



## Pani Puri inspired salad ( HS )

Serving: 1

Veg

### *Ingredients*

- Sprouts 2 tbsp
- Cooked Quinoa 2 tbsp
- 2 tbsp chopped Boiled potato
- 1 tbsp Raw mango
- 1 tbsp Fresh turmeric chopped
- 2-3 lettuce leaves
- For dressing :
- 10-12 mint leaves
- tamarind 1 pc
- 2 inch jaggery
- green chili 2-3
- olive oil 1 tbsp

### *Preparation Method*

- For dressing : Blend all the ingredients mentioned under dressing , make coarse paste , If want smooth add little water .keep aside
- In a bowl add all the ingredients , except lettuce
- Now , take a plate , place 2-3 lettuce leaves , transfer the salad mixture on this leaves , Pour the dressing , Mix well
- serve