### ST405 Mini Project

S/18/841

2024-04-05

#### Introduction

The National Health and Nutrition Examination Survey (NHANES) conducted by the Centers for Disease Control and Prevention (CDC) gathers extensive health and nutritional information from a diverse U.S. population. In this study, we narrow our focus to predicting respondents' age by extracting a subset of features from the NHANES dataset. These features include physiological measurements, lifestyle choices, and biochemical markers, hypothesized to correlate strongly with age.

### Methodology

library(ggplot2)
library(psych)

Dataset Description: The dataset used in this study is derived from NHANES 2013-2014, comprising various health and nutritional data from the U.S. population. Key variables include "SEQN" (Respondent Sequence Number), "age\_group" (Respondent's Age Group), "RIDAGEYR" (Respondent's Age), "RIAGENDR" (Respondent's Gender), "PAQ605" (Engagement in Physical Activities), "BMXBMI" (Body Mass Index), "LBXGLU" (Blood Glucose after Fasting), "DIQ010" (Diabetes Status), "LBXGLT" (Oral Glucose Tolerance Test), and "LBXIN" (Blood Insulin Levels).

Statistical Methods Employed: This analysis employs Exploratory Factor Analysis (EFA) and Confirmatory Factor Analysis (CFA). EFA uncovers underlying patterns and correlations among variables, while CFA validates the factor structure and assesses model fit. Descriptive statistics such as means, standard deviations, and correlations are computed to summarize the dataset and examine relationships between variables.

```
#Libraries
library(tidyverse)
```

```
----- tidyverse 2.0.0 --
## -- Attaching core tidyverse packages -----
## v dplyr
               1.1.3
                         v readr
                                     2.1.4
               1.0.0
## v forcats
                         v stringr
                                     1.5.0
              3.4.3
## v ggplot2
                         v tibble
                                     3.2.1
## v lubridate 1.9.3
                         v tidyr
                                     1.3.0
## v purrr
              1.0.2
## -- Conflicts ----- tidyverse_conflicts() --
## x dplyr::filter() masks stats::filter()
## x dplyr::lag()
                    masks stats::lag()
## i Use the conflicted package (<a href="http://conflicted.r-lib.org/">http://conflicted.r-lib.org/</a>) to force all conflicts to become error
```

```
## Warning: package 'psych' was built under R version 4.3.3
```

```
##
## Attaching package: 'psych'
## The following objects are masked from 'package:ggplot2':
##
       %+%, alpha
library(corrplot)
## Warning: package 'corrplot' was built under R version 4.3.3
## corrplot 0.92 loaded
library(ggcorrplot)
## Warning: package 'ggcorrplot' was built under R version 4.3.3
library(GPArotation)
## Warning: package 'GPArotation' was built under R version 4.3.3
##
## Attaching package: 'GPArotation'
## The following objects are masked from 'package:psych':
##
##
       equamax, varimin
library(nFactors)
## Warning: package 'nFactors' was built under R version 4.3.3
## Loading required package: lattice
## Attaching package: 'nFactors'
## The following object is masked from 'package:lattice':
##
##
       parallel
library(factoextra)
## Warning: package 'factoextra' was built under R version 4.3.3
## Welcome! Want to learn more? See two factoextra-related books at https://goo.gl/ve3WBa
library(psych)
library(lavaan)
```

