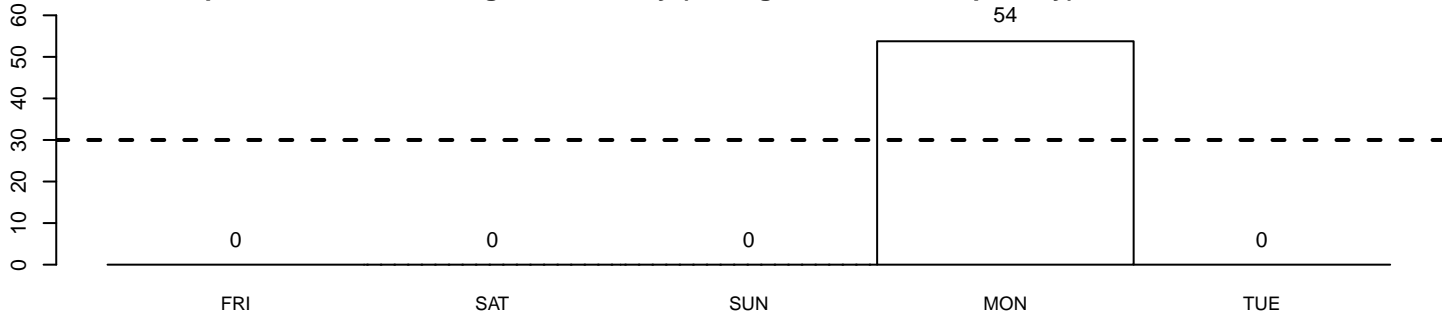
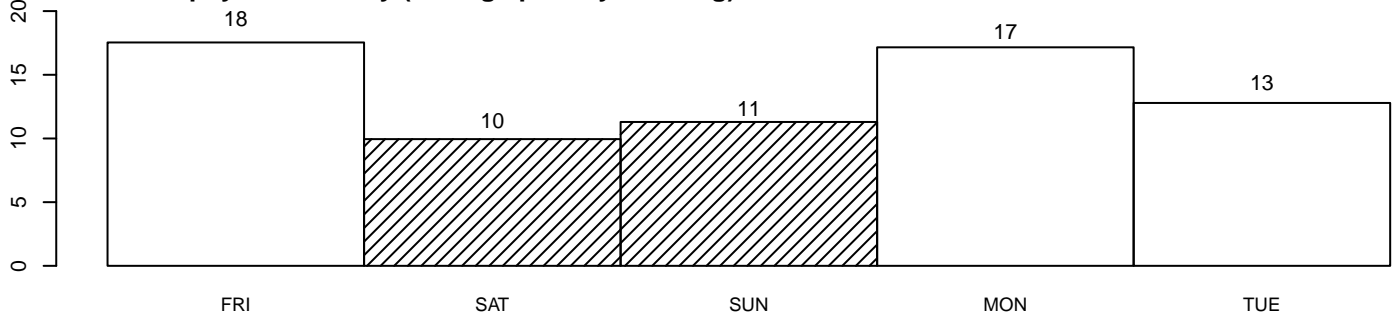


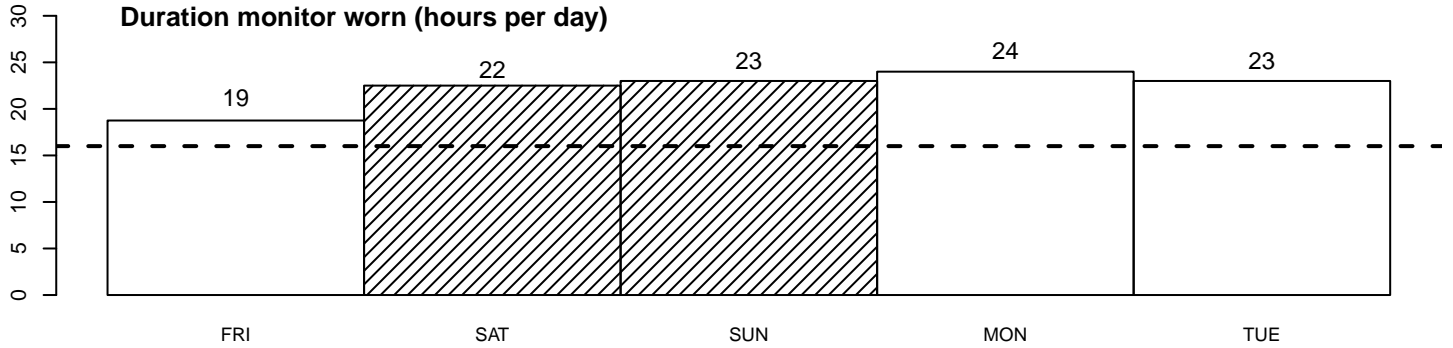
Time spent in moderate or vigorous activity (average is 11 minutes per day)



