



## Bell Pepper Nachos\* ( ES )

Serving: 1

Veg

### *Ingredients*

- 2 mini bell peppers
- 1/4 cup black beans, rinsed and drained
- 1/2 cup salsa
- 2 cube Cheese
- toppings: zucchyini , greek yogurt, guacamole, cilantro, extra pico or salsa

### *Preparation Method*

- Preheat the oven to 450 degrees. Cut the mini bell peppers in half and remove the seeds. Lay skin side down on a sheet pan lined with foil.
- Carefully put the black beans and salsa into the bell pepper cups. Top with the cheese
- Bake for 5-10 minutes or until the cheese starts to melt. Serve hot with any of the toppings!