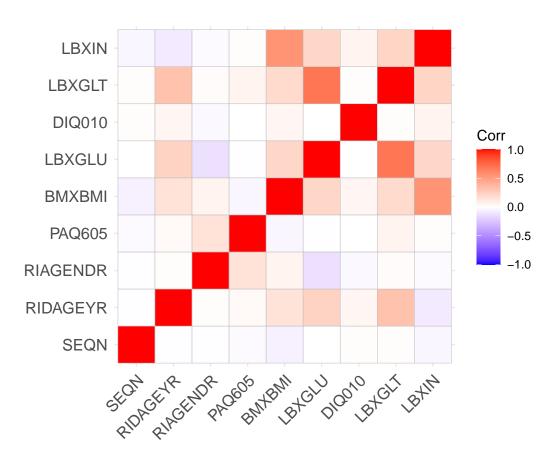
```
## Warning: package 'lavaan' was built under R version 4.3.3
## This is lavaan 0.6-17
## lavaan is FREE software! Please report any bugs.
##
## Attaching package: 'lavaan'
##
## The following object is masked from 'package:psych':
##
##
      cor2cov
###Data Loading and Inspection
nhanes_data <- read.csv("../Data/NHANES_age_prediction.csv")</pre>
# View the structure of the dataset
str(nhanes_data)
## 'data.frame':
                   2278 obs. of 10 variables:
            : num 73564 73568 73576 73577 73580 ...
                     "Adult" "Adult" "Adult" ...
## $ age group: chr
## $ RIDAGEYR : num 61 26 16 32 38 50 14 57 75 43 ...
## $ RIAGENDR : num 2 2 1 1 2 1 1 2 1 1 ...
## $ PAQ605
             : num
                     2 2 2 2 1 2 2 2 2 1 ...
## $ BMXBMI
              : num
                     35.7 20.3 23.2 28.9 35.9 23.6 38.7 38.3 38.9 28.9 ...
## $ LBXGLU
             : num 110 89 89 104 103 110 94 107 89 90 ...
## $ DIQ010
              : num 2 2 2 2 2 2 2 2 2 2 ...
              : num 150 80 68 84 81 100 202 164 113 95 ...
## $ LBXGLT
## $ LBXIN
              : num 14.91 3.85 6.14 16.15 10.92 ...
# View summary statistics of the dataset
summary(nhanes data)
##
        SEQN
                                         RIDAGEYR
                                                       RIAGENDR
                    age_group
                                                    Min.
## Min.
          :73564
                   Length:2278
                                     Min.
                                            :12.0
                                                           :1.000
##
   1st Qu.:76172
                   Class : character
                                     1st Qu.:24.0
                                                    1st Qu.:1.000
## Median :78749
                                     Median:41.0
                   Mode :character
                                                    Median :2.000
## Mean :78692
                                     Mean
                                           :41.8
                                                    Mean :1.511
   3rd Qu.:81214
                                      3rd Qu.:58.0
                                                    3rd Qu.:2.000
##
##
  Max.
          :83727
                                     Max.
                                           :80.0
                                                    Max.
                                                          :2.000
##
       PAQ605
                       BMXBMI
                                      LBXGLU
                                                       DIQ010
                                                                       LBXGLT
  Min.
          :1.000
                   Min.
                         :14.50
                                  Min. : 63.00
                                                          :1.000
                                                                   Min.
                                                                          : 40
                                                   Min.
                                   1st Qu.: 91.00
##
  1st Qu.:2.000
                   1st Qu.:22.80
                                                   1st Qu.:2.000
                                                                   1st Qu.: 87
## Median :2.000
                   Median :26.80
                                  Median : 97.00
                                                   Median :2.000
                                                                   Median:105
## Mean :1.823
                   Mean :27.96
                                  Mean : 99.55
                                                   Mean :2.016
                                                                   Mean
                                                                          :115
##
   3rd Qu.:2.000
                   3rd Qu.:31.20
                                                   3rd Qu.:2.000
                                   3rd Qu.:104.00
                                                                   3rd Qu.:130
## Max.
         :7.000
                   Max.
                          :70.10
                                  Max. :405.00
                                                   Max. :3.000
                                                                   Max.
                                                                          :604
       LBXIN
##
## Min.
          : 0.14
## 1st Qu.: 5.86
## Median: 9.04
## Mean : 11.83
```

## 3rd Qu.: 14.44 ## Max. :102.29

```
# View the first few rows of the dataset
head(nhanes_data)
     SEQN age_group RIDAGEYR RIAGENDR PAQ605 BMXBMI LBXGLU DIQ010 LBXGLT LBXIN
## 1 73564
            Adult
                        61
                                 2
                                       2
                                           35.7
                                                  110
                                                          2
                                                               150 14.91
## 2 73568
             Adult
                                 2
                                           20.3
                        26
                                                   89
                                                               80 3.85
## 3 73576
                                           23.2
                                                   89
                                                          2
                                                                68 6.14
             Adult
                        16
                                       2
                                 1
## 4 73577
             Adult
                        32
                                 1
                                       2
                                           28.9
                                                  104
                                                                84 16.15
                                                          2
## 5 73580
                        38
                                 2
                                           35.9
                                                  103
                                                                81 10.92
             Adult
                                       1
## 6 73581
             Adult
                        50
                                           23.6
                                                  110
                                                               100 6.08
#Dimensions of the dataset
dim(nhanes_data)
## [1] 2278
            10
# Check for missing values
colSums(is.na(nhanes_data))
       SEQN age_group RIDAGEYR RIAGENDR
##
                                         PAQ605
                                                  BMXBMI
                                                           LBXGLU
                                                                     DIQ010
##
                  0
                           0
##
     LBXGLT
               LBXIN
###Data Preprocessing
# Select only numeric variables from the NHANES dataset
numerical_nhanes_data <- nhanes_data[, sapply(nhanes_data, is.numeric)]</pre>
# Scale the numeric variables
normalized data <- scale(numerical nhanes data)</pre>
# View the first few rows of the normalized data
head(normalized data)
                          RIAGENDR
                                       PAQ605
           SEQN
                 RIDAGEYR
                                                 BMXBMI
                                                           LBXGLU
## [2,] -1.753924 -0.7836767 0.9772131 0.4445743 -1.0560381 -0.5898946
## [3,] -1.751186 -1.2798041 -1.0228690 0.4445743 -0.6559808 -0.5898946
## [4,] -1.750844 -0.4860002 -1.0228690 0.4445743 0.1303387 0.2485704
## [5,] -1.749817 -0.1883237 0.9772131 -2.0622083 1.0959942 0.1926727
##
           DIQ010
                     LBXGLT
                                 LBXIN
## [1,] -0.08753347 0.7441596 0.31641794
## [2,] -0.08753347 -0.7432641 -0.82158128
## [3,] -0.08753347 -0.9982510 -0.58595576
## [4,] -0.08753347 -0.6582685 0.44400555
## [5,] -0.08753347 -0.7220152 -0.09412608
## [6,] -0.08753347 -0.3182859 -0.59212936
```

