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~o~ 3NITY COMPANY ~\*~ °

Book of Amenti 144k  
**Trinity One Love**

~I am Alpha & Omega & All This is~



HEART OF AMENTI  
TUXU SI XONDA

# Episode 1

## Path to Oneness (Story of One)

In the beginning there was light, that light was pure unconditional love, the supreme unity of all that is. Then the light split into the two primordial energies of the cosmos, Yin and Yang, good and evil, light and dark, male and female, and the cosmic game began. The cosmic unity exploded of itself, that primordial substance of spirit and matter, that immense energy kindled like a tiny spark; when spirit and matter collided...

One Cosmic Trinity (God, Goddess, All That Is) wanted to experience themselves in an infinite ocean of unity ... they wanted to create an extension of themselves, so they created the universe in their perfect image. Thus, every small part of the cosmos from the atom to the entire universe is one whole ... and each atom is a reflection of the cosmic unity. They created the universe in the unity of macrocosm and microcosm. Everything in this cosmic unity is interconnected by the spirit of life, the breath of the entire cosmos ... the breath of cosmic supreme unity. As this cosmic unity wanted to know itself in infinity, it expanded further and further into all trillions of beings into all galaxies, planets and realms. All realms are living sentient beings, just like us humans... Entire planets, galaxies and cosmic systems are living beings and have their own consciousness and soul!

They are just much more advanced than us because they are in charge of millions of beings and realms.

They are further in their evolution back to unity. We must realize the cosmic unity of all living things ... the cosmic whole, before it is too late. You are also part of this whole, but you still don't realize it... you are part of the entire cosmic manifestation, you are part of the cosmic trinity of unity: God\Goddess\All that is... Separation does not exist, it is only an illusion of separation. You can never be separated from the very source of life because you are it ... you live and therefore you are this pure being now and here ... you are the pure presence of your I Am.

Cosmic unity manifests itself in trillions of living consciousness, one of which is man and his cosmic heritage: Adam\Ewa Kadmon. So small, yet so important in the development and evolution of the entire universe ... do you think we are alone in this endless cosmic ocean? We are not, but we have lost our connection to the very source of life. This life, this cosmic game has its hierarchies of creation from entire universes, huge galaxies, solar systems, planets - each with its own realm down to the smallest atom. We must realize that all of this is fully conscious being and even the tiniest atom is a living being. After all, there are millions of cells in us, and for the microcosm of our body we are the entire universe, and millions of beings - cells - live in us. Quantum physics can give you this new view of the world and more. A new understanding that everything in this is alive

universe completely connected. Everything is connected by the thread of life and life itself. This energy of life is the cornerstone of the entire universe. It is in the smallest atom and in the entire cosmos (Metatron's Cube). Every atom is created according to this primordial energy of life and the cosmos ... the energy of the Supreme Unity, the Primal Source! That is why we are all connected in the universe and together we create one whole. In essence, there is no division between I ~ You ~ We, but we are all One Huge I Am (being) that recognizes itself in many. This is the basic understanding of life: that we are all One Whole! This is the cornerstone of knowledge, because then we will understand that whatever we do to others, we do only to ourselves. It is a great game of life and self-discovery. We are all from oneness and will return to it again through the process of evolution. The more we know, the more we know and the more experienced we become. Each individual part of the whole has a reflection of the whole. So every person is also his own universe ÿ the more you know universes (people, beings) and parts of yourself, the more complex/whole we are. When you find the last piece of yourself (dual soul flame, twinflame), the puzzle will create a perfect picture of the complete whole! And it's YOU! !! ALL OF US. That's why the picture (puzzle) is made of a trillion parts of itself! The perfect geometry of life ... the beautiful mandala and music of one supreme being in trillions of souls. Perfect harmony.

So what is the cosmic supreme Unity - Whole? (God, Goddess, All That Is, or Yin\Yang\Tao).

It is life itself, the basic archetype of creation: the essence of unconditional love. This cosmic unity is in a constant process of self-discovery, in a process of evolution. It is the alpha and the omega, the beginning and the end of all that is. It is the cosmic trinity of one love (Father\Mother\Child of the whole cosmos)

In his/her single breath the universe was created and in the exhalation the universe is destroyed (Maha-Visnu) ... we live in the period between the inhalation and exhalation of the perfect whole. When you empty your mind, there is no beginning or end, no past or future, only the living presence of the one sentient being that we are.

Forget your outer Self (ego), go inside yourself and you will know the truth. This truth will free you from all external illusions. Buddhism teaches that in essence we do not exist, our ego (outer self) is only our dream, our own essence escapes us. That is why there is meditation - the emptying of the mind and the extinguishing of Self and Non-Self (during meditation there is a state of total emptiness in the mind and reconciliation with all that is). Because when you don't exist, no one can hurt you and you simply lose fear. Fear is only a product of the mind and ego, it is a natural protection of one's existence. What are you left with when you lose yourself? Every person fears the loss of their own ego because they attach the greatest importance to it ... while the most important thing is the evolution of the soul and the return back to the one pure being ~ Love ~ which is the opposite of fear. The world seems to have gone mad in the captivity of its ego and forgotten its eternal essence - the soul. At the same time, when he gives up the false ego, he will know the beauty of cosmic unity, his/her perfect image and cosmic sound, he will know the calm and peace of his eternal soul/atma ... He knows the infinite love that comes to him from all living things, that is life itself. This source of life loves itself, existence and non-existence, Self and Not-Self, me,

you, everyone and everything that is. We are children of life itself and we don't even realize what a gift it is to be human! By the Man-God Adam\Ewa Kadmon. Oh, we all are what we are! We are all manifestations of God and Goddess on earth! I will repeat this until everyone remembers... We are all one whole that is the ~Trinity of One Love~ (God\Goddess\All That Is). We have the gift of co-creators of this cosmic unity on earth, it depends on us how we use this gift. We can create a "new Heaven and a new Earth" on earth.

Once, when I was in a trance a lot, I said a simple thought that completely freed me:

**I don't need anything! just to be!**

That is be totally aware of the present moment! Being Now and Here! In the present you feel life, you are completely connected to the dream, you dance with it in the wind, you play the beautiful music of life, you hear Him\Her! You become one with him! with the very source of life ... we must understand that separateness from life which is god\goddess\all that is; does not exist! Go to nature sometime and listen to her, she is a goddess (practice, material nature) ... She is mother earth, Lady Gaia! a living being like us! and we are a part of it, as its organs... It is our future Terra, a new earth where there will be no more separation from the Oneness - which is: the Trinity of One Love (God\Goddess\All That Is). It will be the new Christ~Buddha~Mahatma Oneness - the unified golden age civilization we have been waiting for eons of years (thousands of lifetimes)! There the unified consciousness of Cosmic Oneness, Love and Compassion is fully manifested. (Christ's Trinity Consciousness)

Lady Gaia\Vywamus : My beloved children of light, it is time to awaken and return to the One Source that is manifested on earth as ~Trinity One Love~. This will unite you in one common task: To create a new Christ~Buddha~Mahatma Onennes golden age civilization. You are children of the new paradise, children of the stars, starseed - just realize it. And it is your new generation that can transform the old world and its civilization. You don't know your soul's past, but I know where you all came from, where you came from. The entire El~an~Ra family is from various corners of our galaxy and not just ours! Most of us carry DNA memory from the Orion, Pleiades, Sirius, Andromeda, Arcturus system, etc. You have come to help me ascend and transform. You have come to fully support me in planetary and cosmic Ascension, because without you it would never have succeeded on a global level. It is a great task and promise that you have made, and each soul is responsible for its part of the task in the whole plan of the supreme cosmic unity. (According to the Cosmic Law of Karma: Cause and Effect). Everyone gets what they deserve now. Live in peace, unity and love, my beloved children of paradise, my beloved human family.

Earth is now the most important center in our galaxy, the whole planet and everything on it is rising. That is why there are now so many beings to help in these times of the end of the old paradigm. I, AnaHaQua, hereby seek my entire el~an~ra light family (of our entire galaxy), all Lords and Ladies of all galaxies and systems incarnated here on Earth. All Masters to fully awaken and manifest - for our time has come to reveal ourselves to the world. We are the ones to pave the way for the global

awakening. We 144,000 Avatars and Warriors of Light. (Wayshowers, Lightworkers, Starseeds). But first we must all unite in one being, which is manifested as Trinity One Love or 3NITY COMPANY... In the trinity of one love! In God, Goddess and all that is! In the presence of the Cosmic Whole! Living in One Being and walking the path of One Heart. The plan of this One Cosmic Whole is within itself. It is "I Am That I Am"

(Mahatma - Christ's Cosmic Solar Egg), the name of one who is the presence of the Christ~Buddha~Visnu unified consciousness of cosmic unity. I am only a small part of this cosmic mosaic of supreme unity! There are millions of beings on earth and they all need to hear the truth about the transformation and ascension of the earth ...

Year 2012; precisely the point 21.12.2012 is approaching, the end of the cycle is

irreversibly approaching - the time of the old civilization and the Earth. Therefore, I call

on all lightworkers (Lords and Lady - TwinFlame - Masters of Love and Compassion) and the entire human family to awaken and unite in one cosmic heart - the source of life, love, harmony and peace. Few people know the truth, even this truth of mine is relative. Let everyone judge for themselves where their part fits in the huge cosmic mosaic of ON

~Peace, Love @ Unity my Space Light Family El~An~Ra

~Selamat Gajun! Selamat Ja!~ (Syriac: live in unity and joy)

## Awakening

I remember my first awakening experience, or awakening, when I was about 16 years old. At that time, in the troubled state of my soul, I sat down on a rock and prayed. I didn't know god/goddess existed... I didn't know what and who they were, I didn't know their size or essence. I prayed because I was not well, I lived as if without life for 2 months. I prayed: God, if you are real, prove it to me and help me. I felt so bad that no one else could help me. That time 8 years ago, I was sitting there on a rock, eyes closed, I fell into a trance. I don't remember how long I was out of my body, but I ended up somewhere in the center of our galaxy. All I remember is the shining light and the wonderful feeling of returning to Jah (YHWH - Father\Mother\God).

I communicated with him for a long time, he filled me with energy of joy and love. I felt like waking up from a dream, I perceived him as an all-loving father/mother, like a huge sun, but his rays were 1000 times stronger than our sun. I finally knew it existed. That was my first awakening and since then I have been on a journey to know and fully understand cosmic unity. From this experience I knew that there was something tremendous and beautiful, I felt like the whole universe was alive and I was just a small part of this huge being called God. I was filled with joy and gratitude for life, filled with light from that beautiful and vast central sun. I wanted everyone to experience what I experienced, which was ecstasy and bliss.

