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Serving: 1 Veg

## Ingredients

- Jowar atta 1/2 cup
- curds 100 grams
- salt to taste
- Pinch of eno
- chopped Coriander leaves 1 tbsp
- For tadka: 1 tsp oil, 1 tsp mustard seeds, curry leaves 10-12, 1 tsp sesame seeds

## Preparation Method

- Take a bowl, mix jowar atta, curds, chopped coriander, salt and eno, make smooth running batter (can add little water if needed)
- Pour batter in a greased thali and spread it to make an even layer
- Steam the dhoklas for 10-12 minutes or till the dhoklas are cooked. Cool slightly
- Heat the 1 /2 tsp of oil in a small non-stick pan, add the mustard seeds, sesame seeds and curry leaves and sauté on a medium flame for 30 seconds.
- Pour this tempering over the prepared dhokla and cut it into square pieces.
- -Serve immediately with green chutney.