

## CHAPTER 3

### Individual Drill

**"Maintain discipline and caution above all things, and be on the alert to obey the word of command. It is both the noblest and the safest thing for a great army to be visibly animated by one spirit."**

**Archidamus of Sparta: To the Lacaedaemonian  
expeditionary force departing for Athens, 431 B. C.**

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## Section I

### STATIONARY MOVEMENTS

#### 3-1. General

- a. This section contains most of the individual positions and stationary movements required in drill. These positions and the correct execution of the movement, in every detail, should be relearned before proceeding to other drill movements.
- b. Movements are initiated from the position of *attention*. However, some rest movements may be executed from other rest positions.
- c. The explanation of a movement that may be executed toward either *flank* is given in this chapter for only one *flank*. To execute the movement toward the opposite *flank*, substitute *left* for *right*, or *right* for *left*, in the explanation.

#### 3-2. Position of Attention

- a. Assume the position of *attention* on the command **FALL IN** or the command *Squad (platoon)*, **ATTENTION** (see note following paragraph 3-3d).
- b. To assume this position, bring the heels together sharply on line, with the toes pointing out equally, forming an angle of 45 degrees. Rest the weight of the body evenly on the heels and balls of both feet. Keep the legs straight without locking the knees. Hold the body erect with the hips level, chest lifted and arched, and the shoulders square.
- c. Keep the head erect and *face* straight to the front with the chin drawn in so that alignment of the head and neck is vertical.
- d. Let the arms hang straight without stiffness. Curl the fingers so that the tips of the thumbs are alongside and touching the first joint of the forefingers. Keep the thumbs straight along the seams of the trouser leg with the first joint of the fingers touching the trousers (Figure 3-1).

