

C-2, HIRA MANEK, OPP BMC MARKET, BAPISTA ROAD Vile Parle (West), Maharashtra, India, 400056 +91-9820577553 eatfit24by7@gmail.com



Serving: 1 Veg

Ingredients

• For Dhokla Base:

- $-\frac{1}{4}$ cup Rava
- -1 tbsp gramflour
- -2 tbsp curd
- -Salt to taste
- $-\frac{1}{2}$ tsp turmeric
- $-\frac{1}{2}$ tsp eno /fruit salt
- · -as needed water
- -1 tbsp capsicums long sliced
- -2- tbsp onion sliced
- -1 tbsp corns
- -1 tbsp pizza sauce
- -1 tbsp tomato sauce

Preparation Method

- 1. First make dhokla batter take a bowl add all the ingredients exept eno mentioned for dhokla base and make a batter leave it for 15 minutes
- 2. After 15 minuts add eno to the batter and pour it in to a greased dish and steam for 10 minutes.
- 3. After 10 minuts lower the flame spread pizza sauce on the top of dhokla base.
- 4. Sprinkle capsicum onions corns over the sauce and cover it for 2 min then turn of gas
- 5. Let the dhokla cool down cut in to pieces and serve