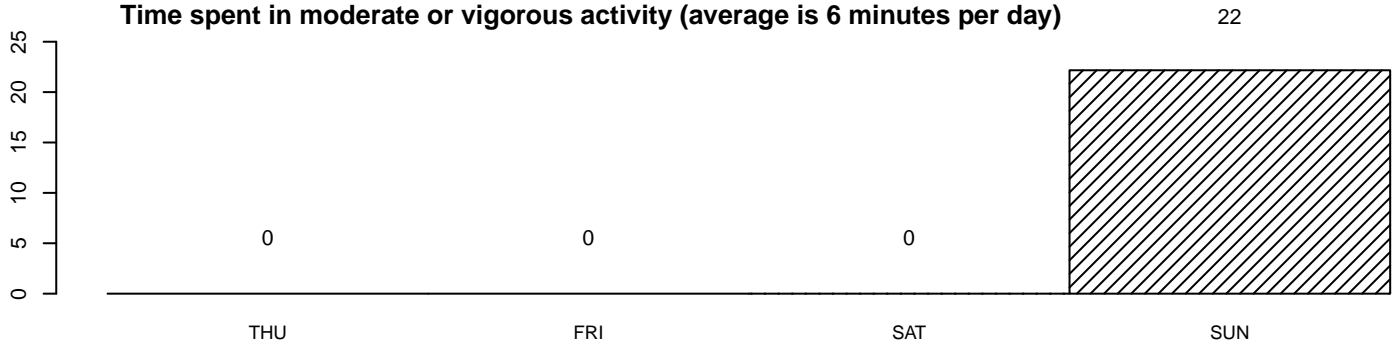
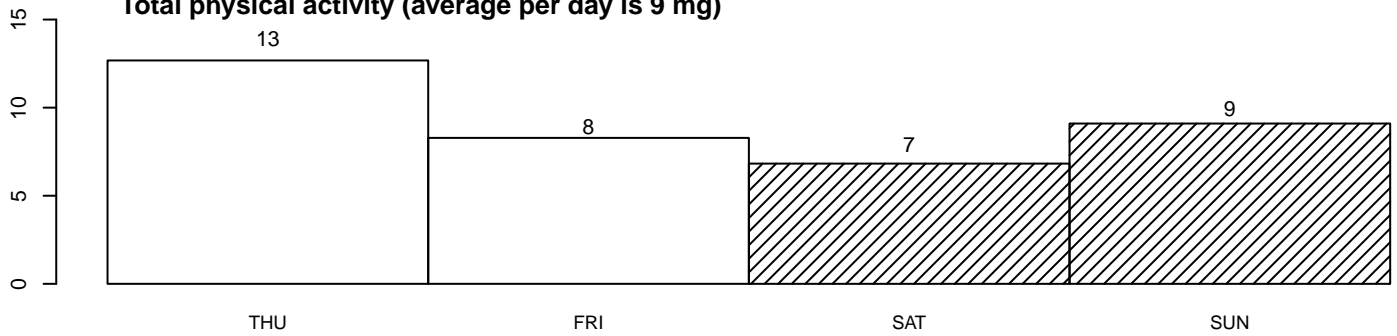


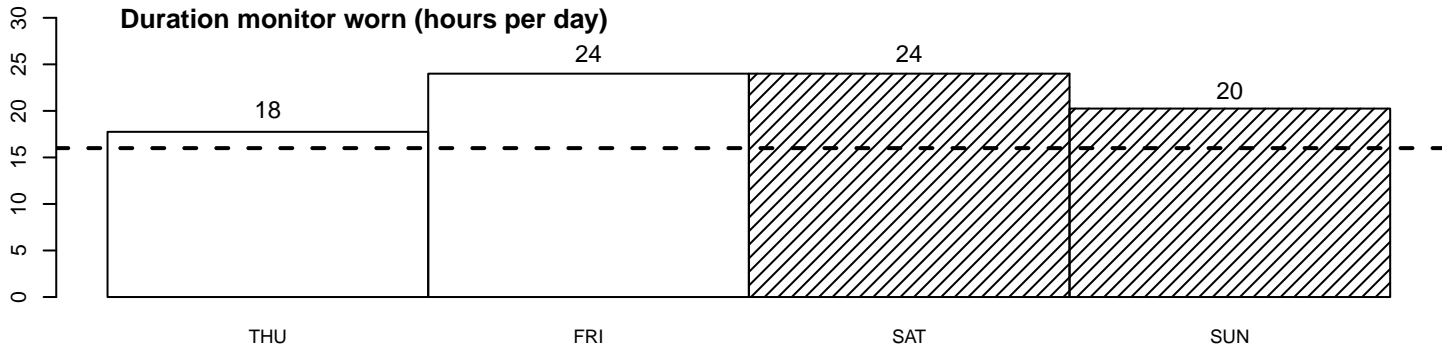
Time spent in moderate or vigorous activity (average is 6 minutes per day)



