

 **ST455: Reinforcement Learning****Lecture 1: Introduction to Reinforcement Learning**

Chengchun Shi

# Lecture Outline

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- 1. Introduction and Course Overview**
- 2. Multi-Armed Bandit**
- 3. Contextual Bandits**

# Lecture Outline

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## 1. Introduction and Course Overview

## 2. Multi-Armed Bandit

## 3. Contextual Bandits

# Course Information

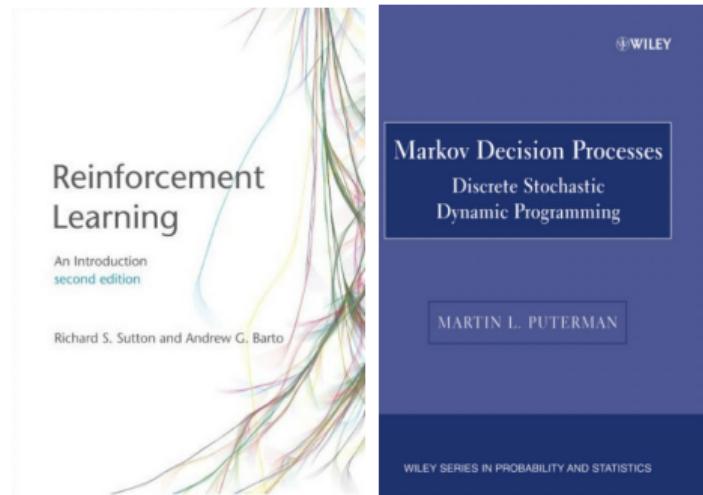
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- **Lectures:** Tue 14 – 16:00 pm, MAR 2.04 (zoom: 985 785 4435)
- **Seminars:** Wed 13 – 14:30 pm, CBG 1.05 (zoom: 985 785 4435; lead by CS)  
Wed 16 – 17:30 pm, CBG 2.04 (lead by Edward)  
You may join lecture and seminar via **zoom** as well
- **Office Hours:**
  - Chengchun Shi (c.shi7@lse.ac.uk): Tue 13-14:00 pm, COL 8.08 or ZOOM
  - Edward Plum (e.plumb@lse.ac.uk): Fri 11-12 am.
  - Please use **LSE Student Hub** to book slots
- **Assessment:**
  - Two summative assignments at Weeks 4 & 7 (10% each)
  - A final project (group project) to apply/develop RL algorithms (80%)
- We use **GitHub**. Please register and fill in the [link](#)
- More on **Moodle** ([link](#))

# Textbooks

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- **Reinforcement Learning: An Introduction**  
(Second Edition) by Sutton and Barto (2018)
  - Hardcover £50 on Amazon
  - Ebook free online ([link](#))
  - ≈70K citations so far
- **Markov decision processes: discrete stochastic dynamic programming** by Puterman (2014)



# Useful Resources

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- Deepmind & UCL reinforcement learning (RL) course by David Silver
  - Course webpage [link](#)
  - Videos available on Youtube
  - Slides available on webpage
- UC Berkeley PhD-level deep RL course by Sergey Levine
  - Course webpage [link](#)
  - Some more resources [link](#)
- Working draft on “**Reinforcement Learning: Theory and Algorithms**” by Alekh, Nan, Sham and Wen [link](#)



# Applications

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(a) Games



(b) Health Care



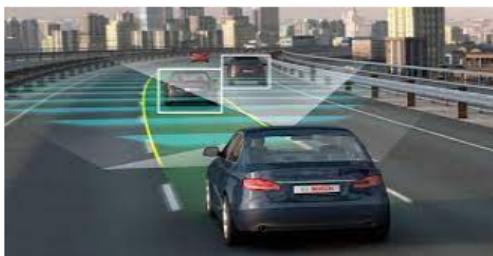
(c) Ridesharing



(d) Robotics



(e) Finance



(f) Automated Driving

# Games

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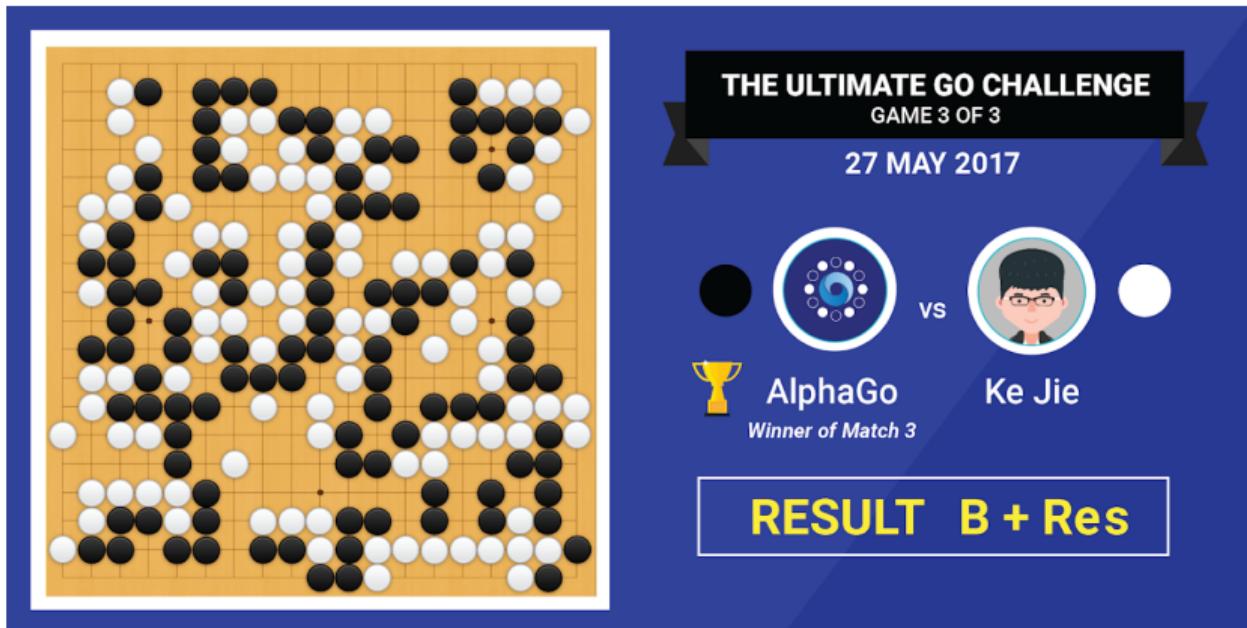


Figure: AlphaGo. See Silver et al. [2016] for details. To be discussed in more detail in Lecture 9.

# Games (Cont'd)

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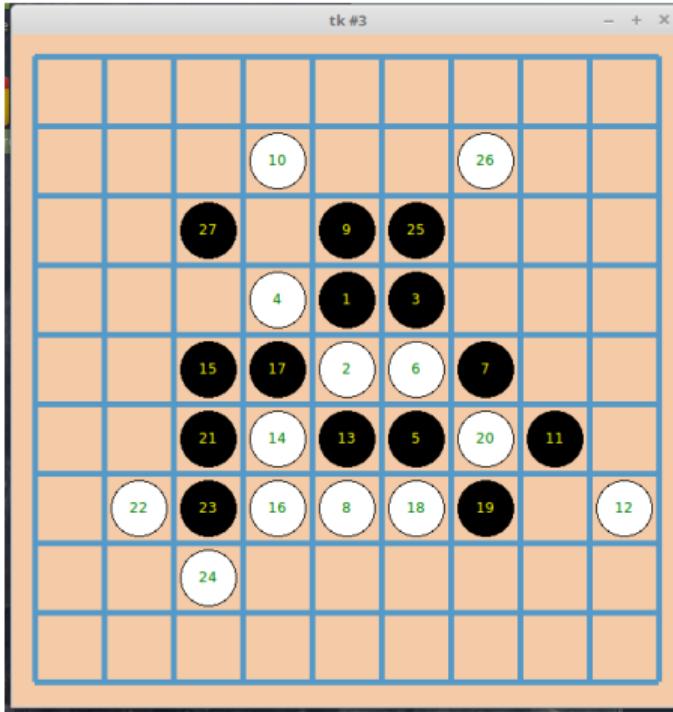


Figure: An implementation of AlphaGo Zero on Gomoku. To be discussed in more detail in Seminar 10.

