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Serving: 1 Veg

## Ingredients

- -Green tea 1 bags
- -Lemon  $\frac{1}{4}$  squeezed
- -Basil 1 leaf
- -Mint 3 to 4 leaves
- - Water 1 glass (200ml)
- - Ice cubes

## Preparation Method

- - Soak the green tea bags in hot 1 glass water for five minutes, then discard the tea bags and cool.
- -In a big jar, layer the lemon slices, mint and basil with ice cubes. Fill the jar with green tea water, Let it chill for an hour and enjoy.