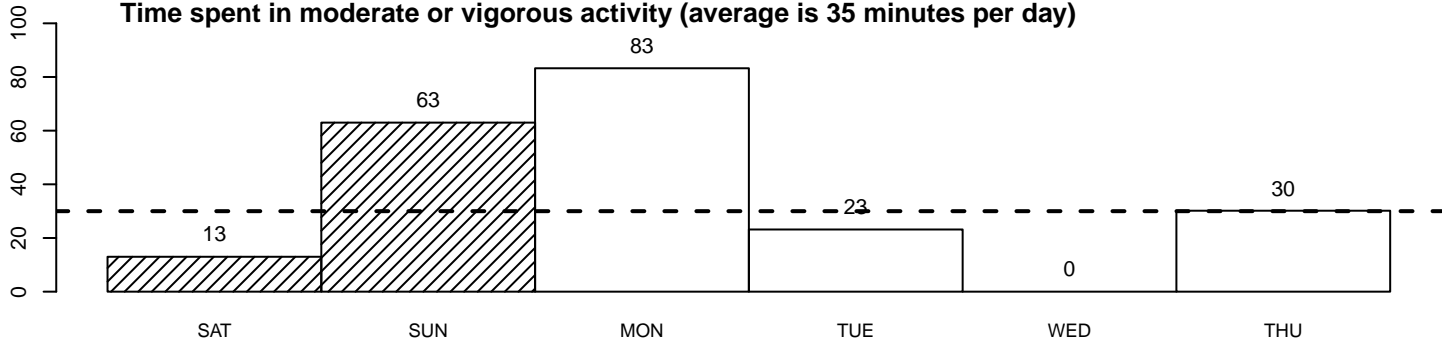
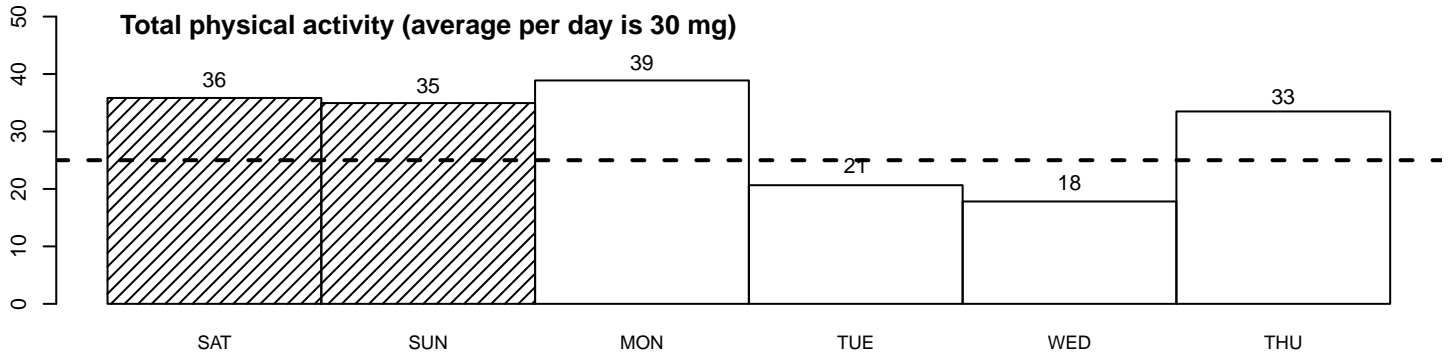