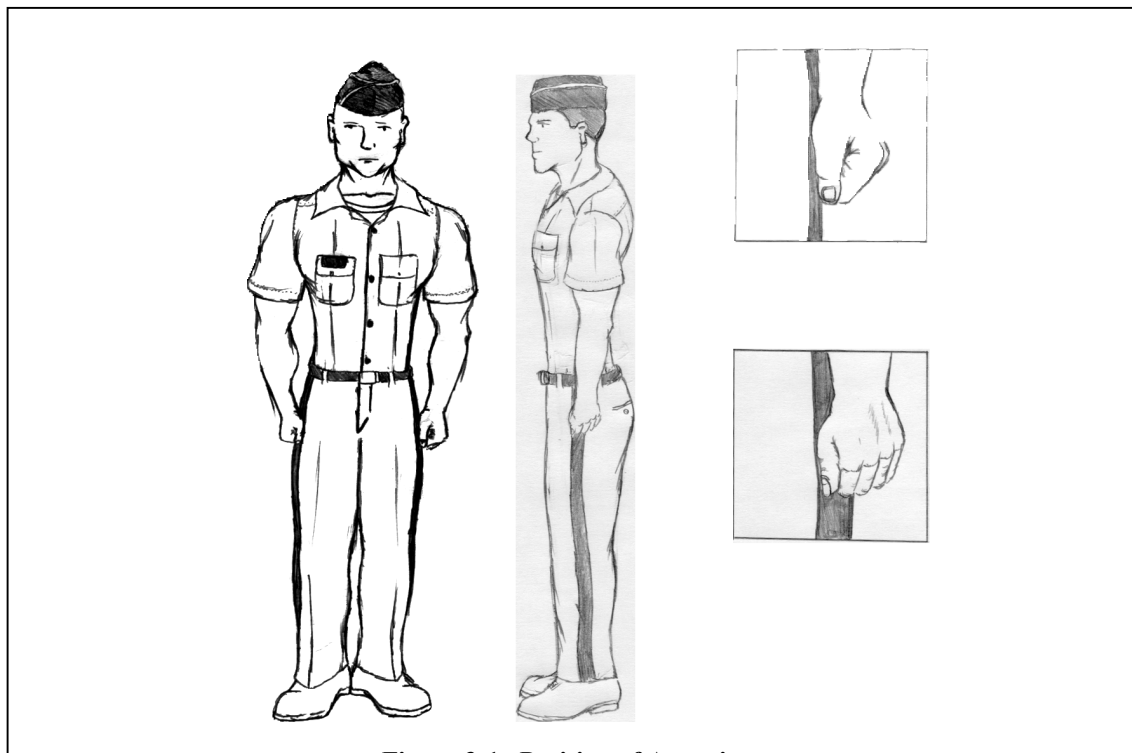


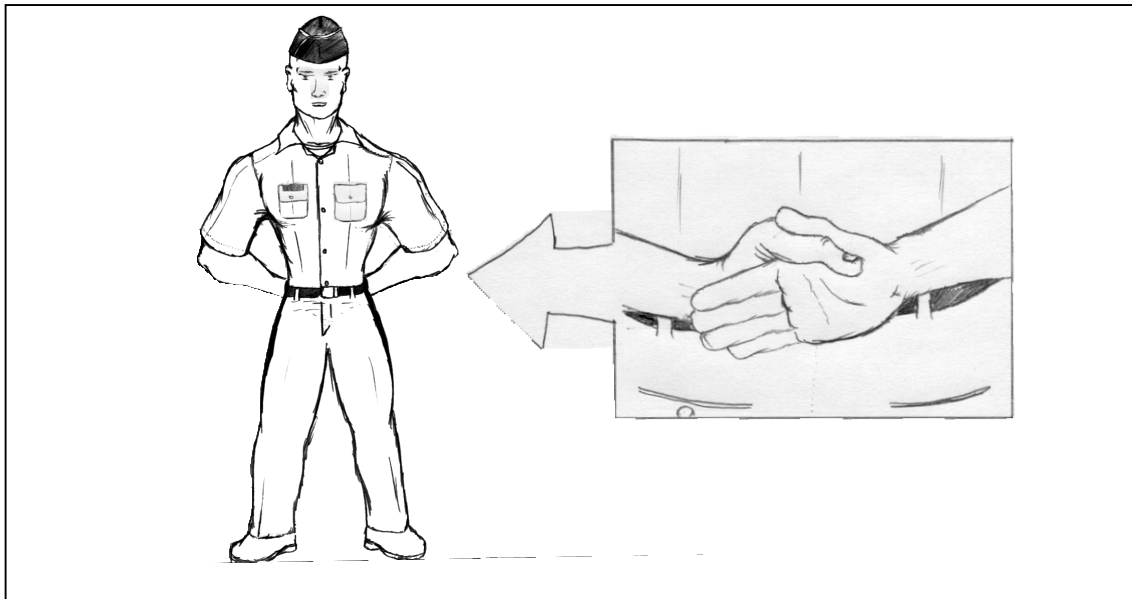
Figure 3-1. Position of Attention

e. Remain silent and do not move unless otherwise directed.

### 3-3. Rest Positions at the Halt

**NOTE:** Any of the positions of rest may be commanded and executed from the position of attention.

a. **Parade Rest.** *Parade rest* is commanded only from the position of *attention*. The command for this movement is **Parade, REST**. On the command of execution **REST**, move the left foot about 10 inches to the left of the right foot. Keep the legs straight without locking the knees, resting the weight of the body equally on the heels and balls of the feet. Simultaneously, place the hands at the small of the back and centered on the belt. Keep the fingers of both hands extended and joined, interlocking the thumbs so that the palm of the right hand is outward (Figure 3-2). Keep the head and eyes as in the position of *attention*. Remain silent and do not move unless otherwise directed. *Stand at ease*, *at ease*, and *rest* may be executed from this position.



**Figure 3-2. Parade Rest**

b. **Stand At Ease.** The command for this movement is **Stand at, EASE**. On the command of execution **EASE**, execute *parade rest*, but turn the head and eyes directly toward the person in charge of the formation. *At ease* or *rest* may be executed from this position.

c. **At Ease.** The command for this movement is **AT EASE**. On the command **AT EASE**, the cadet may move; however, he must remain standing and silent with his right foot in place. *Rest* may be executed from this position.

d. **Rest.** The command for this movement is **REST**. On the command **REST**, the cadet may move, talk, smoke, or drink unless otherwise directed. He must remain standing with his right foot in place. **At ease** may be executed from this position.

