

C-2, HIRA MANEK, OPP BMC MARKET, BAPISTA ROAD Vile Parle (West), Maharashtra, India, 400056 +91-9820577553 eatfit24by7@gmail.com



Serving: 1 Non Veg

Ingredients

- 2 bread slices
- 1 whole egg boiled
- 2 green chillies
- 1 tsp black pepper (kalimirch) powder
- 1 tsp chilli powder
- 2 tbsp chopped cucumber
- 1 tbsp tomatoe chopped
- 1 tsp oil
- 2 tbsp chopped onion

Preparation Method

- Boil the eggs completely, and cut them in very small pieces.
- Make very small pieces of green chillies, cucumber, tomatoes.
- Mix the eggs, green chillies,tomatoes,cucumber, chopped onion.
- Add red chilli powder, black pepper powder to the mixture.
- Now, take the slices . Fill in the mixture of eggs between the two slices.
- Cook the sandwich in the toaster by using some oil, untll the sandwich becomes crispy.