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Serving: 1 Veg

Ingredients

- -zest of 1 lime
- -juice of 1 lime (1/2 cup)
- -1 tbsp honey
- -20-30 mint leaves
- -1 cup ice cold water,
- -ice as required)
- -lime wedges (for garnish)
- -liquid stevia (optional)(Fow sweet taste)

Preparation Method

- -Place lime zest, juice, honey, mint leaves and 1 cup of water in a high speed blender and blend until completely mixed.
- -Strain through a sieve to remove any excess pulp.
- -serve with ice cubes .