



Herbal infusion

Serving: 1

Veg

Ingredients

- 10-15 Mint leaves
- 1 tsp ginger grated
- pinch black pepper powder
- 1 lemon grass stalk
- 1 cup water

Preparation Method

- Boil 1 glass water . Now infuse all the ingredients in it . cover and wait for 10 minutes . Strain and drink