



Orange Ginger Lassi*

Serving: 1

Veg

Ingredients

- -100 ml chilled water
- -100 grams greek yoghurt
- -Freshly grated peel from 1 small organic orange (only the orange-colored part)
- - $\frac{1}{2}$ teaspoon freshly grated organic ginger
- -3-4 stevia drops

Preparation Method

- -Place all ingredients in a blender jar.
- -Blend until smooth and frothy.
- -Serve immediately over ice cubes.