# Games (Cont'd)

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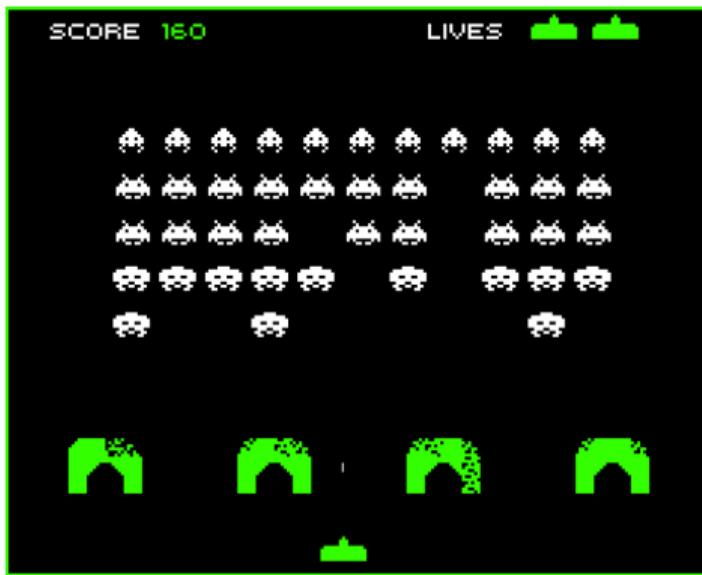
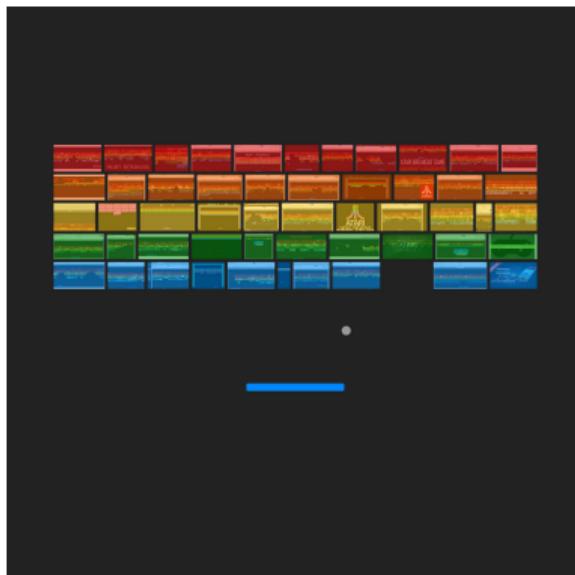


Figure: Two Atari Games: Breakout ([link](#)) and Space Invaders. To be discussed in more detail in Lecture 7 & Seminar 8.

# Healthcare

- Management of **Type-I diabetes**  
[Luckett et al., 2019, Shi et al., 2020, 2022, Zhou et al., 2022a]
- **Subject:** Patients with Type-I diabetes
- **Objective:** Improve health outcomes
- **Intervention:** Determine whether a patient needs to **inject insulin or not** based on their glucose levels, food intake, exercise intensity, etc.
- **Data:** OhioT1DM dataset

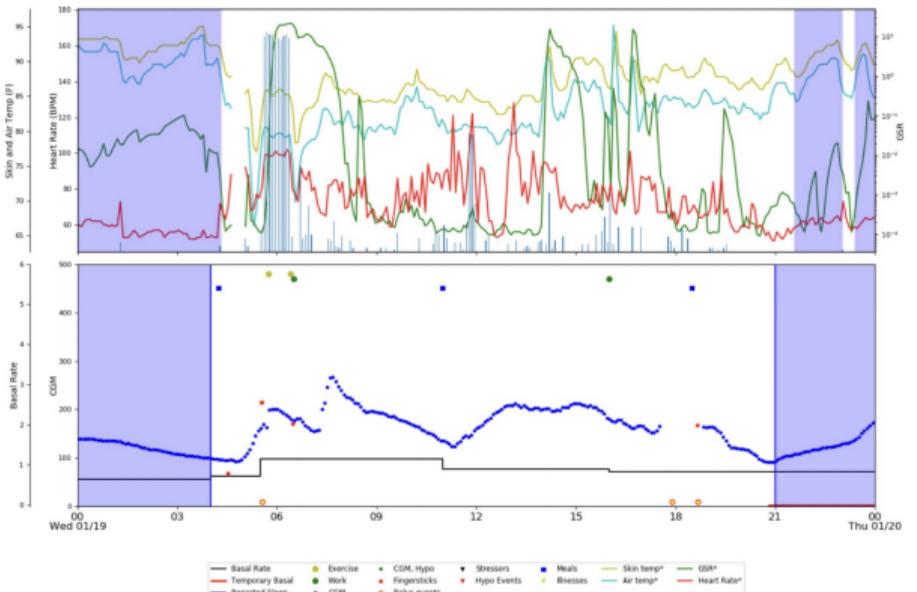


Figure: OhioT1DM data. To be discussed in Lecture 10.

# Healthcare (Cont'd)

- **Intern health study** [NeCamp et al., 2020, Li et al., 2022]
- **Subject:** First-year medical interns working in stressful environments (e.g., long work hours and sleep deprivation)
- **Objective:** Promote physical and mental well-beings
- **Intervention:** Determine whether to send certain text message to a subject

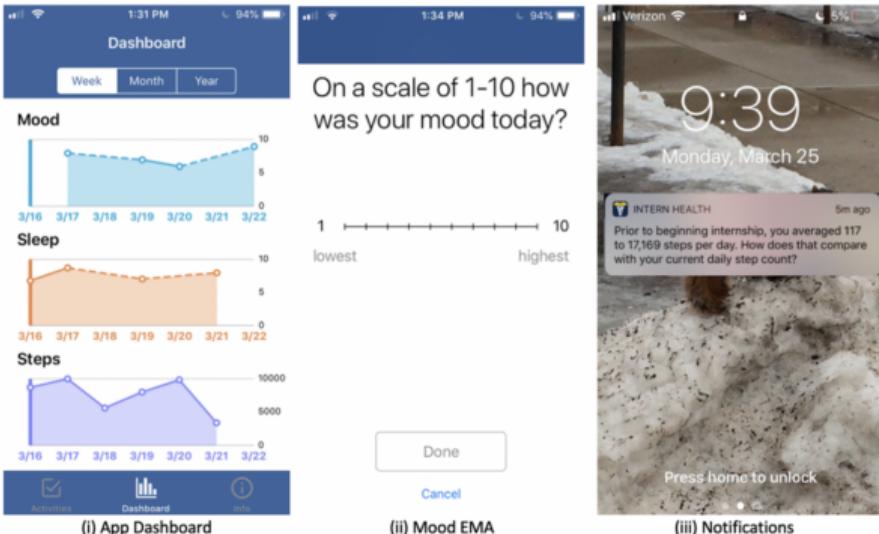


Figure: IHS. To be discussed in Lecture 10.

# Healthcare (Cont'd)

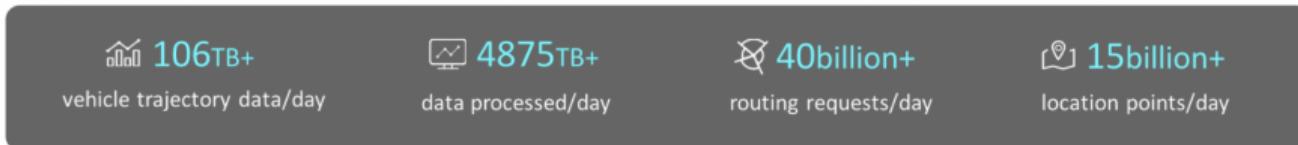
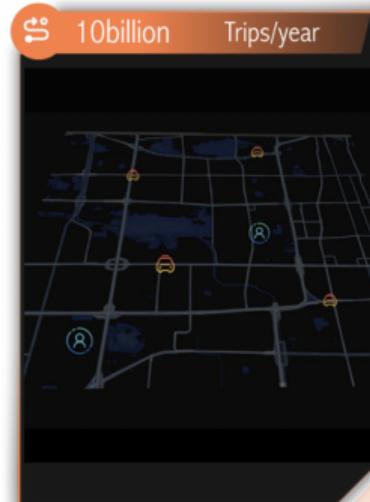
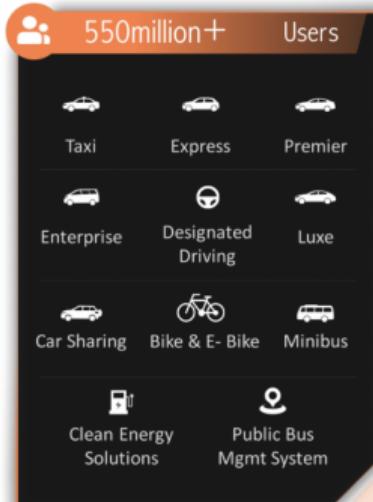
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**Table 1.** Examples of 6 different groups of notifications.

| Notification groups | Life insight  | Tip   |
|---------------------|---|---|
| Mood                | Your mood has ranges from 7 to 9 over the past 2 weeks. The average intern's daily mood goes down by 7.5% after intern year begins.   | Treat yourself to your favorite meal. You've earned it!   |
| Activity            | Prior to beginning internship, you averaged 117 to 17,169 steps per day. How does that compare with your current daily step count?    | Exercising releases endorphins which may improve mood. Staying fit and healthy can help increase your energy level.   |
| Sleep               | The average nightly sleep duration for an intern is 6 hours 42 minutes. Your average since starting internship is 7 hours 47 minutes. | Try to get 6 to 8 hours of sleep each night if possible. Notice how even small increases in sleep may help you to function at peak capacity & better manage the stresses of internship. |

