THE WHITE BOOK

CHAPTER 7

Cadet Personnel and Administration

Section 5

Wear and Appearance of Cadet Uniforms and Insignia

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- **Purpose:** The Corps of Cadets is an organization where discipline is judged, in part, by the manner in which the individual wears the uniform as prescribed. Therefore, a neat and well-groomed appearance by cadets is fundamental to The Corps of Cadets and contributes to building the pride and esprit essential to an effective organization.
 - A. Only uniforms, accessories, and insignia prescribed in this regulation or as approved by the Commandant will be worn by cadets. No item governed by this regulation will be altered in any way that changes the basic design or the intended concept of wear and appearance including plating, smoothing, or removing of detail features of metal items.
 - B. It is the responsibility of Cadet Commanders to ensure that cadets under their command present a neat and orderly appearance at all times. Physical fitness and acceptable weight standards are also factors in personal appearance.
 - C. All illustrations in this regulation should coincide with text. The written description will control any inconsistencies between the text and the illustration.

II. General Regulations:

A. Required and Prohibited Wear of Cadet Uniforms

1. Required:

- Cadets are required to wear the appropriate cadet uniform when not on furlough or approved leave, unless an exception has been granted by the Commandant.
- ii. Cadets are required to wear all authorized badges, ribbons, and medals they have earned.
- **2. Prohibited:** The wearing of combinations of uniform items not prescribed in this regulation or other authorizing documents is prohibited.

B. Civilian Clothes

1. Cadets Are Authorized to Wear Civilian Clothes When:

- i. Departing and returning from furlough (except freshman).
 - a. Fourth Class cadets depart and return in seasonal uniform, unless otherwise specified by Commandant.
- ii. On special orders which specify civilian clothes (i.e. job interviews, etc).
- iii. On general, weekend, or overnight leave when:
 - a. Beyond a 10 mile radius of the Citadel campus.

i. http://www.citadel.edu/uniformmap/map.aspx

- b. After crossing the IOP connector into Isle of Palms, Ben Sawyer bridge into Sullivan's Island, and the Folly Bridge into Folly Beach.
- c. When approved by the RCO, classified as a C4 in the spring semester within the 10 mile radius but must still depart and return to campus in the appropriate seasonal uniform. The required attire is:
 - i. Males: Khaki slacks with collared shirt; appropriate jackets or sweaters and footwear; NO jeans, tee shirts, or sweatshirts.
 - ii. Females: Khaki style slacks or skirt with collared shirt or dress; minimum knee length for skirt or dress (no more than 3 inches above the knee); appropriate footwear; NO jeans, tee shirts, or sweatshirts.

2. Appropriate Beach Attire May Be Worn:

- After crossing the Ben Sawyer Bridge enroute to Sullivan's Island or the Isle of Palms.
- ii. After crossing the Folly River Bridge to Folly Beach.
- iii. Beach wear will not be worn beyond these points when returning to campus.

3. Departing Citadel Campus By Boat From the Boating Center:

- i. Cadets may wear appropriate swimsuit.
- ii. If a shirt or outer garment is desired, only Citadel PTs are authorized.

C. Broke Uniform

i. While in the barracks, cadets who have received the privilege may remove parts of their cadet uniform and move about freely, so long as they comply with normal expectations of proper decorum. This is referred to as "broke uniform". Wearing civilian attire of any type, to include ball caps, pajama bottoms and tops is expressly prohibited. Cadets may wear Citadel specific clothing items from the book store and cadet store while in broke uniform.

D. Undergarments

- **1.** Both male and female will wear white crewneck undershirt with all uniforms except for ACU/OCP (Tan undershirt must be worn).
- **2.** Approved spirit shirt may be worn under the ACU uniform during sporting events as directed by the Commandant and Regimental Commander.
- **3.** Cadets will not wear undergarments of a color or design that is visible through the outer garments.
- 4. Males will wear underpants with all uniforms-either brief or boxer underpants are authorized.
- 5. Females will wear brassieres and underpants with all uniforms.

