

C-2, HIRA MANEK, OPP BMC MARKET, BAPISTA ROAD Vile Parle (West), Maharashtra, India, 400056 +91-9820577553 eatfit24by7@gmail.com



Serving: 1 Veg

Ingredients

- Barley 30 grams
- Pomegranate 1/4 cup
- Pistachio 7-8 chopped
- Carrot grated 2 tbsp
- Chopped spring onion 1 tbsp

Preparation Method

- Cook Barley in a pot. Dry roast some Pistachios
- Simply add all ingredients together, mix well
- Do not add anything else