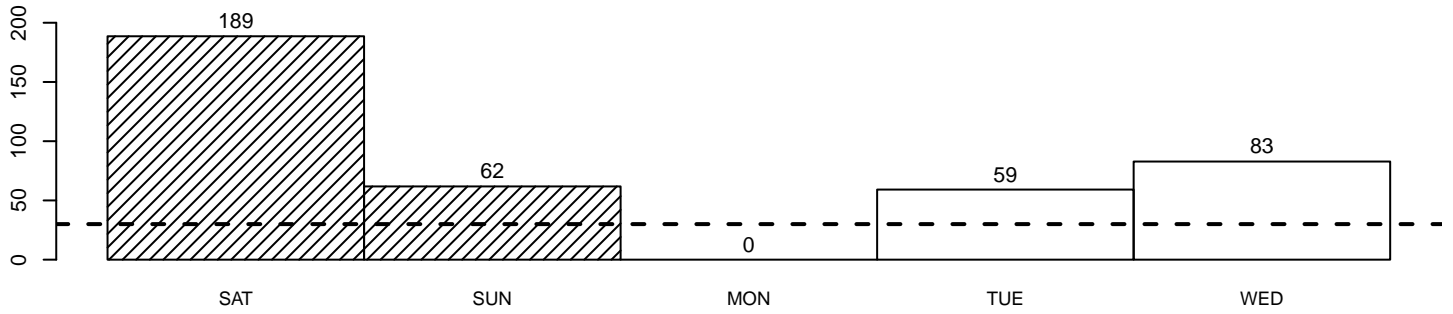
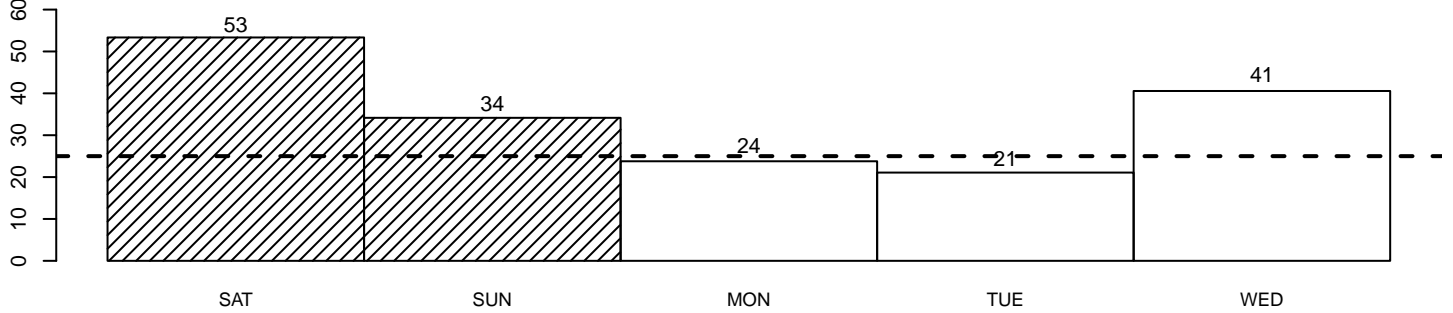


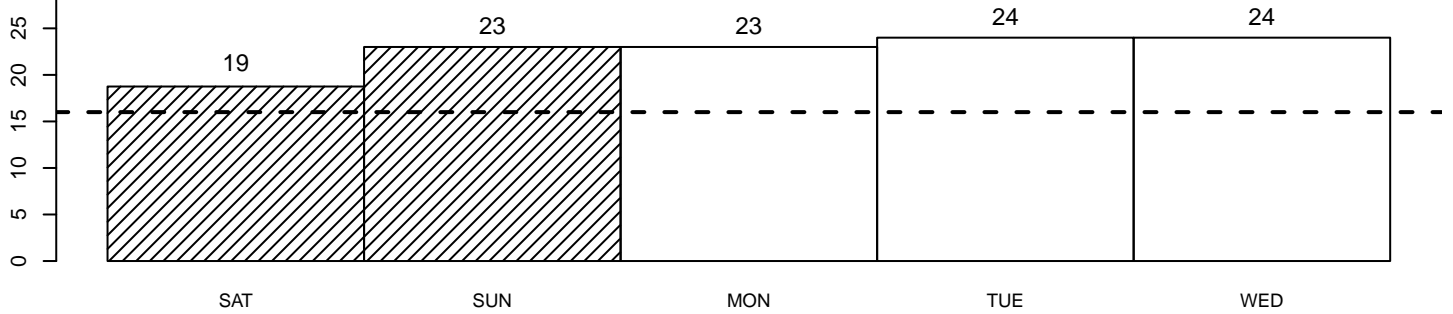
Time spent in moderate or vigorous activity (average is 78 minutes per day)



