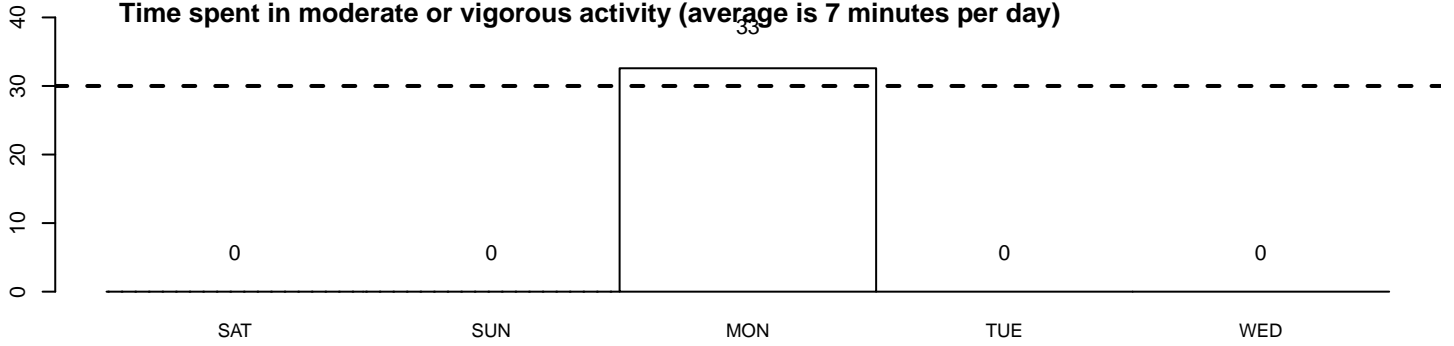
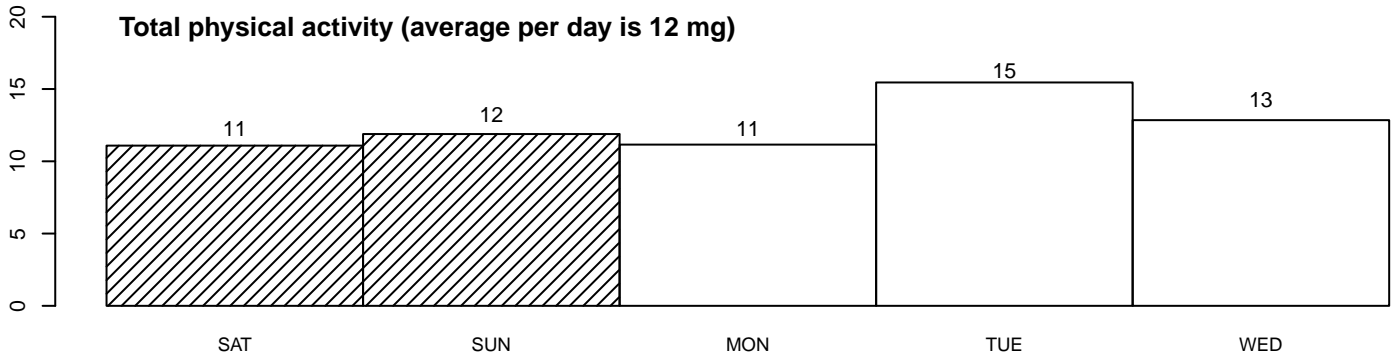


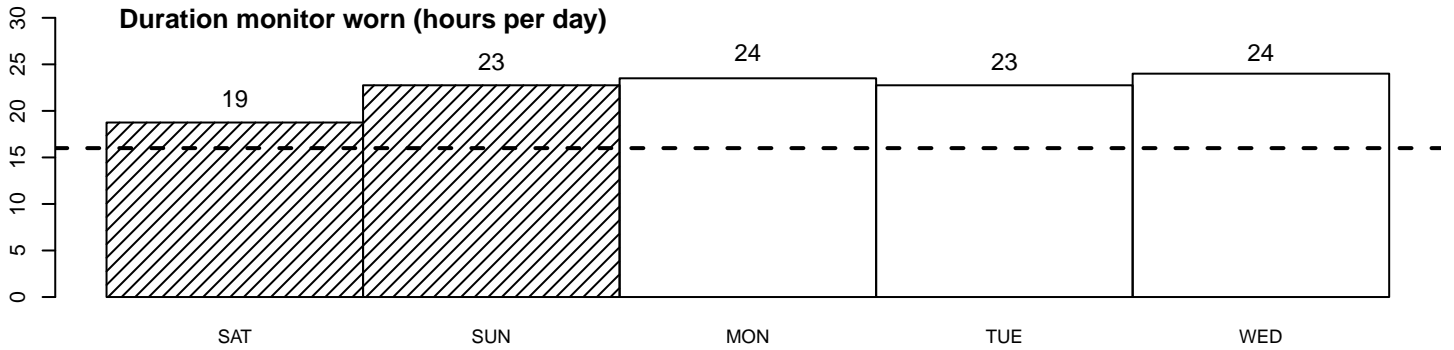
**Time spent in moderate or vigorous activity (average is 7 minutes per day)**