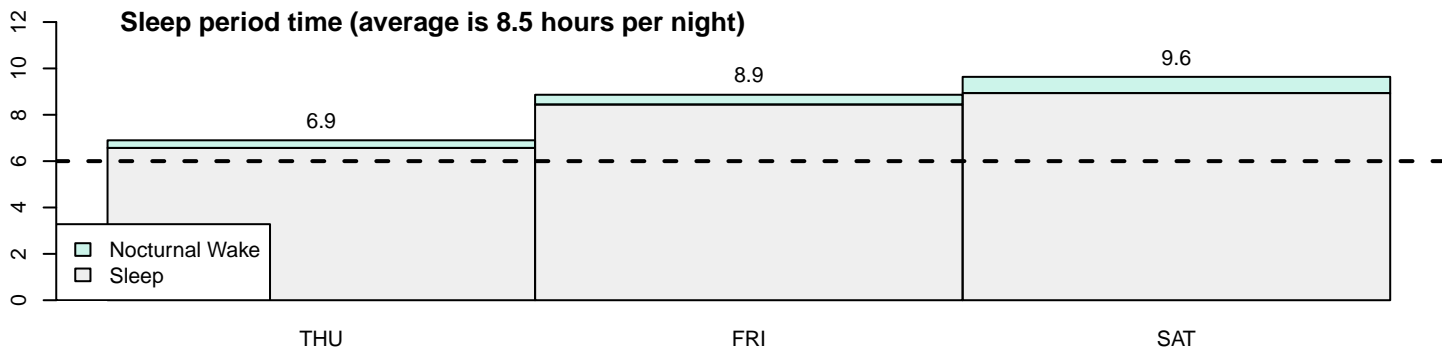
Total physical activity (average per day is 9 mg)



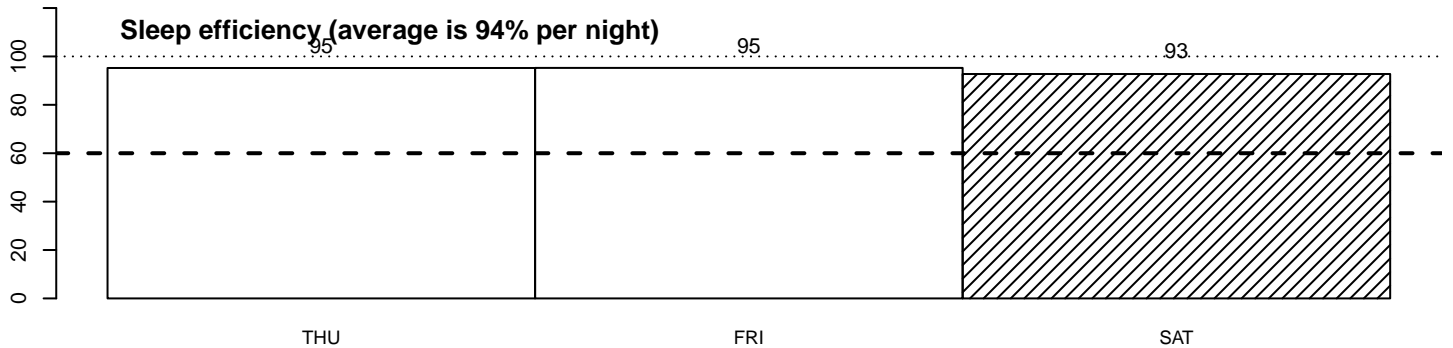
Duration monitor worn (hours per day)