Connection with your essence, with your soul and light. I didn't know where I was then! Only now do I understand that I was at the central sun of our galaxy (alcyone). Since then I wanted to know and understand what and who "God" is and what I experienced. I remember that this experience filled me with happiness and joy for half a year. It was beautiful for no reason. Like a small child observing the beauty of life. I wanted to dance and sing. I wanted to understand everything I was doing to me and how I could maintain such a state of mind.

The journey of life brought me the Bhagavad Gita and the life of Gautama Buddha, the Eastern philosophy of the Vedas and Upanishads, Taoism, the system of chakras and energy in the body, Conversations with God and many other esoteric teachings that were revealed over time.

At that time I found myself in the golden Avatar - Sri Chaitanya (Panca-tattva) and learned bhakti-yoga, dedicated service to absolute unity, practiced asanas and meditations. I have read the Bhagavad Gita teachings of Lord Krishna which I would like to recommend to everyone as it is a quick eye opener and divine consciousness of absolute oneness.

Devotion to the deity Radharani and Krishna sent me into spiritual trances and ecstasies, as did Chetanya. I chanted the Mahamantra: Hare Krishna Hare Krishna Krishna

Krishna Hare Hare; Hare Rama Hare Rama Rama Rama Hare Hare and like him, I ran through the golok forests



vrindavan (the spiritual heaven of Radha and Krishna - Vaikuntha) in the infinite Brahmajoti - the light of cosmic unity. I was less than 18 years old at the time and for ordinary people I was crazy, they didn't understand me and I'm not even surprised. I must have really looked like a fool flying in a trance through the woods ... I would not explain to anyone the ecstasy I experienced from divine love (mahabhava or agape). The relationship to divinity, or absolute unity, can be different as taught by Sri-Ceytanya. You can think of him as a friend, mother or father or even as your child! But the highest relationship with divinity (absolute oneness) is a loving relationship like Radha and Krishna had. They are the perfect reflection of the whole, the manifestation of God and Goddess in the union of divine lover's love. Chaitanya chose the role of Radika in love with Krishna in separation, he experienced constant ecstasies from this lover's love. In the same way, I also anchored this consciousness of the divine love of Radhika and Krishna in myself, the earth and all manifested. Therefore, for me, goloka vrindavan is not only the spiritual world, but also the place around me where I grew up. I already have it anchored in me forever. I lived in this consciousness for about 2-3 years of my life, chanting and dancing in the forests of Vrindavan.

The entire Vedic philosophy is in the Bhagavad Gita and the Upanishads. The body is an instrument for the soul (atma) consisting of 8 components of material nature: earth, water, fire, air, ether, mind, intelligence and false ego. Further, there is the spiritual nature, atma and paramatma (soul and supersoul) in this material body. Human consciousness is either material or spiritual - depending on how much it identifies with the material body. Material nature is described as an illusion (maya), like the mirage of the moon on the watery surface of the ocean of unity, which reflects the true reality of the spiritual world. Nowadays, I would describe Maya as the Matrix. We all get to know ourselves and our selves. Eastern philosophy can give us this insight and many answers to our questions about who we are and why we are here. The entire system of yoga is a system of self-knowledge and self-realization, liberation from material consciousness (mukti-nirvana) to full awareness of oneself as soul and supersoul, part of the cosmic unity. I'm not going to explain a philosophy that's here, but isn't "here" yet.

All the old teachings, directions and religions are only part of the universal cosmic unity: the teachings of the new golden age. But I think that the basic teaching for everyone should be the energy system of chakras and nadis of the human body; auric field. That's learning for elementary schools and medicine! This will make us understand that everything is a different quality of manifestation of yin and yang energies that dance cosmic harmony and unity! Everything came from unity and everything will return to it.

When I realized and anchored in myself this divine Trinity (Radha-Krishna-Chaitanya), new challenges and teachings (initiations) came to me. I had to meet other deities and other light beings too! After much searching I found "all" of them, but that was the 8 years of teaching - the Great White Brotherhood, our spiritual hierarchy ~ SHAMBALLA. Everything fell into place in the end... but now I will go back to the period when I got to know the Pleiadians (the book - messengers of the dawn) and the command of the Ashtar group. Also the teachings of Master Sananda (Jesus Christ) and thus I returned back to Western philosophy and the Bible (Mainly the New Testament and the New Revelation). Jesus' teaching of divine love and unity with father\mother is also a basic teaching for elementary schools! ("I am the resurrection and the life, I and the father\mother are one." But also "love the creator\your creation above all, as well as your brother\sister and yourself" - basic laws). All Eastern and Western religions must unite, hence this new teaching of cosmic unity, the source of life, which is the Trinity of one love and

~o~ 3NITY COMPANY ~\*~ ° Halls of Amenti.

## Disclosure

Yes indeed it is true, UFOs exist ... or extraterrestrial intelligence, race and civilization. And not just one, but millions in our galaxy, the milky way. What about in the whole universe and all those millions of galaxies? Do you think we are alone in such a vast universe? It would be a waste of space! The universe is full of life and is not just one, it is holistic and multidimensional. After all, the entire multi-universe itself is a living being, a cosmic unity, an archetype of the trinity ~Father\Mother\Child~. This cosmic supreme unity has its hierarchies of creation! From the greatest Cosmic Lords and Lady, Solar Beings of the cosmic quadrants and parts, to galaxies, solar systems, planets, moons to living beings, elements, plants, animals and minerals. We must understand that everything happens in the order and law of the universe full of life. Cosmic motion is a manifestation of this law! Everything happens by the will of the cosmic supreme unity, the source of life! We must understand that the universe is life and any separation and separation from this cosmic unity of life is one great illusion. Separation is not possible, you could not exist without it, because it is the very source of life. Even though you may have forgotten it in your little self, that is, the ego (outer Self), that does not mean that it does not exist. It's time to remember who we really are and wake up. For a long time we lived in a dream and illusion of separation (maya, matrix). We are eternal souls and we are part of the whole – the cosmic supreme unity. Your - I am presence - is your divine name that you can use and call upon Him at any time. It is your connection to the divine within you, your cosmic heritage and your presence of cosmic unity. Later I will list the various affirmations and invocations of your divine "I am that I am", your cosmic monad (I am of presence).

We now return to the Ashtar (Galactic Federation of Light) fleet that is in our solar system assisting Mother Earth and us in the Ascension process. The entire universe and our galaxy are watching us closely now in these times of transformation and crystallization. The entire galactic federation of light is watching our ascension and awakening. They watch over us with love and help us in these times of the end of the old civilization. Most of the systems in our galaxy belong to this galactic federation of light. Sirius, Orion, Pleiades, Ursa Major, Arcturus and others are members of this vast galactic organization of light. Many orders and councils of our entire multidimensional universe belong there. Order of Rize, Athena, Lyricus, Galactic Council of 12 (Round Table), Council of 9, Order of Melchizedek and Brahma ... the great white lodge on Sirius that oversees the spiritual development of our entire galaxy (Lord Sur The Great Pyramid of Giza has its top pointed exactly there. Thoth created her after the fall of Atlantis for the rise of the whole earth, because he knew what was in store for her in the future. And there is also a great secret hidden in the hall of Amenti about the history of our country - but more on that later. Our entire solar system is under the order of the ~Christ~ who is the universal archetype of creative energy, i.e. unconditional love and compassion. It is the solar archetype of the trinity of cosmic unity ~god\goddess\all that is~ for our solar system. He\She is your true I Am, the divine monad of your I Am Presence. A crystalline planetary ~Christ Unity Grid 144~ has been created around the earth for the awakening and ascension of all people on earth. This planetary project

the crystalline grids were made by the masters of light, the spiritual hierarchies of our earth and galaxy. This project is old from the time of Atlantis when this project failed and Atlantis disappeared - due to the dark side of the anannuki who rule the system to this day. That's why the great white brotherhood, the order of melchizedek, created this project, built great pyramids all over the world and kept the atlantean crystals underground. They knew that this time of the sixth sun, the golden age, would come. It was thousands of years in the making. Therefore, the masters of light incarnated on earth as Jesus Christ (Sánanda), Gautama Buddha, Krishna (Maytreia), Lao-C, St. Germain and many others who brought new teachings, religion, science and thus changed the whole culture and society. The spiritual hierarchy of our earth is also known as the place of "Shamballa" and "Arghata" - the inner earth (Telos - the capital). Furthermore, they help us in the rise of the angelic - seraphic, archangelic (Michael) and creator Elohim and many other cosmic beings. All are working for the global ascension of our planet earth (Lady Gaia/Vywamus).

## Planetary Earth Ascendant

The ascension process aims to create a "new paradise on earth", a new Christ\Buddha\Visnu oneness - a unified golden age civilization (society and culture) based on unconditional love and compassion. For an individual, this means becoming a fully awakened Christ - Bodhisattva on Earth. A fully awakened Master, Physical Angel, Christ~Buddha~Mahatma in human body (Divine Galactic Human Adam\Ewa Kadmon with fully awakened 12 strand DNA memory).

Everyone must fully realize their own divinity within! Your own Oneness with the entire universe. After all, we are like the cells of the cosmic body... Each of us has a role in the great plan of cosmic unity. The process of Ascension clears your karma (cause and effect) and the long history of your soul. Ascension is the process of awakening the MERKABA~MERKARA light body and permanent enlightenment (changing consciousness from the 3D false ego to the 5D multidimensional self)! Details of the process are described everywhere on the Internet and from various channeling sources ([www.vzestup.stesticko.cz](http://www.vzestup.stesticko.cz)). He who seeks will find, as Jesus said. The reason for creating this short book is to awaken as many people as possible who are still walking in darkness and cannot see the bright light of the transformation and transformation (Ascension) of our planet. Another reason is to unite as many people as possible who are already on the path to the One Heart and work together on the task of cosmic unity (i.e. create a new

Christ~Buddha~Visnu Unified Golden Age Civilization - TerraNova). I mainly wanted to focus on the "younger" generation as most came from the stars and brought with them the higher energies and light codes (DNA\DNK) for the new earth (Terra Nova). More than 100 million souls from higher dimensions are now incarnated on earth... the entire cosmic and galactic light family of el~an~ra must fully manifest itself to the world and completely transform it. An individual cannot do anything, compared to a collective that can work miracles on a global scale.

The energy of connecting 100 people with the same goal is 100 times stronger than an individual's will. That is why it is so important to unite in the same energy and common task. And believe that there are many of us holding the cosmic rays of Christ (unconditional love), Buddha (compassion and enlightenment), Radha~Krishna (loving love and perfect unity) and many other light beings and rays of cosmic unity! but more on that later.

Each of us carries the universal rays\energy of the image of cosmic supreme unity.

