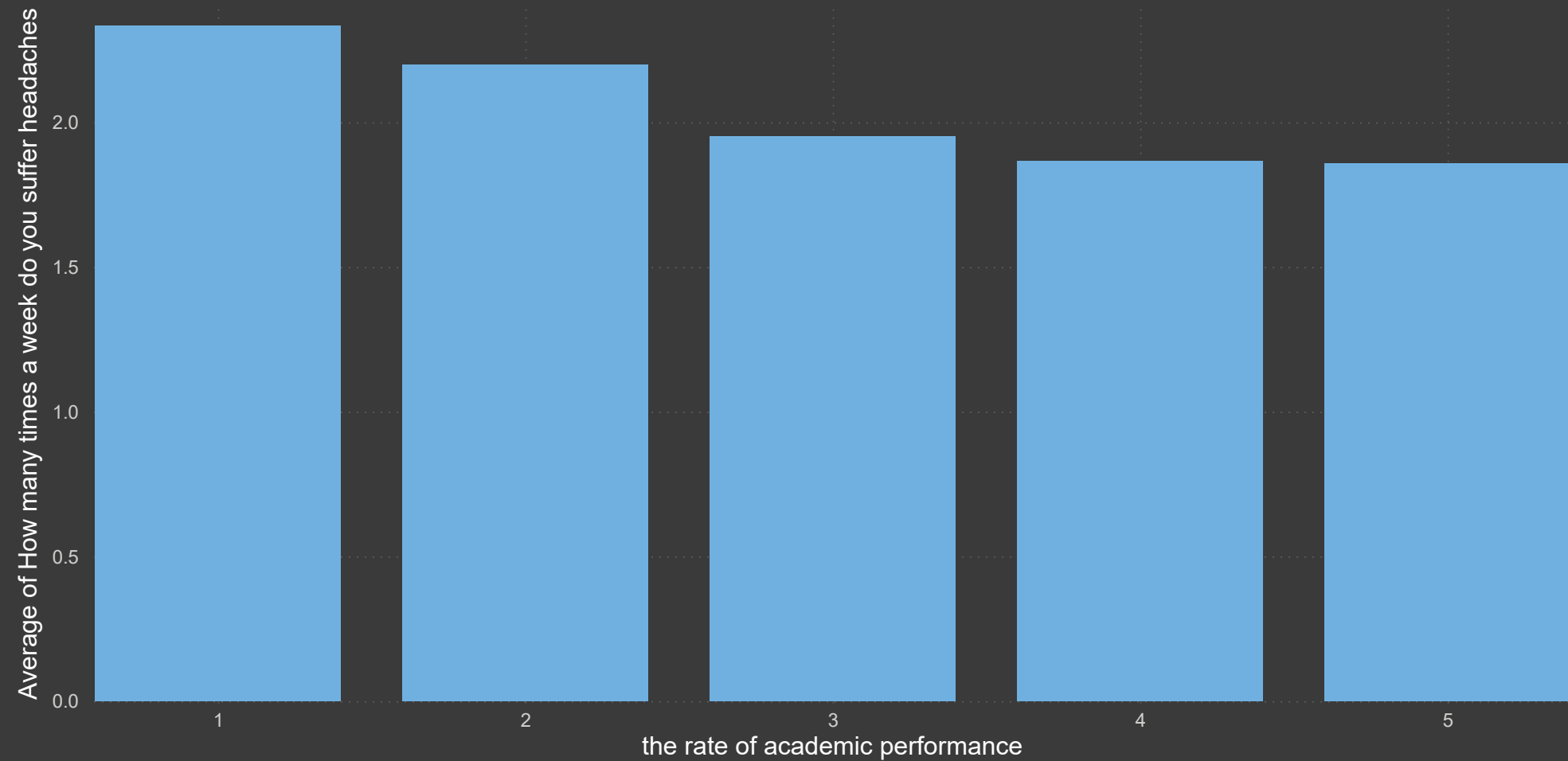


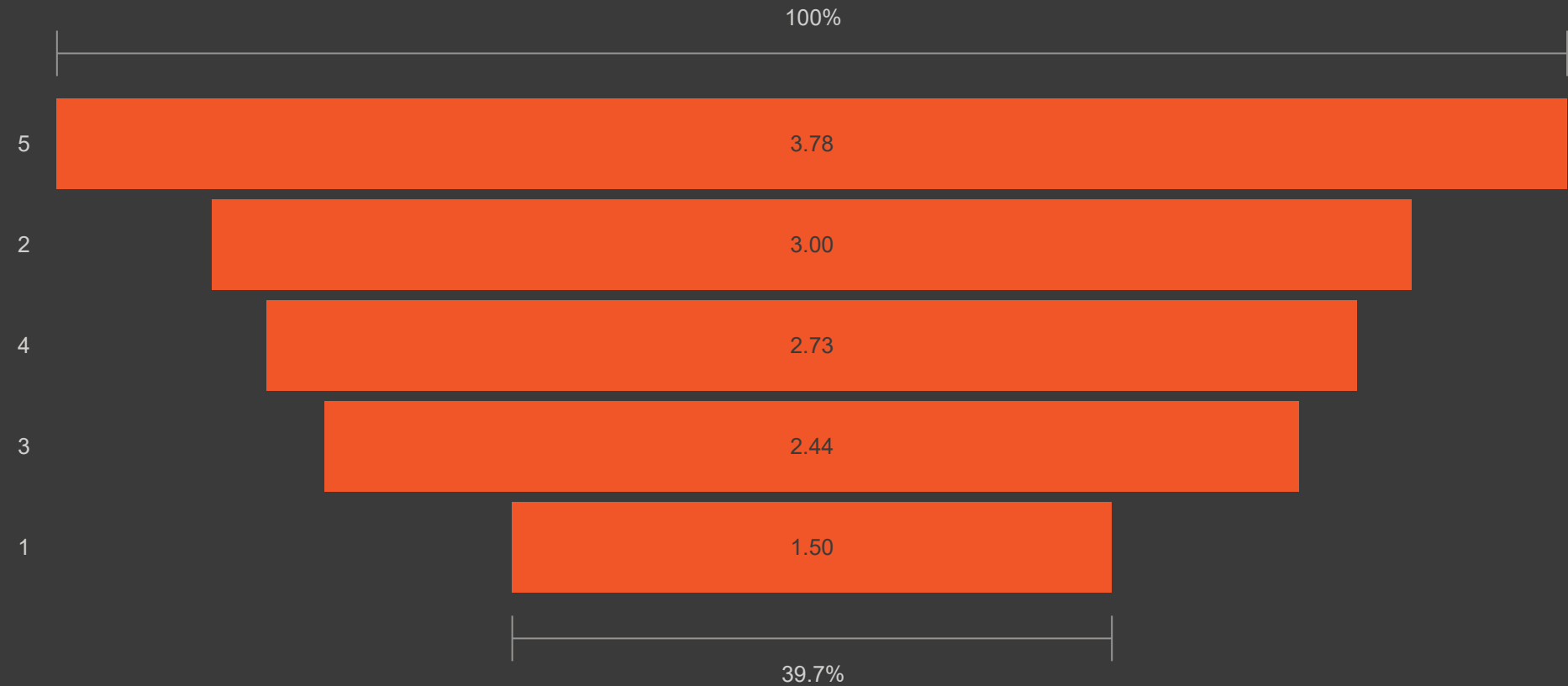
Average percentage of how many time in a week students suffer headaches and of How would rate academic performance