## #Compute the correlation matrix cor\_matrix<-cor(normalized\_data)</pre>

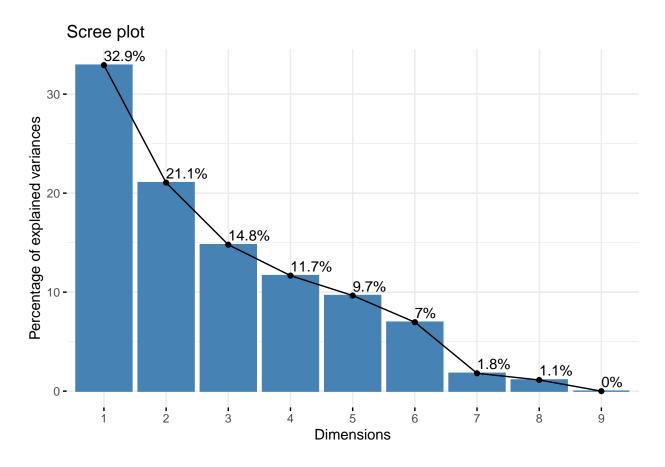
## #Visualize the correlation matrix ggcorrplot(cor\_matrix)



```
# Compute eigenvalues
eigen_values<- eigen(cor_matrix)
eigen_values</pre>
```

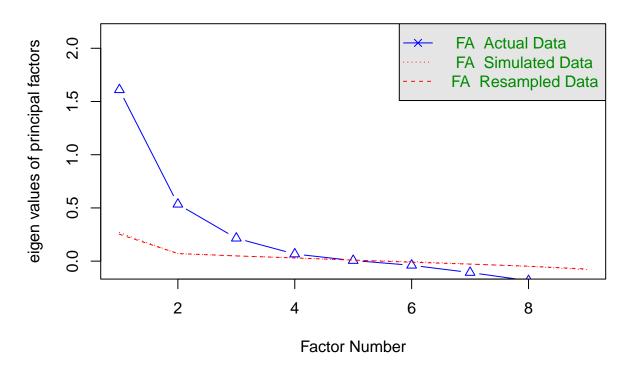
```
## eigen() decomposition
## $values
## [1] 2.1418878 1.3348263 1.1767796 1.0160941 0.9879332 0.9034897 0.7669540
## [8] 0.3898257 0.2822095
##
## $vectors
##
          [,1]
                  [,2]
                          [,3]
                                  [,4]
                                           [,5]
                                                   [.6]
## [1,] 0.03646881 0.15073249 0.13750447 -0.38628977 0.881753293 -0.11384612
## [3,] 0.03376956 -0.12259966 -0.70518475 -0.06876054 0.115613452 -0.44014485
## [5,] -0.41684427 -0.50287947 -0.03407413 -0.04021793 0.001373012 -0.26987367
## [7,] -0.05282271 -0.08903474 0.11254312 -0.87865877 -0.325365980 0.18019687
```

```
[8,] -0.54741455 0.31135426 -0.07198483 0.05664455 0.070340646 0.09564474
##
   [9,] -0.38736744 -0.58809690 0.04347161 0.01790093 0.139069676 0.13905225
##
               [,7]
                           [,8]
## [1,] 0.12997570 0.02008895 -0.00868437
##
   [2,] 0.52436617 -0.27986519 -0.16702184
## [3,] -0.50091859 -0.03013175 -0.15130786
## [4,] 0.39005911 0.09378322 -0.01258607
## [5,] 0.28949716 0.61239269 0.19724977
## [6,] -0.26706440 0.29822754 -0.63029195
## [7,] -0.25398540 0.04132088 -0.00504460
## [8,] -0.28540781 -0.16189105 0.68792686
## [9,] 0.06310858 -0.64783339 -0.19882551
# Principal Component Analysis (PCA)
PCA <- princomp(cor_matrix)</pre>
PCA
## Call:
## princomp(x = cor_matrix)
## Standard deviations:
                                               Comp.4
                                                            Comp.5
        Comp.1
                     Comp.2
                                  Comp.3
                                                                         Comp.6
## 5.562252e-01 4.448188e-01 3.728026e-01 3.311339e-01 3.012191e-01 2.558409e-01
        Comp.7
                     Comp.8
                                  Comp.9
## 1.302323e-01 1.030893e-01 3.155841e-09
##
## 9 variables and 9 observations.
summary(PCA)
## Importance of components:
##
                            Comp.1
                                      Comp.2
                                                Comp.3
                                                          Comp.4
## Standard deviation
                         0.5562252 0.4448188 0.3728026 0.3311339 0.30121906
## Proportion of Variance 0.3292547 0.2105702 0.1479069 0.1166911 0.09655962
## Cumulative Proportion 0.3292547 0.5398248 0.6877318 0.8044229 0.90098254
                             Comp.6
                                        Comp.7
                                                   Comp.8
                                                                Comp.9
## Standard deviation
                         0.25584094 0.13023230 0.10308935 3.155841e-09
## Proportion of Variance 0.06965795 0.01804962 0.01130989 1.059890e-17
## Cumulative Proportion 0.97064049 0.98869011 1.00000000 1.000000e+00
# Visualize the eigenvalues
fviz_eig(PCA,addlabels=TRUE)
```



