



Pumpkin Hummus

Serving: 1

Veg

Ingredients

- -Pumpkin puree- 50 gm
- -Boiled Chickpeas- 15 gm
- -Tahini paste- 1 tsp
- -Lemon juice- 1 tsp
- -Garlic clove- 1
- -Cinnamon- $\frac{1}{4}$ tsp
- -Salt- as per taste
- -Black pepper powder- as per taste
- -Olive oil- $\frac{1}{2}$ tsp

Preparation Method

- Add pumpkin puree, boiled chickpea, tahini paste, lemon juice, garlic clove, cinnamon, salt, black pepper powder and olive oil in a grinder to make a smooth paste.
- Ready to serve.