



Vomiting in children

Vomiting is one of the most common reasons parents take their child to the doctor. Babies often bring up small amounts of food after feeding, it's known as possetting or reflux, but this is different to vomiting.

My Health
Digest

Concerning symptoms with vomiting:

These are some of the signs that appear on the infant after vomiting and are cause for concern

Vomiting in an infant is accompanied by crying as a result of a burning sensation in the lower esophagus

The infant suffers from coughing, spitting up, frequent wheezing and pneumonia

In this case, you should see a child specialist.

Causes:

Many different things can make kids throw up. Most of the time, it's due to gastroenteritis, an infection of the stomach and intestines.

Gastroenteritis, often called the "stomach flu," is usually caused by viruses. Other germs, like bacteria and parasites, can also cause gastroenteritis. Besides vomiting, people with gastroenteritis also may have nausea, belly pain, and diarrhea. Vomiting due to gastroenteritis usually lasts less than 24 hours and other symptoms get better in a few days.



When Should I Call the Doctor?

Call the doctor if your child:

- can't drink for several hours
- has signs of dehydration, such as peeing less often, crying with few or no tears, having a dry mouth or cracked lips, feeling dizzy or lightheaded, acting very sleepy or less alert
- has a high fever
- is vomiting blood, or has green or brownish vomit
- has severe stomach or back pain
- has headache or stiff neck
- is vomiting after a head injury
- is vomiting for more than 24 hours