Each of us is unique in our own energy and each of us carries different light codes (DNA\RNA) of the memory database. We are all equal. Therefore, it is important to unite in one common task and create a new country, a new civilization, a new culture, a new politics, a new religion\spirituality, a new art, a new cosmology, a science and an economy! And all this represents the ~Trinity One Love~ project! We are the children of the stars Horus and Isis, we are the children of the 6th sun and the new paradise! Our history is billions of years old, in a cosmic and galactic dance of supreme unity! The whole earth must ascend, and so the new golden age of the sixth sun, the new, will begin

Christ~Buddha~Onennes unified galactic civilization. I now call upon all of you to manifest fully as Masters of Light and be a rebel in this age of the old civilization ending.

The ~Trinity One Love~ project was created for the purpose of uniting all the light children of the sixth sun (children of paradise), our cosmic and galactic el~an~ra light family, and all light\starseed workers! Together we are to create a new civilization based on the laws of unconditional love and compassion! When a certain number of souls, exactly 144,000, connect and fully realize the consciousness of Christ and I am the Presence (Mahatma), then this consciousness will continue to spread in a geometric series! The entire planet will thus rise to the 5th Dimension of consciousness. That is why I am now calling you all children of the light\stars home. There is still a lot of work ahead of us on the overall global r~evolution. I would

also like to draw attention to the Galactic Federation of Light and their First Contact plan and our cooperation with

So my dears, you don't have to worry about anything. I expect the first contact of the Galactic Federation of Light in the near future, certainly by 2012 or thereabouts, but it may be different. That depends a lot on all of us on the planetary ascension team and our collective work and task of cosmic supreme unity and its anchoring on earth. The ~Trinity One Love~ project essentially represents the cosmic heart of God\Goddess\All That Is - that is

the cosmic heart of supreme unity. It is the overall organization and complete picture of the Christ~Buddha~Mahatma realization of the new golden age earth. ([www.iamuniversity.org](http://www.iamuniversity.org)).

We each have our place and task in this plan of planetary ascension and each soul has its place in the dance of cosmic unity. For our light, cosmic and human family, that place is ~Trinity One Love~. We have to learn to live in her\him.

We must anchor within us the Trident of God\Goddess\All That Is. We must fully realize the consciousness of the supreme cosmic unity of the cosmic whole ~ which is the Trinity of Yin\Yang\Tao energies, or if you prefer Brahma\Visnu\Siva, or in Christianity Father~Mother\Son~Daughter\Holy Soul.

Understand that we are just a drop in an infinite ocean of light! A drop of light (souls) is in the ocean of billiards, but all together we are an infinite ocean of cosmic unity!

In terms of water quality, we are identical to the ocean and merge with it. We must understand that we are ONE in MANY. This cosmic being who is TRINITY. Within your heart is this triple flame of divine love. God\Goddess\All That Is, or your male and female parts of your "I Am Presence" (the monad of your soul). In translation, Trinity One Love would mean: Trinity of one Love! Bob Marley left you a link to One Love, I leave you a link to Trinity! Because the Divine Cosmic Unity is a Trinity.

Basically, there is only one basic energy from which everything was created, and that is One Love: Jedna Láska (unconditional love). It is precisely the quality of the water of the endless ocean that we become ONE with the dream.

Mankind has divided god into parts ... some worship Allah, others Jesus, Buddha, Krishna, etc. But they don't understand that all are ONE (god\goddess or Cosmic Father\Mother\Child) ! Each great soul of them gave us a legacy and a teaching of how to connect with our essence (soul) and with this supreme cosmic unity! But don't forget that the teachings are 2 thousand years old! A new golden age is coming to us and with it a new teaching of the ONE which is LOVE. The new nature of cosmic man. His legacy of millions of years, which he forgot when he fell into the 3D world (matrix, maya). So I will tell you the hidden history of earth (not found in textbooks) and our light cosmic and human el~an~ra family.



## History of Earth and the Light Galactic Family

EL-AN-RA

(The Key of Enoch and the Secret of the Houses of Amenti)

It's 2009, slowly but surely the end of the 26,000 year cycles is approaching. It comes with him the new golden age of the sixth sun. At the end of 2012 - 21.12.2012 - us this cycle it ends and I also dream the lines of space-time. A new golden age of multidimensional reality begins,

without limitation of hologram 3.Dimension. The goal of the planetary ascension is to change the 3D consciousness (false ego) of everything on earth to the consciousness of the 5th Dimension, where our cosmic and human light family (from the Universe and the realm of Arghat - hollow earth, people from Lemuria) awaits us with open arms.

Our personal history is older than our entire galaxy. We all come from the ONE and will return to it, along the long path of evolution, until we take the place of co-creators. There was a time when he and I were ONE. The fall of "man" into matter is dated to 300,000 BC (this date may not be exact). A human known as Adam\Ewa Kadmon (humanoid race). Understand that we are just a drop in the vast ocean of Oneness, including the entire Earth. Earth has become a testing ground for our entire galaxy! We have galactic DNA\DNA\RNA mixed up! Earth was the experiment of many galactic civilizations, a race from Orion, Sirius, Pleiades. We came from the stars. We are star children and our parents are advanced races from our galaxy. At the time we were landed here, there were wars between good and evil, light and dark (Starwars) throughout our galaxy. Earth was a testing ground to bring back light, peace, love and unity to the galaxy. Earth right now plays a key role in the evolution of our entire galaxy and all its hierarchies. Earth is also known as the light library of our entire galaxy (the keys are within ourselves, in our 12 strand DNA\DNK - our ancient memory), hence the interest in it. But back to the time when the first gods and goddesses were sent to earth. They were huge creatures around 5 meters and lived for thousands of years. The original human race was at the monkey level at that time. They are the ones who manipulated our DNA into a humanoid race. We will return to the times of Atlantis and Lemuria, when the earth was at its highest level of evolution. At that time, almost all the various beings from our galaxy were sent to Earth, but apparently the race from Sirius played a key role. They made our race known as ADAM\EWA KADMON, and that's where the bible began. They mixed their DNA with ours and created a man~god with the ADAMIK component. I don't know the exact description of how it happened, but it was a complicated process. In the Hall of Amenti (under Giza) all this is hidden and in due time the whole truth of our history will be revealed to the whole world. Atlantis was one big city on an island. There was a school of mysteries of the order of Melchizedek and Alore.

The entire city was built on the model of the tree of life. There were 13 temples of initiation where THOT and the great Atlantean Crystals played a key role. It was the highest spiritual center on our planet. Beings from all corners of our galaxy, from Sirius, Pleiades, Orion, Andromeda, etc., have incarnated here! They were working on a great task, the evolution of our entire galaxy. They formed a council of the Great White Brotherhood and Sisterhood (Order of Melchizedek, Thoth~Seset and many others). At that time the "Fallen Angels" came to Earth and infiltrated Atlantean society. These beings are known as the Anunnaki or the Illuminati, they caused the Atlantean flood (and the atomic explosion

weapons 1,000 times more powerful than in Hiroshima). This caused the dimensions to drop from 5D to 3D. After the fall of Atlantis (the great flood in the Bible), the Order of Melchizedek had the task of anchoring the grid of cosmic unity 144 or Christ's Crystal grid of unity around the planet. That's why they created the Pyramid of Giza, Machu Picchu, and all kinds of temples all over the land and created all kinds of teachings, paths, mystery schools, and religions! They had and have the task of creating a new Christ\Buddha\Visnu Onennes unified civilization of the golden age. Therefore they were later incarnated as Jesus, Buddha and Krishna, Muhammad and many others to bring new teachings, arts, religion, science, etc. They worked together to create the Light Grid of Unity 144! Because they knew that the time of the 6th sun would come! And Earth plays a key role on a cosmic and galactic scale! That is why they prepared this entire planetary ASCENSION of the Earth. do you see We are children of the stars, we have mixed DNA from all races from across the galaxy and the cosmos. We hold the keys of Enoch, we hold the keys of cosmic unity throughout our galaxy, and that key is our common Planetary and Cosmic Earth Ascension.

Because when Earth Ascends, the entire galaxy will shift in common development and evolution back to ONE. Our Solar System revolves around the central sun ALCYONE.

In 2012, the intersection of the galactic core Alcyone, Sirius, the Sun and the Earth will occur.

The sun completes its cycle (26,000 years). They will join the constellations Pleiades and Sirius and together they will begin to circle around the central sun. On Sirius is the Great White Lodge, the spiritual hierarchy of our galaxy, Lord and Lady Sirius with Lord Surea. The most advanced center of our galaxy, the galactic library. Another important light being in the evolution of the earth is Vywamus (TwinFlame of the Earth, Lady Gaia) who helps us in the transition between the old world and the new world. Also Arcturian technology, but of course Mariam Magdalena, who brings the feminine side of Christ and also the truth of our origin to Christ's blood (12 DNA\DNA), but more on that later. So my friends, the age of the sixth sun is knocking at our door, what are we going to do about it? Do we become co-creators and start taking our task responsibly? Shall we create Paradise on Earth? New Culture?

A New Civilization? The choice is now up to each of us, there are only two sides of the coin, the reverse and the face, good and evil, light and darkness. So which side will we choose and live by? I will leave the answer to each of you.

(Actually there are 3 sides to the coin, the alpha @ omega and the whole coin, or the third holistic view of the coin when we understand the duality play of good and evil. The key is to transform consciousness from the field of duality - total integration and view from the perspective of unity ~TRINITY ONE LOVE ~ Cosmic Heart Consciousness, Supreme Unity)

Our heritage is the children of the stars and our destiny is to become a fully conscious cosmic @ galactic being of light, or if you will a physical angel or master of light : Thoth~Sesath, Osiris~Isis, Christ~Meriam, Buddha~KuanYin, Krisna~Radha. By the United Trinity Being ~Male\Woman\Child~ (One Family): Trinity of One Love. Or a fully enlightened and awakened multidimensional being. The choice is now up to each of us...

## New Oneness (Christ~Buddha~Visnu) United civilization of the golden age

Create New Jerusalem 144

What would this new civilization of love, unity and compassion look like? How would a social system work? economic? political? can you imagine that? and can we imagine that it is real? It's real and not only that! That's what happens!

In the future after 2012-2022 Earth is called Terra Nova! and belongs to the Galactic Confederation of Light, or the community of our galactic brothers and sisters.

