|  | control (N=27) | exercise (N=12) | Overall (N=39) |
| --- | --- | --- | --- |
| **Hemoglobin (mmol/L)** |  |  |  |
| N | 24 | 12 | 36 |
| Mean (SD) | 7.66 (0.600) | 8.03 (0.698) | 7.78 (0.648) |
| Median [Q1, Q3] | 7.70 [7.25, 8.10] | 8.00 [7.63, 8.50] | 7.85 [7.38, 8.13] |
| Missing | 3 (11.1%) | 0 (0%) | 3 (7.7%) |
| **Leucocytes (10^9/L)** |  |  |  |
| N | 15 | 7 | 22 |
| Mean (SD) | 4.97 (2.20) | 4.29 (1.15) | 4.75 (1.92) |
| Median [Q1, Q3] | 4.30 [3.50, 5.75] | 4.30 [3.85, 4.40] | 4.30 [3.60, 5.40] |
| Missing | 12 (44.4%) | 5 (41.7%) | 17 (43.6%) |
| **Thrombocytes (10^9/L)** |  |  |  |
| N | 15 | 7 | 22 |
| Mean (SD) | 244 (51.6) | 220 (41.4) | 236 (49.0) |
| Median [Q1, Q3] | 218 [208, 268] | 240 [183, 248] | 229 [201, 261] |
| Missing | 12 (44.4%) | 5 (41.7%) | 17 (43.6%) |
| **Lymphocytes (10^9/L)** |  |  |  |
| N | 14 | 7 | 21 |
| Mean (SD) | 1.43 (0.471) | 1.27 (0.239) | 1.38 (0.409) |
| Median [Q1, Q3] | 1.50 [0.985, 1.87] | 1.25 [1.15, 1.37] | 1.34 [1.08, 1.69] |
| Missing | 13 (48.1%) | 5 (41.7%) | 18 (46.2%) |
| **Interleukin\_6 (ng/L)** |  |  |  |
| N | 2 | 1 | 3 |
| Mean (SD) | 4.40 (0.990) |  | 4.43 (0.702) |
| Median [Q1, Q3] | 4.40 [4.05, 4.75] | 4.50 [4.50, 4.50] | 4.50 [4.10, 4.80] |
| Missing | 25 (92.6%) | 11 (91.7%) | 36 (92.3%) |
| **β2 microglobuline (mg/L)** |  |  |  |
| N | 15 | 7 | 22 |
| Mean (SD) | 2.23 (0.565) | 2.08 (0.638) | 2.19 (0.579) |
| Median [Q1, Q3] | 2.14 [1.80, 2.47] | 2.00 [1.65, 2.54] | 2.08 [1.73, 2.52] |
| Missing | 12 (44.4%) | 5 (41.7%) | 17 (43.6%) |
| **Complement C3 (g/L)** |  |  |  |
| N | 15 | 7 | 22 |
| Mean (SD) | 0.864 (0.205) | 0.858 (0.391) | 0.863 (0.268) |
| Median [Q1, Q3] | 0.847 [0.772, 1.06] | 0.922 [0.830, 1.05] | 0.863 [0.786, 1.06] |
| Missing | 12 (44.4%) | 5 (41.7%) | 17 (43.6%) |
| **Complement C3 (g/L)** |  |  |  |
| N | 14 | 7 | 21 |
| Mean (SD) | 0.150 (0.0716) | 0.196 (0.0648) | 0.166 (0.0714) |
| Median [Q1, Q3] | 0.155 [0.133, 0.179] | 0.204 [0.157, 0.250] | 0.156 [0.136, 0.204] |
| Missing | 13 (48.1%) | 5 (41.7%) | 18 (46.2%) |
| **anti\_dsDNA (kIU/L)** |  |  |  |
| N | 15 | 6 | 21 |
| Mean (SD) | 28.3 (39.8) | 6.81 (4.56) | 22.2 (34.8) |
| Median [Q1, Q3] | 16.5 [7.75, 30.3] | 6.50 [3.66, 8.85] | 9.00 [4.60, 18.0] |
| Missing | 12 (44.4%) | 6 (50.0%) | 18 (46.2%) |