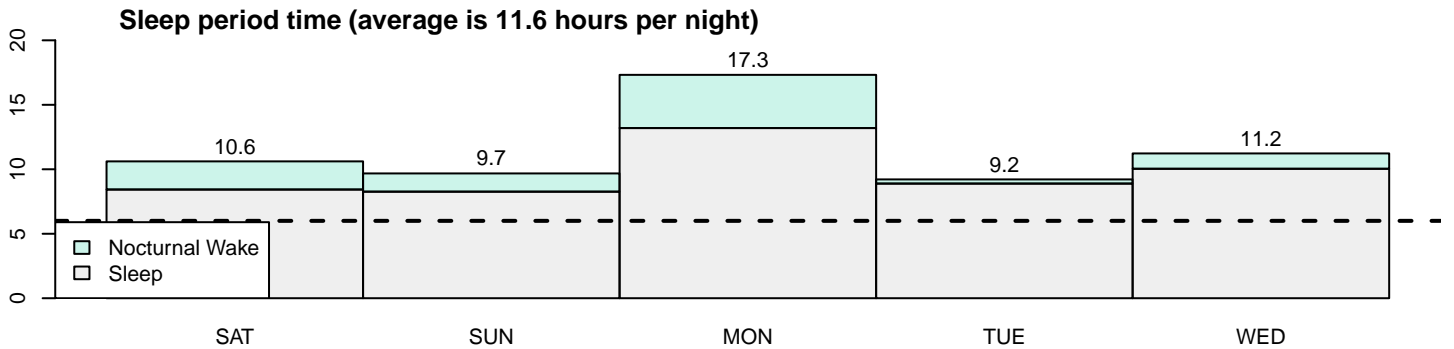
**Total physical activity (average per day is 12 mg)**



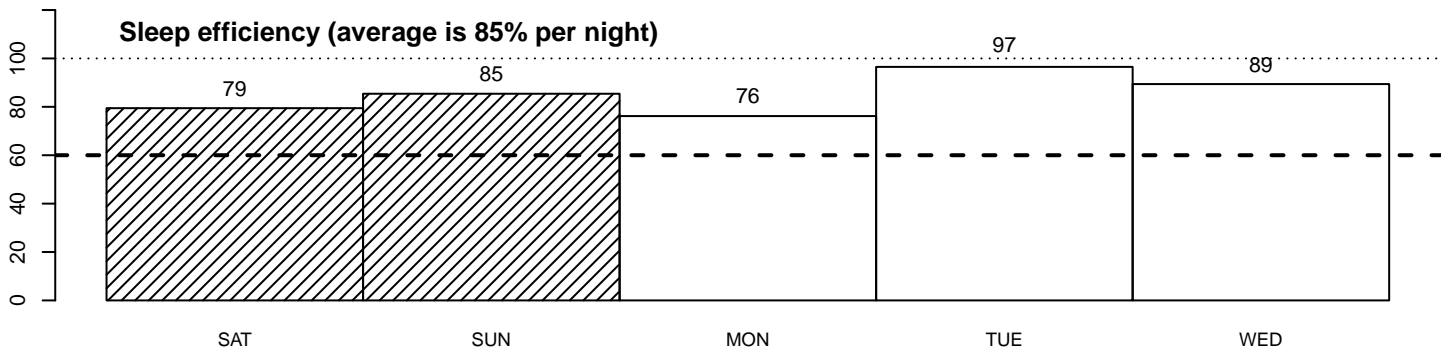
**Duration monitor worn (hours per day)**



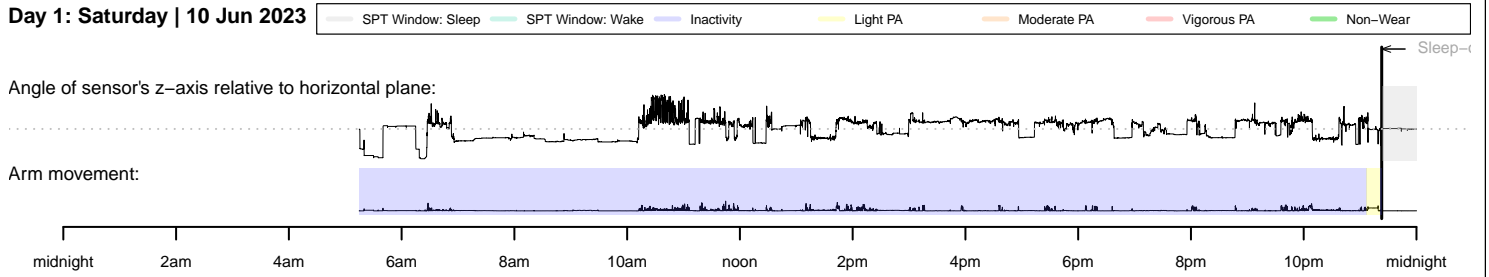
**Sleep period time (average is 11.6 hours per night)**



