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Serving: 1 Veg

## Ingredients

- 1 raw bananas steamed and mashed
- 2 tbsp beetroot grated
- 2 tbsp carrot grated
- 2 tbsp coconut grated
- chopped ginger to taste
- chopped garlic to taste
- chopped green chilies 1
- coriander leaves 1tbsp
- peanuts roasted and coarsely powdered
- salt to taste

## Preparation Method

- Mix all ingredients including salt. Coat with roasted peanut powder. Dry roast on tawa until peanut powder browns. Enjoy with chickpea curry or just the chutneys!
- Shape in to tikkis (patties)
- Coat with roasted peanut powder.
- Dry roast on tawa until peanut powder browns
- Enjoy with green chutney.