



Lemon decoction

Serving: 1

Veg

Ingredients

- 1 whole lemon (along with the rind / peel)
- 1 " ginger grated
- Pinch of black salt

Preparation Method

- Boil a glass of water. Split lemon into two . Add both the halves in boiling water along with the rind (peel) .
- Add grated ginger and black salt ,Now boil only for two minutes.switch off the gas.cover it with lid.let it cool for 20 minutes.strain and serve.)