ATC Day - 5

For the early morning session, Yoga was organized for half of the cadets where they were taught to focus better and get more out of Yoga in a spiritual way.

Intercollege Debate Competition on the topic, 'Militancy and terrorism can be stopped by observing Human Rights' was held in the morning session. Many great ideas and different viewpoints were put forward by the students of different colleges. Results of the same would be announced later.

The Debate Competition was followed by the lecture by the esteemed IRS Reshma Lakhani in which she informed the cadets about the career opportunities available to them in civil services and how they can become the best version of themselves by opting a career in the same.

In the girl's Volleyball competition, we got to see some really close and thrilling matches but finally, the team from IIT won against both DY Patil and Doshi Vakil College.

In Boys Kho-Kho, Doshi Vakil defeated DY Patil College while IIT Bombay defeated both of them in a series of really exciting matches in which we saw excellent performances by Rangaswamy Rathod and Srijan Bansal.

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