



Fruit salad with sauce (ES)

Serving: 1

Veg

Ingredients

- 1 bowl mix fruits chopped (Any fruits like watermelon , papaya , pear , apple , peach , dragon fruit etc)
- For sauce : 50 grams greek yogurt
- 1 tsp lemon zest
- 1 tsp honey
- Pinch of cinnamon powder
- 1 tbsp water

Preparation Method

- mix all ingredients for sauce , blend till smooth using a spoon , to make smooth liquid consistency
- Take the fruit bowl , Pour sauce all over ,Enjoy the delicious fruit salad