|  | control (N=27) | exercise (N=26) |
| --- | --- | --- |
| **Fatigue Severity Scale Change** |  |  |
| N | 24 | 25 |
| Mean (SD) | -0.0185 (0.715) | -0.120 (1.15) |
| NMISS | 3 | 1 |
| **Aerobic Capacity Change from screening (mL/min/kg)** |  |  |
| N | 23 | 24 |
| Mean (SD) | -1.15 (3.04) | 1.22 (3.08) |
| NMISS | 4 | 2 |
| **Maximal Oxygen Uptake change from screening (mL/min)** |  |  |
| N | 23 | 24 |
| Mean (SD) | -101 (211) | 101 (264) |
| NMISS | 4 | 2 |
| **Aerobic Capacity Change from baseline (mL/min/kg)** |  |  |
| N | 23 | 23 |
| Mean (SD) | 0.961 (2.96) | 2.70 (3.51) |
| NMISS | 4 | 3 |
| **Maximal Oxygen Uptake change from baseline (mL/min)** |  |  |
| N | 23 | 23 |
| Mean (SD) | 35.8 (203) | 192 (287) |
| NMISS | 4 | 3 |
| **SF-36 Mental Change from baseline** |  |  |
| N | 24 | 25 |
| Median [Q1, Q3] | 2.78 [-1.76, 5.91] | 0.844 [-3.36, 2.02] |
| NMISS | 3 | 1 |
| **SF-36 Physical Change from baseline** |  |  |
| N | 24 | 25 |
| Median [Q1, Q3] | -2.27 [-3.75, 1.03] | 1.18 [-1.06, 3.60] |
| NMISS | 3 | 1 |
| **SLEDAI** |  |  |
| N | 21 | 24 |
| Mean (SD) | 1.43 (3.11) | 0.0417 (3.86) |
| NMISS | 6 | 2 |
| **Change in energy intake (kcal)** |  |  |
| N | 11 | 17 |
| Mean (SD) | -248 (639) | -53.5 (289) |
| NMISS | 16 | 9 |
| **Change in MVPA (minutes)** |  |  |
| N | 17 | 21 |
| Median [Q1, Q3] | -2.52 [-10.2, 10.8] | 7.42 [-2.31, 17.4] |
| NMISS | 10 | 5 |
| **Change in BMI (kg/m²)** |  |  |
| N | 24 | 25 |
| Median [Q1, Q3] | -0.00502 [-0.409, 0.130] | -0.126 [-0.520, 0.209] |
| NMISS | 3 | 1 |