



Avocado salad\*

Serving: 1

Veg

### *Ingredients*

- 1 large avocados - peeled, pitted and diced
- 1 small green bell pepper, chopped
- 2 tbsp tomato, chopped
- $\frac{1}{4}$  cup chopped fresh cilantro
- $\frac{1}{2}$  lime, juiced
- 1 tbsp cheese
- salt and pepper to taste

### *Preparation Method*

- In a medium bowl, combine avocados, bell pepper, tomato, cilantro and lime juice. Gently toss until evenly coated. Season with salt and pepper. On top add cheese