|  | Pingvin (N=27) | Søløve (N=26) |
| --- | --- | --- |
| **Aerobic Capacity Change from test 1 (mL/min/kg)** |  |  |
| N | 23 | 25 |
| Mean (SD) | -1.15 (3.04) | 1.02 (2.96) |
| NMISS | 4 | 1 |
| **Maximal Oxygen Uptake change from test 1 (mL/min)** |  |  |
| N | 23 | 25 |
| Mean (SD) | -101 (211) | 89.4 (258) |
| NMISS | 4 | 1 |
| **Aerobic Capacity Change from test 2 (mL/min/kg)** |  |  |
| N | 23 | 24 |
| Mean (SD) | 0.963 (2.96) | 2.61 (3.52) |
| NMISS | 4 | 2 |
| **Maximal Oxygen Uptake change from test 2 (mL/min)** |  |  |
| N | 23 | 24 |
| Mean (SD) | 35.8 (203) | 162 (260) |
| NMISS | 4 | 2 |
| **SF-36 Mental Change from baseline** |  |  |
| N | 24 | 24 |
| Median [Q1, Q3] | 2.78 [-1.76, 5.91] | 0.861 [-3.37, 2.25] |
| NMISS | 3 | 2 |
| **SF-36 Physical Change from baseline** |  |  |
| N | 24 | 24 |
| Median [Q1, Q3] | -2.27 [-3.75, 1.03] | 0.972 [-1.19, 3.38] |
| NMISS | 3 | 2 |
| **Fatigue Severity Scale Change** |  |  |
| N | 24 | 24 |
| Mean (SD) | -0.0185 (0.715) | -0.106 (1.17) |
| NMISS | 3 | 2 |
| **Change in energy intake (kJ)** |  |  |
| N | 11 | 16 |
| Mean (SD) | -1040 (2670) | -127 (1180) |
| NMISS | 16 | 10 |
| **Change in MVPA (minutes)** |  |  |
| N | 17 | 20 |
| Median [Q1, Q3] | -2.52 [-10.2, 10.8] | 6.33 [-3.02, 17.9] |
| NMISS | 10 | 6 |
| **Change in BMI** |  |  |
| N | 24 | 24 |
| Median [Q1, Q3] | -0.00502 [-0.409, 0.130] | -0.110 [-0.555, 0.213] |
| NMISS | 3 | 2 |