



Drumstick leaves salad

Serving: 1

Veg

Ingredients

- 1/2 cup drumstick leaves
- 1 cucumber chopped
- 1/2 cup chopped bell pepper (yellow, green or red or all 3 mix)
- 2 small tomato chopped
- For dressing
 - 1 tsp olive oil,
 - 1 Tbsp honey
 - 1 big clove garlic crushed / grated
 - smashed few sprigs of fresh thyme or 1/4 tsp dried
 - salt and pepper to taste

Preparation Method

- Strip moringa leaves from the stem.. (u can chop leaves too)
- Chop pepper, tomato and cucumber.
- Add to the salad bowl, along with moringa leaves.
- Toss. Mix vinaigrette and add just before serving.
- Toss and enjoy.