



## Fruity Corn Salad ( LS ) ( ES )

Serving: 1

Veg

### *Ingredients*

- Watermelon cubes - 1/4 cup
- Pineapple cubes - 1/4 cup
- Boiled corn - 1/4 cup
- cucumber - 1/4 cup
- Lettuce -1/4 cup torn in to pieces
- For Mint Dressing : Mint - 1/4 cup
- Ginger - 1/4 tsp
- Chili - 1/4
- few drops of lime
- honey- 1 tsp
- Salt to taste

### *Preparation Method*

- For the Mint dressing : Combine the mint leaves, ginger, green chillies and lemon juice with 1 tbsp of water in a mixer and blend to a coarse paste.
- Transfer the mint paste into a bowl, add the honey and salt and mix well. Keep aside.
- How to proceed : Combine all the ingredients in a deep bowl, pour the mint dressing over it and toss well.
- Serve immediately.