



## Post-Traumatic Stress Disorder (PTSD) Assessment Report

### Demographic Information

Name John A. Smith  
Age 38  
Gender Male  
Assessment date June 17, 2024

### Report summary

PTSD impact High  
Test score 43

### Assessment Findings

Question	Response				
<input type="radio"/> Any reminder brought back feelings about the event/s	<input type="radio"/> Not at all	<input type="radio"/> A little bit	<input checked="" type="radio"/> <b>Moderately</b>	<input type="radio"/> Quite a bit	<input type="radio"/> Extremely
<input type="radio"/> I had trouble staying asleep	<input type="radio"/> Not at all	<input checked="" type="radio"/> <b>A little bit</b>	<input type="radio"/> Moderately	<input type="radio"/> Quite a bit	<input type="radio"/> Extremely
<input type="radio"/> Other things kept making me think about it	<input type="radio"/> Not at all	<input type="radio"/> A little bit	<input type="radio"/> Moderately	<input checked="" type="radio"/> <b>Quite a bit</b>	<input type="radio"/> Extremely
<input type="radio"/> I felt irritable and angry	<input type="radio"/> Not at all	<input checked="" type="radio"/> <b>A little bit</b>	<input type="radio"/> Moderately	<input type="radio"/> Quite a bit	<input type="radio"/> Extremely
<input type="radio"/> I avoided letting myself get upset when I thought about it or was reminded of it	<input type="radio"/> Not at all	<input type="radio"/> A little bit	<input type="radio"/> Moderately	<input type="radio"/> Quite a bit	<input checked="" type="radio"/> <b>Extremely</b>
<input type="radio"/> I thought about the event when I didn't mean to	<input type="radio"/> Not at all	<input type="radio"/> A little bit	<input checked="" type="radio"/> <b>Moderately</b>	<input type="radio"/> Quite a bit	<input type="radio"/> Extremely
<input type="radio"/> I felt as if the event hadn't happened or it wasn't real	<input type="radio"/> Not at all	<input type="radio"/> A little bit	<input checked="" type="radio"/> <b>Moderately</b>	<input type="radio"/> Quite a bit	<input type="radio"/> Extremely
<input type="radio"/> I have stayed away from reminders about the situation	<input type="radio"/> Not at all	<input type="radio"/> A little bit	<input type="radio"/> Moderately	<input checked="" type="radio"/> <b>Quite a bit</b>	<input type="radio"/> Extremely
<input type="radio"/> Images and pictures of the event pop into my mind	<input checked="" type="radio"/> <b>Not at all</b>	<input type="radio"/> A little bit	<input type="radio"/> Moderately	<input type="radio"/> Quite a bit	<input type="radio"/> Extremely
<input type="radio"/> I have been jumpy and easily startled	<input type="radio"/> Not at all	<input checked="" type="radio"/> <b>A little bit</b>	<input type="radio"/> Moderately	<input type="radio"/> Quite a bit	<input type="radio"/> Extremely
<input type="radio"/> I have tried not to think about the situation	<input type="radio"/> Not at all	<input type="radio"/> A little bit	<input checked="" type="radio"/> <b>Moderately</b>	<input type="radio"/> Quite a bit	<input type="radio"/> Extremely
<input type="radio"/> I am aware I have a lot of feelings about what happened but I haven't dealt with them	<input type="radio"/> Not at all	<input type="radio"/> A little bit	<input checked="" type="radio"/> <b>Moderately</b>	<input type="radio"/> Quite a bit	<input type="radio"/> Extremely
<input type="radio"/> I feel quite 'numb' about the situation	<input type="radio"/> Not at all	<input type="radio"/> A little bit	<input type="radio"/> Moderately	<input checked="" type="radio"/> <b>Quite a bit</b>	<input type="radio"/> Extremely
<input type="radio"/> I have found myself acting/feeling like I am back at the time of the event	<input type="radio"/> Not at all	<input checked="" type="radio"/> <b>A little bit</b>	<input type="radio"/> Moderately	<input type="radio"/> Quite a bit	<input type="radio"/> Extremely
<input type="radio"/> I have had trouble falling asleep	<input type="radio"/> Not at all	<input type="radio"/> A little bit	<input type="radio"/> Moderately	<input checked="" type="radio"/> <b>Quite a bit</b>	<input type="radio"/> Extremely
<input type="radio"/> I experience waves of strong feelings about the situation	<input type="radio"/> Not at all	<input type="radio"/> A little bit	<input type="radio"/> Moderately	<input type="radio"/> Quite a bit	<input checked="" type="radio"/> <b>Extremely</b>
<input type="radio"/> I have tried to remove the situation from my memory	<input checked="" type="radio"/> <b>Not at all</b>	<input type="radio"/> A little bit	<input type="radio"/> Moderately	<input type="radio"/> Quite a bit	<input type="radio"/> Extremely



- ☐ I have trouble concentrating on things I am supposed to do

☐ Not at all

☐ A little bit

☒ **Moderately**

☐ Quite a bit

☐ Extremely
- ☐ Reminders of the event cause me to have physical reactions such as sweating, palpitations, panic attacks

☒ **Not at all**

☐ A little bit

☐ Moderately

☐ Quite a bit

☐ Extremely
- ☐ I have dreams about the situation

☐ Not at all

☐ A little bit

☒ **Moderately**

☐ Quite a bit

☐ Extremely
- ☐ I feel on-guard and struggle to relax

☐ Not at all

☐ A little bit

☐ Moderately

☒ **Quite a bit**

☐ Extremely
- ☐ I try not to talk about the situation

☐ Not at all

☐ A little bit

☒ **Moderately**

☐ Quite a bit

☐ Extremely

Recommendations

It is recommended that the patient be referred to a mental health professional for further assessment and appropriate treatment. Treatment options may include therapy, medication, and coping strategies to manage PTSD symptoms effectively.

Severity of Symptoms

Not at all	3
A little bit	4
Moderately	8
Quite a bit	5
Extremely	2