



Almond Spicy Cookie*

Serving: 1

Veg

Ingredients

- -1 cup whole almonds
- -1 Tablespoons chia seeds
- -2 tbsp cup coconut oil
- -1 small egg
- -1 Tablespoons freshly grated ginger
- -1 Tablespoons cinnamon powder
- - $\frac{1}{2}$ teaspoon of nutmeg
- -Stevia few drops
- -Dash of salt (optional)

Preparation Method

- -Preheat oven to 350F (175C).
- -Food process or blend the whole almonds with the chia seeds.
- -Mix all the ingredients together in a large bowl.
- -Form small cookies with your hands and place on a baking tray lined with parchment paper.
- -Bake at 350F for 15 minutes.