

Welcome to AIESEC in Tunisia - Sousse!

Introduction:

Dear Exchange Participant,

Welcome to your upcoming adventure with AIESEC in Tunisia. We are thrilled to have you as part of our global community, and we want to ensure you have all the information you need for a fantastic experience. This Setting Expectations guide aims to provide you with essential details about Tunisia, your stay, and what to expect during your volunteering period.

About Tunisia:

Location and Geography:

Tunisia is a beautiful country located in North Africa, bordered by the Mediterranean Sea to the north and the Sahara Desert to the south. Our city, Sousse, is known for its rich history, vibrant culture, and stunning beaches.

Language:

Arabic is the official language, but French is widely spoken, especially in urban areas. English is also understood in tourist and business settings.

Weather:

Tunisia has a Mediterranean climate, characterized by hot, dry summers and mild, wet winters. Be prepared for warm temperatures during your stay.

Cost of Living:

Tunisia offers a relatively affordable cost of living. Here are some approximate costs:

- Meal at a local restaurant: 1€ - 2.5€
- Public transportation: 0.30€ - 0.80€
- Basic groceries (fruits, toiletries, Cleaning supplies...): 14.80€ - 20.70€ per week

As total to have a fulfilling experience with daily outings and activities expect to bring a budget of around 450 € to 590 €.

Accommodation:

Your accommodation details will be provided closer to your arrival but it will be one of these options depending on your arrival date:

- An Exchange Participants house: A house with the other male or female EPs depending on your gender
- A host AIESECer: Enjoy your experience with one of our members and live with him/her the Tunisian lifestyle
- Hosted by the opportunity provider: for some opportunities, the opportunity providers will be providing our exchange participants with the accommodation.

AIESEC will ensure a safe and comfortable stay for the duration of your exchange equipped with all the essentials after paying the fees:

- Project fees: Mentioned on the website when you applied for the opportunity

- Damage fees: 20\$ that you will receive back at the end of the experience in case the accommodation was not damaged during your stay.

Packing Essentials:

- Comfortable clothing for warm weather
- Beachwear
- Hat, sunglasses, and sunscreen
- Modest clothing for cultural respect
- Power adapters (Type C, E)
- Personal toiletries (toothbrush, toothpaste, shampoo, etc.)
- Comfortable footwear

Cultural Dos and Don'ts:

- Dos:
 - Embrace the local culture and customs
 - Use polite greetings and expressions
 - Try local cuisine and engage with the community
- Don'ts:
 - Avoid public displays of affection
 - Dress modestly in religious or conservative areas
 - Refrain from negative comments about local customs or traditions

Health and Safety:

- Ensure you have travel insurance covering your stay in Tunisia
- Follow basic health precautions and stay hydrated
- Familiarize yourself with emergency numbers and the location of nearby medical facilities

Important Contacts:

AIESEC Tunisia Support: Reach out to your EP buddy on WhatsApp or on the phone

Emergency Services: 112

Police: 197

For more numbers: [Visit this Link](#)

Conclusion:

We hope this guide helps you prepare for an incredible experience in Tunisia. Feel free to reach out if you have any further questions or concerns. We can't wait to welcome you to AIESEC in Tunisia!

Best regards,

Ahd ElHammami

Local Committee Vice President

Incoming Global Volunteer

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