



Cucumber and Apple Juice

Serving: 1

Veg

Ingredients

- -1 cup chilled and roughly chopped apples (unpeeled)
- -1 cup chilled and roughly chopped cucumber
- - $\frac{1}{2}$ tsp lemon juice

Preparation Method

- -Add the apples and cucumber a few at a time in a hopper.
- -Add lemon juice to the juice and mix well.
- -Serve immediately.