MINI PROJECT

(2021-22)

"MY NEXT STEP"

Project Report



Institute of Engineering & Technology

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Department of Computer Engineering & Applications



Department of Computer Engineering and Applications
GLA University, 17 km. Stone NH#2, Mathura-Delhi Road,
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Declaration

I/we hereby declare that the work which is being presented in the Bachelor of technology. Project "My Next Step", in partial fulfillment of the requirements for the award of the *Bachelor of Technology* in Computer Science and Engineering and submitted to the Department of Computer Engineering and Applications of GLA University, Mathura, is an authentic record of my/our own work carried under the supervision of Mrs. Harvinder Kaur, Technical Trainer, Dept. of CEA, GLA University.

The contents of this project report, in full or in parts, have not been submitted to any other Institute or University for the award of any degree.

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Certificate

This is to certify that the project entitled "My Next Step", carried out in Mini Project – I Lab, is a bonafide work by Aditya Narayan Nagde, Abhishek Sharma, Manish Kumar, : Hiamnshu Goyal and Nikhil Dubey and is submitted in partial fulfillment of the requirements for the award of the degree Bachelor of Technology (Computer Science & Engineering).

Signature of Supervisor:

Name of Supervisor: Mrs. Harvinder Kaur

Date:



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ACKNOWLEDGEMENT

Presenting the ascribed project paper report in this very simple and official form, we would like to place my deep gratitude to GLA University for providing us the instructor Mrs Harvinder Kaur, our technical trainer and supervisor.

she has been helping us since Day 1 in this project. she provided us with the roadmap, the basic guidelines explaining on how to work on the project. she has been conducting regular meeting to check the progress of the project and providing us with the resources related to the project. Without his help, we wouldn't have been able to complete this project.

And at last but not the least we would like to thank our dear parents for helping us to grab this opportunity to get trained and also my colleagues who helped me find resources during the training.

Thanking You

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ABSTRACT

In this project, we are creating a web page, basically a counselling website which we have named My next Step. This web page will provide us a platform to know our next step in our carrier at the ease of our fingertips. All the users will be having their separate accounts on this website which will be connected to their phone number. Any counselling advice that the user wishes to take will be entered by him in the counselling form which works on the basis of queries input. The query may be about their carrier advice or their business and many more and will also work on specific keywords input. Apart from searching about things online, the user can make the right choice by interacting with our counselor. The webPage is suitable in the present scenario as the people are unable to make right choice in their carrier. After login one can easily interact with the counselor of their choice. The WebPage will be completely efficient and transparent to the reviews of the people on the counselor and their advice. This WebPage will be using slot booking time for providing them the best discussion time whenever they needed. Further the FAQ section provides all the necessary details that the user may need about the WebPage. The WebPage also has a complete User Interface attached with a perfect login system with phone number and password.

Counselling website is a diverse and is changing people's life all over the world. Counselling website are excepted to increase because of increase in the carrier option/plan and not knowing the way to deal with it Furthermore designing solutions for the problems that we may face in future is essential. Like this application definitely stands the need of students at any time at their fingertips without any barrier of place.

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Chapter 3 Software Design

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CHAPTER-1

INTRODUCTION

1.1 CONTEXT

This WebPage "My Next Step" has been submitted in partial fulfilment of the requirements for the award of the degree of Bachelor of Technology in Computer Science and Engineering at GLA University, Mathura supervised by Mrs. Harvinder Kaur. This project has been completed approximately one month and has been executed in modules, meetings have been organized to check the progress of the work and for instructions and guidelines.

1.2 MOTIVATION

There is a demand in unique approach and strategy. Consulting services provide assistance and advice to the client for them to better understand all aspects of the online business, technologies, marketing, their carrier and any other requirements. Consultants may conduct research and implement business solutions, Marketing strategies, and carrier guidance and assist clients with online operations, infrastructure, and growth. Online consultants can help with all aspects of growing in this difficult World. We provide the tools and resources needed to evaluate the results and make adjustments as needed. Online consulting services are for individuals, companies, or organizations, teenagers that simply want to develop a more effective presence. The offering covers up everything including carrier guidance, financial strategy, risk management, and operational setups.

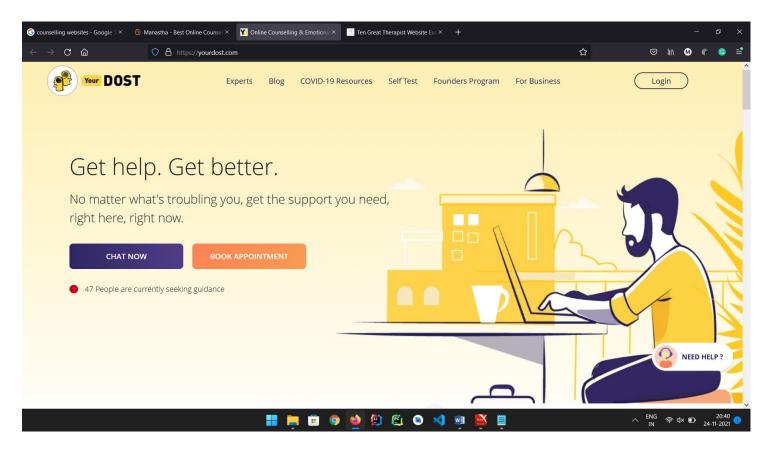
1.3 OBJECTIVE

The main objective of this WebPage is to create a Counselling website named "My Next Step" which will have list of councilors and an options to select them. There will be a facility to book your slot in which the user wishes to take their counselling session

After the selecting the slot and the counsellor the user will be receiving a phone call to discuss their problem

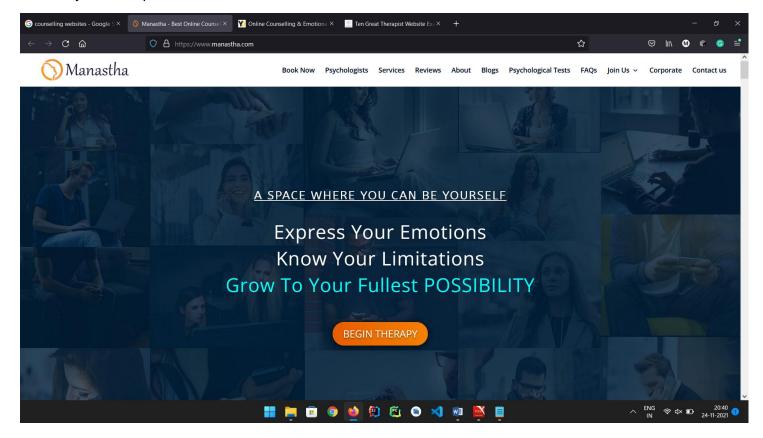
This WebPage developed can be used at a variety of things, at carrier guidance, financial strategy, risk management and operational startups. The goal of the WebPage is to provide a way to react with the present situation and making the success rate go higher rather than randomly surfing the Internet and doing nothing.

1.4 EXISTING SYSTEM



YourDOST

is your Emotional Wellness Coach. Through its technology platform you can anonymously connect with experts 24x7 for guidance related to all your personal, professional and academic matters. These Experts include Psychologists, Counselors, Psychotherapists, Life Coaches and Career Coaches, and provide expert guidance and support in the fields of Life Coaching, Grief Counseling, Confidence Building, Personality Development, Career Coaching, Exam Pressure, De-addiction Support, Relationship Counseling etc. The platform provides clients with a convenient, anonymous and confidential method for everyone to access support in the form of chat, telephonic, or video counseling sessions



Manastha

is the best online counseling and emotional support platform designed to empower and help individuals to Reclaim Their Inner Harmony. Manastha aims to empower you with the skills & techniques enabling you to lead a happier, more fulfilling and meaningful life. Manastha connects you with the right expert consisting of psychotherapists, counselors, life coaches, career guides with rich and deep life experiences who understand and guide you throughout the process of guidance and healing that is easily accessible anytime and anywhere.

CHAPTER-2

SOFTWARE REQUIREMENT ANALYSIS

2.1 WHY DO PEOPLE SEEK COUNSELLING?

1. Difficult Life Events

Some people seek counselling because they have experienced a stressful or traumatic life event, and speaking with a counsellor helps them process the situation. Common life events that can cause someone to seek counselling include:

- Death of a loved one
- Job loss
- Abuse
- Addiction
- Diagnosis of a serious physical illness

2. Mental Health Issues

Counselling is an excellent way for people with mental health problems to work through their symptoms in a supportive environment. Many people who seek counselling have anxiety disorders, which cause excessive fear and worry. People with mood disorders, including depression and bipolar disorder, can also benefit from counseling. There are numerous other mental illnesses that counselling can be a helpful treatment option for.

3. Life Transitions or Decisions

People who are in periods of transition in their lives can benefit from counseling. Life transitions include:

- · Adjusting to adulthood
- Starting a new career
- Marriage
- Becoming a parent
- Retirement

These new experiences can often bring difficult decisions with them, and counselors can give unbiased input to help people make the best choices. Counseling can help people discover the choices they truly want to make, even when they're faced with difficult decisions.

4. Self-Discovery

Even if you're not facing a specific issue in your life, some people seek counseling for self-discovery and self-improvement. Counseling is a good opportunity for people to reflect on their past experiences and explore their feelings and values. This can improve their sense of self and help them feel more complete and satisfied in their lives

2.2 PROBLEM STATEMENT

Counselling can help improve symptoms of many mental health conditions. In Counselling, people also learn to cope with symptoms that may not respond to treatment right away. Research shows the benefits of Counselling last longer than medication alone. Counselling teaches people skills to address symptoms on their own. These skills last after therapy ends, and symptoms may continue to improve, making it less likely people will need further treatment.

Mental health issues are common. Recent statistics from the National Alliance on Mental Health show 1 out of every 5 American adults lives with a mental health condition, while 1 in 25 adults lives with a serious mental health condition.

But only about 40% of people with mental health issues get help. Untreated mental health issues often get worse and may have other negative effects. They could also lead to:

- Inability to work or go to school
- Difficulty in relationships or taking care of children
- Increased risk of health issues
- Hospitalization
- Suicide

2.3 HARDWARE AND SOFTWARE REQUIREMENTS

Software Requirement

Software used: VS Code/Subline

Language used: HTML,CSS,PHP,JavaScript

Database: apache localhost

• User Interface Design : WebPage

2.4 MODULES AND FUNCTIONALITIES

- **Home Screen**: The first screen with which the user interacts will be this screen containing the information about WebPage and some user based quarry.
- **About:** this page tells user about our page and even tells them about our previous user and the review given by them.it also displays them our no of users, our experience, no of counselor we are having, and our total no of services point
- My Next Step: this page gives you information about our individual counsellor and their review and information so that a user can get an Idea to whom they are talking too.
- Navigation bar: Provide you with five option Home, about us, My Next Step,
 Services and contact us.it helps user to navigate to home page, about us, My Next
 Step, Services and contact us
- **Services:** This is page by which by which the user get to know how we are working and some of our services/counselling advise which generally many user search for.
- **Contact us:** this is for those user who seems to have a counselling. It's just a simple steps like Fill your details and don't forget to mention your slot in which you are seeking to have your counselling session

2.5 MY NEXT STEP ON WEBPAGE

My Next Step is actually a library of Counsellors. a person who has been trained to do the job of listening to people who have problem or who want to achieve something, and giving them advice:

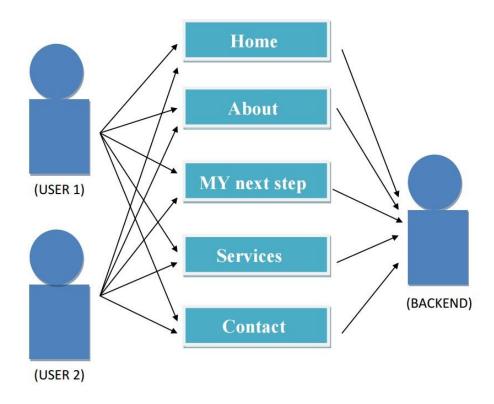
An employment counsellor helps individual clients to set goals for themselves in education, training and employment.

My Next Step provide user with a variety of counsellors by just your single click. Web counselling is **easily accessible to all those who wish to use it**. Online therapy overcomes barriers that may preclude others from seeking therapy. For example, individuals residing in rural or remote areas where there is no counselling services can benefit from the accessibility of online counselling.

This Webpage will give user new ways to react to the situation, review them, keep their success track on the right path, share their experience with everyone, and, of course, discover new path to success.

CHAPTER – 3 SOFTWARE DESIGN

3.1 SOFTWARE DESIGN



So, the above diagram represents the point of view of the users and the developer at the backend and the arrows to each module show the interactivity of the person. The user can simply explore our page and services we provide. He will get a sufficient knowledge but instead if he fails to find out his problem he may go to our contact page and fill up the form. This would make his appointment scheduled on the time he feels convenient to consult.

When the user will open the page he will get the information like What we deal with, how we deal with our customers, what problems we offer to consult within the page when the user opens it the first time, he can read about the reviews of our happy customers, he can also check the information about our community and the co founders.

As shown in the above diagram we have given five buttons.

First is **HOME** button that tells the user who we are and acts as an introductory look up of our website.

Second button is **ABOUT** button that will provide all the information that how we deal with our clients or we can say that how we work.

Third button is **My Nextstep** that button shows the information about our councellors and the support team of our website.

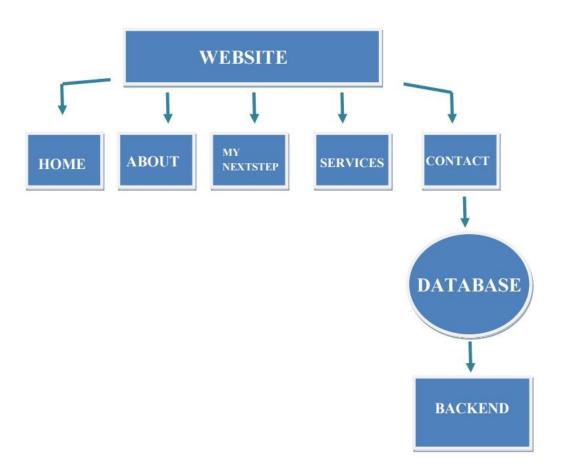
Fourth button is **SERVICES** button that offers the client the list of category of the problems faced by people and is categorized into mainly six parts RELATIONSHIP PROBLEM, COUPLE COUNCELLING, DEPRESSION TREATMENT, FAMILY PROBLEM, PERSONAL PROBLEM and BUSINESS PROBLEM.

