



## Quinoa Taboulleh ( OP W )

Serving: 1

Veg

### *Ingredients*

- Serves 1
- 2 tbsp uncooked quinoa
- 1/2 cup chopped mixed vegetables
- 2 tbsp chopped fresh parsley
- 1 tbsp lemon juice
- 1/2 tsp olive oil
- 1/2 tsp crushed garlic
- Salt to taste
- White pepper powder to taste

### *Preparation Method*

- 1. Place the quinoa in a pressure cooker and cook for 3 to 4 whistles. Remove from flame and allow the steam to escape from the pressure cooker.
- 2. Remove into a bowl and add rest of the ingredients and mix well.
- 3. Serve cold.