



Egg and Mushroom Omelette (OP I)

Serving: 1

Non Veg

Ingredients

- -5 button mushrooms
- -2 egg whites
- -A handful of cilantro / coriander
- -1 teaspoon seeded and chopped red chili
- -Salt to taste
- -1 tsp olive oil

Preparation Method

- -Clean and slice the mushrooms. Toss them in a large bowl.
- -Crack two eggs open into the bowl.
- -Add chopped red chili, salt, and cilantro. Whisk well.
- -Heat the olive oil in a pan and pour in the egg mix.
- -Cook until the egg is cooked halfway through.
- -Carefully flip it over and cook for a minute more.
- -Serve it and enjoy