**NOTE:** On the preparatory command for *attention*, immediately assume *parade rest* when at the position of *stand at ease*, *at ease*, or *rest*. If, for some reason, a subordinate element is already at attention, the members of the element remain so and do not execute *parade rest* on the preparatory command, nor does the subordinate leader give a supplementary command.

### 3-4. Facing at the Halt

a. *Facing* to the flank is a two-count movement. The command is **Left (Right), FACE**. On the command of execution **FACE**, slightly raise the right heel and left toe, and turn 90 degrees to the left on the left heel, assisted by a slight pressure on the ball of the right foot. Keep the left leg straight without stiffness and allow the right leg to bend naturally. On the second count, place the right foot beside the left foot, resuming the position of *attention*. Arms remain at the sides, as in the position of *attention*, throughout this movement (Figure 3-3).

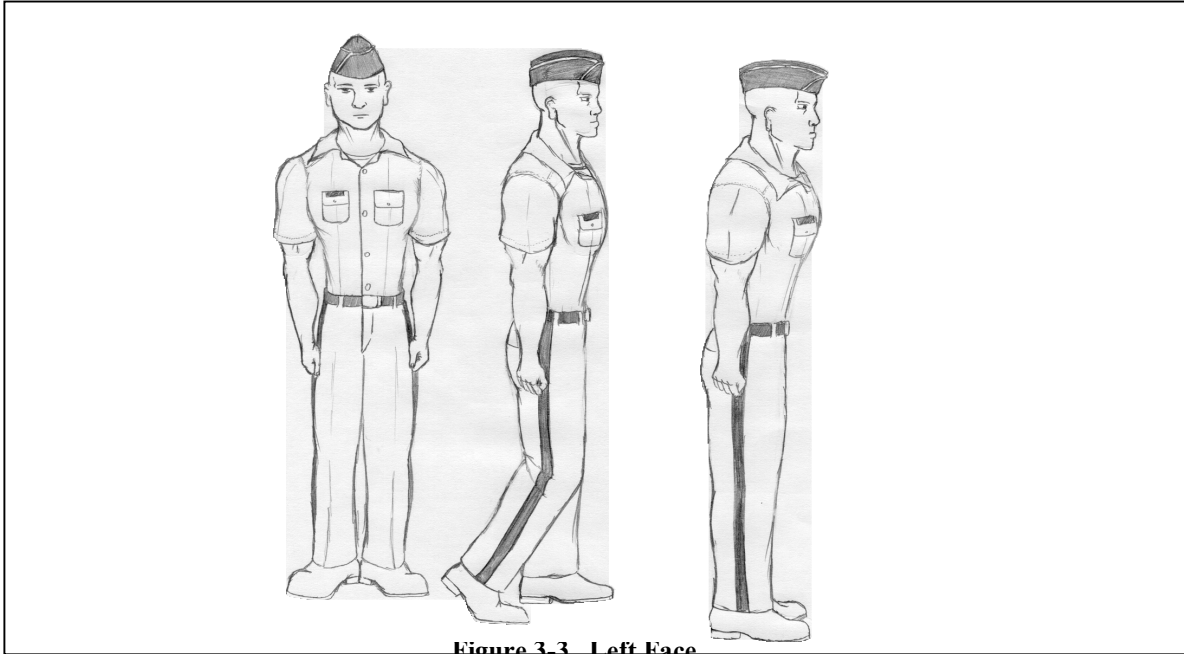


Figure 3-3. Left Face

b. *Facing* to the rear is a two-count movement. The command is **About, FACE**. On the command of execution **FACE**, move the toe of the right foot to a point touching the marching surface about half the length of the foot to the rear and slightly to the left of the left heel. Rest most of the weight of the body on the heel of the left foot and allow the right knee to bend naturally. On the second count, turn to the right 180 degrees on the left heel and ball of the right foot, resuming the position of *attention*. Arms remain at the sides, as in the position of *attention*, throughout this movement (Figure 3-4).

