



## Mediterranean Chicken Wrap

Serving: 1

Non Veg

### *Ingredients*

- Chicken - 1 pc, 50 gms (palm size)
- Fresh lemon juice - squeeze as per taste
- Olive oil -  $\frac{1}{2}$  tsp
- Tomato, finely chopped - 1 small
- Black olives, finely chopped - 2 tbsp
- Lettuce - 1 single leaf
- multigrain roti - 1
- Salt & pepper - use minimum, to taste

### *Preparation Method*

- Boil chicken , cut into small pieces.
- Combine the cut chicken pieces, tomato and black olives.
- Add salt, pepper as per taste and a drizzle of lemon juice. Make 1 roti, spread the fresh lettuce leaf on it.
- Add the mixed ready ingredients, roll and wrap it and consume hot.