



Cheesie Veggie (OP W)

Serving: 1

Veg

Ingredients

- Serves 1
- 1 no. Whole wheat pizza base
- For Stuffing
- $\frac{1}{2}$ cup finely shredded cabbage
- $\frac{1}{2}$ cup finely chopped tomato
- $\frac{1}{4}$ cup finely shredded capsicum
- $\frac{1}{4}$ cup finely chopped cucumber
- 2 tbsp curds
- $\frac{1}{2}$ tsp mustard powder
- $\frac{1}{2}$ tsp sugar
- $\frac{1}{4}$ tsp vinegar or lemon juice
- Salt and pepper to taste

Preparation Method

- Mix all the ingredients of the stuffing and keep aside.
- Heat the pizza base on a non-stick tava till it becomes golden brown in colour.
- Remove from flame and cut into 4 triangles.
- Make a vertical slit in triangle to make it like pocket, fill the stuffing inside each pocket and serve hot.