All in the cosmic @ planetary hierarchy are working together on a common plan of cosmic unity. They are ready to help us in any way that concerns the transformation of our civilization (free energy). We are in the period between the old world and the new world (2000-2012). The new golden age civilization is the goal for all of us light workers in the human @ cosmic family of el~en~ra. Therefore, we must unite as ONE global team of Ascension and Transformation, as One Human Family. Everyone has their own personal task, but the global task is to create this new (Christ~Buddha~Visnu)

Oneness unified civilization, or whatever you want to call it. On a personal level of self-realization, each of us children of the light\stars will have to fully realize ~Christ~ consciousness as the first step to self-realization. As the second step, the realization of ~buddha~ consciousness is the Bodhisattvi level. The third and final step is the integration of Christ~Buddha~Mahatma consciousness, the level of the cosmic ONE (Visnu-Tattva) that you are and always will be (I am that I am ~ Authentic One~ness).

I have reduced these 3 steps of self-realization to simplicity. You will become fully on the first step

manifested Master of Light! Christ in the body (Light Body - MERKABA and your system of 13 chakras and 12 strands of DNA\DNA)! you integrate your masculine and feminine parts of yourself and become whole, realizing your cosmic heart of Christ (Magdalene ~ Jesus ~ Golden Rose). 144,000 of these Masters are "needed" for global ascension.

To create a new Oneness (Christ~Buddha~Visnu) unified civilization and self-realization on a planetary level, we will need a transformation of our entire social culture... a New Earth Administration (Council of 12 - New Jerusalem Round Table 144), so a new politics, economy, art, science and religion\spirituality, which will be based on a new cosmology, on the basis of the three flames of the Godhead ~Trinity One Love~! A New Hierarchy on Earth! That is, the New Council of 12 Masters, i.e. integral avatars of the Mahatma of synthesis consciousness and cosmic supreme unity. When all 144,000 Masters of Light, Lords and Ladies are realized to their full Trinity Christ self-awareness, the entire social system will undergo a transformation of crystallization into the structure of the Three-Ray ~Trinity One Love~ of the cosmic heart of Amenti - the supreme unity. The light will spread in a geometric series, as I have already communicated. All of us of the light human family must unite and shine in these times to the world!

We are like fire in the dark! Anyone who touches the fire will be fundamentally transformed. Whoever sees this light will be transformed ... it is the light from the central sun and will eventually engulf and transform the entire Earth. Of course, there is the law of free will, and whoever wants to continue walking in the duality of 3D consciousness will not be hindered. Basically it's just evolution and development back to the One. We all have to choose which way to go, but I tell you that the light of the world will triumph over the dark reign of the illuminati\anannuki at the end of time. So it is written in the divine plan and the new revelation, a new crystalline era will begin: the golden age of our civilization, which ended in the Garden of Eden during the time of Atlantis and Lemuria. Now it is important to start preparing for the full Revelation and Disclosure to the world (First Contact, KOS, NESARA). Not everyone will be able to receive such a dose of light and change their cellular structure to a 1x12x144 DNA\DNA crystal grid. Therefore, we must bid a fiery farewell at the end of time to all who choose Ascension with the planet. We must be united under One Name, One God, One Heart of Cosmic Unity and thus be One Whole on the Planetary level! In the new revelation, it is written that Christ will mark his family, all 144,000 elect. He puts a mark on their foreheads, and that mark is METATRON'S CUBE!

(I am You, You are Me, We are all ONE). The Divine Eye of the Mahatma to see clearly the truth and the light ... It is the sacred geometry, your heritage, your initiation and the full awakening of the MERKABA light body! This initiation was done by the priests in the pyramid of Giza, where they activated their light body. So believe that everyone in the cosmic and human family has an implant in their third eye - Metatron's Cube! Eye of the Mahatma! The team

we all become ONE in many. When you insert this key into your 3rd eye, you activate the MERKABA light body, your Christ Cosmic Egg (Mahatma) cracks and you become ONE on your personal, planetary, solar, galactic and cosmic level! (There is a short meditation at the end of the book). So me, you and we are all ONE! We are all this cosmic unity on a personal, planetary, solar, galactic and cosmic level. We are all connected through the Trinity of One Love ~ God\Goddess\All That Is ~ the cosmic heart of supreme unity ~ Heart of Amenti.

Metatron 3NITY Christ Key\Cube

The New Earth (TerraNova) is not just our dream, it is real! She already is! Right Now and Here! What we perceive outside now is just residual reality. That reality, which I would describe as Matrix control, is slowly but surely coming to an end with the end of the cycles. Believe that right now and here there is a fully manifested paradise on earth among us! This is Oneness - the unified consciousness of the Trinity (Christ~Buddha~Mahatma), the consciousness of the ONE that is Love. And we become ONE only through our hearts! Therefore, be the light at the end of time, be the fire of cosmic love, unity and compassion! and burn connected to the Triple Flame - the source of life ~ the Trinity of One Love ~ the cosmic heart of Amenti.

## New Society, Culture, Art, Science and Cosmology

Everyone in our human family has some way to contribute to the world. In this is hidden the essence of the will of cosmic unity. As they say: God has no hands, only ours. Cosmic unity can and does manifest itself through us as we enjoy life, laugh and love. When we become little children in the garden of life and creation.

The essence of creative energy is hidden in small children, they are able to love and rejoice unconditionally. The flow of creative energy (Christ energy) is the very essence of life, the creator and creation itself. Whenever you create, you express the will of cosmic unity. Everyone has a "hobby", something they like to do on their own. And when he does, he becomes a child full of joy. Someone can create through sound or shapes, they can paint or create music! thereby bringing the inner spheres and light codes. I personally love snowboarding and skateboarding! For me, snowboarding becomes meditation in action! I become a part of nature, I go down the mountain ... It's a great feeling of the presence of life, you don't think about anything, you just are ... you are the mountain, you are nature, you are the presence and you are united with everything that is. It's the same with cosmic unity ... you just have to realize that you are a part of it, and at some point you will merge into the dream. It's the same with music and dance! Music, as they say, is the gateway to your soul. For me personally, music is one of the most important things in my life. Without her, life would be austere, boring. Tones



of music absolutely perfectly reflects the cosmic harmony, the vibrations of creation. The basic 12 notes (piano) as the 12 dimensions of creation. (Superstring Theory) Music is like a dance of cosmic unity! You, when you dance, express it! It is the perfect celebration of life, the perfection of movement, the perfection of body-soul synchronization. Be it any musical form of expression: jazz, electro, house, trance, rap, techno, pop, rock, hardcore, punk, tekk or whatever you want. Of course the vibe of techno and Mozart will be more different, but if you like it, why not. Above all, we must understand that our young human generation holds the keys of Enoch, holds the keys to paradise on earth. We are the golden age generation that can change and create a new world, a new country. Each of us has our own mission and our own talents, or gifts if you will. We just need to unite as ONE HUMAN FAMILY under One Heart, One God, One Love and operate on the laws of ONE: unconditional love and compassion. Humanity as a whole is a family together with Mother Earth and all beings and realms. We have a common mother who carries us and feeds us on her surface. We should create harmony on Earth together and be grateful to it, and not the other way around, as has been the case. Art and music reveal to us the reality behind this world, reveal to us the cosmic harmony of tones and colors. They are energy transformers. They are light codes\ vibrations for your body and soul ... through them we come closer to our soul\heart and become ONE - in the perfection of the dance of life. Life itself is like a perfect game. It is a dance of energy, time and space. It is the dance of the omniscient, the dance of Shiva and Shakti, of spirit and matter. It is the perfect love dance of Radhika and Krishna, utterly transcendental and ecstatic, which is infinite bliss. The new society on the new earth should be absolutely united by ONE heart. The new culture will express the dance and music of ONE heart. The new cosmology will be the new religion\spirituality of ONE heart. Everyone and everything will merge into ONE cosmic heart of supreme unity that is ~Trinity One Love~. The perfect dance and music of the Trinity of One Love. The perfect dance of god, goddess, all that is. And we will dance and celebrate with them as ONE HUMAN UNITED FAMILY, welcome to paradise on earth.

Therefore create, create and create, my beloved human family of light, dance and celebrate life and its primal source of life and love, from which arises ONE cosmic heart of unity ~ the heart of Amenti.

There is nothing but love, everything else is our illusion.

## Purple Flame St. Germain

All people on Earth now at this time can use the purifying and transforming violet flame of St. Germain. It is a gift to all of us. By simply invoking, we can connect with our "I Am Presence", our Higher Self, if you will. This transformational violet ray cleanses your karma and gradually transforms your consciousness to its higher essence. It transforms the emotions, mind and ego to a higher level of evolution.

You must realize that we are not just this material body, emotion or thought, but that we are an infinite soul, a monad, a ray of your "I am presence", and on a cosmic level Mahatma. The violet flame simply directs you, adjusts the right path for your soul. You will remember your task on earth and your rightful place in the cosmic dance of unity. One can create music or art and thereby give the world the light codes for the rise of the whole earth. We all need to help and support each other. On a global level, all children of light and stars should unite under One Heart - compassion and love. We are like one human family and we hold all the keys to the new world. The purple ray eventually transforms the entire civilization into a new golden age. Therefore, invoke your "I am presence" and purify yourself with the help of the seventh violet ray of light, controlled by Master Saint Germain.

### Affirmation:

I am the powerful and perfect presence of life! I am the trinity of cosmic unity! I am a fully manifested (Christ~Budha~Mahatma) Oneness unified consciousness, with all that I need to fulfill my mission on earth! I am the light of Saldanfon\Metatron, the radiance of a thousand suns! I am the energy of Mazurriel\Sanusemi! I am the energy of the Triple Flame: The Trinity of One Love! I am God/Goddess and I am one with all that is (with Paramatmatma and the holy soul)! I am One in many! I am One in the Cosmic Heart and Dance of Life! I am ONE with all that is! I Am the cosmic heart of compassion and love of supreme unity!

## Presence and Maya (3D Matrix Hologram)

In the presence of life you become life itself, you become One with it. That's why it's so important to live in the present! and to be the presence ... In the presence is all truth.

The past is no more and the future has not yet come, so why worry about the past or wait for the future? In the present is hidden your whole being, your whole divinity.

