

纹身是好事吗？ Is it a good idea to have a tattoo?

Hello. This is 6 Minute English, and I'm Rob.

大家好，这里是六分钟英语，我是罗伯。

I'm Sam. Hello!

我是萨姆，大家好。

Now, Sam, we're going to be talking about tattoos.

那么萨姆，我们要谈论纹身。

Are you a fan?

你喜欢吗？

Of tattoos?

纹身吗？

Well, I don't have one, but they can be quite impressive works of art.

嗯，我没有纹身，但是它们是很令人印象深刻的艺术作品。

Well, I'm not that keen on tattoos—I mean, who wants things drawn on their body? !

嗯，我不是那么喜欢纹身——我的意思是，谁会想要在他们身上画东西呢？！

It sounds like you need some convincing, Rob!

听上去你需要一些劝说，罗伯！

Maybe our discussion today will change your mind.

也许我们今天的讨论会改变你的想法。

Maybe.

也许吧。

But as you're a fan of them, here's a question for you to answer.

不过既然你喜欢纹身，那么这里有一个问题要给你回答。

According to the Guinness World Records, the record for the most tattooed person in the world goes to Lucky Diamond Rich from New Zealand.

根据吉尼斯世界纪录，世界上纹身最多的人是来自新西兰的 Lucky Diamond Rich。

Do you know how much of his body is covered by tattoos?

你知道纹身占他身体的多少部分吗？

Is it a) 80%, b) 90%, or c) 100%?

是 A. 80%，B.90%，还是 C. 100%？

What do you think, Sam?

你怎么看，萨姆？

Well, it's got to be 100% if he is the most tattooed man, **surely**?

嗯，肯定是100%，如果他是纹身最多的男人，不是吗？

添加的词汇

surely

英:/'ʃʊəli/ 美:/'ʃʊrli/

adv. 稳当地；坚定地；无疑；[口]当然



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Not necessarily, but, we'll see if you're right at the end of the programme.

不一定，不过我们会在节目结束的时候看看你是否答对了。

Now let's talk more about tattoos.

现在我们再来聊聊纹身吧。

I know many people have them.

我知道很多人有纹身。

Sometimes it's a picture of an animal, like a small gecko, sometimes it's words like 'I love you' or the name of a loved one.

有时候是动物的图像，比如一只小壁虎，有时候是一些话语，比如“我爱你”或心爱的人的名字。

And then there are the huge designs spread across someone's back, chest or arm-like footballer David Beckham has.

然后还有遍布后背、胸部或手臂的大片设计——比如像足球明星大卫·贝克汉姆的那种。

Well, he's no stranger to a tattoo parlour.

嗯，他可是纹身店的常客。

A parlour is the name of the shop where a tattoo artist draws a tattoo on you with ink and a needle.

店铺指的是纹身师用墨水和针在你的身上作画的地方。

Needles! Ouch!

针！疼！

OK, you need some convincing, so let's hear from Lucie Parfitt, YouTuber and tattoo fan.

好的，你需要一些劝说，所以我们来听听油管播主兼纹身粉 Lucie Parfitt 的话。

Here she is speaking on the BBC's Smart Consumer podcast.

下面是她在 BBC 的播客节目《机智顾客》中说的话。

I'm quite a creative person and ever since I first discovered tattoos, I thought it was a really cool way of expressing yourself.

我是个很有创造力的人，并且自从我第一次发现纹身，我就认为它是一种很酷的表达自我的方式。

I'm quite a visual person as well, so for me it really, like, just looked really cool and it made me think more about my own, like, personality and how I could express that in creative ways.

我也是个很视觉化的人，所以对我来说，它看起来真的很酷，而且它让我更多地考虑自己，比如个性，以及我该如何用有创造力的方式表达出来。

Right, so, Lucie describes herself as a creative person.

好的，那么 Lucie 将她描述为一个有创造力的人。

When you're creative, you're imaginative and like to experiment with new ideas.

如果你有创造力，那么你想象力丰富，并且喜欢尝试新的想法。

Yes, Rob.

是的，罗伯。

And tattoos are a good way to be creative-trying out different designs and colours-it's a good way to express yourself.

并且纹身是一种非常好的表达创造力的方式——尝试不同的设计和颜色——这是很好的表达自我的方式。

Here, to express yourself means 'to show how you feel in a particular way'.

这里表达自我的意思是“以一种特别的方式表达你的感受”。

OK, so some people express themselves through singing or wearing particular clothing, but here she's expressing herself through the images on her skin.

是的，所以有些人通过唱过或穿特别的服饰来表达自己，但是在这里她是通过她皮肤上的图案表达自己。

But what happens if you want change what you want to express?

但是如果你想要改变你想要表达的东西该怎么办呢？

Well, then it's time for a new tattoo!

