



## Carrot and Red Pepper Juice

Serving: 1

Veg

### *Ingredients*

- - $\frac{1}{4}$  cup red capsicum cubes (deseeded)
- - $\frac{1}{2}$  cup carrot cubes (unpeeled)
- - $\frac{1}{2}$  cup apple cubes (unpeeled)
- -crushed ice for serving
- - $\frac{1}{4}$  tsp jeera powder ( optional )

### *Preparation Method*

- 1. Add the red capsicum cubes, carrot cubes and apple cubes a few at a time in the hopper.
- 2. Add some crushed ice in a glass juice over it.
- 3. Serve immediately.