

All people have a greater choice of foods than one hundred years ago. Most people have opinion that convenience foods eventually replace traditional foods and traditional methods of food preparation ,but there is also an opposite opinion. The first say that that convenience foods have a time advantage but the second say that ones have a unknow recipe of the food .In this essay, we will look at both points of view.

One the one hand, convenience foods need a less time of cooking. It is very comfortable because you have more time for your hobby or job or spend time with your family or friends.

One the other hand, more people do not trust recipe of the food, and they prefer to cook from products which to choice themself. Often home-made food tastes better than convenience foods. These foods cost more expensive than foods which you cook at home. I suppose, dishes which to cooked at home tastier than buy in the store.

To sum up, both points of view have the right to exist, because convenience foods have advantages and disadvantages. It seems to me that