Information Fusion-Based Model for Lung Nodule Characterization

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Chapter 1

Introduction

1.1 Context

Lung cancer is the leading cause of cancer-related deaths, often diagnosed in an advanced stage, resulting in a low 5-year survival rate of less than 10%, which occurs in 70% of cases, but if detected in an early stage, it is greater than 90% [6]. In 2022, lung cancer had the highest incidence and mortality rates of all cancers worldwide [7]. In particular, in upper-middle-income countries, there has been a significant increase in lung cancer-related deaths, with a rise of 442,000 deaths, more than 2.5 times the increase in deaths of the combined three other income groups [18].

Efforts to reduce lung cancer mortality by screening have been hampered by the aggressive and diverse nature of the disease [16], for example, CT scans help diagnose lung cancer more precisely and produce a reduction of 20% in mortality. Today, the classification of a pulmonary nodule is dependent on measuring the growth rate of that nodule from multiple CT scans and following it for approximately two years to avoid performing a biopsy, which is an invasive procedure for diagnosis. Another downside of slice-by-slice CT scans in lung cancer detection is that they are challenging for doctors, since the amount of data saved in this medical procedure is time-consuming, expensive, prone to reader bias, and requires a high degree of competency and concentration [1].

As medical data becomes more complex, there is a growing need for models that can effectively integrate and analyze these data to support clinical decision-making [10]. Computer-aided diagnosis (CAD) is increasingly being investigated as an alternative and complementary approach to conventional reading, as it avoids many of these issues. Automated nodule diagnostic systems can save both time and money while avoiding the risks of invasive surgical procedures. The non-invasive CAD system for lung nodule diagnosis is promising and has achieved very high accuracy measures from a single CT scan [1].

The combined gains in medical imaging and deep learning complement new approaches that are accurate and safer ways of recognizing diseases. Deep learning models can overcome projections that show how medical images have been analyzed to locate and determine the type of lung abnormalities that are a common cause of cancer.

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1.2 Problem

This thesis addresses the need for a more accurate and reliable diagnostic tool. Existing diagnostic systems, largely based on deep learning models, have certain limitations when it comes to accuracy and generalization in regards towards medical image datasets. This sort of models are often based on deep features from neural networks, which can overshadow superficial features such as texture and shape that are important for accurately classifying nodules.

In addition, the lack of explainability of the model poses a challenge in clinical contexts, which can limit its reliability in making critical medical decisions. The inability to provide interpretable information hinders the adoption of these methods for the diagnosis of lung cancer.

1.3 Hypothesis

Feature extraction is critical for the characterization task, which involves both shallow features (texture and shape descriptors) and deep features learned by deep neural networks (DNNs). The state of the art demonstrates that performance through the application of information fusion techniques could be more efficient in deep learning models when applied in lung nodule characterization [21]. These advancements highlight the need for further research in deep learning and information fusion to prompt early detection and reduce mortality as well as to provide more effective treatment strategies for lung cancer.

We hypothesize that this information fusion-based model approach, with shallow and deep features, will result in a more accurate and reliable model for lung cancer characterization, making it better suited for early detection and precision diagnosis. We seek to overcome the current state-of-the-art limitations in automatic lung cancer diagnostics, offering a solution that not only improves prediction accuracy but also has the potential to assist in clinical decision-making and medical practice.

1.4 Motivation

Promoting the improvement of human life and health through early detection of diseases continues to be a concern throughout the world and is also the main objective of Goal 3 (Ensure healthy lives and promote well-being for all at all ages) of the Sustainable Development Goals (SDGs) of the United Nations [17]. Lung cancer is an enemy of public health care and the development of early and accurate diagnostic tools will help improve survival rates. This research aims to contribute to the goal of promoting health by harnessing modern technologies to address one of the greatest diagnostic issues in oncology today. Through the development of models that support more precise care, this dissertation aligns with the global imperative to promote well-being for all.

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1.5 Research Questions

To bring clarity and precision to the hypothesis, we will break it down into three research questions. These questions will guide the investigation, helping us to understand the main points of our hypothesis.