Fifth button is **CONTACT** button and that is the main part of the website where client can fill up the details and can fix and appointment. Our support team will soon contact and the client will be consulted as soon as possible within the scheduled time.

3.2 DATAFLOW DIAGRAM

Dataflow diagram shows that when the user will visit the website he will have 5 tabs all follows: HOME, ABOUT, MY NEXTSTEP, SERVICES, CONTACT.

When the user click on the rest of the four tags the user can fully have an informative experience of the website but when he will click on the contact button displayed o the header a form made using the PHP language will be available that after submitting the information to the database and at backend all the actions will be taken.



CHAPTER-4

TECHNOLOGY USED

4.1 TOOLS AND LANGUAGE USED

Tools used to create this consulting website are:

<u>VISUAL STUDIO CODE</u> -> Visual Studio Code (famously known as VS Code) is a free open source editor by Microsoft. Although the editor is relatively lightweight, it includes some powerful features that have made VS Code one of the most popular development environment tools in recent times. Its features are: VS Code supports a wide array of programming languages from Java, C++, and Python to CSS. Moreover, VS Code allows you to add on and even creating new extensions including code debuggers, and cloud and web development support.

XAMPP control panel -> XAMPP Control Panel is a management tool that offers to supervise the actions of individual components of XAMPP. It controls each component of the text server. The user can initiate or halt discrete modules by operating upon the buttons below the "Actions" column. Control panels efficiently manage all the components of the XAMPP package.

One can use the Control Panel to determine whether Apache, MySQL, Mercury, etc. are currently in function or not. The development environment can only be used when Apache and MySQL are in running state. The XAMPP Control Panel icon exists in the system tray. It is an orange-colored icon that is visible when Panel is in running state.

Languages used in building an Android Application are classified as per the Front End and Back End. For designing the Front End of our project we have used HTML, CSS and Javascript and for designing the Back End we have used PHP and Apache database to store the data.

<u>HTML</u> -> HTML is an acronym which stands for Hyper Text Markup Language which is used for creating web pages and web applications. Let's see what is meant by Hypertext Markup Language, and Web page.

Hyper Text: Hyper Text simply means "Text within Text." A text has a link within it, is a hypertext. Whenever you click on a link which brings you to a new webpage, you have clicked on a hypertext. Hyper Text is a way to link two or more web pages (HTML documents) with each other.

Markup language: A markup language is a computer language that is used to apply layout and formatting conventions to a text document. Markup language makes text more interactive and dynamic. It can turn text into images, tables, links, etc.

Web Page: A web page is a document which is commonly written in HTML and translated by a web browser. A

web page can be identified by entering an URL. A Web page can be of the static or dynamic type. With the help of HTML only, we can create static web pages.

<u>CSS</u> -> Cascading Style Sheets, fondly referred to as CSS, is a simple design language intended to simplify the process of making web pages presentable. CSS handles the look and feel part of a web page. Using CSS, you can control the color of the text, the style of fonts, the spacing between paragraphs, how columns are sized and laid out, what background images or colors are used, layout designs, variations in display for different devices and screen sizes as well as a variety of other effects. CSS is easy to learn and understand but it provides powerful control over the presentation of an HTML document. Most commonly, CSS is combined with the markup languages HTML.

PHP -> PHP is an open-source server-side scripting language that many devs use for web development. It is also a general-purpose language that you can use to make lots of projects, including Graphical User Interfaces (GUIs). PHP is mostly used for making web servers. It runs on the browser and is also capable of running in the command line. So, if you don't feel like showing your code output in the browser, you can show it in the terminal.

<u>APACHE server</u> -> The Apache HTTP Server Project is an effort to develop and maintain an open source HTTP server for modern operating systems including UNIX and Windows. The goal of this project is to provide a secure, efficient and extensible server that provides HTTP services in sync with the current HTTP standards.

JAVASCRIPT -> JavaScript is a programming language that adds an interactivity to your website. This can be used along HTML and CSS to make the look and feel more attractive. This commonly happens in games where we create a lot of stuff using the java scripting language like animations, attractive button, styling fonts, and other various activities.

CHAPTER-5

IMPLEMENTATION AND USER INTERFACE

Creating a web concept design with screen sketches and functional flow diagrams is the best Way to communicate your vision to the web developer. Making the concept clear to the developer is probably the most important factor in successful mobile app development. Yet it is One of the most common problems or obstacles in a web development outsourcing project. No matter what the marketing and profit goals are or if you are outsourcing a web for your personal use, you need to fully design and document the web concept if you expect a programmer to make your vision a reality. Developers are not mind readers and even descriptions given during conversations can be very fleeting or interpreted differently. Fully documenting your concept, therefore, leaves little to chance. The two most important things to do are: A) make a comprehensive description of how the web works and what it does (functionality) and B) create a comprehensive description of what the user sees and does (look and feel).

5.1 Implementation of the "MyNextStep:

Implementation of my next step is taking place in various phases. Firstly we build the Home page with option window and make various layouts for the supporting features and connect the web with the php database to fetch the required data. And finally we allotted the counsellor for help to the user according to the data by giving it to the user in the required format.

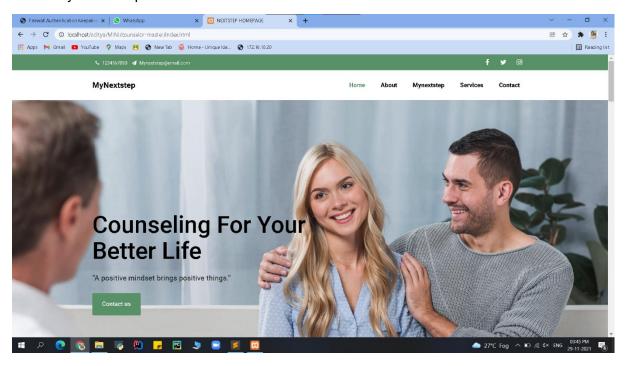
5.1.1 Step to be followed to develop the Webpage:

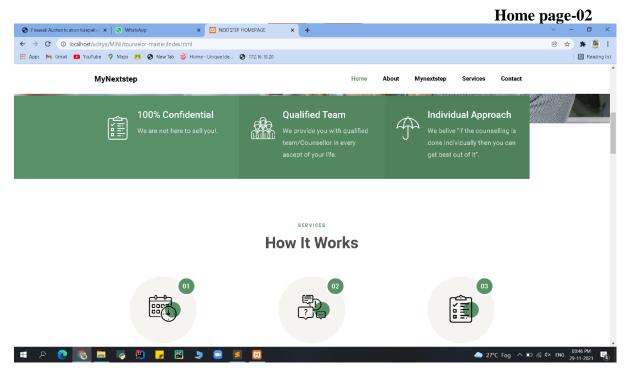
- 1. Firstly we create our home page by using HTML, CSS and JavaScript and linked it with the other functions through PHP.
- 2. we implement various type of functions or buttons in our main/home page.
- 3. Creating a page for taking detail by the user like: Name, Phone number Email, and other important things.
- 4. Now we have created various types of services that can we provide to the user like: Health issues, Jobs and start-up, Career option, Mental and psychology, Education and Other services.
- 5. In this step we connect our page with the php database.
- 6. After that we provide a counsellor according to the user requirement. Flow Chart for the User is given below:

Flow chart for the User is given below:

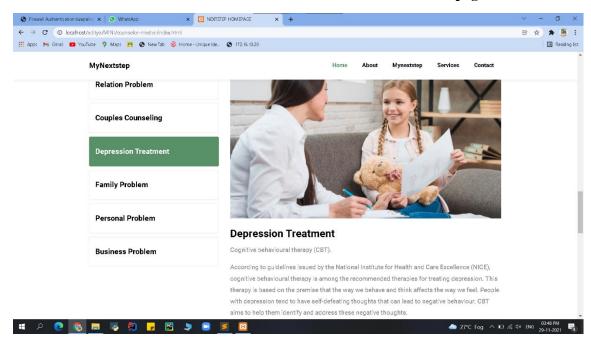
5.2 User Interface Home page-01

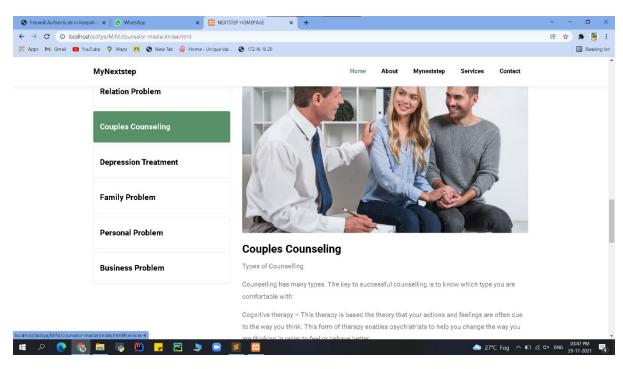
12

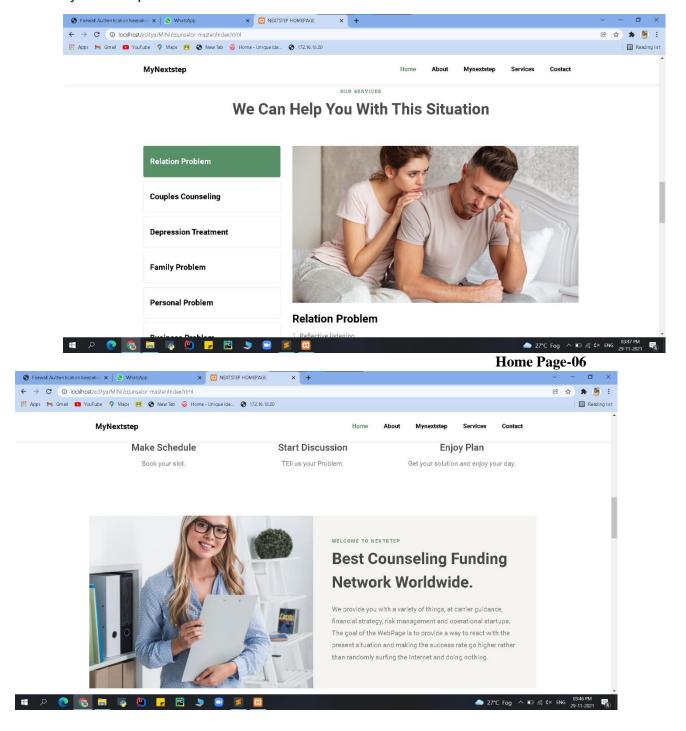


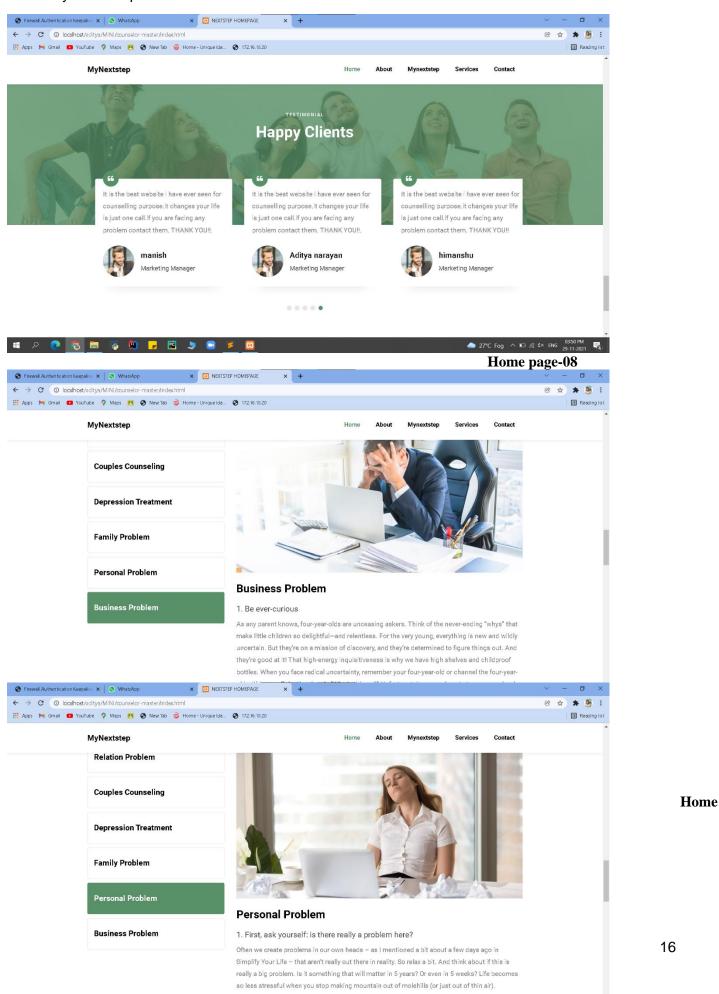


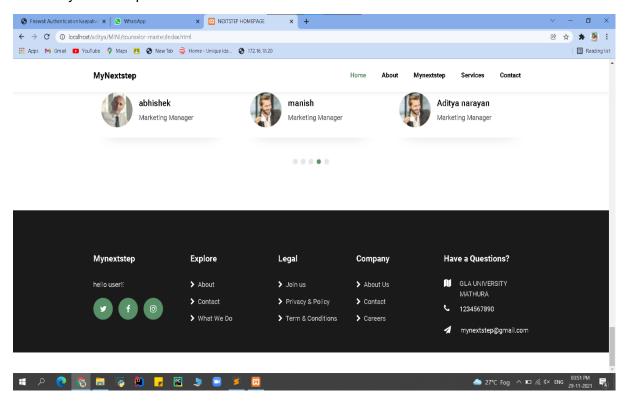
Home page-03

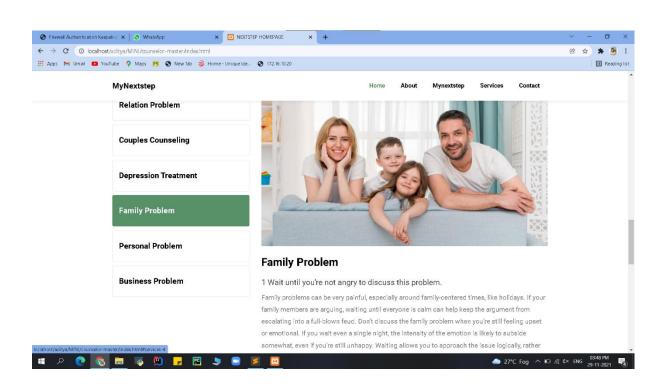


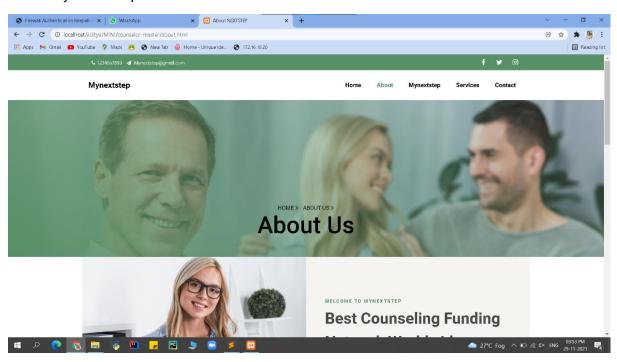


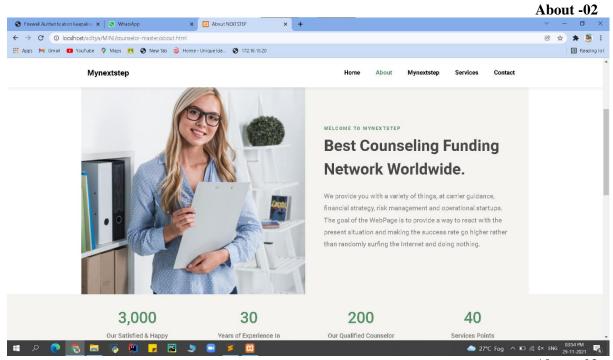




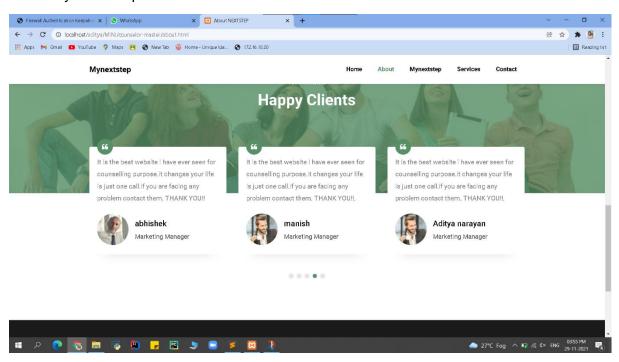


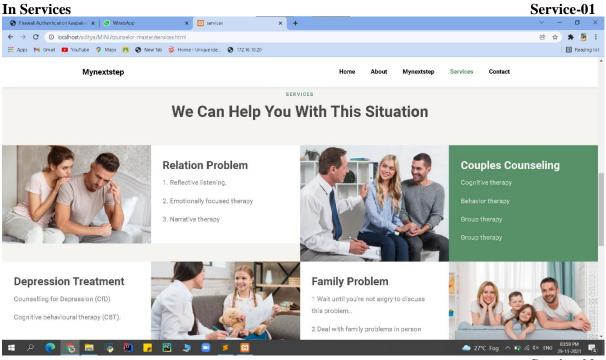




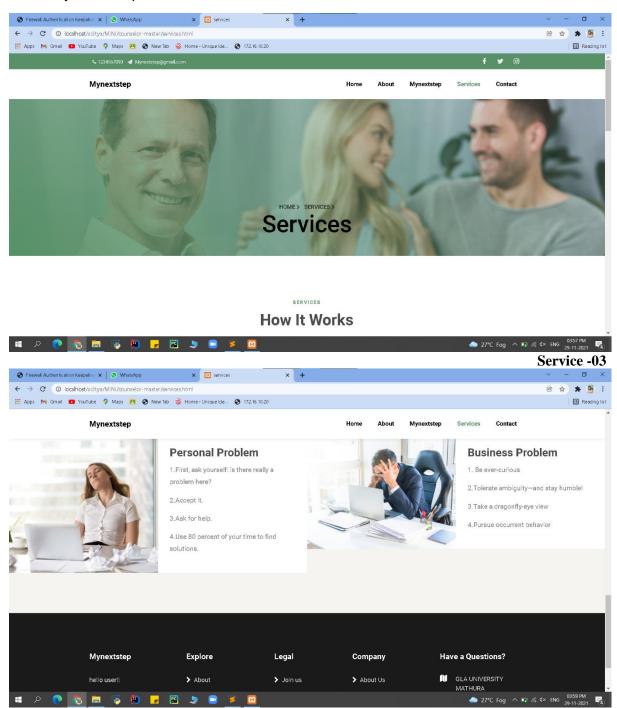


About -03

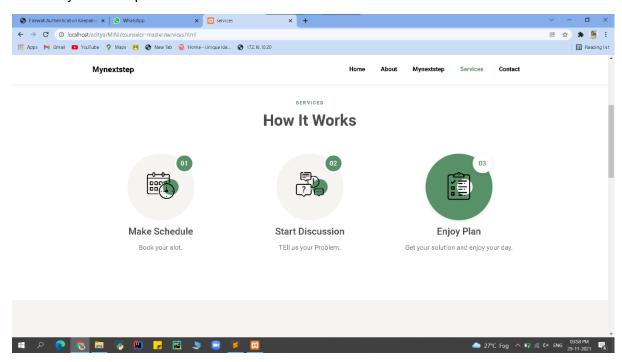


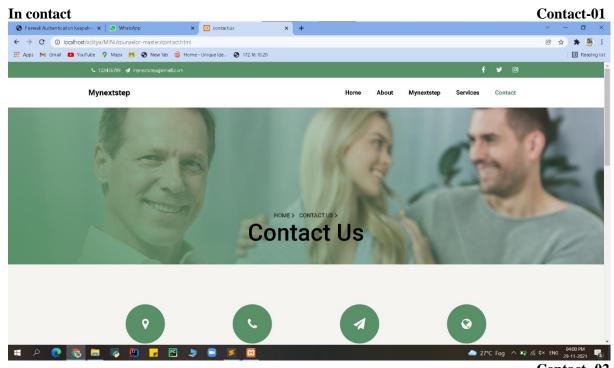


Service-02

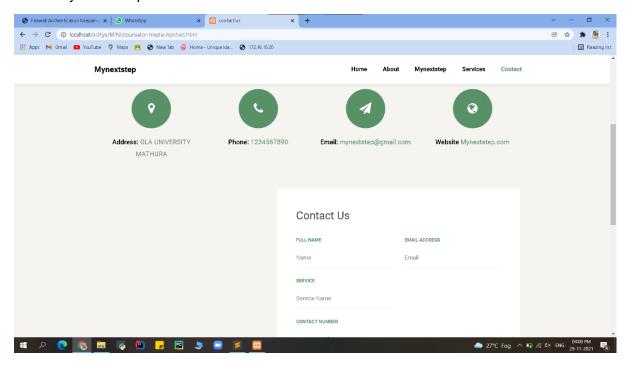


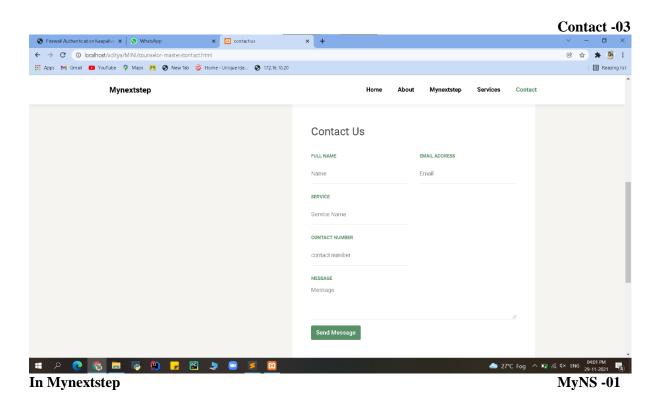
Service -04

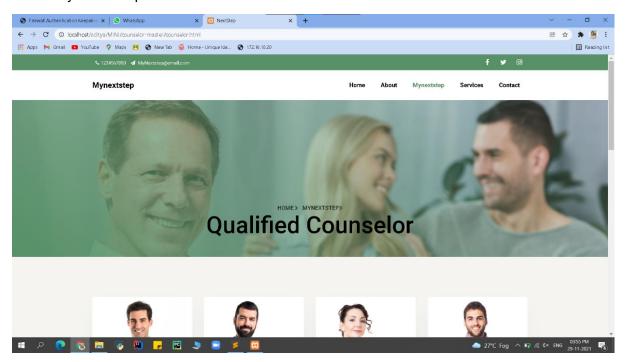


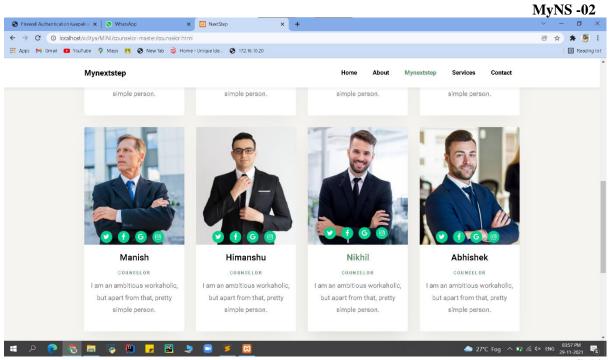


Contact -02

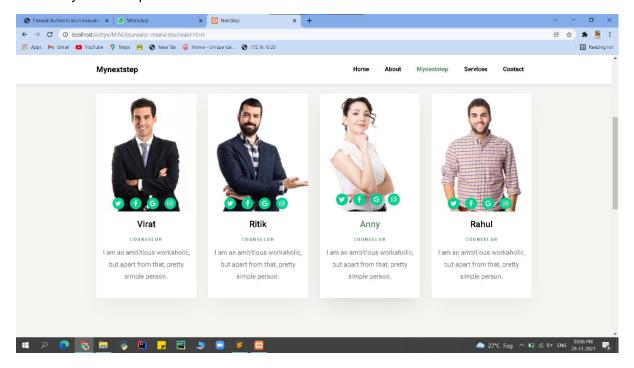








MyNS-03



CHAPTER -6 CODEnCODE

6.1 index.html

```
<!DOCTYPE html>
<html lang="en">
  <head>
    <title>NEXTSTEP HOMEPAGE</title>
    <meta charset="utf-8">
    <meta name="viewport" content="width=device-width, initial-scale=1, shrink-to-fit=no">
    <link href="https://fonts.googleapis.com/css?family=Roboto:300,400,500,700&display=swap"</pre>
rel="stylesheet">
    <link rel="stylesheet" href="https://stackpath.bootstrapcdn.com/font-</pre>
awesome/4.7.0/css/font-awesome.min.css">
    <link rel="stylesheet" href="css/animate.css">
    <link rel="stylesheet" href="css/owl.carousel.min.css">
    <link rel="stylesheet" href="css/owl.theme.default.min.css">
    <link rel="stylesheet" href="css/magnific-popup.css">
    <link rel="stylesheet" href="css/flaticon.css">
    <link rel="stylesheet" href="css/style.css">
  </head>
  <body>
    <div class="wrap">
           <div class="container">
                <div class="row">
                    <div class="col-md-6 d-flex align-items-center">
                       <a href="#" class="mr-2"></span class="fa fa-phone mr-1"></span>
1234567890</a>
                           <a href="#"><span class="fa fa-paper-plane mr-1"></span>
Mynextstep@email.com</a>
                       </div>
                    <div class="col-md-6 d-flex justify-content-md-end">
                       <div class="social-media">
```

```
<a href="#" class="d-flex align-items-center justify-content-</pre>
center"><span class="fa fa-facebook"><i class="sr-only">Facebook</i></span></a>
                         <a href="#" class="d-flex align-items-center justify-content-</pre>
center"><span class="fa fa-twitter"><i class="sr-only">Twitter</i></span></a>
                         <a href="#" class="d-flex align-items-center justify-content-</pre>
center"><span class="fa fa-instagram"><i class="sr-only">Instagram</i></span></a>
                      </div>
                  </div>
              </div>
           </div>
       </div>
     <nav class="navbar navbar-expand-lg navbar-dark ftco_navbar bg-dark ftco-navbar-light"</pre>
id="ftco-navbar">
       <div class="container">
         <a class="navbar-brand" href="index.html">MyNextstep</a>
         <button class="navbar-toggler" type="button" data-toggle="collapse" data-</pre>
target="#ftco-nav" aria-controls="ftco-nav" aria-expanded="false" aria-label="Toggle
navigation">
           <span class="oi oi-menu"></span> Menu
         </button>
         <div class="collapse navbar-collapse" id="ftco-nav">
           <a href="index.html" class="nav-link">Home</a>
            <a href="about.html" class="nav-link">About</a>
            <a href="counselor.html" class="nav-</pre>
link">Mynextstep</a>
            <a href="services.html" class="nav-link">Services</a>
            <a href="contact.html" class="nav-link">Contact</a>
           </div>
       </div>
     </nav>
   <!-- END nav -->
   <div class="hero-wrap" style="background-image: url('images/bg_1.jpg');" data-stellar-</pre>
background-ratio="0.5">
     <div class="overlay"></div>
     <div class="container">
       <div class="row no-gutters slider-text align-items-center">
         <div class="col-md-6 ftco-animate d-flex align-items-end">
          <div class="text w-100">
```

```
<h1 class="mb-4">Counseling For Your Better Life</h1>
               "A positive mindset brings positive things."
               <a href="contact.html" class="btn btn-primary py-3 px-4">Contact us</a>
           </div>
         </div>
       </div>
     </div>
    </div>
    <section class="ftco-intro">
       <div class="container">
           <div class="row no-gutters">
               <div class="col-md-4 d-flex">
                   <div class="intro aside-stretch d-lg-flex w-100">
                       <div class="icon">
                           <span class="flaticon-checklist"></span>
                       </div>
                       <div class="text">
                           <h2>100% Confidential</h2>
                           We are not here to sell you!.
                       </div>
                   </div>
               </div>
               <div class="col-md-4 d-flex">
                   <div class="intro color-1 d-lg-flex w-100">
                       <div class="icon">
                           <span class="flaticon-employee"></span>
                       </div>
                       <div class="text">
                           <h2>Qualified Team</h2>
                           We provide you with qualified team/Counsellor in every ascept
of your life.
                       </div>
                   </div>
               </div>
               <div class="col-md-4 d-flex">
                   <div class="intro color-2 d-lg-flex w-100">
                       <div class="icon">
                           <span class="flaticon-umbrella"></span>
                       </div>
                       <div class="text">
                           <h2>Individual Approach</h2>
                           We belive "if the counselling is done individually then you can..."
get best out of it".
                       </div>
                   </div>
               </div>
```

```
</div>
        </div>
    </section>
        <section class="ftco-section">
        <div class="container">
            <div class="row justify-content-center pb-5">
          <div class="col-md-7 heading-section text-center ftco-animate">
            <span class="subheading">Services</span>
            <h2>How It Works</h2>
          </div>
        </div>
            <div class="row">
                <div class="col-md-4 d-flex align-items-stretch ftco-animate">
                    <div class="services-2 text-center">
                         <div class="icon-wrap">
                             <div class="number d-flex align-items-center justify-content-</pre>
center"><span>01</span></div>
                            <div class="icon d-flex align-items-center justify-content-</pre>
center">
                                 <span class="flaticon-calendar"></span>
                            </div>
                        </div>
                        <h2>Make Schedule</h2>
                         Book your slot.
                    </div>
                </div>
                <div class="col-md-4 d-flex align-items-stretch ftco-animate">
                    <div class="services-2 text-center">
                        <div class="icon-wrap">
                             <div class="number d-flex align-items-center justify-content-</pre>
center"><span>02</span></div>
                             <div class="icon d-flex align-items-center justify-content-</pre>
center">
                                 <span class="flaticon-ga"></span>
                             </div>
                        </div>
                        <h2>Start Discussion</h2>
                         TEll us your Problem.
                    </div>
                </div>
                <div class="col-md-4 d-flex align-items-stretch ftco-animate">
                    <div class="services-2 text-center">
                        <div class="icon-wrap">
                             <div class="number d-flex align-items-center justify-content-</pre>
center"><span>03</span></div>
                            <div class="icon d-flex align-items-center justify-content-</pre>
```

```
<span class="flaticon-checklist"></span>
                          </div>
                      </div>
                      <h2>Enjoy Plan</h2>
                      Get your solution and enjoy your day.
                  </div>
               </div>
           </div>
       </div>
   </section>
   <section class="ftco-section ftco-no-pb ftco-no-pt">
           <div class="container">
               <div class="row">
                  <div class="col-md-6 img img-3 d-flex justify-content-center align-items-</pre>
center" style="background-image: url(images/about-1.jpg);">
                  </div>
                  <div class="col-md-6 wrap-about px-md-5 ftco-animate py-5 bg-light">
             <div class="heading-section">
               <span class="subheading">Welcome to NEXTSTEP</span>
               <h2 class="mb-4">Best Counseling Funding Network Worldwide.</h2>
                We provide you with a variety of things, at carrier guidance, financial
strategy, risk management and operational startups. The goal of the WebPage is to provide a
way to react with the present situation and making the success rate go higher rather than
randomly surfing the Internet and doing nothing.
             </div>
                  </div>
               </div>
           </div>
       </section>
       <section class="ftco-section">
           <div class="container">
               <div class="row justify-content-center mb-5">
         <div class="col-md-8 text-center heading-section ftco-animate">
           <span class="subheading">Our Services</span>
           <h2 class="mb-3">We Can Help You With This Situation</h2>
         </div>
       </div>
               <div class="row tabulation mt-4 ftco-animate">
               <div class="col-md-4">
```

```
<a class="nav-link active py-4" data-toggle="tab" href="#services-</pre>
1">Relation Problem</a>
                       <a class="nav-link py-4" data-toggle="tab" href="#services-</pre>
2">Couples Counseling</a>
                       <a class="nav-link py-4" data-toggle="tab" href="#services-</pre>
3">Depression Treatment</a>
                       <a class="nav-link py-4" data-toggle="tab" href="#services-</pre>
4">Family Problem</a>
                       <a class="nav-link py-4" data-toggle="tab" href="#services-</pre>
5">Personal Problem</a>
                       <a class="nav-link py-4" data-toggle="tab" href="#services-</pre>
6">Business Problem</a>
                       </div>
                 <div class="col-md-8">
                     <div class="tab-content">
                       <div class="tab-pane container p-0 active" id="services-1">
                         <div class="img" style="background-image: url(images/services-</pre>
1.jpg);"></div>
                         <h3><a href="#">Relation Problem</a></h3>
                         1. Reflective listening.
                          "Reflective listening is a highly beneficial exercise where
the couple take turns being active listeners," says Laura Louis, a licensed psychologist at
Atlanta Couple Therapy.
                            "I" phrases instead of "you" statements. For example, say
"I feel hurt when you do X" instead of "You're wrong for doing X."
