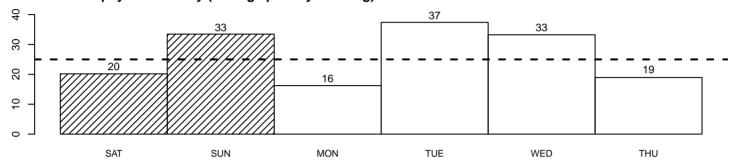
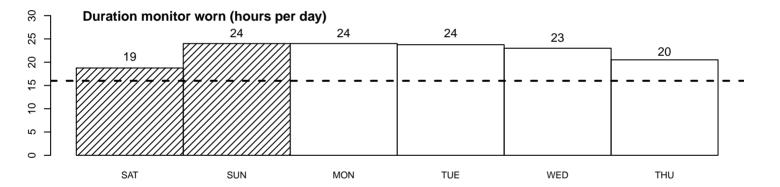
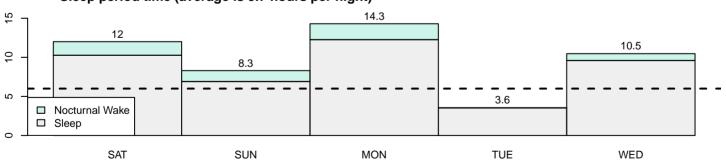


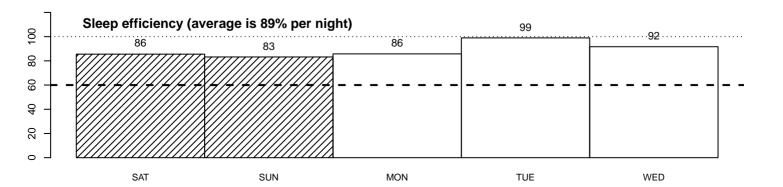
Total physical activity (average per day is 27 mg)





Sleep period time (average is 9.7 hours per night)





10am

noon

2pm

4pm

6pm

8pm

10pm

midnight

midnight

2am

4am

6am

8am