- 1. Does fusing information from shallow and deep feature extractors bring any improvement (classification performance, generalization, reduction in the number of model parameters) compared to using only a deep feature extractor?
- 2. How does this approach compare with an approach that only uses a deep feature extractor when varying the dataset? (e.g. training on one set of data and testing on another, using different amounts of data, among others)
- 3. In what ways can information-fusion-based models contribute to improving the explainability of lung nodule malignancy predictions?

Chapter 2

Literature Review

The main goal of this literature review is to define a strategy for completing the state of research on information fusion-based models for lung nodule characterization, with a focus on identifying fusion techniques currently applied in this field. In particular, it has three main objectives: to gain knowledge by analyzing the different types of techniques that have been used in nodule characterization, to discover the specific methods that have been designed to automate nodule characterization and to evaluate the effectiveness of these methods based on the results obtained in the respective studies. However, in addition to achieving these objectives, the review will help to understand the current state of information fusion methods in this area and will lead to a better understanding of the various approaches.

Through recent studies analyses, we will study the most widely adopted techniques, as well as hybrid approaches that combine various strategies. In addition, methods used for automatic nodule characterization will also be analyzed, with a focus on deep learning architectures adapted to CT scan image analysis. This synthesis aims to establish a comprehensive basis for future studies in the characterization of pulmonary nodules and to guide the development of more effective, interpretable and applicable models in a clinical environment.

2.1 Eligibility Criteria

In order to achieve the relevance and rigor of the selected studies, the criteria for the systematic review were specified. These criteria seek to encompass the entire body of research that has been conducted between shallow and deep feature extractors and information fusion techniques in the characterization of CT scans, mainly related to lung nodules. To expand the scope, a more extensive view of applicable methodologies was included for medical conditions that use CT technologies if the studies presented relevant approaches.

In terms of eligibility, only studies published in the last five years (2019 - 2024) were considered, which ensures that the review reflects recent advances in fusion techniques in the field of medical imaging. Articles were limited to those published in English to maintain consistency

2.2 Search Strategy 5

and accessibility. In addition to the characterization of pulmonary nodules, studies aimed at diagnosing other medical conditions revealed by CT scans were also included, as long as they used methodologies that could be used within the scope of this study.

2.2 Search Strategy

In this review, a comprehensive search strategy was formulated to find relevant studies in various reliable databases. The search was conducted mainly in three academic databases: IEEE Xplore, PubMed and Google Scholar.

The search process employed a set of keywords and Boolean operators to develop comprehensive queries. The primary keywords included terms such as "lung nodule characterization," "information fusion," "shallow feature extraction," "deep feature extraction," and "CT scan analysis." Additionally, secondary terms were included to capture more specific methodologies and techniques, such as "texture features," "shape features," "convolutional neural networks (CNN)," and "medical image classification."

Furthermore, in addition to the database searches, reference chaining was used to expand the list of studies. Specifically, the references of key articles excavated in the initial phase were subjected to scrutiny. As an example, significant references were extracted from the influential article Fusion of Textural and Visual Information for Medical Image Modality Retrieval Using Deep Learning-Based Feature Engineering [10], which has been helpful in the study of fusion techniques for the analysis of pulmonary nodules. Reviewing the references cited in this document helped to identify other studies relevant to the objectives of the initial work, linked by common topics.

2.3 Screening Process

After the search drew out a set of studies that might be relevant, the title and abstract screening process followed. During this phase, each study's titles and abstracts were reviewed to weed out studies that are obviously not relevant. This first screening made it possible to discard the articles that didn't fit the core inclusion criteria, including those that are not associated with CT-based medical imaging or those focusing on work unrelated to the use of shallow or deep features extractors or information fusion methods.

This strategy was used to cut out irrelevant studies in a fast and easy way as well as to let potentially related papers through to the full-text analysis phase. At this stage, the objective was to screen only titles and abstracts. This enabled the easy inclusion of studies that were worth further investigation in subsequent stages.

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2.4 Summary

This literature review lays the foundations for the study and research into lung nodule characterization models based on information fusion. With the implementation of a search strategy, this review presents a current selection of studies focused on the characterization of lung nodules and including other diseases based on CT scans. The structured procedure of using the main databases and linking references ensures that relevant studies are obtained, and the selection is further boosted by the use of the title and abstract screening process, which shortens the selection to studies that are actually dealing with research in terms of deep learning, shallow feature extraction and information fusion techniques.

