



## Chicken Stew\* ( OP I )

Serving: 1

Non Veg

### *Ingredients*

- -1 and 1/2 cups chicken stock
- -2 tbsp celery sticks , diced
- -1 medium capsicum , chopped
- -French beans (5-7) chopped
- -4 tbsp cabbage , chopped
- -100 gram chicken ( Boiled ) diced into 1
- -1/2 teaspoon dried rosemary
- -1/4 teaspoon dried thyme
- -1/2 teaspoon dried oregano
- -1/4 cup fresh spinach
- -3 tbsp heavy cream
- -salt and pepper, to taste

### *Preparation Method*

- -Place the chicken stock, capsicum , cabbage , french beans , celery, onion, chicken thighs, rosemary, garlic, thyme, and oregano into a crockpot or larger deep vessel.
- -Cook on medium till 10-15 minutes .
- -Add salt and pepper, to taste.
- -Stir in spinach and the heavy cream.
- -Continue to whisk until mix and cook for another 5 minutes.