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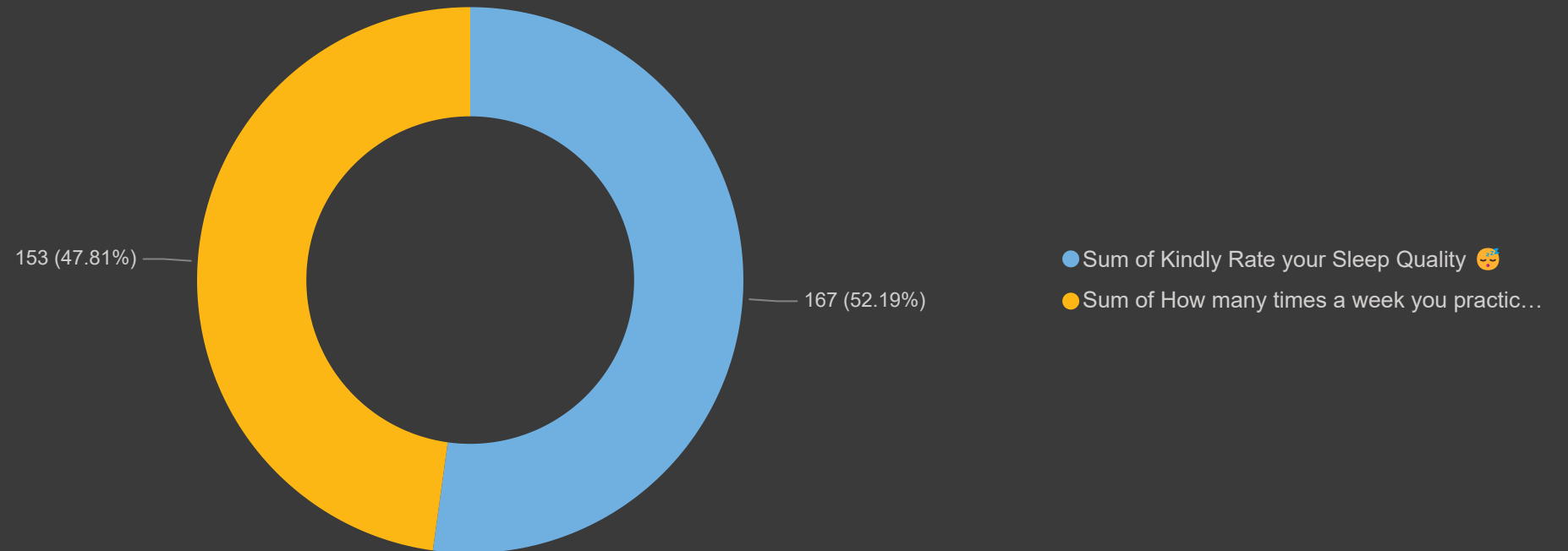
Average of rate stress levels in a week by minimum Rate of Sleep Quality

Average of rate stress levels in a week by minimum Rate of Sleep Quality



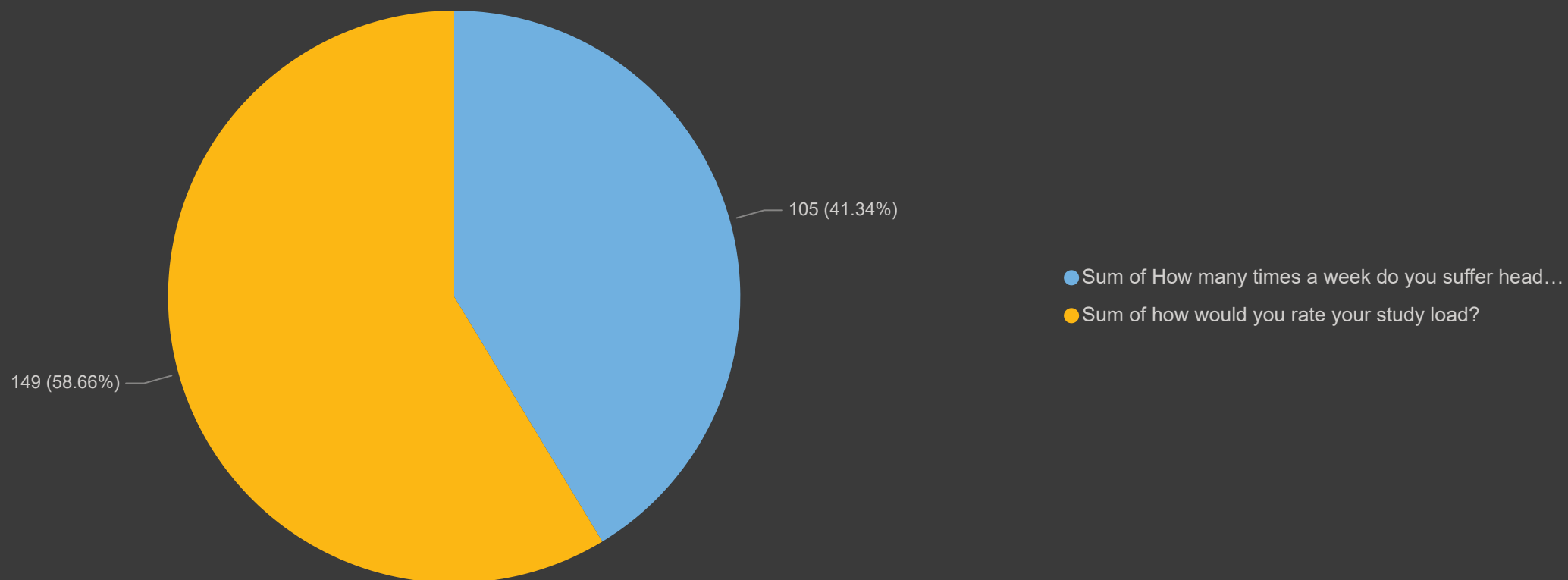
Rate of your Sleep Quality and times in a week practice extracurricular activities