- Other applications:
  - HeartSteps [Liao et al., 2020]
  - Sepsis treatment [Li et al., 2020, Chen et al., 2022, Zhou et al., 2022b]

# Ridesharing



# Ridesharing (Cont'd)

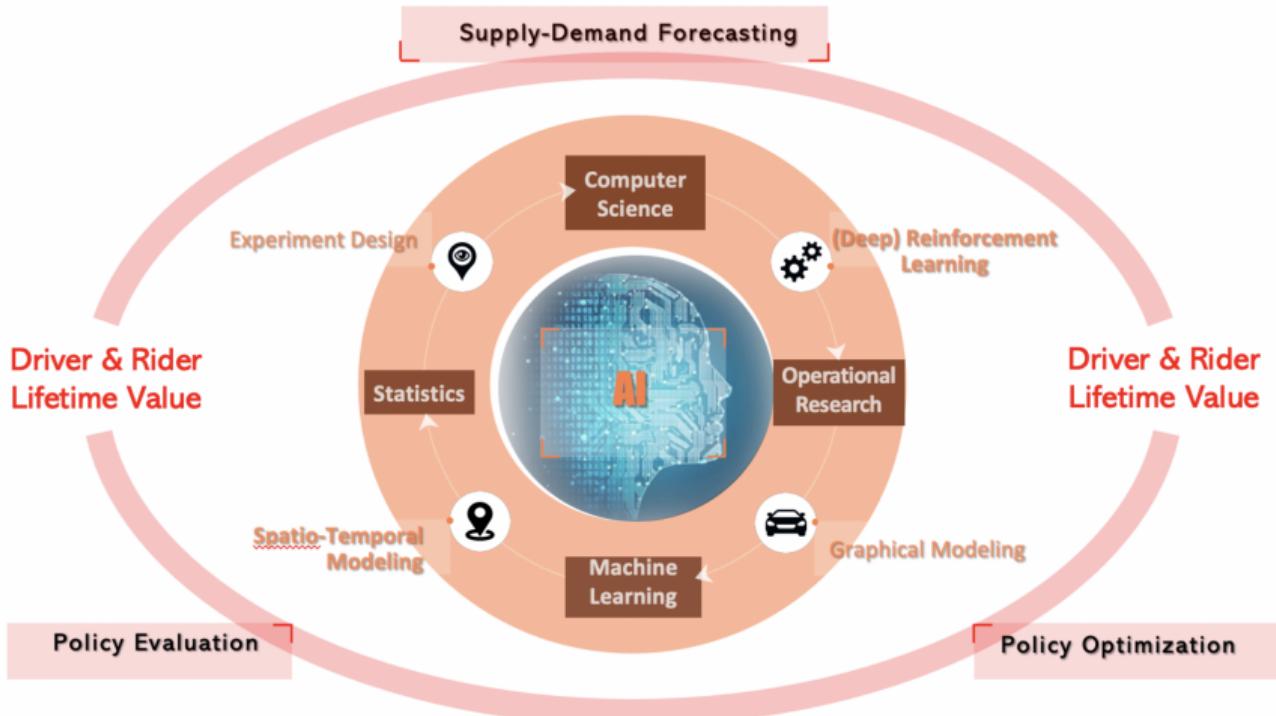


Figure: RL for Ridesharing. To be discussed in more detail in Lecture 7 & Seminar 7.

# Robotics

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Figure: See <https://www.youtube.com/watch?v=gn4nRCC9TwQ>

# ChatGPT



## Reinforcement Learning from Human Feedback: From Zero to ChatGPT

When?: Next Tuesday 13 Dec,  
at 5:30pm CET / 11:30 am ET

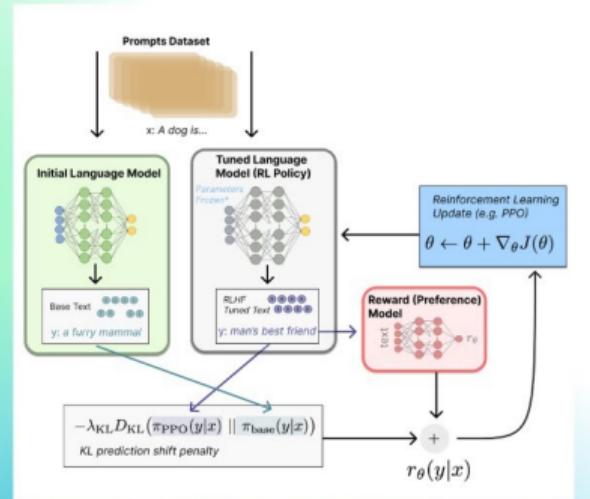
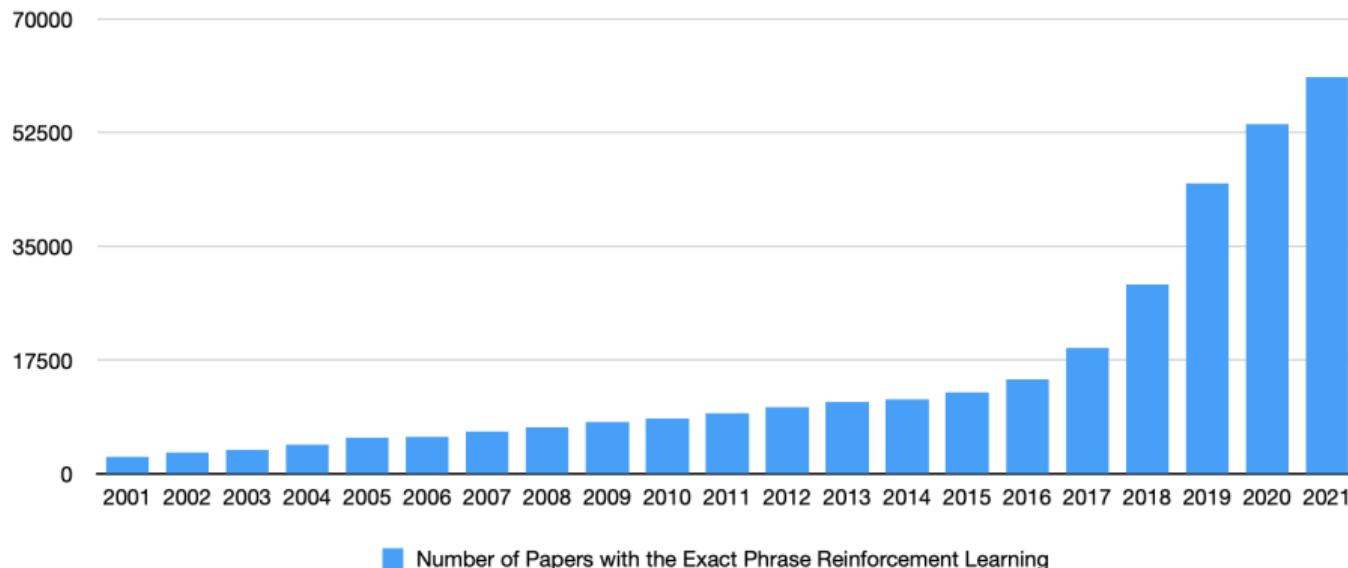