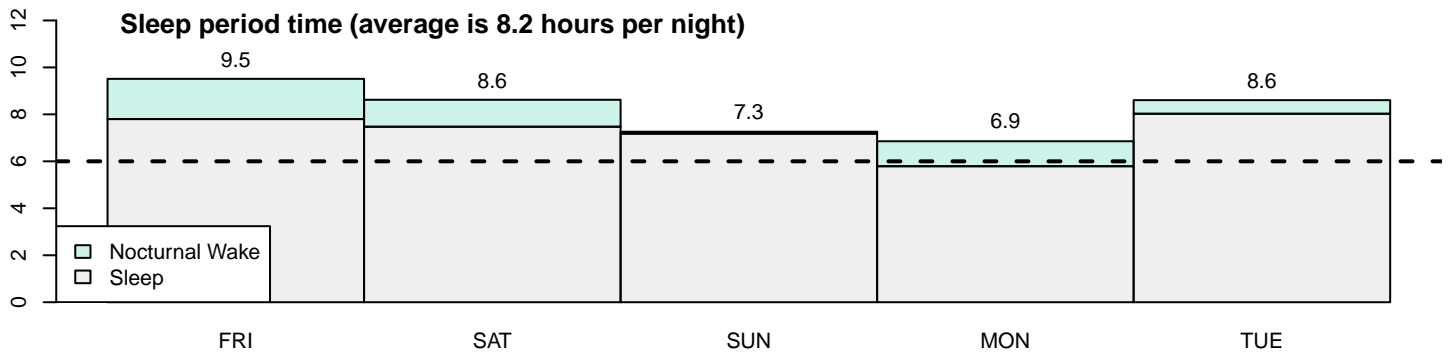
Total physical activity (average per day is 14 mg)



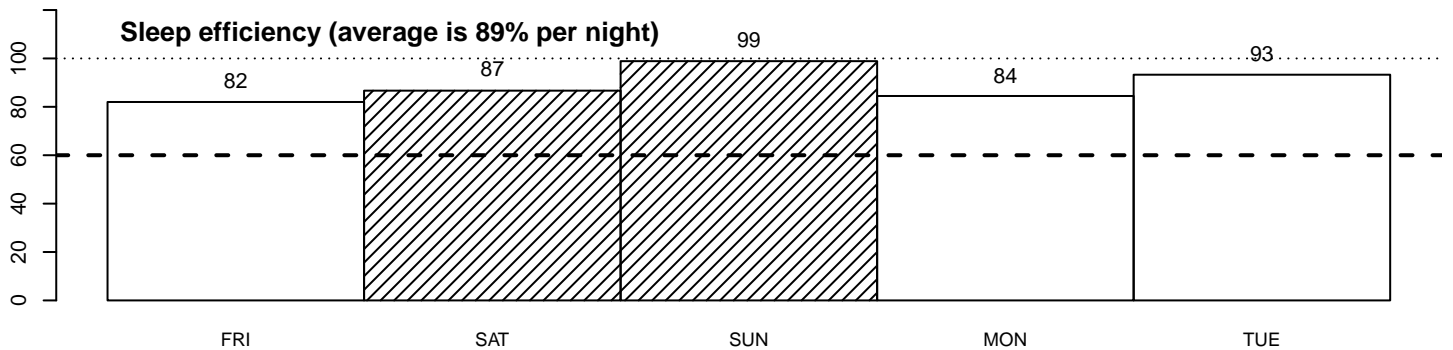
Duration monitor worn (hours per day)



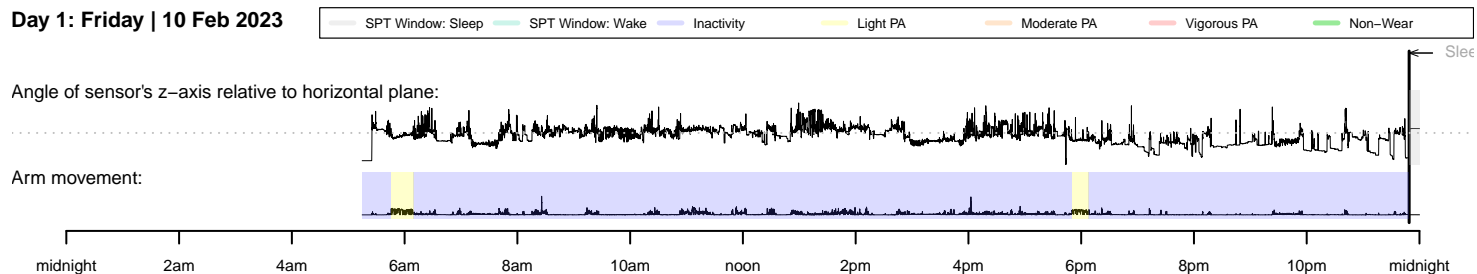
Sleep period time (average is 8.2 hours per night)