Rate of Sleep Quality and times in a week practice extracurricular activities

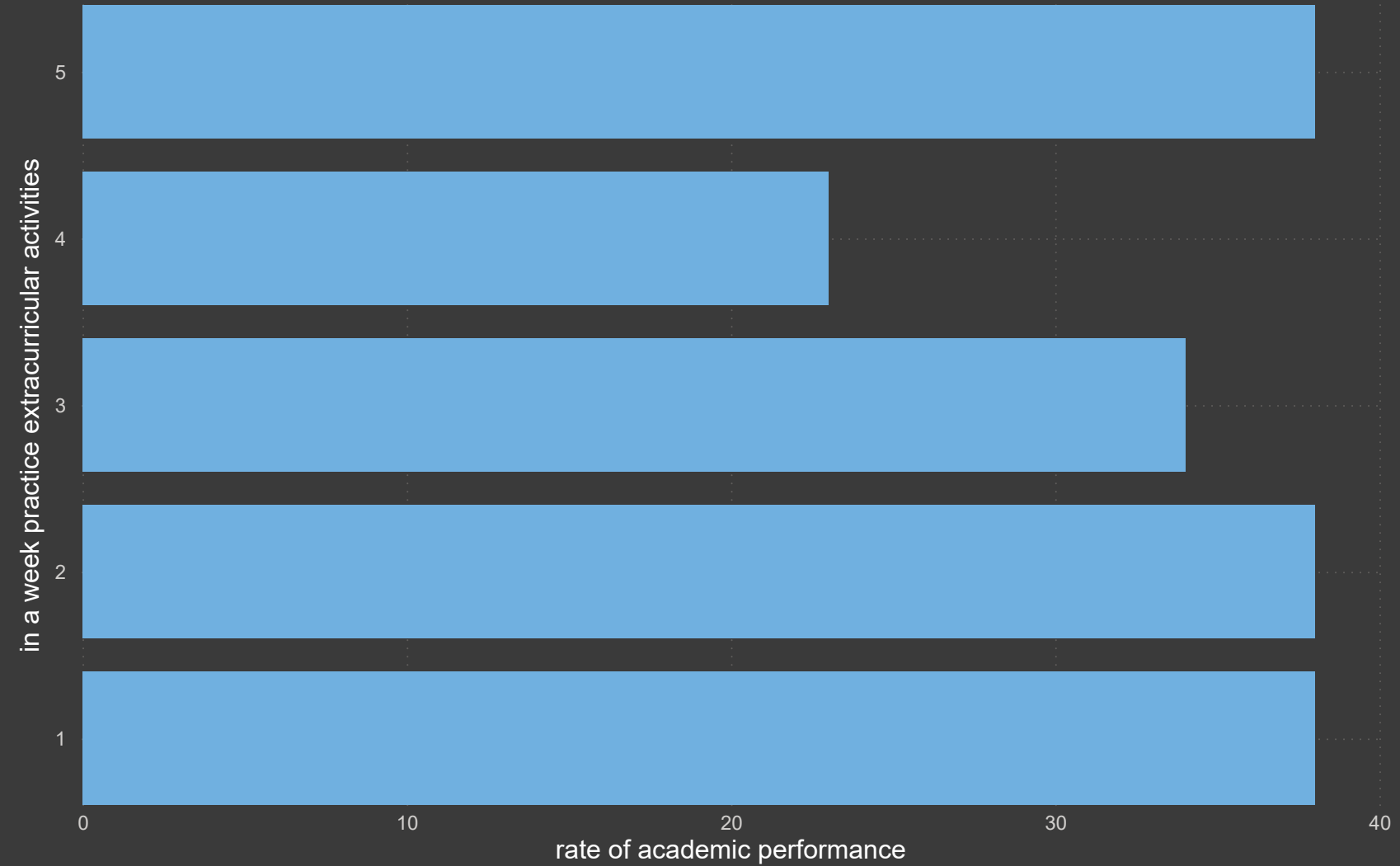


Times in a week suffer headaches and rate your study load

timesin a week suffer headaches and rate of study load

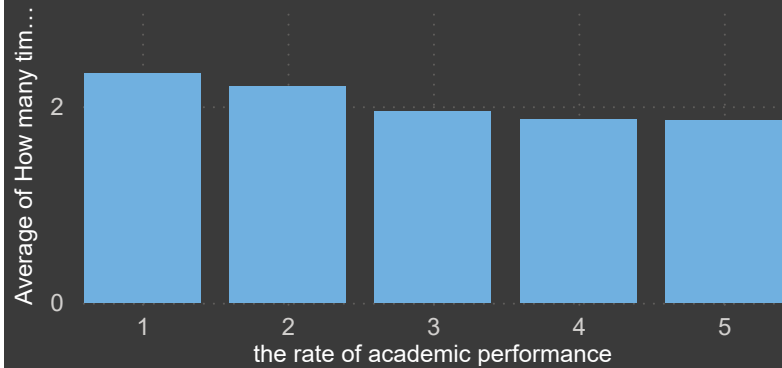


