

# **No need to visit the doctor, One Rupee Clinic will check your blood pressure at home**

In order to create awareness about blood pressure (BP), One Rupee Clinics will begin community health division from April 5. According to the founder, two nurses per station will be appointed, who will visit various areas along with social workers every day to check the BP of the citizens.

The One Rupee Clinic initiative was launched in May last year, under which till date over 47,000 citizens were medically examined in overall 17 clinics at the Central and Harbour-line stations. Out of these, over 15,000 citizens were diagnosed with BP.

Dr Rahul Ghule, founder of One Rupee Clinic, said, "Out of the various medical services provided by us, BP check-up is the highest medical service used by the citizens, due to which we thought of going door to door to check BP of the citizens."

While the community health division will be free of cost, the authority claims at least two out of 10 citizens have BP problem where the citizens are not really aware of the medical issue.

The community health service will first start at Byculla, Dadar, Kurla and Ghatkopar station and slowly continue in other 13 railway stations where the clinic is currently functional.

"We will be appointing two nurses per station. They will coordinate with social workers of the area and go door to door to check BP of the citizens and guide people who might not be aware of having BP problem. We aim to check around 8,000

citizens every month through this initiative. We will also follow-up with the newly diagnosed cases," said Dr Ghule.