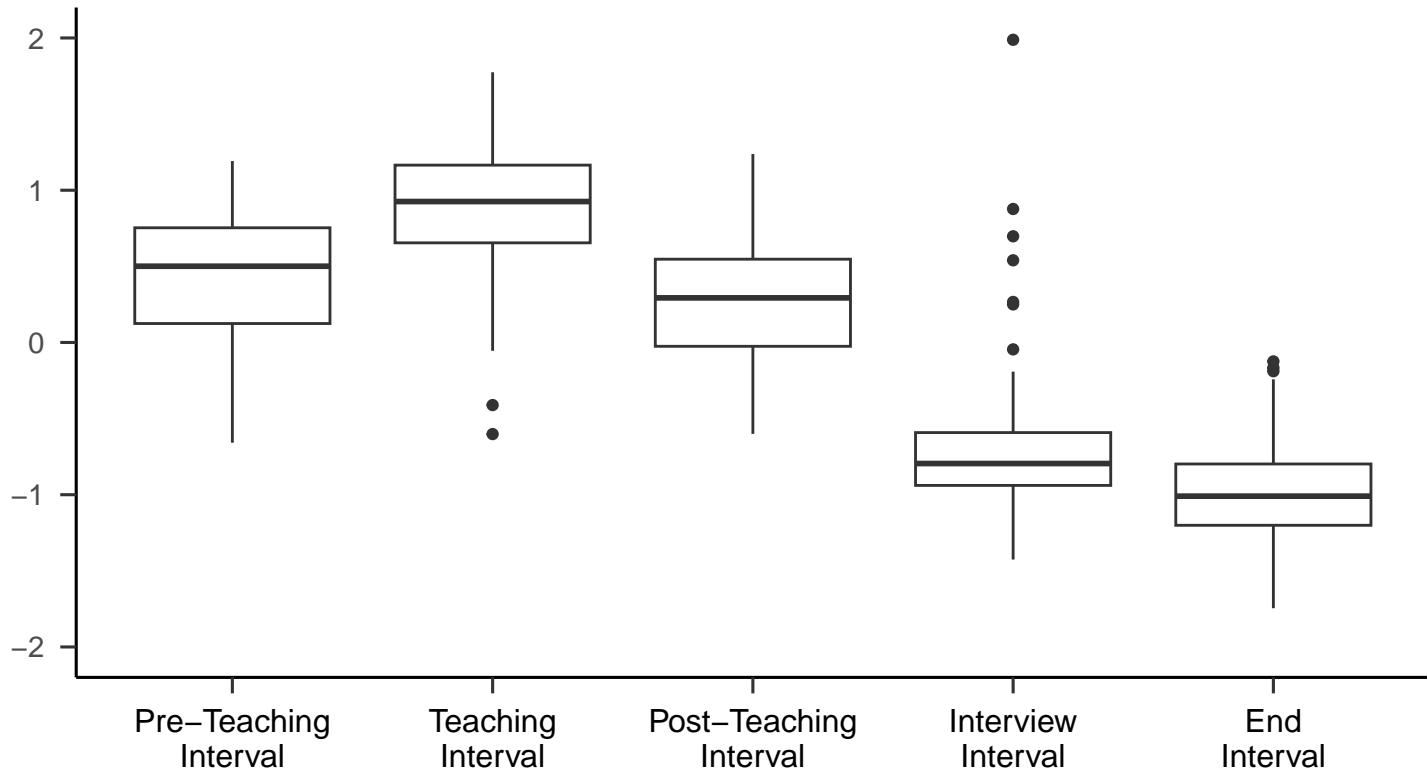


Mean Standardized Heart Rate



Note: $N = 81$ participants per interval. Fig. shows median (bold line), interquartile range (box) and outliers (dots).