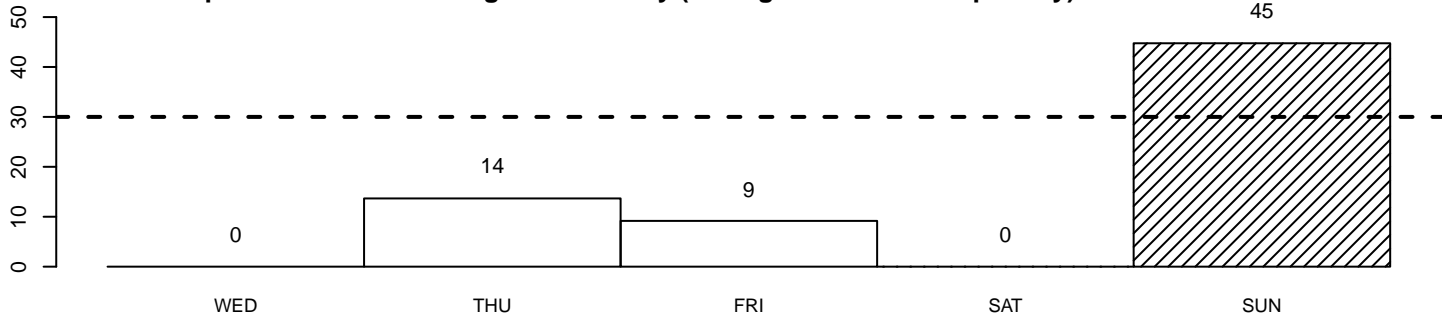
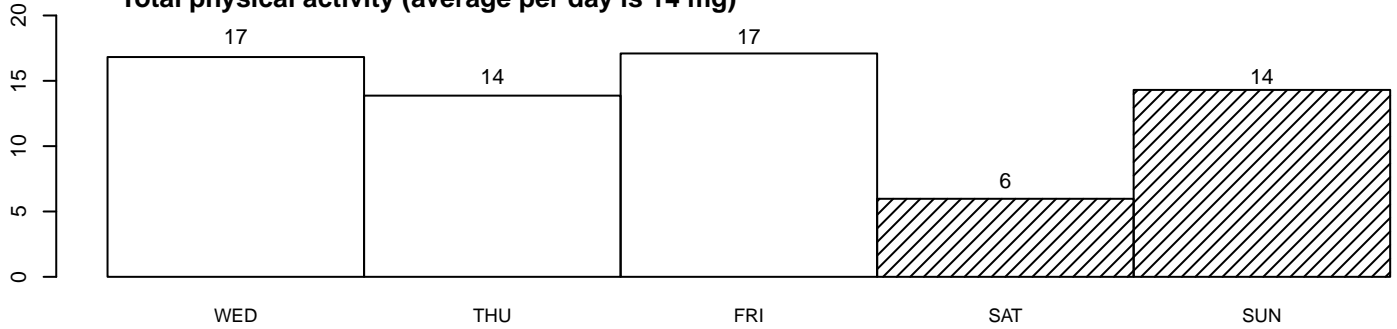


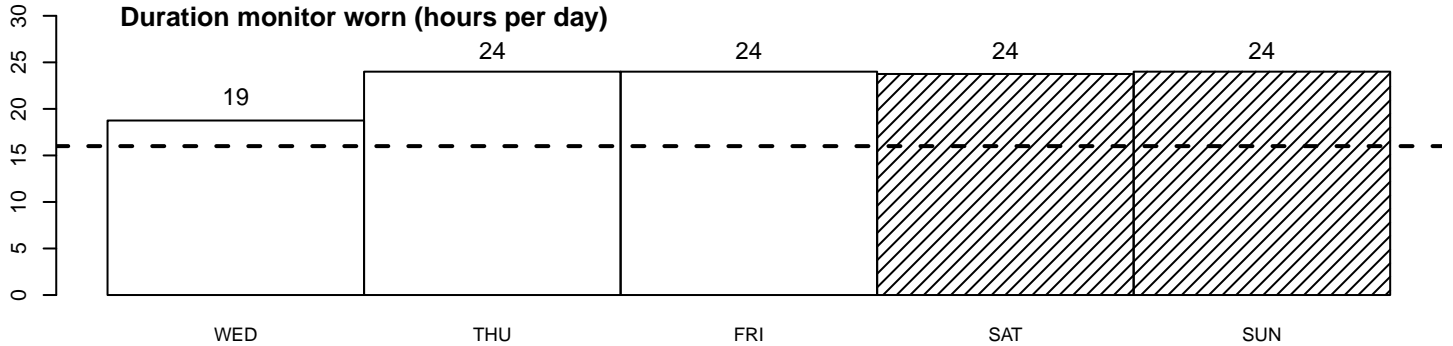
Time spent in moderate or vigorous activity (average is 14 minutes per day)