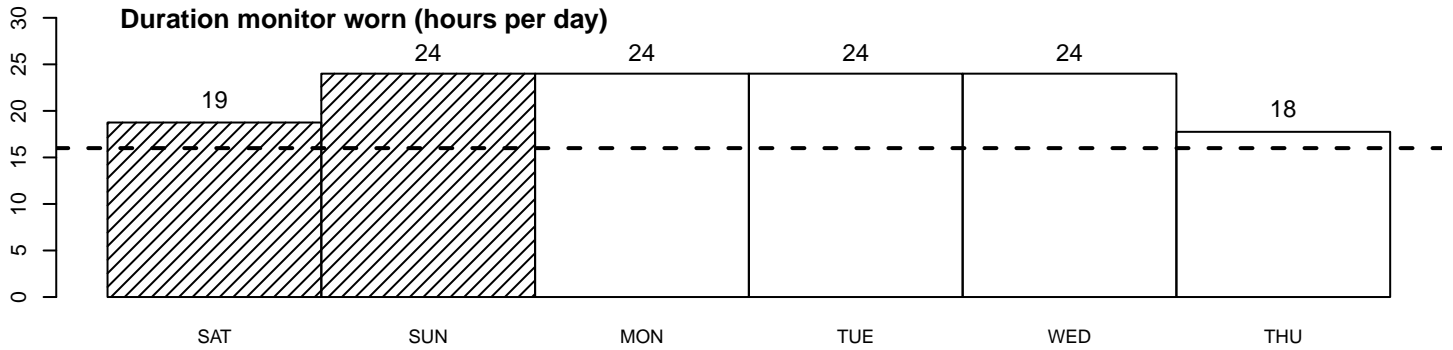
Time spent in moderate or vigorous activity (average is 35 minutes per day)



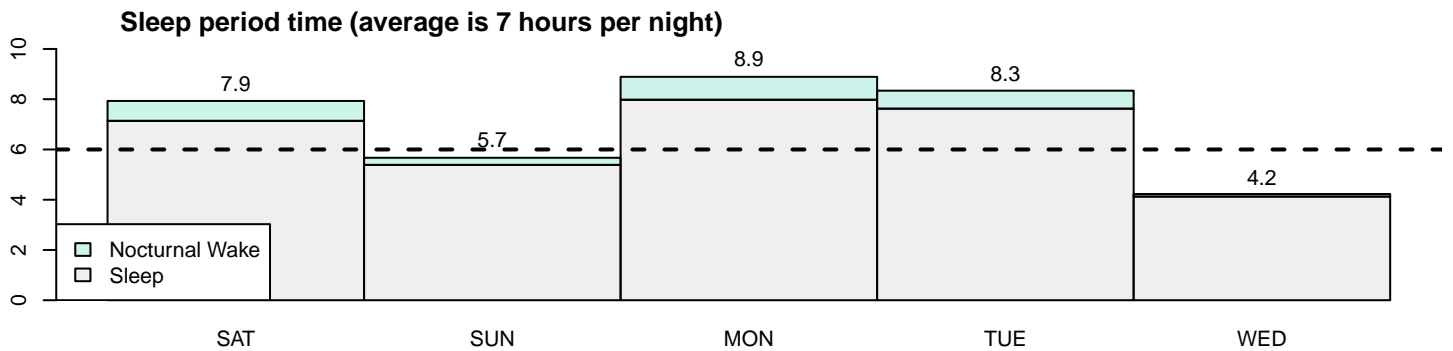
Total physical activity (average per day is 30 mg)



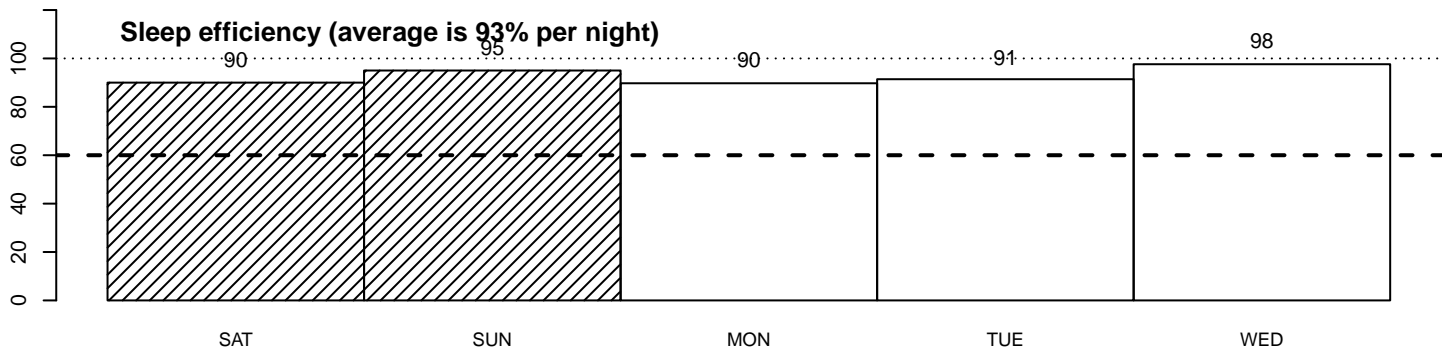
Duration monitor worn (hours per day)



