



Grilled pineapple salad (LS)

Serving: 1

Veg

Ingredients

- Pineapple - 5-6 slices
- Red bell pepper - 1 small
- cucumber - 1 small chopped
- avocado - 3 tbsp chopped
- virgin olive oil - 1 tsp
- lemon juice little
- salt to taste
- black pepper to taste
- fresh coriander - 1 tbsp chopped
- green chilli - 1/4 chopped

Preparation Method

- First Pineapple and red bell pepper grilled and roughly chopped
- Transfer in a bowl add cucumber , avocado
- Drizzle extra virgin olive oil , lemon juice , salt to taste , black pepper , toss it altogether nicely
- add chilly and coriander .
- Grilled pineapple salad ready.