



Chocolate Chia Pudding*

Serving: 1

Veg

Ingredients

- 1 Tablespoons unsweetened cocoa powder
- $\frac{1}{2}$ cup unsweetened coconut milk
- 2 tbsp chia seeds
- 1 Tablespoon unsweetened shredded coconut (for topping)
- sweetener of choice (Stevia drops) (Optional)

Preparation Method

- Mix together all the ingredients in a bowl.
- Cover the bowl and refrigerate overnight or for approx. 3-4 hours.
- Blend the mixture until smooth (this helped to get all the cocoa powder nicely mixed in)
- serve