Chapter 3

State of the Art

3.1 Lung Nodule Characterization

The detection of lung nodules is only one of the first steps when the objective is an assertive diagnosis of lung cancer. Once identified, the characteristics of these nodules must be analyzed to establish their risk of malignancy. This process, known as lung nodule characterization, is critical to reducing false positives and guiding more effective clinical decisions.

When discussing characterization, analyzing various features extracted from CT scans is important. These features include the size and volume of the nodules, as larger nodules may be more suspicious [5]. The shape and margins are also significant; benign nodules typically have more regular shapes, while malignant nodules often appear irregular, spiculated, or lobulated [1]. Other factors to consider are texture and density, as these can provide valuable insight into the nodule. [1] [5]

Recognizing that accurate diagnosis is crucial in preventing death from lung cancer, a traditional approach relies on visual assessment by radiologists. However, this method is often time-consuming and may lead to errors, especially when dealing with smaller nodules or those that have more subtle characteristics. The NLST has shown that low-dose CT screening is an effective way of fighting lung cancer, detecting tumors at early stages, and significantly reducing mortality. [16] On the other hand, it's also important to recognize that screening with low-dose CT can result in false-positive outcomes. There was a significantly higher rate of positive results in the low-dose CT group (24.2%) compared to the X-ray group (6.9%). False-positive results in lung cancer screening can lead to invasive and/or unnecessary diagnostic procedures, which entails risks for patients and additional costs for healthcare systems.

Here is where we found the space for new technological advances like CAD systems and other techniques for automated lung characterization, that may help radiologists to interpret images more efficiently and consistently, reducing human error.

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3.1.1 Datasets Overview

This section presents some of the most well-known and widely used datasets in lung nodule characterization tasks.

3.1.1.1 LIDC-IDRI

The Lung Image Database Consortium Image Collection (LIDC-IDRI) is a comprehensive collection of CT scans of the thorax, designed for the diagnosis of lung cancer and the detection of visualized lesions. This internationally accessible database serves as a valuable resource for the development of computer-aided detection (CAD) systems focused on lung cancer diagnosis and evaluation. Launched by the National Cancer Institute (NCI) and further developed by the Foundation for the National Institutes of Health (FNIH), with support from the Food and Drug Administration (FDA), this public-private partnership exemplifies the success of a consensus-based consortium.

The creation of this data registry involved collaboration among seven academic research centers and eight major medical imaging companies, resulting in a total of 1,018 cases. Each case includes clinical thoracic CT scan images for individual subjects, accompanied by an XML file that details the results of a two-phase image annotation process. In the first phase, four radiologists independently reviewed CT images and annotated lesions into one of three categories: "nodule >=3 mm," "nodule <3 mm," and "non-nodule >=3 mm." During the second phase, the radiologists reviewed their annotations alongside the anonymized annotations of their peers to reach a consensus. This process was designed to allow for the accurate tallying of lung nodules on a CT scan with minimal human intervention, without requiring forced agreement among the radiologists. [?]

3.1.1.2 LUNA16

The Lung Nodule Analysis 2016 dataset utilizes the publicly available LIDC/IDRI database mentioned earlier. Scans with a slice thickness greater than 2.5 mm were excluded from the dataset. In total, there are 888 CT scans included. The reference standard for this challenge consists of all nodules that are 3 mm or larger, which were accepted by at least 3 out of 4 radiologists. Annotations that are not part of the reference standard, such as non-nodules, nodules smaller than 3 mm, and nodules annotated by only 1 or 2 radiologists, are classified as irrelevant findings. [?]

3.1.1.3 NLST

The National Lung Screening Trial (NLST), previously mentioned, was a randomized controlled trial conducted by the Lung Screening Study Group (LSS) and the American College of Radiology Imaging Network (ACRIN). The purpose of the trial was to evaluate whether screening for lung cancer with low-dose helical computed tomography (CT) reduces mortality compared to screening with chest radiography in high-risk individuals. Approximately 54,000 participants were enrolled

between August 2002 and April 2004. Data collection for the study has concluded, with the final information gathered by December 31, 2009. [16] [?]

