

C-2, HIRA MANEK, OPP BMC MARKET, BAPISTA ROAD Vile Parle (West), Maharashtra, India, 400056 +91-9820577553 eatfit24by7@gmail.com



Serving: 1 Veg

## Ingredients

- 1/2 cup thinly sliced carrot
- 1/4 cup thinly sliced cucumber
- 4 tbsp soaked and boiled rajma (kidney beans)
- <sup>1</sup>/<sub>4</sub> cup sliced spring onions
- To Be Mixed Together Into A Mint Dressing
- 2 tbsp finely chopped mint leaves (phudina)
- 1 tsp honey
- 1/2 tbsp lemon juice
- salt to taste

## Preparation Method

- Combine all the ingredients for the salad in a bowl, toss well and refrigerate for at least 1 hour.
- Just before serving, add the mint dressing and toss well.
- Serve immediately.