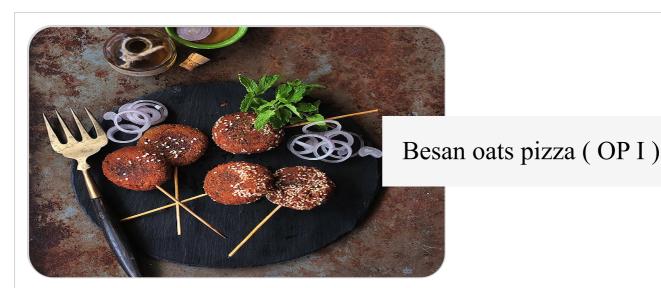


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Serving: 1 Veg

Ingredients

- Oats -2 tbsp
- Paneer 30 grms
- Capsicum 1 tbsp chopped
- Besan: 3 tbsp
- Bell paper red 1 tbsp
- Tomato 1 tbsp chopped
- Onion 1 tbsp chopped
- Sweet corn 1 tbsp boiled
- Salt to taste
- Pizza sauce 2 tsp
- Cooking oil − 1 tsp

Preparation Method

- Take a bowl and add oats and besan and mix them well.
 Add salt to taste. Then add water to make a thick batter.
- Spread the batter on a preheated pan or tava. Keep the heat from low to medium.
- prinkle some oil, flip once slightly cook for one side, make a small gap (hole).
- Spread 2 tsp pizza sauce, the first layer grated paneer, add the vegetable (capsicum, red bell pepper, yellow bell pepper, tomato, onion, corn)
- cover it, and cook on low heat.
- Add chili flakes and oregano.
- Serve