



Cholesterol-2 (Decoction)

Serving: 1

Veg

Ingredients

- Take 50 ml each of
- -Lemon juice
- -Garlic juice
- -Ginger juice.
- -Apple cider vinegar(only braggs or heinz. No american garden)

Preparation Method

- -Boil all ingredients in a vessel till it's half the original quantity. let it cool.