



Veg Clear Soup\* ( L )

Serving: 1

Veg

### *Ingredients*

- -olive Oil 1 tsp
- -Ginger – 1 tsp thinly julienne or grated .
- -Spring Onion greens – 2 tbsp chopped finely
- -Mixed Vegetables – 1 tbsp each veggie chopped finely ( Carrots, Beans, Cauliflower, Capsicum, broccoli etc )
- -Salt to taste
- -Pepper Powder to taste
- -Water –1-2cups
- -Cornstarch -1 tsp mixed with 2 tbsp water ( optional )

### *Preparation Method*

- -Heat oil in a sauce pan, add in ginger, , spring onion and saute for a min. -
- -Add in veggies and sauté for 5 mins or so.
- -Add in water, and cook untill veggies are done.
- -Add in salt, pepper and cornflour water and mix well. It will thicken the soup.
- -Add in spring onion greens and mix well.
- -Serve hot.