# Perform parallel analysis for factor extraction
fa.parallel(normalized\_data, fm = "pa", fa = "fa")

### **Parallel Analysis Scree Plots**



## Parallel analysis suggests that the number of factors = 4 and the number of components = N.

```
# Compute covariance matrix
covariance_matrix <- cov(normalized_data)
covariance_matrix</pre>
```

```
##
                    SEQN
                             RIDAGEYR
                                           RIAGENDR
                                                          PAQ605
                                                                       BMXBMI
## SEQN
             1.000000000 -0.008805540 -0.012962358 -0.019700576 -0.06134269
                          1.000000000
## RIDAGEYR -0.008805540
                                        0.006397727
                                                     0.025973321
                                                                   0.14716313
  RIAGENDR -0.012962358
                          0.006397727
                                        1.000000000
                                                     0.151076048
                                                                   0.06387261
  PAQ605
            -0.019700576
                          0.025973321
                                        0.151076048
                                                     1.000000000
                                                                  -0.04293533
## BMXBMI
            -0.061342686
                          0.147163129
                                        0.063872606 -0.042935333
                                                                   1.0000000
## LBXGLU
            -0.004146668
                          0.229623521 -0.132342297 -0.007848679
                                                                   0.20833006
## DIQ010
             0.014102187
                          0.049970042 -0.032768864 -0.002599301
                                                                   0.04713345
## LBXGLT
             0.006035900
                          0.318044363
                                        0.017405743
                                                     0.060412732
                                                                   0.19337459
                                                     0.010011012
## LBXIN
            -0.040028480 -0.091879158 -0.016660137
                                                                   0.55271719
##
                  LBXGLU
                                DIQ010
                                            LBXGLT
## SEQN
            -0.004146668
                          0.014102187 0.006035900 -0.04002848
  RIDAGEYR
             0.229623521
                          0.049970042 0.318044363
  RIAGENDR -0.132342297 -0.032768864 0.017405743 -0.01666014
## PAQ605
            -0.007848679 -0.002599301 0.060412732
## BMXBMI
             0.208330061
                          0.047133447 0.193374586
                                                    0.55271719
## LBXGLU
             1.000000000 -0.004427431 0.685579317
                                                    0.21191124
## DIQ010
            -0.004427431
                          1.00000000 0.009795877
                                                    0.05898570
## LBXGLT
                          0.009795877 1.000000000
             0.685579317
                                                    0.21727159
## LBXIN
             0.211911242  0.058985703  0.217271586
                                                   1.00000000
```

```
# Kaiser-Meyer-Olkin (KMO) Test
KMO(r=nhanes_data[,-c(2)])
## Kaiser-Meyer-Olkin factor adequacy
## Call: KMO(r = nhanes_data[, -c(2)])
## Overall MSA = 0.53
## MSA for each item =
      SEQN RIDAGEYR RIAGENDR PAQ605
##
                                         BMXBMI
                                                  LBXGLU
                                                           DIQ010
                                                                    LBXGLT
##
      0.63
                0.50
                         0.32
                                  0.45
                                           0.52
                                                    0.57
                                                             0.52
                                                                       0.55
##
     LBXIN
##
      0.50
cor_matrix <- cor_matrix[,KMO(cor_matrix)$MSAi>0.5]
round(KMO(cor_matrix)$MSA,2)
## [1] 0.54
# Perform Bartlett's test of sphericity
cortest.bartlett(normalized_data)
## R was not square, finding R from data
## $chisq
## [1] 3084.423
##
## $p.value
## [1] 0
## $df
## [1] 36
# Compute the determinant of the covariance matrix
det(covariance_matrix)
## [1] 0.2574618
# Compute proportion of variance explained by each principal component
Pop_var_exp <- eigen_values$values\sum(eigen_values$values)*100</pre>
round(Pop_var_exp,3)
## [1] 23.799 14.831 13.075 11.290 10.977 10.039 8.522 4.331 3.136
# Total variance explained by all principal components
sum(eigen_values$values)
```