Figure: See <https://www.youtube.com/watch?v=2MBJ0uVq380>

# RL as a Research Topic

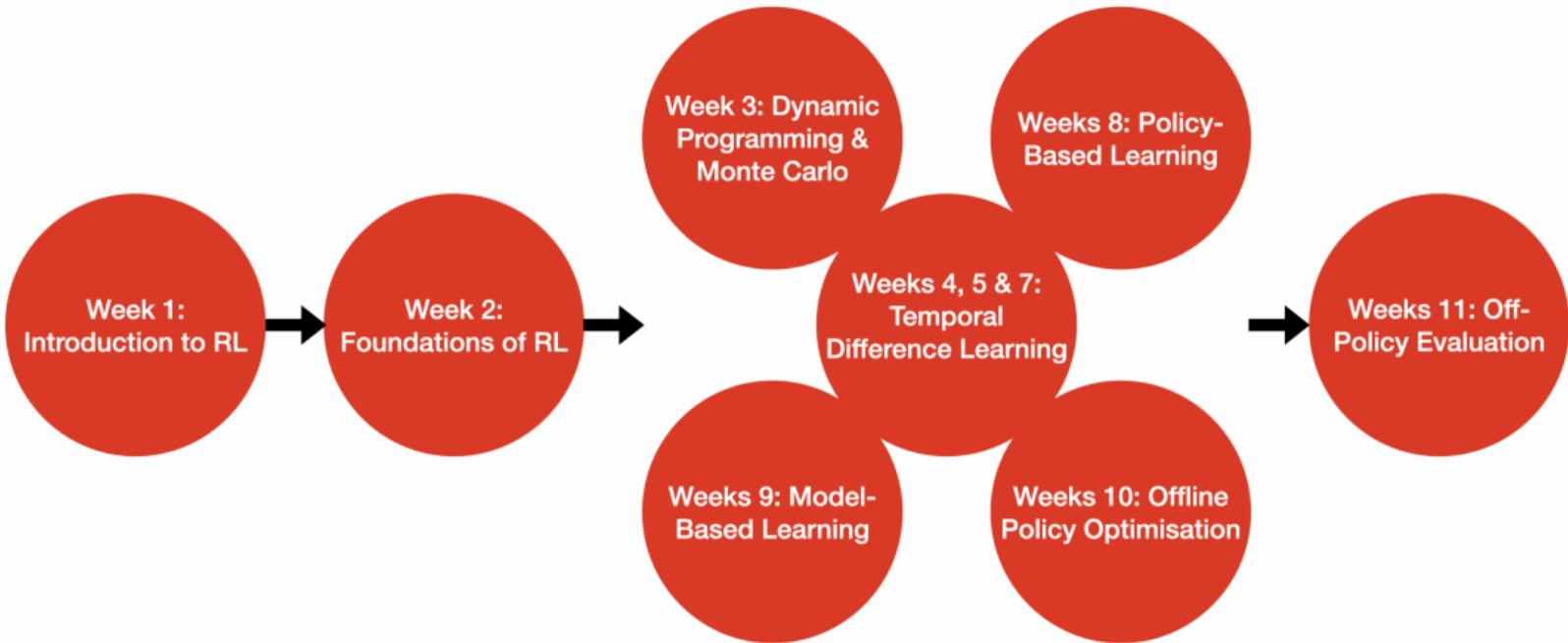
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- One of the most vibrant research topics in **machine learning**
- Over 100 papers accepted at **ICML** 2020, accounting for more than 10% in total



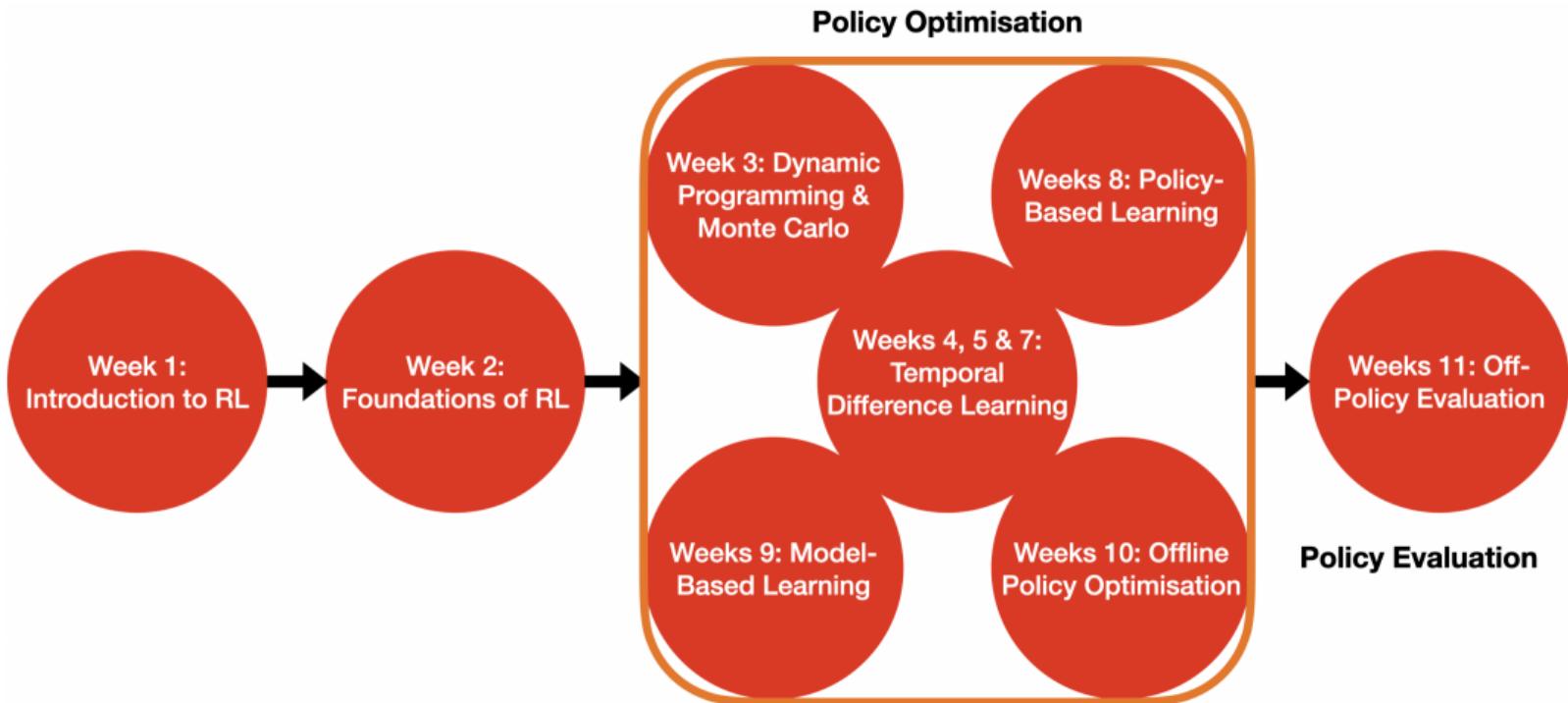
# Roadmap

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# Roadmap (Cont'd)

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## 1. Introduction and Course Overview

## 2. Multi-Armed Bandit

## 3. Contextual Bandits

# Multi-Armed Bandit (MAB) Problem

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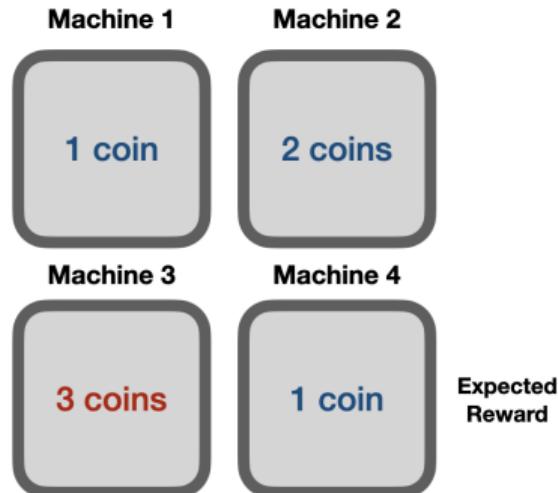


- The **simplest** RL problem
- A casino with **multiple** slot machines
- Playing each machine yields an independent **reward**.
- Limited knowledge (unknown reward distribution for each machine) and resources (**time**)
- **Objective:** determine which machine to pick at each time to maximize the expected **cumulative rewards**

# Multi-Armed Bandit Problem (Cont'd)

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- $k$ -armed bandit problem ( $k$  machines)
- $A_t \in \{1, \dots, k\}$ : arm (machine) pulled (experimented) at time  $t$
- $R_t \in \mathbb{R}$ : reward at time  $t$
- $Q(a) = \mathbb{E}(R_t | A_t = a)$  expected reward for each arm  $a$  (**unknown**)
- **Objective**: maximize  $\sum_{t=1}^T \mathbb{E}R_t$ .



# Greedy Action Selection

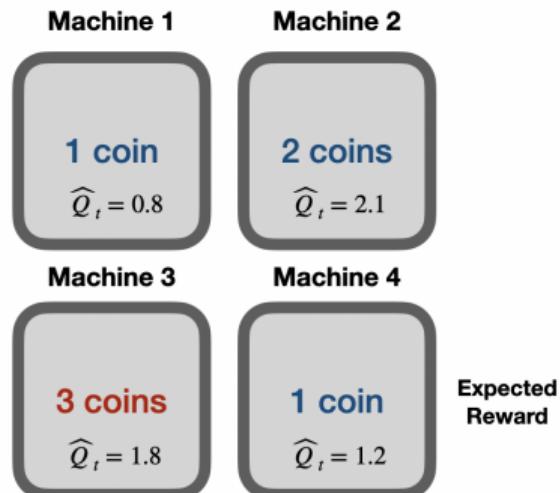
- **Action-value methods:** estimate the expected reward (i.e., value) of actions and use these estimates to select actions
- Estimated reward at time  $t$ :

$$\hat{Q}_t(a) = \frac{\sum_{i=1}^t R_i \mathbb{I}(A_i = a)}{\sum_{i=1}^t \mathbb{I}(A_i = a)}$$

- **Greedy policy:**

$$A_t = \arg \max_a \hat{Q}_{t-1}(a).$$

- Might be **suboptimal** in the long run.