                            "When couples take turns being active listeners, it boosts
healthy communication skills as well as conflict resolution skills for the couple," Louis
says..
                         2. Emotionally focused therapy
                          Many therapists use a method called emotionally focused
therapy (EFT).
```

```
The goal is for couples "to identify maladaptive patterns"
within the relationship that are interfering with secure bonds and attachments," says Ansley
Campbell, a clinical director at The Summit Wellness Group.
                               People "learn and utilize techniques to heal or create safe
and secure attachments within the relationship," she explains.
                               3. Narrative therapy
                               The practice of narrative therapy revolves around people
describing their problems in narrative form and rewriting their stories. This can help them
see that no single story can possibly encapsulate the totality of their experience.
                         </div>
                         <div class="tab-pane container p-0 fade" id="services-2">
                           <div class="img" style="background-image: url(images/services-</pre>
2.jpg);"></div>
                           <h3><a href="#">Couples Counseling</a></h3>
                           Types of Counselling
                               Counselling has many types. The key to successful
counselling is to know which type you are comfortable with:
                                 Cognitive therapy - This therapy is based the theory that
your actions and feelings are often due to the way you think. This form of therapy enables
psychiatrists to help you change the way you are thinking in order to feel or behave
better.
                                 Behavior therapy - This kind of therapy focuses on the
modification of unwanted as well as unhealthy behaviors. Healthy habits and behavior are
enforced through the use of rewards...
                                 Group therapy - An experienced personnel leads a group
therapy session. It is a confidential environment where people with the same mental health
issues get to share their feelings. The members support one another when they need it.
                                 Group therapy - An experienced personnel leads a group
therapy session. It is a confidential environment where people with the same mental health
issues get to share their feelings. The members support one another when they need it.
                         </div>
                         <div class="tab-pane container p-0 fade" id="services-3">
                           <div class="img" style="background-image: url(images/services-</pre>
3.jpg);"></div>
                           <h3><a href="#">Depression Treatment</a></h3>
                           Cognitive behavioural therapy (CBT).
                             According to guidelines issued by the National Institute for
Health and Care Excellence (NICE), cognitive behavioural therapy is among the recommended
therapies for treating depression. This therapy is based on the premise that the way we behave
and think affects the way we feel. People with depression tend to have self-defeating thoughts
that can lead to negative behaviour. CBT aims to help them identify and address these negative
thoughts.
                             Counselling for Depression (CfD)
```

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CfD is a model of psychological therapy recommended by NICE
for the treatment of depression and approved for delivery within the Improving Access to
Psychological Therapies Programme (IAPT). Counselling for Depression is one of the therapies
recommended in addition to CBT.
                          <div class="tab-pane container p-0 fade" id="services-4">
                            <div class="img" style="background-image: url(images/services-</pre>
4.jpg);"></div>
                            <h3><a href="#">Family Problem</a></h3>
                            <h5>1
                                Wait until you're not angry to discuss this problem.</h5>
Family problems can be very painful, especially around family-centered times, like holidays.
If your family members are arguing, waiting until everyone is calm can help keep the argument
from escalating into a full-blown feud.
                                Don't discuss the family problem when you're still feeling
upset or emotional. If you wait even a single night, the intensity of the emotion is likely to
subside somewhat, even if you're still unhappy.
                                Waiting allows you to approach the issue logically, rather
than emotionally. If you take a step back and give yourself some time to think before dealing
with the issue, you won't deal with it so reactively.
                                Approaching someone when you are angry will heighten the
intensity around an already tough situation. There's no reason you can't wait to make your
point tomorrow, so control your instant impulse..
                          </div>
                          <div class="tab-pane container p-0 fade" id="services-5">
                            <div class="img" style="background-image: url(images/services-</pre>
5.jpg);"></div>
                            <h3><a href="#">Personal Problem</a></h3>
                            <h5>
                                1. First, ask yourself: is there really a problem
here?</h5>Often we create problems in our own heads - as I mentioned a bit about a few days
ago in Simplify Your Life - that aren't really out there in reality. So relax a bit. And think
about if this is really a big problem.
                                Is it something that will matter in 5 years? Or even in 5
weeks?
                                Life becomes so less stressful when you stop making mountain
out of molehills (or just out of thin air). 
                              <h5>2. Accept it.</h5>When you accept that the problem
already exists and stop resisting then you also stop putting more energy into the problem and
"feeding it".
                                Now it just exists (well, more or less, you might still feel a
bit down about it).
```

You can use the energy you previously fed the problem with the energy that probably made the problem look bigger than it was - to find creative solutions to the challenge. <h5>3. Ask for help.</h5> <h5></h5>You can ask people for advice on what to do and what they did in similar situations. But you can also ask for more practical help. You don't have to solve every problem on your own and sometimes it feels better to have someone by your side, even if it is just for emotional support. If you just ask you may find that people will often be willing to help you out. <h5>4. Use 80 percent of your time to find solutions.</h5>And only 20 percent to complain, worry and whine. It might not always be easy but focusing your energy, time and thoughts in this way is much more beneficial for you and others than doing the opposite. </div> <div class="tab-pane container p-0 fade" id="services-6"> <div class="img" style="background-image: url(images/services-</pre> 6.jpg);"></div> <h3>Business Problem</h3> <h5>1. Be ever-curious</h5>As any parent knows, four-year-olds are unceasing askers. Think of the never-ending "whys" that make little children so delightful—and relentless. For the very young, everything is new and wildly uncertain. But they're on a mission of discovery, and they're determined to figure things out. And they're good at it! That high-energy inquisitiveness is why we have high shelves and childproof bottles. When you face radical uncertainty, remember your four-year-old or channel the four-year-old within you. Relentlessly ask, "Why is this so?" Unfortunately, somewhere between preschool and the boardroom, we tend to stop asking. Our brains make sense of massive numbers of data points by imposing patterns that have worked for us and other humans in the past. That's why a simple technique, worth employing at the beginning of problem solving, is simply to pause and ask why conditions or assumptions are so until you arrive at the root of the problem <h5>2. Tolerate ambiguity—and stay humble!</h5>When we think of problem solvers, many of us tend to picture a poised and brilliant engineer. We may imagine a mastermind who knows what she's doing and approaches a problem with purpose. The reality, though, is that most good problem solving has a lot of trial and error; it's more like the apparent randomness of rugby than the precision of linear programming. We form hypotheses, porpoise into the data, and then surface and refine (or throw out) our initial guess at the answer. This above all requires an embrace of imperfection and a tolerance for ambiguity—and a gambler's sense of probabilities. <h5>3. Take a dragonfly-eye view</h5>Dragonfly-eye perception is common to great problem solvers. Dragonflies have large, compound eyes, with thousands of lenses and photoreceptors sensitive to different wavelengths of light. Although we don't know exactly how their insect brains process all this visual information, by analogy they see

multiple perspectives not available to humans. The idea of a dragonfly eye taking in 360 degrees of perception6 is an attribute of "superforecasters"—people, often without domain expertise, who are the best at forecasting events.

Think of this as widening the aperture on a problem or viewing it through multiple lenses. The object is to see beyond the familiar tropes into which our pattern-recognizing brains want to assemble perceptions. By widening the aperture, we can identify threats or opportunities beyond the periphery of vision.

<h5>4. Pursue occurrent behavior
/h5>Occurrent behavior is what actually happens in a time and place, not what was potential or predicted behavior.
Complex problems don't give up their secrets easily. But that shouldn't deter problem solvers from exploring whether evidence on the facets of a solution can be observed, or running experiments to test hypotheses. You can think of this approach as creating data rather than just looking for what has been collected already. It's critical for new market entry—or new market creation. It also comes in handy should you find that crunching old data is leading to stale solutions.

Most of the problem-solving teams we are involved with have twin dilemmas of uncertainty and complexity, at times combined as truly "wicked problems."7 For companies ambitious to win in the great unknown in an emerging segment—such as electric cars or autonomous vehicles, where the market isn't fully established—good problem solving typically involves designing experiments to reduce key uncertainties, not just relying on existing data. Each move (such as buying IP or acquiring a component supplier) and each experiment (including on-road closed tests) not only provides additional information to make decisions but also builds capabilities and assets that support further steps. Over time, their experiments, including alliances and acquisitions, come to resemble staircases that lead to either the goal or to abandonment of the goal. Problem-solving organizations can "bootstrap" themselves into highly uncertain new spaces, building information, foundational assets, and confidence as they take steps forward..

