

Smoking linked to early vision loss



In October 2022, The WHO issued a new brief together with the International Agency for the Prevention of Blindness and the University of Newcastle: that smokers tend to develop age-related macular degeneration up to 5.5 years earlier than non-smokers. The brief was developed by WHO, People who live with tobacco users are twice as likely to develop age-related macular degeneration from second-hand smoke.

Macular degeneration is a common eye disorder among people over 50. It causes blurred or reduced central vision, due to thinning of the macula, the macula is the part of the retina responsible for clear vision in your direct line of sight.