



## Post-Traumatic Stress Disorder (PTSD) Assessment Report

### Demographic Information

**Name** Nathan K. White  
**Age** 44  
**Gender** Male  
**Assessment date** May 25, 2024

### Report summary

**PTSD impact** Moderate  
**Test score** 36

### Assessment Findings

Question	Response					
<input type="radio"/> Any reminder brought back feelings about the event/s	<input type="radio"/> Not at all	<input checked="" type="radio"/> <b>A little bit</b>	<input type="radio"/> Moderately	<input type="radio"/> Quite a bit	<input type="radio"/> Extremely	
<input type="radio"/> I had trouble staying asleep	<input type="radio"/> Not at all	<input type="radio"/> A little bit	<input checked="" type="radio"/> <b>Moderately</b>	<input type="radio"/> Quite a bit	<input type="radio"/> Extremely	
<input type="radio"/> Other things kept making me think about it	<input checked="" type="radio"/> <b>Not at all</b>	<input type="radio"/> A little bit	<input type="radio"/> Moderately	<input type="radio"/> Quite a bit	<input type="radio"/> Extremely	
<input type="radio"/> I felt irritable and angry	<input type="radio"/> Not at all	<input type="radio"/> A little bit	<input checked="" type="radio"/> <b>Moderately</b>	<input type="radio"/> Quite a bit	<input type="radio"/> Extremely	
<input type="radio"/> I avoided letting myself get upset when I thought about it or was reminded of it	<input type="radio"/> Not at all	<input type="radio"/> A little bit	<input type="radio"/> Moderately	<input checked="" type="radio"/> <b>Quite a bit</b>	<input type="radio"/> Extremely	
<input type="radio"/> I thought about the event when I didn't mean to	<input type="radio"/> Not at all	<input type="radio"/> A little bit	<input type="radio"/> Moderately	<input type="radio"/> Quite a bit	<input checked="" type="radio"/> <b>Extremely</b>	
<input type="radio"/> I felt as if the event hadn't happened or it wasn't real	<input checked="" type="radio"/> <b>Not at all</b>	<input type="radio"/> A little bit	<input type="radio"/> Moderately	<input type="radio"/> Quite a bit	<input type="radio"/> Extremely	
<input type="radio"/> I have stayed away from reminders about the situation	<input type="radio"/> Not at all	<input checked="" type="radio"/> <b>A little bit</b>	<input type="radio"/> Moderately	<input type="radio"/> Quite a bit	<input type="radio"/> Extremely	
<input type="radio"/> Images and pictures of the event pop into my mind	<input type="radio"/> Not at all	<input type="radio"/> A little bit	<input checked="" type="radio"/> <b>Moderately</b>	<input type="radio"/> Quite a bit	<input type="radio"/> Extremely	
<input type="radio"/> I have been jumpy and easily startled	<input checked="" type="radio"/> <b>Not at all</b>	<input type="radio"/> A little bit	<input type="radio"/> Moderately	<input type="radio"/> Quite a bit	<input type="radio"/> Extremely	
<input type="radio"/> I have tried not to think about the situation	<input type="radio"/> Not at all	<input type="radio"/> A little bit	<input checked="" type="radio"/> <b>Moderately</b>	<input type="radio"/> Quite a bit	<input type="radio"/> Extremely	
<input type="radio"/> I am aware I have a lot of feelings about what happened but I haven't dealt with them	<input type="radio"/> Not at all	<input type="radio"/> A little bit	<input type="radio"/> Moderately	<input checked="" type="radio"/> <b>Quite a bit</b>	<input type="radio"/> Extremely	
<input type="radio"/> I feel quite 'numb' about the situation	<input type="radio"/> Not at all	<input type="radio"/> A little bit	<input type="radio"/> Moderately	<input type="radio"/> Quite a bit	<input checked="" type="radio"/> <b>Extremely</b>	
<input type="radio"/> I have found myself acting/feeling like I am back at the time of the event	<input checked="" type="radio"/> <b>Not at all</b>	<input type="radio"/> A little bit	<input type="radio"/> Moderately	<input type="radio"/> Quite a bit	<input type="radio"/> Extremely	
<input type="radio"/> I have had trouble falling asleep	<input type="radio"/> Not at all	<input checked="" type="radio"/> <b>A little bit</b>	<input type="radio"/> Moderately	<input type="radio"/> Quite a bit	<input type="radio"/> Extremely	
<input type="radio"/> I experience waves of strong feelings about the situation	<input checked="" type="radio"/> <b>Not at all</b>	<input type="radio"/> A little bit	<input type="radio"/> Moderately	<input type="radio"/> Quite a bit	<input type="radio"/> Extremely	
<input type="radio"/> I have tried to remove the situation from my memory	<input checked="" type="radio"/> <b>Not at all</b>	<input type="radio"/> A little bit	<input type="radio"/> Moderately	<input type="radio"/> Quite a bit	<input type="radio"/> Extremely	



- ☐ I have trouble concentrating on things I am supposed to do      ☒ **Not at all**    ☐ A little bit    ☐ Moderately    ☐ Quite a bit    ☐ Extremely
- ☐ Reminders of the event cause me to have physical reactions such as sweating, palpitations, panic attacks      ☒ **Not at all**    ☐ A little bit    ☐ Moderately    ☐ Quite a bit    ☐ Extremely
- ☐ I have dreams about the situation      ☐ Not at all    ☐ A little bit    ☐ Moderately    ☒ **Quite a bit**    ☐ Extremely
- ☐ I feel on-guard and struggle to relax      ☐ Not at all    ☐ A little bit    ☐ Moderately    ☐ Quite a bit    ☒ **Extremely**
- ☐ I try not to talk about the situation      ☐ Not at all    ☐ A little bit    ☐ Moderately    ☐ Quite a bit    ☒ **Extremely**

Recommendations

It is recommended that the patient be referred to a mental health professional for further assessment and appropriate treatment. Treatment options may include therapy, medication, and coping strategies to manage PTSD symptoms effectively.

Severity of Symptoms

<b>Not at all</b>	8
<b>A little bit</b>	3
<b>Moderately</b>	4
<b>Quite a bit</b>	3
<b>Extremely</b>	4