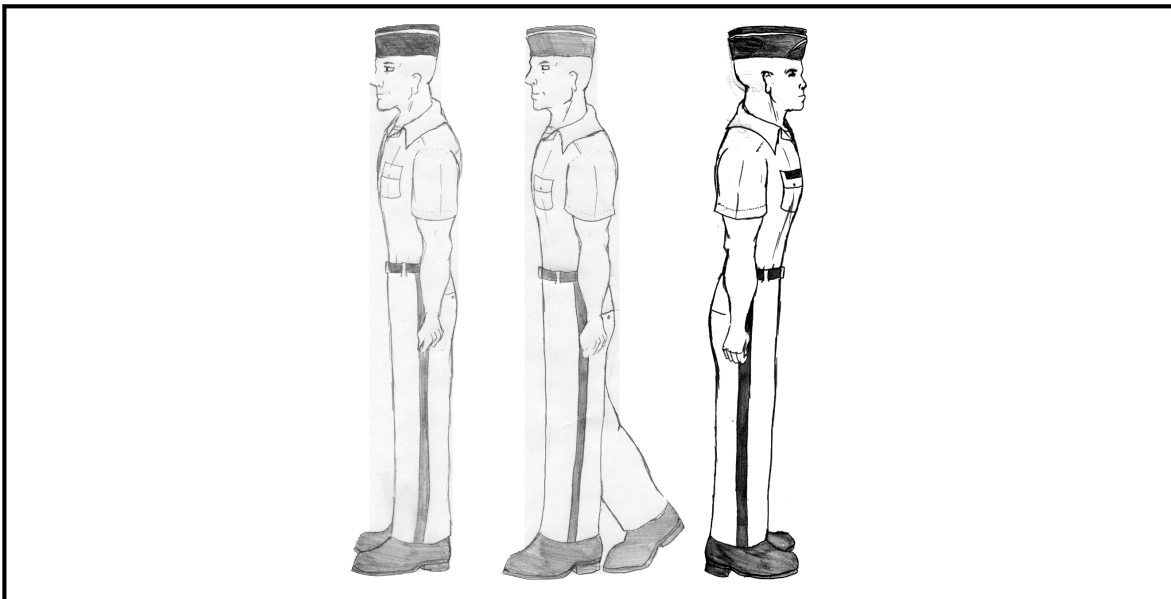


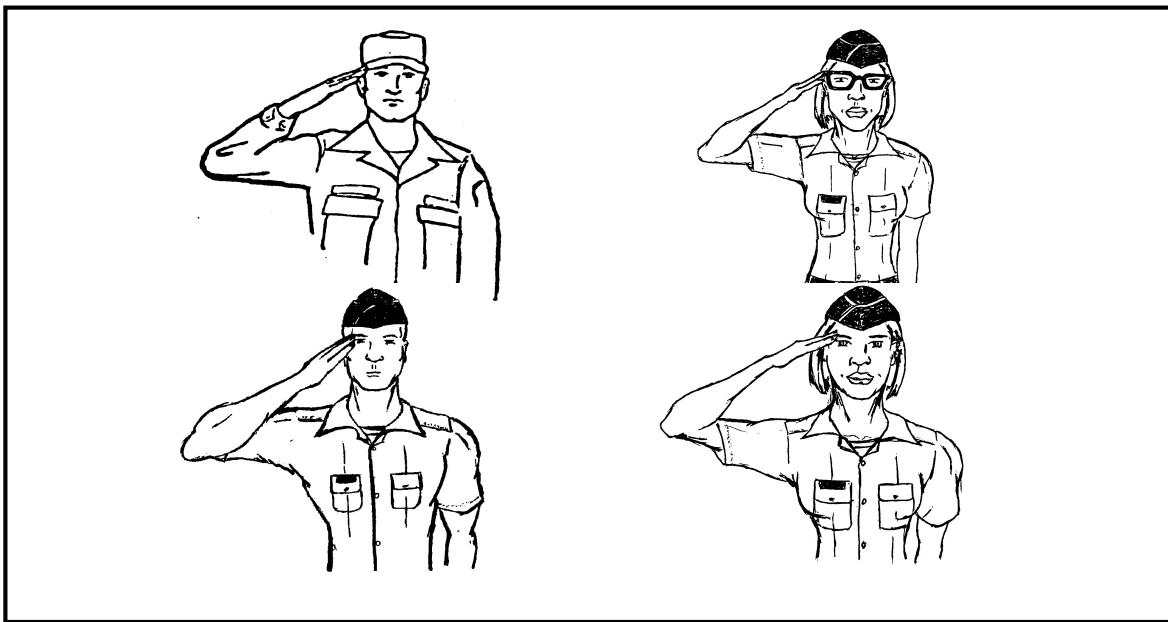
Figure 3-4. About Face

**NOTE:** Throughout these movements, the remainder of the body remains as in the position of *attention*.

### 3-5. Hand Salute

- a. The *hand salute* is a one-count movement. The command is ***Present, ARMS***. When wearing headgear with a visor (with or without glasses), on the command of execution ***ARMS***, raise the right hand sharply, fingers and thumb extended and joined, palm facing down, and place the tip of the right forefinger on the rim of the visor slightly to the right of the right eye. The outer edge of the hand is barely canted downward so that neither the back of the hand nor the palm is clearly visible from the front. The hand and wrist are straight, the elbow inclined slightly forward, and the upper arm horizontal (1, Figure 3-5).
- b. When wearing headgear without a visor (or uncovered) and not wearing glasses, execute the *hand salute* in the same manner as previously described in subparagraph a, except touch the tip of the right forefinger to the forehead near and slightly to the right of the right eyebrow (3, Figure 3-5).
- c. When wearing headgear without a visor (or uncovered) and wearing glasses, execute the *hand salute* in the same manner as described in subparagraph a, except touch the tip of the right forefinger to that point on the glasses where the temple piece of the frame meets the right edge of the right brow (2, Figure 3-5).
- d. *Order arms* from the *hand salute* is a one-count movement. The command is ***Order, ARMS***. On the command of execution ***ARMS***, return the hand sharply to the side, resuming the position of *attention*.
- e. When reporting or rendering courtesy to an individual, turn the head and eyes toward the person addressed and simultaneously *salute*. In this situation, the actions are executed without command. The *salute* is initiated by the subordinate at the appropriate time and terminated upon acknowledgment (4, Figure 3-5).
