|  | control (N=27) | exercise (N=26) | Overall (N=53) |
| --- | --- | --- | --- |
| **Hemoglobin (mmol/L)** |  |  |  |
| N | 24 | 26 | 50 |
| Mean (SD) | 7.66 (0.600) | 7.81 (0.848) | 7.74 (0.736) |
| Median [Q1, Q3] | 7.70 [7.25, 8.10] | 7.85 [7.48, 8.00] | 7.80 [7.33, 8.10] |
| Missing | 3 (11.1%) | 0 (0%) | 3 (5.7%) |
| **Leucocytes (10^9/L)** |  |  |  |
| N | 15 | 18 | 33 |
| Mean (SD) | 4.97 (2.20) | 5.09 (1.86) | 5.04 (1.99) |
| Median [Q1, Q3] | 4.30 [3.50, 5.75] | 4.30 [4.10, 6.45] | 4.30 [3.60, 6.30] |
| Missing | 12 (44.4%) | 8 (30.8%) | 20 (37.7%) |
| **Thrombocytes (10^9/L)** |  |  |  |
| N | 15 | 18 | 33 |
| Mean (SD) | 244 (51.6) | 246 (77.6) | 245 (66.1) |
| Median [Q1, Q3] | 218 [208, 268] | 242 [199, 265] | 240 [203, 267] |
| Missing | 12 (44.4%) | 8 (30.8%) | 20 (37.7%) |
| **Lymphocytes (10^9/L)** |  |  |  |
| N | 14 | 18 | 32 |
| Mean (SD) | 1.43 (0.471) | 1.37 (0.458) | 1.40 (0.457) |
| Median [Q1, Q3] | 1.50 [0.985, 1.87] | 1.25 [1.11, 1.59] | 1.33 [1.05, 1.72] |
| Missing | 13 (48.1%) | 8 (30.8%) | 21 (39.6%) |
| **Interleukin\_6 (ng/L)** |  |  |  |
| N | 2 | 5 | 7 |
| Mean (SD) | 4.40 (0.990) | 10.8 (8.81) | 9.00 (7.86) |
| Median [Q1, Q3] | 4.40 [4.05, 4.75] | 7.10 [4.50, 14.3] | 5.10 [4.10, 10.7] |
| Missing | 25 (92.6%) | 21 (80.8%) | 46 (86.8%) |
| **β2 microglobuline (mg/L)** |  |  |  |
| N | 15 | 18 | 33 |
| Mean (SD) | 2.23 (0.565) | 2.23 (0.745) | 2.23 (0.659) |
| Median [Q1, Q3] | 2.14 [1.80, 2.47] | 2.00 [1.87, 2.71] | 2.02 [1.86, 2.57] |
| Missing | 12 (44.4%) | 8 (30.8%) | 20 (37.7%) |
| **Complement C3 (g/L)** |  |  |  |
| N | 15 | 18 | 33 |
| Mean (SD) | 0.864 (0.205) | 0.944 (0.278) | 0.908 (0.247) |
| Median [Q1, Q3] | 0.847 [0.772, 1.06] | 0.976 [0.857, 1.02] | 0.953 [0.821, 1.04] |
| Missing | 12 (44.4%) | 8 (30.8%) | 20 (37.7%) |
| **Complement C3 (g/L)** |  |  |  |
| N | 14 | 18 | 32 |
| Mean (SD) | 0.150 (0.0716) | 0.182 (0.0578) | 0.168 (0.0651) |
| Median [Q1, Q3] | 0.155 [0.133, 0.179] | 0.176 [0.162, 0.209] | 0.169 [0.151, 0.199] |
| Missing | 13 (48.1%) | 8 (30.8%) | 21 (39.6%) |
| **anti\_dsDNA (kIU/L)** |  |  |  |
| N | 15 | 16 | 31 |
| Mean (SD) | 28.3 (39.8) | 6.07 (4.54) | 16.8 (29.6) |
| Median [Q1, Q3] | 16.5 [7.75, 30.3] | 5.00 [3.39, 6.75] | 7.50 [4.60, 16.5] |
| Missing | 12 (44.4%) | 10 (38.5%) | 22 (41.5%) |