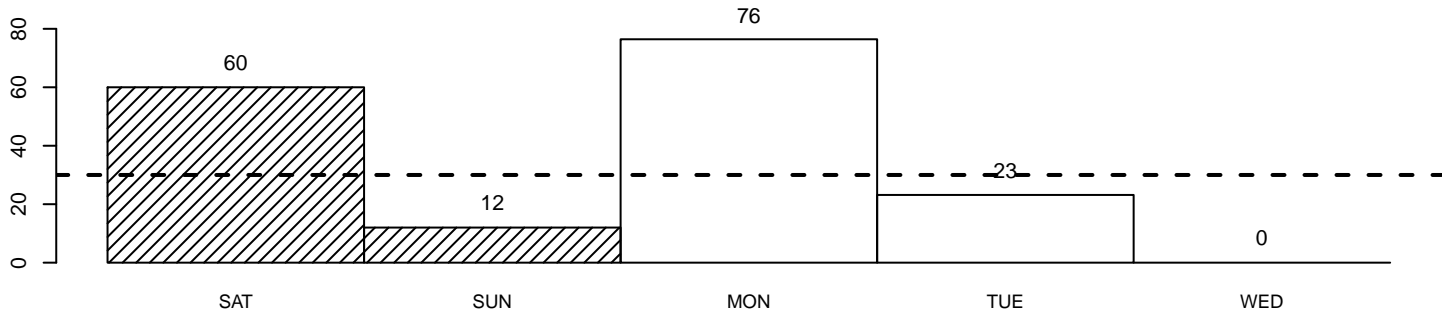
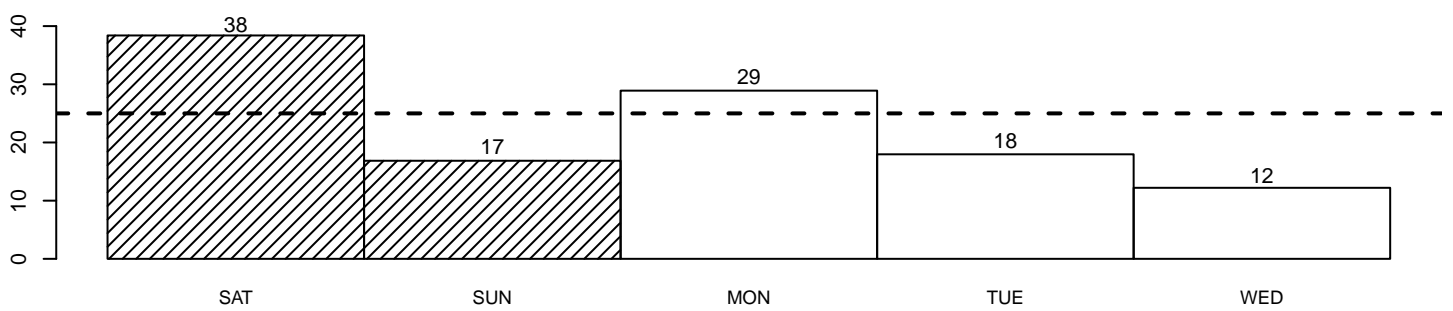


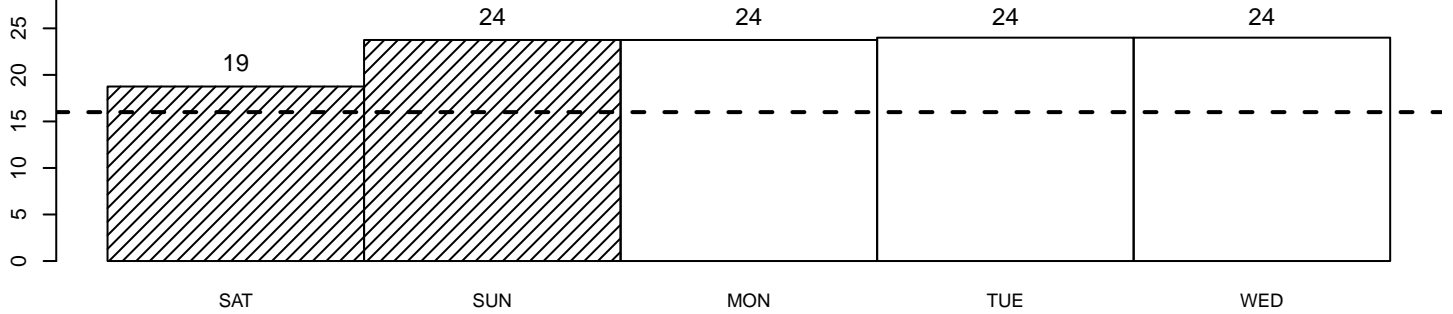
Time spent in moderate or vigorous activity (average is 34 minutes per day)



