



Barley Pomegranate salad \$ (HS)

Serving: 1

Veg

Ingredients

- Barley 30 grams
- Pomegranate 1/4 cup
- Pistachio 7-8 chopped
- Carrot grated 2 tbsp
- Chopped spring onion 1 tbsp

Preparation Method

- Cook Barley in a pot. Dry roast some Pistachios
- Simply add all ingredients together , mix well
- Do not add anything else