## [1] 9

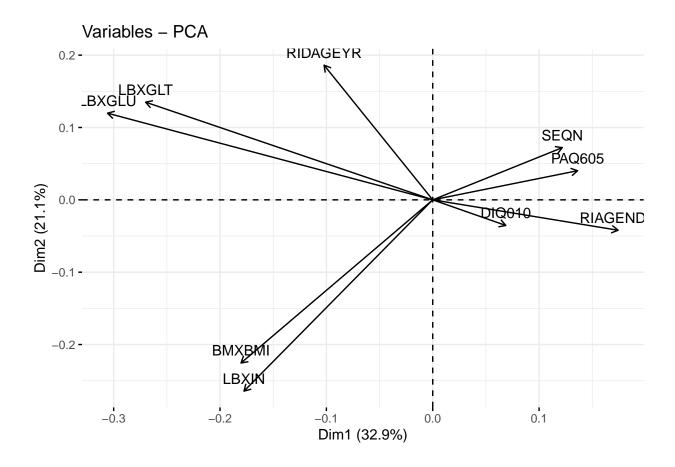
## # Sum of proportion of variance explained sum(Pop\_var\_exp)

## [1] 100

## # Factor Loadings using PCA PCA\$loadings[,1:5]

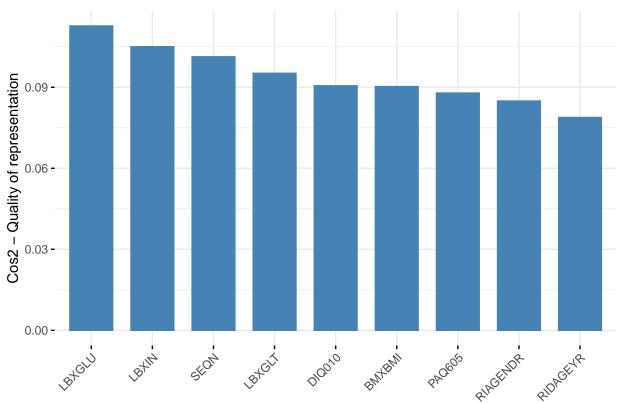
```
##
           Comp.1
                    Comp.2
                             Comp.3
                                      Comp.4
                                              Comp.5
## SEQN
         0.2190399 0.16226286 0.510407355 0.63629338
                                           0.08430368
## RIDAGEYR -0.1837077 0.41854584 -0.067064946 -0.33372524
                                           0.47956831
## RIAGENDR 0.3134556 -0.09449175 -0.509188553 0.04348126
                                           0.42649093
## PAQ605
         ## BMXBMI
        -0.3241362 -0.50705491 -0.054899611 -0.02398356 0.26552462
        ## LBXGLU
        0.1235834 -0.07958088 0.478670383 -0.66895238 -0.20065759
## DIQ010
## LBXGLT
        ## LBXIN
        -0.3190583 -0.59438565 0.005590889 0.12740548 -0.14308124
```

## # Visualize the variables in PCA fviz\_pca\_var(PCA, col.var = "black")



```
# Visualize the squared cosines of variables in PCA
fviz_cos2(PCA, choice = "var", axes = 1:5)
```

### Cos2 of variables to Dim-1-2-3-4-5



# # Factor Analysis using factanal numerical\_nhanes\_data.fa<-factanal(numerical\_nhanes\_data,factors = 3) numerical\_nhanes\_data.fa</pre>

```
##
## factanal(x = numerical_nhanes_data, factors = 3)
##
## Uniquenesses:
##
       SEQN RIDAGEYR RIAGENDR
                                 PAQ605
                                           BMXBMI
                                                    LBXGLU
                                                              DIQ010
                                                                       LBXGLT
               0.850
                                  0.974
##
      0.998
                         0.005
                                            0.678
                                                     0.425
                                                               0.995
                                                                        0.151
      LBXIN
##
##
      0.005
##
##
  Loadings:
            Factor1 Factor2 Factor3
##
## SEQN
## RIDAGEYR 0.366 -0.117
## RIAGENDR
                              0.993
## PAQ605
                              0.156
## BMXBMI
             0.134
                      0.547
## LBXGLU
             0.739
                      0.158
```

