



Masoor dal -carrot stew (OP I)

Serving: 1

Veg

Ingredients

- 2 tbsp masoor dal
- 3-4 tbsp grated carrots
- Half chopped Potato
- Garam masala - taste
- 1/4 tsp turmeric

Preparation Method

- Boil masoor dal in enough water untill cooked soft
- In other pan add all the tempering Ingredients one by one .. saute for 1 min
- Add Chopped potato and carrots .cook for 2-3 minutes
- Add the masoor dal mixture in it... Adjust consistency with water. (Soupy or thick gravy) Your choice