



Mix Salad with Miso Dressing (LS)

Serving: 1

Veg

Ingredients

- 1 small avocado (sliced)
- -1/2 red radish (sliced)
- -3 tomatoes (sliced)
- -4 mint leaves
- -Handful baby spinach (roughly chopped)
- -2 Tbsp spring onion greens choppod
- **-Sweet Miso Dressing:**
- -1 Tsp miso
- -1 Tsp vinegar
- -1/2 Tsp granulated sugar (or honey)
- -1/2 Tsp sesame oil
- -1 Tsp white sesame seeds (roasted/toasted)

Preparation Method

- -Combine the dressing ingredients in a small mixing bowl and whisk all together.
- -Rinse the spring mix salad and dry completely. Toss the salad, avocado, radish, heirloom tomatoes, mint leaves, and radish sprouts in a large bowl.
- -Drizzle the dressing and toss gently. Serve immediately.