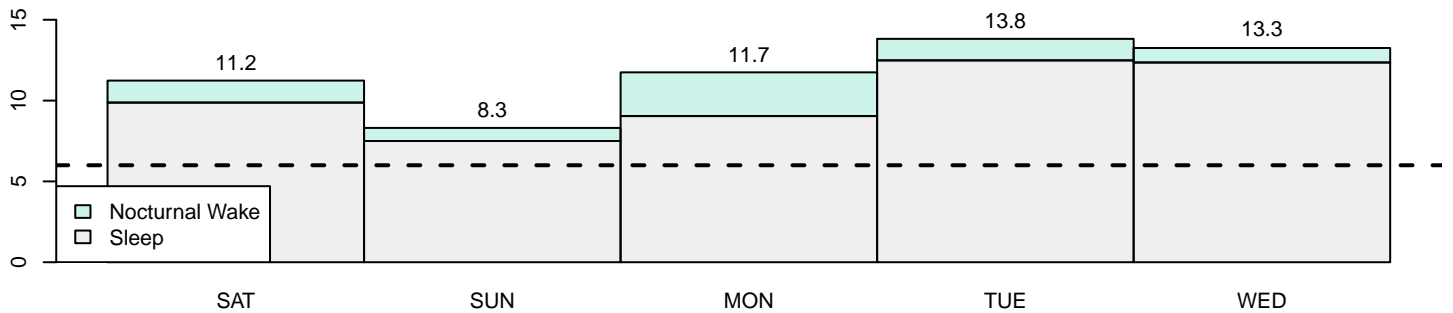
Total physical activity (average per day is 23 mg)



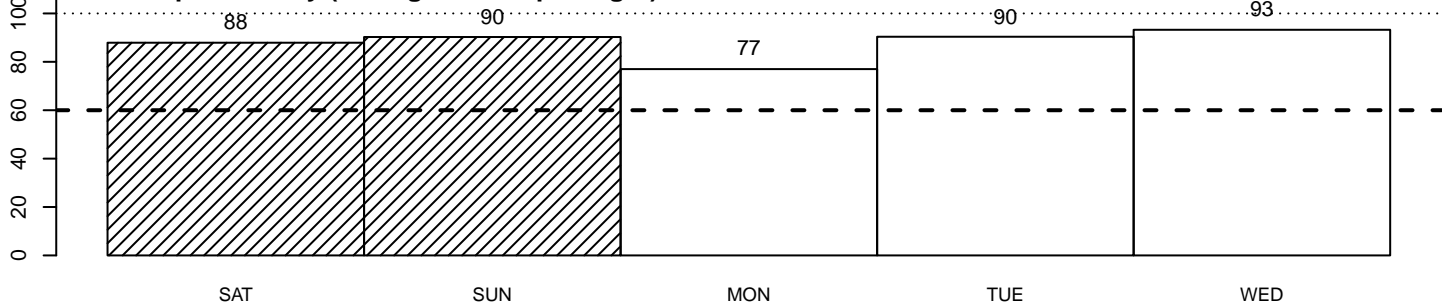
Duration monitor worn (hours per day)



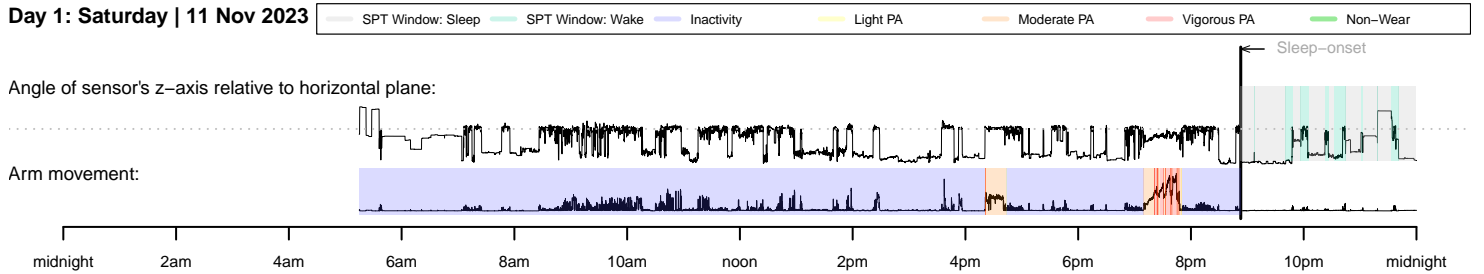
Sleep period time (average is 11.7 hours per night)