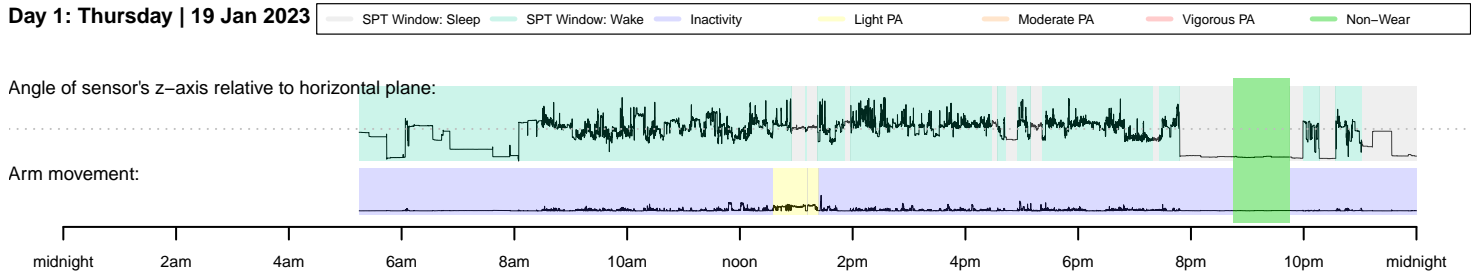
Sleep period time (average is 8.5 hours per night)



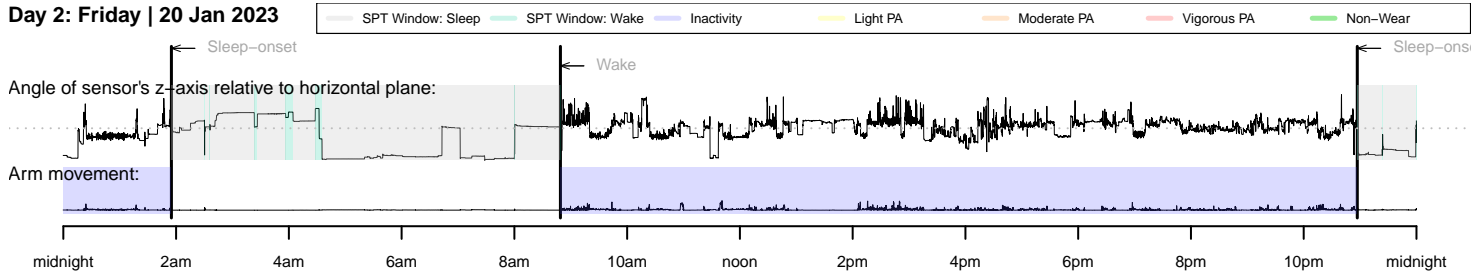
Sleep efficiency (average is 94% per night)



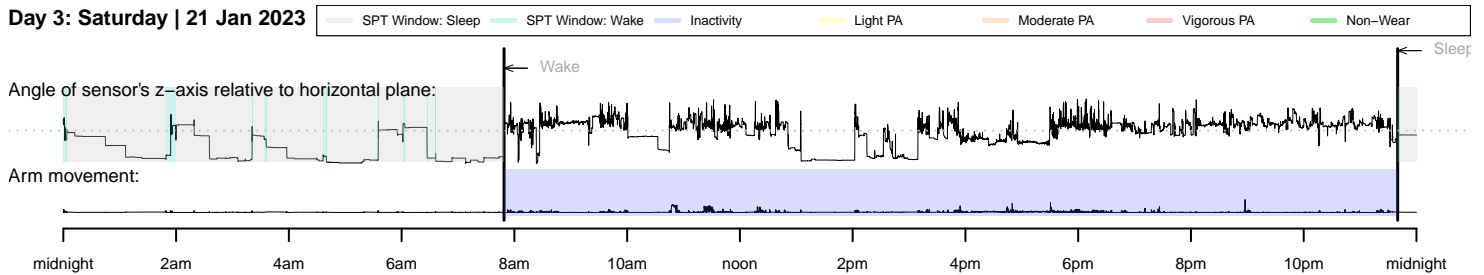
### Day 1: Thursday | 19 Jan 2023



### Day 2: Friday | 20 Jan 2023



### Day 3: Saturday | 21 Jan 2023



### Day 4: Sunday | 22 Jan 2023