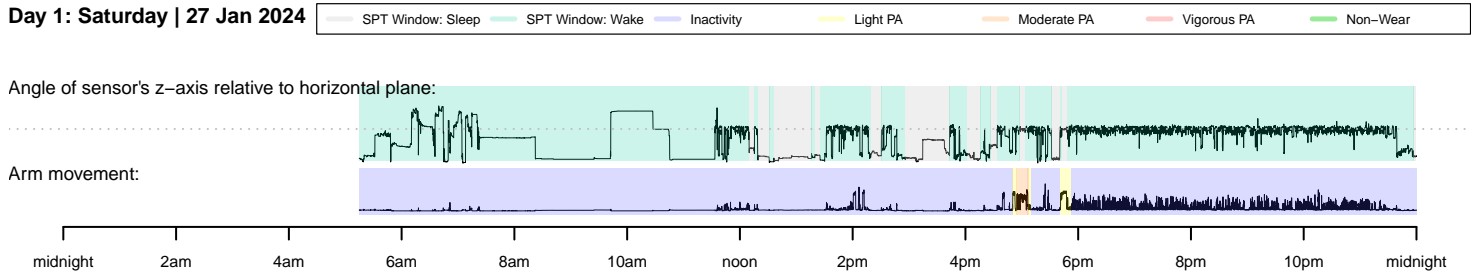
Sleep period time (average is 7 hours per night)



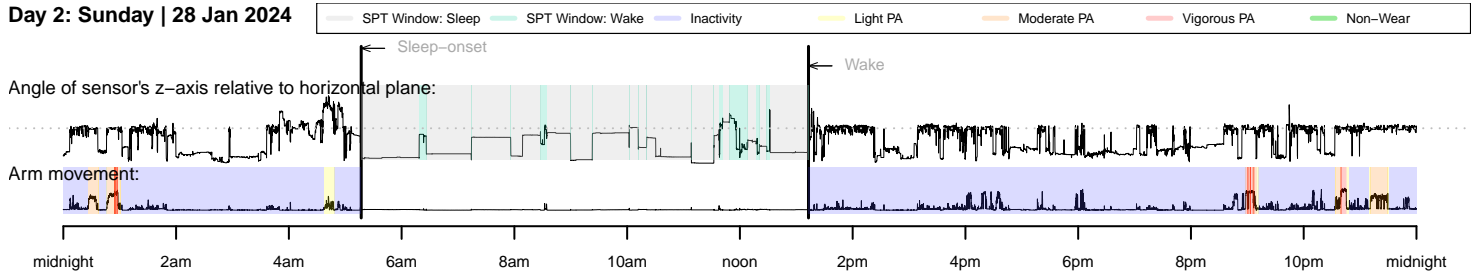
Sleep efficiency (average is 93% per night)