3.1.1.4 Limitations Acknowledge

It is important to recognize that medical imaging datasets significantly contribute to the development and validation of computer-aided detection (CAD) systems for lung cancer diagnosis. Nevertheless, even the most used datasets, such as LIDC-IDRI and LUNA16, come with some limitations that can impact model performance and generalizability. These challenges include a lack of annotated data, subjectivity in labeling, inter-observer variability, and potential biases within the datasets. These factors complicate the creation of robust and broadly applicable models. Additionally, we acknowledge that the process of annotating medical images is both time-consuming and costly, often leading to datasets that are limited in size. This limitation is further exacerbated by patient data privacy regulations, which restrict access to larger datasets. [8]

3.1.2 Visual Detection

Having defined already what to analyze, we dig into how to do it. Most of the "more traditional" methods could be explained by having two major distinguishing steps: the first consists of using some feature extractor methods and then retrieving the respective feature descriptor, and then, the second, uses the retrieved descriptor as train data for a classification model.

Farag et al. [3] explored feature fusion by extracting texture descriptors (Gabor filters and Local Binary Patterns - LBP) and shape (signed distance transform fused with LBP). They showned that Gabor filters, when implemented on a two-level cascaded framework with Support Vector Machines (SVM) classifiers, obtained the best performance: a mean area under the ROC curve (AUC) of 99% and an F1-score of 97.5%. This approach strongly encourages the premise that feature fusion, in particular with Gabor filters, could improve classification.

Shaffie et al. [2] proposed a framework to accurately diagnose lung nodules by integrating two types of features: (1) appearance features from a seventh-order Gibbs random field model that captures spatial heterogeneities in nodules, and (2) geometric features defining their shape. Then a deep autoencoder classifier uses these features to distinguish between malignant and benign nodules. Evaluated with data from the LIDC, which included 727 nodules from 467 patients, the system demonstrated potential for lung cancer detection, achieving a classification accuracy of 91.20

Munoz et al. [14] used a predictive model, such as XGBoost, based on morphological characteristics extracted from CT scans, an approach called "3D-MORPHOMICS". Its premise is that morphological changes can be quantified and used in the diagnostic process since irregularities in the nodules are indicators of malignancy. The classification model, using only 3D-morphomic features, achieved an AUC (Area Under the ROC Curve) of 96.4% on the NLST test set, and the combination with radiomic features resulted in even better performance, with an AUC of 97.8% on the NLST test set and 95.8% on the LIDC dataset.

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Alksas et al. [5] employ an approach that modifies the local ternary pattern (LTP) to use three levels instead of two and a new pattern identification algorithm to capture the heterogeneity and morphology of the nodule. Then the features were given as training data to a classification architecture based on hyper-tuned stacked generalization to classify nodules, achieving an overall accuracy of 96.17%, with 97.14% sensitivity and 95.33% specificity. On the other hand, the original LBP and other classification structures resulted in lower performance when compared to the proposed approach.

While Shaffie et al. uses a combination of appearance and geometric features, and Munoz et al. employ 3D-morphomic features, Alksas et al. focus on texture heterogeneity and nodule morphology.

3.1.3 Deep-Learning

While until now CAD systems for pulmonary nodules have been based on feature extraction techniques and using traditional classifiers, in recent years deep learning techniques, particularly CNNs, have revolutionized the analysis of medical images. CNNs can automatically learn complex hierarchical features from raw image data, eliminating the need for complex manual feature engineering. Going deeper, both Halder et al. [9] and Gu et al. [8] recognize the paradigm shift from traditional feature engineering techniques to deep learning-based approaches for detecting and diagnosing pulmonary nodules.

The study by Liu et al. [20] emphasizes the need to consider the temporal aspect in analyzing pulmonary nodules. It employs a Faster R-CNN to generate regions of interest and extract temporal and spatial features from lung nodule data. A 3D CNN fuses these features, and a time-modulated LSTM model (T-LSTM) analyzes trends and predicts the evolution and malignancy of lung lesions, achieving an area under the curve (AUC) of 92.71%, surpassing traditional methods like XGBoost and RNN.

