

Cataracts



A cataract is a clouding of the normally clear lens of your eye making vision unclear, Cataracts happen slowly and painlessly. They happen either in one or both eyes, and one eye does not affect the other.

Symptoms:

They vary from a person to another. They include:

- Painless and gradual vision weakening
- Cloudy unclear vision
- Sensitivity to bright light
- Seeing halos surrounding lights
- Difficulty seeing at night
- Gradual change of lens into white, or brown in advanced stages.

Causes:

Age-related and other medical conditions cause tissues within the lens to break down and clump together, clouding small areas within the lens. Babies rarely develop cataracts at birth. They are usually due to heredity or infections the mom has during pregnancy.

Treatment:

The only treatment is surgical intervention: A popular surgical intervention involves removing the clouded lens and replacing it with a clear artificial lens. The artificial lens, called an intraocular lens, is positioned in the same place as your natural lens. It remains a permanent part of your eye. This surgery can be done in many different ways, depending on each case.