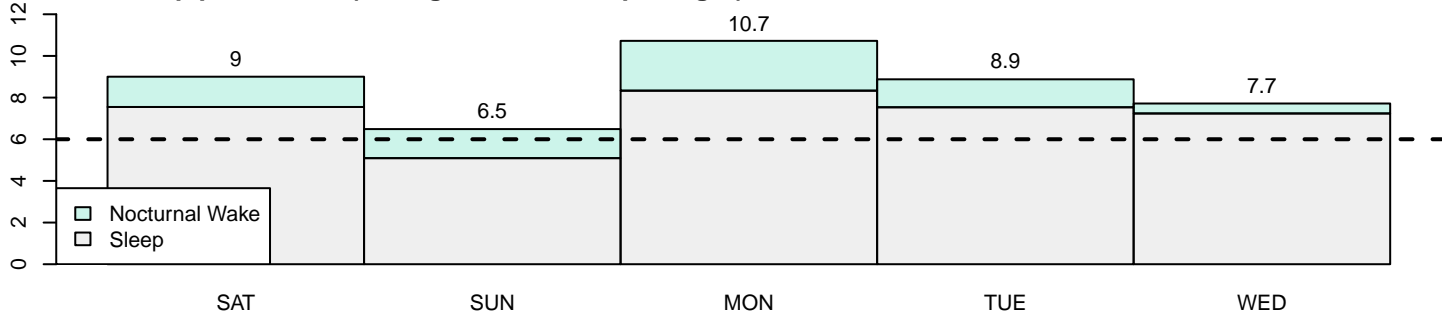
Total physical activity (average per day is 35 mg)



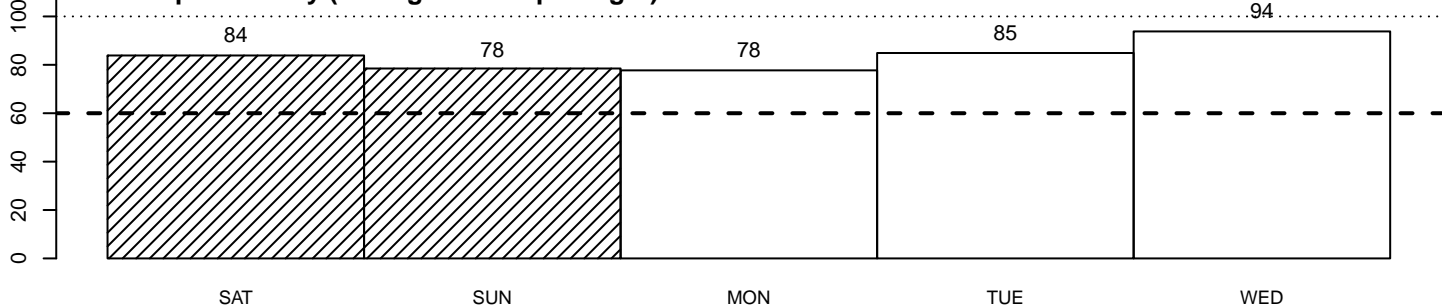
Duration monitor worn (hours per day)



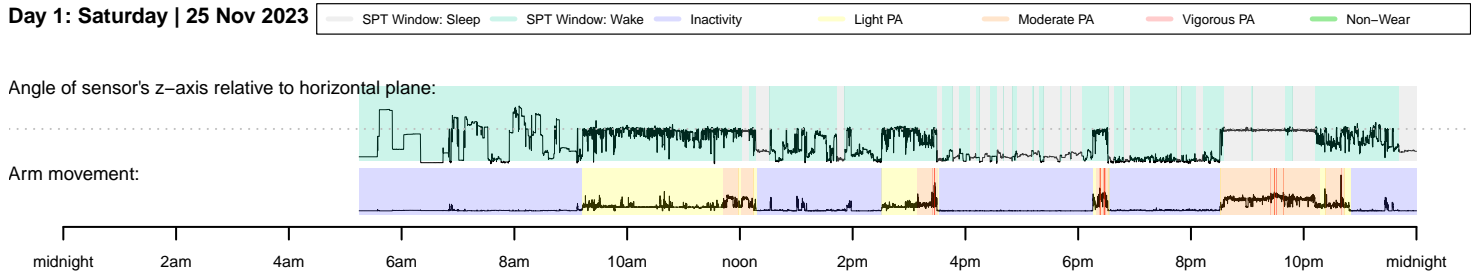
Sleep period time (average is 8.6 hours per night)



