



Lemon Cucumber Lemonade*

Serving: 1

Veg

Ingredients

- 1 small cucumbers
- 20-25 fresh mint
- $\frac{1}{4}$ teaspoon lemon zest, grated
- 1 lemon juice
- 1 cup water
- 1 tablespoons sugar
- **For garnish:**
- 4-5 ice cubes
- $\frac{1}{2}$ cucumber, thinly sliced

Preparation Method

- Wash the cucumbers very well.
- Remove their skin and grate them in a bowl.
- Pound the mint leaves and lemon zest in a mortar and toss in the bowl.
- Stir with a spoon and transfer them in a piece of cheese cloth.
- Squeeze the juice into the bowl. Set aside. You can use a blender instead, but the flavors stand out with this method.
- Mix sugar and lemon juice in hot water until sugar dissolves.
- Combine this syrup with cucumber juice flavored with lemon zest and mint.
- Chill it at least for an hour and serve with ice cubes, and cucumber slices.