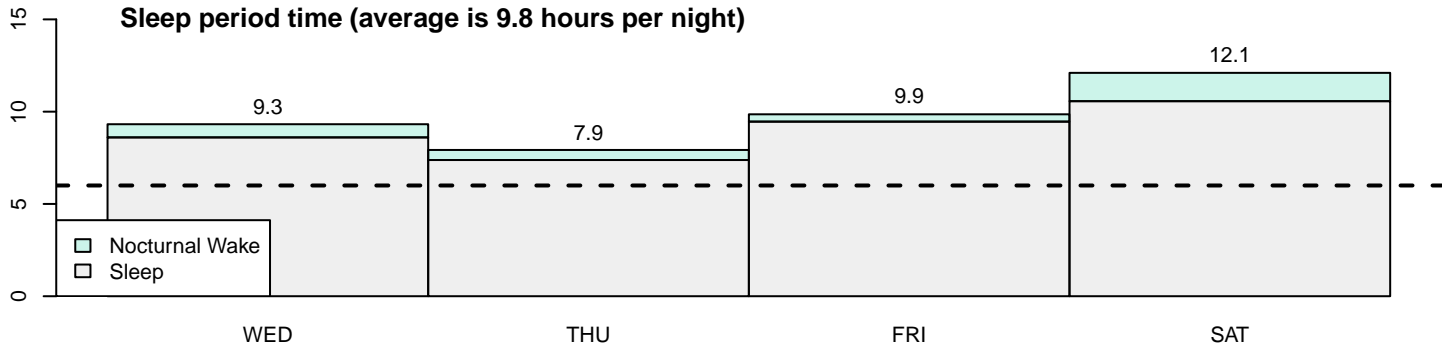
Total physical activity (average per day is 14 mg)



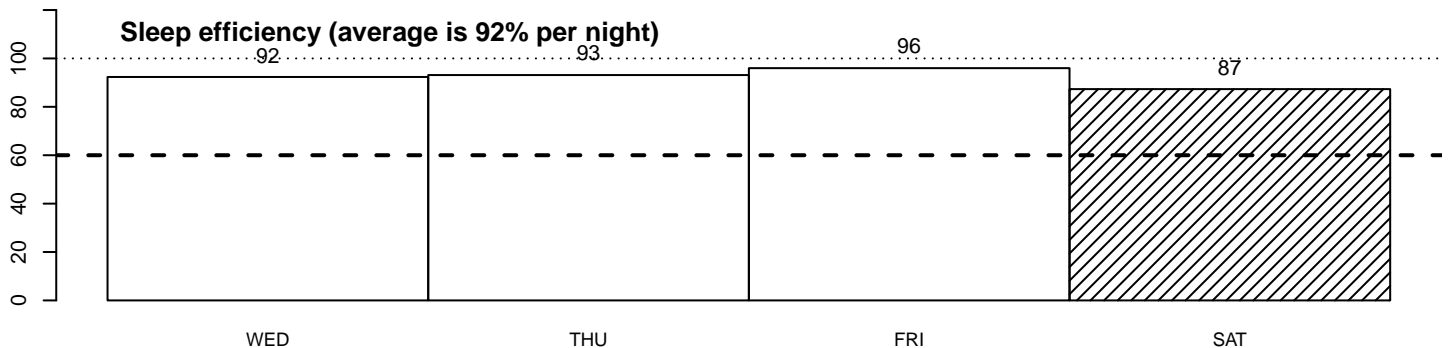
Duration monitor worn (hours per day)



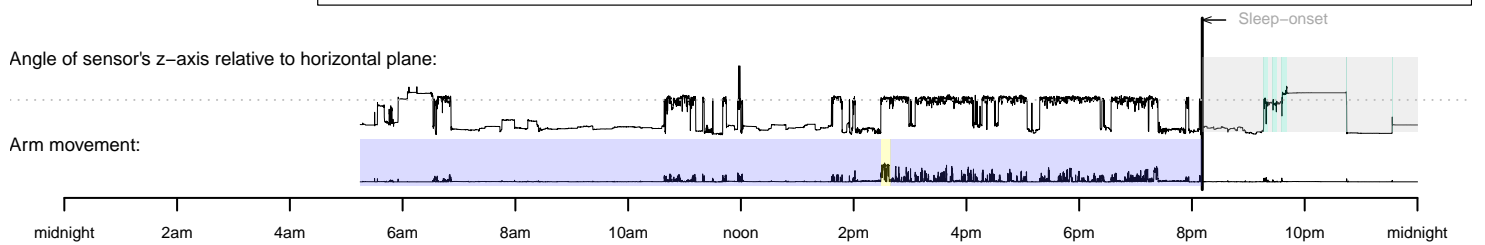
Sleep period time (average is 9.8 hours per night)