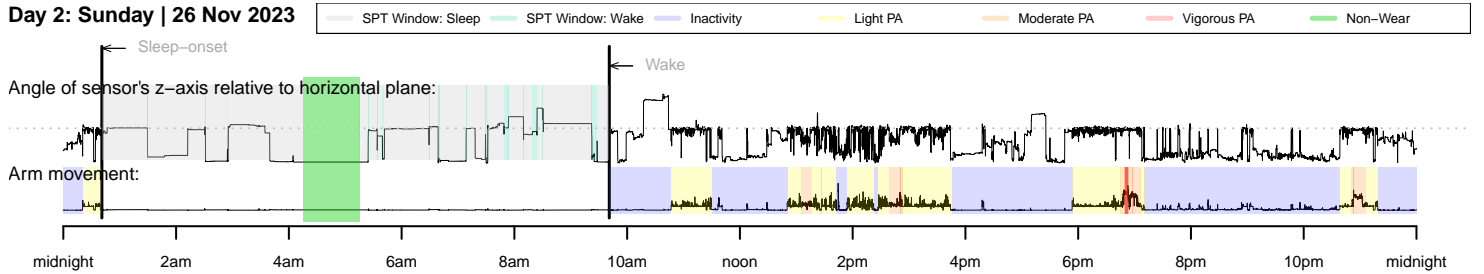
Sleep efficiency (average is 84% per night)



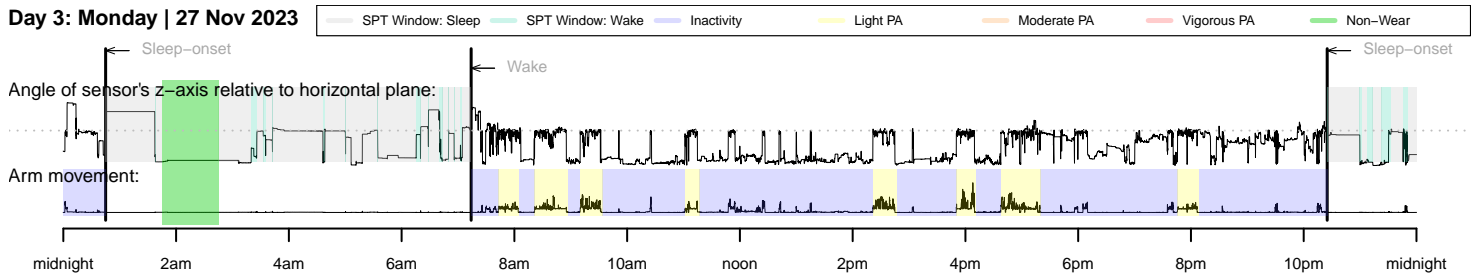
Day 1: Saturday | 25 Nov 2023



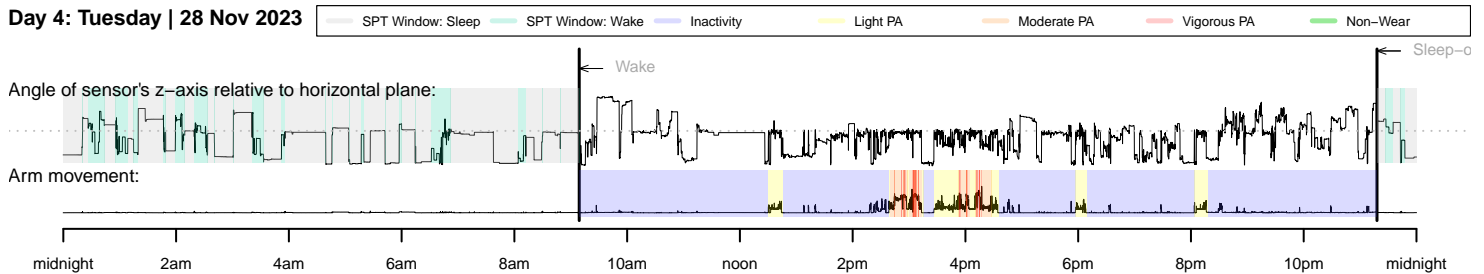
Day 2: Sunday | 26 Nov 2023



Day 3: Monday | 27 Nov 2023



Day 4: Tuesday | 28 Nov 2023



Day 5: Wednesday | 29 Nov 2023