嗯，那么就该纹一个新纹身了。

OK, well, I know that the tattoo industry is big business now-which means it's 'popular and making lots of money'.

好的，我知道纹身行业现在是个大生意——意思是说它“很受欢迎，并且很赚钱”。

I've heard that one in five people now have a tattoo.

我听说五个人里面就有一个人有纹身。

Not you yet, Rob!

但是你还没有，罗伯！

But it has certainly become a trend in recent years and it's something tattoo artist Lee Clements has noticed.

但是近些年它毫无疑问已经成为了一种风尚，而且纹身师 Lee Clements 已经注意到了这一点。

Also speaking on the BBC's Smart Consumer podcast, he explains why he thinks that is.

他在 BBC 的播客节目《机智顾客》中解释了它为什么这么想。

The thing for me that has obviously changed massively over the last, possibly, ten years is you see a lot of celebrities getting tattooed.

在我看来过去十年中的巨大变化就是你可以看到很多名人都纹了身。

With that comes the fact that you're going to get people who want to copy them or it becomes almost like a fashion thing, so we do see certain tattoos, sort of, becoming a trend and...yeah, so I guess it kind of dilutes that value a little bit, yeah.

随之而来的事实是你会看到有人想要效仿那些名人，或者纹身几乎变成了一种时尚，所以我们会看到某种类型的纹身变成一种潮流，而且.....是的，所以我认为这种现象稍微稀释了它的价值，没错。

Ah,so it's celebrities-famous, well-known people from TV, film and fashion-that have possibly driven the trend.

啊，所以是名人——来自电视、电影和时尚界的有名的人——带动了那个潮流。

People want to copy them, or it's what he says is 'a fashion thing', so you have a tattoo because it's fashionable, which means it's 'popular at a particular time'.

人们想要效仿他们，或者这就是他所说的“时尚”，所以你会纹身是因为它很时髦，这个词的意思是“在某段时间里很受欢迎”。

And one of the down sides-the negative things-about just having one to be fashionable is it dilutes the individuality of having one.

为了赶时髦而纹身的一个弊端——不好的方面——就是它会稀释拥有纹身的独特性。

Dilute means to 'make something less strong or less valuable'.

稀释的意思是“使某事物不那么强烈或有价值”。

Well, I'm not going to get one anytime soon-except maybe a big six on my arm to remind me that we only have 6 minutes for this programme so I'd better reveal the answer to the question I asked you earlier.

好的，我近期不会纹身的——除了也许会在我的手臂上纹一个大大的6来提醒这个节目只有6分钟，所以我要揭晓我刚刚问你的问题的答案了。

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Did you know how much of his body is covered by tattoos?

你知道他身体的多少部分被纹身覆盖吗？

And I said 100%.

我说的是100%。

Well done, Sam.

干得漂亮，萨姆。

That is correct.

回答正确。

He has held the certified record since 2006 of being 100% tattooed.

他从2006年开始就持有这个经过认证的100%纹身的记录。

This includes tattoos inside his eyelids, mouth and ears.

其中包括眼皮、嘴巴和耳朵里面的纹身。

Wow! I wonder who gets to see those!

哇！我想知道谁会看到那些纹身。

OK, well, now it's time to recap the vocabulary we've discussed today starting with a parlour.

好的，现在该回顾我们今天讨论的词汇了，从店铺这个词开始。

That's the name for a shop or room where certain businesses carry out their trade, such as a tattoo parlour, a massage parlour or an ice cream parlour.

这个词指的是一个商店或房间的名字，在这里某些生意人进行他们的交易，比如纹身店，按摩店或冰淇淋店。

A creative person is someone who uses imagination and experiments with new ideas.

一个有创造力的人指的是使用想象力并且尝试新想法的人。

And when you express yourself, it means you show outwardly how you feel and what you're thinking.

如果你表达你自己，那么你对外表达你的感受或你的想法。

If something is big business, it is an activity that is currently popular and making lots of money.

如果某事是个大生意，这意味着它是一项现在正流行的活动，并且赚了很多钱。

And something that is fashionable is popular.

时髦的东西就会受欢迎。

And when something becomes popular, it can dilute its value or uniqueness, so it becomes less strong or less valuable.

当某事变得受欢迎，就会冲淡它的价值或独特性，所以它变得不那么强烈或有价值。

OK, thank you, Sam.

哦，谢谢你，萨姆。

That's all for now but there's plenty more on our website at bbclearningenglish.com.

今天就到这，但是我们的网站 bbclearningenglish.com 上还有更多内容。

If you can't remember the address, why not tattoo it on your arm? !

如果你们记不住我们的网址，何不纹在你们的手臂上呢？

You can also find us on social media and on our app.

你们还可以在社交媒体上还有我们的 APP 上找到我们。

Goodbye for now!

再见了！

Bye!

再见！