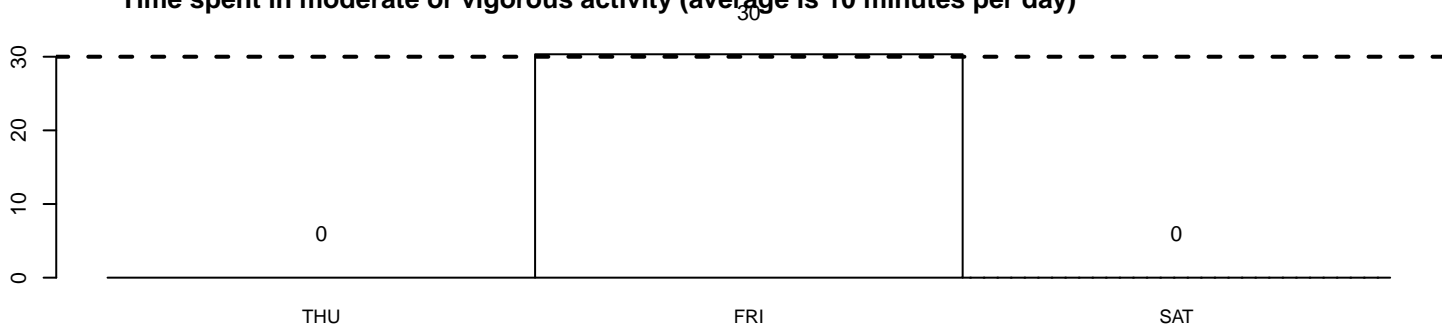
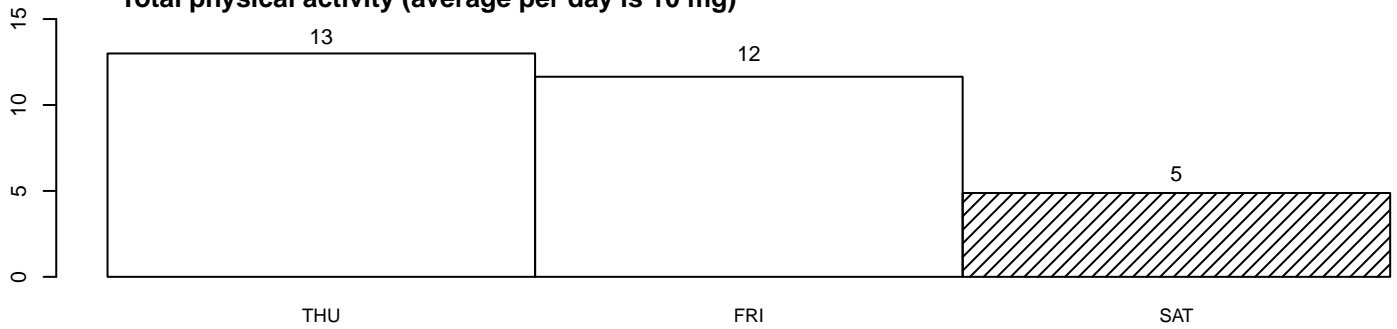
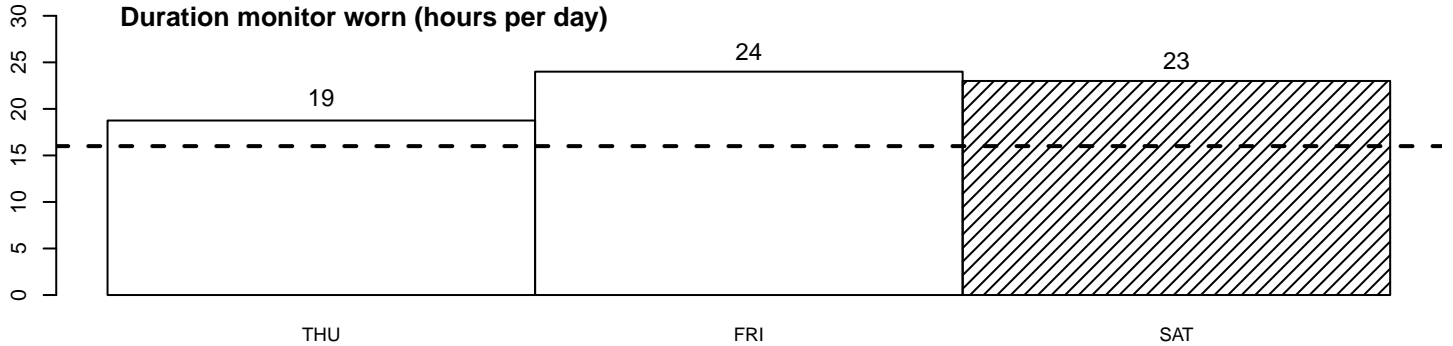
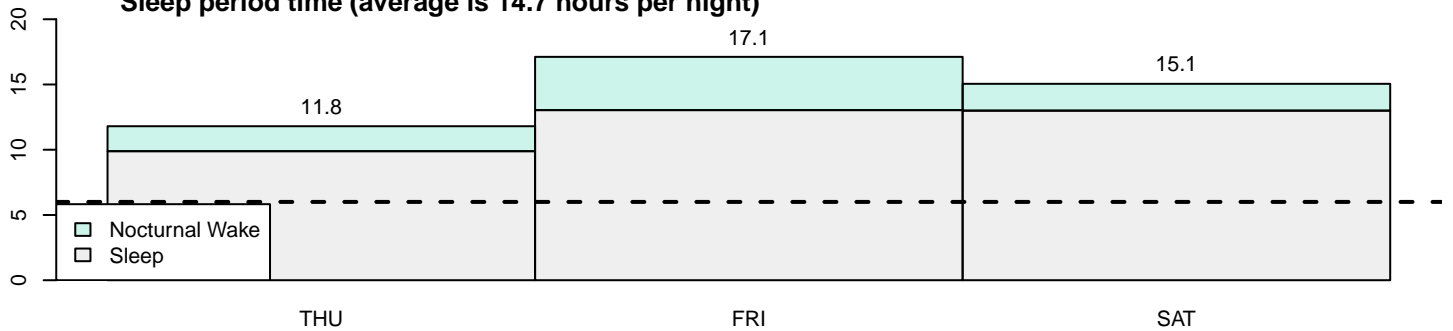
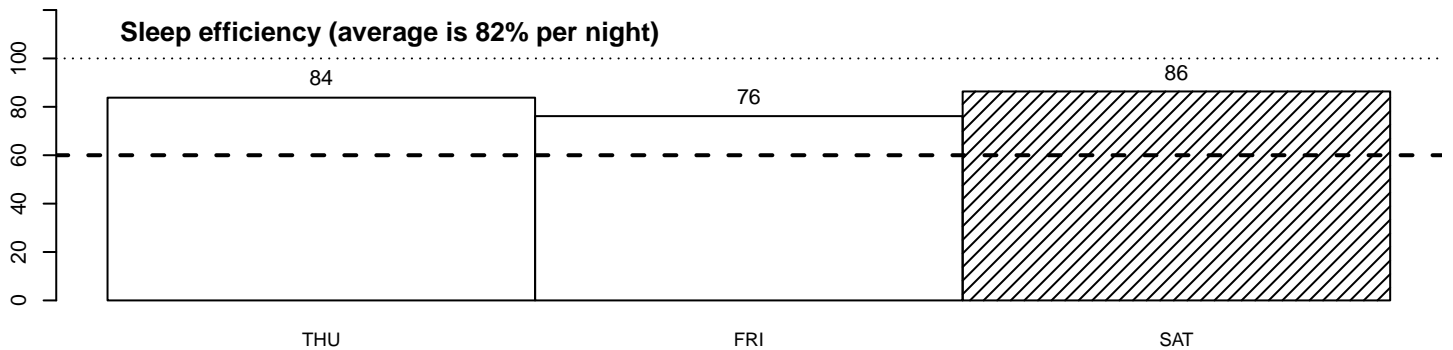
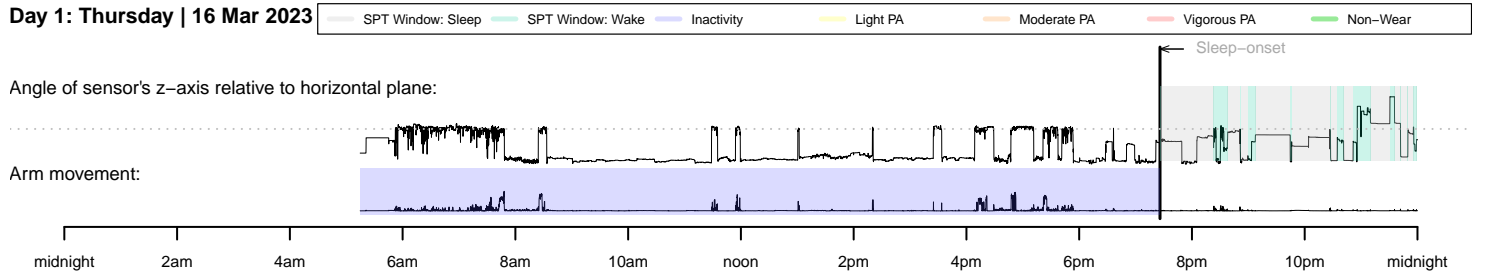
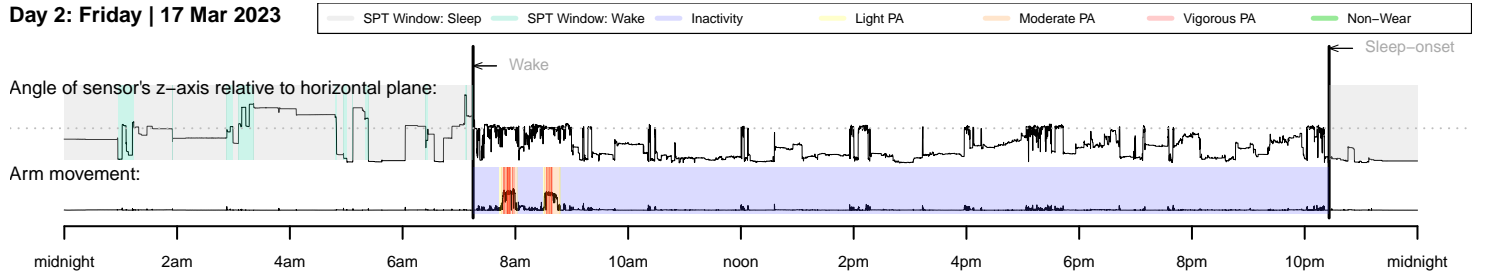


**Time spent in moderate or vigorous activity (average is 10 minutes per day)****Total physical activity (average per day is 10 mg)****Duration monitor worn (hours per day)****Sleep period time (average is 14.7 hours per night)****Sleep efficiency (average is 82% per night)**

Day 1: Thursday | 16 Mar 2023



Day 2: Friday | 17 Mar 2023



Day 3: Saturday | 18 Mar 2023

