

Hair loss:

Hair loss is usually not a very serious condition, but it can be upsetting. Treatment may help with some types of hair loss. It can be temporary or permanent, and it can happen as a result of heredity, hormonal changes, medical conditions or a normal part of aging.

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Causes of hair loss:

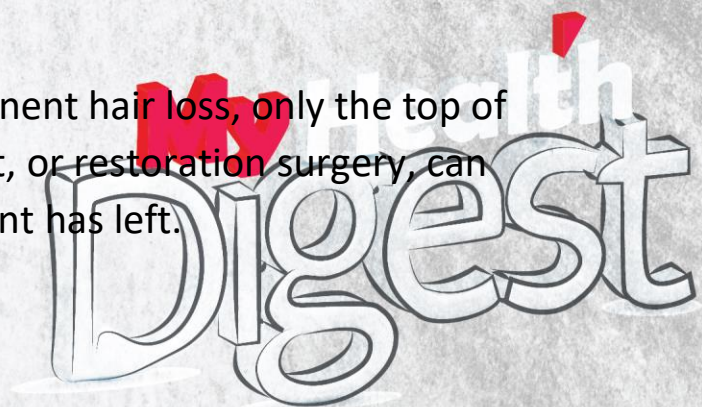
- An illness
- Stress
- Cancer treatment
- Weight loss
- Iron deficiency

Prevention of hair loss:

- Use a detangler and avoid tugging when brushing and combing, especially when your hair is wet
- Protect the hair from sunlight and other sources of ultraviolet light.
- Some studies show an association between smoking and baldness in men.

Treatment:

- If hair loss is caused by an underlying disease, treatment for that disease will be necessary.
- In the most common type of permanent hair loss, only the top of the head is affected. Hair transplant, or restoration surgery, can make the most of the hair the patient has left.



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