



Satvik roti

Serving: 1

Veg

Ingredients

- 4 tbsp wheat atta or Bran atta
- 1 tbsp isabgul
- 4 tbsp palak puree OR Beet root Puree
- Salt to taste

Preparation Method

- Makes 2 roti:
- Take the flour in a bowl , add palak puree or beet root puree little by little and knead the dough , NO extra water is required , make dough with palak puree or beet root puree only , add salt to taste .
- Heat tawa on medium flame , Fry roti both side , no oil . serve