



Pomegranate decoction

Serving: 1

Veg

Ingredients

- 15 Tulsi leaves
- Pipli (1) (Freshly ground)
- 1 tsp ginger (Grated)
- Pomegranate juice (1/2 cup)

Preparation Method

- Boil a glass of water add tulsi , Pipli and ginger .
- Switch off the gas .Then add half cup Pomegranate juice (strain it, drink Luke warm)