



## Pear and Basil Juice

Serving: 1

Veg

### *Ingredients*

- 2 pears
- 1 lemons
- 4 celery sticks
- 1 cucumber
- $\frac{1}{2}$  cup Basil

### *Preparation Method*

- 1. Peel the lemon (optional) or scrub the lemon well.
- 2. Wash and scrub the remaining produce and chop.
- 3. Juice & enjoy.