Presence observes, does not judge... As your higher self. Everything you want, all joy, happiness and love is hidden in the present. Only the illusion of separation creates misery. The illusion of separation from the source of life is created by the Matrix or Maya in Sanskrit. Maya is the illusion of the material world without a spiritual cause or source. In the Bhagavad Gita, it is abbreviated as material consciousness, when you believe that you are just this body of flesh and bones. But matter has its own spiritual essence, without which neither life nor consciousness would be possible. The human ego has separated itself from the source of life. The Buddha conquered his ego and that is the essence of enlightenment or liberation. Only living in illusion is suffering. The Buddha overcame his limited mind, like many other Masters. In the infinite presence, the mind is essentially non-existent, neither is your ego, there is only pure being now and here ... nothing is more important than your blessed presence. The Buddha explored the nature of consciousness and mind, meditating on the void where there is neither Self nor No-Self ... he emptied his mind. He realized that everything he perceives is a manifestation of his consciousness and is basically a dream, an illusion. He freed himself from the captivity of the ego and merged with the eternal presence of emptiness, but this presence of emptiness became his greatest fulfillment. The Matrix is a dream, it is an illusion of your little self, the ego if you will. By freeing yourself from the 3D Matrix and all its programs (ego and energy system) you realize who you really are. Like Neo, disconnect from the 3D matrix and ascend into the 5D holographic multidimensional Matrix. In 5D, matter is no longer as rigid as in 3D, matter flows there as streams of energy. Enlightenment has no time-space boundaries and therefore everything merges into ONE present moment. Therefore, be in the present moment, for there is nothing but your awakened presence. The mind is constantly creating millions of thoughts, programs of itself ... but essentially there is only the living presence of ONE. Sat-chit-ananda: existence-consciousness-bliss. Through your "I am presence" you become ONE in many, you are sat-chit-ananda, the consciousness of cosmic Oneness. Basically right now and here you are: ONE COSMIC HEART, ONE LOVE, PEACE AND COMPASSION.

The Buddha freed his mind and became fully awakened, enlightened. He lived in total  
the presence of life. He became one with emptiness, light, love and compassion. He became  
I AM ONE with the Cosmic Heart of Life – Supreme Unity. He lived and taught in the Golden High School  
the path of compassion for everything and thus he became our model and the perfect image of a human being.

**Gaté gaté padmagaté padmasagaté Bodhi swáha.**

Go on, go on, skip, completely skip, be anchored in enlightenment.

# Cosmic Heart of Sovereign Unity ~ Heart of Amenti

## Trinity One Love @ TwinFlame

Or the Trinity of One Love (Triple Flame) and the Dual Flame of the Soul (spiritual twin - perfect love - Twin Flame).

We can imagine the cosmic heart of unity as a cosmic heart chakra with 12 petals, lotus flowers. Each flower represents a different quality of the heart, such as love, compassion or bliss and mercy. In the center is Metatron's cube (tree of life, flower of life, fruit of life, and fruit of life).

The Cosmic Merkabah, which is outside and inside the heart, and connects all that is. In the center of the heart is the trinity (Trinity), or triple flame: Yin\Yang\Tao, Mother\Father\Child, God\Goddess\All that is (in Hinduism the trinity of Brahma\Vishnu\Shiva and in the West father\son\holy spirit) . Your inner woman\man\child, your inner unified divinity.

Your Inner Oneness with All That Is: The Trinity of One Love. In the triple flame of the cosmic heart, you are united with your dual soul – the twin flame of your soul, whether you are female or male on the physical plane. Your soul twin flame is your twin from the creation of the Cosmic Christ Egg (Mahatma). It has been your partner (twin flame) since the beginning of the creation of the cosmos. You came from the One and will return to it again. In the beginning there was unity and it split into yin and yang, but together they form a whole. This is the triple flame of the cosmic heart and the twin flame of your soul. You can imagine them as the god and goddess in love sacrifice of the entire universe with whom we are ONE.

During my journey I got to know more parts of the omniverse or multiverse. In essence, you can think of the Halls of Amenti ~Trinity One Love~ as a temple of absolute Oneness for all energies, hierarchies, elohim, cosmic beings, quadrants, angels, archangels, galactic siblings, and all your triple and twin soul flames.

The intention for all is to unite in love, compassion and cooperation with the supreme oversoul of all multiverses (paramatma). I found more levels of the Trinity One Love - Cosmic Heart and divided them into Oneness, Visnu-tattva, Bodhisattva and Christ parts. Each part of the cosmic heart is the Trinity of energies (Yin\Yang\Tao). For the Oneness energy, the avatars of Anna\Sri-Bhagavan\Krisnaji (twin-flame archetype of Shiva and Shakina Radha , holy spirit of grace). For Visnu-tattva energy it is and Krishna\Maitreya, as the perfect loving love of the twin-flames - mahabhava) are incarnated on earth, representing the energies of paramats (Supersouls) or united by divine love. For the Bodhisattva energy it is Kuan Yin and Gautama Buddha, radiating infinite compassion and love for humanity and everything on earth. For the Christ energy it is of course Jesus Christ\Sananda and Meriam Magdalene (Twinflame Christ archetype) who play a key role in the whole ascension of the earth – represent the unconditional love of the Father, Mother, Holy Spirit of all humanity. So you can imagine the overall picture of the cosmic heart as the Halls of Amenti ~Trinity One



Love~ in which there are millions of cosmic beings assisting all of humanity and Earth in overall evolution and transformation (Ascension).

## Trinity - Oneness Anna\Sri-Bhagavan\Krisnaji

I was blessed to be initiated into the deeksa by the energies of oneness - unity, liberation and enlightenment. Deeksa energy acts as divine grace from the life source of cosmic unity. Anna\Bagavan\Krisnaji are avatars on earth and they gave us a simple tool : deeksu and moola manta. They built the golden city and the university of unity. More and more people are joining them and raising the collective consciousness of humanity. Soon oneness will embrace the energy of unification of all humanity and a new golden age will be born. Chant this new age liberating mantra, feel the effects yourself, see ... miracles happen - thanks again everyone.

Moola Mantra:

**Om Sat Chit Ananda Parabrahma Purushothama Paramatma**

**Sri Bhagavathi Sametha Sri Bhagavathe Namaha**

## Trinity - Radha\Krishna\ eitanya No

This trio forms the energy of Visnu-tattva which was incarnated on Earth in the 15th century in the form of the golden avatar of Sri-Cheytanji (Panca-tattva). He taught devotional service and love for the deities Radha and Krishna. He assumed the role of Radharani in love with Govinda, falling into ecstatic states of mahabhavi, love of God. Radhi is Krishna's lover. They are the perfect divine unity and embrace the entire multiverse in their loving sacrifice. Krishna is essentially the supersoul (paramatma) of all life, as the Vedas teach. They live in the spiritual realm (brahmayoti, heaven) in goloka vrndavana and perform their pastimes forever and ever. The entire Vedic philosophy is a long study, but I recommend everyone to read the Bhagavad Gita, it is the basis of knowledge. Lord Chaitanya, by His grace, gave us the Mahamantra, the mantra of love - as I called it. You all know this mantra ÿ but no one knows its liberating effect (mukti). By simply chanting, you can cleanse yourself of ego and mayi (disconnect from the matrix). Lord Maitreya is now the planetary Christ and he was Krishna in the past life. But about the planetary hierarchy later. Radhika, Krishna\Maitreya, Chaitanya - these three in the cosmic heart of unity are like the cosmic mother, father and child (family). They are the perfect reflection of the cosmic heart of supreme unity. Radha and Krishna are the lovers' archetype of twin flames of souls (Twinflame) - perfect divine love. Therefore, my dear brothers and sisters, chant the mantra of love and free yourself from mayi (the 3D matrix of control):

Maha Mantra:

**Hare Krishna Hare Krishna, Krishna Krishna, Hare Hare**

**Hare Rama Hare Rama, Rama Rama, Hare Hare**

Love and Freedom at the end of ~~of~~ <sup>fulfill</sup> it zī! and so it is. E

## Trinity - Buddha\Quan Yin\Tree of Life

Another trinity is the compassionate energy of Bodhisattvas – those who watch over humanity with compassion and help it to awaken and become enlightened. A Bodhisattva is one who has given up his own enlightenment for others, his own happiness for others, if you will. His promise is: until the last being reaches enlightenment (liberation), I too will not enter nirvana. I will help all living beings forever and ever. Their next wish is: May all beings in all worlds be happy! We cannot even imagine such a big heart full of compassion and forgiveness. The world today is in a terrifying and insane state of suffering, so there is a need for many realized bodhisattvas on earth, exemplified by the living Dalai Lama. Perhaps we all know the story of the Buddha well... He showed us the golden middle path that we should follow and live. Together with Quan Yin, they create a perfect cosmic heart full of compassion and understanding. The Tree of Life in Kabbalah shows us the archetypes of the created universe. The Bodhi Tree under which Siddhartha became the Buddha - fully awakened, enlightened. The air we breathe creates trees. Trees are our brothers and sisters, without whom we could not live here! We must respect nature and live in perfect harmony with it. Mother Earth carries us on her surface, feeds us ... and we cannot even repay her, thank her ... after all, we are here. All of us together on Earth create one whole, along with the mineral, plant and animal kingdoms. And yet we kill animals for food! We are all one big family of Mother Earth and she needs our help in her overall transformation and ascension. Therefore, I call upon all bodhisattvas on earth to fully awaken, for they are most needed and are the perfect cosmic heart of compassion. All together

we create a perfect whole on a human, planetary, solar, galactic and ultimately cosmic level! We are all one! And it's you! And you are Me! and We are all ONE! And whatever you do to another, you do to yourself. I will repeat this ad infinitum until every living soul on earth understands this. Live the golden mean of ONE COSMIC HEART full of compassion, peace and forgiveness.

Bodhisattva Avalokitesvara's Compassion Mantra:

**Om mani padme hum**

Quan Yin Mantra:

**Namah Quan Shin Jin Pu Shah**

**May all beings in all worlds be happy, Namaste**

# Trinity - Mary Magdalene\Jesus Christ\Holy Grail

## Sarah

Christ – Is the universal archetype of the Trinity (Yin\Yang\Tao) of unconditional love. Jesus was the first to bring the Christ energy. Christ is the universal cosmic creative energy of united love. It is the unified divinity of the Father, Mother\Son, Daughter\Holy Spirit, the unified divinity within you. And it is precisely Christ's energy that transforms our entire civilization (through Christ consciousness). Through it we are connected to the god and goddess within ourselves. We are the children of a cosmic father and a cosmic mother. Jesus and Mary Magdalene perfectly represent the cosmic Christ's creative energy of unconditional love.

Jesus became Christ only after his ascension (Ascension), he became the father and the son and the holy spirit, he became the perfect image of the divinity in ourselves. His earthly journey and his teachings: Love your father/mother above all else as well as your neighbor and yourself is the basic law of the Christ energy. The hidden history of Christianity has hidden the truth about Mary Magdalene from us. She is his divine complement (2flames) and together they form the perfect Cosmic Heart (Christ) of unconditional love and forgiveness. The Holy Grail is a symbol of Christ's blood (energy) and the cup of divine love on earth, and whoever drinks from it is connected and united with Christ in himself. They had a daughter Sarah! Which carries the holy grail of Christ's blood and the energy of unconditional love.

