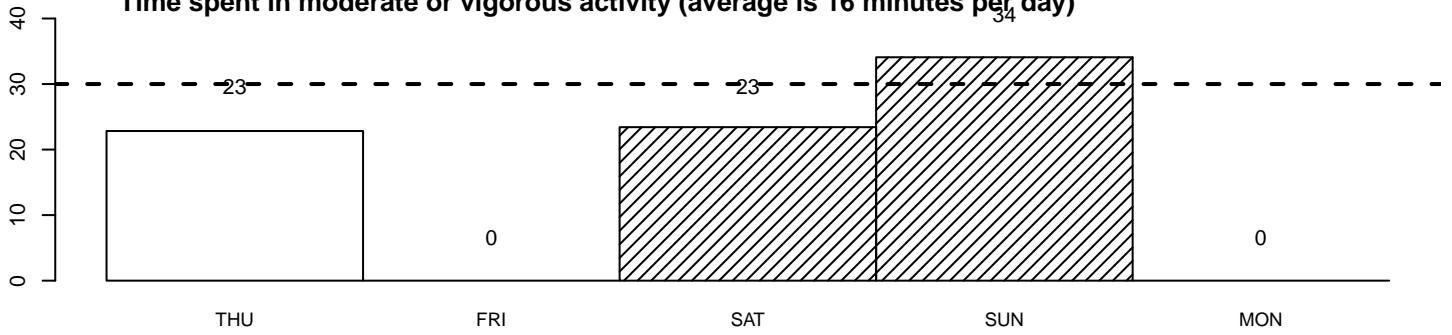
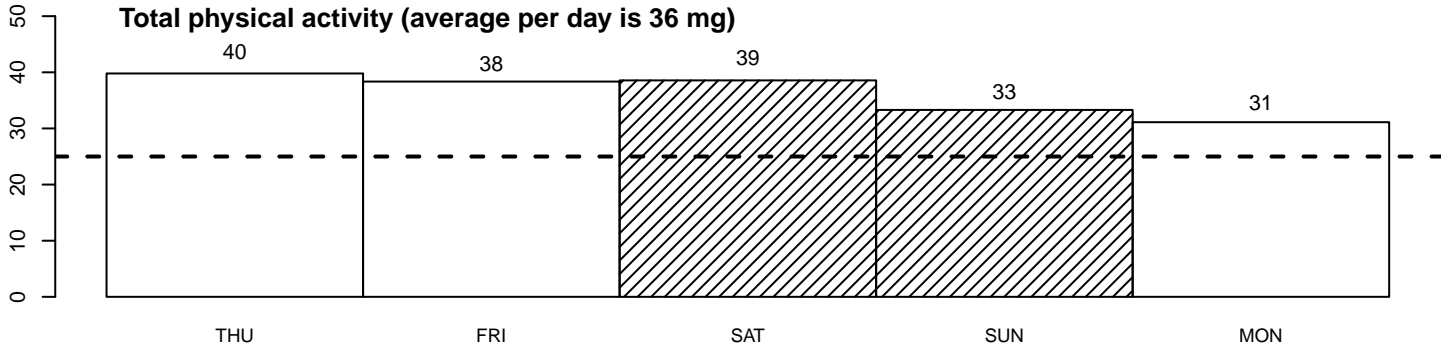


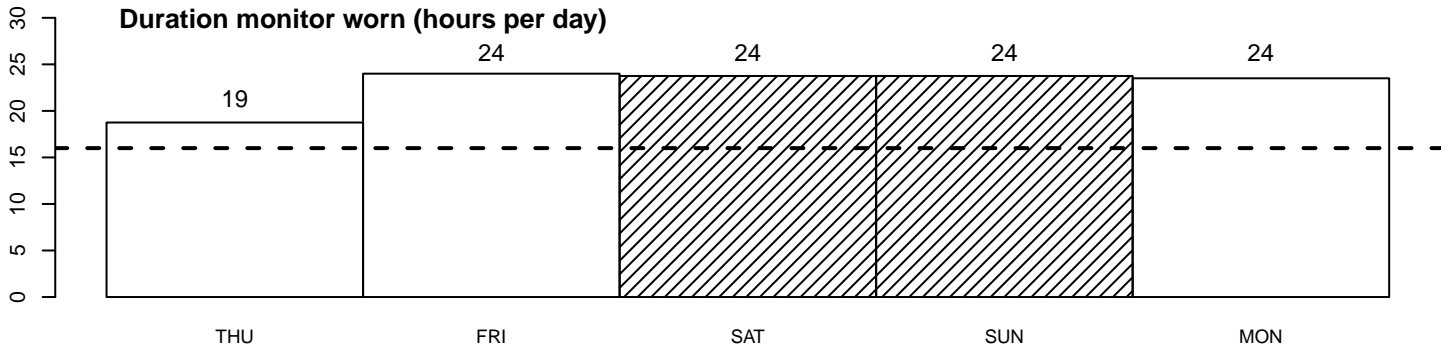
Time spent in moderate or vigorous activity (average is 16 minutes per day)