# Exploration-Exploitation Dilemma

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- **Exploitation:** To maximize reward, the agent prefers the greedy policy that selects actions that maximizes the estimated expected reward.
- **Exploration:** To discover which actions yield a higher reward, the agent must try actions that it has less selected to improve the estimation accuracy.
- **Trade-off** between exploration and exploitation:
  - Neither exploration nor exploitation can be used exclusively.
  - The agent must try various actions and progressively favour high-reward actions.
- Practical algorithms:  **$\epsilon$ -greedy, upper confidence bound (UCB), Thompson sampling.**

# $\epsilon$ -Greedy

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- **Input:** Choose a small value parameter  $\epsilon \in (0, 1)$ .
- At each step **perform**:
  - With probability  $1 - \epsilon$ : adopt the **greedy policy**;
  - With probability  $\epsilon$ : choose a **randomly selected arm** from the set of all arms.
- Combines exploration and exploitation:
  - At each time, each arm is selected with probability at least  $k^{-1}\epsilon$ .
  - Greedy action is selected with probability  $1 - \epsilon + k^{-1}\epsilon$ .

# Incremental Implementation

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- Average reward received from arm  $\mathbf{a}$  by time  $t$ :

$$\hat{Q}_t(\mathbf{a}) = \mathbb{N}_t^{-1}(\mathbf{a}) \sum_{i=1}^t \mathbb{I}(\mathbf{A}_i = \mathbf{a}) \mathbf{R}_i,$$

where  $\mathbb{N}_t(\mathbf{a}) = \sum_{i=1}^t \mathbb{I}(\mathbf{A}_i = \mathbf{a})$ .

- If arm  $\mathbf{a}$  is selected at time  $t + 1$ , then

$$\begin{aligned}\hat{Q}_{t+1}(\mathbf{a}) &= \{\mathbb{N}_t(\mathbf{a}) + 1\}^{-1} \left\{ \sum_{i=1}^t \mathbb{I}(\mathbf{A}_i = \mathbf{a}) \mathbf{R}_i + \mathbf{R}_{t+1} \right\} \\ &= \frac{\mathbb{N}_t(\mathbf{a})}{\mathbb{N}_t(\mathbf{a}) + 1} \left\{ \mathbb{N}_t^{-1}(\mathbf{a}) \sum_{i=1}^t \mathbb{I}(\mathbf{A}_i = \mathbf{a}) \mathbf{R}_i \right\} + \frac{\mathbf{R}_{t+1}}{\mathbb{N}_t(\mathbf{a}) + 1} \\ &= \frac{\mathbb{N}_t(\mathbf{a})}{\mathbb{N}_t(\mathbf{a}) + 1} \hat{Q}_t(\mathbf{a}) + \frac{\mathbf{R}_{t+1}}{\mathbb{N}_t(\mathbf{a}) + 1}.\end{aligned}$$

# Algorithm

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- **Input:**  $0 < \varepsilon < 1$ , termination time  $T$ .
- **Initialization:**  $t = 0$ ,  $\hat{Q}(\mathbf{a}) = \mathbf{0}$ ,  $\mathbb{N}(\mathbf{a}) = \mathbf{0}$ , for  $\mathbf{a} = 1, 2, \dots, k$ .
- **While**  $t < T$ :
  - **Update**  $t$ :  $t \leftarrow t + 1$ .
  - $\varepsilon$ -greedy action selection:

$$\mathbf{a}^* \leftarrow \begin{cases} \arg \max_{\mathbf{a}} \hat{Q}(\mathbf{a}), & \text{with probability } 1 - \varepsilon, \\ \text{random arm,} & \text{with probability } \varepsilon. \end{cases}$$

- **Receive reward**  $R$  from arm  $\mathbf{a}^*$ .
- **Update**  $\mathbb{N}(\mathbf{a}^*)$ :  $\mathbb{N}(\mathbf{a}^*) \leftarrow \mathbb{N}(\mathbf{a}^*) + 1$ .
- **Update**  $\hat{Q}(\mathbf{a}^*)$ :

$$\hat{Q}(\mathbf{a}^*) \leftarrow \frac{\mathbb{N}(\mathbf{a}^*) - 1}{\mathbb{N}(\mathbf{a}^*)} \hat{Q}(\mathbf{a}^*) + \frac{1}{\mathbb{N}(\mathbf{a}^*)} R.$$

# Example: Four Bernoulli Arms

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Reward  
distributions

Bernoulli(0.1)

Bernoulli(**0.4**)

Bernoulli(0.1)

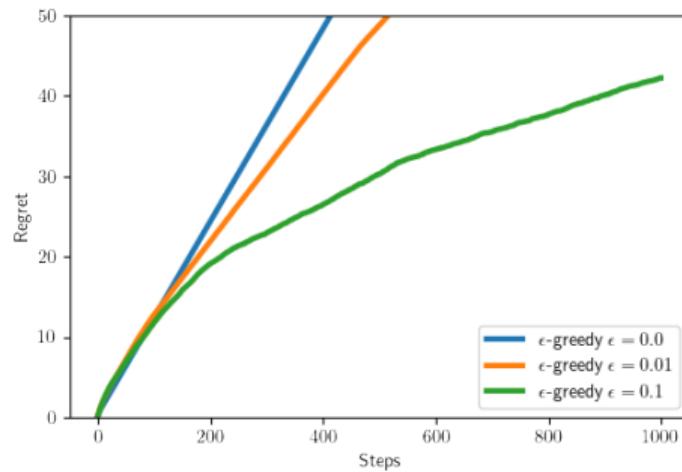
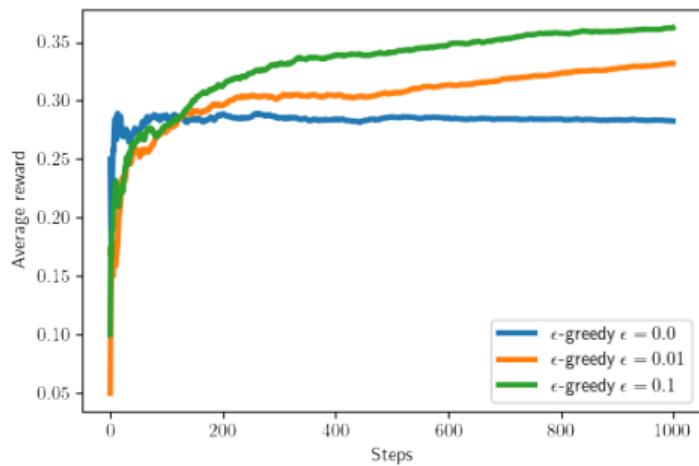
Bernoulli(0.1)



Best arm

# Example: Four Bernoulli Arms (Cont'd)

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# Tracking Nonstationarity

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- Incremental update:

$$\widehat{Q}(\mathbf{a}^*) \leftarrow \frac{\mathbb{N}(\mathbf{a}^*) - 1}{\mathbb{N}(\mathbf{a}^*)} \widehat{Q}(\mathbf{a}^*) + \frac{1}{\mathbb{N}(\mathbf{a}^*)} \mathbf{R}.$$

- Alternatively, for a given step size parameter  $0 < \alpha < 1$ ,

$$\widehat{Q}(\mathbf{a}^*) \leftarrow (1 - \alpha) \widehat{Q}(\mathbf{a}^*) + \alpha \mathbf{R}.$$

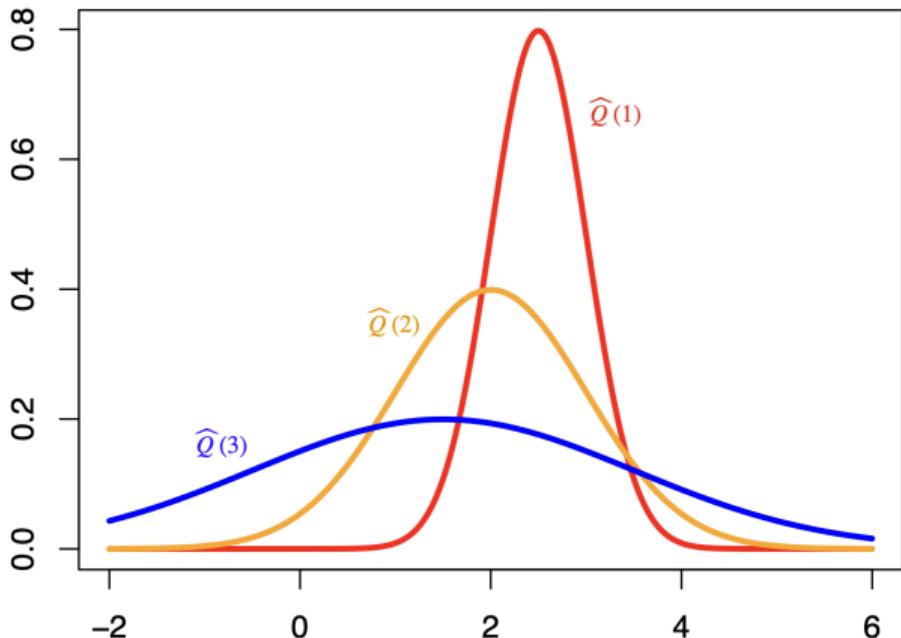
- Give more **weight** to recently observed reward. Handles **nonstationarity** (reward distribution varies over time).
- **Exponential weighted moving average:**

$$\begin{aligned}\widehat{Q}(\mathbf{a}^*) &\leftarrow \alpha \mathbf{R} + (1 - \alpha) \widehat{Q}^{(-1)}(\mathbf{a}^*) \leftarrow \alpha \mathbf{R} + \alpha(1 - \alpha) \mathbf{R}^{(-1)} + (1 - \alpha)^2 \widehat{Q}^{(-2)}(\mathbf{a}^*) \\ &\quad \leftarrow \alpha \mathbf{R} + \alpha \sum_{i=1}^J (1 - \alpha)^i \mathbf{R}^{(-i)}.\end{aligned}$$

