



Rice Ferment Water

Serving: 1

Veg

Ingredients

- 1 Tablespoon Cooked Rice
- 1 Glass of Water
- Pinch of Pink Salt
- To taste Mustard Powder

Preparation Method

- Soak 1 Teaspoon of Cooked Rice in a glass of water for -3-5 hours
- Add a pinch of Pink Salt and Mustard Powder
- Strain and Drink the water only