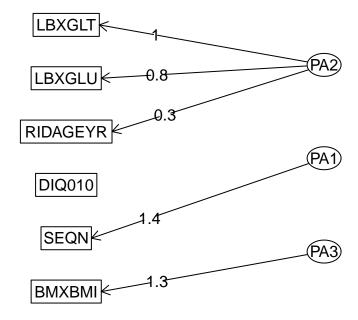
```
## DIQ010
## LBXGLT
            0.903 0.155
                            0.101
## LBXIN
                     0.995
##
                 Factor1 Factor2 Factor3
## SS loadings
                           1.357
                                    1.033
                    1.528
## Proportion Var
                    0.170
                            0.151
                                    0.115
## Cumulative Var
                           0.321
                                    0.435
                    0.170
##
## Test of the hypothesis that 3 factors are sufficient.
## The chi square statistic is 160.19 on 12 degrees of freedom.
## The p-value is 4.79e-28
# Compute squared loadings
apply(numerical_nhanes_data.fa$loadings^2,1,sum)
##
                             RIAGENDR
                                            PAQ605
                                                        BMXBMI
                                                                    LBXGLU
          SEQN
                 RIDAGEYR
## 0.001958084 0.149571781 0.995000045 0.025756857 0.322403421 0.574617189
       DIQ010
                    LBXGLT
                                 LBXIN
## 0.004520238 0.849247707 0.995001183
# Factor Analysis using fa function
nhanes_data_PC<- fa(covariance_matrix ,nfactors = 3,rotate = "varimax",n.obs</pre>
= 1000 ,covar = TRUE,fm = "pa")
## maximum iteration exceeded
## Warning in fa.stats(r = r, f = f, phi = phi, n.obs = n.obs, np.obs = np.obs, :
## The estimated weights for the factor scores are probably incorrect. Try a
## different factor score estimation method.
nhanes_data_PC
## Factor Analysis using method = pa
## Call: fa(r = covariance_matrix, nfactors = 3, n.obs = 1000, rotate = "varimax",
      covar = TRUE, fm = "pa")
## Standardized loadings (pattern matrix) based upon correlation matrix
##
             PA1
                  PA2
                        PA3
                                 h2
                                         u2 com
## SEQN
            0.00 -0.05 -0.03 0.0038 0.996 1.5
## RIDAGEYR 0.36 -0.04 0.06 0.1366 0.863 1.1
## RIAGENDR -0.05 0.04 0.68 0.4637 0.536 1.0
## PAQ605
            0.04 0.00 0.22 0.0488 0.951 1.1
## BMXBMI
            0.16  0.54  0.05  0.3159  0.684  1.2
## LBXGLU
            0.74  0.17  -0.15  0.6036  0.396  1.2
## DIQ010
            0.01 0.06 -0.03 0.0043 0.996 1.7
            0.89 0.17 0.07 0.8233 0.177 1.1
## LBXGLT
## LBXIN
            0.04 1.02 -0.07 1.0381 -0.038 1.0
##
##
                         PA1 PA2 PA3
## SS loadings
                        1.50 1.39 0.55
## Proportion Var
                        0.17 0.15 0.06
## Cumulative Var
                        0.17 0.32 0.38
```

```
## Proportion Explained 0.44 0.40 0.16
## Cumulative Proportion 0.44 0.84 1.00
## Mean item complexity = 1.2
## Test of the hypothesis that 3 factors are sufficient.
## df null model = 36 with the objective function = 1.36 with Chi Square = 1350.33
## df of the model are 12 and the objective function was 0.08
## The root mean square of the residuals (RMSR) is 0.03
## The df corrected root mean square of the residuals is 0.05
## The harmonic n.obs is 1000 with the empirical chi square 57.25 with prob < 7.1e-08
## The total n.obs was 1000 with Likelihood Chi Square = 80.36 with prob < 3.5e-12
## Tucker Lewis Index of factoring reliability = 0.844
## RMSEA index = 0.075 and the 90 % confidence intervals are 0.06 0.092
## BIC = -2.53
## Fit based upon off diagonal values = 0.98
# Rotate the factors
nhanes_data_PC_rotate <- fa(cor_matrix ,nfactors = 3,rotate =</pre>
"varimax", n.obs = 1000 ,cor = TRUE, fm = 'pa', max.iter = 1000)
## Warning in fa.stats(r = r, f = f, phi = phi, n.obs = n.obs, np.obs = np.obs, :
## The estimated weights for the factor scores are probably incorrect. Try a
## different factor score estimation method.
## Warning in fac(r = r, nfactors = nfactors, n.obs = n.obs, rotate = rotate, : An
## ultra-Heywood case was detected. Examine the results carefully
nhanes_data_PC_rotate
## Factor Analysis using method = pa
## Call: fa(r = cor matrix, nfactors = 3, n.obs = 1000, rotate = "varimax",
      max.iter = 1000, fm = "pa", cor = TRUE)
## Standardized loadings (pattern matrix) based upon correlation matrix
##
             PA2 PA1
                        PA3 h2
## SEQN
           -0.14 1.40 -0.15 2.01 -1.011 1.0
## RIDAGEYR 0.35 -0.12 -0.06 0.14 0.863 1.3
## BMXBMI
            0.07 -0.13 1.29 1.67 -0.673 1.0
## LBXGLU
            0.85 -0.08 0.09 0.73 0.271 1.0
## DIQ010
           -0.30 -0.11 -0.11 0.11 0.889 1.6
## LBXGLT
           1.04 -0.09 0.02 1.09 -0.091 1.0
##
##
                         PA2 PA1 PA3
## SS loadings
                        2.03 2.03 1.70
## Proportion Var
                        0.34 0.34 0.28
## Cumulative Var
                        0.34 0.68 0.96
## Proportion Explained 0.35 0.35 0.29
## Cumulative Proportion 0.35 0.71 1.00
##
```

```
## Mean item complexity = 1.2
## Test of the hypothesis that 3 factors are sufficient.
##
## df null model = 15 with the objective function = 2.25 with Chi Square = 11.61
## df of the model are 0 and the objective function was 0.01
##
## The root mean square of the residuals (RMSR) is 0.01
## The df corrected root mean square of the residuals is NA
##
## The harmonic n.obs is 9 with the empirical chi square 0.04 with prob < NA
## The total n.obs was 9 with Likelihood Chi Square = 0.02 with prob < NA
##
## Tucker Lewis Index of factoring reliability = Inf
## Fit based upon off diagonal values = 1

## Plot the factor diagram
fa.diagram(nhanes_data_PC_rotate)</pre>
```

