



Cheesy Mushroom*

Serving: 1

Veg

Ingredients

- -100 - 120 grms small flat mushrooms, stems trimmed
- -1 tbsp olive oil
- -3 tbsp cheese
- -handful baby spinach leaves

Preparation Method

- -Preheat grill on medium-high heat. Brush both sides of mushrooms with oil. Season with salt and pepper.
- -Place mushrooms, stem side up, on grill tray. Grill for 5 minutes or until just softened. Top with cheese. Grill for a further 2 to 3 minutes or until cheese is bubbling.
- -Place spinach on plates. Top with mushrooms. Season with pepper. Serve.