E. Approved/Non Approved Accessories

1. Book Bags/Back Packs

- i. Book bags, backpacks, etc. will not be carried on the shoulder; they are to be carried in the left hand. The only book bags authorized for cadet use include:
 - a. The standard-issue Cadet Store book bag.
 - b. Backpacks will be permitted to be carried (not worn) in the left hand in the PT uniform, but must be Black, Gray, or Citadel Blue in color.
 - c. Backpacks will be permitted to be carried (not worn) by the handle in the Left hand when in leave uniform.
- ii. Cadets on approved medical orders from the Citadel Infirmary that prevent them from carrying a book bag (crutches/knee carts) may wear a backpack.
- iii. Athletes may wear Team issued backpacks only when moving to and from one Athletic facility to another Athletic facility (ex., locker room to practice field).

2. Camelbacks

i. Cadets are authorized to wear camel-back type water devices with the PT uniform or as directed by the commander.

3. Sunglasses

i. Sunglasses are authorized only with the blazer uniform unless specifically authorized in a memorandum by the commandant for wear at a sporting event. At no time will they be worn or visible when traveling to and from sporting events.

4. Purses

- i. Optional for female cadets only when on leave or furlough.
- ii. Must be black, military style with or without a shoulder strap. Purse must be no larger than 8.5 X 11 inches.

5. Cell Phones

i. Cadets may wear one electronic device on the wearers left side in a case on the belt, belt loops, or waste band of the uniform. Only on electronic device may be worn, and the case must be black; no other colors will be authorized. Cell phones will not be carried IN the waste band or tucked in the stash.

6. Religious Items/Chains and Jewelry

- Wearing of a conservative wrist watch, a medical/allergy alert bracelet, and not more than two rings is authorized. Class ring permitted in every uniform; included in the two ring counts.
- Fad devices, earrings on males (to include plugs), vogue medallions, colored bracelets, personal talismans, chains, sea shell style beach necklaces or amulets are not authorized.
- iii. Religious/medical tags may be worn if they are covered by the undershirt and are not visible.
- iv. The following guidance applies to the wearing of earrings for female cadets:
 - a. PT or athletic uniform NO earrings permitted.
 - b. OCP uniform gold, silver, or diamond studs permitted; NO pearls.
 - c. Duty or trash uniforms gold, silver, or diamond studs permitted; NO pearls.
 - d. Dress or leave uniforms gold, silver, diamond, or pearl studs permitted.
 - e. Earrings may be screw-on, clip-on, or post-type in gold, silver, or diamond.
 - i. Examples of gold, silver, diamond, and pearl studs:









- f. Hoop, two-sided, or drop earrings are not authorized.
- g. Earrings are not authorized to be worn in the cartilage, industrial, traverse lobe, tragus, or conch part of their ear.
 - i. Examples of earrings NOT allowed:









h. Plugs are **not** permitted to be worn at any time.



- i. Earrings will not exceed 6mm or ¼ -inch in diameter. They will only be plain and spherical (circular) or square in shape.
- j. When worn, the earrings will fit snugly against the ear.
- k. Earrings may only be worn as a matched pair, with only one earring per standard ear lobe.
- I. Cadet recruits are not authorized to wear earrings during cadre period.
- v. Other than authorized female earrings, cadets will not attach, affix, or display objects, articles, jewelry or ornamentation to or through the skin/tongue while in uniform.

F. Seasonal Uniform Matrix

Seasonal Term	Leave Uniform	Dress Uniform
1 July – Parents Weekend	Summer Leave	Dress Whites
Parents Weekend – January Return	Dress Salt & Pepper	Dress Salt & Pepper
January Return- Corps Day Weekend	Dress Gray	Full Dress Gray
Corps Day Weekend – July 1	Summer Leave	Dress Whites

Notes: Exceptions to dress uniform requires written request delineating rationale

G. Haircut/Grooming Guidance

1. General Guidance:

- i. Cadets will ensure their hair is kept in a neat, clean manner. Extreme or fad style haircuts or hair styles are not authorized. If dyes, tints, or bleaches are used, color used must appear natural or similar to human hair and not present an extreme appearance. Use of hair products that produce an oily or greasy appearance will not be used.
- ii. No cadet is authorized to cut the hair of him/herself or another cadet. Possession of barber equipment by cadets is prohibited. Lines or designs cut into the hair, scalp, or eyebrows is unauthorized.
- iii. The face will be clean-shaven. If appropriate medical authority prescribes beard growth, the length required for medical treatment will also be specified. For example, "a neatly trimmed beard is authorized. The length will not exceed ¼ inch."