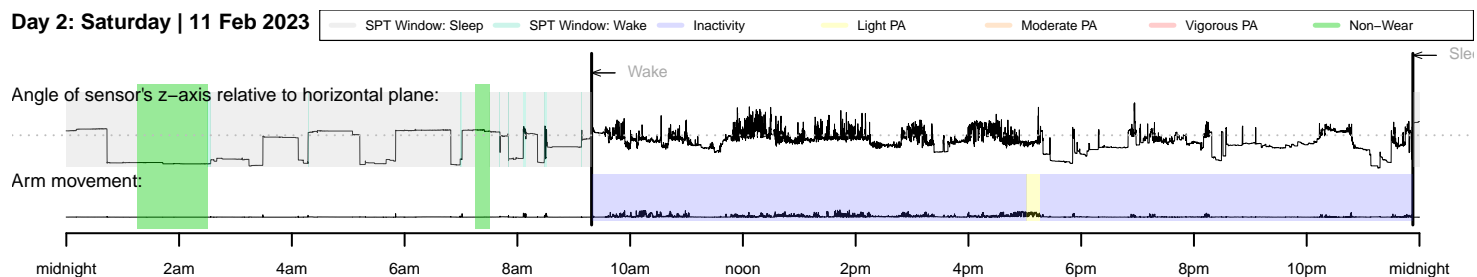
Sleep efficiency (average is 89% per night)



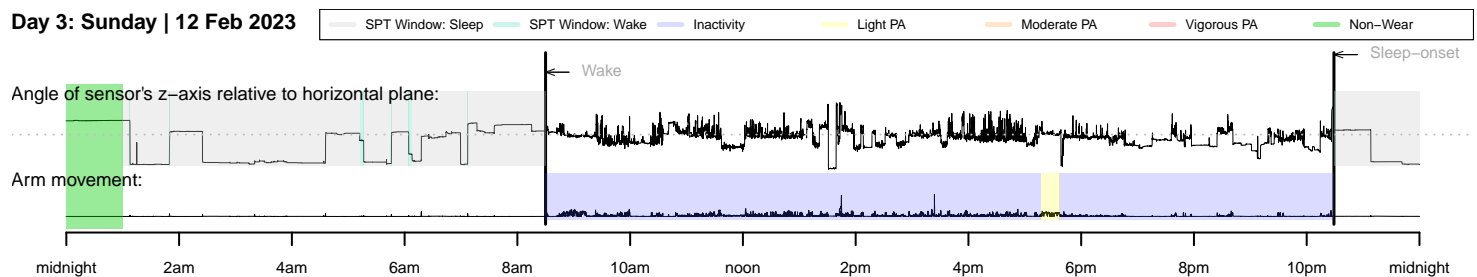
### Day 1: Friday | 10 Feb 2023



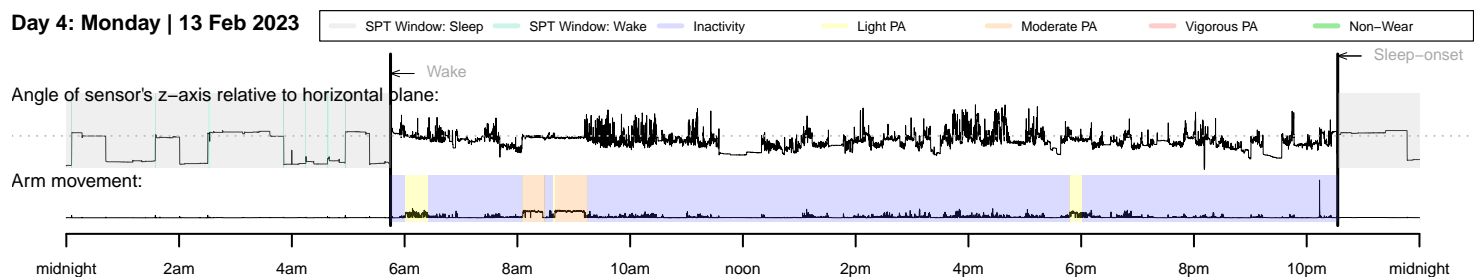
### Day 2: Saturday | 11 Feb 2023



### Day 3: Sunday | 12 Feb 2023



### Day 4: Monday | 13 Feb 2023



### Day 5: Tuesday | 14 Feb 2023

