



Fruit Custard ( ES )

Serving: 1

Veg

### *Ingredients*

- -Custard Powder- 1 tsp
- -Banana - $\frac{1}{2}$
- -Milk-1 cup
- -Fruit-Half cup (Apple,Pear,and pomegranate (For garnish)

### *Preparation Method*

- Mix 1 tsp of Custard Powder with 2 tbsp,of lukewarm milk and make a smooth paste so that does not form lumps. Boil the remaining milk. Add the custard Paste into the milk and stir. Let it cool. Mix fruit and nuts. Served chilled.