



## Pineapple Banana Detox Smoothie

Serving: 1

Veg

### *Ingredients*

- 1/2 cup pineapple
- 1 banana
- Few leaves of spinach
- 1/2 cup water

### *Preparation Method*

- Step 1 – add all ingredients to blender
- Step 2 – blend until smooth
- Step 3 – enjoy