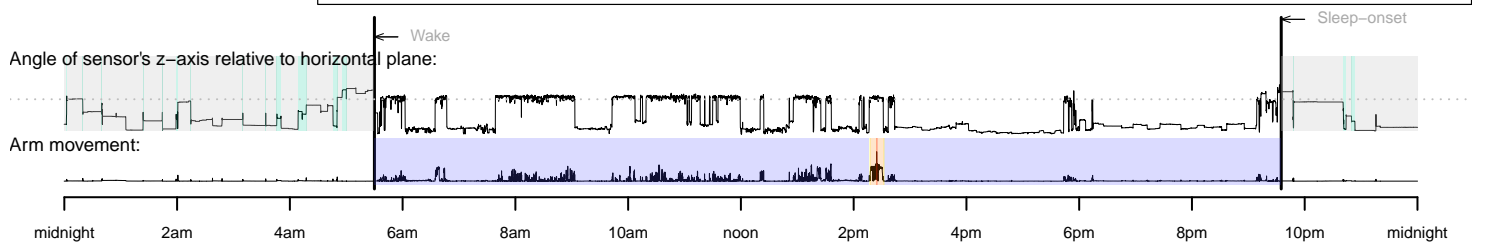
Sleep efficiency (average is 92% per night)



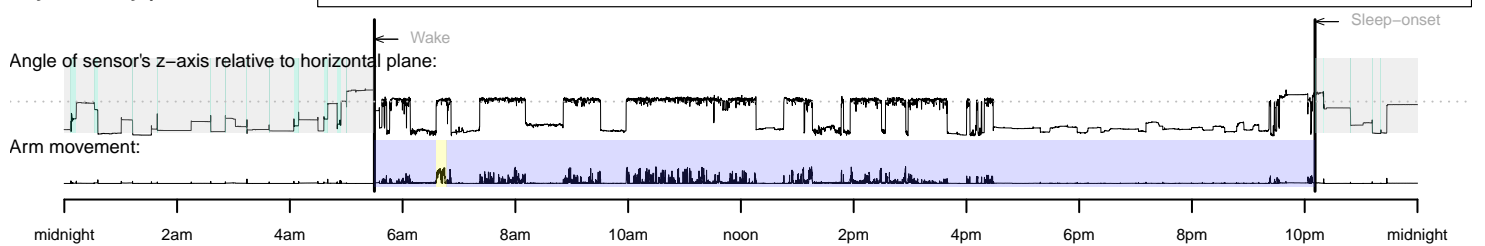
### Day 1: Wednesday | 1 Mar 2023



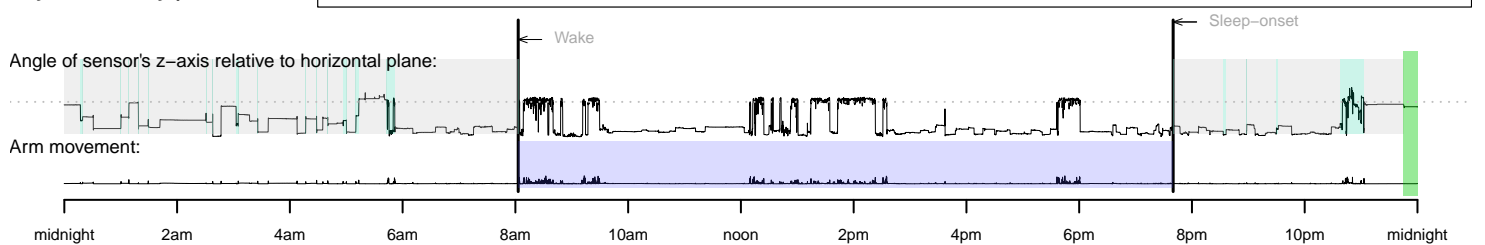
### Day 2: Thursday | 2 Mar 2023



### Day 3: Friday | 3 Mar 2023



### Day 4: Saturday | 4 Mar 2023



### Day 5: Sunday | 5 Mar 2023

