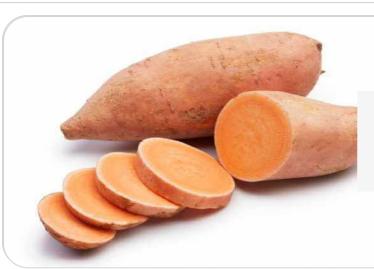


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Sweet Potato Salad with Curd Dressing (HS)

Serving: 1 Veg

## Ingredients

- <sup>1</sup>/<sub>2</sub> cup sweet potatoes (shakarkand) , boiled and cubed
- 1/2 tsp mustard (rai / sarson) paste
- <sup>1</sup>/<sub>4</sub> cup curds (dahi)
- 1/4 cup apple cubes
- 2 tsp chopped walnuts (akhrot)
- 2 tbsp capsicum cubes
- salt and to taste

## Preparation Method

- Combine the curds, mustard paste, salt and pepper in a bowl and mix well. Keep aside.
- Combine all the remaining ingredients in a deep bowl, along with the curd dressing and toss well.
- Serve immediately.