



Saffron Lemon Herbal Drink"

Serving: 1

Veg

Ingredients

- -10 strings saffron
- -2 cups of chilled water
- -1 cup of ice cubes
- -juice of 3 lemons
- -1 tbsp of minced fresh tulsi (holy basil)
- -1 tbsp date paste

Preparation Method

- Mix all ingredients in blender and serve chilled.