```
</div>
                        </div>
                    </div>
                </div>
            </div>
        </section>
    <section class="ftco-section testimony-section">
        <div class="img img-bg border" style="background-image: url(images/bg_4.jpg);"></div>
        <div class="overlay"></div>
      <div class="container">
        <div class="row justify-content-center mb-5">
          <div class="col-md-7 text-center heading-section heading-section-white ftco-</pre>
animate">
            <span class="subheading">Testimonial</span>
            <h2 class="mb-3">Happy Clients</h2>
          </div>
        </div>
```

```
<div class="row ftco-animate">
          <div class="col-md-12">
            <div class="carousel-testimony owl-carousel ftco-owl">
             <div class="item">
                <div class="testimony-wrap py-4">
                   <div class="icon d-flex align-items-center justify-content-center"><span</pre>
class="fa fa-quote-left"></div>
                 <div class="text">
                   It is the best website i have ever seen for counselling
purpose.it changes your life is just one call.if you are facing any problem contact them.
THANK YOU!!
                   <div class="d-flex align-items-center">
                        <div class="user-img" style="background-image:</pre>
url(images/person 1.jpg)"></div>
                       <div class="pl-3">
                           himanshu
                           <span class="position">Marketing Manager</span>
                     </div>
                 </div>
               </div>
             </div>
             <div class="item">
               <div class="testimony-wrap py-4">
                   <div class="icon d-flex align-items-center justify-content-center"><span</pre>
class="fa fa-quote-left"></div>
                 <div class="text">
                   It is the best website i have ever seen for counselling
purpose.it changes your life is just one call.if you are facing any problem contact them.
THANK YOU!!
                   <div class="d-flex align-items-center">
                       <div class="user-img" style="background-image:</pre>
url(images/person 2.jpg)"></div>
                       <div class="pl-3">
                           Nikhil
                           <span class="position">Marketing Manager</span>
                         </div>
                     </div>
                 </div>
               </div>
             </div>
             <div class="item">
               <div class="testimony-wrap py-4">
                   <div class="icon d-flex align-items-center justify-content-center"><span</pre>
class="fa fa-quote-left"></div>
                 <div class="text">
```

```
It is the best website i have ever seen for counselling
purpose.it changes your life is just one call.if you are facing any problem contact them.
THANK YOU!!
                   <div class="d-flex align-items-center">
                       <div class="user-img" style="background-image:</pre>
url(images/person_3.jpg)"></div>
                      <div class="pl-3">
                          abhishek
                          <span class="position">Marketing Manager</span>
                         </div>
                     </div>
                 </div>
               </div>
             </div>
             <div class="item">
               <div class="testimony-wrap py-4">
                   <div class="icon d-flex align-items-center justify-content-center"><span</pre>
class="fa fa-quote-left"></div>
                 <div class="text">
                   It is the best website i have ever seen for counselling
purpose.it changes your life is just one call.if you are facing any problem contact them.
THANK YOU!!.
                   <div class="d-flex align-items-center">
                       <div class="user-img" style="background-image:</pre>
url(images/person 1.jpg)"></div>
                       <div class="pl-3">
                          manish
                          <span class="position">Marketing Manager</span>
                         </div>
                     </div>
                 </div>
               </div>
             </div>
             <div class="item">
               <div class="testimony-wrap py-4">
                   <div class="icon d-flex align-items-center justify-content-center"><<span</pre>
class="fa fa-quote-left"></div>
                 <div class="text">
                   It is the best website i have ever seen for counselling
purpose.it changes your life is just one call.if you are facing any problem contact them.
THANK YOU!!.
                   <div class="d-flex align-items-center">
                       <div class="user-img" style="background-image:</pre>
url(images/person_1.jpg)"></div>
                       <div class="pl-3">
                          Aditya narayan
                          <span class="position">Marketing Manager</span>
                        </div>
```

```
</div>
               </div>
             </div>
           </div>
          </div>
        </div>
      </div>
     </div>
   </section>
   <footer class="ftco-footer">
     <div class="container">
      <div class="row mb-5">
        <div class="col-sm-12 col-md">
          <div class="ftco-footer-widget mb-4">
           <h2 class="ftco-heading-2 logo"><a href="#">Mynextstep</a></h2>
           hello user!!
           <a href="#"><span class="fa fa-</pre>
twitter"></span></a>
             <a href="#"><span class="fa fa-</pre>
facebook"></span></a>
             <a href="#"><span class="fa fa-</pre>
instagram"></span></a>
           </div>
        </div>
        <div class="col-sm-12 col-md">
          <div class="ftco-footer-widget mb-4 ml-md-4">
           <h2 class="ftco-heading-2">Explore</h2>
           <a href="about.html"><span class="fa fa-chevron-right mr-</pre>
2"></span>About</a>
             <a href="contact.html"><span class="fa fa-chevron-right mr-</pre>
2"></span>Contact</a>
             <a href="#"><span class="fa fa-chevron-right mr-2"></span>What We
Do</a>
           </div>
        </div>
```

```
<div class="col-sm-12 col-md">
          <div class="ftco-footer-widget mb-4 ml-md-4">
            <h2 class="ftco-heading-2">Legal</h2>
            <a href="#"><span class="fa fa-chevron-right mr-2"></span>Join us</a>
              <a href="#"><span class="fa fa-chevron-right mr-2"></span>Privacy & amp;
Policy</a>
              <a href="#"><span class="fa fa-chevron-right mr-2"></span>Term & amp;
Conditions</a>
            </div>
         </div>
         <div class="col-sm-12 col-md">
           <div class="ftco-footer-widget mb-4">
            <h2 class="ftco-heading-2">Company</h2>
            <a href="about.html"><span class="fa fa-chevron-right mr-2"></span>About
Us</a>
              <a href="contact.html"><span class="fa fa-chevron-right mr-</a>
2"></span>Contact</a>
              <a href="#"><span class="fa fa-chevron-right mr-2"></span>Careers</a>
            </div>
         </div>
         <div class="col-sm-12 col-md">
          <div class="ftco-footer-widget mb-4">
              <h2 class="ftco-heading-2">Have a Questions?</h2>
              <div class="block-23 mb-3">
                <l
                  <span class="icon fa fa-map marker"></span><span class="text">GLA
UNIVERSITY MATHURA</span>
                  <a href="#"><span class="icon fa fa-phone"></span><span
class="text">1234567890</span></a>
                  <a href="#"><span class="icon fa fa-paper-plane pr-4"></span><span</p>
class="text">mynextstep@gmail.com</span></a>
                </div>
          </div>
        </div>
       </div>
     </div>
   </footer>
```

```
<div id="ftco-loader" class="show fullscreen"><svg class="circular" width="48px"</pre>
height="48px"><circle class="path-bg" cx="24" cy="24" r="22" fill="none" stroke-width="4"
stroke="#eeeeee"/><circle class="path" cx="24" cy="24" r="22" fill="none" stroke-width="4"
stroke-miterlimit="10" stroke="#F96D00"/></svg></div>
  <script src="js/jquery.min.js"></script>
  <script src="js/jquery-migrate-3.0.1.min.js"></script>
  <script src="js/popper.min.js"></script>
  <script src="js/bootstrap.min.js"></script>
  <script src="js/jquery.easing.1.3.js"></script>
  <script src="js/jquery.waypoints.min.js"></script>
  <script src="js/jquery.stellar.min.js"></script>
  <script src="js/owl.carousel.min.js"></script>
  <script src="js/jquery.magnific-popup.min.js"></script>
  <script src="js/jquery.animateNumber.min.js"></script>
  <script src="js/scrollax.min.js"></script>
  <script
src="https://maps.googleapis.com/maps/api/js?key=AIzaSyBVWaKrjvy3MaE7SQ74_uJiULgl1JY0H2s&senso
r=false"></script>
  <script src="js/google-map.js"></script>
  <script src="js/main.js"></script>
  </body>
</html>
```

6.2 about.html

```
<link rel="stylesheet" href="css/magnific-popup.css">
    <link rel="stylesheet" href="css/flaticon.css">
    <link rel="stylesheet" href="css/style.css">
  </head>
   <div class="wrap">
     <div class="container">
       <div class="row">
         <div class="col-md-6 d-flex align-items-center">
           <a href="#" class="mr-2"><span class="fa fa-phone mr-1"></span>1234567890</a>
             <a href="#"><span class="fa fa-paper-plane mr-1"></span>
Mynextstep@gmail.com</a>
           </div>
         <div class="col-md-6 d-flex justify-content-md-end">
           <div class="social-media">
             <a href="#" class="d-flex align-items-center justify-content-center"><<span</pre>
class="fa fa-facebook"><i class="sr-only">Facebook</i></span></a>
               <a href="#" class="d-flex align-items-center justify-content-center"><span</pre>
class="fa fa-twitter"><i class="sr-only">Twitter</i></span></a>
               <a href="#" class="d-flex align-items-center justify-content-center"><span</pre>
class="fa fa-instagram"><i class="sr-only">Instagram</i></a>
             </div>
         </div>
       </div>
     </div>
    </div>
   <nav class="navbar navbar-expand-lg navbar-dark ftco_navbar bg-dark ftco-navbar-light"</pre>
id="ftco-navbar">
     <div class="container">
       <a class="navbar-brand" href="index.html">Mynextstep</a>
       <button class="navbar-toggler" type="button" data-toggle="collapse" data-</pre>
target="#ftco-nav" aria-controls="ftco-nav" aria-expanded="false" aria-label="Toggle
navigation">
         <span class="oi oi-menu"></span> Menu
       </button>
       <div class="collapse navbar-collapse" id="ftco-nav">
         <a href="index.html" class="nav-link">Home</a>
           <a href="about.html" class="nav-link">About</a>
```

```
<a href="counselor.html" class="nav-link">Mynextstep</a>
           <a href="services.html" class="nav-link">Services</a>
           <a href="contact.html" class="nav-link">Contact</a>
         </div>
     </div>
   </nav>
   <section class="hero-wrap hero-wrap-2" style="background-image: url('images/bg 5.jpg');"</pre>
data-stellar-background-ratio="0.5">
     <div class="overlay"></div>
     <div class="container">
       <div class="row no-gutters slider-text align-items-end justify-content-center">
         <div class="col-md-9 ftco-animate mb-5 text-center">
           <span class="mr-2"><a href="index.html">Home <i</pre>
class="fa fa-chevron-right"></i></a></span> <span>About us <i class="fa fa-chevron-
right"></i></span>
           <h1 class="mb-0 bread">About Us</h1>
       </div>
     </div>
   </section>
   <section class="ftco-section ftco-no-pb ftco-no-pt">
     <div class="container">
       <div class="row">
         <div class="col-md-6 img img-3 d-flex justify-content-center align-items-center"</pre>
style="background-image: url(images/about-1.jpg);">
         </div>
         <div class="col-md-6 wrap-about px-md-5 ftco-animate py-5 bg-light">
           <div class="heading-section py-md-5">
             <span class="subheading">Welcome to Mynextstep</span>
             <h2 class="mb-4">Best Counseling Funding Network Worldwide.</h2>
             We provide you with a variety of things, at carrier guidance, financial
strategy, risk management and operational startups. The goal of the WebPage is to provide a
way to react with the present situation and making the success rate go higher rather than
randomly surfing the Internet and doing nothing.
           </div>
         </div>
       </div>
     </div>
    </section>
```

```
<section class="ftco-counter ftco-section ftco-no-pt ftco-no-pb img bg-light" id="section-</pre>
counter">
     <div class="container">
       <div class="row">
         <div class="col-md-6 col-lg-3 justify-content-center counter-wrap ftco-animate">
           <div class="block-18 py-4 mb-4">
             <div class="text align-items-center">
               <strong class="number" data-number="3000">0</strong>
                <span>Our Satisfied & amp; Happy Customers</span>
             </div>
           </div>
         </div>
         <div class="col-md-6 col-lg-3 justify-content-center counter-wrap ftco-animate">
           <div class="block-18 py-4 mb-4">
             <div class="text align-items-center">
               <strong class="number" data-number="30">0</strong>
               <span>Years of Experience In Business/span>
             </div>
           </div>
         </div>
         <div class="col-md-6 col-lg-3 justify-content-center counter-wrap ftco-animate">
           <div class="block-18 py-4 mb-4">
             <div class="text align-items-center">
               <strong class="number" data-number="200">0</strong>
               <span>Our Qualified Counselor
             </div>
           </div>
         </div>
         <div class="col-md-6 col-lg-3 justify-content-center counter-wrap ftco-animate">
           <div class="block-18 py-4 mb-4">
             <div class="text align-items-center">
               <strong class="number" data-number="40">0</strong>
               <span>Services Points
             </div>
           </div>
         </div>
       </div>
     </div>
   </section>
       <section class="ftco-section testimony-section">
     <div class="img img-bg border" style="background-image: url(images/bg_4.jpg);"></div>
     <div class="overlay"></div>
     <div class="container">
       <div class="row justify-content-center mb-5">
```

```
<div class="col-md-7 text-center heading-section heading-section-white ftco-</pre>
animate">
            <span class="subheading">Testimonial</span>
            <h2 class="mb-3">Happy Clients</h2>
          </div>
       </div>
       <div class="row ftco-animate">
          <div class="col-md-12">
            <div class="carousel-testimony owl-carousel ftco-owl">
             <div class="item">
                <div class="testimony-wrap py-4">
                 <div class="icon d-flex align-items-center justify-content-center"><span</pre>
class="fa fa-quote-left"></div>
                 <div class="text">
                   It is the best website i have ever seen for counselling
purpose.it changes your life is just one call.if you are facing any problem contact them.
THANK YOU!!
                   <div class="d-flex align-items-center">
                     <div class="user-img" style="background-image:</pre>
url(images/person_1.jpg)"></div>
                     <div class="pl-3">
                       himanshu
                       <span class="position">Marketing Manager</span>
                     </div>
                   </div>
                 </div>
                </div>
             </div>
              <div class="item">
                <div class="testimony-wrap py-4">
                 <div class="icon d-flex align-items-center justify-content-center"><span</pre>
class="fa fa-quote-left"></div>
                 <div class="text">
                   It is the best website i have ever seen for counselling
purpose.it changes your life is just one call.if you are facing any problem contact them.
THANK YOU!!
                   <div class="d-flex align-items-center">
                     <div class="user-img" style="background-image:</pre>
url(images/person_2.jpg)"></div>
                     <div class="pl-3">
                       Nikhil
                       <span class="position">Marketing Manager</span>
                     </div>
                   </div>
                 </div>
                </div>
             </div>
             <div class="item">
```

```
<div class="testimony-wrap py-4">
                 <div class="icon d-flex align-items-center justify-content-center"><span</pre>
class="fa fa-quote-left"></div>
                 <div class="text">
                   It is the best website i have ever seen for counselling
purpose.it changes your life is just one call.if you are facing any problem contact them.
THANK YOU!!
                   <div class="d-flex align-items-center">
                     <div class="user-img" style="background-image:</pre>
url(images/person 3.jpg)"></div>
                     <div class="pl-3">
                       abhishek
                       <span class="position">Marketing Manager</span>
                     </div>
                   </div>
                 </div>
               </div>
             </div>
             <div class="item">
               <div class="testimony-wrap py-4">
                 <div class="icon d-flex align-items-center justify-content-center"><span</pre>
class="fa fa-quote-left"></div>
                 <div class="text">
                   It is the best website i have ever seen for counselling
purpose.it changes your life is just one call.if you are facing any problem contact them.
THANK YOU!!.
                   <div class="d-flex align-items-center">
                     <div class="user-img" style="background-image:</pre>
url(images/person_1.jpg)"></div>
                     <div class="pl-3">
                       manish
                       <span class="position">Marketing Manager</span>
                     </div>
                   </div>
                 </div>
               </div>
             </div>
             <div class="item">
               <div class="testimony-wrap py-4">
                 <div class="icon d-flex align-items-center justify-content-center"><<span</pre>
class="fa fa-quote-left"></div>
                 <div class="text">
                   It is the best website i have ever seen for counselling
purpose.it changes your life is just one call.if you are facing any problem contact them.
THANK YOU!!.
                   <div class="d-flex align-items-center">
                     <div class="user-img" style="background-image:</pre>
url(images/person 1.jpg)"></div>
```

