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Serving: 1 Veg

## Ingredients

- 1 peach, sliced
- <sup>1</sup>/<sub>2</sub> cup fresh or frozen cherries (add less ice if using frozen)
- 100 ml cup coconut milk
- 1 Tsp chia seeds

## Preparation Method

- Add all ingredients to a blender and blend until creamy and smooth.
- Serve.