it cooks evenly.
- Drizzle tsp of oil over it and cook on both the sides till golden brown spots appear on the roti.
- Once done, remove the roti from heat and serve hot.