```
<div class="pl-3">
                    Aditya narayan
                    <span class="position">Marketing Manager</span>
                  </div>
                </div>
               </div>
             </div>
           </div>
          </div>
        </div>
      </div>
     </div>
   </section>
   <footer class="ftco-footer">
     <div class="container">
      <div class="row mb-5">
        <div class="col-sm-12 col-md">
          <div class="ftco-footer-widget mb-4">
           <h2 class="ftco-heading-2 logo"><a href="#">Mynextstep</a></h2></br/>
           hello user!!
           <a href="#"><span class="fa fa-</pre>
twitter"></span></a>
             <a href="#"><span class="fa fa-</pre>
facebook"></span></a>
             <a href="#"><span class="fa fa-</pre>
instagram"></span></a>
           </div>
        </div>
        <div class="col-sm-12 col-md">
          <div class="ftco-footer-widget mb-4 ml-md-4">
           <h2 class="ftco-heading-2">Explore</h2>
           <a href="about.html"><span class="fa fa-chevron-right mr-</pre>
2"></span>About</a>
             <a href="contact.html"><span class="fa fa-chevron-right mr-</a>
2"></span>Contact</a>
             <a href="#"><span class="fa fa-chevron-right mr-2"></span>What We
Do</a>
           </div>
        </div>
        <div class="col-sm-12 col-md">
```

```
<div class="ftco-footer-widget mb-4 ml-md-4">
            <h2 class="ftco-heading-2">Legal</h2>
            <a href="#"><span class="fa fa-chevron-right mr-2"></span>Join us</a>
              <a href="#"><span class="fa fa-chevron-right mr-2"></span>Privacy & amp;
Policy</a>
              <a href="#"><span class="fa fa-chevron-right mr-2"></span>Term &amp;
Conditions</a>
            </div>
         </div>
         <div class="col-sm-12 col-md">
            <div class="ftco-footer-widget mb-4">
            <h2 class="ftco-heading-2">Company</h2>
            <a href="about.html"><span class="fa fa-chevron-right mr-2"></span>About
Us</a>
              <a href="contact.html"><span class="fa fa-chevron-right mr-</a>
2"></span>Contact</a>
              <a href="#"><span class="fa fa-chevron-right mr-2"></span>Careers</a>
            </div>
         </div>
         <div class="col-sm-12 col-md">
          <div class="ftco-footer-widget mb-4">
            <h2 class="ftco-heading-2">Have a Questions?</h2>
            <div class="block-23 mb-3">
              <u1>
                <span class="icon fa fa-map marker"></span><span class="text">GLA
UNIVERSITY MATHURA</span>
                <a href="#"><span class="icon fa fa-phone"></span><span
class="text">123456789</span></a>
                <a href="#"><span class="icon fa fa-paper-plane pr-4"></span><span</li>
class="text">mynextstep@gmail.com</span></a>
              </div>
           </div>
         </div>
       </div>
     </div>
   </footer>
```

```
<div id="ftco-loader" class="show fullscreen"><svg class="circular" width="48px"</pre>
height="48px"><circle class="path-bg" cx="24" cy="24" r="22" fill="none" stroke-width="4"
stroke="#eeeeee"/><circle class="path" cx="24" cy="24" r="22" fill="none" stroke-width="4"
stroke-miterlimit="10" stroke="#F96D00"/></svg></div>
  <script src="js/jquery.min.js"></script>
  <script src="js/jquery-migrate-3.0.1.min.js"></script>
  <script src="js/popper.min.js"></script>
  <script src="js/bootstrap.min.js"></script>
  <script src="js/jquery.easing.1.3.js"></script>
  <script src="js/jquery.waypoints.min.js"></script>
  <script src="js/jquery.stellar.min.js"></script>
  <script src="js/owl.carousel.min.js"></script>
  <script src="js/jquery.magnific-popup.min.js"></script>
  <script src="js/jquery.animateNumber.min.js"></script>
  <script src="js/scrollax.min.js"></script>
  <script
src="https://maps.googleapis.com/maps/api/js?key=AIzaSyBVWaKrjvy3MaE7SQ74 uJiULgl1JY0H2s&senso
r=false"></script>
  <script src="js/google-map.js"></script>
  <script src="js/main.js"></script>
  </body>
</html>
```

6.3 MyNextStep

```
<!DOCTYPE html>
<html lang="en">
<head>
    <title>NextStep</title>
    <meta charset="utf-8">
    <meta name="viewport" content="width=device-width, initial-scale=1, shrink-to-fit=no">

    link href="https://fonts.googleapis.com/css?family=Roboto:300,400,500,700&display=swap" rel="stylesheet">

    link rel="stylesheet" href="https://stackpath.bootstrapcdn.com/font-awesome/4.7.0/css/font-awesome.min.css">

    link rel="stylesheet" href="css/animate.css">
```

```
<link rel="stylesheet" href="css/owl.carousel.min.css">
    <link rel="stylesheet" href="css/owl.theme.default.min.css">
    <link rel="stylesheet" href="css/magnific-popup.css">
    <link rel="stylesheet" href="css/flaticon.css">
    <link rel="stylesheet" href="css/style.css">
  </head>
  <body>
    <div class="wrap">
           <div class="container">
                <div class="row">
                    <div class="col-md-6 d-flex align-items-center">
                        <a href="#" class="mr-2"><span class="fa fa-phone mr-</pre>
1"></span>1234567890</a>
                           <a href="#"><span class="fa fa-paper-plane mr-1"></span>
MyNextstep@email.com</a>
                       </div>
                    <div class="col-md-6 d-flex justify-content-md-end">
                        <div class="social-media">
                        <a href="#" class="d-flex align-items-center justify-content-</pre>
center"><span class="fa fa-facebook"><i class="sr-only">Facebook</i></span></a>
                           <a href="#" class="d-flex align-items-center justify-content-</pre>
center"><span class="fa fa-twitter"><i class="sr-only">Twitter</i></span></a>
                           <a href="#" class="d-flex align-items-center justify-content-</pre>
center"><span class="fa fa-instagram"><i class="sr-only">Instagram</i></span></a>
                       </div>
                   </div>
               </div>
           </div>
        </div>
      <nav class="navbar navbar-expand-lg navbar-dark ftco_navbar bg-dark ftco-navbar-light"</pre>
id="ftco-navbar">
       <div class="container">
          <a class="navbar-brand" href="index.html">Mynextstep</a>
          <button class="navbar-toggler" type="button" data-toggle="collapse" data-</pre>
target="#ftco-nav" aria-controls="ftco-nav" aria-expanded="false" aria-label="Toggle
navigation">
            <span class="oi oi-menu"></span> Menu
          </button>
         <div class="collapse navbar-collapse" id="ftco-nav">
```

```
<a href="index.html" class="nav-link">Home</a>
            <a href="about.html" class="nav-link">About</a>
            <a href="counselor.html" class="nav-</pre>
link">Mynextstep</a>
            <a href="services.html" class="nav-link">Services</a>
            <a href="contact.html" class="nav-link">Contact</a>
          </div>
      </div>
     </nav>
   <section class="hero-wrap hero-wrap-2" style="background-image: url('images/bg_5.jpg');"</pre>
data-stellar-background-ratio="0.5">
     <div class="overlay"></div>
     <div class="container">
      <div class="row no-gutters slider-text align-items-end justify-content-center">
        <div class="col-md-9 ftco-animate mb-5 text-center">
          <span class="mr-2"><a href="index.html">Home <i</pre>
class="fa fa-chevron-right"></i></a></span> <span>Mynextstep<i class="fa fa-chevron-</pre>
right"></i></span>
          <h1 class="mb-0 bread">Qualified Counselor</h1>
        </div>
      </div>
     </div>
   </section>
   <section class="ftco-section bg-light">
          <div class="container">
             <div class="row">
                 <div class="col-md-6 col-lg-3 ftco-animate">
                    <div class="staff">
                        <div class="img-wrap d-flex align-items-stretch">
                           <div class="img align-self-stretch" style="background-image:</pre>
url(images/staff-8.jpg);"></div>
                        <div class="text pt-3 px-3 pb-4 text-center">
                           <h3>Virat</h3>
                           <span class="position mb-2">Counselor</span>
                           <div class="faded">
                               I am an ambitious workaholic, but apart from that,
pretty simple person.
                               <a href="#" class="d-flex align-items-center</pre>
justify-content-center"><span class="fa fa-twitter"></span></a>
                    <a href="#" class="d-flex align-items-center"</pre>
justify-content-center"><span class="fa fa-facebook"></span></a>
```

```
<a href="#" class="d-flex align-items-center</pre>
justify-content-center"><span class="fa fa-google"></span></a>
                     <a href="#" class="d-flex align-items-center"</pre>
justify-content-center"><span class="fa fa-instagram"></span></a>
                   </div>
                        </div>
                     </div>
                 </div>
                 <div class="col-md-6 col-lg-3 ftco-animate">
                     <div class="staff">
                        <div class="img-wrap d-flex align-items-stretch">
                            <div class="img align-self-stretch" style="background-image:</pre>
url(images/staff-7.jpg);"></div>
                        <div class="text pt-3 px-3 pb-4 text-center">
                            <h3>Ritik</h3>
                            <span class="position mb-2">Counselor</span>
                            <div class="faded">
                               I am an ambitious workaholic, but apart from that,
pretty simple person.
                               <a href="#" class="d-flex align-items-center</pre>
justify-content-center"><span class="fa fa-twitter"></span></a>
                     <a href="#" class="d-flex align-items-center"</pre>
justify-content-center"><span class="fa fa-facebook"></span></a>
                     <a href="#" class="d-flex align-items-center"</pre>
justify-content-center"><span class="fa fa-google"></span></a>
                     <a href="#" class="d-flex align-items-center"</pre>
justify-content-center"><span class="fa fa-instagram"></span></a>>
                   </div>
                        </div>
                     </div>
                 </div>
                 <div class="col-md-6 col-lg-3 ftco-animate">
                     <div class="staff">
                         <div class="img-wrap d-flex align-items-stretch">
                            <div class="img align-self-stretch" style="background-image:</pre>
url(images/staff-6.jpg);"></div>
                        </div>
                        <div class="text pt-3 px-3 pb-4 text-center">
                            <h3>Anny</h3>
                            <span class="position mb-2">Counselor</span>
                            <div class="faded">
                                I am an ambitious workaholic, but apart from that,
pretty simple person.
```

```
<a href="#" class="d-flex align-items-center</pre>
justify-content-center"><span class="fa fa-twitter"></span></a>>
                     <a href="#" class="d-flex align-items-center"</pre>
justify-content-center"><span class="fa fa-facebook"></span></a>
                     <a href="#" class="d-flex align-items-center</pre>
justify-content-center"><span class="fa fa-google"></span></a>
                     <a href="#" class="d-flex align-items-center"</pre>
justify-content-center"><span class="fa fa-instagram"></span></a>>
                   </div>
                         </div>
                     </div>
                 </div>
                 <div class="col-md-6 col-lg-3 ftco-animate">
                     <div class="staff">
                         <div class="img-wrap d-flex align-items-stretch">
                            <div class="img align-self-stretch" style="background-image:</pre>
url(images/staff-5.jpg);"></div>
                         </div>
                         <div class="text pt-3 px-3 pb-4 text-center">
                            <h3>Rahu1</h3>
                            <span class="position mb-2">Counselor</span>
                            <div class="faded">
                                I am an ambitious workaholic, but apart from that,
pretty simple person.
                                <a href="#" class="d-flex align-items-center"</pre>
justify-content-center"><span class="fa fa-twitter"></span></a>>
                     <a href="#" class="d-flex align-items-center"</pre>
justify-content-center"><span class="fa fa-facebook"></span></a>
                     <a href="#" class="d-flex align-items-center"</pre>
justify-content-center"><span class="fa fa-google"></span></a>
                     <a href="#" class="d-flex align-items-center"</pre>
justify-content-center"><span class="fa fa-instagram"></span></a>>
                   </div>
                        </div>
                     </div>
                 </div>
                 <div class="col-md-6 col-lg-3 ftco-animate">
                     <div class="staff">
                         <div class="img-wrap d-flex align-items-stretch">
                            <div class="img align-self-stretch" style="background-image:</pre>
url(images/staff-4.jpg);"></div>
                         <div class="text pt-3 px-3 pb-4 text-center">
                           <h3>Manish</h3>
```

```
<span class="position mb-2">Counselor</span>
                           <div class="faded">
                               I am an ambitious workaholic, but apart from that,
pretty simple person.
                               <a href="#" class="d-flex align-items-center"</pre>
justify-content-center"><span class="fa fa-twitter"></span></a>>
                     <a href="#" class="d-flex align-items-center"</pre>
justify-content-center"><span class="fa fa-facebook"></span></a>
                    <a href="#" class="d-flex align-items-center"</pre>
justify-content-center"><span class="fa fa-google"></span></a>
                    <a href="#" class="d-flex align-items-center"</pre>
justify-content-center"><span class="fa fa-instagram"></span></a>>
                  </div>
                        </div>
                    </div>
                 </div>
                 <div class="col-md-6 col-lg-3 ftco-animate">
                    <div class="staff">
                        <div class="img-wrap d-flex align-items-stretch">
                           <div class="img align-self-stretch" style="background-image:</pre>
url(images/staff-3.jpg);"></div>
                        <div class="text pt-3 px-3 pb-4 text-center">
                           <h3>Himanshu</h3>
                           <span class="position mb-2">Counselor</span>
                           <div class="faded">
                               I am an ambitious workaholic, but apart from that,
pretty simple person.
                               <a href="#" class="d-flex align-items-center"</pre>
justify-content-center"><span class="fa fa-twitter"></span></a>>
                    <a href="#" class="d-flex align-items-center"</pre>
justify-content-center"><span class="fa fa-facebook"></span></a>
                     <a href="#" class="d-flex align-items-center"</pre>
justify-content-center"><span class="fa fa-google"></span></a>
                    <a href="#" class="d-flex align-items-center"</pre>
justify-content-center"><span class="fa fa-instagram"></span></a>>
                   </div>
                        </div>
                    </div>
                 </div>
                 <div class="col-md-6 col-lg-3 ftco-animate">
                    <div class="staff">
                        <div class="img-wrap d-flex align-items-stretch">
```