# Optimism in the Face of Uncertainty

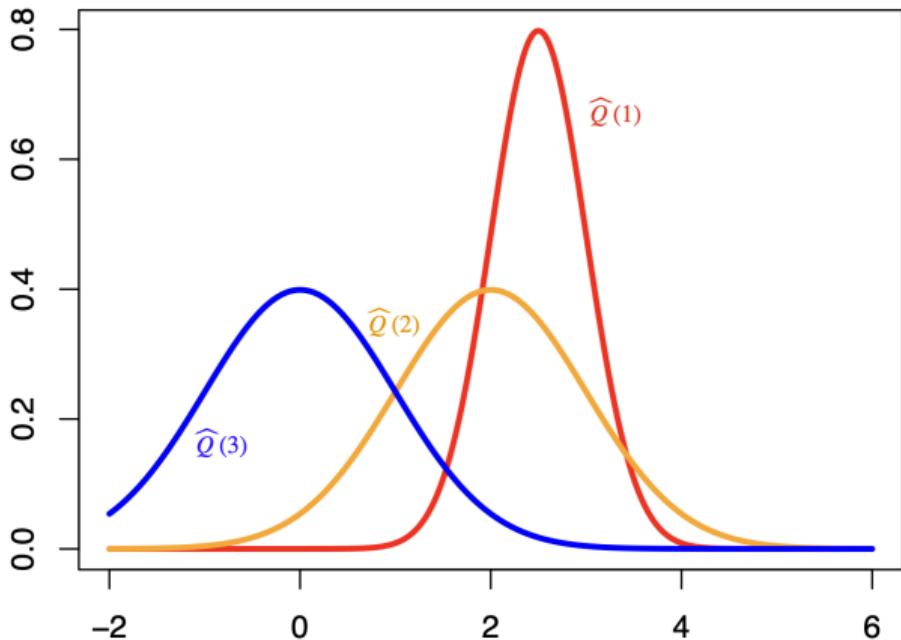
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- The **optimistic principle**:
- The more **uncertain** we are about an action-value;
- The more **important** it is to explore that action;
- It could be the **best** action.
- Likely to pick blue action.
- **Different** from  $\epsilon$ -greedy which selects arms uniformly random.



# Optimism in the Face of Uncertainty (Cont'd)

- After picking blue action;
- Become less **uncertain** about the value;
- More likely to pick other actions;
- Until we home in on best action.



# Upper Confidence Bound

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- Estimate an **upper confidence**  $U_t(a)$  for each action value such that

$$Q(a) \leq \hat{Q}_t(a) + U_t(a),$$

with high probability.

- $U_t(a)$  quantifies the **uncertainty** and depends on  $\mathbb{N}_t(a)$  (number of times arm  $a$  has been selected up to time  $t$ )
  - Large  $\mathbb{N}_t(a) \rightarrow$  small  $U_t(a)$ ;
  - Small  $\mathbb{N}_t(a) \rightarrow$  large  $U_t(a)$ .
- Select actions maximizing upper confidence bound

$$a^* = \arg \max_a [\hat{Q}_t(a) + U_t(a)].$$

- Combines **exploration** ( $U_t(a)$ ) and **exploitation** ( $\hat{Q}_t(a)$ ).

# Upper Confidence Bound (Cont'd)

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- Set  $U_t(a) = \sqrt{c \log(t)/N_t(a)}$  for some positive constant  $c$ .
- According to **Hoeffding's inequality** ([link](#)), when rewards are bounded between **0** and **1**, the event

$$Q(a) \leq \hat{Q}_t(a) + U_t(a),$$

holds with probability at least  $1 - t^{-2c}$  (converges to 1 as  $t \rightarrow \infty$ ).

# Algorithm

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- **Input:** some positive constant  $c$ , termination time  $T$ .
- **Initialization:**  $t = 0$ ,  $\hat{Q}(\mathbf{a}) = \mathbf{0}$ ,  $\mathbb{N}(\mathbf{a}) = \mathbf{0}$ , for  $a = 1, 2, \dots, k$ .
- **While**  $t < T$ :
  - **Update**  $t$ :  $t \leftarrow t + 1$ .
  - **UCB action selection:**

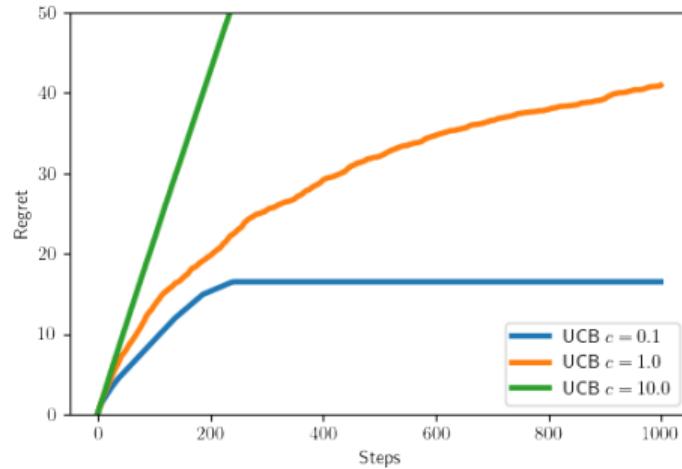
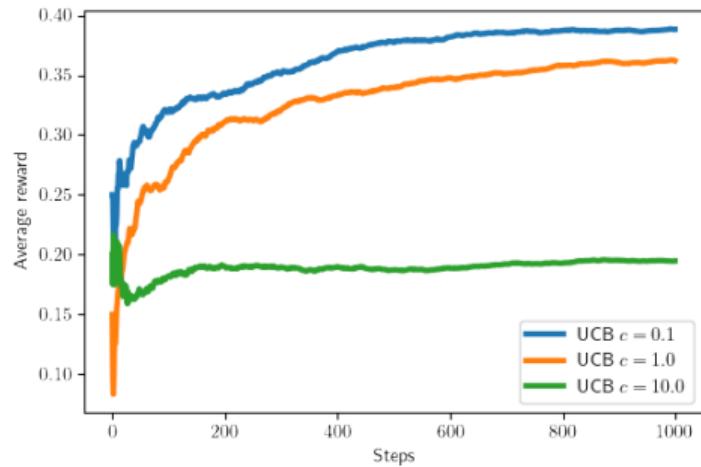
$$\mathbf{a}^* \leftarrow \arg \max_{\mathbf{a}} [\hat{Q}(\mathbf{a}) + \sqrt{c \log(t) / \mathbb{N}_t(\mathbf{a})}].$$

- **Receive reward**  $R$  from arm  $\mathbf{a}^*$ .
- **Update**  $\mathbb{N}(\mathbf{a}^*)$ :  $\mathbb{N}(\mathbf{a}^*) \leftarrow \mathbb{N}(\mathbf{a}^*) + 1$ .
- **Update**  $\hat{Q}(\mathbf{a}^*)$ :

$$\hat{Q}(\mathbf{a}^*) \leftarrow \frac{\mathbb{N}(\mathbf{a}^*) - 1}{\mathbb{N}(\mathbf{a}^*)} \hat{Q}(\mathbf{a}^*) + \frac{1}{\mathbb{N}(\mathbf{a}^*)} R.$$

# Example: Four Bernoulli Arms (Revisited)

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# Thompson Sampling

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- A **highly-competitive** algorithm to address exploration-exploitation trade-off.
- Impose **statistical models** for the reward distribution with parameter  $\theta$ .
- Impose **prior distributions** for  $\theta$ .
- At time  $t$ ,
  - Use **Bayes rule** to update the **posterior distribution** of  $\theta$ .
  - Sample a model parameter  $\theta_t$  from the posterior distribution.
  - Compute action-value given  $\theta_t$ , i.e.,  $\mathbb{E}(R|A = a, \theta_t)$ .
  - Select action maximizing action-value

$$a^* = \arg \max_a \mathbb{E}(R|A = a, \theta_t).$$

- Posterior distribution quantifies the **uncertainty** of the estimated model parameter (**exploration**).
- $\mathbb{E}(R|A = a, \theta_t)$  estimates the oracle action value (**exploitation**).

