



Apple Mint Salad (LS)

Serving: 1

Veg

Ingredients

- - $\frac{1}{4}$ cup finely chopped mint leaves (phudina)
- -1 cup apple cubes (unpeeled)
- -2 tsp lemon juice
- - $\frac{1}{2}$ tsp ginger (adrak) juice ,
- -1 tsp honey
- -salt and freshly ground black pepper (kalimirsch) to taste

Preparation Method

- -Combine all the ingredients in a deep bowl and toss well.
- -Serve