



## Apple cinnamon tea

Serving: 1

Veg

### *Ingredients*

- 2 apple chopped and crushed
- 2 cinnamon stick
- 4 clove
- Jaggery according to taste
- 2 cups water

### *Preparation Method*

- In a deep pot / kadai , add water , apples , cinnamon sticks and clove.
- Boil it for 10 minutes on medium flame
- Strain the tea , add jaggery powder while serving
- Tea is ready to serve .