

C-2, HIRA MANEK, OPP BMC MARKET, BAPISTA ROAD Vile Parle (West), Maharashtra, India, 400056 +91-9820577553 eatfit24by7@gmail.com



Serving: 1 Veg

Ingredients

- Spaghetti 1 katori
- Spinach chopped $\frac{1}{2}$ cup
- Onion chopped 1 small
- Hung curd 2 tbsp
- Oil $\frac{1}{2}$ tsp
- Salt to taste
- Pepper powder to taste

Preparation Method

- Heat the oil in a pan, add the onions and saute till they turn translucent. Keep aside.
- Combine spaghetti, spinach, onions, curds, salt and pepper in a bowl. Mix well. Layer the mixture in a baking dish. Bake in a pre-heated oven at 200°C (400°F) for 7-10 minutes.
- minutes.
- Serve hot.