```
<div class="img align-self-stretch" style="background-image:</pre>
url(images/staff-2.jpg);"></div>
                        <div class="text pt-3 px-3 pb-4 text-center">
                            <h3>Nikhil</h3>
                            <span class="position mb-2">Counselor</span>
                            <div class="faded">
                               I am an ambitious workaholic, but apart from that,
pretty simple person.
                               <a href="#" class="d-flex align-items-center"</pre>
justify-content-center"><span class="fa fa-twitter"></span></a>
                     <a href="#" class="d-flex align-items-center</pre>
justify-content-center"><span class="fa fa-facebook"></span></a>
                     <a href="#" class="d-flex align-items-center"</pre>
justify-content-center"><span class="fa fa-google"></span></a>
                    <a href="#" class="d-flex align-items-center"</pre>
justify-content-center"><span class="fa fa-instagram"></span></a>>
                   </div>
                        </div>
                     </div>
                 </div>
                 <div class="col-md-6 col-lg-3 ftco-animate">
                     <div class="staff">
                        <div class="img-wrap d-flex align-items-stretch">
                            <div class="img align-self-stretch" style="background-image:</pre>
url(images/staff-1.jpg);"></div>
                        </div>
                        <div class="text pt-3 px-3 pb-4 text-center">
                           <h3>Abhishek</h3>
                           <span class="position mb-2">Counselor</span>
                            <div class="faded">
                               I am an ambitious workaholic, but apart from that,
pretty simple person.
                               <a href="#" class="d-flex align-items-center"</pre>
justify-content-center"><span class="fa fa-twitter"></span></a>
                     <a href="#" class="d-flex align-items-center"</pre>
justify-content-center"><span class="fa fa-facebook"></span></a>
                     <a href="#" class="d-flex align-items-center"</pre>
justify-content-center"><span class="fa fa-google"></span></a>
                     <a href="#" class="d-flex align-items-center"</pre>
justify-content-center"><span class="fa fa-instagram"></span></a>>
                   </div>
                        </div>
                    </div>
```

```
</div>
             </div>
          </div>
      </section>
   <footer class="ftco-footer">
     <div class="container">
      <div class="row mb-5">
        <div class="col-sm-12 col-md">
          <div class="ftco-footer-widget mb-4">
            <h2 class="ftco-heading-2 logo"><a href="#">Mynextstep</a></h2></br/>
            hello user!!
            <a href="#"><span class="fa fa-</pre>
twitter"></span></a>
             <a href="#"><span class="fa fa-</pre>
facebook"></span></a>
             <a href="#"><span class="fa fa-</pre>
instagram"></span></a>
            </div>
        </div>
        <div class="col-sm-12 col-md">
          <div class="ftco-footer-widget mb-4 ml-md-4">
            <h2 class="ftco-heading-2">Explore</h2>
            <a href="about.html"><span class="fa fa-chevron-right mr-</pre>
2"></span>About</a>
             <a href="contact.html"><span class="fa fa-chevron-right mr-</a>
2"></span>Contact</a>
             <a href="#"><span class="fa fa-chevron-right mr-2"></span>What We
Do</a>
            </div>
        </div>
        <div class="col-sm-12 col-md">
          <div class="ftco-footer-widget mb-4 ml-md-4">
            <h2 class="ftco-heading-2">Legal</h2>
            <a href="#"><span class="fa fa-chevron-right mr-2"></span>Join us</a>
             <a href="#"><span class="fa fa-chevron-right mr-2"></span>Privacy & amp;
Policy</a>
             <a href="#"><<span class="fa fa-chevron-right mr-2"></span>Term &amp;
Conditions</a>
```

```
</div>
         </div>
         <div class="col-sm-12 col-md">
            <div class="ftco-footer-widget mb-4">
             <h2 class="ftco-heading-2">Company</h2>
             <a href="about.html"><span class="fa fa-chevron-right mr-2"></span>About
Us</a>
               <a href="contact.html"><span class="fa fa-chevron-right mr-</pre>
2"></span>Contact</a>
               <a href="#"><span class="fa fa-chevron-right mr-2"></span>Careers</a>
             </div>
         </div>
         <div class="col-sm-12 col-md">
           <div class="ftco-footer-widget mb-4">
               <h2 class="ftco-heading-2">Have a Questions?</h2>
               <div class="block-23 mb-3">
                   <span class="icon fa fa-map marker"></span><span class="text">GLA
UNIVERSITY MATHURA</span>
                   <a href="#"><span class="icon fa fa-phone"></span><span
class="text">123456789</span></a>
                   <a href="#"><span class="icon fa fa-paper-plane pr-4"></span><span</li>
class="text">mynextstep@gmail.com</span></a>
               </div>
           </div>
         </div>
       </div>
     </div>
   </footer>
  <div id="ftco-loader" class="show fullscreen"><svg class="circular" width="48px"</pre>
height="48px"><circle class="path-bg" cx="24" cy="24" r="22" fill="none" stroke-width="4"
stroke="#eeeeee"/><circle class="path" cx="24" cy="24" r="22" fill="none" stroke-width="4"
stroke-miterlimit="10" stroke="#F96D00"/></svg></div>
 <script src="js/jquery.min.js"></script>
  <script src="js/jquery-migrate-3.0.1.min.js"></script>
  <script src="is/popper.min.is"></script>
```

6.4 Services

```
<!DOCTYPE html>
<html lang="en">
  <head>
    <title>services</title>
    <meta charset="utf-8">
    <meta name="viewport" content="width=device-width, initial-scale=1, shrink-to-fit=no">
    <link href="https://fonts.googleapis.com/css?family=Roboto:300,400,500,700&display=swap"</pre>
rel="stylesheet">
    <link rel="stylesheet" href="https://stackpath.bootstrapcdn.com/font-</pre>
awesome/4.7.0/css/font-awesome.min.css">
    <link rel="stylesheet" href="css/animate.css">
    <link rel="stylesheet" href="css/owl.carousel.min.css">
    <link rel="stylesheet" href="css/owl.theme.default.min.css">
    <link rel="stylesheet" href="css/magnific-popup.css">
    <link rel="stylesheet" href="css/flaticon.css">
    <link rel="stylesheet" href="css/style.css">
  </head>
  <body>
    <div class="wrap">
            <div class="container">
```

```
<div class="row">
                 <div class="col-md-6 d-flex align-items-center">
                     <a href="#" class="mr-2"><span class="fa fa-phone mr-
1"></span>1234567890</a>
                         <a href="#"><span class="fa fa-paper-plane mr-1"></span>
Mynextstep@gmail.com</a>
                     </div>
                  <div class="col-md-6 d-flex justify-content-md-end">
                     <div class="social-media">
                     <a href="#" class="d-flex align-items-center justify-content-</pre>
center"><span class="fa fa-facebook"><i class="sr-only">Facebook</i></span></a>
                         <a href="#" class="d-flex align-items-center justify-content-</pre>
center"><span class="fa fa-twitter"><i class="sr-only">Twitter</i></span></a>
                         <a href="#" class="d-flex align-items-center justify-content-</pre>
center"><span class="fa fa-instagram"><i class="sr-only">Instagram</i></span></a>
                     </div>
                  </div>
              </div>
          </div>
       </div>
     <nav class="navbar navbar-expand-lg navbar-dark ftco_navbar bg-dark ftco-navbar-light"</pre>
id="ftco-navbar">
       <div class="container">
         <a class="navbar-brand" href="index.html">Mynextstep</a>
         <button class="navbar-toggler" type="button" data-toggle="collapse" data-</pre>
target="#ftco-nav" aria-controls="ftco-nav" aria-expanded="false" aria-label="Toggle
navigation">
          <span class="oi oi-menu"></span> Menu
        </button>
        <div class="collapse navbar-collapse" id="ftco-nav">
          <a href="index.html" class="nav-link">Home</a>
            <a href="about.html" class="nav-link">About</a>
            <a href="counselor.html" class="nav-</pre>
link">Mynextstep</a>
            <a href="services.html" class="nav-</pre>
link">Services</a>
            <a href="contact.html" class="nav-link">Contact</a>
          </div>
```

```
</div>
      </nav>
    <!-- END nav -->
    <section class="hero-wrap hero-wrap-2" style="background-image: url('images/bg_5.jpg');"</pre>
data-stellar-background-ratio="0.5">
      <div class="overlay"></div>
      <div class="container">
        <div class="row no-gutters slider-text align-items-end justify-content-center">
          <div class="col-md-9 ftco-animate mb-5 text-center">
            <span class="mr-2"><a href="index.html">Home <i</pre>
class="fa fa-chevron-right"></i></a></span> <span>Services <i class="fa fa-chevron-
right"></i></span>
            <h1 class="mb-0 bread">Services</h1>
        </div>
      </div>
    <section class="ftco-section">
        <div class="container">
            <div class="row justify-content-center pb-5">
          <div class="col-md-7 heading-section text-center ftco-animate">
            <span class="subheading">Services</span>
            <h2>How It Works</h2>
          </div>
        </div>
            <div class="row">
                <div class="col-md-4 d-flex align-items-stretch ftco-animate">
                    <div_class="services-2 text-center">
                        <div class="icon-wrap">
                            <div class="number d-flex align-items-center justify-content-</pre>
center"><span>01</span></div>
                            <div class="icon d-flex align-items-center justify-content-</pre>
center">
                                <span class="flaticon-calendar"></span>
                            </div>
                        </div>
                        <h2>Make Schedule</h2>
                        Book your slot.
                    </div>
                </div>
                <div class="col-md-4 d-flex align-items-stretch ftco-animate">
                    <div class="services-2 text-center">
                        <div class="icon-wrap">
                            <div class="number d-flex align-items-center justify-content-</pre>
center"><span>02</span></div>
```

```
<div class="icon d-flex align-items-center justify-content-</pre>
center">
                                <span class="flaticon-qa"></span>
                            </div>
                        </div>
                        <h2>Start Discussion</h2>
                          TEll us your Problem.
                    </div>
                </div>
                <div class="col-md-4 d-flex align-items-stretch ftco-animate">
                    <div class="services-2 text-center">
                        <div class="icon-wrap">
                            <div class="number d-flex align-items-center justify-content-</pre>
center"><span>03</span></div>
                            <div class="icon d-flex align-items-center justify-content-</pre>
center">
                                <span class="flaticon-checklist"></span>
                            </div>
                        </div>
                        <h2>Enjoy Plan</h2>
                        Get your solution and enjoy your day.
                    </div>
                </div>
            </div>
        </div>
    </section>
    <section class="ftco-section bg-light">
        <div class="container">
            <div class="row justify-content-center pb-5">
          <div class="col-md-10 heading-section text-center ftco-animate">
            <span class="subheading">Services</span>
            <h2>We Can Help You With This Situation</h2>
          </div>
        </div>
        </div>
        <div class="container-fluid px-0">
            <div class="row no-gutters">
                <div class="col-md-6">
                    <div class="services-wrap d-flex">
                        <div class="img" style="background-image: url(images/services-</pre>
1.jpg);"></div>
                        <div class="text">
                            <h2>Relation Problem</h2>
                            1. Reflective listening.
              2. Emotionally focused therapy
              3. Narrative therapy
                       </div>
```

```
</div>
               </div>
               <div class="col-md-6">
                   <div class="services-wrap d-flex">
                       <div class="img" style="background-image: url(images/services-</pre>
2.jpg);"></div>
                       <div class="text">
                           <h2>Couples Counseling</h2>
                           Cognitive therapy
             Behavior therapy
             Group therapy
             Group therapy
                       </div>
                   </div>
               </div>
               <div class="col-md-6">
                   <div class="services-wrap d-flex">
                       <div class="img order-md-last" style="background-image:</pre>
url(images/services-3.jpg);"></div>
                       <div class="text">
                           <h2>Depression Treatment </h2>
                           Counselling for Depression (CfD)
             Cognitive behavioural therapy (CBT).
                       </div>
                   </div>
               </div>
               <div class="col-md-6">
                   <div class="services-wrap d-flex">
                       <div class="img order-md-last" style="background-image:</pre>
url(images/services-4.jpg);"></div>
                       <div class="text">
                           <h2>Family Problem</h2>
                           1 Wait until you're not angry to discuss this problem..
               2 Deal with family problems in person
                       </div>
                   </div>
               </div>
               <div class="col-md-6">
                   <div class="services-wrap d-flex">
                       <div class="img" style="background-image: url(images/services-</pre>
5.jpg);"></div>
                       <div class="text">
                           <h2>Personal Problem</h2>
                           1.First, ask yourself: is there really a problem here?
             2.Accept it.
             3.Ask for help.
```

```
4.Use 80 percent of your time to find solutions.
                    </div>
                 </div>
             </div>
             <div class="col-md-6">
                 <div class="services-wrap d-flex">
                    <div class="img" style="background-image: url(images/services-</pre>
6.jpg);"></div>
                    <div class="text">
                        <h2>Business Problem</h2>
                        1. Be ever-curious
            2.Tolerate ambiguity—and stay humble!
            3.Take a dragonfly-eye view
            4.Pursue occurrent behavior
                    </div>
                 </div>
             </div>
          </div>
      </div>
   </section>
   <footer class="ftco-footer">
     <div class="container">
      <div class="row mb-5">
        <div class="col-sm-12 col-md">
          <div class="ftco-footer-widget mb-4">
            <h2 class="ftco-heading-2 logo"><a href="#">Mynextstep</a></h2>
            hello user!!
            <a href="#"><span class="fa fa-</pre>
twitter"></span></a>
             <a href="#"><span class="fa fa-</pre>
facebook"></span></a>
             <a href="#"><span class="fa fa-</pre>
instagram"></span></a>
            </div>
        </div>
        <div class="col-sm-12 col-md">
          <div class="ftco-footer-widget mb-4 ml-md-4">
            <h2 class="ftco-heading-2">Explore</h2>
            <a href="about.html"><span class="fa fa-chevron-right mr-</pre>
2"></span>About</a>
             <a href="contact.html"><span class="fa fa-chevron-right mr-</pre>
2"></span>Contact</a>
```

```
<a href="#"><span class="fa fa-chevron-right mr-2"></span>What We</a>
Do</a>
            </div>
         </div>
         <div class="col-sm-12 col-md">
           <div class="ftco-footer-widget mb-4 ml-md-4">
            <h2 class="ftco-heading-2">Legal</h2>
            <a href="#"><span class="fa fa-chevron-right mr-2"></span>Join us</a>
              <a href="#"><span class="fa fa-chevron-right mr-2"></span>Privacy & amp;
Policy</a>
              <a href="#"><span class="fa fa-chevron-right mr-2"></span>Term &amp;
Conditions</a>
            </div>
         </div>
         <div class="col-sm-12 col-md">
            <div class="ftco-footer-widget mb-4">
            <h2 class="ftco-heading-2">Company</h2>
            <a href="about.html"><span class="fa fa-chevron-right mr-2"></span>About
Us</a>
              <a href="contact.html"><span class="fa fa-chevron-right mr-</a>
2"></span>Contact</a>
              <a href="#"><span class="fa fa-chevron-right mr-2"></span>Careers</a>
            </div>
         </div>
         <div class="col-sm-12 col-md">
           <div class="ftco-footer-widget mb-4">
            <h2 class="ftco-heading-2">Have a Questions?</h2>
            <div class="block-23 mb-3">
              <u1>
                <span class="icon fa fa-map marker"></span><span class="text">GLA
UNIVERSITY MATHURA</span>
                <a href="#"><span class="icon fa fa-phone"></span><span
class="text">123456789</span></a>
                <a href="#"><<span class="icon fa fa-paper-plane pr-4"></span><span</a>
class="text">mynextstep@gmail.com</span></a>
              </div>
           </div>
         </div>
       </div>
```