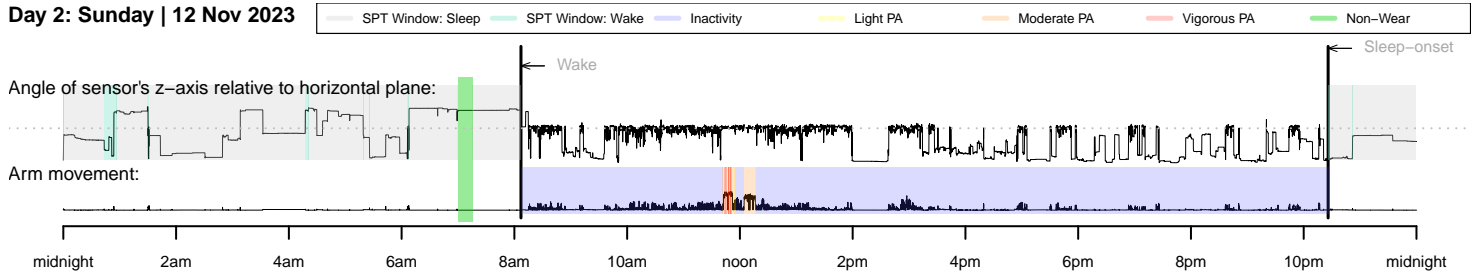
Sleep efficiency (average is 88% per night)



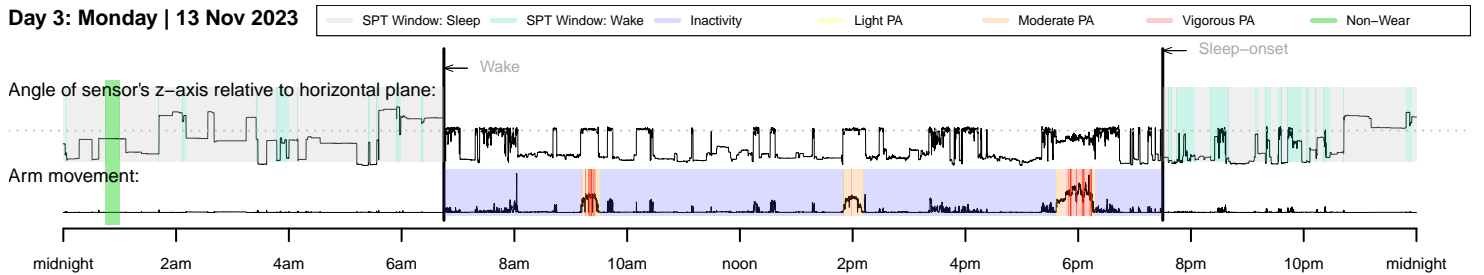
Day 1: Saturday | 11 Nov 2023



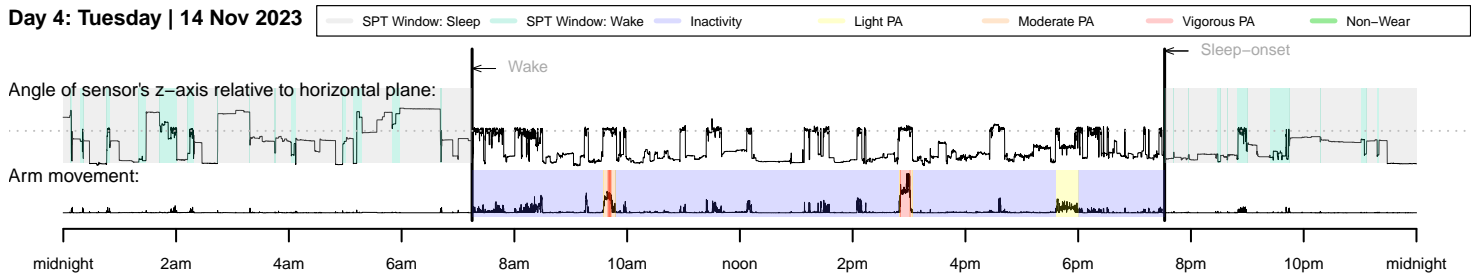
Day 2: Sunday | 12 Nov 2023



Day 3: Monday | 13 Nov 2023



Day 4: Tuesday | 14 Nov 2023



Day 5: Wednesday | 15 Nov 2023