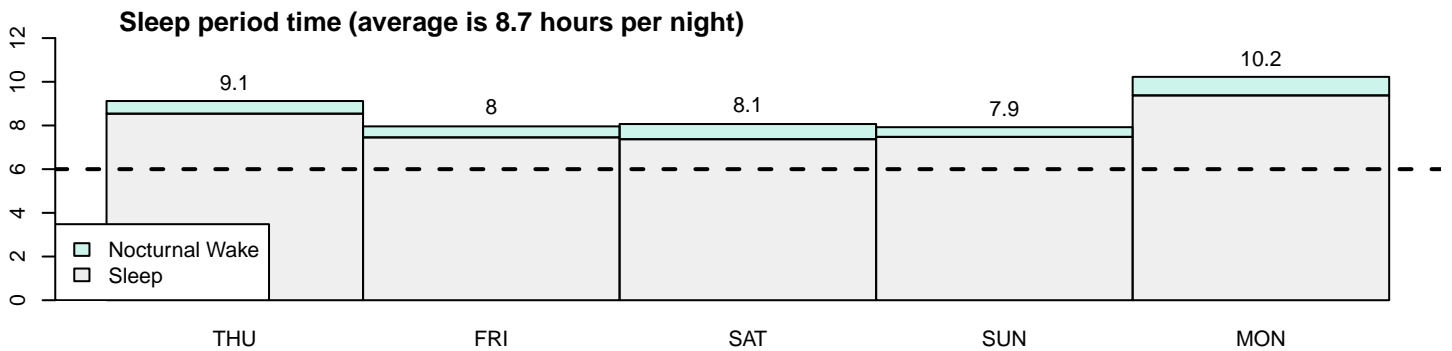
Total physical activity (average per day is 36 mg)



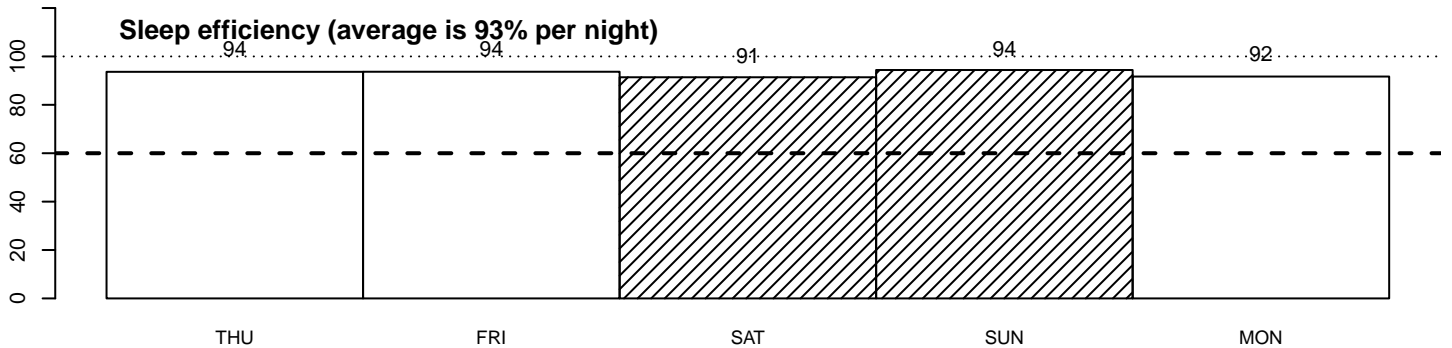
Duration monitor worn (hours per day)



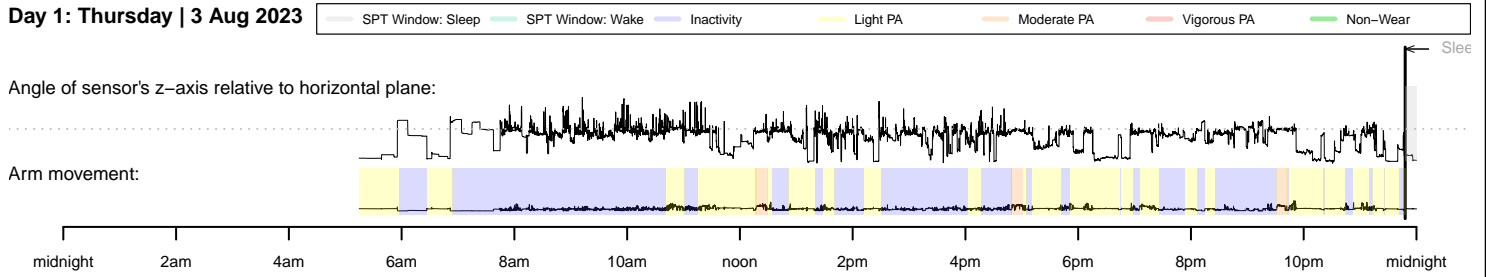
Sleep period time (average is 8.7 hours per night)