# Thompson Sampling (Cont'd)

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- **Statistical models:**
  - $p(\mathbf{r}|\mathbf{a}, \theta)$  models the probability density/mass function of rewards under arm  $\mathbf{a}$ .
  - $p(\theta)$  models the probability density/mass function of  $\theta$ .
- **Bayesian inference:**
  - Likelihood function  $\ell_t(\theta) = \prod_{i=1}^t p(\mathbf{R}_i|\mathbf{A}_i, \theta)$ .
  - Compute the posterior distribution according to Bayes rule

$$p_t(\theta|\mathcal{D}) = \frac{p(\theta)\ell_t(\theta)}{\int_{\theta} p(\theta)\ell_t(\theta)d\theta} \propto p(\theta)\ell_t(\theta),$$

where  $\mathcal{D}$  denotes the observed data.

- **Compute action value:**

$$\mathbb{E}(\mathbf{R}|\mathbf{A} = \mathbf{a}, \theta_t) = \int_{\mathbf{r}} r p(\mathbf{r}|\mathbf{a}, \theta_t) d\mathbf{r}.$$

# Thompson Sampling (Bernoulli Bandit Example)

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- Statistical models:
  - Reward of the  $a$ th arm follows a Bernoulli distribution with mean  $\theta(a)$ .
  - $\theta(a)$  follows a Beta( $\alpha, \beta$ ) distribution (**prior**).
  - Why Beta distribution?
    - Commonly used distribution for outcomes bounded between **0** and **1**
    - Reduced to **uniform** distribution when  $\alpha = \beta = 1$
    - **Conjugate** distribution of binomial, i.e. posterior distribution is Beta as well
    - $\alpha$  and  $\beta$  measures the beliefs for **success** and **failure**
- Bayesian inference:
  - $\theta(a)$  follows a Beta( $S_a + \alpha, F_a + \beta$ ) distribution (**posterior**) where  $(S_a, F_a)$  corresponds to the success and failure counters under arm  $a$ .
- Compute action value:

$$\mathbb{E}(R|A=a, \theta_t) = \theta_t(a).$$

# Algorithm (Bernoulli Bandit Example<sup>1</sup>)

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- **Input:** hyper-parameters  $\alpha, \beta > 0$ , termination time  $T$ .
- **Initialization:**  $t = 0$ ,  $S_a = F_a = 0$ , for  $a = 1, 2, \dots, k$ .
- **While**  $t < T$ :
  - **Update**  $t$ :  $t \leftarrow t + 1$ .
  - **Posterior sampling:** For  $a = 1, 2, \dots, k$ , sample

$$\theta_a \sim \text{Beta}(S_a + \alpha, F_a + \beta)$$

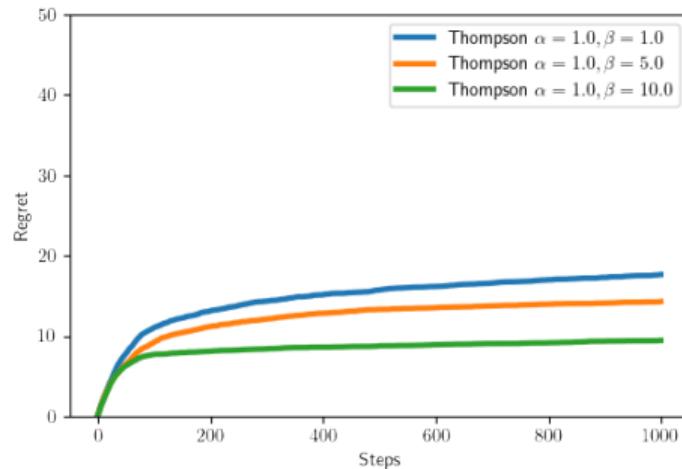
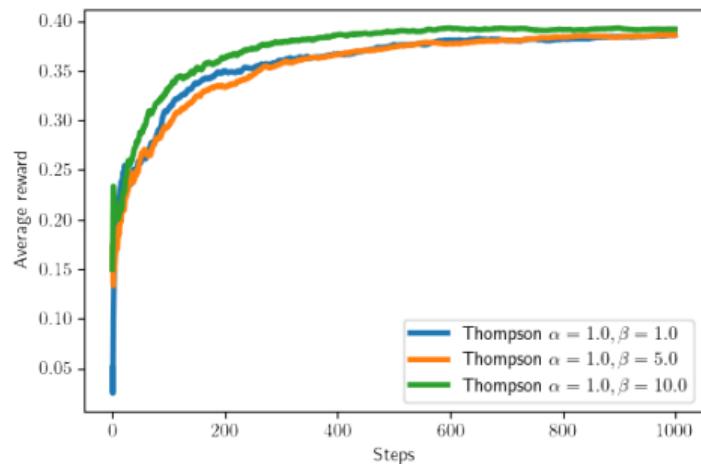
- **Action selection:**  $a^* \leftarrow \arg \max_a \theta_a$ .
- **Receive reward**  $R$  from arm  $a^*$ .
- **Update**  $S_a$  and  $F_a$ :
  - If  $R = 1$ ,  $S_a \leftarrow S_a + 1$ ;
  - If  $R = 0$ ,  $F_a \leftarrow F_a + 1$ .

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<sup>1</sup>The general algorithm can be found in Chapelle and Li [2011]

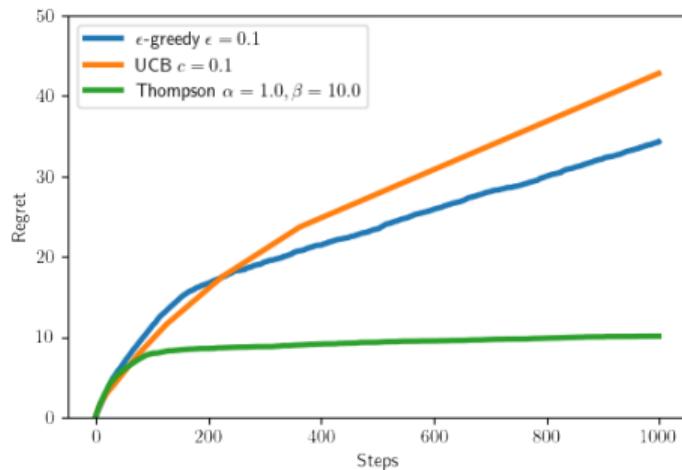
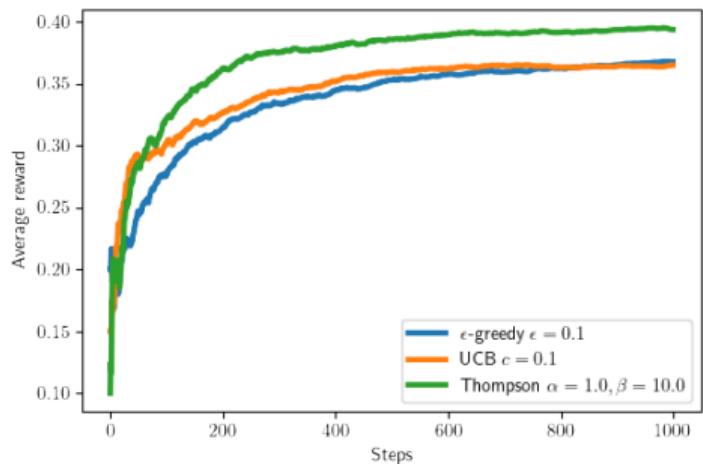
# Example: Four Bernoulli Arms (Revisited)

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# Example: Four Bernoulli Arms (Cont'd)

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# Theory

Define the **regret**  $\mathcal{R}(\mathbf{T})$  as the difference between the cumulative reward under the **best action** and that under the **selected actions**, up to time  $\mathbf{T}$ .

Theorem (UCB, Auer et al. [2002])

*The expected regret of the UCB algorithm  $\mathbb{E}\mathcal{R}(\mathbf{T})$  is upper bounded by  $C_1 \log(\mathbf{T})$  for some constant  $C_1 > 0$ .*

Theorem (TS, Agrawal and Goyal [2012])

*The expected regret of the Thompson sampling algorithm  $\mathbb{E}\mathcal{R}(\mathbf{T})$  is upper bounded by  $C_2 \log(\mathbf{T})$  for some constant  $C_2 > 0$ .*

- Both algorithms achieve logarithmic expected regret.
- Their performances are nearly the same as the oracle method that works as if the best action were known.
- $\varepsilon$ -Greedy algorithm with a constant  $\varepsilon$  has a **linear** expected regret (proportional to  $\mathbf{T}$ ). More to discuss in seminar class.

