



Press Release

Central Agency for Public Mobilization And Statistics

On the occasion of the World No-Tobacco Day

22.7% of Egyptians were smokers in 2017

Central Agency for Public Mobilization and Statistics (CAPMAS) issued, on Thursday 30/ 5/ 2019, a press release on the occasion of World No-Tobacco Day, organized by the World Health Organization (WHO) on the 31st of May each year to highlight the health risks related to tobacco use and call for design effective policies to reduce its consumption.

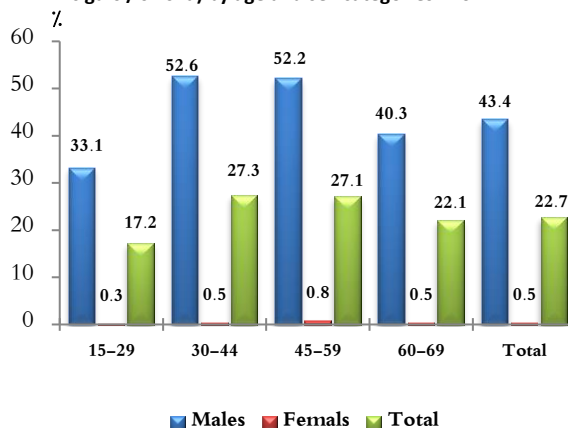
This year, the celebration is under the theme of "Tobacco and Lung Health" and the World Health Organization (WHO) calls for raising the awareness of individuals and institutions on the following aspects:

- The negative impact of tobacco on lung health, from cancer to chronic respiratory diseases.
- The main importance of lungs in the enjoyment of health and wellness by all people.

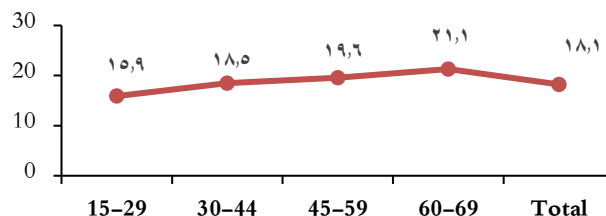
In light of National Multi-Stage Survey data of Risk Factors for Noncommunicable Diseases of Egypt for 2017, which was implemented in partnership between CAPMAS and the Ministry of Health and Population and WHO, the most important results related to smoking were as follows:

- Percentage of individuals who smoked any tobacco product within the age group (15-69) was 22.7%. The phenomenon of smoking in Egypt is more common among males than among females, with 43.4% for males and 0.5% for females.
- Highest percentage of current smokers who smoked any type of manufactured tobacco was 27.3% in the age group (30-44 years) (52.6% for males, 0.5% for females).
- Average age at the start of smoking was 18.1 years, and the average age at which smoking started was 15.9 years for current smokers in the age group (15-29) compared to the age group (60-69 years), which was 21.1 years, which indicates that smoking is

Percentage of current smokers (15-69 years) for any manufactured tobacco product (cigarettes / cigars / shisha) by age and sex categories - 2017



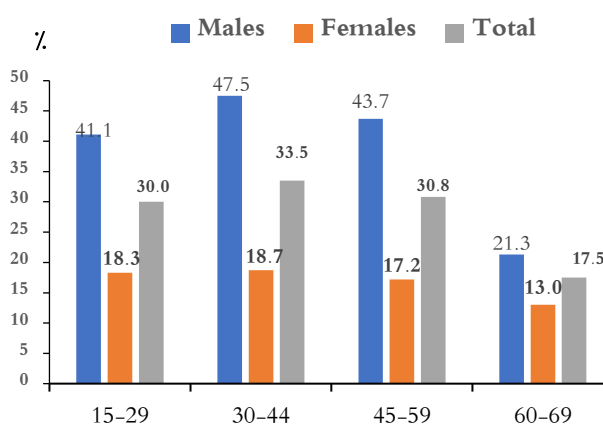
The average age of current smokers is male (15-69 years) at the start of smoking by age groups - 2017



becoming increasingly prevalent in younger ages more than ever before.

- Percentage of current male smokers in regular cigarettes increased to 82.7% of the total smokers with an average of 15.9 cigarettes consumed per day. This followed by percentage of hookah (shisha) smokers is about 20% with an average consumption of 0.6 hookahs (shisha numbers) per day, while the percentage of cigar smokers is 6.2% with an average consumption of 0.9 cigarettes per day.
- Percentage of smokers who previously ever smoked on a daily basis and currently abstained was 5.4% (10.3% for males, 0.1% for females). Data indicate that the percentage of current male smokers who were advised to quit smoking during the 12 months preceding the survey was 28.3%. Also, during the 12 months preceding the survey, 40.4% of smokers tried to quit smoking.
- Proportion of individuals (15-69 years) surveyed and exposed to tobacco smoke at home (negative smoking) during the 30 days preceding the survey was 48.9% (49.8% for males and 47.8% for females). Percentage of people exposed to tobacco smoke in the workplace was 30.3% (42% for males and 17.8% for females). The Highest percentage of those individuals was in the age group (30-44 years) where it reached 33.5% (47.5% for males and 18.7% for females), while the lowest rate was 17.5% in the age group (60-69 years) with (21.3% for males, 13% for females).

Percentage of individuals (15-69 years) exposed to tobacco smoke in the workplace during the 30 days preceding the survey by age and gender - 2017



Data Sources:

- National Multi-Stage Survey of Risk Factors for Noncommunicable Diseases of Egypt for 2017 – By CAPMAS, Ministry of Health, and WHO.