rate of academic performance and How many times a week you practice extracurricular activities

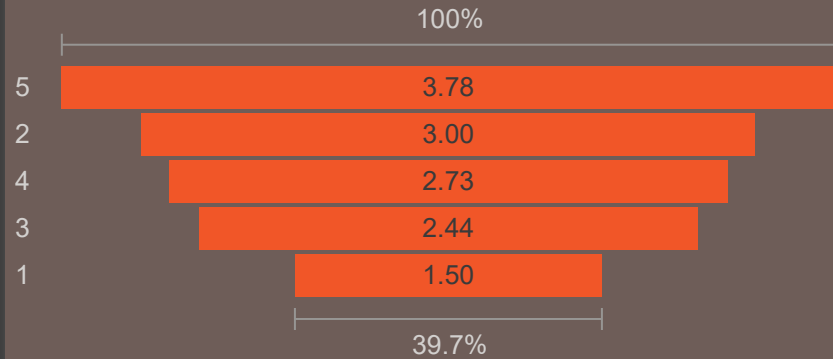


Academic performance stress of students

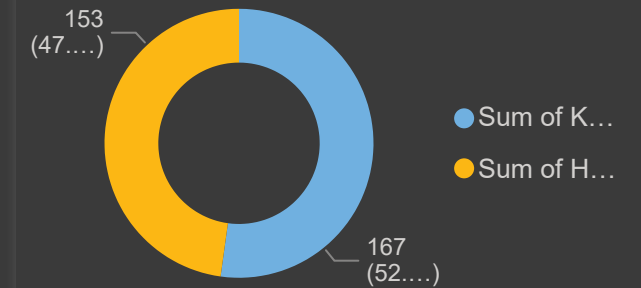
Average percentage of how many time in a week students suffer headaches and of How would rate academic performance



