Q: 1 What are some example of impression management ?

Impression management refers to the process by which people attempt to control the perceptions others have of them. This can be done through various strategies and behaviors.

1. Self-Promotion
2. Ingratiation
3. Selective Disclosure
4. Appearance Management
5. Behavioral Matching
6. Emotional Expression

Q:2 What are some example of impression management?

1. Job Interviews
2. Performance Reviews
3. Networking Events
4. First Impressions
5. Social Media Profiles
6. Conferences

Q:3 What are some ways to improve impression management?

Self-Awareness and Reflection

Assess Strengths and Weaknesses

Seek Feedback

Effective Communication

Practice Active Listening

Enhance Verbal and Nonverbal Communication

Appearance and Presentation

Social Skills

Networking

Professionalism

Personal Branding

Emotional Intelligence

Adaptability

Continuous Improvement

Q:3 What are some way to improve impression management?

Self-Awareness

Communication Skills

Nonverbal Communication

Appearance and Professionalism

Active listening

Social Skills