

## Patients assessment of SLE activity using Q-SLAQ

### Calculation of Quick-SLAQ (Q-SLAQ)

High values indicate greater perceived disease impact/distress.

**The Total Q-SLAQ** score is a summary score on a scale of 0–34

Q-SLAQ item (name of variable)	SLAQ response	Scoring Algorithm
Lost weight without trying	Mild Moderate Severe	1 2 3
Fatigue	Mild Moderate Severe	1 2 3
Fever (>38,5 ° C) taken by thermometer	Mild Moderate Severe	1 2 3
Swollen glands (nodes) in the neck (Lymphadenopathy)	Mild Moderate Severe	1 2 3
Skin/mucosal -Rash on cheeks (shape like a butterfly) -Rash or feeling sick after going out in the sun -Sores in mouth or nose	Score any positive response as one item with max score of 1	1
Alopecia (Bald patches on scalp, or clumps of hair on pillow)	Mild Moderate Severe	1 2 3
Pulmonary distress: -Shortness of breath -Chest pain w/deep breath	Score as one item using highest score on either item (pulmonary)	1 2 3
Abdominal pain	Mild Moderate Severe	1 2 3
Cognitive distress: -Forgetfulness -Feeling depressed	Score as one item using highest score on either item (cognitive impairment)	1 2 3
Unusual headaches	Mild Moderate Severe	1 2 3
Muscle weakness (A) Muscle pain (B)	Score A as primary, mild/moderate/severe If A=0, score B as mild/moderate/severe	1/2/3
Joint pain or stiffness (B) Joint swelling (A)	Score A as primary, mild/moderate/severe If A=0, score B as mild/moderate/severe	1/2/3

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**The Symptom score is a summary score resulting in a possible score of 0-18**

SLAQ item (name of variable)	Any positive response (mild/moderate/severe)	No positive response
Weight loss, unintentional	1	0
Fatigue	1	0
Fever (>38,5 ° C)	1	0
Lymphadenopathy	1	0
Rash on cheeks (shape like a butterfly)	1	0
Rash or feeling sick after going out in the sun	1	0
Sores in mouth or nose	1	0
Alopecia	1	0
Shortness of breath	1	0
Chest pain w/deep breath	1	0
Abdominal pain	1	0
Forgetfulness	1	0
Signs of depression	1	0
Unusual headaches	1	0
Muscle weakness	1	0
Muscle pain	1	0
Join pain or stiffness	1	0
Swollen joints	1	0

## The Patient's global disease activity

Patients assessment of SLE disease activity during the last month scored on a numeric rating scale from 0 (no activity) to10 (most activity).