

Relationship & Intimacy Coaching for Men

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A lot of men strive to be the best partners and lovers they can be to their women but are often confused and discouraged by repeated breakdown in their intimate relationships.

Plenty of men have the character and skills for positive relating but can struggle to connect them with their intimate partner. Harmful socialisation disrupts and poorly equips most men to match the intimacy and emotional presence their partners seek.

Raising awareness around the misuse of power and control is an important step in moving forward, but shaming, blaming and retaliation blocks progress. Toni's Coaching enables men to take responsibility while maintaining their dignity.

Toni offers men an opportunity to practise relationships. Coaching entails three Phases: Relationship Culture, Mastering Pleasure, and Erotic Coupling. Each Phase is completed over 4 sessions: Prepare & Briefing, Date, Study and Activate. Reflect, a final one off session is done on completion of all three Phases.

Toni creates a safe environment for learning and growth to occur naturally and effortlessly. When challenges arise in the learning experience, and are responded to in a safely held, respectful and caring space, new and positive ways of being emerge.

Relationship and Intimacy Coaching is for men ready to:

- Become a more integrated, awakened, and tender man, capable of bringing compassion, deep pleasure, and joy to himself and those he loves.
- Combine his masculine strength and power with the sensitivity and receptivity essential to transform his intimate connections.

Love does not have to be perfect or permanent in order to heal and transform us. We only require temporary and 'good-enough' experiences of love and belonging to begin building an internal locus of control.

- Caffyn Jesse, Science for Sexual Happiness

To request the full course information package please email info@shemewe.com.au





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