



Skin conditions in children:

Skin conditions in babies and children may include rashes, hives, warts, acne, birthmarks and more. These conditions may be caused by dermatitis, viral infections, bacterial infections, fungal infections or other diseases. Treatment varies according to the skin condition.

One of the important condition is heat rash, Heat rash or “prickly heat” occurs often during hot weather and humidity due to sweating and blockage of the sweat glands. It may also occur if the baby is overdressed or has a fever.

Symptoms:

Heat rashes appear as little red bumps, similar to small blisters or pimples. The skin often feels prickly to the touch and commonly occurs in body creases or on areas where clothing rubs onto the skin, such as the neck, diaper area, armpits, upper back and chest.



Treatment:

Heat rash is harmless and should go away in a couple of days once the child is cooled down. Remove excess clothing and bring your child to an air-conditioned room. A cool compress may be beneficial. There is no need to put any topical medications because these may actually make the rash worse by causing the sweat glands to become more blocked.