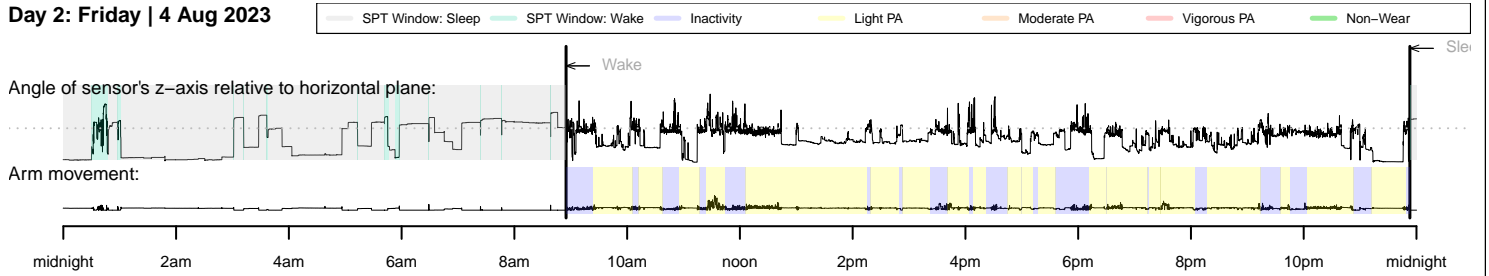
Sleep efficiency (average is 93% per night)



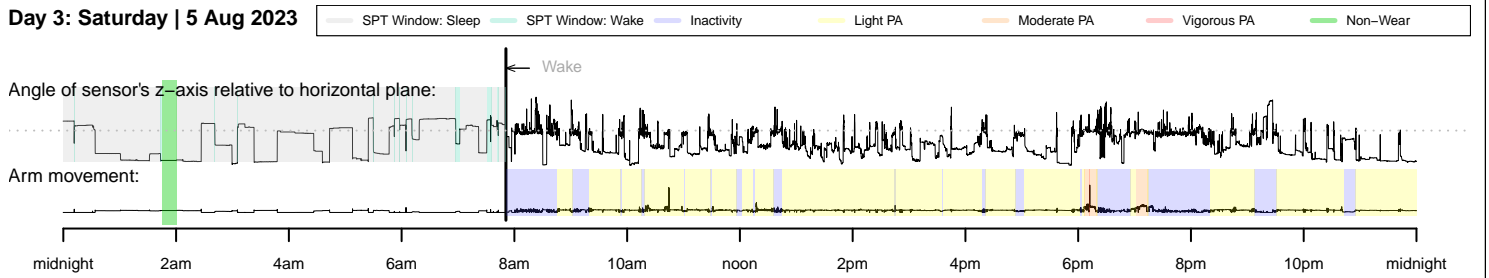
Day 1: Thursday | 3 Aug 2023



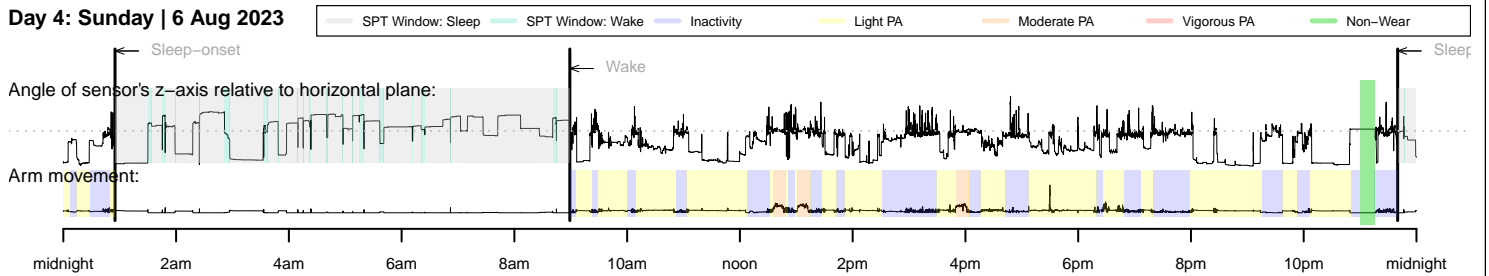
Day 2: Friday | 4 Aug 2023



Day 3: Saturday | 5 Aug 2023



Day 4: Sunday | 6 Aug 2023



Day 5: Monday | 7 Aug 2023