1. Introduction and Course Overview

2. Multi-Armed Bandit

3. Contextual Bandits

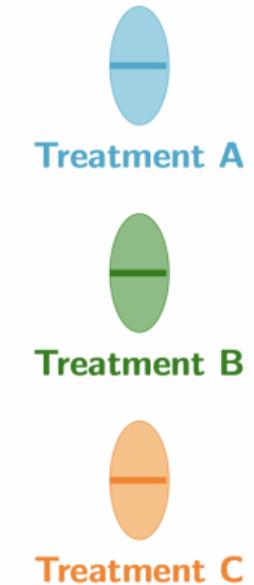
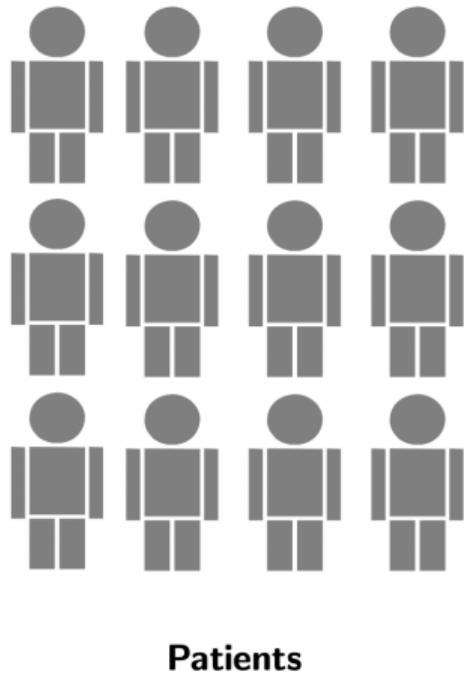
# Contextual Bandits

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- Extension of MAB with **contextual** information.
- A **widely-used** model in medicine and technological industries.
- At time  $t$ , the agent
  - Observe a context  $S_t$ ;
  - Select an action  $A_t$ ;
  - Receives a reward  $R_t$  (depends on both  $S_t$  and  $A_t$ ).
- **Objective**: maximize cumulative reward.
- **$\epsilon$ -greedy, UCB and Thompson sampling** can be similarly adopted [see e.g., Chu et al., 2011, Agrawal and Goyal, 2013, Zhou et al., 2020, Zhang et al., 2020].

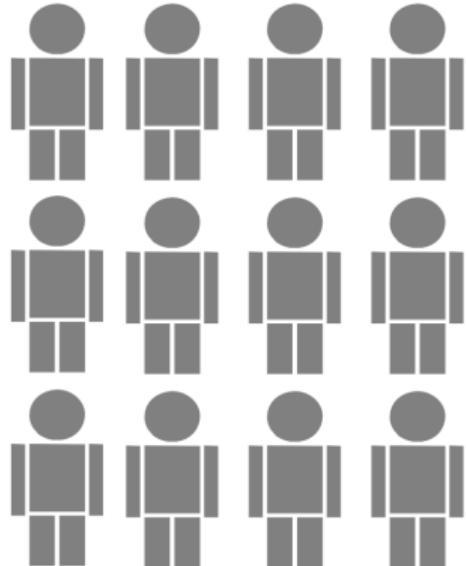
# Application I: Precision Medicine

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# One-Size-Fits-All

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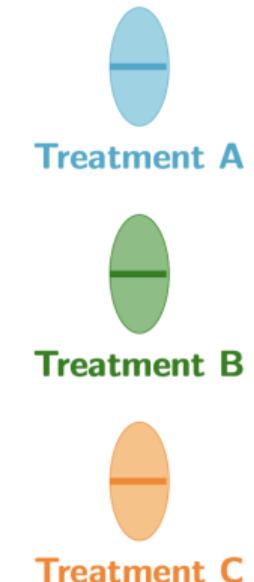
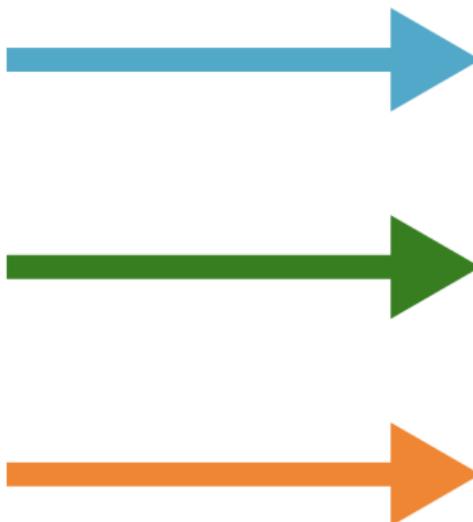
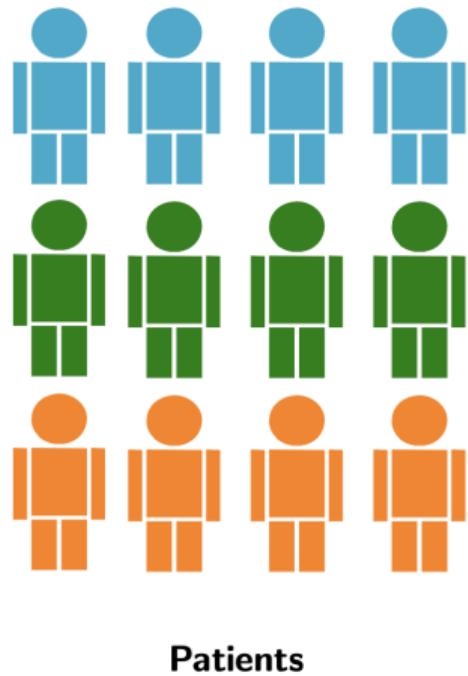
Patients



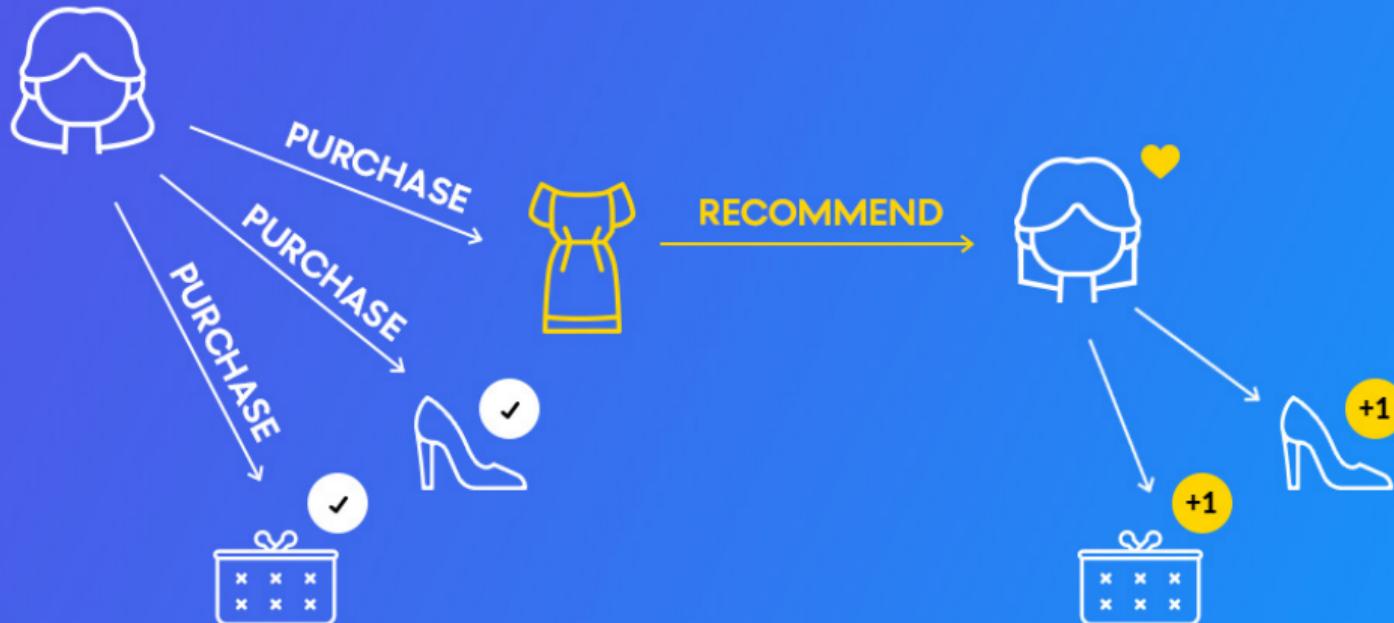
Treatment B

# Individualized Treatment Regime

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## Application II: Personalized Recommendation



# Contextual Bandits Applications

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- $S_t$ : Patient's or customer's baseline characteristics
- $A_t$ : Treatment (product) recommended to the patient (customer)
- $R_t$ : Patient's outcome or customer's action

# Summary

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- Exploration-exploitation trade-off
- $\epsilon$ -greedy, UCB (the optimistic principle) and Thompson sampling
- Multi-armed bandits, contextual bandits

# Seminar Exercises

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- Get started with **OpenAI Gym** ([link](#))
- Multi-armed bandits problem



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# Questions