- f. The *hand salute* may be executed while marching. When *double timing*, a cadet must come to quick time before *saluting*.

**NOTE:** When a formation is marching at *double time*, only the individual in charge assumes *quick time* and *salutes*.



**Figure 3-5. Hand Salute**

## Section II

### STEPS AND MARCHING

#### 3-6. General.

- a. This section contains all of the steps in *marching* of the individual cadet. These steps should be learned thoroughly before proceeding to unit drill.
- b. All marching movements executed from the *halt* are initiated from the position of *attention*.
- c. Except for *route step march* and *at ease march*, all marching movements are executed while *marching at attention*. *Marching at attention* is the combination of the position of *attention* and the procedures for the prescribed step executed simultaneously.
- d. When executed from the *halt*, all steps except *right step* begin with the left foot.
- e. For short-distance marching movements, the commander may designate the number of steps forward, backward, or sideward by giving the appropriate command: ***One step to the right (left), MARCH***; or, ***Two steps backward (forward), MARCH***. On the command of execution **MARCH**, step off with the appropriate foot, and *halt* automatically after completing the number of steps designated. Unless otherwise specified, when directed to execute steps forward, the steps will be 30-inch steps.
- f. All marching movements are executed in the cadence of *quick time* (120 steps per minute), except the 30-inch step, which may be executed in the cadence of 180 steps per minute on the command ***Double time, MARCH***.
- g. A step is the prescribed distance from one heel to the other heel of a marching cadet.
- h. All 15-inch steps are executed for a short distance only.