```
</div>
    </footer>
  <!-- loader -->
  <div id="ftco-loader" class="show fullscreen"><svg class="circular" width="48px"</pre>
height="48px"><circle class="path-bg" cx="24" cy="24" r="22" fill="none" stroke-width="4"
stroke="#eeeeee"/><circle class="path" cx="24" cy="24" r="22" fill="none" stroke-width="4"
stroke-miterlimit="10" stroke="#F96D00"/></svg></div>
  <script src="js/jquery.min.js"></script>
  <script src="js/jquery-migrate-3.0.1.min.js"></script>
  <script src="js/popper.min.js"></script>
  <script src="js/bootstrap.min.js"></script>
  <script src="js/jquery.easing.1.3.js"></script>
  <script src="js/jquery.waypoints.min.js"></script>
  <script src="js/jquery.stellar.min.js"></script>
  <script src="js/owl.carousel.min.js"></script>
  <script src="js/jquery.magnific-popup.min.js"></script>
  <script src="js/jquery.animateNumber.min.js"></script>
  <script src="js/scrollax.min.js"></script>
  <script
src="https://maps.googleapis.com/maps/api/js?key=AIzaSyBVWaKrjvy3MaE7SQ74_uJiULgl1JY0H2s&senso
r=false"></script>
  <script src="js/google-map.js"></script>
  <script src="js/main.js"></script>
  </body>
</html>
```

6.5 Contact Us

```
<link rel="stylesheet" href="https://stackpath.bootstrapcdn.com/font-</pre>
awesome/4.7.0/css/font-awesome.min.css">
    <link rel="stylesheet" href="css/animate.css">
    <link rel="stylesheet" href="css/owl.carousel.min.css">
    <link rel="stylesheet" href="css/owl.theme.default.min.css">
    <link rel="stylesheet" href="css/magnific-popup.css">
   <link rel="stylesheet" href="css/flaticon.css">
   <link rel="stylesheet" href="css/style.css">
  </head>
   <div class="wrap">
           <div class="container">
               <div class="row">
                   <div class="col-md-6 d-flex align-items-center">
                       <a href="#" class="mr-2"><span class="fa fa-phone mr-1"></span>
123456789</a>
                           <a href="#"><span class="fa fa-paper-plane mr-1"></span>
mynextstep@email.com</a>
                       </div>
                   <div class="col-md-6 d-flex justify-content-md-end">
                       <div class="social-media">
                       <a href="#" class="d-flex align-items-center justify-content-</pre>
center"><span class="fa fa-facebook"><i class="sr-only">Facebook</i></span></a>
                           <a href="#" class="d-flex align-items-center justify-content-</pre>
center"><span class="fa fa-twitter"><i class="sr-only">Twitter</i></span></a>
                           <a href="#" class="d-flex align-items-center justify-content-</pre>
center"><span class="fa fa-instagram"><i class="sr-only">Instagram</i></span></a>
                       </div>
                   </div>
               </div>
           </div>
       </div>
     <nav class="navbar navbar-expand-lg navbar-dark ftco_navbar bg-dark ftco-navbar-light"</pre>
id="ftco-navbar">
       <div class="container">
         <a class="navbar-brand" href="index.html">Mynextstep</a>
```

```
<button class="navbar-toggler" type="button" data-toggle="collapse" data-</pre>
target="#ftco-nav" aria-controls="ftco-nav" aria-expanded="false" aria-label="Toggle"
navigation">
          <span class="oi oi-menu"></span> Menu
         </button>
         <div class="collapse navbar-collapse" id="ftco-nav">
          <a href="index.html" class="nav-link">Home</a>
            <a href="about.html" class="nav-link">About</a>
            <a href="counselor.html" class="nav-</pre>
link">Mynextstep</a>
            <a href="services.html" class="nav-link">Services</a>
            <a href="contact.html" class="nav-</pre>
link">Contact</a>
          </div>
       </div>
     </nav>
   <!-- END nav -->
   <section class="hero-wrap hero-wrap-2" style="background-image: url('images/bg_5.jpg');"</pre>
data-stellar-background-ratio="0.5">
     <div class="overlay"></div>
     <div class="container">
       <div class="row no-gutters slider-text align-items-end justify-content-center">
         <div class="col-md-9 ftco-animate mb-5 text-center">
          <span class="mr-2"><a href="index.html">Home <i</pre>
class="fa fa-chevron-right"></i></a></span> <span>Contact Us <i class="fa fa-chevron-
right"></i></span>
          <h1 class="mb-0 bread">Contact Us</h1>
         </div>
       </div>
     </div>
   </section>
       <section class="ftco-section bg-light">
          <div class="container">
              <div class="row justify-content-center">
                  <div class="col-md-12">
                     <div class="wrapper px-md-4">
                         <div class="row mb-5">
                             <div class="col-md-3">
                                <div class="dbox w-100 text-center">
                             <div class="icon d-flex align-items-center justify-content-</pre>
center">
                                <span class="fa fa-map-marker"></span>
```

```
</div>
                                <div class="text">
                                <span>Address:</span> GLA UNIVERSITY MATHURA
                              </div>
                          </div>
                                </div>
                                <div class="col-md-3">
                                    <div class="dbox w-100 text-center">
                                <div class="icon d-flex align-items-center justify-content-</pre>
center">
                                    <span class="fa fa-phone"></span>
                                </div>
                                <div class="text">
                                ><pp>< pan>Phone:
href="tel://1234567920">1234567890</a>
                              </div>
                          </div>
                                </div>
                                <div class="col-md-3">
                                    <div class="dbox w-100 text-center">
                                <div class="icon d-flex align-items-center justify-content-</pre>
center">
                                    <span class="fa fa-paper-plane"></span>
                                </div>
                                <div class="text">
                                <span>Email:</span> <a href="">mynextstep@gmail.com</a>
                              </div>
                          </div>
                                </div>
                                <div class="col-md-3">
                                    <div class="dbox w-100 text-center">
                                <div class="icon d-flex align-items-center justify-content-</pre>
center">
                                    <span class="fa fa-globe"></span>
                                </div>
                                <div class="text">
                                <span>Website</span> <a href="#">Mynextstep.com</a>
                              </div>
                          </div>
                                </div>
                            </div>
                            <div class="row no-gutters">
                                <div class="col-md-7">
                                    <div class="contact-wrap w-100 p-md-5 p-4">
                                        <h3 class="mb-4">Contact Us</h3>
                                        <form action="upload.php" method="POST"</pre>
id="contactForm" name="contactForm" class="contactForm">
                                            <div class="row">
```

```
<div class="col-md-6">
                                                       <div class="form-group">
                                                           <label class="label" for="name">Full
Name</label>
                                                           <input type="text" class="form-</pre>
control" name="name" id="name" placeholder="Name">
                                                      </div>
                                                  </div>
                                                  <div class="col-md-6">
                                                       <div class="form-group">
                                                           <label class="label" for="email">Email
Address</label>
                                                           <input type="email" class="form-</pre>
control" name="email" id="email" placeholder="Email">
                                                      </div>
                                                  </div>
                                                  <div class="col-md-6">
                                                       <div class="form-group">
                                                           <label class="label"</pre>
for="subject">Service</label>
                                                           <input type="text" class="form-</pre>
control" name="Service" placeholder="Service Name">
                                                       </div>
                                                       <div class="form-group">
                                                           <label class="label"</pre>
for="subject">contact number</label>
                                                           <input type="text" class="form-</pre>
control" name="number" id="subject" placeholder="contact number">
                                                       </div>
                                                  </div>
                                                  <div class="col-md-12">
                                                       <div class="form-group">
                                                           <label class="label"</pre>
for="#">Message</label>
                                                           <textarea name="message" class="form-
control" id="message" cols="30" rows="4" placeholder="Message"></textarea>
                                                       </div>
                                                  </div>
                                                  <div class="col-md-12">
                                                       <div class="form-group">
                                                           <input type="submit" name ="submit"</pre>
value="Send Message" class="btn btn-primary">
                                                           <div class="submitting"></div>
                                                      </div>
                                                  </div>
                                              </div>
                                          </form>
```

```
</div>
                           </div>
                           <div class="col-md-5 order-md-first d-flex align-items-</pre>
stretch">
                        </div>
                    </div>
                 </div>
             </div>
          </div>
      </section>
<footer class="ftco-footer">
     <div class="container">
      <div class="row mb-5">
        <div class="col-sm-12 col-md">
          <div class="ftco-footer-widget mb-4">
            <h2 class="ftco-heading-2 logo"><a href="#">Mynextstep</a></h2></br/>
            hello user!!
            <a href="#"><span class="fa fa-</pre>
twitter"></span></a>
             <a href="#"><span class="fa fa-</pre>
facebook"></span></a>
             <a href="#"><span class="fa fa-</pre>
instagram"></span></a>
           </div>
        </div>
        <div class="col-sm-12 col-md">
          <div class="ftco-footer-widget mb-4 ml-md-4">
            <h2 class="ftco-heading-2">Explore</h2>
            <a href="about.html"><span class="fa fa-chevron-right mr-</pre>
2"></span>About</a>
             <a href="contact.html"><span class="fa fa-chevron-right mr-</a>
2"></span>Contact</a>
             <a href="#"><span class="fa fa-chevron-right mr-2"></span>What We</a>
Do</a>
            </div>
        </div>
        <div class="col-sm-12 col-md">
          <div class="ftco-footer-widget mb-4 ml-md-4">
            <h2 class="ftco-heading-2">Legal</h2>
            <a href="#"><span class="fa fa-chevron-right mr-2"></span>Join us</a>
```

```
<a href="#"><span class="fa fa-chevron-right mr-2"></span>Privacy & amp;
Policy</a>
               <a href="#"><span class="fa fa-chevron-right mr-2"></span>Term & amp;
Conditions</a>
             </div>
         </div>
         <div class="col-sm-12 col-md">
            <div class="ftco-footer-widget mb-4">
             <h2 class="ftco-heading-2">Company</h2>
             <a href="about.html"><span class="fa fa-chevron-right mr-2"></span>About</a>
Us</a>
               <a href="contact.html"><span class="fa fa-chevron-right mr-</a>
2"></span>Contact</a>
               <a href="#"><span class="fa fa-chevron-right mr-2"></span>Careers</a>
             </div>
         </div>
         <div class="col-sm-12 col-md">
           <div class="ftco-footer-widget mb-4">
               <h2 class="ftco-heading-2">Have a Questions?</h2>
               <div class="block-23 mb-3">
                   <span class="icon fa fa-map marker"></span><span class="text">GLA
UNIVERSITY MATHURA</span>
                   <a href="#"><span class="icon fa fa-phone"></span><span
class="text">123456789</span></a>
                   <a href="#"><<span class="icon fa fa-paper-plane pr-4"></span><span</pre>
class="text">mynextstep@gmail.com</span></a>
                 </div>
           </div>
         </div>
       </div>
     </div>
    </footer>
  <div id="ftco-loader" class="show fullscreen"><svg class="circular" width="48px"</pre>
height="48px"><circle class="path-bg" cx="24" cy="24" r="22" fill="none" stroke-width="4"
stroke="#eeeeee"/><circle class="path" cx="24" cy="24" r="22" fill="none" stroke-width="4"
stroke-miterlimit="10" stroke="#F96D00"/></svg></div>
```

```
<script src="js/jquery.min.js"></script>
  <script src="js/jquery-migrate-3.0.1.min.js"></script>
  <script src="js/popper.min.js"></script>
  <script src="js/bootstrap.min.js"></script>
  <script src="js/jquery.easing.1.3.js"></script>
  <script src="js/jquery.waypoints.min.js"></script>
  <script src="js/jquery.stellar.min.js"></script>
  <script src="js/owl.carousel.min.js"></script>
  <script src="js/jquery.magnific-popup.min.js"></script>
  <script src="js/jquery.animateNumber.min.js"></script>
  <script src="js/scrollax.min.js"></script>
  <script
src="https://maps.googleapis.com/maps/api/js?key=AIzaSyBVWaKrjvy3MaE7SQ74 uJiULgl1JY0H2s&senso
r=false"></script>
  <script src="js/google-map.js"></script>
  <script src="js/main.js"></script>
  </body>
</html>
```

6.6 upload.php

```
if (isset($_POST['submit'])) {
    $name = $_POST['name'];
    $email = $_POST['email'];
    $service = $_POST['Service'];
    $number = $_POST['number'];
    $message = $_POST['message'];

$connection = mysqli_connect('localhost','root','','mini');
    if(!$connection){
        echo "you are not connected to server";
    }

$query_insert = "INSERT INTO newproblem(name,number,email,servicesoption,text)
VALUES('$name','$number','$email','$service','$message')";

if (mysqli_query($connection,$query_insert)) {
```

My Next Step

```
header('location:counselor.html');
}
}
```

CHAPTER-7

CONCLUSION

There is a demand in unique approach and strategy. Consulting services provide assistance and advice to the client for them to better understand all aspects of the online business, technologies, marketing, their carrier and any other requirements. Consultants may conduct research and implement business solutions, marketing strategies, and carrier guidance and assist clients with online operations, infrastructure, and growth. Online consultants can help with all aspects of growing in this difficult World. We provide the tools and resources needed to evaluate the results and make adjustments as needed. Online consulting services are for individuals, companies, or organizations, teenagers that simply want to develop a more effective presence. The offering covers up everything including carrier guidance, financial strategy, risk management, and operational setups

In today's generation everyone present in the world need someone to guide them. The work done will be identifying the problem statement and make the best advisor available. We will not be mixing everything like other consultant. Our Roles and Responsibility will be that everyone gets a fruitful advice and that too on time. The performance will be measured on the basis of the feedback and the time taken to get in touch with user

From the above statement it can be clearly stated My Next Step may be a simple project but is having Future Scope.....

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