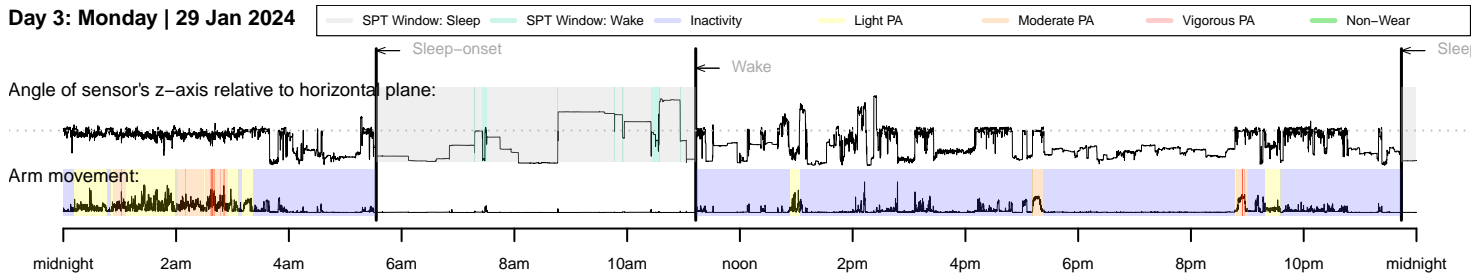
Day 1: Saturday | 27 Jan 2024



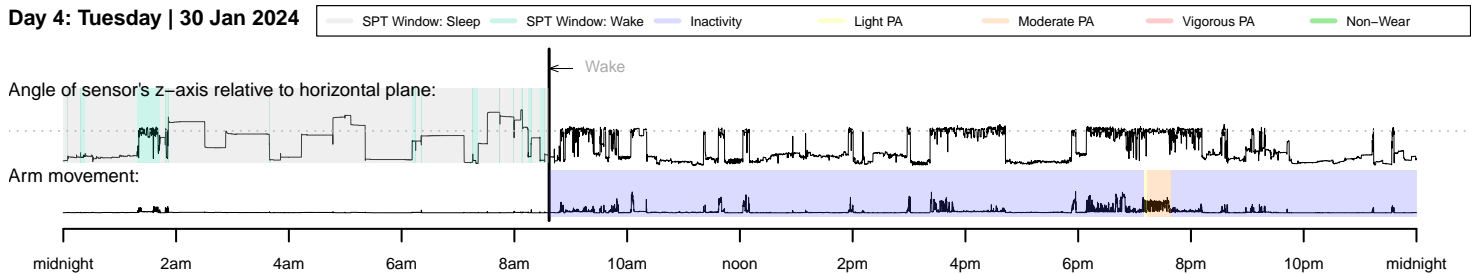
Day 2: Sunday | 28 Jan 2024



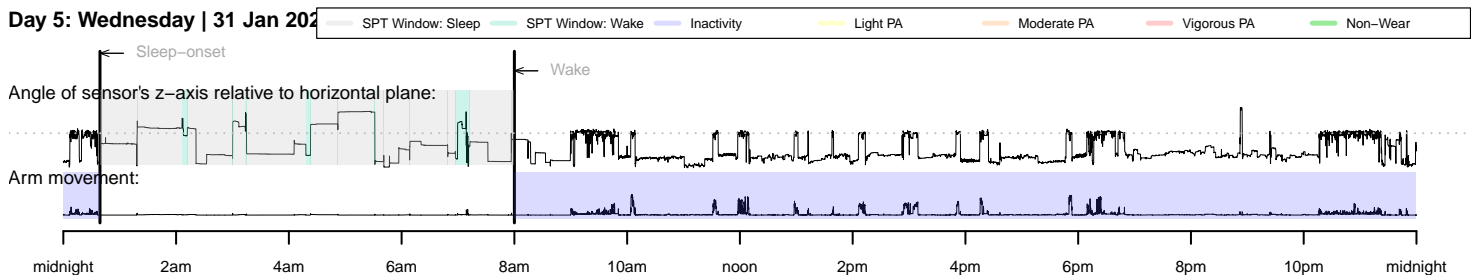
Day 3: Monday | 29 Jan 2024



Day 4: Tuesday | 30 Jan 2024



Day 5: Wednesday | 31 Jan 2024



Day 6: Thursday | 1 Feb 2024