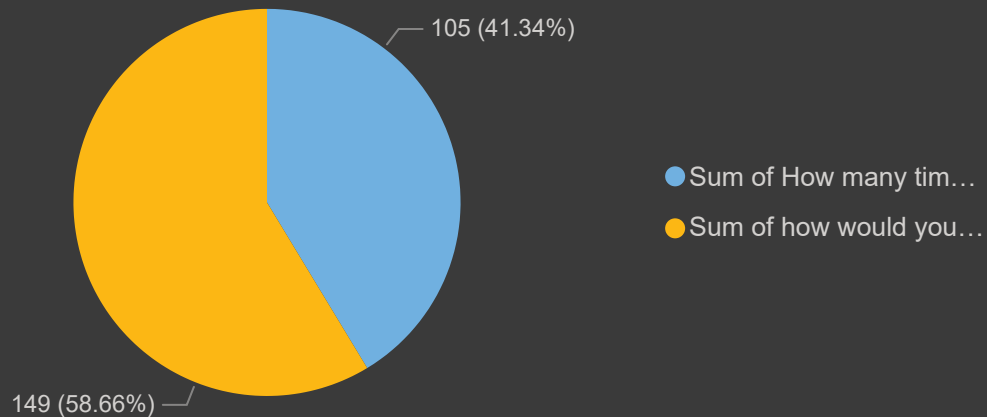
Average of rate stress levels in a week by minimum Rate of Sleep Quality



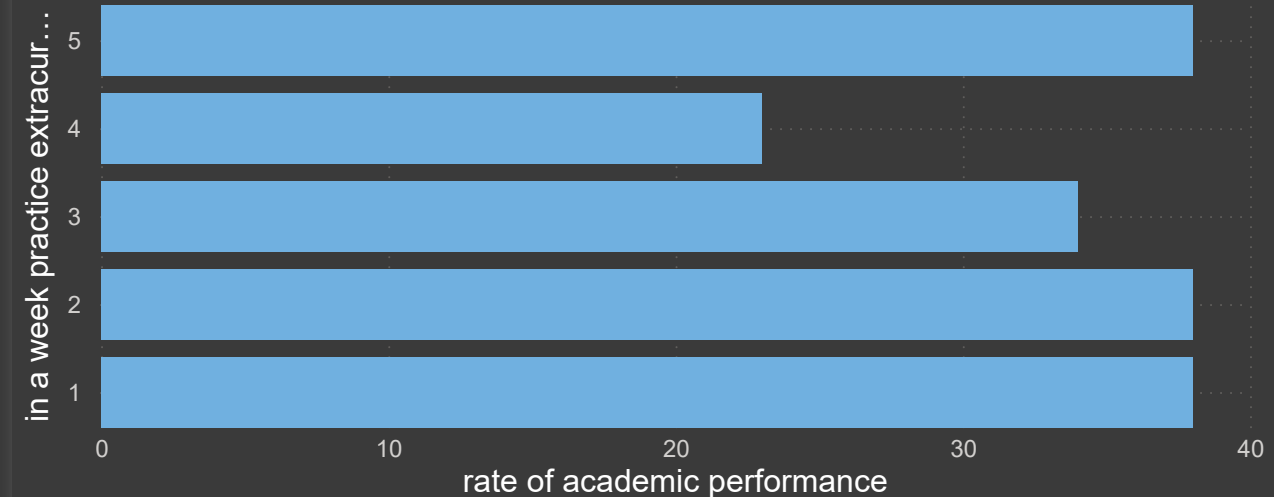
Rate of Sleep Quality and times in a week practice extracurricular activities



times in a week suffer headaches and rate of study load



rate of academic performance and How many times a week you practice extracurricular activities



Academic performance of stress students

Rate of Sleep Quality and How many times a week suffer headaches



rate of academic performance and rate of study load



REPORT :
Altogether, academic performance stress is a significant issue for students, causing mental health issues, physical health problems, and decreased motivation. The main causes are pressure to excel, fear of failure, competition, heavy workload, and lack of support. To mitigate this stress, we recommend: By addressing academic performance stress, we can create a healthier learning environment for students to succeed