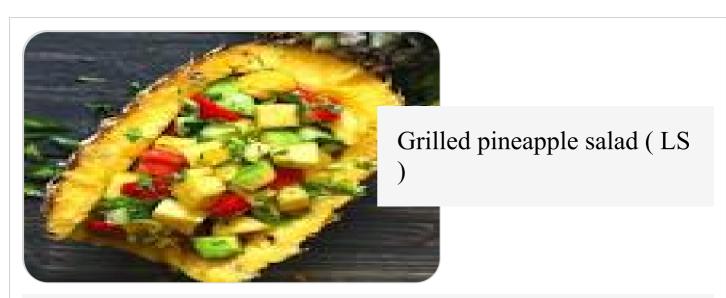


C-2, HIRA MANEK, OPP BMC MARKET, BAPISTA ROAD Vile Parle (West), Maharashtra, India, 400056 +91-9820577553 eatfit24by7@gmail.com



Serving: 1 Veg

## Ingredients

- Pineapple 5-6 slices
- Red bell pepper 1 small
- cucumber 1 small chopped
- avocado 3 tbsp chopped
- virgin olive oil 1 tsp
- lemon juice little
- salt to taste
- black pepper to taste
- fresh coriander 1 tbsp chopped
- green chilli 1/4 chopped

## Preparation Method

- First Pineapple and red bell pepper grilled and roughly chopped
- Transfer in a bowl add cucumber, avocado
- Drizzle extra virgin olive oil, lemon juice, salt to taste, black pepper, toss it altogether nicely
- add chilly and coriander.
- Grilled pineapple salad ready.