### **Factor Analysis**



```
###Confirmatory Factor Analysis (CFA):
# Define the CFA model
variables <-
normalized_data[,c("RIDAGEYR","RIAGENDR","BMXBMI","LBXGLU","LBXGLT","LBXIN")]
#define the CFA model
model <- '
Factor1 =~ BMXBMI+LBXIN</pre>
```

```
Factor3=~RIAGENDR
# Fit the CFA model
fit <- cfa(model, data = variables)</pre>
# Assess model fit
summary(fit, fit.measures = TRUE)
## lavaan 0.6.17 ended normally after 27 iterations
##
##
     Estimator
                                                         ML
##
     Optimization method
                                                     NI.MTNB
     Number of model parameters
##
                                                         14
##
##
     Number of observations
                                                       2278
##
## Model Test User Model:
##
##
     Test statistic
                                                    318.591
##
     Degrees of freedom
##
     P-value (Chi-square)
                                                      0.000
##
## Model Test Baseline Model:
##
##
     Test statistic
                                                   2980.033
##
     Degrees of freedom
                                                         15
     P-value
                                                      0.000
##
##
## User Model versus Baseline Model:
##
##
     Comparative Fit Index (CFI)
                                                      0.895
     Tucker-Lewis Index (TLI)
##
                                                      0.775
##
## Loglikelihood and Information Criteria:
##
##
     Loglikelihood user model (HO)
                                                 -18060.330
##
     Loglikelihood unrestricted model (H1)
                                                -17901.035
##
##
     Akaike (AIC)
                                                  36148.660
##
     Bayesian (BIC)
                                                  36228.894
##
     Sample-size adjusted Bayesian (SABIC)
                                                  36184.414
##
## Root Mean Square Error of Approximation:
##
     RMSEA
                                                      0.140
##
##
     90 Percent confidence interval - lower
                                                      0.127
##
     90 Percent confidence interval - upper
                                                      0.153
##
     P-value H_0: RMSEA <= 0.050
                                                      0.000
     P-value H_0: RMSEA >= 0.080
##
                                                      1.000
##
## Standardized Root Mean Square Residual:
##
##
     SRMR
                                                      0.051
```

