# Data Analysis on Heart Disease Dataset MYSQL

# **Scope of Project**

- 1. What is the distribution of age among individuals in the dataset?
  - This question aims to understand the age demographics of the individuals in the dataset, which can provide insights on the presence of heart disease across different age groups.
- 2. How does the incidence of heart disease vary between genders?
  - By analyzing the distribution of heart disease cases among different sexes, we can identify any potential gender-based disparities in heart disease commonness.
- 3. What are the predominant types of chest pain experienced by individuals with heart disease?
  - Understanding the distribution of chest pain types among individuals diagnosed with heart disease can help in characterizing the symptoms associated with the condition.
- 4. Are there any correlations between resting blood pressure, serum cholesterol, and the presence of heart disease?
  - Exploring the relationships between physiological indicators like resting blood pressure
    and serum cholesterol levels and the presence of heart disease can provide insights into
    potential risk factors.
- 5. How do maximum heart rate and exercise-induced angina relate to the likelihood of heart disease?
  - Exploring the relationship between the maximum heart rate achieved during exercise and the presence of exercise-induced angina can provide valuable insights into the impact of heart disease on physical strain.

# **Columns Overview**

Index	Attribute	Code	Description	Data Type	Normal Values	Reference
1	Age	age	Age of the individual in years.	Numeric	N/A	N/A
2	Sex	sex	Gender of the individual.	Binary	0: Female 1: Male	N/A
3	Chest Pain Type	Chest pain type	Type of chest pain experienced by the individual.	Nominal	<ol> <li>Typical angina</li> <li>Atypical angina</li> <li>Non-anginal pain</li> <li>Asymptomatic</li> </ol>	N/A
4	Resting BP	Resting bps	Resting blood pressure of the individual in mm Hg at hospital admission.	Numeric	Normal: < 120/80 mm Hg	American Heart Association
5	Cholesterol	Cholesterol	Serum cholesterol level of the individual in mg/dl.	Numeric	Optimal: 150 mg/dl	American Heart Association
6	Fasting Blood Sugar	Fasting blood sugar	Indicates if fasting blood sugar level is > 120 mg/dl.	Binary	Normal: < 100 mg/dl	Mayo Clinic
7	Resting ECG	Resting ecg	Results of resting electrocardiogram (ECG).	Nominal	Normal: 0 Abnormal: 1, 2	American Heart Association
8		Max heart rate	Highest heart rate achieved by the individual during exercise.	Numeric	Varies by age and fitness level	Mayo Clinic
9	Exercise Angina	Exercise angina	Indicates if the individual experienced angina induced by exercise.	Binary	N/A	N/A
10	ST peak	ST peak	Value of ST depression induced by exercise relative to rest.	Numeric	N/A	N/A
11	ST Slope	ST slope	Describes the slope of the peak exercise ST segment.	Nominal	0: Upsloping 1: Flat 2: Down sloping	N/A
12	Class	target	Presence of heart disease in the individual.	Binary	0: Absence 1: Presence	N/A

#### **Description of Nominal Attributes**

Attribute	Description
Sex	1 = male
	0= female
Chest Pain Type	Value 1: typical angina
	Value 2: atypical angina
	Value 3: non-anginal pain
	Value 4: asymptomatic
Fasting Blood	(fasting blood sugar > 120 mg/dl)
sugar	1 = true
	0 = false
Resting	Value 0: normal
electrocardiogram	Value 1: having ST-T wave abnormality (T wave inversions and/or ST elevation or depression of > 0.05 mV)
results	Value 2: showing probable or definite left ventricular
	hypertrophy by Estes' criteria
Exercise induced	1 = yes
angina	0 = no
The slope of the	Value 1: upsloping
peak exercise ST	Value 2: flat
segment	Value 3: down sloping
class	1 = heart disease
	0 = Normal

# **Chest Pain Type**

#### ■ Value 1: Typical angina

This is the common type of chest pain you might hear about with heart issues. It usually happens during physical activity or stress and goes away with rest or medication. It feels like pressure or tightness in the chest.

#### ■ Value 2: Atypical angina

This chest pain is less predictable. It can happen at any time, not just during exercise or stress, and it might not go away with rest or medication. The pain can vary in how it feels and how long it lasts.

#### ■ Value 3: Non-anginal pain

This type of chest pain isn't related to the heart. It could be caused by other things like digestive issues, muscle problems, or other non-heart-related conditions. The pain feels different and isn't linked to physical activity.

#### ■ Value 4: Asymptomatic

The individual doesn't have any chest pain at all.

## **Resting Electrocardiogram Results**

#### ■ Value 0: Normal

The heart's electrical activity looks normal. There are no signs of problems in the heart's rhythm or structure.

#### ■ Value 1: Having ST-T wave abnormality

The ECG shows some unusual patterns in the heart's electrical activity. This could mean there is a problem with the heart, such as reduced blood flow to the heart muscle. These patterns are called "ST-T wave abnormalities."

■ Value 2: Showing probable or definite left ventricular hypertrophy by Estes' criteria
The ECG suggests that the left side of the heart is thicker and larger than normal. This condition is called "left ventricular hypertrophy" and it can happen when the heart has to work harder than usual, like in high blood pressure. "Estes' criteria" are a set of guidelines doctors use to identify this condition based on the ECG results.

## The Slope of the Peak Exercise ST Segment

This attribute describes the shape of a specific part of the heart's electrical activity during an exercise test.

#### ■ Value 1: Upsloping

The line goes upwards. This is usually the least concerning and can be normal. It might not indicate any serious heart problems.

#### ■ Value 2: Flat

The line is flat. This could mean there's a moderate risk of heart issues. It's something that doctors will look at more closely to decide if further tests are needed.

#### ■ Value 3: Down sloping

The line goes downwards. This is more concerning and often suggests a higher risk of heart problems. It indicates that there might be a significant issue with blood flow to the heart during exercise.

These descriptions help doctors determine if there are potential heart problems based on how the heart responds to physical activity.