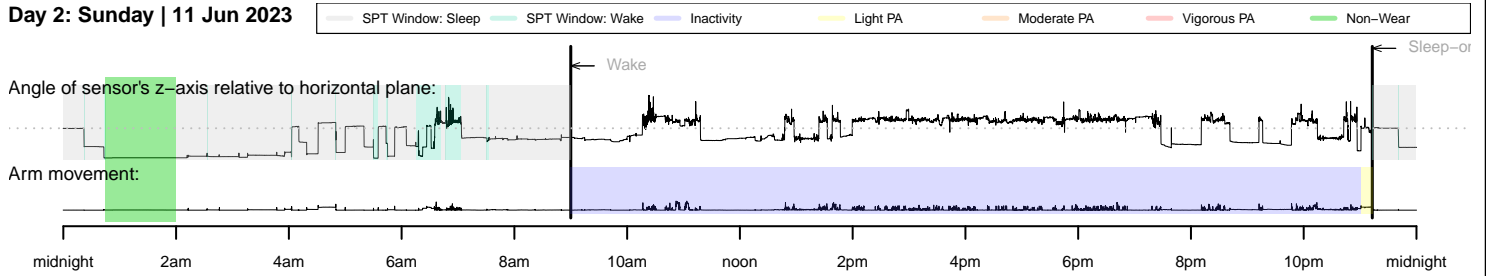
**Sleep efficiency (average is 85% per night)**



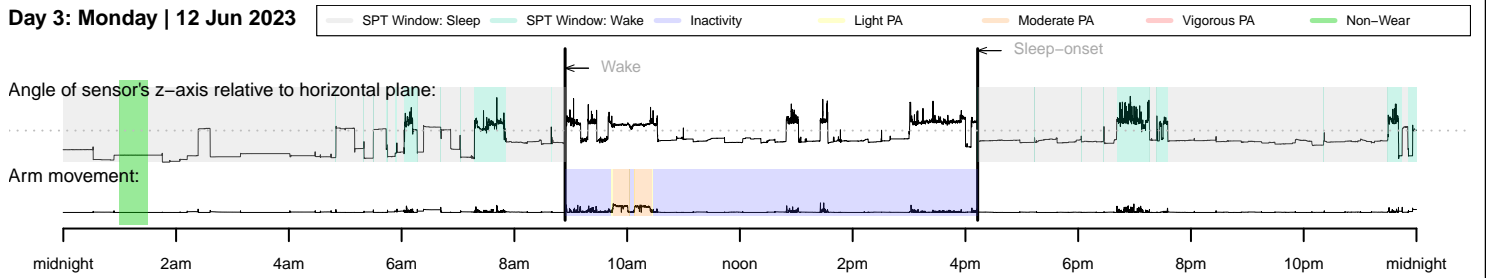
### Day 1: Saturday | 10 Jun 2023



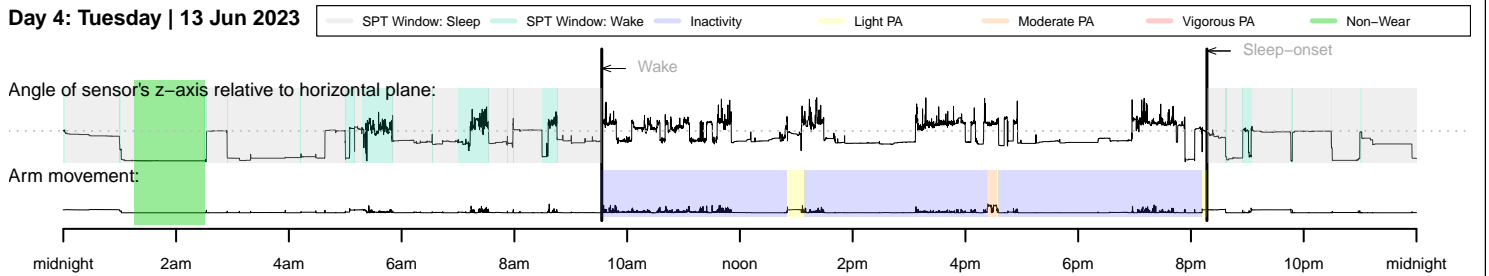
### Day 2: Sunday | 11 Jun 2023



### Day 3: Monday | 12 Jun 2023



### Day 4: Tuesday | 13 Jun 2023



### Day 5: Wednesday | 14 Jun 2023