Factor2 =~ LBXGLT+ LBXGLU+ RIDAGEYR

```
##
## Parameter Estimates:
##
     Standard errors
##
                                                   Standard
##
     Information
                                                   Expected
##
     Information saturated (h1) model
                                                 Structured
##
## Latent Variables:
##
                      Estimate Std.Err z-value P(>|z|)
##
     Factor1 =~
##
       BMXBMI
                          1.000
                          0.968
##
       LBXIN
                                   0.087
                                           11.102
                                                      0.000
##
     Factor2 =~
##
                          1.000
       LBXGLT
##
       LBXGLU
                          0.849
                                   0.042
                                           20.366
                                                      0.000
##
       RIDAGEYR
                          0.376
                                   0.027
                                           13.755
                                                      0.000
##
     Factor3 =~
##
       RIAGENDR
                          1.000
##
## Covariances:
##
                      Estimate Std.Err z-value P(>|z|)
##
     Factor1 ~~
##
       Factor2
                          0.216
                                   0.021
                                           10.250
                                                      0.000
##
       Factor3
                         0.026
                                   0.019
                                            1.397
                                                      0.162
##
     Factor2 ~~
##
       Factor3
                         -0.025
                                   0.020
                                           -1.210
                                                      0.226
##
## Variances:
##
                      Estimate Std.Err z-value P(>|z|)
                                   0.052
##
      .BMXBMI
                          0.429
                                            8.312
                                                      0.000
##
      .LBXIN
                          0.465
                                   0.049
                                            9.503
                                                      0.000
##
      .LBXGLT
                          0.191
                                   0.037
                                            5.156
                                                      0.000
                                   0.029
##
      .LBXGLU
                          0.417
                                           14.271
                                                      0.000
##
                          0.885
                                   0.027
                                           32.849
                                                      0.000
      .RIDAGEYR
##
      .RIAGENDR
                          0.000
##
       Factor1
                          0.571
                                   0.057
                                           10.057
                                                      0.000
##
       Factor2
                          0.808
                                   0.047
                                           17.258
                                                      0.000
##
       Factor3
                          1.000
                                   0.030
                                           33.749
                                                      0.000
# Standardized estimates (factor loadings)
parameterEstimates(fit, standardized = TRUE, ci = TRUE)
##
                                              z pvalue ci.lower ci.upper std.lv
           lhs op
                        rhs
                               est
                                      se
## 1
       Factor1 =~
                    BMXBMI 1.000 0.000
                                              NA
                                                           1.000
                                                                     1.000 0.755
                                                     NA
## 2
       Factor1 =~
                     LBXIN
                            0.968 0.087 11.102
                                                 0.000
                                                           0.797
                                                                     1.139 0.731
       Factor2 =~
## 3
                    LBXGLT
                            1.000 0.000
                                                           1.000
                                                                     1.000 0.899
                                             NA
                                                     NA
## 4
       Factor2 =~
                    LBXGLU
                            0.849 0.042 20.366
                                                 0.000
                                                           0.767
                                                                     0.931
                                                                           0.763
## 5
       Factor2 =~ RIDAGEYR 0.376 0.027 13.755
                                                 0.000
                                                           0.322
                                                                     0.429 0.338
## 6
       Factor3 =~ RIAGENDR 1.000 0.000
                                                           1.000
                                                                     1.000 1.000
                                             NA
```

0.000

0.000

0.530 0.429

0.560 0.465

0.264 0.191

0.475 0.417

0.938 0.885

0.328

0.369

0.119

0.360

0.833

BMXBMI 0.429 0.052 8.312 0.000

0.465 0.049 9.503

LBXGLT 0.191 0.037 5.156 0.000

LBXGLU 0.417 0.029 14.271

## 7

## 8

## 9

BMXBMI ~~

LBXIN ~~

LBXGLT ~~

LBXGLU ~~

LBXIN

## 11 RIDAGEYR ~~ RIDAGEYR 0.885 0.027 32.849 0.000

```
## 12 RIAGENDR ~~ RIAGENDR 0.000 0.000
                                                      0.000
                                                               0.000 0.000
                                          NA
                                                NA
## 13 Factor1 ~~ Factor1 0.571 0.057 10.057 0.000
                                                      0.459
                                                               0.682 1.000
## 14 Factor2 ~~ Factor2 0.808 0.047 17.258 0.000
                                                               0.900 1.000
                                                      0.716
## 15 Factor3 ~~ Factor3 1.000 0.030 33.749 0.000
                                                      0.942
                                                               1.058 1.000
## 16 Factor1 ~~ Factor2 0.216 0.021 10.250 0.000
                                                      0.174
                                                               0.257 0.318
## 17 Factor1 ~~ Factor3 0.026 0.019 1.397 0.162
                                                     -0.011
                                                               0.063 0.035
## 18 Factor2 ~~ Factor3 -0.025 0.020 -1.210 0.226
                                                     -0.065
                                                               0.015 -0.027
     std.all std.nox
##
## 1
       0.756
              0.756
## 2
       0.732
              0.732
## 3
       0.899
              0.899
## 4
       0.763
              0.763
## 5
       0.338
              0.338
## 6
       1.000
              1.000
## 7
       0.429
               0.429
## 8
       0.465
               0.465
## 9
       0.192
               0.192
## 10
       0.417
               0.417
## 11
       0.886
              0.886
## 12
       0.000
              0.000
## 13
       1.000
              1.000
## 14
       1.000
               1.000
## 15
       1.000
               1.000
## 16
       0.318
               0.318
## 17
       0.035
              0.035
## 18 -0.027 -0.027
```

```
\#remotes::install\_github("rstudio/htmltools")
```

#install.packages("html", dependencies = TRUE)