#### 3-7. The 30-Inch Step

- a. To *march* with a 30-inch step from the *halt*, the command is ***Forward, MARCH***. On the preparatory command ***Forward***, shift the weight of the body to the right foot without noticeable movement. On the command of execution **MARCH**, step forward 30 inches with the left foot and continue *marching* with 30-inch steps, keeping the head and eyes fixed to the front. The arms swing in a natural motion, without exaggeration and without bending at the elbows, approximately 9 inches straight to the front and 6 inches straight to the rear of the trouser seams. Keep the fingers curled as in the position of *attention* so that the fingers just clear the trousers.
- b. To *halt* while *marching*, the command ***Squad (Platoon), HALT*** is given. The preparatory command ***Squad (Platoon)*** is given as either foot strikes the marching surface as long as the command of execution **HALT** is given the next time that foot strikes the marching surface. The *halt* is executed in two counts. After **HALT** is commanded, execute the additional step required after the command of execution and then bring the trail foot alongside the lead foot, assuming the position of *attention* and terminating the movement.

**NOTE:** When *marching*, there are five steps in the step-by-step method: (1) preparatory command step, (2) intermediate step or thinking step, (3) command of execution step, (4) additional step after command of execution, (5) execution of the movement that was commanded. This method is fully described in paragraph 1-3.

#### 3-8. Change Step

a. To *change step* while *marching*, the command ***Change step, MARCH*** is given as the right foot strikes the marching surface. On the command of execution **MARCH**, take one more step with the left foot, then in one count place the right toe near the heel of the left foot and step off again with the left foot. The arms swing naturally.

b. This movement is executed automatically whenever a cadet finds himself out of step with all other members of the formation.

### 3-9. Rest Movement, 30-Inch Step

a. **At Ease March.** The command ***At ease, MARCH*** is given as either foot strikes the marching surface. On the command of execution **MARCH**, the cadet is no longer required to retain cadence; however, silence and the approximate interval and distance are maintained. ***Quick time, MARCH*** and ***Route step, MARCH*** are the only commands that can be given while *marching at ease*.

b. **Route Step March.** *Route step* is executed exactly the same as at ease march except that the cadet may drink from his canteen and talk.

**NOTE:** To change the direction of march while marching *at route step* or *at ease march*, the commander informally directs the lead element to turn in the desired direction. Before precision movements may be executed, the unit must resume *marching* in cadence. The troops automatically resume marching at attention on the command ***Quick time, MARCH***, as the commander reestablishes the cadence by counting for eight steps.

### 3-10. The 15-Inch Step, Forward/Half Step

a. To *march* with a 15-inch step from the *halt*, the command is ***Half step, MARCH***. On the preparatory command ***Half step***, shift the weight of the body to the right foot without noticeable movement. On the command of execution **MARCH**, step forward 15 inches with the left foot and continue *marching* with 15-inch steps. The arms swing as in *marching* with a 30-inch step.

b. To alter the *march* to a 15-inch step while *marching* with a 30-inch step, the command is ***Half step, MARCH***. This command may be given as either foot strikes the marching surface. On the command of execution **MARCH**, take one more 30-inch step and then begin *marching* with a 15-inch step. The arms swing as in *marching* with a 30-inch step.

c. To resume *marching* with a 30-inch step, the command ***Forward, MARCH*** is given as either foot strikes the marching surface. On the command of execution **MARCH**, take one more 15-inch step and then begin *marching* with a 30-inch step.

d. The *halt* while marching at the *half step* is executed in two counts, the same as the *halt* from the 30-inch step.

e. While *marching* at the *half step*, the only commands that may be given are: ***Mark time, MARCH***; ***Forward, MARCH***; ***Extend, MARCH***; and **HALT**.

### 3-11. Marching in Place

a. To *march* in place, the command ***Mark time, MARCH*** is given as either foot strikes the marching surface and only while *marching* with a 30-inch or 15-inch step forward. On the command of execution **MARCH**, take one more step, bring the trailing foot alongside the leading foot, and begin to march in place. Raise each foot (alternately) 2 inches off the marching surface; the arms swing naturally, as in *marching* with a 30-inch step forward.

**NOTE:** While *marking time* in formation, the cadet adjusts position to ensure proper alignment and cover.

- b. To resume *marching* with a 30-inch step, the command **Forward, MARCH** is given as either foot strikes the marching surface. On the command of execution **MARCH**, take one more step in place and then step off with a 30-inch step.
- c. The *halt* from *mark time* is executed in two counts, basically the same as the *halt* from the 30-inch step.

