|  | control (N=27) | exercise (N=12) |
| --- | --- | --- |
| **Fatigue Severity Scale Change** |  |  |
| N | 24 | 12 |
| Mean (SD) | -0.0185 (0.715) | -0.444 (0.959) |
| NMISS | 3 | 0 |
| **Aerobic Capacity Change from screening (mL/min/kg)** |  |  |
| N | 23 | 12 |
| Mean (SD) | -1.15 (3.04) | 1.39 (3.26) |
| NMISS | 4 | 0 |
| **Maximal Oxygen Uptake change from screening (mL/min)** |  |  |
| N | 23 | 12 |
| Mean (SD) | -101 (211) | 86.7 (196) |
| NMISS | 4 | 0 |
| **Aerobic Capacity Change from baseline (mL/min/kg)** |  |  |
| N | 23 | 12 |
| Mean (SD) | 0.961 (2.96) | 3.14 (3.63) |
| NMISS | 4 | 0 |
| **Maximal Oxygen Uptake change from baseline (mL/min)** |  |  |
| N | 23 | 12 |
| Mean (SD) | 35.8 (203) | 185 (263) |
| NMISS | 4 | 0 |
| **SF-36 Mental Change from baseline** |  |  |
| N | 24 | 12 |
| Median [Q1, Q3] | 2.78 [-1.76, 5.91] | 0.620 [-3.76, 1.99] |
| NMISS | 3 | 0 |
| **SF-36 Physical Change from baseline** |  |  |
| N | 24 | 12 |
| Median [Q1, Q3] | -2.27 [-3.75, 1.03] | -0.223 [-1.88, 3.10] |
| NMISS | 3 | 0 |
| **SLEDAI** |  |  |
| N | 21 | 11 |
| Mean (SD) | 1.43 (3.11) | 0.545 (3.98) |
| NMISS | 6 | 1 |
| **Change in energy intake (kJ)** |  |  |
| N | 11 | 10 |
| Mean (SD) | -1040 (2670) | -65.7 (1270) |
| NMISS | 16 | 2 |
| **Change in MVPA (minutes)** |  |  |
| N | 17 | 12 |
| Median [Q1, Q3] | -2.52 [-10.2, 10.8] | 7.96 [-0.693, 26.5] |
| NMISS | 10 | 0 |
| **Change in BMI (kg/m²)** |  |  |
| N | 24 | 12 |
| Median [Q1, Q3] | -0.00502 [-0.409, 0.130] | -0.141 [-0.631, -0.0325] |
| NMISS | 3 | 0 |