



Chicken Salad*

Serving: 1

Non Veg

Ingredients

- -150 grams chicken boneless and skinless
- -3-4 stalks celery finely chopped
- -1 tbsp mayonnaise
- - $\frac{1}{4}$ teaspoon salt
- -pepper to taste

Preparation Method

- -Poach chicken breasts in water or broth by covering for 15-20 minutes after liquid boils.
- -Remove chicken and allow to cool.
- -Shred chicken into small pieces.
- -Mix chicken and celery.
- -Stir together mayonnaise, salt and pepper until well blended. Serve
- -Store in refrigerator. Serve chilled if desired