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Serving: 1 Veg

Ingredients

- Cucumber 1
- Mint leaves handful
- Honey 1 tsp OR Jaggery 1 tsp
- roasted cumin seeds powder 1 tsp
- black sali 1/4 tsp
- Lemon juice 1 tbsp
- Coriander powder 1 tsp
- Chilled water 1/2 cup
- Ice cube 2-3

Preparation Method

- Chopped cucumber and slice them roughly in to the mixer grinder jar.
- along with mint leaves, cumin powder, black salt coriander powder and lemon juice, add some water.
- Grind them all well and strain them .
- Put some ice in to a glass then pour the cucumber lemonade.
- Stir it, drink.