



Lemon Mint Basil Water

Serving: 1

Veg

Ingredients

- -Green tea - 1 bags
- -Lemon - $\frac{1}{4}$ squeezed
- -Basil - 1 leaf
- -Mint - 3 to 4 leaves
- - Water - 1 glass (200ml)
- - Ice cubes

Preparation Method

- - Soak the green tea bags in hot 1 glass water for five minutes, then discard the tea bags and cool.
- -In a big jar, layer the lemon slices, mint and basil with ice cubes. Fill the jar with green tea water, Let it chill for an hour and enjoy.