



Day 1: Tuesday | 14 Jun 2022

SPT Window: Sleep SPT Window: Wake Inactivity Light PA Moderate PA Vigorous PA Non-Wear

Angle of sensor's z-axis relative to horizontal plane:

Arm movement:

midnight 2am 4am 6am 8am 10am noon 2pm 4pm 6pm 8pm 10pm midnight

Day 2: Wednesday | 15 Jun 2022

SPT Window: Sleep SPT Window: Wake Inactivity Light PA Moderate PA Vigorous PA Non-Wear

Angle of sensor's z-axis relative to horizontal plane:

Arm movement:

midnight 2am 4am 6am 8am 10am noon 2pm 4pm 6pm 8pm 10pm midnight

Day 3: Thursday | 16 Jun 2022

SPT Window: Sleep SPT Window: Wake Inactivity Light PA Moderate PA Vigorous PA Non-Wear

Angle of sensor's z-axis relative to horizontal plane:

Arm movement:

midnight 2am 4am 6am 8am 10am noon 2pm 4pm 6pm 8pm 10pm midnight

Day 4: Friday | 17 Jun 2022

SPT Window: Sleep SPT Window: Wake Inactivity Light PA Moderate PA Vigorous PA Non-Wear

Angle of sensor's z-axis relative to horizontal plane:

Arm movement:

midnight 2am 4am 6am 8am 10am noon 2pm 4pm 6pm 8pm 10pm midnight

Day 5: Saturday | 18 Jun 2022

SPT Window: Sleep SPT Window: Wake Inactivity Light PA Moderate PA Vigorous PA Non-Wear

Angle of sensor's z-axis relative to horizontal plane:

Arm movement:

midnight 2am 4am 6am 8am 10am noon 2pm 4pm 6pm 8pm 10pm midnight

Day 6: Sunday | 19 Jun 2022

SPT Window: Sleep SPT Window: Wake Inactivity Light PA Moderate PA Vigorous PA Non-Wear

Angle of sensor's z-axis relative to horizontal plane:

Arm movement:

midnight 2am 4am 6am 8am 10am noon 2pm 4pm 6pm 8pm 10pm midnight