### 3-12. The 15-Inch Step, Right/Left

a. To *march* with a 15-inch step right (left), the command is **Right (Left) step, MARCH**. The command is given only while at the *halt*. On the preparatory command of **Right (Left) step**, shift the weight of the body without noticeable movement onto the left (right) foot. On the command of execution **MARCH**, bend the right knee slightly and raise the right foot only high enough to allow freedom of movement. Place the right foot 15 inches to the right of the left foot, and then move the left foot (keeping the left leg straight) alongside the right foot as in the position of *attention*. Continue this movement, keeping the arms at the sides as in the position of *attention*.

b. To *halt* when executing *right* or *left step*, the command is **Squad (Platoon), HALT**. This movement is executed in two counts. The preparatory command is given when the heels are together the command of execution **HALT** is given the next time the heels are together. On the command of execution **HALT**, take one more step with the lead foot and then place the trailing foot alongside the lead foot, resuming the position of *attention*.

### 3-13. The 15-Inch Step, Backward

a. To *march* with a 15-inch step backward, the command is **Backward, MARCH**. The command is given only while at the *halt*. On the preparatory command **Backward**, shift the weight of the body without noticeable movement onto the right foot. On the command of execution **MARCH**, take a 15-inch step backward with the left foot and continue *marching* backward with 15-inch steps. The arms swing naturally.

b. The *halt* from *backward march* is executed in two counts, basically the same as the *halt* from the 30-inch step.

### 3-14. The 30-Inch Step, Double Time

a. To *march* in the cadence of 180 steps per minute with a 30-inch step, the command is **Double time, MARCH**. It may be commanded while at the *halt* or while marching at *quick time* with a 30-inch step.

b. When at the *halt* and the preparatory command *Double time* is given, shift the weight of the body to the right foot without noticeable movement. On the command of execution **MARCH**, raise the forearms to a horizontal position, with the fingers and thumbs closed, knuckles out, and simultaneously step off with the left foot. Continue to *march* with 30-inch steps at the cadence of *double time*. The arms swing naturally to the front and rear with the forearms kept horizontal. (When armed, cadets will come to *port arms* on receiving the preparatory command of *Double time*.) Guides, when at *sling arms*, will *double time* with their weapons at *sling arms* upon receiving the directive **GUIDE ON LINE**.

c. When *marching* with a 30-inch step in the cadence of *quick time*, the command **Double time, MARCH** is given as either foot strikes the marching surface. On the command of execution **MARCH**, take one more 30-inch step at *quick time*, and step off with the trailing foot, *double timing* as previously described.

d. To resume *marching* with a 30-inch step at *quick time*, the command **Quick time, MARCH** is given as either foot strikes the marching surface. On the command of execution **MARCH**, take two more 30-inch steps at *double time*, lower the arms to the sides, and resume *marching* with a 30-inch step at *quick time*.

**NOTE:** *Quick time, column half left (right), and column left (right)* are the only movements that can be executed while *double timing*. Armed troops must be at either *sling arms* or *port arms* before the command **Double time, MARCH** is given.

### 3-15. Facing in Marching

a. *Facings* in *marching* from a *halt* are important parts of the following movements: alignments, column movements, inspecting cadets in ranks, and changing from *normal interval* to *double interval* or *double*



*interval* to *normal interval*. For instructional purposes only, the command ***Face to the right (left) in marching***, **MARCH** may be used to teach the individual to execute the movement properly. On the preparatory command ***Face to the right (left) in marching***, shift the weight of the body without noticeable movement onto the right foot. On the command of execution **MARCH**, pivot to the right (left) on the ball of the right foot (90 degrees) and step off in the indicated direction with the left foot. Execute the pivot and step in one count, and continue *marching* in the new direction.

b. *Facing to the half-right (half-left) in marching* from the *halt* is executed in the same manner as *facing to the right (left) in marching* from a *halt*, except the facing movement is made at a 45-degree angle to the right (left).

c. The *halt* from *facing in marching* is executed in two counts, the same as the *halt* from the 30-inch step.