2. Fingernail Guidance:

- Fingernails will be kept clean and neatly trimmed so as not to interfere with the performance of duty, detract from the military image, or present a safety hazard.
- ii. Male Standards:
 - a. Fingernails shall not extend past the fingertips for male cadets. Nail polish for male cadets is not allowed.

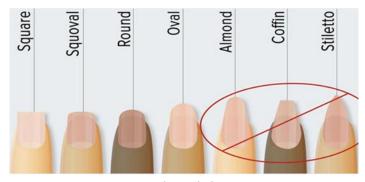
iii. Female Standards:

- a. Nail length will be no longer than 1/4 inch from the tip of the finger and shall be kept clean.
- b. Colors that are authorized to wear include nude/natural shades of the nail bed and light pink.



Authorized Colors

c. Nail shapes that are extreme and not authorized are almond, stiletto, and coffin. Square and rounded nails are authorized.



Female Nail Shapes

d. Manicures that imitate the natural nail are authorized for wear with all uniforms (i.e. French and American manicures) but must have the "natural nail" appearance, including the clearly defined white/beige nail tip. Press-on and acrylic nails are authorized for wear as long as they are maintained within the length and style as per the regulations detailed above



Authorized Manicures

3. Male Haircut Guidance:

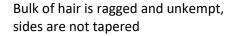
- i. Fourth Class Males: After the initial freshman haircut, Fourth Class cadets will adhere to the upper class standard as described in paragraph (ii) below. Heads will not be shaved bare of hair.
- ii. Upper-class Males: The hair on top of the head will be neatly groomed. The length and bulk of the hair will not exceed two inches, present a ragged, unkempt, or extreme appearance. Hair will present a tapered appearance and when combed will not fall over

the ears or eyebrows or touch the collar of the dress blouse. The hair at the back of the head will be tapered and not blocked. In all cases the bulk or length of the hair will not interfere with the proper wearing of headgear.

- iii. Sideburns will be neatly trimmed. The base will not be flared and will be a clean-shaven horizontal line. Sideburns will not extend below the middle of the ear canal.
- iv. Hair will not bush out below the band of properly worn military headgear. Faddish haircuts (such as Horseshoes" and "Teardrop") are not authorized. Males are not authorized to wear braids, cornrows, twists or dreadlocks.
- v. Pictures:



Bulk of hair is over two inches, Hair is not tapered on sides and back

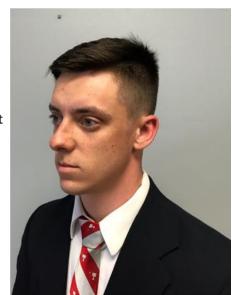




Unauthorized male haircut



Authorized male haircut





Authorized male haircut



4. Female Haircut Guidance:

- All females will ensure that their hair is neatly groomed, that the length and bulk of the hair are not excessive, and that the hair does not present a ragged, unkempt, or extreme appearance.
- ii. Trendy styles that result in shaved portions of the scalp (other than the neckline) or designs cut into the hair are prohibited. Only straight parts are authorized.
- iii. Females may wear braids, as long as the braided style is conservative, the braids lie snugly on the head, and any hair holding devices comply with the standards in paragraph xi below.
- iv. Braids, cornrows, twists, and locks will be of uniform dimension and have a diameter no greater than ½ inch. Each must be spaced the same.
- v. Hair will not fall over the eyebrows or extend below the edge of the duty collar at any time during normal activity or when standing in formation. Graduated haircuts will not exceed 1" in difference between the front and back.
- vi. Long hair that falls naturally below the bottom edge of the collar, to include braids, will be neatly and inconspicuously fastened or pinned, so that no free hanging hair is visible and not to exceed 2" in bulk and no more than 3" from the scalp. The hair at the top of the head will also not exceed 2"height as measured from the scalp. This includes styles worn with the physical fitness uniform.
- vii. Buns will be firmly adhered (no loose strands), and can be a max of four inches in diameter and a max of three inches away from the nape of the neck.
- viii. Styles that are lopsided or distinctly unbalanced are prohibited.
- ix. Ponytails, pigtails, or braids that are not secured to the head (allowing hair to hang freely), widely spaced individual hanging locks, and other extreme styles that protrude from the head are prohibited with the following exceptions:
 - a. Female cadets are authorized to wear their hair in a ponytail or single braid if:
 - i. Wearing the cadet physical fitness uniform.
 - ii. While wearing a distinctive Cadet Athlete or Club Squad athletic uniform or when wearing the blazer uniform.
- x. Extensions, weaves, wigs, and hairpieces are authorized; however, these additions must have the same general appearance as the individual's natural hair and comply with all the grooming policies of these paragraphs.

xi. Females will ensure that hairstyles do not interfere with proper wear of the military headgear. When headgear is worn, the hair will not extend below the bottom edge of the front of the headgear, nor will it extend below the bottom edge of the duty collar.

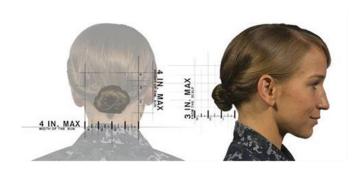
xii. **Hair Holding Devices:**

- a. Hair-holding devices are authorized only for the purpose of securing the hair. Cadets will not place hair-holding devices in the hair for decorative purposes.
- b. All hair-holding devices must be plain and either clear or of a color as close to the cadet's hair as possible.
- c. A maximum of four may be used.
- d. Devices that are conspicuous, excessive, or decorative are prohibited. Some examples of prohibited devices include, but are not limited to; large, lacy scrunchies; beads, bows or claw clips; clips, pins, or barrettes with butterflies, flowers, sparkles, gems, or scalloped edges; and bows made from hairpieces.
- e. Cadets may not wear hairnets unless prescribed by the Citadel Surgeon.

xiii. Cosmetics:

- a. Upper-class females are authorized to wear cosmetics applied conservatively and in good taste. Lipstick, eye make-up and rouge may be worn with all uniforms as long as the color is conservative and complements the uniform. Exaggerated or faddish cosmetic styles are inappropriate with the uniform and will not be worn. Extreme shades of color such as purple, gold, blue, and white will not be worn.
- Make up/eye liner will not extend past the eye to include feline and winged look.
- c. Cadets are not permitted to wear false eye lashes.

xiv. Pictures:





Hair devices will be as close to hair color as possible. (i.e. black or brown for individuals with dark hair, and tan for those with lighter colored hair) White and colored accessories are not authorized. Buns will be firmly adhered (no loose strands), and can be max of 4 inches in diameter and max of 3 in away from nape of neck. Braids can either be loose or straight back if adhered to scalp.



For females with coarse hair while growing it out. Hair cannot be more than 2 inches from the scalp.



Straight or wavy hair while growing out. Hair can touch ears. No "designs" will be cut into hair.



Bob haircut... hair cannot touch BOTTOM of uniform collar in the back. Hair can be pinned back from face or loose.



Female Hair Styles Authorized in Any Cadet Uniform

1. Female Hair Standards in OCP Uniform:

- i. In the OCP uniform, the hair may be worn in a single, tight braided pony tail and centered in the back of the head, placement of braid will not be on the side or on top of the head, and will not interfere with proper wear of the OCP cover.
- ii. The braid must remain centered on the wearers back and may not fall below the shoulder blades.
- iii. Unbraided Ponytails will not be worn outside of ROTC commitments.



Braid does not interfere with Proper wear of cap



Braid is centered and does not fall Below shoulder blades



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