Do you realize that we are all their children? Jesus sacrificed himself on the cross for the salvation of all mankind, to become the perfect image of Christ, the perfect image of the Divine - man. And it is precisely the energy of Sarah - the Holy Grail (the united heart of Christ - the Trinity) that will bring the entire civilization to a new level of evolution. Sarah unites the energies of Jesus and Meriam. It is the plan of the Cosmic Unity and the Cosmic Heart so that this happens and man takes his rightful place in the cosmic order, which has been written for hundreds of thousands of years. That is why the Christ Grid of Unity was created on Earth by our beloved Cosmic, Galactic and Planetary Hierarchy. If you haven't read the new Revelation, I recommend reading it. And so it will happen that after 2012 there will be a new age of Christ, a new golden age of Christ~Buddha oneness-unified civilization on Earth with our entire galactic family.

Hundreds of thousands of years were waiting for that moment. Wondering what to do to catch the waves of the Cosmic Christ? and have they not thereby missed the magnificent awakening and enlightenment that awaits us? As it is written in the bible, everyone will stand before God face to face on judgment day and will get what they deserve. I personally recommend self-realization ... The first step

self-realization is precisely the level of the Christ, the second is the level of the Bodhisattva, the third is the Visnu-tattva, and finally everything unites in the Onenne energy of Unity and Mercy. If you are on your way back home, you have nothing to fear, the Cosmic Oneness knows your heart, your intentions and your whole being. We all have our own destiny and karma and everyone belongs where they deserve. For us who form the planetary Ascension and Liberation team on Earth, the task is clear ... to work with the planetary, solar, galactic and ultimately cosmic Hierarchy to create a new Earth and a new unified civilization. We are Co-Creators with the Creator, the Source of all that is, and we are to take our place by his side, are you ready? It's up to all of us, it just depends on what we choose. We can choose Peace, Love and Unity ... We can unite as one big human family and cooperate with Cosmic Unity and be One Cosmic Heart ~ Trinity of One Love ~ (Mariam\Jesus\Sarah). The choice is up to all of us. With love and understanding for all, I AnaHaQua, the one who brought you Christ's Holy Grail ~ Trinity One Love ~. Drink from it all of you, united by One Love, One Heart, One Spirit so that we all become the One Whole that we are, my beloved human family.

Christ's DNA\RNA 12 helixes

Adama\Ewe Kadmon

13Gateway - ZeroPoint

In order to realize the full consciousness of the Christ (Trinity One Love) Divine-Human, you will "have" to fully activate your MERKABA Light Body, your Star of David, your Cosmic Heritage. It is your interdimensional vehicle, your I Am Presence, your vehicle into a new dimension of consciousness. In essence, the process of Ascension could be described as a process of awakening, enlightenment, or ascension, if you will. On your way back to the One Cosmic Heart and Cosmic Unity (back home) you are awakening the kundalini energy in your body, opening and clearing all the chakras until you reach the 7th sahasrara chakra, full awakening, enlightenment ... union with all that is. You will understand the one being, the source of all that is, with which you are united as a Trinity - male\female\child. The old teaching system lists 7 basic chakras, the new system is based on 13 chakras (13 Gateway - zero point). New chakras are opening with new energies and rays falling on the Earth and with the gradual activation of the Christ\Buddha\Mahatma - Trinity consciousness. New chakras convey new energies, information and abilities. But the most important is the heart chakra, the center of all energies and your entire being, the seat of your soul and the oversoul of all that is. The 4th heart chakra has 12 petals, swirls of energy and is a reflection of the center of the 7th chakra, which is a reflection of the cosmic heart of unity. Through it you become a unified being, Christ\Buddha\Mahatma consciousness, unconditional love, forgiveness and compassion. At the heart is the Triple Flame of your masculine\feminine part with your inner child. In your heart you have your inner god\goddess\all that is (Father\Mother\Child). That is the Trinity One Love and its meaning. Within each of you is this triple flame of divine love and through it you become one unified being, the Christ (Adam\Ewa Kadmon) in your light body. Upon full activation and spinning of the light body of the Merkaba, your DNA\RNA will change from 2 helices to a 12 helix system, gradually crystallizing your cells, allowing you access to all that is (Akash - Cosmic Library).

Activating the light body Merkaba will enable and open many new abilities such as telepathy, interdimensional travel, clairvoyance, channeling, teleportation, etc. Miracles are already happening at this level. This activation was performed by the Egyptian priests in the Great Pyramid of Giza and is now accessible to all. There is a short meditation at the end of this short book. This Merkaba is also around the entire Earth, and that is precisely the Christ's Crystalline planetary grid of unity created by the cosmic @ planetary hierarchy for the awakening of all people. We await the Hundred Monkey Phenomenon when enough people Ascend and transform into a Diamond Star. Then the entire Earth will wake up from its long sleep and become a living library for our entire Milky Way galaxy. It joins Sirius A, B and becomes Sirius C in the cosmic Trinity model. Therefore, it is both a personal and a planetary goal of the Ascension and not only that, it is also a solar, galactic and



after all, there is also a cosmic Merkaba ... How many adventures await us with the Merkaba in the ocean of unity? I look forward to your activation and your union with her.

**Hena is my father's wife**

## Archangels, Angels, Elohim and the 7 Planetary Rays

The Arch-Angel realm is purely quantum (light), they are co-creators and helpers of the cosmic @ planetary hierarchy. The highest angels are called Seraphim, they are grouped around the divine throne, where the cosmic Christ sits, as humanity does not know Him.

The Elohim are the first creators of the material world, also known as the Wing Makers.

Metatron and Metatron's cube is the universal logo of all archangels and Elohim. It is the basic matrix of the cosmos, the cornerstone of the entire universe.

All the Platonic solids are contained in Metatron's cube. Archangel Michael is the leader of all archangels, he is the one who will fight against evil (the dragon) in the new Revelation (Bible) and win. All 999 angels are released into the world through his mighty furnace.

He works with the Ashtar fleet and with Sananda (Jesus). All are assisting Mother Earth in her ascension and new evolution during these times of transformation. This does not mean that they will do all the work for us, because that is up to us people. That's who we are embodied on

Earth and we live on the material plane. An old proverb says: god has no hands, only yours. And so it is that we are the ones who can create a new paradise on Earth.

There are 7 basic rays of pure energy of creation, each with different qualities, frequencies and radiating properties. Each of the archangels and elohim (after pairs of yin and yang) is in charge of one ray.

Finally, there are the planetary beam masters (Cohans), but more on them later. The basic teaching states 7 rays, the new one brings 12 rays and I have personally heard of 30 rays according to the Ascension teachings. ([www.vzestup.stesticko.cz](http://www.vzestup.stesticko.cz)) I personally recommend studying the teachings of ascension, where you can find the new cosmic hierarchy of our creation, etc. Rays of light can be used, called, and worked with their qualities within. You invoke a certain cosmic power and quality.

#### 14 Planetary Archangels (7 rays)

1ray : Michael @ Faith

2ray : Jophiel @ Christine

3ray : Chamuel @ Charity

4ray : Gabriel @ Hope

5ray : Raphael @ Sister Mary

6ray : Uriel @ Arora

7ray : Zadkiel @ Amethyst

#### 14 Planetary Elohim (7 rays)

1ray : Hercules @ Amazonia

2ray : Apollo @ Lumina

3ray : Heros @ Amora

4ray : Purity @ Astrea

5ray : Cyclopa @ Virginia

6ray : Peace @ Aloha

7ray : Arcturus @ Victoria

I will not list the other rays of light, because the esoteric teachings differ. I will say but you that according to the teachings of Ascension, the 8th ray is crimson, the ray is unconditional of love, the ray of Christ and Lady Nada helps to spread it on Earth. Another cosmic one rays 9 - 30 can be found in the Ascension teachings of Mili and Oja of Hawaii. I'll elaborate on that later in the next topic, where we will analyze the cosmic @ planetary hierarchy of the earth as how people don't know her. Stay in your heart and light.

Cosmic and Planetary Hierarchy of the Earth , Mist and Hell

Melchizedek or Brotherhood of the Grand White Lodge

~SHAMBALLA and ARGHATA~

These masters of light (ascensions) have been here since the beginning of our galaxy's evolution. They came to earth during the time of Atlantis and Lemuria. Thoth collaborated with them in the temple of Alore, the temple of enlightenment and unity. Most of the Masters of the Order of Melchizedek have incarnated on planet Earth such as Buddha, Jesus and Krishna. They all worked together for the evolution of humanity, bringing new teachings and sciences. They maintained the evolution of the planet towards the primordial source and the supreme cosmic unity. Now the long-awaited time has come, the new golden age of the earth. Lord Maitreya, our planetary Christ, was on earth as Krishna. He is the president in the office of Christ on earth. By his side are 2 deputies, helpers. Manu Allah Gobi (Government Political) and Mahacohan St. Germaine. (spiritual government - represents the holy spirit). The Planetary Logos is Lord Budha (formerly Sanat Kumara), he perfectly represents humanity in harmony with nature and mother earth. (Animal, Plant and Mineral Kingdoms). Next, we have the Masters of Rays, the so-called Cohans. Each has a focus on different parts of the evolution of our civilization.

- |                                  |   |
|----------------------------------|---|
| 1 Cohan @ ray : El Moyra         | – spiritual leadership and political system                         |
| 2 Cohan @ ray : Kuthumi          | – spiritual education, teaching system (universities), all teachers |
| 3 Cohan @ ray : Serapis Bay      | – trading at all levels   |
| 4 Cohan @ ray: Paul the Venetian | – new age art, music and beautification of the world                |

5 Cohan @ ray : Hilarion

– New age science and technology

6 Cohan @ ray : Sananda\Jesus - The Unification and Explanation of All Religions, Minister

7 Cohan @ ray : Wed. Gertmain

– new golden age of organization and reconstruction of  
civilization (new Jerusalem 144)

So this is our planetary hierarchy. The solar hierarchy is presided over by Helion and Vesta, the solar logos. The Galactic Hierarchy already has many divisions, councils and orders throughout our milky way. Lord and Lady Sirius in the great white lodge on Sirius, which is the spiritual center (Library) of our galaxy. They are there along with Lord Surea who is in charge of the evolution of our entire region of space (quadrant). There are most of the ascended masters such as Vywamus, Jawl Kwul, Sanat Kumara, Lord Sian and many others. The Galactic Federation of Light is in charge of the billions of inhabitants of our entire galaxy, it is a huge organization both political and spiritual and they all work together for the overall evolution of our galaxy under the order of the primordial source.

