



## Mexican Salad ( HS )

Serving: 1

Veg

### *Ingredients*

- 1/2 cup chopped romaine lettuce / baby lettuce
- 4 tbsp black beans, rinsed and well drained
- 1 medium chopped tomato
- 2 tbsp fresh corn kernels, uncooked
- 2 tbsp sliced radishes / carrot
- Half an avocado (100 grams), diced
- 1/2 red bell pepper, chopped
- **Honey-Lime Dressing :**
- 1 tbsp fresh lime juice
- 1/2 tsp olive oil
- 1 tsp honey
- 2 tbsp finely chopped fresh cilantro
- 1 garlic clove, peeled and minced
- Black pepper powder to taste

### *Preparation Method*

- Toss all salad ingredients in a large bowl. In separate bowl, mix dressing ingredients. Pour dressing over mixture and toss again. Season with pepper to taste