



Sweet Potato Salad with Curd Dressing (HS)

Serving: 1

Veg

Ingredients

- $\frac{1}{2}$ cup sweet potatoes (shakarkand)
, boiled and cubed
- $\frac{1}{2}$ tsp mustard (rai / sarson) paste
- $\frac{1}{4}$ cup curds (dahi)
- $\frac{1}{4}$ cup apple cubes
- 2 tsp chopped walnuts (akhrot)
- 2 tbsp capsicum cubes
- salt and to taste

Preparation Method

- Combine the curds, mustard paste, salt and pepper in a bowl and mix well. Keep aside.
- Combine all the remaining ingredients in a deep bowl, along with the curd dressing and toss well.
- Serve immediately.