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Serving: 1 Veg

## Ingredients

- 2 apple chopped and crushed
- 2 cinnamon stick
- 4 clove
- Jaggery according to taste
- 2 cups water

## Preparation Method

- In a deep pot / kadai , add water , apples , cinnamon sticks and clove.
- Boil it for 10 minutes on medium flame
- Strain the tea, add jaggery powder while serivng
- Tea is ready to serve.