

Nome	Equipa	Lugar	Tempo	Diferença
PATRICIO CASTRO	Individual	1	00:23:44.907	00:00:00.000
MANUEL CURRAL	Ginásio Clube De Bragança	2	00:24:37.833	00:00:52.926
FERNANDO SILVA	Cdc Navais	3	00:27:33.897	00:03:48.990
ANTÓNIO OLIVEIRA	Individual	4	00:28:55.083	00:05:10.176
JOÃO LOPES	Desportivo Ases S. Jorge - Fafe	5	00:30:33.413	00:06:48.506
EUGÉNIA MORIM	Clube De Atletismo Da Póvoa De Varzim	6	00:32:47.980	00:09:03.073
JOSE SILVA	Clube Atletismo Da Póvoa	7	00:32:48.163	00:09:03.256
JOAO GONÇALVES	Ccn	8	00:34:23.890	00:10:38.983
PAULA PINTO	Individual	9	00:37:44.390	00:13:59.483
FABIO SCHAPOWAL	Individual	10	00:37:57.143	00:14:12.236
MANUEL VIEIRA	Povoa De Varzim	11	00:38:09.143	00:14:24.236
GONÇALO MONTEIRO	Individual	12	00:38:13.123	00:14:28.216
ISABEL BRITO	Britos	13	00:38:32.303	00:14:47.396
AUGUSTO SANTOS	Individual	14	00:38:37.917	00:14:53.010
MIGUEL PINTO	Individual	15	00:39:08.553	00:15:23.646
MARCO BARROS	Povoa De Varzim	16	00:39:51.663	00:16:06.756
MARILIA FERREIRA	Individual	17	00:39:59.897	00:16:14.990
PAULA SILVA	Barandeiro	18	00:40:29.643	00:16:44.736
MARIANA PARENTE	Clube De Atletismo Da Póvoa De Varzim	19	00:41:03.003	00:17:18.096
CARLOS MACHADO	Individual	20	00:42:08.547	00:18:23.640
ANABELA FLORES	Povoa De Varzim	21	00:42:50.330	00:19:05.423
DIOGO OLIVEIRA	Individual	22	00:43:24.403	00:19:39.496
ANA LEAL	Individual	23	00:43:48.300	00:20:03.393
ANA ROSA	G.C.R.Aguçadourense	24	00:43:48.597	00:20:03.690
FILIPA RABALDO	Capv - Clube De Atletismo Da Póvoa De Varzim	25	00:44:06.050	00:20:21.143
JOÃO MENEZES	Individual	26	00:45:10.147	00:21:25.240
DANIELA MOREIRA	Individual	27	00:46:38.337	00:22:53.430
JULIANA LAVOR	Individual	28	00:46:41.050	00:22:56.143
ANA COUTO	Individual	29	00:46:56.250	00:23:11.343
ANTÓNIO FERREIRA	Cruz	30	00:49:45.550	00:26:00.643
FILIPPE SILVA	Mapadi	31	00:50:00.300	00:26:15.393
SONIA FERREIRA	Barandeiro	32	00:56:00.140	00:32:15.233
JOÃO NEVES	Individual	33	00:57:55.477	00:34:10.570
SARA PEREIRA	Individual	34	00:57:55.920	00:34:11.013
RAQUEL BRÁS	Clube De Atletismo Da Póvoa De Varzim	35	01:00:06.880	00:36:21.973
SÉRGIO PINTO	Individual	36	01:05:02.163	00:41:17.256
LUISA CASTELOBRANCO	Individual	37	01:05:03.817	00:41:18.910
FILOMENA LIMA	Individual	38	01:05:08.057	00:41:23.150