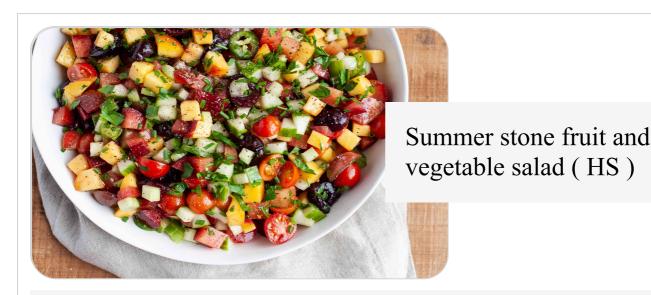


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Serving: 1 Veg

Ingredients

- Peach 1 small pitted and diced
- Plump 1 small pitted and diced
- celery 1 stalk sliced
- cherry tomato 2 (halved)
- Cherries- 3-4 (pitted and halved)
- Cucumber 1/4 diced
- back pepper to taste
- salt to taste
- Apple cidar vinegar 1/4 tsp
- Mint 1 tbsp chopped
- Capsicum 1 tbsp
- Olive oil 1/4 tsp

Preparation Method

- In a large bowl, combine the peaches, plums, celery, tomatoes, cherries, cucumber, and capsicum
- Add salt and black pepper and gently stir to combine. Set aside for 5 to 10 minutes. The salt will start to pull juices from the fruit and vegetables.
- Drizzle in the olive oil, apple cider vinegar, and add the mint . Stir to combine.