

Health History Form

Section 1: Personal Information

- **Full Name:** _____
- **Date of Birth:** _____
- **Gender:** (☐ Male / ☐ Female)
- **Nationality:** _____
- **ID/Passport Number:** _____
- **Full Address:** _____

- **Phone Number:** _____
- **Email Address:** _____

Section 2: Medical History

- **Do you have any chronic illnesses?** (☐ Yes / ☐ No) If yes, specify:

- **Do you have any allergies?** (☐ Yes / ☐ No) If yes, specify:

- **Current Medications:** _____
- **Have you had any previous surgeries?** (☐ Yes / ☐ No) If yes, specify:

- **Do you have a family history of any illnesses?** (☐ Yes / ☐ No) If yes, specify:

Section 3: Lifestyle Information

- **Do you smoke?** (☐ Yes / ☐ No) If yes, how many per day?

- **Do you consume alcohol?** (☐ Yes / ☐ No) If yes, how often?

- **Do you exercise regularly?** (☐ Yes / ☐ No) If yes, what type of exercise?

Section 4: Emergency Contact

- **Emergency Contact Name:** _____
- **Relationship to Patient:** _____
- **Phone Number:** _____

Section 5: Consent and Signatures

I hereby declare that all the information provided above is accurate and I consent to the use of my data in accordance with privacy and healthcare policies.

- **Patient/Guardian Signature:** _____
- **Date:** _____