

## Post-Traumatic Stress Disorder (PTSD) Assessment Report

## **Demographic Information**

## Report summary

NameSarah D. MillerPTSD impactHighAge35Test score54GenderFemaleAssessment dateMay 22, 2024

## Assessment Findings

Question			Response								
0-	Any reminder brought back feelings about the event/s	0	Not at all	$\otimes$	A little bit	0	Moderately	0	Quite a bit	0	Extremely
0-	I had trouble staying asleep	0	Not at all	$\circ$	A little bit	$\otimes$	Moderately	0	Quite a bit	0	Extremely
	Other things kept making me						Moderately				
	think about it										
0-	I felt irritable and angry	0	Not at all	$\circ$	A little bit	$\otimes$	Moderately	0	Quite a bit	0	Extremely
0-	I avoided letting myself get						Moderately	_	55		
	upset when I thought about it or										
	was reminded of it										
0-	I thought about the event when	$\circ$	Not at all	$\circ$	A little bit	$\circ$	Moderately	$\circ$	Quite a bit	$\otimes$	Extremely
	I didn't mean to										
0-	I felt as if the event hadn't	0	Not at all	$\circ$	A little bit	$\otimes$	Moderately	$\circ$	Quite a bit	0	Extremely
	happened or it wasn't real										
0-	I have stayed away from	0	Not at all	$\otimes$	A little bit	0	Moderately	$\circ$	Quite a bit	0	Extremely
	reminders about the situation	8.22.2		_				_		_	
0-	Images and pictures of the event	$\otimes$	Not at all	0	A little bit	0	Moderately	0	Quite a bit	0	Extremely
	pop into my mind	_				_		<b>~</b> :		_	
0-	I have been jumpy and easily	$\bigcirc$	Not at all	$\bigcirc$	A little bit	$\circ$	Moderately	$\otimes$	Quite a bit	$\circ$	Extremely
	startled	$\bigcirc$	NT / 11	$\bigcirc$	A 1'1 1 '.	$\alpha$	N	$\circ$	0 '4 1 '4	$\sim$	T . 1
0-		$\cup$	Not at all	$\circ$	A little bit	8	Moderately	$\circ$	Quite a bit	0	Extremely
_	the situation	$\bigcirc$	Not at all	$\bigcirc$	1 1:++1 = 1 i+	$\bigcirc$	Madamatalri	C	Ouita a bit	$\bigcirc$	Extuanaliza
0–	I am aware I have a lot of	$\cup$	Not at all	O	A mue on	O	Moderately	lacktriangle	Quite a bit	O	Extremely
	feelings about what happened but I haven't dealt with them										
<u>~</u>	I feel quite 'numb' about the	$\bigcirc$	Not at all	$\bigcirc$	Δ little hit	$\bigcirc$	Moderately	$\bigcirc$	Quite a hit	Ø	Extremely
O	situation	0	rvot at all	0	Tittle oit		Wiodciatory		Quite a on	•	Latientery
0-	I have found myself	$\bigcirc$	Not at all	$\bigcirc$	A little bit	0	Moderately	$\circ$	Ouite a bit	0	Extremely
	acting/feeling like I am back at						1.100.000.00		<b>V</b> 31110 31 0 11		
	the time of the event										
0-	I have had trouble falling asleep	0	Not at all	$\otimes$	A little bit	0	Moderately	0	Quite a bit	0	Extremely
							Moderately				
	feelings about the situation						•	=340,	Will.		•
0-	I have tried to remove the	$\circ$	Not at all	$\circ$	A little bit	$\circ$	Moderately	$\otimes$	Quite a bit	0	Extremely
	situation from my memory						***				<b>-</b> ∞

0-		O Not at all	O A little bit	O Moderately	<b>Quite a bit</b>	O Extremely	
0-	things I am supposed to do Reminders of the event cause me to have physical reactions such as sweating, palpitations, panic attacks	O Not at all	O A little bit	<b>⊘</b> Moderately	O Quite a bit	O Extremely	
0-	I have dreams about the situation	O Not at all	O A little bit	O Moderately	<b>Quite a bit</b>	O Extremely	
0-	I feel on-guard and struggle to relax	O Not at all	O A little bit	O Moderately	<b>Quite a bit</b>	O Extremely	
0-	I try not to talk about the situation	O Not at all	O A little bit	O Moderately	Ø Quite a bit	O Extremely	
Recommendations  Severity of Symptoms							

It is recommended that the patient be referred to a mental health professional for further assessment and appropriate treatment. Treatment options may include therapy, medication, and coping strategies to manage PTSD symptoms effectively.

Not at all	1
A little bit	3
Moderately	6
Quite a bit	9
Extremely	3