Zhao et al. [22] proposed a lung nodule detection method that integrates multi-scale feature fusion. Candidate nodules are detected using a Faster R-CNN with multi-scale features, achieving a sensitivity of 98.6%, a 10% improvement over single-scale models. For false positive reduction, a 3D CNN based on multi-scale fusion achieved 90.5% sensitivity at 4 false positives per scan.

While studying the identification of COVID-19 cases, Mahmoud et al. [12], explored several different learning Deep-Learning Networks for thoracic image retrieval. It used two sets of data focused on the thorax: X-ray and CT scans. Pre-trained models were used, like ResNet-50, AlexNet, and GoogleNet, as feature extractors. Similarity between images was assessed using measures such as City Block and Cosine. ResNet-50 achieved the best accuracy, reaching 99% for positive COVID-19 cases and 98% for negative cases in chest X-rays. It is important to mention that although the study focused on COVID-19, the approach can be explored into other chest diseases.

3.1.4 Information Fusion

Although we have had a paradigm shift, deep learning approaches still face many challenges, for example, if the segmentation of the node is not accurate, the model may not be able to extract the features correctly, leading to inaccurate classification. [19] [8] Bearing this in mind, we can conclude that the fusion of information with feature extraction methods remains a path that could lead to an improvement in the current state characterization of pulmonary nodules.

Deep learning models with feature extraction show better accuracy and lower False Positive rates. Textural features, such as GLCM, are promising for differentiating nodules. The combination of feature extraction methods and neural networks optimizes detection. [13]

Xie et al. [21] gave us an algorithm, Fuse-TSD, that takes texture, shape, and deep features to automatically classify lung nodules in chest CT images. It uses a texture descriptor based on the GLCM, a Fourier shape descriptor, and a DCNN to extract features. Then classifiers, AdaBoosted Back Propagation Neural Network (BPNN), are applied for each feature and the decision is made by the fusion of the respective results. Evaluated on the LIDC-IDRI dataset, Fuse-TSD achieved an AUC of 96.65% when nodules with a composite malignancy rate of 3 were discarded, 94.45% when they were considered benign, and 81.24% when they were considered malignant.

Imdad Ali et al. [4] starts from the principle that optimal deep features could improve the precision of the classification task. They propose a decision-level fusion technique for classification, intending to enhance CAD systems. First, they evaluated the performance of the SSVM and AdaBoostM2 algorithms using deep features extracted from pre-trained deep learning architectures. After identifying the optimal layers for feature extraction, they performed decision-level fusion, combining the results of SVM classifiers trained on features from three high-performance deep learning models: ResNet-101, GoogLeNet and Inception-V3. The proposed fusion technique achieved a classification accuracy of $90.46\% \pm 0.25\%$, outperforming state-of-the-art techniques.

Muhammad Muzammil et al. [15] investigates different fusion approaches based on feature fusion and ensemble learning to classify lung nodules in CT scans. The authors propose two heterogeneous fusion techniques: fusion based on the average prediction score (AVG-Predict) and fusion based on majority voting (MAX-VOTE). The results showed that the MAX-VOTE technique, combining the predictions of twelve individual classifiers, achieved the highest accuracy in binary classification, with $95.59\% \pm 0.27\%$.

Saeed Iqbal et al. [10], present with this study an innovative technique for classifying medical image modalities by combining visual and textural features. A pre-trained CNN extracts deep features, while manual methods like Zernike moments, Haralick features, and Global-Local Pyramid Pattern (GLPP) capture relevant textural and statistical attributes. These fused features are used to train ML classifiers such as SVM, KNN, and Decision Trees. The proposed approach outperformed standalone pre-trained CNNs, achieving 95.89% accuracy and 96.31% recall in modality classification.

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3.2 Remarks

We all recognize that AI has shown significant potential for enhancing diagnostic accuracy, reducing false positives and optimizing the management of pulmonary nodules. However, generalization, interpretability and clinical integration are still challenges to be overcome. [11] It is essential this kind of tools are validated on larger datasets representative of the population to be applied and that they are integrated into clinical workflows responsably. [23]

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