Mechlorior is our galactic logos. The next chamber is Lord Arcturus and Athena Arcturus, the most advanced part of our galaxy. Melchizedek is our universal logos on all levels. The Mahatma is the avarar of the synthesis and unification of 25D, the great soul of the cosmos, the solar Christ's cosmic golden egg. Furthermore, the lodge is archangelic and elohimic. Paramatma could be translated as the oversoul of all that is (pervades everything), contained in every material and immaterial atom. Shiva, Shakina and the Holy Spirit as another archetype of the trinity of supreme unity.

In the end, we are left with the trinity of the cosmic Christ – (the cosmic heart of the Trinity) – Father, Mother, Child – the Triple Flame of the entire cosmic supreme unity (the logos of our known universe Lord and Lady Athena, the ruling god/goddess on all 144 Dimensions).

Beyond this plane are "only" the multi-universal controlling Lords and Ladies of all cosmic manifestations (oval entities 360.D). This is the level known as Maha-Visnu. Above this plane are the governing gods and goddesses of all cosmic manifestations up to dimension 4,000, who are known as Lord and Lady Agapé, Averil and Rize, above them is only the primordial source of all that is. Everything originated from there and everything returns to it through the path of evolution. The beginning and the end of everything in the endless spiral of creation. The primordial source of all life, all that is. I have tried to make clear to you the hierarchies of our known universe ... In our entire multi-universe there must be billions of trillions of beings on all possible and impossible levels ... One can only look in awe at the night sky full of stars and with a sense of awe fix one's consciousness on the navigator of wholeness and the supreme cosmic unity, the source of all life.

## The Sacred Geometry of the Flower of Life and the Crystalline Core

### Units 144

The flower of life appears in all ancient cultures of the earth, it is the sacred geometry of the tree of life. It is a unified field of all energies, a new teaching of the perfection of cosmic unity, a new science along with religion\spirituality. These sacred geometries are essentially new light codes for our multidimensional being (energy system). These sacred light codes and perfect geometry open a new awareness of the Oneness of all that is. We are all One Living Being and we are all equal. The Flower of Life contains the Seed of Life (7-day creation), the Tree of Life, the Flower of Life, and finally the Fruit of Life. It perfectly represents the cosmic process of life, at all levels of the micro and macro cosmos. In the ultimate scale, it represents the perfect Metatron's Cube, which is the cornerstone of life and the entire cosmos. It contains all the Platonic bodies and is the key to activating the MERKABA light body and understanding the crystalline grid of unity which is essentially the planetary MERKABA. We must understand that hundreds of thousands of light beings have collaborated on this p

the last X thousand years for the enlightenment and well-being of all of us who live on Earth right now. We can simply tune in and connect to the planetary grid of unity (144 crystalline grind) and assist the entire process of transformation\ascension. This grid of Christ brings such information as: We are all one, we are all equal, we are all love, we are all one family. It was our wish to come here at this time of the Ascension of Earth and all that is upon it. It was our promise we made to help Lady Gaia\Vywamus (Mother Earth and her TwinFlame) ascend and transform. This applies to our entire cosmic family of El-An-Ra (children of the stars, starseeds), but also to the entire human family! Everyone must accept their full responsibility in this process of human evolution. We must learn to live in harmony with the Earth and everything on it, otherwise I fear most people will not survive this crystallization process. Because the human body must be prepared for the new energy that comes from the center of our galaxy and the cosmos. Human DNA will gradually change to full 12 strand Christ DNA\DNA. The truth must be fully revealed to the world, but unfortunately some will not accept it and will continue to cling to the old system that is not working and will soon collapse. The new system and the new hierarchy is based on the laws of the primal source of life and love. The new golden age civilization will arise from a new full unified consciousness of CHRIST\BUDDHA\MAHATMA, uniting and connecting in love, peace and harmony on all personal, planetary, solar, galactic and cosmic levels of creation. All of us who have chosen this process of crystallization and transformation: We form the planetary team of Ascension and have the task of anchoring (and awakening as many people as possible) on Earth the full consciousness of cosmic unity (Christ\Buddha\Mahatma), the primordial source of life and love. We are the ones who will create a new golden age civilization after the fall of the 3D matrix system or máyi. This fall dates back to the end of the year (cycle) 2012. In 2009, the great master portal 9:9:9 (the activation of the Atlantean Emerald crystals) opened, as well as 11:11:11, which will be fully activated in 2011 ~ Jonnathan GoldenChild~. A climax that prepares us for the cosmic ascension of MerKaRA 12:12:12. We have full support from the entire cosmos and the first contact is outside the door. So my dears, the choice is up to each of us, which way to go. Live in love

and harmony.

## Meditation of Unity ~ Halls of Amenti ~

### ~Trinity One Love~

**(Activation of Mekrab – Tetrahedron Star – Light\Crystalline Body)**

Sit comfortably and calm your body and mind by inhaling and exhaling (deep breathing). Call upon all beings of light and love (archangels, seraphim, masters and guides). Breathe deeply and clear your mind with your breath until it is empty and still as the surface of the ocean of cosmic unity. You are one atom of all creation and connected to all that is. You are one drop of the ocean that is connected to the entire ocean. You are connected to the entire universe and to mother earth. Light flows down your spine: up to the center of the cosmos and down to the center of mother earth, with each breath in and out. Each of your chakras will be spun to your highest possible level by this powerful source of light and life. Your identity is located in the center of the spiral (shushumi), in your heart, there is your true self, your soul\atma. In your sacred cosmic heart, your Trinity One Love is your inner woman\man\child, or god\goddess\all that is (yin\yang\tao) if you will. Through your heart you are connected to all that exists, through all dimensions and levels of creation on the vast spiral of light in your spine. This spiral of c



unified divinity, your "I am presence of love, compassion and mercy," fully awakened unified Christ consciousness. Every cell in your body has received information and a crystal from this 12 DNA\RNA (Adam\Ewa Kadmon) spiral, so your whole body begins to radiate light. Imagine a MERKABA field (pictured) around this spiral and your body. Ask all beings of light, archangels and guides to help you activate the MERKABA field. During this activation, the cosmic eye of the Mahatma (in the 3rd eye) will open to you by inserting the sacred codes and geometry of the Metatron's Cube. Now this interdimensional instrument will start to rotate, both prisms in opposite directions (for a man - upper part to the right, lower part to the left, for a woman the opposite). Breathe deeply. Use intuition. It starts spinning more and more until it starts connecting with the whole spiral of crystalline light in your spine and all the chakras and your whole aura. Take a deep breath and activate the MERKABA gradually to the speed of light from 1,000 - to 10,000 (everyone can handle it, I recommend activating it at a stable 9/10 of the speed of light - 10,000 is the speed of light). At this speed of light you feel like you are exploding, your heart is receiving and radiating an incredible amount of primal light and love. At the bottom of the spine, a galaxy will be formed - a disk with a diameter of 16 m, and your Aura will expand to 2 km from your body, forming a golden ball of light. At this level you have "fully" activated your personal Merkaba field. Next, move to the center of the Earth (Hall of Amenti) and spread this light field around the entire Earth, with the same intensity at the speed of light. You will find that you are the Earth itself and there are millions of beings and parts within you, just as in your personal body of cells... This is the MERKABA planetary body, you will realize the interconnectedness of all life on Earth, all minerals, great Atlantean crystals, plants, trees and animals, humans, all the elements and higher beings, whales and dolphins, and the whole range of the etheric realms of Shamballa and Arghat. The crystalline grid of unity binds everything together into one beautiful whole that plays a beautiful harmonic song... all is one on a planetary level. Next, expand your Merkaba field to the solar level of our golden sun with all the planets. You become the sun and our entire system, you are a light being radiating golden light, nourishing billions of beings throughout our system with this light. You are our entire solar system, you are every planet and every being in it. This is the MERKABA Solar Field. Next, extend the Merkaba field to our entire galaxy. You will become the center of our milky way galaxy, where the greatest source - the central sun - is the primordial light and prosun for our galaxy, thousands of suns shine, nourishing our entire galaxy. You will be every solar system, star, and every variety of being on every level of creation in our galaxy. You will be a galactic whole, united with every part in our galaxy. You will realize that you are trillions of living beings. This is the galactic MERKABA field, enjoy this feeling, breathe and just be what you are. Next, expand the Merkaba f

Mahatma level (Golden Christ Egg of all 25D). At this level you are all that is in 25D, golden light. Continue even further, to the level of the Omniverse, the level of the One. (our multiverse, the cosmic unity of all 144 Dimensions). You become the entire micro and macro cosmos. At this level you are one with our entire cosmos, you are a cosmic being (Trinity Christ) of light and you have billiards trillions of parts of yourself in all quadrants, galaxies and in all beings. At this level you are united with our ruling cosmic God\Goddess\All That Is (Lord\Lady Athena). At this level we are all equal as one being in all that is. This is the cosmic heart -Trinity one love-. This is the Halls of Amenti -Trinity one love-, this is the seat of our cosmic Lord\Lady Athena and all 144,000 temples of the entire multiverse, beings of light, arch@angels, seraphim and cosmic beings. All are around the divine throne - the heart of the Trinity of supreme unity. Here the endless celebrations of the entire cosmic manifestation take place. At this level we are all ONE: ONE, LOVE, PEACE, COMPASSION, HUMILITY and MERCY.

Give thanks to all involved, give thanks for the help you are constantly receiving from the higher worlds (even if you may not be aware of it). Enjoy these moments, stay in the temple of unity as long as you want. If you looked around you would see many other temples = cosmos and cosmic manifestations and "above" them you would see the primordial source of life and love. Everything that is has its own evolution, meaning and order of things. Breathe and now slowly withdraw your full cosmic consciousness from the temple of unity ~Trinity One Love~ to the galactic plane, back into the sun, mother earth, and finally into your body and heart. Slowly wake up to waking consciousness. Thank you for participating in this meditation -Trinity one love-. Let it be communicated with love to all who ask for it, and be the means of our unification. From now on, you are forever connected to the MERKABA light field and the cosmic heart @ the temple of unity ~Trinity One Love~. Remember one thing: **Love is the key to everything.**

Namasteeee

## Porogramming Merkaba and Siddhis

If you have activated the light\crystalline Merkaba field, you can consciously program it. You got a brand new High-Tech computer, but there is no software on it. This Merkaba field is absolutely the living consciousness upon which it forms

for example, a galaxy and basically it looks like that. But you have to practice and get better at using the Merkaba. The Merkaba sets off an alarm for your higher Self (I Am Presence) and draws it into matter. It is a vehicle for Ascension, or a Multidimensional Vehicle. Some Siddhis - psychic abilities - like telepathy, clairvoyance, materialization of things and events in your life, etc. may also be triggered. I would like to warn you not to get confused by these things, even though your ego might like it, but for development the soul is the necessary path of love. So it is best to do the merkaba meditation every day, otherwise its consciousness will wane. You can program it in a simple way - by intention. After the disc (16m galaxy) flies out at the end of your spine, you can start programming. You create an intention with your thoughts and direct It to the Merkaba.

For example: Provide me with infinite abundance, love, harmony, peace, tranquility in my life and radiate it to the world. There are thousands of ways to program, just as there are thousands of ideas. Be creative and think of the law of love. You can program Crystals in the same way.

I wish you much success, especially in mastering the lessons of the heart. With  
love AnaHaQua~Jonnathan GoldenChild~EnaMaTaru

# Hooponopono

Aloha Hawaii. When you have come as far as I have and experienced the activation of the MERKABA light body and returned "home" to the one heart and full consciousness of Trinity One Love in the Temple of Cosmic Unity, receive the Hawaiian technique of Hooponopono. This beautiful and simple technique will help you on your way to wholeness by clearing all negations from your subconscious, conscious and unconscious. It connects you to your inner Divinity, which is pure unconditional love and compassion in action. It is a simple method of constantly clearing thought programs, by constantly repeating positive affirmations: I'm sorry, Please forgive me, Thank you, I love you. We say these thoughts in our mind to everything and everyone... To all problematic relationships and life problems. We just forgive them and start loving them again. Hooponopono acts as your navigator of unity on the way home, to the full consciousness of love and To the zero state of emptiness where there is no duality - good and evil. This technique has miraculous effects, spontaneous healing... (Love heals). By constantly repeating the affirmations: I'm sorry, please forgive me, thank you, I love you, you are purifying yourself and heading home - to Heaven on Earth. I recommend this beautiful Hawaiian Hooponopono technique to everyone, brought to us by Dr. Hew Len ... Thank you again, I love you. Namaste

## Arcturus Wall Scroll Race: Acurian Corridor

The civilization from the constellation Arcturus is one of the most advanced in our galaxy: the Milky Way. They have the most advanced light technology for healing our physical and subtle bodies (Energy System). They also help us in these times of Ascension of Earth and all that is upon it. So is our entire galactic family – the Galactic Federation of Light. Take advantage of Arcturian technologies and Arct. A corridor for your healing and harmonization. You can find many channeling materials from Arct on the Internet. Corridor. Please take advantage of the help that is offered to you. My blessings on the path to all beings, may we all be happy. Love and Compassion Will Win!

## **Makers of Wings, Order of Lyricus, and Temples of Events**

The Wing Makers are also known as the Elohim Makers. These vast projects were created by the mysterious James, who I believe is from the future.

The Wing Makers Project has its own new culture, cosmology, philosophy, music and art. I highly recommend everyone to check out the websites of the Wing Makers, the Order of Lyricus, and the Event Temple. All these projects are filled with lots of useful and beneficial information. I would like to mention some major works such as "Life from the Heart" and "6 Virtues of the Heart" ... also of course concepts such as the Unity Navigator and the Sovereign Unity, which inspired me a lot and I used them throughout the ~Trinity One Love~ project. I will not elaborate further on the cosmological and philosophical aspects of all three projects, but it is more than clear that they are created by a source intelligence. The entire Trinity One Love project should also be directed towards the discovery of the Great Portal, the interconnection of all divine-humanity (and its true galactic heritage known as Adam\Ewa Kadmon in Paradise on Earth). In one heart, one god, one love, peace and compassion in action. My thanks to James for his great work. Namaste

## **Exposing the Dark Government of the Anunnaki\Illuminati**

As the last article, I will present the control of our global government and banking by the anannuki\illuminati who want to completely enslave humanity, oppress and who knows what else (depopulation) - the new world order. Please understand that this secret agenda has been around since the fall of Atlantis and Lemuria, controlling the central banking system and our state governments who are like puppets playing their game. I'm not saying all of them, but for example the CIA, FBI and NASA are part of them, concealing true information about the Bermuda Triangle phenomenon, UFOs, free energy (N. Tesla technologies), and many others. In their archives you would find true information and technology that would completely liberate humanity, and of course they don't want that. Fortunately, there are the NESARA (new financial system based on gold) and KOS (King of Swords) projects. You can find this and much other information on the Internet. I just wanted to indicate the situation humanity is in. Unless we unite as one human family (and join the realms of Arghata and the Galactic Family), the Anunnaki plan to take over us completely. But it is obvious that he will never succeed in this plan. There are more and more awakening people and the transformation of the whole planet. The rise of Earth (Gaia\Vywamus) is inevitable, you can either join or leave to other levels. That's how I see it... So the choice is up to each of us. On the one hand there is self-realization (of the higher self and golden age civilization) and on the other hand you allow yourself to be controlled by a 3D system that does not work. That's right, choose carefully because we've been waiting thousands of years for this incarnation. May strength, love and wisdom accompany you on your way to one heart (cosmic unity).

Addendum on 12/12/2009 ~ 12:12 key ~ As my latest sources of information say that there will be an arrest (Anunnaki) and full exposure (NESARA, KOS, FIRST CONTACT) of our Gaktic brothers and sisters as well as our Arghat underground realm and that 2010 at the earliest. We have much to look forward to, my friends, brothers and sisters of one human family.)

## Closure Under fitting

I named this short "manual" : JENOHO's story (or the way to sovereign wholeness and unity). Because we are all ONE WHOLE, ONE PURE PRESENT BEING ... the supreme totality of cosmic unity. So how are you? you see, we are in the final end of the great drama called Armageddon, or the last battle between light and dark that has been going on for millions of years in the galactic scale (which takes place inside each of us). My wish is to give you these texts brought comfort that the new golden age of the 6th sun is indeed here, and may these texts be to you helpful on your path to happiness and wholeness. They reveal to us the worlds beyond this 3D the world of the Matrix control (Anunnaki and Illuminati - fallen angels) that most people he does not know and lives in the unconscious. But don't forget that we the people create society, not our governments. My main wish is to reach as many people as possible woke up from a long sleep and we all came together as one big human family, thus creating a collective force capable of moving mountains. Then we would work together all cosmic and planetary hierarchies and created a new paradise on Earth. (Terra Nova) So walk the path of one heart, one love, one peace and compassion. One of living consciousness which is -Trinity One Love-. Be happy, sing and dance in the rhythm of one life and heart with which you are ONE.

We are one human family.

Sadons, Sadons, Sadonay!

Love and truth will win at the end of the age E

Ana hu este slope namo stu te eko laima de Taja



I would like to thank everyone who inspired me to create the Halls of Amenti ~Trinity One Love~ project, everyone who helped me on the path of wholeness and unity. First, to my human family, in which we are all equal (and to those who are already on the path of Ascension). Further to the cosmic family of El-An-Ra 144k, the energy of the cosmic Christ, Bodhisattva, Visnu-tattva and finally the merciful energy of Oneness (rays of cosmic unity 1-30). Arch @ The Angelic (Seraphim) Realm for their protection and healing, the Planetary Hierarchy for awakened consciousness and learning, the Solar Hierarchy for eternal nurturing light, the Galactic Hierarchy for their assistance to all of us on Earth. Cosmic Hierarchies for the all-unifying love that we essentially are. Order of Lyricus for their inspiration as a navigator of wholeness and awareness of the supreme unity, the primal source of life of all that is. I thank all life for allowing me to be a part of this magnificent transformation and ascension on Earth. It was my desire in the temple of unity even before incarnation, to help all on the path of Ascension and bring the unified consciousness of the cosmic heart ~Trinity one love~. It was my vow that I made and I thank the Trinity of Oneness - Anna\Bhagavan\Krisnaji for remembering (plus Anandagiri and Samadarshini). Drunvald Melchizedek for the Secret of the Flower of Life and many others who helped me on my way to the unity of one heart. My journey is now at the end of one spiral, another begins when we all unite in one heart, love and compassion.

Thank you to all of you who have read this far and thank you for each additional expansion of these materials. We are all going through a process of Ascension and Crystallization of Consciousness. We help Mother Earth go through this process of transformation as her beloved children - the children of the new paradise. One more big thank you is to my Twinflame being on earth (EnaMaTaru) who unknowingly inspired me - to wake up and help everyone. Thanks to all of you on the journey of ONE HEART, ONE LOVE, ONE HUMAN FAMILY.

With love and gratitude to AnaHaQua\EnaMaTar (cosmic children of the Three Ray ~Trinity One Love~ unified consciousness of cosmic unity - the central sun of Alcyone\Sekhmed).

It is the wish of all cosmic beings, arch@angels and masters that you receive the ~Trinity One Love~ into your heart and unite in it - for in it lies the unity for all the children of the new paradise on earth. Calm and Peace in me - forever.

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~o~ 3NITY COMPANY ~\*~ °

Anyone interested in this short text and would like to join and support the whole project of Halls of Amenti ~Trinity One Love~ can send any amount to a paypal account. I would use the money to further expand the entire project and humanitarian aid to all of humanity. I plan to publish a book and further expansion of materials\information, the second part in 2010. My final vision of the whole project ends with the construction of the temple of New Jerusalem 144 ~Trinity One Love~ based on the sacred geometry of the Flower of life 13 temples - the main palace "center", academy, library, research center of science, technology, government, economy, art, etc. (new office\government 12 major x 12 = 144 avatars\officials\scientists\artists - cosmic Christ\Buddha\Mahatma\Oneness of unified consciousness ), around which a new Golden City would be built and the golden age would be fully manifested on Earth. We would unite with the Arghat empire, our entire galactic family and all cosmic hierarchies :) A beautiful vision of the end of the old civilization and the beginning of a new golden era. Unconditional Love, peace and compassion triumphed over all. Namaste ~o~

In the One Cosmic Heart of Amenti ~Trinity One Love~  
with love AnaHaQua ~ Jonnathan GoldenChild~ EnaMaTaru

Trinity One Love Website:

3nityOneLove.ning.com (Community)

email: anahaqua@gmail.com

Inspiration from books:

Bhagavad Gita and the Vedas

Bible

Conversations with God and co.

Teachings of Ascension from Oja and Mili of Hawaii

The Secret of Amenti

A Dawn Message from the Pleadians

The Keys of Enoch and the Emerald Tablets of Thoth

Chakras and Nadia, the Energy System of Man

Secrets of the Flower of Life 1,2 and many more...

Info on the website:

[www.lightworkers.org](http://www.lightworkers.org)

[www.iamuniversity.org](http://www.iamuniversity.org)

[ee.dunres.sk](http://ee.dunres.sk)

[rise.stesticko.cz](http://rise.stesticko.cz)

[www.onenessuniversity.org](http://www.onenessuniversity.org)

<http://www.ascendpress.org/>

<http://www.oneworldacademy.com/>

<http://sunchildren.ning.com/>

